

#### Military Resource Center

#### Volume 11 – Issue 4, April 2025

#### James's Corner





#### Students,

I want to thank the majority of you who remember to keep our office in the loop when you make enrollment changes. That information is critical in ensuring the VA pays you appropriately, and it reduces the risk of overpayment. There are still a handful of students not doing reporting their changes. I want to remind you that the Student Agreement you signed when you first began using your benefit states this as one of your 2 responsibilities each term (the other being the requirement to complete a semester worksheet to utilize your benefit each term).

Looking ahead, finals are around the corner, so stay focused! Also, start considering if you will be taking courses during the summer term as it is fast approaching.

Respectfully,

James Tucci Veterans School Certifying Official

Please email me at <a href="mailto:james.tucci@minotstateu.edu">james.tucci@minotstateu.edu</a> if you make any changes to your class schedule — this includes adding or dropping classes or completely withdrawing. It is very important that I get this information to the VA as soon as possible.

#### IN THIS ISSUE

James's Corner **Understanding Veterans** Legal Services From the Director **Activities Attended** Video Games Car Seat Checks Medora Musical Campus Resource Fair **Upcoming Oberg events** Important Dates Career Counseling Purple Up day Understanding your award letter **Proclamation Day** Financial Aid Priority Deadline 15 Apr VA planning for the future North Central Job Fair Student loan forgiveness update Prairie Warrior Auction Military Fish Camp National Public Health Week Minot Air Force Base Support Minot DAV Vietnam Veterans Celebration Navy Scholarships

OFFICE HOURS 8 A.M. – 4:30 P.M.

Military Resource Center Minot State University 500 University Ave W Minot, ND 58707 701-858-4003 / 1-800-777-0750

#### MinotStateU.edu

"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA).

Be seen. Be heard. Belong.



Understanding
Veterans and the
Military for
Community
Providers

Free Professional Development



Wednesday

April 23, 2025

8 A.M. TO 4:30 P.M.



Raymond James Bohn Armory 4200 Miriam Avenue Bismarck, North Dakota

Click or scan to register

www.ndcares.nd.gov mgauvinpanos@nd.gov



#### **Agenda Covers:**

- Military Culture
- Lethal Means Safety
- VA and Community Resources
- Justice Involved Veterans
- VA Benefits 101

#### Free CEUs for:

- ND Board of Social Work
- ND Board of Counselors
- ND POST
- ND Peer Support



#### CASES WE SERVE

**VA Benefits** 

**Divorce & Family Law** 

**Employment Law** 

**Consumer Law** 

**Bankruptcy** 

**Foreclosure** 

Housing

**Landlord & Tenant** 

**Expunction & Nondisclosure** 

**Other Legal Issues** 

#### **Who Do I Contact With Additional Questions?**

Seniors 60 and over Call: **1-866-621-9886** 

Others Call: 1-800-634-5263

DISCLAIMER: This information is not legal advice. If you have a legal problem, you should talk to a lawyer and ask for advice about your options.

Legal Services of North Dakota does not accept new applications via e-mail, fax, or voice mail directly to a staff person.

Legal Services of North Dakota's

#### Free Legal Help for Veterans

This particlar program assists veterans of all branches of the United States Armed Forces who are homeless or in danger of homelessness with a wide variety of legal issues.



What are the eligibility requirements?

To receive assistance, you must show proof of your veteran status with one of the following:

- · DD-214
- · Department of Veteran's Affairs ID
- Department of Defense Department ID
- · Driver's license designating Veteran status

You must also have been discharged or released under conditions other than dishonorable.

There are no income or asset limits or thresholds to receive these services.



#### From the Director

I hope everyone enjoyed Spring Break. Please take your time and read through our newsletter to find out more about the latest events as well as summer and fall registration.

We would like to express our appreciation for our active duty, National Guard, Reserve, veteran, spouse, and dependent military service members.

The Military Resource Center continues to serve our military educational benefited students. Please continue to provide suggestions about how we can improve our current practices. We appreciate the feedback, as it allows us to better serve your needs as you work to accomplish your academic goals!

Andy Heitkamp Military Resource Center Director

#### **Activities Attended**

#### March

- 4 DoD VolEd ICP training
- 4 SAA Veteran Affairs Military Advisory meeting
- 4 MSU Education Fair
- 5 MSU Career Expo
- 5 Safe Communities Meeting
- 5 DAV meeting
- 5 BIT meeting
- 6 MAC meeting
- 10 Student Affairs meeting
- 10-14 Spring break
- 11 Student Affairs meeting
- 20 Student Affairs meeting
- 21 Trauma Informed Care Symposium
- 24 Dr. Shaun Tyrance Mental Health presentation
- 25 Financial Future workshop
- 27 Economic Stability for Service Members workshop
- 29 Welcome Home Vietnam Veterans day program

## Video games relieve stress, foster fun and camaraderie for Veterans



https://news.va.gov/116797/video-games-relieve-stress-foster-fun-veterans/?utm\_source=feature&utm\_medium\_email&utm\_campaign=VetResources&utm\_id=20MAR2024

Live Esports tournaments for Veterans
Warrior GMR Foundation

#### 24/7 Veteran gaming community

REGIMENT Gaming is a military gaming community that focuses on uniting military service members and Veterans through the power of gaming. REGIMENT has nearly 20,000 members and has raised over \$100,000 for Veteran non-profit organizations.

Click <u>here</u> to join the REGIMENT Gaming community and sign up for its Discord channel.



Check out the Minot State Veterans Service
Center Facebook page and give it a 

to stay
current with events.

www.facebook.com/MinotStateVeterans

#### **Free Car Seat Checks**

#### hosted by the Minot Fire Department



#### Is your car seat:

Right for your child? Properly installed? In safe condition? Recalled or expired?

#### Minot Car Seat Coalition:

First District Health Unit Minot Fire Department Trinity Health Community Partners

#### 2025 Car Seat Check Schedule

January 7	March 21	June 3	August 22	November 4
2-5 p.m	11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.	2-5 p.m.
January 24	April 1	June 20	September 2	November 21
11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.
February 4	April 25	July 1	September 19	December 2
2-5 p.m.	11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.	2-5 p.m.
February 21	May 6	July 25	October 7	December 19
11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.
March 4	May 23	August 5	October 24	
2-5 p.m.	11 a.m2 p.m.	2-5 p.m.	11 a.m2 p.m.	I.

Appointments preferred not required, to make an appointment call First District Health Unit at 701-837-5195.
 If leaving a message please leave the following information: number of seats to be checked, make and model of vehicle, ages of child(ren), brand and model of car seat and preferred time of check on scheduled date.

All car seat checks will be located at Minot Fire Station Number 1 2111 10th St SW, Minot Enter in the north garage doors Please allow 45 minutes/seat.

Questions? Please call First District Health Unit at 701-837-5195.

Donations gratefully accepted.









**Medora Musical 2025 -** VETERAN APPRECIATION July 13<sup>th</sup> 2025 Free admission for all current and former military members! https://medora.com/medoramusical/



2025 Feb Minot State University Campus Resource Fair



#### https://bradyoberglegacyfoundation.org/events/

We provide combat veterans with outdoor, recreational retreats that allow them to have fun while unburdening their hearts and minds as only they can do, together.

#### Upcoming events and retreats

April 5, 2025 - McCollum's Hunting Preserve (Bejou, MN) - 9:00 a.m. June 17-19, 2025 - Sportsman's Lodge, Lake of the Woods June 20, 2025 Brady Oberg Legacy Annual Golf Tourament - Forest Hills Golf Course - 9:00 a.m.

#### **Important Dates**

#### Academic

#### **April**

- 1 FAFSA for 2025-26 year available
- 8 FAFSA priority deadline
- 11 Last day to drop a 16-week course
- 18 Good Friday University closed
- 21 Easter Break no classes
- 15 FAFSA priority deadline
- 24 Last day to drop second eight-week courses
- 25-26 Spring Honor Dance and Powwow

#### **US Armed Forces Dates**

#### April

- 1 US Air Force Academy Day
- 5 Gold Star Spouses Day
- 14 Air Force Reserve Birthday
- 15 Purple Up! For Military Kids Day
- 20 Easter Sunday
- 21 Patriot's Day
- 23 Army Reserve Birthday
- 30 National Military Brats Day

#### April is...

Month of Military Child

Distracted Driving Awareness Month

Sexual Assault Awareness Month (SAAM)

National Public Health Week 7-13 April





"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA).

#### **Free Educational and Career Counseling**

If you're eligible for VA education benefits, then you're also eligible for Personalized Career Planning and Guidance, a free benefit that provides:

- Career counseling to help you decide which civilian or military jobs you want
- Educational counseling to help you find a training program or field of study
- Academic and adjustment counseling to help you address issues or barriers that get in the way of your success
- Resume support and goal planning

You can use this benefit more than once. Visit our website link below to apply! (<a href="https://www.va.gov/careers-employment/education-and-career-counseling/">https://www.va.gov/careers-employment/education-and-career-counseling/</a>)

#### Tuesday, April 15 2025

#### **Purple Up Day at Minot State University**

Purple signifies support for all branches of the U.S. Armed Force through the combination of their colors.



PAST PHOTO of PURPLE-UP SHOW OF SUPPORT at Minot State University!



"GI Bill®" is a registered trademark of the U.S. Department of Veterans Affairs (VA).

#### **Understanding Your Award Letter**

**What Does My Award Letter Mean?** 

Not sure how to read your award letter? Below is a link to the step-by-step guide to help you understand each section.

https://benefits.va.gov/gibill/understandingyourawardletter.asp

#### **4 April - PROCLAMATION DAY 2025**



#### PRIORITY FINANCIAL AID DEADLINE - FAFSA Priority deadline April 15

The FAFSA Priority deadline for Minot State is April 15. The 2025-2026 FAFSA, Free Application for Federal Student Aid is available at studentaid.gov. The FAFSA is a free application that must be completed each academic year and is used to determine what federal aid you are eligible to receive. The 2025-2026 FAFSA is for the Fall 2025, Spring 2026, and Summer 2026 semesters. To complete the application, you will need:

- your StudentAid.gov username and password
  - 2023 income tax information
- current balances of your assets and investments
  - records of child support received
    - your contributor information
    - MSU School Code: 002994

A contributor refers to anyone (you, your spouse, biological parents or adoptive parents, or your parent's spouse) who is required to provide information on the FAFSA form. A contributor is invited to the student's FAFSA by email. You will need the contributor's:

- first and last name
- social security number
  - · date of birth
  - email address

To maximize your financial aid eligibility, submit your FAFSA by April 8 to meet the MSU April 15 priority deadline. FAFSA's filed after April 15 will still be accepted, but your eligibility may be limited to the Federal Pell Grant and Federal Student Loans. For questions, contact the MSU Financial Aid Office by EMAIL ("financialaid@minotstateu.edu" <a href="mailto:financialaid@minotstateu.edu">financialaid@minotstateu.edu</a>) or 701-858-3375. They are available from 8 a.m.-4:30 p.m., Monday – Friday, to assist you with any financial aid questions. Their office is located on the second floor of the MSU Administrative building and no appointment is needed.



#### PLANNING FOR THE FUTURE

### ASSISTED LIVING AND NURSING HOME CARE OPTIONS

Join the Fargo VA Social Workers to learn more about the types of Senior Housing available, how to identify when more assistance is needed and how to prepare for these changes.

#### Other topics included:

- · Resources for Aging in Place
- · State Veterans Homes and eligibility
- · Different Levels of Care

- VA programs
- · Finding the appropriate facility
- · Documents to have on hand

#### ALL ATTENDEES MUST REGISTER

To register call or email Vickie Ness 701-239-3700 ext 3561 vickie.ness@va.gov

#### LOCATED AT FARGO VA

**FEBURARY 19, 2025** 

TIME: 1:30-3:30 1D-42

(PRIMARY CARE CHECK IN)

**MARCH 19, 2025** 

TIME: 1:30-3:30 1D-42

(PRIMARY CARE CHECK IN)

APRIL 23, 2025

TIME: 1:30-3:30

1D-42

(PRIMARY CARE CHECK IN)

#### ALL ATTENDEES MUST REGISTER

To register call or email Vickie Ness 701-239-3700 ext 3561 vickie.ness@va.gov

## NORTH CENTRAL SPRING JOB FAIR APRIL 10TH, 2025

## JOIN US!

Job Service North Dakota and Hometown Radio Group are hosting the North Central Spring Job Fair! Wednesday, April 10th from 4 pm to 6 pm at the Minot Municipal Auditorium.



TIME:

4:00 PM - 6:00 PM



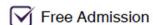
WHEN:

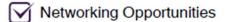
THURSDAY, APRIL 10, 2025



WHERE

MINOT MUNICIPAL AUDITORIUM 420 3RD AVE SW







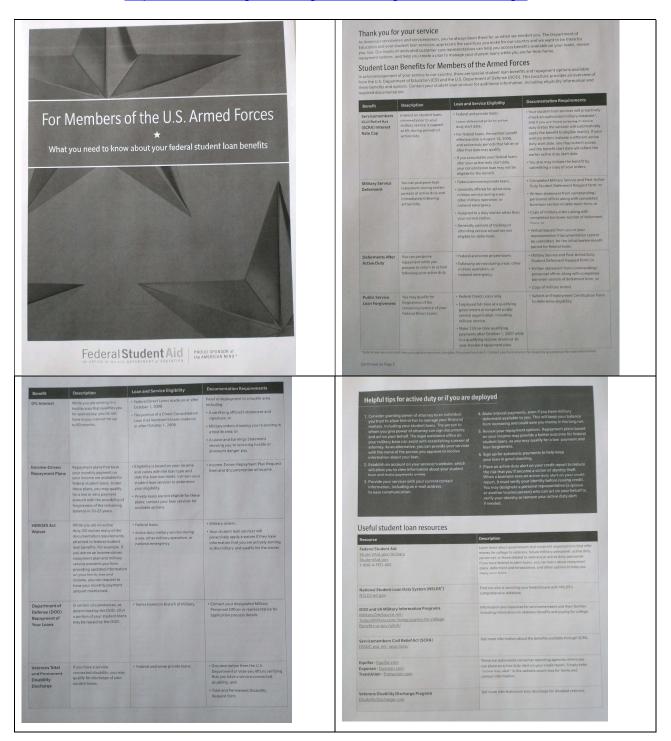
#### JOBSND.COM/JOBFAIR





### Student Loans, Forgiveness US Department of Education site

https://www2.ed.gov/fund/grants-college.html?src=image



US Armed Forces members and federal student loan benefits https://studentaid.gov/sites/default/files/military-student-loan-benefits.pdf

38<sup>™</sup> ANNUAL

# PRAIRIE WARRIOR AUCTION





#### DONATIONS

NOW ACCEPTING
DONATIONS! CONTACT
THE MACEDO OFFICE FOR
DETAILS ON HOW YOU
CAN HELP OUT



#### SAVE THE DATE

THURSDAY, APRIL 24 DOORS OPEN 4:30PM EVENT STARTS 5:30PM THE ND STATE FAIR CENTER!



#### JOIN US!

THIS EVENT IS OPEN TO THE PUBLIC FEATURING A LIVE & SILENT AUCTION, BUFFET, DRINKS, GAMES AND MORE!



SCAN HERE OR VISIT THE CALENDAR AT MINOTCHAMBEREDC.COM FOR MORE INFORMATION!

PRESENTED BY





HELP SUPPORT TEAM MINOT AT MINOT AIR FORCE BASE! The North Dakota National Guard Child & Youth Program supports the social, emotional, and academic needs of military children and youth through events, resources, and training.



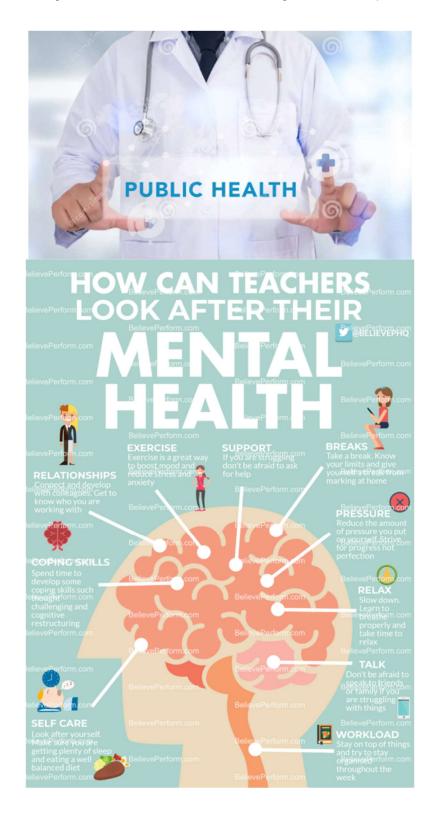
Camp sign up is open.

North Dakota National Guard's Military Fish camp is June 8-12 for ages 8-15. If you have a 16-17 year old interested in helping as a Jr. Squad Leader, please reach out!

April 7 to 13

National Public Health Week 2025

The theme for NPHW 2025 is "It Starts Here," and it aims to bring together public health workers, students, organizations, and leaders for a weeklong celebration of public health.





## Minot State University recognized by Minot Area Chamber EDC for OUTSTANDING SUPPORT of MAFB!





Lt. to Rt., President Steven Shirley, Col Jesse Lamarand Col Jimmy Schlabach, Govener Kelly Armstrong



Lt. to Rt.,

Col Jesse Lamarand, Andy Heitkamp, President Steven Shirley, Brigitte Mikula, Col Jimmy Schlabach

#### WELCOME HOME!!



Vietnam Veterans Day 2025 March at Minot Auditorium

#### Program

#### **Vietnam Veterans Day Celebration**

The Parade that Never Happened

11:50 a.m. Call To Seats
Welcome
Posting of the Colors (Please Stand)
Pledge of Allegiance (Please Stand)
National Anthem
Introduction of Guests Vice Admiral Mike Miller, Ret, USN Deputy Commander: 5th Bomb Wing Minot AFB Col. Dan Jensen Commander: 91st Missile Wing, Minot AFB, Col. James (Jimmy) Schlabach Mayor of Minot, Tom Ross
Special Thank you Disabled American Veterans, Minot Chapter 4 Veterans of Foreign Wars, Minot Post 753 Kenmare Veterans Club, Kenmare Ryan Automotive Group, Minot Dakota Agronomy Partners
InvocationLouis McCleod, Air Force, Phan Rang

#### Meal Served

Order of Serving Vice Admiral Miller and Special Guests Gold Star Families Purple Heart Receipients All Others

Acknowledgement of Gold Star Families........Paul Simonson, Army, Saigon Family of Allan Korum, Kia, Mary 1966, Quang Nam Family of Wesley Brenno, Kia, March 1967, Quang Nam Family of David Kline, Kia, July 1967, Binh Dinh Family of Leon Lochthowe, Kia, September 22, 1967, Quang Tri Valley Family of George Valker, Kia, August 1968, Thua Thien Family of John Joyce, Kia, April 1968, Quang Nam Family of Alan Hinzpeter, Kia, September 1971, Thua Thien Family of David Berdahl, Kia, January 1972, Quang Tri Family of Greg Jacobson, Kia, 1970, Ba Xugen Family of Robert Schmitz, Kia, 1969, Pleiku

Acknowledgement of Locals Killed In Action (No living family) Moment of Silence for Mia's (1576 still unaccounted for)

Introduction of Dr. Mark Hildahl

Guest Speaker.................Vice Admiral, Michael Miller, US Navy Retired

Personal Accounts, "From the Jungle"....Lt. Foor, 9th Marine Division, I Corp Warren Anderson: Tay Nhin Mrs. Berdahl, Mother of Kia, David Berdahl

Vicki Soltis, Gold Star Sister of George Valker III, Killed In Action In Victnam Speaking On Behalf Of The Gold Star Families Present Today

Red, White and Blue......Edison Elementary, Do Re Me Choir

Battlefield Cross......Paul Simonson, Army, Saigon Jim Davenport, Nha Trang Dave Smith, Air Force, Utapao, Thailand Dave Snyder, Vietnam Era

Frank Senn, Air Force, Phan Rang

Taps.......Wayne Schempp

Patrick Schwan

#### Special Thanks:

Dakota Agronomy Partners ~ Challenge Coins

Veterans: Bill Dunkel, Army, Del Tang, Vietnam Mike Benjamin, Marines, Ras Al Mishab, Desert Storm



#### Programs provided by:

Thomas Family Funeral Home ~ Minot, North Dakota www.thomasfamilyfuneralhome.com



Navy Nurse Candidate Program (NCP)		
PROGRAM DESCRIPTION	NCP is a financial assistance program for full-time students enrolled in a CCNE or ACEN-accredited baccalaureate nursing program. Students are commissioned as nurse corps (NC) officers upon completing degree requirements.	
BENEFITS	<ul> <li>If accepted to NCP, receive financial incentives during your last two years of nursing school.</li> <li>Receive a monthly continuing bonus of \$1,000</li> <li>Receive an accession bonus of up to \$20,000</li> <li>Receive active duty entitlements and benefits upon accession to the Navy, including job security, competitive pay, housing and food allowance, free medical and dental insurance coverage, paid time-off, training/education opportunities, leadership/advancement opportunities, travel opportunities, and more.</li> </ul>	
BASIC	<ul> <li>Must be a U.S. citizen</li> <li>Must receive degree and commission before 42<sup>nd</sup> birthday</li> <li>Must be in good physical condition and pass a full medical exam</li> <li>Must have a cumulative GPA of 3.00 or higher</li> <li>Must be enrolled/accepted to a BSN program accredited by ACEN or CCNE</li> <li>Don't wait. Apply early!</li> </ul>	
OBLIGATION	<ul> <li>Agree to serve at least 4 years on active duty (full-time) as a commissioned Naval officer and Navy nurse after graduation and NCLEX licensure.</li> <li>NO military obligation while in nursing school</li> </ul>	
DETAILS	To apply or inquire for more information, contact:  ■ HMC Victor Peña   ② (701) 954-9785 (voice/text)   ☑ victor.j.pena4.mil@us.navy.mil	



HEALTH PROFESSIONS SCHOLARSHIP PROGRAM (HPSP)		
PROGRAM DESCRITION	The Health Professions Scholarship Program (HPSP) covers 100 percent off your tuition and fees for up to four years of Medical School. Additionally, you will receive a monthly stipend directly from the Navy. The program also reimburses you for all the required books and equipment for your studies. The total value of this program can exceed \$300,000 over a four-year period. Upon graduation, you will join the Navy as a commissioned officer on active duty.	
BENEFITS	<ul> <li>100% Tuition to any accredited (LCME, AOA, or ADA) medical/dental school</li> <li>Books are reimbursable</li> <li>School Expenses such as lab supplies, stethoscope, etc., are reimbursable</li> <li>Health insurance is reimbursable</li> <li>\$20,000 Bonus upon your acceptance</li> <li>Monthly Stipend of \$2,870 to spend as you please</li> <li>Two Match Periods for Residency: 97% receive their first or second pick.</li> <li>***\$140K+ in your bank account + we pay for tuition, 100%****</li> </ul>	
BASIC	<ul> <li>Must be a U.S. citizen</li> <li>Must receive degree and commission before 42<sup>nd</sup> birthday</li> <li>Must be in good physical condition and pass a full medical exam</li> <li>Must have a cumulative GPA: 3.00 or higher (on a 4.00 scale) to apply</li> <li>MCAT/DAT score: no minimum</li> <li>Acceptance letter: not required to start application</li> <li>Don't wait. Apply early!</li> </ul>	
SERVICE OBLIGATION	<ul> <li>Agree to serve at least 4 years on active duty (full-time) as a commissioned Naval Officer and Navy Physician after graduation.</li> <li>NO military obligation while in school!</li> </ul>	
CONTACT DETAILS	To apply or inquire for more information, contact:  ■ HMC Victor Peña   ② (701) 954-9785 (voice/text)   ☑ victor.j.pena4.mil@us.navy.mil	