

Military Resource Center

Volume 11 – Issue 3, March 2024

From the Director



Greetings,

I hope students are looking forward to Spring Break March 4-8. Before your time off, I invite you to look through our newsletter. You will find information about upcoming tax reporting, the MSU Food Pantry, other area events, and information from our school certifying official James Tucci.

The Military Resource Center continues to serve our military educational benefited students. Please continue to provide suggestions about how we can improve our current practices. We appreciate the feedback, as it allows us to better serve your needs as you work to accomplish your academic goals!

> Andy Heitkamp Veteran Services Director

Unless you try to do something beyond what you have already mastered, you will never grow. Ralph Waldo Emerson.

> OFFICE HOURS 8 A.M. – 4:30 P.M.

Military Resource Center Minot State University 500 University Ave W Minot, ND 58707 701-858-4003 / 1-800-777-0750

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Activities Attended

February

- 1 Junior Achievement John Hoeven
- 1 Minot Area Chamber Military Affairs
- 6 Campus Wellness & Recovery Peer Support group
- 7 Safe Communities meeting
- 7 Behavior Intervention Team meeting
- 8 Advancing the Science on Peer Support and Suicide Prevention workshop day 1
- 9 Enhancing Tutoring with AI
- 12 Advancing the Science on Peer Support and Suicide Prevention workshop day 21
- 13 Academic Advising Center meeting
- 13 ND Suicide Coalition Hope Café webinar
- 14 Staff Senate Death by Chocolate event
- 15 Junior Achievement John Hoeven
- 15 Military One Source webinar
- 20 US ARMY SSG Salazar meeting
- 21 VA Career Readiness training
- 21 Behavior Intervention Team meeting
- 22 VA Office Hours training
- 22 VA Educating Civilian Providers workshop
- 22 Fraud Awareness Seminar
- 23 Veterans Breakfast
- 24 MSU Preview Days resource fair
- 26 Student Affairs meeting
- 27 Power BI security review
- 29 Student Affairs meeting



March 15th, 2024 11am – 4pm Sky Dancer Event Center Keynote Speakers Meal to be served Door Prizes Sponsored by TMBCI

all Veteran's Welcome

SERVING MEANS SAVINGS

https://www.homedepot.com/c/military

Active military, veterans and their spouses enjoy a discount at our stores and online Get Started

- Apply online & start saving
- 10% off eligible purchases everyday
- See our Frequently Asked Questions about the Military Discount here





www.facebook.com/MinotStateVeterans



Students,

I wanted to explain why we ask you all to submit your semester worksheet as soon as you are done enrolling in your courses. This term there have been way too many students that have completed their worksheets after the 100% refund date set by MSU. When this happens, it means you will be held financially liable for taking courses that I cannot certify. The VA requires me to audit every enrollment and to ensure the classes you are taking are necessary for your degree, so when I find a class or two that aren't required, you are able to drop/ swap them out for another course without penalty if you get us the semester worksheets on time! When we get these late submissions, we run into problems where the student becomes liable financially for taking classes they aren't required to take since the VA won't pay for them. We put these rules/suggestions into place for your benefit, we do not want to create any surprise debts for you with the VA and, in fact, try to maximize the payment awarded to you by your benefit!

Happy St. Patrick's Day!

James Tucci Veterans School Certifying Official

For questions regarding your financial aid (federal grants/loans) at Minot State University call Minot State Financial Aid (701)858-3375 <u>https://www.minotstateu.edu/finaid/</u> Title IV School Code: 002994

Important Dates

Academic

March

- 4-8 Spring Break
- 8 Fall semester graduation application due to Registrar's office
- 11 Classes begin for 2nd 8 wks
- 14 Last day to add second 8-week classes
- 14 Last day to withdraw second 8-week classes and receive 100% refund
- 26-28 Fall registration begins
- 29 Easter Break University Closed

April 1 Easter Break No Classes

March is...

Traumatic Brain Injury Awareness Month Women's History Month

US Armed Forces Dates

March

- 3 Navy Reserves birthday
- 4 National Hug a G.I. Day
- 5 Seabee birthday
- 13 K9 Veterans Day
- 15 American Legion birthday
- 17 St. Patrick's Day
- 21 Rosie The Riveter Day
- 25 National Medal of Honor Day
- 29 Welcome Home Vietnam Veterans Day
- 31 Easter Sunday

Be seen. Be heard. Belong.

Enrollment Verification



A Guide for Institution of Higher Learning (IHL) Students

Post-9/11 GI Bill® students attending IHL facilities who receive Monthly Housing Allowance (MHA) and/or kicker payments are required to verify enrollment at the end of each month. This applies to IHL students with terms starting on or after December 17, 2021.





Step 1 Opt-In

For a quick and easy experience, VA highly recommends using text message verification. When your enrollment is processed by VA, you will receive a text message from VA to opt into text message verification.¹

- Reply "YES" to opt-in. You will receive a text confirming you have opted in. • The text message link will expire in 14 days. After that, you
- will be automatically enrolled in email verification. If you reply "NO" or cannot receive texts, you will be
- ۶ automatically enrolled in email verification.

Step 2 Verify

Text: On the last day of each month, you will receive a text message requesting enrollment verification for that month.

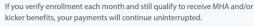
- Reply "YES" to verify your enrollment.
 - If you don't reply within 6 days, the conversation will close and you will need to call the Education Call Center (ECC) at 1-888-GIBILL-1 (1-888-442-4551) to verify your enrollment.
- . If your enrollment status has changed, reply "NO." Please contact your School Certifying Official (SCO) to ensure your enrollment record with VA has been adjusted.²

Email: If you opted out of text messages and/or have enrolled in email verification, on the last day of each month, you will receive an email requesting enrollment verification for that month.

- Select "Yes, my enrollment is the same" to verify your enrollment.
- If you don't select a response within 14 days, the conversation will close and you will need to call the ECC to verify your enrollment.
- If your enrollment status has changed, select "No, my enrollment has changed." . Please contact your SCO to ensure your enrollment record with VA has been adjusted.



----- Step 3 Payments





If you fail to verify for two consecutive months, your MHA and/or kicker will be placed on hold. You will need to call the ECC to verify your enrollment and have your payments released.

Visit our website and review our FAQs to learn more. Stay tuned for more details in the coming months.

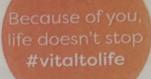
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¹ Non-College Degree (NCD) facility students who are already verifying their enrollment can opt into email verification by calling the ECC at 1-888-GIBILL-1 (1-888-442-4551) domestically or 001-918-781-5678 internationally. ² To find your SCO, go to the **GI Bill Comparison Tool** and search for your school.

NOVEMBER 2021

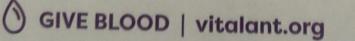
BLOOD DRIVE

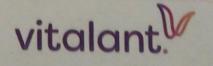


National Guard Drive

WEDNESDAY, MARCH 20, 2024 10:00 A.M. – 2:00 P.M. VITALANT BLOOD MOBILE NATIONAL GUARD ARMORY - 3420 2ND ST. NE

To schedule your life saving donation, scan the QR Code or, call Tara at(701) 580-5288.





How VA education benefit payments affect your taxes

https://www.va.gov/resources/how-va-education-benefit-payments-affect-your-taxes/

Do I have to pay taxes on the VA education benefit payments I receive?

No. Payments from all GI Bill programs are tax-free. This is true for you, your dependents, and your survivors.

Tax-free education benefits include:

- Tuition
- Training fees
- Test fees for licenses and certifications
- Money to pay for a tutor
- Work study
- Books
- Housing

Please don't include education benefit payments as income when you file your taxes.

"Payments you receive for education, training, or subsistence under any law administered by the Department of Veterans Affairs (VA) are tax-free.



https://www.militaryonesource.mil/financial-legal/tax-resource-center/miltax-militarytax-services/

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DONATIONS NOW ACCEPTING DONATIONS! CONTACT THE MACEDC OFFICE FOR DETAILS ON HOW YOU

CAN HELP OUT.

SAVE THE DATE

THE 2024 PRAIRIE WARRIOR AUCTION WILL BE HELD ON THURSDAY, MARCH 21 AT THE ND STATE FAIR CENTER IN MINOT!

JOIN US!

THIS EVENT IS OPEN TO THE PUBLIC AND FEATURES A LIVE AND SILENT AUCTION, BUFFET, DRINKS, AND MORE!

HELP US SUPPORT THE SQUADRONS OF TEAM MINOT AND BOOST MORALE ON MINOT AIR FORCE BASE!

PRESENTED BY

Verendrye Electric Cooperative





SCAN HERE OR VISIT THE CALENDAR AT MINOTCHAMBEREDC.COM FOR MORE INFORMATION!

Veterans – Let's GO fishin!!! On the water 2024 dates

https://www.facebook.com/p/On-the-Water-Inc-100067785296574/





Minot Post 753

Veterans of Foreign Wars 1100 SE 31st St

Mississippi Pot Roast Dinner

Served with Mashed Potatoes and Cole Slaw



WHEN: SATURDAY, MARCH 9TH TIME: 5:30PM UNTIL GONE COST: \$15 PER PLATE DINE OR TAKE OUT OPEN TO THE PUBLIC

GI Bill®

Multiple VA benefits payments update

Starting April 20, 2024, the VA will no longer send a veteran's or family members' benefit payments to more than one bank account. **This will require all veterans and beneficiaries who receive GI bill payments and other benefit payments across multiple banking accounts to select one account by April 20, 2024**. For example, if a veteran receives GI Bill payments to one of their bank accounts and disability compensation payments to another, they will need to consolidate and select one account for all payments by April 20, 2024.

This shift is happening as a part of the VA's efforts to modernize the 50-year-old, antiquated GI bill payment system. Once fully deployed, the platform will improve claims processing and customer service by providing direct, online, one-stop access to GI Bill benefits and information. This shift will impact nearly 50,000 of 800,000 total GI Bill beneficiaries. The VA will be aggressively reaching out to these students through text message, phone, and email on a weekly basis through April 20. They will continue to receive text messages and emails until they have updated their information on <u>VA.gov</u>. VA is also working with schools, Veterans Service Organizations, and other relevant parties to make sure that Veterans meet the deadline.

The easiest way for beneficiaries to make this change is to log on to Change Your VA Direct Deposit Information | Veterans Affairs. When they get to the pay information, there will be a box for the bank account information of their education benefit and a box for the bank account information for the other benefits they receive. The beneficiary should then update the bank account information to use the same account for all benefits.

Importantly, no veteran will miss a benefits payment of any type. For any students who do not consolidate their bank accounts for benefits by April 20, VA will consolidate them on their behalf, electing their non-education benefit pay account as their primary bank account.

If you have any questions about this change, please contact your Regional Quality Assurance Specialist. <u>https://www.va.gov/opal/nac/sdc/qa.asp</u>

Upcoming events and retreats



https://bradyoberglegacyfoundation.org/events/

We provide combat veterans with outdoor, recreational retreats that allow them to have fun while unburdening their hearts and minds as only they can do, together.

Food Pantry at Minot State University

Student Food Pantry List

Protein

Cans of Tuna* Cans of Chicken* Canned Stew Canned Chili Hash Pork and Beans Soups Spaghetti Sauce* Kidney Beans Peanut Butter*

Canned Vegetables

Beans Carrots Peas Tomatoes Corn Instant Potatoes Spaghetti Sauce

Fruits

Canned Fruits Fruit Cups Dried Fruits Jelly Raisins Juice Boxes

*Indicates high demand items

If you would like to make a financial donation so that we can replenish the food pantry with necessary items, checks may be made to:

Lutheran Campus Ministry, memo: Food Pantry

Starches

Rice* Pasta* Macaroni and Cheese* Crackers Cans of Ravioli/Spaghetti O's* Hamburger Helper Boxed Meals*

Breakfast

Boxes of Cereal* Instant Oatmeal (individual packets)* Cereal Bars Pancake Mix Syrup Pop Tarts Muffin Mix

On the Go/Snacks

Tortilla Chips Salsa Pringles Cookies Granola Bars^{*} Microwave Popcorn Easy Mac^{*} Microwaveable Non-Frozen Meals^{*}



Medora Musical 2024

VETERAN APPRECIATION July 14 https://medora.com/medoramusical/



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Benefits

- NDPERS Pension Retirement
- ★ Optional 457 Retirement Plan
- ★ County Pays 95% of BC/BS of ND Health Insurance Premium
- ★ Life Insurance
- ★ Medical Flex Spending Account Option
- ★ Bi-weekly pay
- ★ Vacation accrual: 4+hrs/pay period
- ★ Sick time accrual: 4hrs/pay period
- * 10.5 Paid Holidays per year
- * Tuition Reimbursement
- ★ Employee Assistance Program
- * Numerous overtime opportunities
- Paid Training/LE Training Academy

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Special Assignment Opportunities

West Dakota SWAT/Crisis Negotiations

Apply Now:

- * Dive/Airboat/Water Rescue Team
- ROV/Sonar Team
- UAS/Drone Team
- K-9 Handler
- Narcotics Task Force
- ★ Fugitive Task Force
- * Investigations Section
- ★ Warrants Section
- Civil Section
- River Patrol
- Desert Off-Road Patrol
- School Resource Officer

www.burleighco.com/jobs

LEARN HOW TO SUPPORT A VETERAN IN CRISIS

WEDNESDAY, APRIL 3, 2024 6:00 P.M. MINOT AMERICAN LEGION 1949 N BROADWAY

Sarah Kemp Tabbut from the Fargo VA will be presenting VA S.A.V.E. S - Signs A - Ask V - Validate E - Encourage and Expedite

S.A.V.E. is designed to help you ask with care, compassion, and confidence when talking with a Veteran with suicide risk.

QUESTIONS? CONTACT MILLO NEWDESIGNSBBS@HOTMAIL.COM

Check out the new Safety Plan app!



Safety Plan helps Veterans create a personalized step-by-step action plan to keep themselves safe during a crisis. It is highly customizable and provides access to coping tools, self-assessment measures, and crisis support resources like the Veterans Crisis Line. Download the app today by using the QR code above, or by visiting the <u>App Store</u> or <u>Google Play</u>.

Note: Safety Plan is a U.S. Department of Veterans Affairs app, developed by the National Center for PTSD Dissemination and Training Division and the Office of Mental Health and Suicide Prevention.