

MSU WELLNESS CENTER PERSONAL TRAINING PACKAGES



- 1) Please check the box of the package you wish to purchase.
- 2) Then take this sheet to the MSU Business Office to pay for sessions.
- 3) Lastly, return completed form to Karina Stander at the MSU Wellness Center.

Individual Rates

- 1 session: \$20
- 3 sessions: \$60
- 5 sessions: \$75 (save \$25)
- 10 sessions: \$150 (save \$50)
- 20 sessions: \$300 (save \$100)

Small Group Training

- Groups of 2 - \$17/member /session
- Groups of 3 - \$11/member /session
- Groups of 4 - \$8/member/session
- Groups of 6 or more- \$5/member/session

Numbers of group sessions: _____

Total cost: _____

*Packages must be completed within 6 months of purchase

Name: _____

Signature: _____

MSU ID: _____

Completed by MSU Business Office:

- Student 220050010150
- Faculty/Staff 260001000040

Amount paid: _____

Date: _____

Employee Name: _____

Signature: _____