

PERSONAL TRAINING PACKAGES



Name: _____

ID: _____ Date: _____

Personal Training Packages – Check one

Individual Rates

- 1 session: \$20
- 3 sessions: \$60
- 5 sessions: \$75 (save \$25)
- 10 sessions: \$150 (save \$50)
- 20 sessions: \$300 (save \$100)

Small Group Training

- Groups of 2 - \$15/member /session
- Groups of 3 - \$10/member /session
- Groups of 4 or more - \$5/member/session

Number of group sessions: _____

Total cost: _____

**Packages must be completed within 6 months of purchase*

Payment Options – Check one

- Charge my NDUS account:** My signature below allows the Minot State University business office to charge my membership to my account and indicates my compliance with all policies of Minot State University and the MSU Wellness Center.

Signature: _____ Date: _____

- Pay in full at the Business Office:**

Completed by MSU Business Office:

- Student 220050010150
- Faculty/Staff 260001000040

Amount paid: _____ Date: _____

Employee Name: _____ Signature: _____

Return this form to Courtenay Brekhuis before first session.