

Rock Wall Waiver

POLICIES AND PROCEDURES



1. Participants of the Climbing Wall must check in at the front desk with Wellness Center Staff.
2. It is mandatory that climbers pass a skills test before engaging in roped climbing or activities pertaining to the climbing tower. This includes belaying.
3. Bouldering, skill sharpening and observing are permitted on the wall during designated hours of operation.
4. Bouldering will not be permitted above the designated line or above the height of the bouldering wall.
5. Lead climbing will be permitted only with a valid certification issued by an acceptable governing body, or by a passing a skills check test. Please see Climbing Wall Staff for questions or concerns in regard to lead climbing policies.
6. Participants are permitted to clip themselves into the auto-belay device. The user is responsible for keeping the auto-belay carabiner clipped to the floor anchor when finished. Do not touch any part of the auto-belay unit located at the top of the wall.
7. The climbing facility is to be used only during designated hours. For more information, contact the Minot State Wellness Center (701) 858-4084 or visit our website (insert here).
8. Spotting while climbing is highly encouraged, it is recommended to climb with a partner.
9. Climbers must be roped and on belay at all times, except while bouldering.
10. Climbers are encouraged to use the ropes and belay anchors that are provided.
11. Belay devices must be attached to the harness of the belayer by means of a locking carabiner.
12. A double figure 8 knot with appropriate tail length must be tied directly into harness. Do not use belay loop or carabiner to tie in.
13. Routes will be changed frequently by Wellness Center Staff. Participants are not permitted to change routes or modify any of the facility's equipment.
14. The use of chalk is acceptable. Chalk will be provided by the Wellness Center and will be stored in designated chalk bags at all times. Outside chalk will be permitted upon staff inspection only.
15. Climbers must report any faults or problems with routes and or equipment to Wellness Center Staff immediately.
16. Do not climb past top-rope anchors or designated boundaries.
17. The Wellness Center will supply appropriate climbing shoes. Only climbing specific shoes will be permitted. Personal climbing shoes must be approved by the Wellness Center Staff.
18. Barefoot climbing will not be permitted.
19. Shirts must be worn at all times.
20. Please remove all jewelry while climbing. No rings, bracelets, hoop earrings or long necklaces. Long hair must be tied back. Climbing Wall Staff are not responsible for personal belongings.
21. No food or beverages (other than water) are allowed in the climbing area.
22. Please be courteous to other climbers and users of the facility.
23. No horseplay or rough housing.
24. Climbing wall hours are subject to change.
25. The Wellness Center Staff reserves the right to remove, suspend or expel members for violations of policies and procedures in using the climbing wall.

Continued >

ACKNOWLEDGMENT AND ASSUMPTION OF RISK

I am aware of the dangers and the risks to my person and property involved in participating in the Minot State University Wellness Center's Climbing Facility.

I understand that this activity involves certain risks for physical injury. I understand that the equipment which may be provided for my protection may be inadequate to prevent serious injury. I also understand that there are potential risks of which I may not presently be aware.

Nevertheless, I **voluntarily elect to participate in this activity with knowledge of the danger involved, and hereby agree to accept and assume any and all risks of property damage, personal injury, or death.**

Neither Minot State University nor the state of North Dakota insures participants in the above-described activity. Participants are highly recommended to purchase their own insurance, though it is not mandatory. Minot State University and the state of North Dakota lack responsibility or liability for injury resulting from this activity.

Waiver of Liability and Indemnification:

In consideration for being allowed to voluntarily participate in Minot State University's Climbing Facility, on behalf of myself, my personal representatives, heirs, next of kin, successors and assigns, I forever:

Waive, release, and discharge the State of North Dakota and its agencies, officers, and employees from any and all negligence and liability for my death, disability, personal injury, property damages, property theft or claims of any nature which may be hereafter accrued to me, and my estate as a direct or indirect result of my participation at or on the Minot State University Wellness Center's Climbing Facility; and

Indemnify, save and hold harmless the state of North Dakota and its agencies, officers, and employees, from and against any and all claims of nature including all costs, expenses, and fees arising out of or resulting from my actions during this activity or event.

Consent for Emergency Treatment. I consent to medical treatment for emergencies that occur during or are related to my participation in the Wellness Center and Climbing Facility where I am unable to consent to such treatment.

I shall conform to all applicable policies, rules, regulations and standards of conduct as established by the University for use of the climbing wall facility.

I, the undersigned participant, affirm that I am at least 18 years of age and am freely signing this agreement. I have read this form and fully understand that by signing this form I am giving up legal rights and/or remedies which may otherwise be available to me regarding any losses I may sustain as a result of my participation. I agree that any portion is held invalid, the remainder will continue in full legal force and effect.

Student Name (printed)

Student Signature

MSU ID #

Signature of Parent/Guardian
(if climber is younger than 18 years old)

Emergency Contact Name and #