Veteran Services

Volume 11 – Issue 11, Nov 2026



From the Director

Hope you had a spooky Halloween and your preparation to spend some time with family and friends during the Thanksgiving holiday are in order as we set back the clocks in preparation for the holiday season and the conclusion of the fall semester.

The Military Resource Center continues to serve our military educational benefited students both face to face and remotely. We really appreciate it when you can provide suggestions to improve current practices. Your suggestions have resulted in improvements in policies and guidelines allowing us to better serve your needs as you work to accomplish your academic goals!

Andy Heitkamp
Military Resource Center Director

Check out the Minot State Veterans Service Center Facebook page and give it a 👍 to stay current with events.

www.facebook.com/MinotStateVeterans

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Planning for the Future
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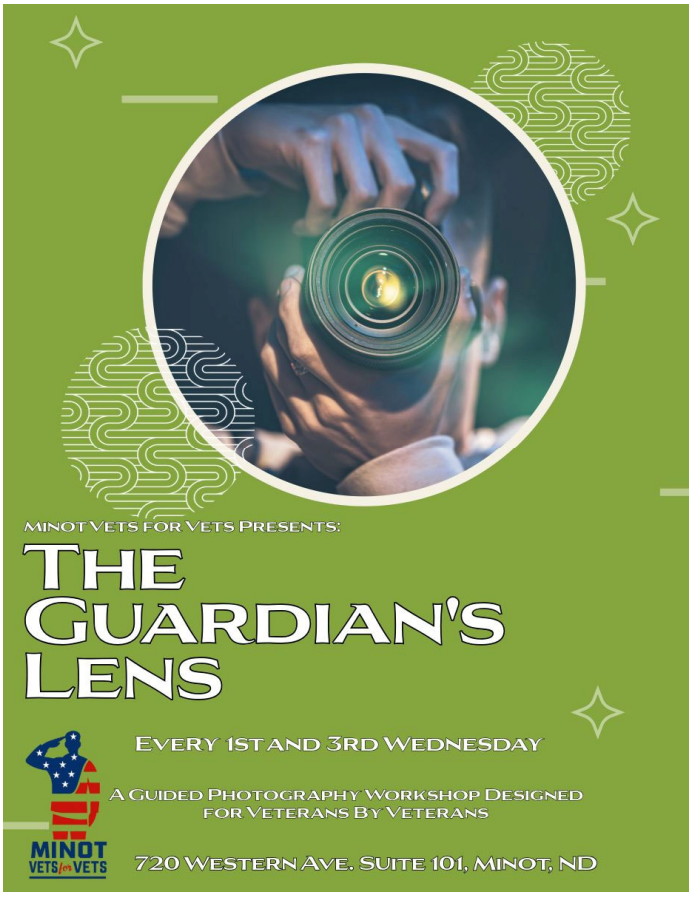
Activities Attended

October

1 Military Affairs Committee meeting
7 Behavior Intervention (BIT) meeting
14 DAUG CTS Office Hour
15 North Central Veterans Stand Down
15 Nodakon
19 Student Affairs meeting
20 Military Resource Center Air/Space Force monthly meeting
21 University Cabinet
21 Behavior Intervention (BIT) meeting
22 VET CENTER outreach on campus
26 Mindaks Rural Veterans Mental Health meeting
29 Minot Lodge Veteran Breakfast
31 MSU football vs U of Mary



Every 1st and 3rd Wednesday

A guided photography workshop

Designed for Veterans by Veterans

720 Western Ave. Suite 101
Minot, ND



James's Corner

Students,

Hello, everyone!

For any questions regarding your benefits, we encourage you to contact the VA at 1-888-442-4551. You may also submit a question at www.benefits.va.gov/gibill.

Please call 701-858-4002, email james.tucci@MinotStateU.edu, or stop in with any questions you may have. We are all here to help!

Just a reminder that enrollment is now open for the Spring 2027 term. After you enroll in your courses, please do not forget to complete the Semester Worksheet! This has to be completed EVERY term you wish to use benefits otherwise I cannot send your enrollment to the VA. It's ok if you don't remember how to navigate to it using the MSU homepage, just reach out to myself or Andy and we can send you the link.
Best of luck with the remainder of your fall term and enjoy your Thanksgiving holiday!

Respectfully,

James Tucci - Veterans School Certifying Official



Important Dates

Academic Dates

November

1	Last Day to withdrew from 16 week course and receive 50% refund
5	Last day to withdraw 8 week course and receive 75% refund
11	University Closed - Veterans Day
13	Last day to drop 16-week course
23	Last day to drop 2nd 8-week classes
25	No Classes - Thanksgiving vacation
26	University Closed – Thanksgiving Day
27	No Classes – Thanksgiving vacation

US Armed Forces Dates

November

National Veterans & Military Family Month

Warrior Care Month

National Family Caregivers Month

Nov 3-Nov7	National Veterans Small Business Week
10	Marine Corps Birthday
11	Veterans Day
26	Thanksgiving Day
31	Halloween

OFFICE HOURS
8 A.M. – 4:30 P.M.

Military Resource Center
Minot State University
Dakota Hall
500 University Ave W
Minot, ND 58707
701-858-4003 / 1-800-777-0750

MinotStateU.edu



VETS FOR VETS

BI-WEEKLY PEER SUPPORT

WOMEN'S GROUP

JOIN US ON THE 2ND AND 4TH TUESDAY OF EVERY MONTH

WOMEN VETERANS OF ALL AGES AND BRANCHES WELCOME

5:30 PM

ZOOM OPTION AVAILABLE

701-852-1924
PEERVISIONND.ORG/VETS-FOR-VETS
MINOTVETSFORVETS@GMAIL.COM

720 WESTERN AVE , SUITE 101, MINOT, ND 58701

2026 North Central Veterans Stand Down event





Link to North Dakota Veteran laws,
http://www.nd.gov/veterans/laws/







HAPPY THANKSGIVING 2026!!!!!!

VA App Store



VETERANS DAY 2026 - A Legacy of Loyalty and Service

A Veteran of the United States is someone who has served on active duty in the Armed Forces,
Public Health Service, National Oceanic and Atmospheric Administration, or Environmental Science Service. The Veteran must have earned any character of discharge other than dishonorable.

ON VETERANS DAY, WE HONOR THE SERVICE AND SACRIFICE OF ALL VETERANS
– Living and Deceased!

The Story of Veterans Day: Veterans Day is intended to thank and honor all those who have served honorably in the military – living and deceased – whether in wartime or peacetime. In fact, Veterans Day is largely intended to thank living Veterans for their service, to acknowledge that their contributions to our national security are appreciated, and to underscore the fact that all those who serve have sacrificed and done their duty.

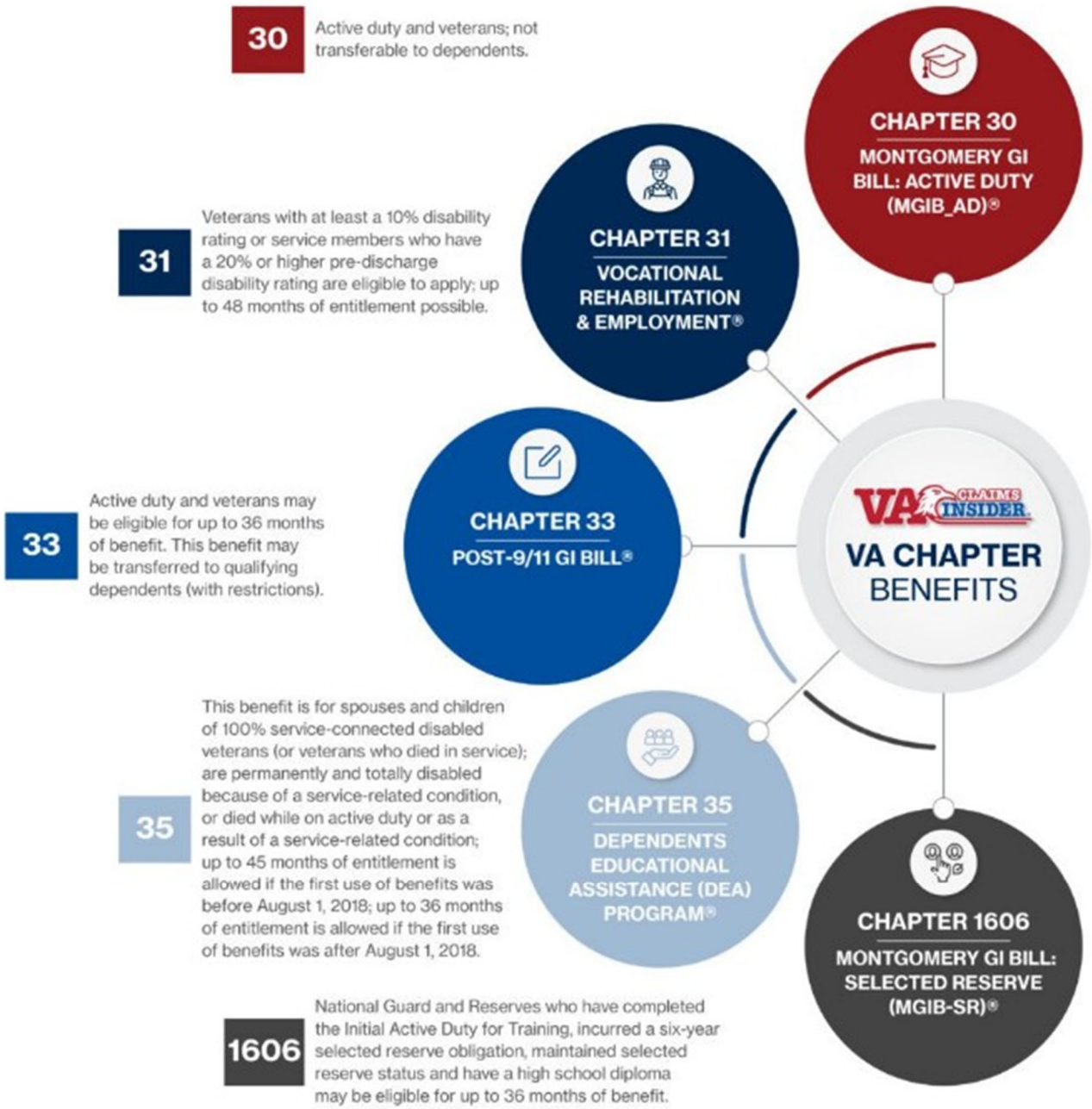
While Veterans Day is often confused with Memorial Day, the two observances serve different purposes and have different histories.

Memorial Day, which has its roots in the post-Civil War effort to “memorialize” all those who died in that war, has become a modern holiday to remember those from all wars and conflicts who gave their lives in service to the country. To ensure the sacrifices of America’s fallen heroes are never forgotten, in December 2000 the U.S. Congress passed and the President signed into law “The National Moment of Remembrance Act” to “encourage the people of the United States to give something back to their country, which provides them so much freedom and opportunity” by encouraging and coordinating commemorations of Memorial Day and the National Moment of Remembrance. The National Moment of Remembrance encourages all Americans to pause wherever they are at 3 p.m. local time on Memorial Day for two minutes of silence to remember and honor those who have died in service to the nation.

Veterans Day, however, was first known as Armistice Day as a celebration of the resolution of World War I, a peace recognized historically on the date and time of that event, November 11, 1918, at 11:00 a.m., and salutes surviving service members as well as those who have passed away since their service. In 1954, President Dwight D. Eisenhower signed a bill proclaiming November 11th as Veterans Day and called upon Americans everywhere to re-dedicate themselves to the cause of peace.
He issued a presidential order directing the head of the Veterans Administration (now the Department of Veterans Affairs) to form a Veterans Day National Committee (VDNC) to organize and oversee the national observance of Veterans Day. In addition to fulfilling that mission, the committee oversees the annual production and distribution of a Veterans Day poster and Teachers' Resource Guide.

In 1968, in keeping with the Monday Holiday Bill, Congress briefly moved Veterans Day to the 4th Monday in October, but it became quickly apparent that the American public held fast to the historical significance of the First World War armistice on November 11, and in 1978, Veterans Day was returned permanently to its traditional date. Hence, the Veterans Day National Ceremony is held each year on November 11th at Arlington National Cemetery. At 11:00 a.m. E.T., a color guard made up of members from each branch of the military renders honors to America’s deceased Veterans during a tradition-rich ceremony at the Tomb of the Unknown Soldier. The President or his representative places a wreath at the Tomb and a bugler sounds “Taps.” The balance of the ceremony, including a “Parade of Flags” by Veterans Service Organizations (VSO), takes place inside the Memorial Amphitheater, adjacent to the Tomb.

On October 7, 2016, President Obama signed the Veterans Day Moment of Silence Act. The law requires that the President issue a proclamation calling on the people of the United States to observe a two-minute national moment of silence on Veterans Day at 3:11 p.m. Atlantic standard time, 2:11 p.m. Eastern standard time, 1:11 p.m. Central standard time, 12:11 p.m. Mountain standard time, 11:11 a.m. Pacific standard time, 10:11 a.m. Alaska standard time, and 9:11 a.m. Hawaii-Aleutian standard time.


30
Active duty and veterans; not transferable to dependents.
CHAPTER 30
MONTGOMERY GI BILL: ACTIVE DUTY (MGIB_AD)®
31
Veterans with at least a 10% disability rating or service members who have a 20% or higher pre-discharge disability rating are eligible to apply; up to 48 months of entitlement possible.
CHAPTER 31
VOCATIONAL REHABILITATION & EMPLOYMENT®
33
Active duty and veterans may be eligible for up to 36 months of benefit. This benefit may be transferred to qualifying dependents (with restrictions).
CHAPTER 33
POST-9/11 GI BILL®
VA CLAIMS INSIDER
VA CHAPTER BENEFITS
35
This benefit is for spouses and children of 100% service-connected disabled veterans (or veterans who died in service); are permanently and totally disabled because of a service-related condition, or died while on active duty or as a result of a service-related condition; up to 45 months of entitlement is allowed if the first use of benefits was before August 1, 2018; up to 36 months of entitlement is allowed if the first use of benefits was after August 1, 2018.
CHAPTER 35
DEPENDENTS EDUCATIONAL ASSISTANCE (DEA) PROGRAM®
CHAPTER 1606
MONTGOMERY GI BILL: SELECTED RESERVE (MGIB-SR)®
1606
National Guard and Reserves who have completed the Initial Active Duty for Training, incurred a six-year selected reserve obligation, maintained selected reserve status and have a high school diploma may be eligible for up to 36 months of benefit.

Food Pantry at Minot State University
Student Food Pantry List

Protein
Cans of Tuna*
Cans of Chicken*
Canned Stew
Canned Chili
Hash
Pork and Beans
Soups
Spaghetti Sauce*
Kidney Beans
Peanut Butter*

Canned Vegetables
Beans
Carrots
Peas
Tomatoes
Corn
Instant Potatoes
Spaghetti Sauce

Fruits
Canned Fruits
Fruit Cups
Dried Fruits
Jelly
Raisins
Juice Boxes

***Indicates high demand items**

If you would like to make a financial donation so that we can replenish the food pantry with necessary items, checks may be made to:

Lutheran Campus Ministry, memo: Food Pantry

Starches
Rice*
Pasta*
Macaroni and Cheese*
Crackers
Cans of Ravioli/Spaghetti O's*
Hamburger Helper
Boxed Meals*

Breakfast
Boxes of Cereal*
Instant Oatmeal (individual packets)*
Cereal Bars
Pancake Mix
Syrup
Pop Tarts
Muffin Mix

On the Go/Snacks
Tortilla Chips
Salsa
Pringles
Cookies
Granola Bars*
Microwave Popcorn
Easy Mac*
Microwaveable Non-Frozen Meals*

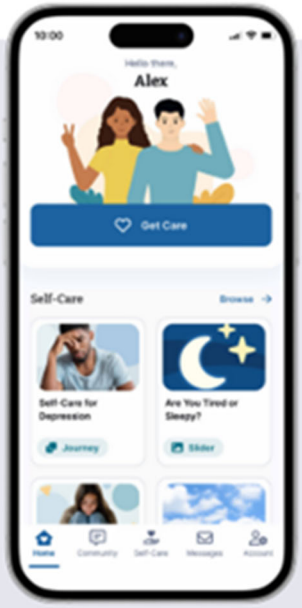


timelycare

Virtual Care From Anywhere



Get virtual health and well-being resources from your phone or computer



24/7 Virtual Health and Well-Being Support

- TalkNow
- Scheduled Counseling*
- Health Coaching
- Peer Community
- Self-Care Journeys
- Basic Needs

*12 visits per year

It's for Students. FOR FREE.

@timelycare

@timely_care

MINOT STATE UNIVERSITY | Student Health Clinic & Counseling Services

Visit **timelycare.com/minotstateu** to learn more.

©TimelyCare 2025

MINOT VETS FOR VETS PRESENTS

ALL-VETERAN'S GROUP



HONORING THE BRAVE TUESDAY @ 1730HRS

1ST & 3RD TUESDAYS

720 WESTERN AVE. SUITE 101, MINOT ND

(701) 852-1924,
MINOTVETSFORVETS@GMAIL.COM

Life insurance

Do you need Life Insurance
VA insurance options and eligibility



VA life insurance options - If you're ending your military tour of duty soon, you'll need to get new coverage quickly. In some cases, you must act within 120 days of leaving the military to be sure there's no break in your coverage.

About VA Insurance Options and Eligibility | Veterans Affairs

How do you know which life insurance program I'm eligible for?

Different programs cover Veterans (VGLI), service members (SGLI), and family members (FSGLI). You may also be able to get short-term financial coverage through TSGLI to help you recover from a traumatic (severe) injury. And if you have a service-connected disability, you may be able to get coverage through VALife.

VA-guaranteed home loan benefit



Veterans can use their VA-guaranteed home loan benefit more than once.

Did you know that you can use your VA-guaranteed home loan benefit more than once? Many Veterans and surviving spouses think it's a one-time benefit, but it isn't. The VA home loan is a lifetime benefit. In many cases, you can keep your current home and use your remaining entitlement to buy another home to live in.

Oberg Foundation awards Minot State student

By Michael Linnell

University Communications Director

The Brady Oberg Legacy Foundation has selected a Minot State University student majoring in psychology as the 2026-27 recipient of the Brady Oberg Legacy Scholarship. The scholarship provides a stipend ($5,000) intended to assist an individual with the completion of their chosen degree in the mental health care field.

To raise awareness of the invisible injuries of war, the recipient will remain anonymous.

Established in 2015, the Brady Oberg Legacy Foundation honors Brady Oberg, from Ulen, Minnesota, who joined the United States Army as an infantryman (11B) in 2009. He was deployed to Afghanistan and earned the Army Commendation Medal for saving four of his brothers in arms. The foundation raises awareness for post-traumatic stress disorder (PTSD), as Oberg took his own life in 2015, the works to inform the public, especially spouses and families, about the signs and effects of PTSD and how to locate assistance/treatment for PTSD.

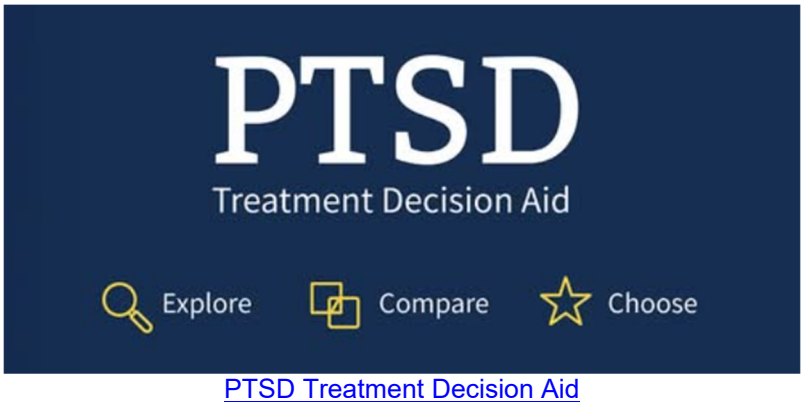
The scholarship is awarded to a combat veteran or honorably discharged service member pursuing a degree in addiction studies, psychology, or social work.

Along with the scholarship, the Brady Oberg Legacy Foundation sponsors multiple events and retreats for combat veterans, providing outdoor and recreational activities that allow combat veterans to enjoy those activities in the company of others with like experiences. For more information on upcoming events and the Brady Oberg Legacy Foundation, see the foundation's website.

About Minot State University

Minot State University is a public university dedicated to excellence in education, scholarship, and community engagement achieved through rigorous academic experiences, active learning environments, commitment to public service, and a vibrant campus life.

Oberg Foundation awards Minot State student



PTSD Treatment Decision Aid

It will give you the facts you need to make an informed decision.

Farm/Ranch Couples Night Out

Life on the farm is hectic, leaving little time for couples to get away together.
This is your opportunity!

Enjoy dinner and a fun, expense-free evening out with your spouse while at the same time learning strategies to improve communication and problem-solving.

Thursday, December 3 - 6:30-8:30 pm
Holiday Inn, 3903 State Street, Bismarck ND

For more information and to register, email Monica McConkey at monicamariekm3@gmail.com or visit eyesonthehorizon.org

** Space is limited. Register today!**

This effort is associated with North Dakota's State Suicide Prevention Program, funded by the ND Department of Health and Human Services (HHS), Behavioral Health Division (BHD)

Minot Edison Elementary Veterans Day Parade and program

Tuesday 10 Nov 1:50 to 2:10 pm Music program at 2:30 pm





North Central Veterans Stand Down - Minot ND 15 Oct 2026








HONOR ★ RESPECT
★ REMEMBER ★
VETERANS
DAY
Program
★ WEDNESDAY, NOVEMBER 11 ★
★ Program Starts at 11:00 AM ★
The Minot Auditorium
Afterwards, there will be
COMPLIMENTARY CHILI
held at the VFW.
Please Attend and Show
★ YOUR PATRIOTISM ★

FREC
Facilitating Racial Equity Collaborative

FREC GREATER MIDWEST PARTNERSHIP
RACIAL EQUITY CONFERENCE
overcomingracism.org

Weaving a Wider Community

sustaining the movement for racial equity

Saturday November 14 2026

Register here!

Minot, ND
Minot Area Workforce Academy
8:00 am – 2:00 pm

Morning: Two virtual presenters



Amanda Florence Garcia Goodenough
As a dedicated educator, Amanda operates from a cultural humility framework. She has 20 years of professional experience in justice, equity, decolonization, and interconnectedness (JEDI) efforts.



Victoria McWane-Creek
Victoria is a storyteller, social architect, word crafter, organizational effectiveness expert, and curriculum developer whose work is rooted in lineage, liberation, and community care.

Local event organized and sponsored by

hrc NORTH DAKOTA HUMAN RIGHTS COALITION

Both recorded and live components in a.m., community conversation in the afternoon, lunch provided.

FREE EVENT



MAKE A DIFFERENCE.

Become an advocate.

WORKSHOP
NAMI Smarts for Advocacy

DATE
December 3rd, 2026

TIME
5:30-7:30pm

LOCATION
On Zoom

Grassroots advocacyis aboutusing your voice to influence policymakers and make a difference.

Turnyour passionandyour lived experienceinto advocacy for mental health with the NAMI Smarts for Advocacy training.

NAMI Smarts for Advocacy will enhance your advocacy skills and help you shape a powerful and personal story that will move policymakers.

NAMI Smarts for Advocacy gives you step-by-step tools and the hands-on practice you need to feel confident and ready to make a difference.

REGISTER TODAY!

use the QR Code or click this link to register:
https://form.jotform.com/262945562786170

SMARTS | **For Advocacy**
www.nami.org

The Fargo VA is pleased to announce that Patient Assisted Parking is now available!



How It Works

1. 
   Arrive at Front Entrance
2. 
   Hand keys to Parking Attendant
3. 
   Attend Your Appointment
4. 
   Your vehicle is returned to Front Entrance and you can Head Home

Who Can Use This Service?
Veterans, patients and visitors

Service Hours
Monday–Friday,
7:00 a.m.– 5:00 p.m.,
excluding federal holidays

VA

U.S. Department of Veterans Affairs
Veterans Health Administration
Fargo VA Health Care System

Planning for the Future

ASSISTED LIVING AND NURSING HOME OPTIONS

SPACE IS LIMITED
ALL ATTENDEES MUST REGISTER

To register call or email Vickie Ness
701-239-3700 ext 3561
vickie.ness@va.gov

Join the Fargo VA Social Workers to learn more about the types of Senior Housing available, how to identify when more assistance is needed and how to prepare for these changes.

Other topics included:

- VA programs
- Finding the appropriate facility
- Documents to have on hand
- Resources for Aging in Place
- State Veterans Homes and eligibility
- Different Levels of Care

Williston CBOC
3210 27th St. W. Ste 206
Williston, ND 58801

November 10, 2026
Time: 1:30-3:30



Veterans Memorial Dedication Ceremony
Date: Wednesday, November 11, 2026 (Veterans Day) (Time : TBD)
Location: Minot Vets for Vets
720 Western Avenue, Suite 101
Minot, ND 58701

Wednesday, November 11, 2026, Veterans Day, as we proudly dedicate our new Veterans Memorial, located directly in front of our facility at 720 Western Avenue, Suite 101, Minot, North Dakota. This memorial has been created to honor the courage, commitment, and sacrifices of our nation's veterans, past, present, and future. It stands as a lasting reminder that the freedoms we enjoy today were made possible by generations of brave men and women who answered the call to serve, but this memorial is about more than remembering military service. It is about recognizing the families who stood beside our service members, the communities that welcomed them home, and the sacrifices that often go unseen. This memorial belongs to all of us.

With beautiful landscaping, seating, and a peaceful space for reflection, our hope is that it will become a cherished part of the Minot community, a place where families, friends, and future generations can gather to remember, reflect, and pay their respects.