Veteran Services

Volume 11 – Issue 7, Sept 2026



From the Director

Hope you are getting back into the school routine as we get started with the 26-27 school year. If you have time to stop by and visit with us when you are on campus, the office is in Model Hall Room 208.
The Military Resource Center continues to serve our military educational benefited students, both remotely and in person.
We continue to work at improving current practices with the suggestions you have provide us — that include policies and guidelines allowing us to better serve your needs as you work to accomplish your academic goals!

Andy Heitkamp
Military Resource Center Director

Check out the Minot State Veterans Service Center Facebook page and give it a 👍 to stay current with events.

www.facebook.com/MinotStateVeterans

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Prairie Warrior Bowl

Be seen. Be heard. Belong.

Activities Attended

AUGUST

5 Safe Communities Meeting
6 MAC meeting
10 North Central Stand Down meeting
10 Student Affairs meeting
12 State Approving Agency School certifying official 1/4ly meeting
11 DOT Driver training
13 Veterans Career, Benefit Resource Expo (Virtual)
17 ND Suicide Prevention briefing
17 Harmony Center open house
17 Resident Life tours
17 Veteran Beowulf event
18 New Faculty Orientation
20 VA 85/15 refresher training
20 Convocation
20 Student Registration resource fair
21 Move in day
24 Minot Area Military Affairs meeting
24 Student Affairs Meeting
25 New student welcome
26 Fall Club Fair
26 Sentinel Townhall and Scoping meeting
27 Fall Kickoff
27 VA outreach on campus

Sept 7 - UNIVERSITY CLOSED Labor Day



“GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA)”

Simplifying the Post-9/11 GI Bill® **Application Process**
Applicants to receive immediate decision after submitting application.

For the first time in 78 years, G.I. Bill® applicants can receive an immediate, real-time education benefits decision, thanks to the simplified Post-9/11 G.I. Bill® application experience.

Since 1944, over 25 million beneficiaries have taken advantage of G.I. Bill® benefits. Many of these individuals waited up to a month to receive an eligibility decision — a month of waiting to plan their future, a month of waiting to take the next step toward their educational goals. But not anymore, thanks to VA’s most recent modernization updates, through the Digital G.I. Bill® (DGIB) initiative. Learn more on YouTube https://www.youtube.com/watch?app=desktop&v=ZhOiYjXMGP0

James's Corner



Thank you for your continued assistance in helping our office get your enrollment certified each term. As a reminder, you must notify our office immediately when you make changes to your enrollment to prevent over or underpayment by the VA- WAVE reporting does not inform our office and does not adjust your records if you make changes. As always, we are here to help you. If you cannot remember how to access the worksheet or think that there may be something you are missing, CALL US, 701-858-4003 we want you to succeed!

Respectfully,

James Tucci - Veterans School Certifying Official

Important Dates

Academic Dates

September

2	Last Day to add/drop 16 wk course 100%
7	Labor Day (University closed)
8	International Literacy Day
9	Tuition due
9	Financial aid disbursement

US Armed Forces Dates

September

2	VJ Day
7	Labor Day
11	Patriot Day
18	Armed Forces Birthday
18	Air Force Day
18	Air National Guard Birthday
18	POW/MIA Day
21	International Day of Peace
27	Gold Star Mother's Day

September is…

Sept 10th - R U OK Day
Hispanic Heritage Month
National Preparedness Month
National Suicide Prevention Month
Blood Cancer Awareness Month

OFFICE HOURS
8 A.M. – 4:30 P.M.

Military Resource Center
Minot State University
Dakota Hall
500 University Ave W
Minot, ND 58707
701-858-4003 / 1-800-777-0750

MinotStateU.edu

NORTH DAKOTA
SUICIDE
PREVENTION COALITION

9th Annual

With Help There is Hope Conference

All Day September 30, 2026

Bismarck, ND and Virtually

FREE for All

Lunch provided for in-person attendees

FREE CEUs for ND Licensees

This year's agenda includes:

- Suicide Prevention & Community Trends
- Social Connection & Community Well-being
- Gambling, Addiction & Mental Wellness
- Fatherhood & Healthy Relationships
- Mental Health Across Professions: Expert Panel

Register here or at ndspc.org



ND Caregiver Support Program

https://carechoice.nd.assistguide.net/

Finding a service
https://carechoice.nd.assistguide.net/find-a-service

If you are aware of individuals that are the Primary Care Giver,
- to their spouse and/or significant other, whom is NOT a Veteran,
--the attached is a ND sponsored program, that may help/assist them.

Adults and aging
https://www.hhs.nd.gov/adults-and-aging

Aging and Disability Resource-LINK (toll free): 1-855-462-5465



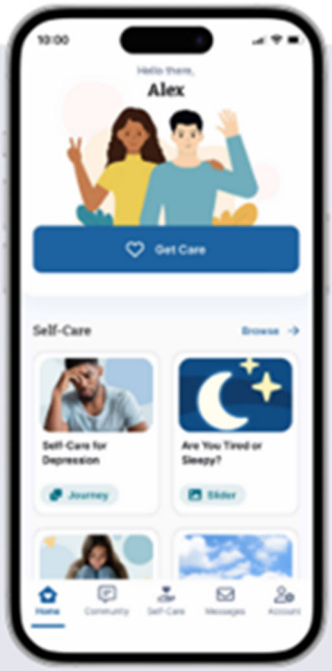
View your disability ratings
https://www.va.gov/disability/view-disability-rating/
If you have one or more disability ratings, you can view your VA combined disability rating and your individual ratings online. We assign a disability rating based on the severity of your disability.

timelycare

Virtual Care From Anywhere



Get virtual health and well-being resources from your phone or computer



24/7 Virtual Health and Well-Being Support

- TalkNow
- Scheduled Counseling*
- Health Coaching
- Peer Community
- Self-Care Journeys
- Basic Needs

*12 visits per year

It's for Students. FOR FREE.

@timelycare

@timely_care

MINOT STATE UNIVERSITY | Student Health Clinic & Counseling Services

Visit **timelycare.com/minotstateu** to learn more.

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EDUCATION SERVICE
GI BILL PROGRAMS

GI Bill enrollment verification FAQs
You will need to verify your enrollment every month to receive your GI Bill benefit payments. Your enrollment verification helps avoid overpayments that you would need to pay back later.
Find out how to verify your enrollment
(Verify Your School Enrollment | Veterans Affairs)

Do I need to verify my enrollment?

For Post-9/11 GI Bill benefits: You will need to verify your enrollment if you get monthly housing allowance or kicker payments.
Both of these must be true for you:

- You are enrolled in an institution of higher learning or a non-college degree program, like training for HVAC repair or truck driving, **and**
- You are enrolled half-time or more

You do not need to verify your enrollment if you’re completing an apprenticeship, or on-the-job, flight, or correspondence training.

For Montgomery GI Bill benefits: You will need to verify your enrollment if both of these are true for you:

- You are enrolled in an institution of higher learning or a non-college degree program, like training for HVAC repair or truck driving, **and**
- You are enrolled half-time or more

You do not need to verify your enrollment if you are completing an apprenticeship, or on-the-job, flight, or correspondence training.

If you do not verify your enrollment
For Post-9/11 GI Bill benefits: We will pause your monthly benefit payments after 2 consecutive months of not verifying your enrollment.

For Montgomery GI Bill benefits: We will not send your monthly benefits payment if you do not verify your enrollment.
When do I verify my enrollment?

You will need to verify your enrollment at the end of every month after your school starts. For example, if your school starts on August 5, you will need to verify your enrollment on or after August 31.
If you were enrolled in school for any part of the month, you will need to verify your enrollment for that month. For example, if your school ends on May 5, you will need to verify your enrollment for the month of May on or after May 5.

How do I check my enrollment information?
Sign in to our online tool to check your enrollment information.
Find out how to check your enrollment information online
You can also check your enrollment information on your education decision letter.
Find out how to get a copy of your decision letter
If your enrollment information is incorrect

Use our GI Bill Comparison Tool to find your SCO

When will I get my monthly benefit payment?

For Post-9/11 GI Bill benefits: We process your benefit payment on the first day of every month. It can take up to 5 days to arrive.

If you get your monthly benefit payment before verifying your enrollment, you should still verify your enrollment. We pause your monthly benefit payments after 2 consecutive months of not verifying your enrollment.

For Montgomery GI Bill benefits: We process your benefit payment after you verify your enrollment. It can take up to 5 days to arrive.

If you do not get your monthly benefit payment after 5 days

You can contact us through Ask VA to ask about your benefit payment.

Contact us through Ask VA

Or, you can call us at 888-442-4551 (TTY: 711). If you live outside of the U.S., call us at +1-918-781-5678.

How do I update my contact information for verifying my enrollment?

You can update your contact information in either of these ways:

- Contact us through Ask VA
- Call us at 888-442-4551 (TTY: 711). If you live outside of the U.S., call us at +1-918-781-5678.

For Montgomery GI Bill benefits

You can also sign in to our online tool to update your contact information and direct deposit information.

Find out how to update your information online

Note: The updates you make using this tool will change only the direct deposit and contact information connected to your Montgomery GI Bill benefits. To update your information for any other benefits, you'll need to go to your VA.gov profile.

What if I have more questions about verifying my enrollment?

You can get answers to your questions in either of these ways:

- Contact us through Ask VA
- Call us at 888-442-4551 (TTY: 711). If you live outside of the U.S., call us at +1-918-781-5678.

FAQ's on your housing and book payments
https://benefits.va.gov/gibill/docs/HousingandBookPaymentFAQs.pdf

EDUCATION SERVICE
GI BILL PROGRAMS

Ask your School Certifying Official (SCO) to update your information as soon as possible.

Note: You can use our GI Bill Comparison Tool to search for your school and find your SCO.

"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA)"

How to video



How to Verify Enrollment for GI Bill® Students
https://youtu.be/U3d09fUIuxM?feature=shared

2ND ANNUAL

MHA DEPARTMENT OF VETERANS AFFAIRS

RUCK WALK

AT THE THREE AFFILIATED TRIBES NATIONAL PARK

SAVE THE DATE

SEPTEMBER 18, 2026



MORE DETAILS COMING SOON

WWW.TATNATIONALPARK.COM



Wednesday, September 16 from 4 - 6 p.m. CST (or by appointment)



Need help applying for financial assistance? Curious how NDAD can benefit you? We're making it easy and fast at our Minot office. Stop by for personalized support and get moving toward the help you need. Just show up and let's get started.

NDAD (https://ndad.org/contact/williston/)in Minot
(https://ndad.org/contact/Minot/)
1808 20th Ave SE, Minot
701-838-8414

Items to bring: 2025 Federal Income Tax and/or 2025 SSA Yearly Benefit Letter/2026 COLA Award Letter Child Support Income Ledger, Unemployment documentation or any other income verification Medical insurance cards (Medicare, Medicaid, Prescription Card) (DO NOT BRING BANK STATEMENTS.)
NDAD offers financial support for prescriptions, medical supplies, out-of-town medical travel and more. With generous application guidelines, get started with NDAD today.

Contact Us
Grand Forks (Main Office) (701) 775-5577 grandforks@ndad.org (mailto:grandforks@ndad.org)
Bismarck (701) 751-0739 bismarck@ndad.org (mailto:bismarck@ndad.org)
Dickinson (701) 483-7760 dickinson@ndad.org (mailto:dickinson@ndad.org)
Fargo (701) 281-8215 fargo@ndad.org (mailto:fargo@ndad.org)
Minot (701) 838-8414 minot@ndad.org (mailto:minot@ndad.org)
Williston (701) 774-0741 williston@ndad.org (mailto:williston@ndad.org)

NDAD Insider Newsletter Sign up Today! Get the Newsletter
(https://visitor.r20.constantcontact.com/d.jsp?
llr=y9qig9bab&p=oi&m=1101464355672&sit=anemig7bb&f=e2a95 7984-499a-ba0c-df2ae3ac4b76)

Follow Us

(https://www.facebook.com/ndad.)

(https://twitter.com/ndad4you)

VA | U.S. Department of Veterans Affairs
Veterans Health Administration
Fargo VA Health Care System

Venue Sponsored by
North Dakota AMVETS

Women Veterans Whole Health Retreat



October 7th, 2026
9:00 AM - 3:00 PM

The Barn at 52 Pines
3220 Grayson Drive
Burlington, ND 58722

Retreat Includes:

- Vinyasa & Restorative Yoga
- Tai Chi Chih
- Self-Hypnosis for Relaxation
- Tea Talk
- Creative Arts Project
- Lunch

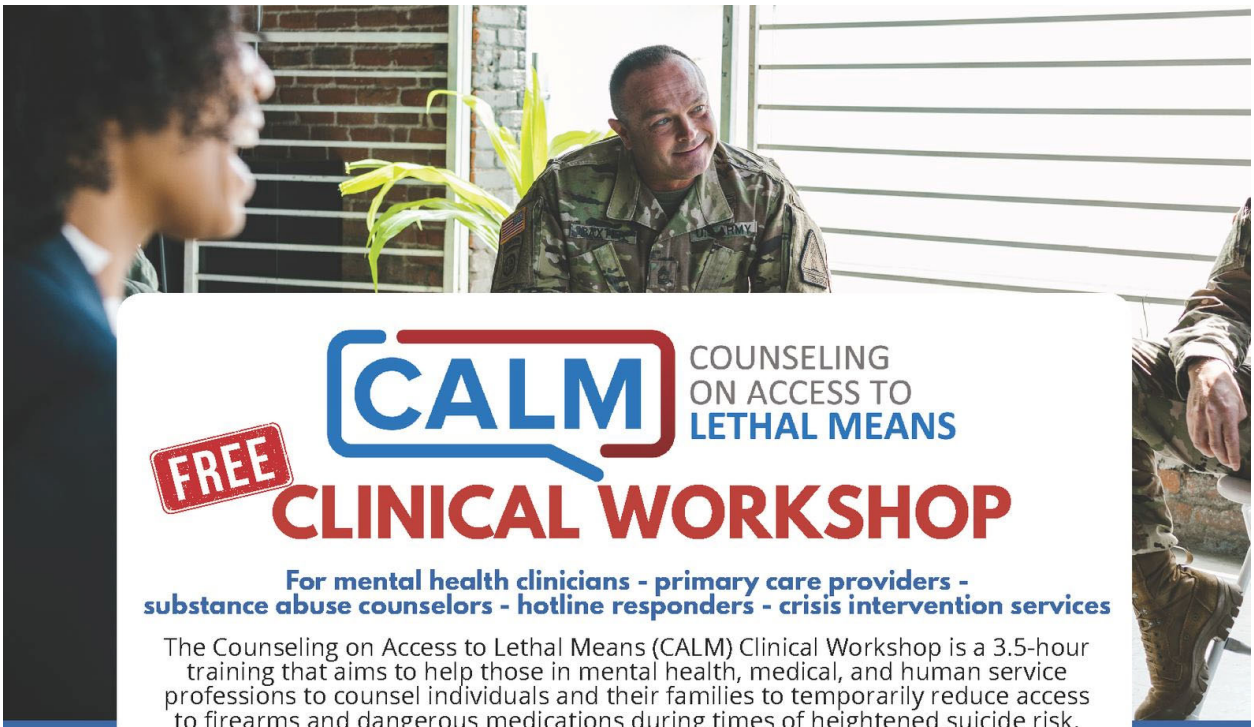
Must Be **Enrolled** in VA Health Care to Participate

Call Eligibility:
701-239-3700 ext 3428

Must Register by September 14th to attend!

Space is limited (100 Veterans) - Register early!

Call Whole Health : 701-239-3700 ext 3990



CALM
COUNSELING ON ACCESS TO LETHAL MEANS

FREE

CLINICAL WORKSHOP

For mental health clinicians - primary care providers - substance abuse counselors - hotline responders - crisis intervention services

The Counseling on Access to Lethal Means (CALM) Clinical Workshop is a 3.5-hour training that aims to help those in mental health, medical, and human service professions to counsel individuals and their families to temporarily reduce access to firearms and dangerous medications during times of heightened suicide risk.

Free CEUs provided for NDBSWE, NDBON, NDBCE, and NDBACE

CHOOSE ONE VIRTUAL TRAINING:

12/3/25 12:30P
3/5/26 8:30A
6/2/26 12:30P
OR
9/3/26 8:30A

Scan or click to register

sarah.kemp.tabbut@und.edu for questions

Workshop participants will

- Be able to provide a rationale for using means safety interventions
- Articulate multiple options for increasing the safety of firearm storage
- Outline steps for reducing access to dangerous doses of medication
- Practice conducing means safety interventions with at risk individuals and their families through case discussions and role plays

Training brought to you by a partnership among:

Governor's Challenge to Prevent Suicide Among SMVF North Dakota

ND HOPES

ND THRIVES Rural & Tribal Youth Suicide Prevention

The use of means safety interventions is an important tool to keep individuals at risk safe during times of crisis. The CALM Clinical Workshop prepares clinicians to have collaborative and effective conversations about the safe storage of medications - the most common method of suicide attempt - and firearms - the most common method of suicide. For more information, please visit calmamerica.org



Student Veteran Support - VFW

Scholarships

The **VFW's "Sport Clips Help A Hero Scholarship"** provides service members and veterans with the financial assistance they need to complete their educational goals without incurring excessive student loan debt. It's just another way for us to say "thank you" to those who fought for our freedoms.

Scholarship Details:

- Scholarships of up to $5,000 will be awarded to qualified applicants.
- Awarded scholarships are limited to one per family per semester.
- Applications for the fall semester will be accepted Jan. 1 through April 30.
- Applications for the spring semester will be accepted Aug. 1 through Nov. 15.
- Fall semester scholarships will be awarded in August, and spring semester scholarships will be awarded in January.
- Scholarships must be used by the end of the school semester for which the veteran is applying or they will become null and void.
- Scholarships are restricted for tuition and fees only and will be paid directly to accredited schools.

Eligible Applicants Must:

- Be a citizen of the United States.
- Be retired, honorably discharged, active duty, or a member of the National Guard or Reserve.
- Have completed Basic Training and follow-on training (Advanced Individual Training, technical school, etc.).
- Separated with or currently hold a military rank of E-5 or below.
- Demonstrate a need for financial assistance.
- Participate in, be accepted to or currently enrolled in a VA-approved program or school at an accredited post-secondary institution.

Veterans Stand Down

October 15, 2026

10:00 am - 2:00 pm
Armed Forced Reserve Center
3420 2nd St. NE, Minot
(North of the Minot Int'l Airport)

Bring Your DD214, VA Card, or Drivers Lic. with "V" designation as Proof of Veteran Status, if possible



Services Provided

- Veterans Benefits
- Health Care
- Legal Services
- Counseling
- Housing Assistance
- Blood Pressure Screening
- Hygiene Items
- Flu Shots
- Employment Assistance
- Lunch is provided

For more information contact:
Kelli Weiand at 701-340-2779 or colleen.y.weiand.nfg@army.mil

VA | U.S. Department of Veterans Affairs
Veterans Health Administration

GET YOUR VA PAYMENTS FASTER & SAFER

Enroll in Direct Deposit (EFT) Today

Receive eligible VA payments securely and directly to your bank account.

- ✓ Fast Payments
- ✓ Safe & Secure
- ✓ No waiting for Paper Checks
- ✓ Convenient Access to Funds

DIRECT DEPOSIT
Safe. Secure. Convenient.

SCAN HERE to Learn More

Your information is protected and secure.

WHAT YOU NEED TO GET STARTED

1. Social Security Number
2. Address
3. Bank Name and Address
4. Bank Routing Number
5. Bank Account Number
6. Account Type (Checking or Savings)

If you need assistance with the Customer Engagement Portal (CEP), contact the VA FSC Customer Care Center at 1-877-353-9791 (option 2) or email vafsccshd@va.gov. You may also request a Direct Deposit/EFT Enrollment User Guide from the Customer Care Center.

Faster Access. Greater Security. Peace of Mind. | VA.gov

Minot Vet Center - Outreach Program Specialist

Veterans Outreach Program Specialist
Minot, North Dakota
(701) 852-0177

VET CENTER EST. 1979 | Connection. Camaraderie. Community.

Veterans, Dependents, Active Duty, Guard & Reserve members welcome!

Fourth Thursday of the month from 2 pm to 4 pm



2026 Dates
Thursday 24 September, Thursday 22 October, Thursday 26 November, December tbd

Check us out at



Minot State University Military Resource Center
(Model Hall 208)

POC for more info Andy Heitkamp (701)858-4002
andy.heitkamp@minotstateu.edu


PRAIRIE
WARRIOR
BOWL
THURSDAY
SEPT. 3
MINOT STATE VS. WAYNE STATE
Tailgate 4 P.M. Kickoff 6 P.M.
FREE ADMISSION for
all military with ID.
BEAVERS
FOOTBALL
MSUBEAVERS.COM/TICKETS