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**RED & GREEN**

Vol. 110, Issue 3 • October 25, 2024

# Exploring Student Government Association

**Nicole Reeves**  
Comm 281

The Minot State University Student Government Association (SGA) is an impactful group on campus that makes decisions affecting all students and faculty.

A primary purpose of SGA is to be a voice for students. When members hear of a concern or suggestion from a student, they bring it forward for discussion and the association works to resolve the issue or improve the college experience of students.

According to Vice President of Internal Affairs Krista Permentier, SGA strives to give students a voice.

“SGA lows students to be a part of the change that they want to see in the community,” she said.

SGA is tasked with making large decisions about how the school is run such as how funds are allocated. Often, decisions made by administration must be approved by SGA before they can officially go into effect. SGA serves as a bridge between the student body and university administration.

Whether the issue is academic policy, campus safe-



Submitted Photo

Minot State University's Student Government Association. Pictured in the front row is **Morgan Perrin, Kinsey Fjeld, Faith Hauck, Alexa Munoz-Sakar, Keela Kary, Nicole Reeves, Kennedy Koshman,** and Ella Gilkerson. In the back row is **Isaac Patchen, Kid Demeke, Bryer Samuelson, Baden Gilkerson, Emmett Espino, Krista Permentier, Travis Smith, Drew Manley, Hayden Tinker, Noah Iosefa, Albert Demotte, Elisabeth Merchant.**

ty, or student services, the SGA ensures that the student voice is heard.

“Students should never hesitate to reach out to any of us,” SGA president Hayden

Tinker said. So how does student government work?

SGA is comprised of senators, three vice presidents, and a president. Senators

represent all the academic colleges. One vice president is in charge of finance, another internal affairs, and the third state affairs. SGA elections are held every spring.

Members are voted in by the student body and serve a one-year term. The entire association meets about twice a month.

There are additional com-

mittees that involve students and faculty that senators are required to serve on. Senators report back to the entire

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## MSU Life to host Halloween Event



**Kaif Khan**

Red & Green Staff Writer  
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Minot State University (MSU) is gearing up for a Halloween event that promises thrills and creativity.

On Oct. 27, students can experience a haunted house and a relaxing pumpkin painting session. The event, hosted by MSU Life, will take place from 7 to 9 p.m. MSU Life will set up the haunted house, and the pumpkin painting will be held in the Beaver Dam. For students looking to celebrate Halloween without leaving campus, this event offers an ideal mix of excitement and artistic expression.

Tables at the Beaver Dam will be set up with all the necessary supplies for pumpkin painting, including brushes, stencils, and a variety of paints.

Events like these play a key role in strengthening the campus community, offering students a break from their academic routines while providing memorable experiences. Students have worked closely with

MSU Life to ensure the event appeals to a broad range of students.

“The haunted house brings everyone together for a shared experience, and the pumpkin painting gives people a chance to unwind afterward,” said Jonny Velazquez, one of the event hosts. “It’s a perfect combination.”

Velazquez said, “Halloween is a holiday where you dress up and enjoy people’s company. You get to experience a pumpkin carving event as well, which helps with creativity.” The upcoming event at MSU fits perfectly, giving students the chance to dress up for the haunted house and then relax with music and painting.

This year’s event, with its thrilling haunted house and creative pumpkin painting session, provides students with the perfect way to celebrate the holiday together. Whether facing fears in the haunted house or showcasing their artistic side, the evening promises something for everyone. With the dedicated efforts of hosts Jonny, Kylin, Maizy, and Even, this event is sure to be a memorable blend of fun and fright for all.

## Trunk-or-Treat takes over Trick-or-Treat

**Alycia Codrington**

Comm 281

The idea of taking candy from strangers in cars has become the new norm during Halloween.

Trunk-or-treat is an alternative to the Halloween tradition, trick-or-treat; and these two traditions have been going back and forth for the past 30 years. Though these activities have key differences, they can be viewed in the same light.

Trunk-or-treat or Halloween tailgating, is an activity where people in a parking lot, decorate the trunks of their cars and children can collect candy and play small games. This provides a controlled environment for kids to participate in the Halloween spirit.

Trick-or-treat is a Halloween tradition where children and adults gown up in costumes and go door to door asking for treats while threatening to trick anyone who does not comply.

Both activities have the same outcome, children receive candy and pleasant memories.

The tradition of trick-or-treating dates to medieval Europe and Celtic holidays and surfaced in North America by the 19th century. Many stories and fabricated rumors followed suit, leading parents to look for a safer alternative; that can be found in the 1990s trunk-or-treat phenomenon.

With safety seeming to be the center of their concern; their concerns were rooted in a rumor from the 1960s. The gossip stated that sharp objects and poison were being placed in candy and handed out to children during the holiday, this caused hysteria throughout towns.

However, without any substantial evidence, this rumor has since been debunked. Though the trust in neighborhoods has dwindled.

When asking a random student in the hallway of Old Main at Minot State University, about how they felt about trunk-or-treating and they said:

“I personally dislike it; it ruins the decor of Halloween and makes people lazy

**See TRUNK — Page 7**

## Experiencing Halloween for first time

**Kaif Khan**

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While Halloween is celebrated in about 23 countries around the world, many others have little knowledge of this holiday. As October ends, excitement for Halloween grows at Minot State University (MSU). For many students, Halloween is a familiar tradition. But for others, particu-

larly international students and those from cultural backgrounds where it isn’t widely celebrated, it’s a new experience.

For these students, Halloween’s focus on costumes, trick-or-treating, and spooky decor can be both surprising and intriguing. MSU’s Halloween celebrations are designed to welcome everyone. Through campus events like costume parties, haunted houses, and pump-

kin carving, students experiencing Halloween for the first time are invited to join the fun.

Halloween’s roots trace back to ancient Celtic festivals, where people wore costumes to ward off ghosts. One of the most iconic traditions is trick-or-treating, which started in the 1920s and 1930s and gained popularity after World War II.

“I didn’t know what to expect,” said Saif Khan, recalling

his first Halloween in middle school. “I had never dressed up as a character and gone door to door collecting candy. In India, we do not celebrate Halloween, so it was a first for me, and I really enjoyed it.”

The author’s own experience with Halloween began in fifth grade. “It is not just a costume competition but a way to bring people together and introduce the act of giving,” he said.

The inclusivity of MSU’s Halloween events makes it easy for students to participate at their own pace. For those experiencing Halloween for the first time at MSU, the holiday is an opportunity to create lasting memories and engage with a new culture. Whether it’s pumpkin carving, dressing up, or braving a haunted house, Halloween at MSU offers something for everyone.



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Dear Readers,

College is a time for self-growth, late-night study sessions, and continuing your journey into adulthood. But amidst the whirlwind of classes and social life, it's easy to forget the decisions made by the city council, school boards, county commissioners, and politicians in Bismarck and Washington, D.C.

On Tuesday, Nov. 5, 2024, the decision is yours. Every election is important, but this one seems just a little more important. All told, five ballot measures will be decided to shape the future of North Dakota. But this election is about more than personalities: it is about policy, choices over who makes decisions on what you read and what you do with your body. We are also talking about your student loans, future job prospects, and even the kind of planet you'll inherit.

If you think voting doesn't matter, think again. Politicians pay attention to who shows up at the polls. If young people don't vote, their voices go unheard. This election, make your voice heard loud and clear. It is your decision. You can go quietly into the night or have your voice heard loud and clear by voting.

But before you cast that ballot, do your homework. Don't just vote based on a catchy slogan or a friend or family member's opinion. Dig deeper. Research the candidates and their stances on the issues that matter to you. There are resources available everywhere, on campus and online, to help you make informed decisions.

In North Dakota, five ballot measures matter. One measure will forge how spending is done at every level of government in North Dakota. That measure will directly impact you as a student and the staff at Minot State University. Researching and understanding what each ballot measure means is extremely important.

Voting is a right and it should not be taken lightly. It is your power to shape the future you want. If you're a resident of North Dakota, voting is easy. You go to the voting center in the municipality where you live, show your state ID or driver's license, and vote. If you're from out of state, you can go online to your state election website and request a mail-in ballot, but time is running short to use a mail-in ballot.

So don't just wing it – get informed, get involved, and get out there and vote.

Bob Patchen

Red & Green Advisor  
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Please feel free to contact me if you have a story idea, a club event, or any item that you'd like to see in the Red & Green.

MSU volleyball latest recaps

MOORHEAD, Minn. – The Minot State University volleyball team lost to the Minnesota State University Moorhead Dragons in three sets (25-20, 25-13, 25-20) Tuesday at Alex Nemzek Fieldhouse in Northern Sun Intercollegiate Conference (NSIC) action.

The loss dropped Minot State's record to 1-17 overall and 0-11 in NSIC play.

Paulina Kowalska led the Beavers' attack with seven kills. Viktoria Sedova led the team defensively with 11 digs.

The Beavers return home to host Bemidji State University on Friday at the MSU Dome and the University of Minnesota Crookston on Saturday.

Northern State 3, Minot State 0

The Minot State volleyball team lost to the Northern State Wolves in straight sets 25-16, 25-19, 25-11 Saturday at home at MSU Dome in NSIC action.

The loss dropped Minot State's record to 1-16 overall and 0-10 in NSIC play.

Paulina Kowalska finished with eight kills on the day to lead the Beavers offense. Defensively, Minot State had two players reach double figures in digs as Kowalska had 11

and Madelynn Boop had 10.

Univeristy of Mary 2, Minot State 1

BISMARCK – The Minot State volleyball team fell to the University of Mary Marauders in straight sets (19-25, 22-25, 22-25) Thursday on the road at McDowell Activity Center.

The loss dropped Minot State's record to 1-15 overall and 0-9 in NSIC play.

Southwest Minnesota 3, Minot State 0

MARSHALL, Minn. - The Minot State volleyball team lost to the Southwest Minnesota State Mustangs in straight sets (11-25, 17-25, 8-25) Saturday on the road at PE Gym.

The loss dropped Minot State's record to 1-14 overall and 0-8 in NSIC action.

Minnesota State 3, Minot State 0

MANKATO, Minn. - The Minot State volleyball team could not overcome an opposing Mavericks offense Friday on the road falling to Minnesota State in straight sets (19-25, 22-25, 17-25).

The loss dropped Minot State's record to 1-13 overall and 0-7 in NSIC action.

UPCOMING Events

Oct. 25-27: Inaugural Keyboard Arts Festival

Piano and organ teachers, students, and enthusiasts are invited to a weekend of recitals, masterclasses, and competitions at MSU. Guest artists include Dr. Beverly Everett, organ; and Oda Voltersvik, piano. All events are free and open to the public. The first 25 students registered for the competitions will receive a free ticket to the Minot Symphony Orchestra's concert, Oct. 26 at 7 p.m.

Friday, Oct. 25

Dr. Beverly Everett, guest organist masterclass, Ann Nicole Nelson Hall, 4:30 p.m.

Dr. Beverly Everett, guest organist recital, Ann Nicole Nelson Hall, 7:30 p.m.

Saturday, Oct. 26

Student Competitions, Hartnett Recital Hall, 8:30 a.m.

Piano Masterclass with Dr. Diana Anderson, Hartnett Recital Hall, 1 p.m.

Student showcase featuring competition winners, Hartnett Recital Hall, 2:30 p.m.

Minot Symphony Orchestra concert featuring Oda Voltersvik performing Edvard Grieg's Piano Concerto in A Minor. Tickets available HERE. 7 p.m.

Sunday, Oct. 27

Minot State University keyboard studio showcase, Ann Nicole Nelson Hall, 11 a.m.

Oda Voltersvik concert "Nordic Women Composers", Hartnett Recital Hall, 1:30 p.m.

Oct. 25: Men's Winter Refuge donations

The Community Leadership Institute is gathering donation items through Oct. 25 for the Men's Winter Refuge. Top-needed items include bus passes, gas cards, men's body wash, and toilet paper. Secondary items include bath towels, washcloths, men's t-shirts, pajamas, slippers, new or used backpacks, cereal, and microwaveable food. There is a tote for donations located in the Student Center Atrium near the bookstore. For monetary donations, bus passes and gas cards.

Oct. 26: Minot Symphony Orchestra presents 'Strangers in Paradise'

The Minot Symphony Orchestra presents the second concert of their 99th season on Saturday, Oct. 26 with Musicology (the study of music) at 6 p.m. and music at 7 p.m. in MSU's Ann Nicole Nelson Hall. "Stranger in Paradise" will feature the winner of the annual Young Composer Competition Ivy Kocher, Norwegian pianist Oda Voltersvik, and the choirs of Minot High School and Minot North High School.

Oct. 26: Retired orthodontist, violinist to autograph book at upcoming concert

Dr. Dennis Sommers, retired orthodontist, author, and passionate violinist, will be signing copies of his insightful book, "Retirement? You Can't Handle the Truth," at the upcoming Minot Symphony Orchestra concert on Saturday, Oct. 26 at 7 p.m. in Ann Nicole Nelson Hall.

Oct. 29 - Nov. 1: 'Rise and Grind' spring registration opens at Minot State

The Retain and Graduate Committee will hold a "Rise and Grind" event to help students enroll for Spring 2025 from Oct. 29 to Nov. 1 in the Beaver Dam. Students can "Grab a FREE Grande" and will be entered for a chance to win a \$100 SCHEELS gift card when they enroll during the first week or stop by and ask for help enrolling.

Oct. 29: FAIL= First Attempt In Learning workshop

Encourage your students to join the Academic Support Center (ASC) on Oct. 29 at 11 a.m. for a 30-minute workshop where students will change their view about failure and think of it more as an opportunity for growth. The workshop will take place in the ASC, lower level of the Gordon B. Olson Library.

Oct. 31: Minot State Dome to host Spooktacular Community-Wide Halloween Trick-or-Treat

Get ready for a fang-tastic time this Halloween! Minot State University is thrilled to invite the community to a spine-chilling yet family-friendly Halloween Trick-or-Treat event on the third floor of the iconic MSU Dome. Mark your calendars for Oct. 31, from 5-7 p.m., and join MSU for an evening of ghoulish fun, creative costumes, and sweet treats! Booth set-up begins at 3:30 p.m.

This year's Halloween celebration promises to be a monstrous success with a variety of activities and attractions for all ages. The third floor of the MSU Dome will be transformed into a haunted wonderland, featuring:

Trick-or-Treat Stations: Wander through an array of festively decorated booths where local businesses and student organizations will be handing out treats and goodies.

Costume Contest: Show off your Halloween spirit and creativity! Prizes will be awarded for the most original, scariest, and best group costumes.

Photo Booth: Capture memories with themed backdrops and props in our Halloween photo booth.

Games and Activities: Enjoy a range of spooky-themed games and crafts suitable for kids and adults alike.

Nov. 7-8: Little, Muralt present at NASW annual conference

Stephanie Little, assistant professor of social work at Minot State University, and Elizabeth Muralt, a senior BSW student at Minot State University, will present at the Illinois-Nevada-North Dakota National Association of Social Workers Annual Conference this fall. The 2024 NASW Chapters Virtual Conference: Empowering Social Workers takes place on Nov. 7-8. Little and Muralt will present on Nov. 8 on their session, "Unlocking Potential: The Transformative Power of Mentorship in Social Work. For more information, visit the NASW conference website.

Nov. 7: 2024 Global Sights Photo Contest deadline

Do you have an eye for photography? Have you traveled abroad? This photo contest is open to students, faculty, staff, alumni, and retirees. Only one photo can be submitted per person and it must have been taken by you, outside the United States. SHOW US THE WORLD! The submission deadline is Thursday, Nov. 7.

Nov. 8: Celebrate Veterans Day with poetry

Join us for the Second Annual Veterans Day Poem Contest! Robert Kibler, Minot State University English professor, and Andy Heitkamp, Military Resource Center director have once again joined forces for the second annual Veterans Day Poem Contest, inviting all Minot State University students, staff, faculty, and Minot community members to honor our military heritage through the art of poetry. Share your voice and perspective on "What I Have to Say About the U.S. Military." For questions, contact Robert Kibler or Andy Heitkamp by email.

Submission Details:  
Poem Length: 50 words or less  
Deadline: 12 noon, Friday, Nov. 8  
Categories:  
Student Category  
Faculty Category  
Staff Category  
Community Category  
Prizes:  
Category winners will receive a \$20 gift certificate  
One \$50 grand prize for the overall winner!

Nov. 14: Upcoming flu vaccine clinic dates

Upcoming dates for the 2024 Flu Vaccine Clinic will be as follows. The flu vaccine will be free for all enrolled students this year and continues to be free for staff and faculty that have Sanford Health Insurance, while supplies last. Staff and faculty are encouraged to provide their insurance information for billing purposes. Flu vaccines can be scheduled at the SHC as well, please call 701-858-3371 for any questions.

Thu Nov. 14, 9 a.m. - 12 p.m.

Student Center Atrium PARKING NOTICES

Wednesday, Oct. 30: The north side of the employee parking lot for the Student Center-Administration buildings will be reserved for NDAS-FAA workshop. Employees may use other green E lots. The lot reopens at noon.

Friday, Nov. 1: The Old Main Loop Lot will be reserved for the Northwest Festival. Those with green employee parking permits may park in other E lots or use free parking this day. Those with red student parking permits may park in other S lots or use free parking this day.

Tuesday, Nov. 5, and Wednesday, Nov. 6: The north side of the employee parking lot for the Student Center-Administration buildings will be reserved for MAFB 5th Bomb Wing guests. Employees may use other green E lots these days.

Wednesday, Nov. 13: The north side of the employee parking lot for the Student Center-Administration buildings will be reserved for an Entrepreneurship Event. Employees may use other green E lots. The lot reopens at 1 p.m.

Communication Disorders Clinic: The Communication Disorders Clinic will begin its Fall Sessions on Sept. 9 and run through Dec. 13. Many of our clients have difficulty walking or have

several small children. Please do not use Clinic Parking, which is directly in front and across the street from Memorial Hall on 11th Avenue, between 8 a.m. and 5:30 p.m. Monday through Friday. We appreciate your cooperation.

THIS MONTH IN PERFORMING ARTS

The Minot State University Division of Performing Arts will host the following events on campus during the month of October. All events are held in Ann Nicole Nelson Hall at Minot State unless otherwise noted. Check out the Minot State music department ONLINE for more information.

Oct. 25-27: Keyboard Arts Festival  
Oct. 26: Minot Symphony Orchestra: Stranger in Paradise, 7 p.m.

Oct. 30: Minot Concert Band, 7:30 p.m.

UPCOMING IN ATHLETICS

The Minot State Athletic Department has the following home events planned for the week of Oct. 21-Oct. 27. Visit MSUBeavers.com for more information.

Friday, Oct. 25

Volleyball vs. Bemidji State, MSU Dome, 6 p.m.

Saturday, Oct. 26

NSIC cross country Conference Championships, Souris Valley Golf Course, 10 a.m.

Volleyball vs. Minnesota Crookston, MSU Dome, 2 p.m.

Women's hockey vs Midland, May-sa Arena, 3:45 p.m.

Sunday, Oct. 27

Women's hockey vs. Midland, May-sa Arena, 1 p.m.

Men's and women's wrestling intersquad dual, MSU Dome, 2 p.m.

IN THE GALLERIES

Northwest Arts Center

The gallery is located on the lower level of the Gordon B. Olson Library, with its own entrance on the south side of the library. The arts center is open Tuesday-Friday, 10 a.m.-5 p.m., Saturday 1-5 p.m., and by special arrangement. It is closed on holidays.

INT'L All Media 2024: The Northwest Arts Center is excited to host the "INT'L All Media 2024" annual juried exhibition for its 29th year. The exhibition is on view from Oct. 3 through Nov. 23 in the Walter Piehl Gallery. We welcome Catherine Graffam as our juror for this year's INT'L All Media annual exhibition. Graffam is an artist and educator based in Portland, Maine. A closing reception and online viewing with the juror are scheduled for Thursday, Oct. 24, from 6:30 to 8 p.m. Both the exhibition and reception are free and open to the public. Please see the reception event or the NAC website for more details.

The Space in Between: The Northwest Arts Center presents "The Space in Between," an exhibition by Nebraska artist and All Media 2023 Best of Show recipient Donald Robson, on view in the Northwest Arts Center's Walter Piehl Gallery from Oct. 10 until Nov. 23. "The Space In Between," also known as the 'Ma' in Japanese, refers to the gap or emptiness that exists between objects, situations, or relationships. Exploring themes of depression, loss, longing, and acceptance, Robson's work allows him to find peace with the plight and condition of people he knows and doesn't know. A reception with the artist is scheduled for Thursday, Oct. 10, from 6:30-8 p.m. Artist talk to begin at 7 p.m.

Flat Tail Press

Flat Tail Press is an educational printmaking studio at Minot State University. The gallery is located in the landing space on second and third floor of the Minot State Student Center, west entrance. It is open during normal Student Center hours.

The Truth of Intuition: Christopher Reno studied painting, drawing, and printmaking at Knox College, The New York Studio School, Robert Blackburn's Printmaking Workshop, Flatbed Press in Austin, Texas, and the MFA program of The University of Iowa. He is currently the Gallery Director and assistant professor of art at St. Ambrose University in Davenport, Iowa. The exhibition will be on display from Oct. 4-Jan. 30.

Taube Museum of Art

Undone: The "Undone" exhibition by Ryan Stander, Minot State University art professor, is on view from Oct. 16 to Nov. 22 at the Taube Museum of Art. An opening reception with the artist is scheduled for Thursday, Oct. 17, from 5-7 p.m. at the Taube. "Undone" is an ongoing series of wet-plate collodion self-portraits wrestling with his recent health trauma. The work explores the wide-ranging experiences associated with traumas' undoing of a life and body. Stander will hold an artist lecture at the Taube on Saturday, Oct. 19, from 11 a.m. to noon. The exhibition is on view from Oct. 16 to Nov. 22. .



RED & GREEN

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# Students excel at Cannabis Research Conference

**Michael Linnell**  
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Minot State University chemistry students Sebastian Ayala, along with the team of Hanna Mackeprang and Jasmine Joy Molina, earned high honors at the 8th annual Cannabis Research Conference in Fort Collins, Colorado.

Ayala was the top student poster at the entire conference, beating out 30 other posters from around the nation, including work done by graduate students. Mackeprang and Molina finished third overall.

“It felt like quite the accomplishment,” Ayala said of his experience winning the poster session. “I honestly did not know that the presentations were part of a competition and just genuinely enjoyed talking about my research to anyone who stepped up. This was my first time at any research conference and my first time doing a poster presentation on my research. The experience was great since the conference was held in my hometown of Fort Collins, and I felt at home again.

“The conference itself was very eye opening into the number of different types of research people from around the U.S. are doing for the cannabis industry. My favorite conversations of the week were had in that hour with people who are in the field and want to do more research into what I was looking at. I did not expect to get an award or recognition, but it was a very pleasant surprise.”

The students are a part of Minot State’s groundbreaking medicinal plant chemistry program, conducting research in MSU Assistant Professor of Chemistry Genevieve Kahrilas’s program centering around the chemical analysis of THC-derivative vaporizer cartridges.



Submitted Photo

The Minot State chemistry students review a poster at the Cannabis Research Conference in Fort Collins, Colorado.

“My background is in chemical analysis, and before becoming a professor, I worked in industry testing pharmaceuticals. Analyzing cannabinoid products has long been on my radar and something I had some experience with, so I was excited to start researching these products when I took over the medicinal plant chemistry program,” Kahrilas said. “Now that cannabis is being rescheduled from I to III, the demand for quali-

ty chemical analysis and research is going to absolutely explode, and I’m super excited to be at the forefront of it all.” While the industry is moving rapidly, so is the Minot State program. Just in its sixth academic year, medicinal plant chemistry continues to evolve at nearly the same rate. “It’s absolutely exhilarating,” Kahrilas said. “As a researcher and a scientist, it is incredibly rare to even have the chance to

be on the cutting edge of anything. This presents a fantastic opportunity for someone like me to get a foothold in the research as it is beginning and a chance for Minot State to make a name for itself in a rapidly developing and in-demand field.” “It has been a really great experience overall. I have learned so many different areas of chemistry that all apply to both my degree and my research, and I’m grateful that the

school offers research opportunities,” added Mackeprang. “The most interesting part so far has been getting to work with an HPLC. It was a rough start getting the HPLC to run to the standards we needed for our research, but that was the best part. “We encountered more problems than we will probably ever experience when working in the field. We have learned how to fix and change parts on the HPLC, identify and fix

errors, and perform general maintenance when working with such an instrument.” Because of the small class sizes and hands-on nature of Kahrilas’s labs, the trio has collaborated during their time at MSU. “Jasmine and I have focused on verifying label claims and the importance of degradation studies, whereas Sebastian’s main focus is identifying unknown compounds in these types of products,” Mackeprang explained. “I personally prefer to work collaboratively, especially since we all work really well together. I also find what Sebastian is doing very interesting, and working collaboratively allows me to experience that.”

While this was the first time the group had presented at this conference, Kahrilas was very familiar with the Cannabis Research Conference as it was at her alma mater, Colorado State.

“I’ve personally been to a large number of conferences (20-30) and have presented talks at many of them — 10-20 at this point,” she said. “This was the best experience I’ve ever had at any conference. The combination of our success plus being back at CSU and Ft. Collins for the first time since I got my Ph.D. 10 years ago made this a magical experience.”

Mackeprang agreed with the success of the event.

“I had an amazing time at the conference,” she said. “This was my first time both attending a conference and presenting at one. It was intimidating at first, but I realized while presenting that all attendees were there in the interest of science and not to criticize our work. Meeting with people who have been doing research on cannabis was one of my favorite parts of the conference.”

## Networking drives career success for MSU graduates

**By Madelen Wick**  
Comm 281

Networking is an essential skill for students preparing to enter the professional world.

“Sometimes it can happen out of nowhere, but if you put yourself out there, you will get noticed. It’s just a matter of when,” said Cole Clementich, a graduate assistant and Minot State University alumnus.

With over 700 students enrolled as seniors this year at Minot State University, the 2025 graduation will bring hundreds of young professionals into the workforce. When it comes to career development, one of the most overlooked resources at MSU is Career Services.

Career Services provides resources like career guidance, cover letter and resume assistance, employment opportunities, and mock interviews. Located in the Academic Support Center on the lower level of the Gordon B. Olson Library, the office also helps students find internships that align with their career aspirations. By forming connections with industry professionals, students open doors to opportunities that may otherwise remain closed.

“When you make connections with people in your respective industry, odds are they have reached somewhere big in the professional world or are on their way up. It’s good to have relationships with those types of people. For me, I have a connection with MSU alumnus Greg Spencer, who is now a videographer for the Phoenix Suns. It’s a smart thing to have in your back pocket,” said Clementich.



Cole Clementich

Making a strong first impression is one of the most important steps in building connections. Career Services offers personal guidance on creating materials that showcase who you are as a professional so you can give a standout impression.

“My advice for students is to take in all of what you learned and put it together in a professional resume or physical handout. Listen to the experts and take advantage of faculty like Lynda Bertsch who do these things for a living. I know some haven’t learned to write a resume or make a website portfolio, but they really do help showcase you and put your best work forward for others to see,” said Clementich.

The Career Services team provides students with career exploration resources tailored to 25 different majors, helping them navigate career paths that are typically associated with their degrees. MSU also offers platforms like MSU Job Link and Career One Stop, which list job openings and internships both in-state and out-of-state.

Students are encouraged to attend MSU net-

working events like career fairs and workshops where they can engage with potential employers and alumni. A standout event that shows MSU’s commitment to professional development is the annual Etiquette Luncheon, happening Thursday, October 24, 2024. This event, open to all majors and free to attend, teaches students essential etiquette for professional settings.


“There’s a benefit to networking through many different avenues,” Clementich said. “I’ve found KMSU and graduate assistant opportunities through in-person dialogue or by going to events and connecting with the right people.”

Clementich’s own journey shows the importance of building connections.

“When I did freelance sports coverage through the Minot Sports Podcast, I would make an effort to get to know people at all the games I covered. I would always catch MSU Athletics graduate assistants of the past and get to know them and how they got to where they’re at,” he said.

Career Services resources are available to empower and assist students in making informed career decisions and building a strong professional network as they prepare to enter the workforce. With the right tools and support, the transition from student to professional can be a smooth and successful journey.

For more information on the resources available through Career Services, students can visit the Academic Support Center or check the Career Services page on MSU’s website.




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# Minot State football battles NSIC opponents

BEMIDJI, Minn. – Minot State University football team lost to Bemidji State University 21-9 on the road Saturday afternoon.

Bemidji State improved to 5-2 overall and 4-2 in Northern Sun Intercollegiate Conference (NSIC) play, while Minot State fell to 4-4 overall and 3-4 in the conference.

Despite a strong defensive effort, Minot State struggled offensively against the top-ranked NSIC defense.

“Give credit where credit is due – Bemidji State played well and executed their plan,” Minot State head coach Ian Shields said. “That’s a well-coached, mature team... Their defense is excellent, and we struggled to move the ball all day.”

Evan Lovett led the Beavers’ rushing attack with 57 yards and one touchdown, averaging 5.7 yards per carry. Carson Chrisman added 42 yards on the ground.

Caleb Schmidt led the Minot State defense, recovering one fumble. Josh Will added three tackles, 1.5 tackles for loss, and 1.5 sacks. Carson Cayko registered the other half-sack.

Minot State forced one turnover, which they converted into six points. The Beavers’ defense held Bemidji State to 250 total yards.

“Our defense played well and gave us a chance,” Shields said. “It’s frustrating because we’ve been close against a couple of good teams lately. We just need to keep improving.”

Key moments, including fourth downs and the turnover battle, were not in Minot State’s favor.

“There were some uncharacteristic mistakes and missed opportunities,” Shields remarked. “We turned the ball over twice, and we just aren’t equipped yet to overcome that... Bemidji State did a nice job converting on fourth downs.”

Even with Minot State now at .500 for the first time this season, Shields is excited about the remaining games.

“There’s a lot to be excited about and play for here down the stretch,” he said.

## Augustana Defeats Minot State 20-7 for First Beavers Home Loss



Minot State’s Evan Lovett scores a touchdown against Wayne State. Photo by Wayne State College Athletics. Submitted Photo

Augustana (S.D.) defeated Minot State 20-7 Saturday afternoon, handing the Beavers their first home loss of the season. Augustana improved to 4-2 overall and 4-1 in Northern Sun Intercollegiate Conference play, while Minot State fell to 4-3 overall and 3-3 in the NSIC.

Despite the loss, Minot State coach [Coach’s Full Name] said he was pleased with his team’s effort. “I’m proud of the fighting, the effort,” he said. “That’s an established program, a veteran team with a lot of talent on the roster, so I thought we did a lot of great things to be proud of.”

Augustana jumped out to an early 17-0 lead before Minot State scored a touchdown in the third quarter to cut the deficit to 17-7. Augustana added a field goal to secure the

victory. Carson Chrisman led the Minot State rushing attack with 71 yards and one touchdown on 12 carries. Evan Lovett added 41 yards on 10 carries. Jonathan Noriega had two receptions for 47 yards.

Cody Raetzman and Logan Rouse each had six tackles for the Beavers defense. Kevin Speed, Noah Josefa, and Deshawn Carter each recorded one tackle for loss.

Minot State held Augustana to 349 total yards.

“We’re the least penalized team in the nation coming into today’s game with 17 penalties all season,” [Coach’s Last Name] said. “We got called for eight penalties today. That’s out of character for us.”

He added, “That’s where the bar is set in this conference, when you look at the standard

conference championship playoff teams...we played hard, at times played well. We’re just inconsistent. We did some things that were uncharacteristic of us all season.”

## Minot State Falls Short at Wayne State Despite Strong Rushing Performance

WAYNE, Neb. – Minot State rushed for 253 yards and two touchdowns but fell to Wayne State 27-21 Saturday at Memorial Stadium.

The Wildcats improved to 4-1 overall and 3-1 in NSIC play, while the Beavers dropped to 4-2 overall and 3-2 in the conference.

“It’s just a tough loss and it was an extremely competitive game,” Minot State coach Ian Shields said. “We had opportunities to make it different, but we were a play or two

away from getting it done on the road.”

Evan Lovett led the Minot State rushing attack with 77 yards and a touchdown on 18 carries. Carson Chrisman added 69 yards and a touchdown on 14 carries, and Tyson Ruzicka chipped in with 67 yards on nine carries.

Jonathan Noriega had two receptions for 34 yards and a touchdown.

Jalen Corpew had 1.5 tackles for loss for the Minot State defense, and Cody Raetzman led the team with nine tackles.

Minot State held Wayne State to 95 passing yards but struggled to contain the Wildcats’ rushing attack, which was led by quarterback Nick Bohn.

“Give credit to Wayne – that’s a good team that’s used to winning,” Shields said. “Their QB (Bohn) is a special player, and we struggled getting him con-

tained and their offense off the field in critical situations.”

Minot State opened the scoring with a touchdown on its first possession. Wayne State responded with 21 unanswered points to take a 21-7 lead.

The Beavers cut the deficit to 21-14 before Wayne State scored again to extend its lead to 27-14. Minot State scored a late touchdown to make it 27-21, but the Wildcats held on for the victory.

“Our men played hard, battled through some real adversity, and there were some real positives as well,” Shields said. “I’m proud of the competitive spirit this team has shown and there’s a lot of heart and fight in our locker room. We will grow from this collectively and move forward.”

# Men’s golf team ties for 3rd in last fall season competition

LARCHWOOD, Iowa. – The Beavers golf teams completed their fall season this afternoon at the USF Invitational hosted at the Grand Falls Casino & Golf Resort.

The men’s golf team climbed up from 4th place after the first 18 holes of the tournament to finishing tied for 3rd with University of Minnesota-Crookston. Both teams shot a team-total of 602. The Beavers shot an equal team-total of 301 on both round 1 and round 2.

Leading the men’s side was Jace Carslisle, who climbed from being tied for 24th to finishing tied for 4th. Carslisle shot a total of 144 (76-68).

Following Carslisle was Chase Gedak who shot a total of 150 (72-78) placing him tied for 17th. Darien Herlick finished tied for 20th shooting 151 (74-77). Winston Grayson placed tied for 39th shooting 158 (80-78). Zach Hendrickson placed tied for 49th shooting 163 (79-84).

Playing as an individual was Joshua Tu, who finished tied for 20th after shooting 151 (68-83).

Taking the men’s title of the USF Invitational was Winona State after shooting a team-total of 566 (282-

284).

The women’s golf team finished the USF Invitational in 7th place with a team-total of 668 (339-329).

Leading the women’s side was Lauryn Keller who shot a total of 164 (81-83) finishing tied for 24th.

Following shortly after Keller was Holly Knudsen who finished tied for 27th shooting 165 (80-85). Taylor Cormier climbed from 48th to finishing tied for 27th after shooting 165 (89-76). Finishing tied for 45th was Zoe Banack who shot 180 (95-85). Tied for 50th place was Abigail Goettle shooting 183 (89-94).

Taking the women’s title of the USF Invitational was Wayne State after shooting a team-total of 626 (309-317)

“We have had a pretty good fall on the Men’s and Women’s sides, with definite improvement by both teams in scoring average compared to last year. The men have made a huge leap from last year in terms of scoring average. We have been really impressed with our freshman Darien and Winston. They have provided us with a consistency and depth that we have not had in a long time here at Minot State, and they have

been awesome to watch come in and produce right away. We have seen some good things out of the rest of our roster on the men’s side, as for the most part they have taken advantage of their opportunities when they have competed

as individuals, which has been good to see.” Said head coach Eli Mihalick when asked about his impression of the men’s team from the fall season.

“The women have had a pretty solid fall as well, even though the finishes might not reflect how well the ladies have played so far. Losing Taylor before the season started was a big blow to the women’s team, but we have been impressed with their resiliency, as they have still continued to improve on their scoring averages. Holly Knudsen has had some really good finishes for us this year, topped off by her tie for first place at the UMary Fall Invite, which she lost on the second playoff hole.” Said head coach Eli Mihalick when speaking about the women’s fall season.

The Beavers golf fall season has come to an end, but the Beavers will return in spring for the 2025 spring season.

# Senior guard from Gunville player to watch in basketball

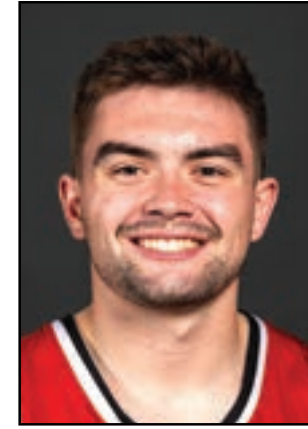
Minot State senior guard Jaxon Gunville has written his name into the record books as the Beavers’ NCAA Division II-era 3-point career leader, and is poised to make a run at the all-time record.

Just one reason the Beavers’ 6-foot guard was highlighted as the NSIC Player to Watch for Minot State as the league announced its preseason poll and Players to Watch on Thursday.

Gunville has knocked down 205 career 3-points and needs 56 more to tie the all-time record of 261 held by Thomas Korf. Last season, Gunville helped lead Minot State to its first-ever NCAA Top 25 ranking as he averaged 10.1 points, 2.2 rebounds, and 1.3 assists per game for the Beavers while tossing in 73-of-205 3-pointers (35.8 percent).

While Gunville was named a Player to Watch, the Beavers as a team were picked to finish 10th in the 2024-25 NSIC Men’s Basketball Preseason Coaches’ Poll, collecting 90 points in the vote by the coaches.

Gunville and the rest



Jaxon Gunville

of the Minot State men’s basketball team open the 2024-25 season on the road at the Conference Challenge Tournament hosted by Minnesota Duluth, playing East Central (Okla.) on Friday, Nov. 8, and Southeastern Oklahoma State on Saturday, Nov. 9. The Beavers make their home debut on Wednesday, Nov. 20, hosting Jamestown at 7:30 p.m.

Defending National Champion Minnesota State was a slim favorite to win the league title, earning 186 points and 8 first-place votes, while Minnesota State Moorhead is nipping

at the Mavericks heels as the No. 2 pick with 6 first-place votes and 183 points. Minnesota Duluth earned 1 first-place vote and 172 points as the No. 3 pick.

Rounding out the poll, Southwest Minnesota State was picked fourth with 152 points, Bemidji State was picked fifth with 121 points, Augustana was picked sixth with 117 points, Sioux Falls was picked seventh with 116 points, Concordia, St. Paul was picked eighth with 96 points, Minot State was 10th with 90 points, Winona State was 11th with 84 points, Wayne State was 12th with 57 points, Northern State was 13th with 52 points, Minnesota Crookston was 14th with 24 points, and Mary was 15th with 20 points.

The NSIC also announced that Minnesota State, Mankato’s senior 6-5 guard Kyreese Willingham was selected as the Preseason Player of the Year. Willingham was a First-Team All-NSIC selection last season and the Central Region Tournament MVP.



Submitted Photo

Students from area high schools attended a Tech Day at Minot State University on Oct. 16. It is an annual event showcasing area secondary business students as they compete in various business and technology-related competitions

## SRT Tech Day winners announced

**Michael Linnell**  
Director of University Communications  
red&green@minotstateu.edu

Area high school students excelled at SRT Tech Day held at the Minot State University Student Center Conference Center on Wednesday, Oct. 16.

SRT Tech Day is an annual event showcasing area secondary business students as they compete in various business and technology-related competitions. The event returned last year after a break due to the COVID-19 pandemic, with 2024 being the 24th year of the event.

Multiple area schools participated in the SRT Tech Day in competitive events and break-out sessions

on data analytics, cybersecurity, Esports, and employment skills. See the below list of SRT Tech Day 2024 award winners.

**Accounting** — First place: Missy Kuhnhehn, TGU-Towner; Second place: Sadie Lemer, Drake-Anamoose; Third place: Gunner Moberg, Tioga

**Business Communication** — First place: Phoebe Fan, Bottineau; Second place: Clara Ankenbauer, Bowbells; Third place: Mason Schuh, Drake-Anamoose

**Business Fundamentals** — First place: Payten Lindbo, Our Redeemer's Christian School; Second place: Reese Richter, Nedrose; Third place: Jade Uhlich, Drake-Anamoose

**Business Law** — First place: Zack Volson, Drake-Anamoose; Second place: Trevor Kreklaun, Bowbells;

Third place: Haddlee McCarthy, Powers Lake

**Cybersecurity** — First place: Aiden Kidwell, Nedrose; Second place: Michael Crowder, Powers Lake; Third place: Kale Deatherage, TGU-Granville

**Personal Finance** — First place: Griffin Wilhelmi, Stanley; Second place: Brylee Beeter, South Prairie; Third place: Dillon Dragseth, TGU-Towner

**Presentation Software** — First place: Payton Lystad, Stanley; Second place: Brea Pitner, Nedrose; Third place: Gracie Rauschenberger, South Prairie

**Spreadsheets** — First place: Morgan Schwartzkopf, Nedrose; Second place: Rebecca Maroney, Bowbells; Third place: Rilee Thompson, Berthold

## NoDaKon: Cybersecurity in digital age

**Saif Khan**  
Red & Green Staff Writer  
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As the digital world evolves, so do the dangers of online activity. This year's fourth annual NoDaKon at Minot State University (MSU) focused on one of the most important issues: cyber safety. The event gathered experts and professionals from various industries to discuss the need for cybersecurity awareness. Nodakon 2024, sponsored by the MSU Cultural and Intellectual Engagement Council, provided valuable insights into online threats and ways to protect both personal and professional assets.

The event was designed for anyone seeking a better understanding of online risks, whether for personal or business reasons. With cyberattacks and online fraud becoming more common, individuals need to take action to protect themselves and their families.

Nodakon kicked off with a Cybersecurity Summit, fea-

turing three critical sessions:

Session 1: "Online Predators and Safety" focused on recognizing and avoiding malicious individuals targeting vulnerable users, especially children and teens, on social media and other platforms. Cyber expert Jersey Kelly (SRT) emphasized keeping children away from websites that might contain malware.

Session 2: "Financial Threats and Crimes" explored cyber fraud, phishing schemes, and financial scams. With cases of identity theft and bank fraud on the rise, this session was crucial for anyone engaging in online financial transactions. Investigator Jacob Rued stressed the importance of not clicking on random links in emails or texts and avoiding sending checks through the mail.

Session 3: "Risk Management: Professional and Personal Advice" provided an in-depth look at how individuals and companies can manage their risk exposure, particularly regarding sensitive information.

Jennifer Sackett, Business Applications and Data Director at Connexus Energy, delivered the keynote address, "Protecting Our Infrastructure." Sackett, drawing on her experience with technology initiatives in the energy sector, discussed how infrastructure vulnerabilities can impact daily life and how to mitigate these risks.

Tech entrepreneur Jesse Clark, known for his innovative solutions in cybersecurity and bug bounty hunting, discussed how to learn bug bounty hunting—finding vulnerabilities in websites and reporting them to companies for rewards. Clark, with over 10 years of experience, gave an informative presentation on the topic.

As technology advances, so do the methods used by cybercriminals, making events like Nodakon more critical than ever. The event offers students, professionals, and community members the chance to learn from experts, network with peers, and gain a clearer understanding of current cyberse-

curity threats.

"We live in a digital age where the threats are constant and evolving," said Clark. "Everyone—whether you're a business owner, a student, or just someone who spends time online—needs to understand the basics of cyber safety."

## Minot State vet program eases transition to civilian life

**Saif Khan**  
Red & Green Staff Writer  
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Transitioning from military service to civilian life can be challenging, especially when returning to university for a degree. However, the discipline and resilience instilled in veterans during their service are powerful assets as they pursue higher education.

At Minot State University (MSU), the commitment to creating a supportive atmosphere for veterans and active-duty service members is evident through the dedicated efforts of faculty and staff.

Andrew Heitkamp, Veterans Services Director, is key to this mission. He began his journey in higher education in 1984 as a coach and has held various educational roles for nearly 25 years. He joined MSU in 1994. Having served in the North Dakota Army National Guard, Heitkamp understands the unique challenges veterans face. His passion for helping veterans stems from a family legacy of military service.

"There wouldn't be a veterans program at MSU without the support of the university and the broader community," Heitkamp said. "Our supportive community is what allows us to help veterans, active-duty members, and their spouses. We strive to ensure they feel comfortable and welcomed here."

Adjusting to civilian life can be tough, but Heitkamp emphasizes that veterans possess the skills necessary to succeed. "It's not easy to adjust to normal things," he explained. "That's where our program comes in—we're here to show them that it's okay to ask for help."

It's all about helping them find their way."

Within the veterans program, experiences vary. Some veterans adapt well to student life, while others need additional support. According to Heitkamp, resilience is crucial. Veterans often exhibit a strong mentality shaped by their military background, which can be both a strength and a challenge.

As Veterans Day nears, it is a time for reflection and gratitude. Heitkamp encourages the MSU community to engage in conversations about veterans' experiences. "Veterans Day means a lot to me," he said. "It's a day to thank veterans for their service and sacrifices. Understanding their journey helps build connections and a sense of belonging."

Among the veterans enrolled at MSU is Tanner Rafteseth, a combat engineer with the North Dakota Army National Guard with over 14 years of service.

"I apply the lessons I learned in the military to my student life every day," said Rafteseth. His journey reflects the core values instilled during his service: discipline, responsibility, and accountability. He uses these lessons to adjust to life as an MSU student. His advice to other veterans and new students? Ask questions, and ask them often. If they don't know the answer, ask others who do. Have initiative as a student."

In a world where transitions can be daunting, the veterans program at MSU provides support, empowering service members to reach their potential. This demonstrates a commitment to community, understanding, and gratitude for those who have served.

## Beavers start first season under coach Ryan Clark as underdogs

The debut season for Minot State women's basketball head coach Ryan Clark started this week with a preseason poll tabbing the Beavers as underdogs.

The NSIC released its 2024-25 Women's Basketball Preseason Coaches' Poll and the league's coaches picked the Beavers to finish 14th in the program's first season under Clark's leadership.

The Beavers were 14th in the coaches' poll with 33 points.

Along with the poll, the league also announced its Preseason Player of the Year and Players to Watch from each team, and Minot State guard Sydney Gustavsson was highlighted as the Beavers' Player to Watch this season.

Gustavsson, a 5-foot-7 senior, led Minot State averaging 12.1 points per game last season while adding 3.6 rebounds and 1.7 assists per outing.

Gustavsson and the rest of the Minot State women's basketball team open the 2024-25 season on the



Sydney Gustavsson

road at the Division II CCA Tip-Off Tournament hosted by Montana State Billings as the Beavers play Union (Tenn.) on Friday, Nov. 1, Findlay (Ohio) on Saturday, Nov. 2, and Texas A&M International on Sunday, Nov. 3.

The Beavers make their home debut on Wednesday, Nov. 20, hosting Mayville State at the MSU Dome at 5:30 p.m.

While Gustavsson was highlighted for Minot State, Northern State's 6-foot-3 junior center, Madelyn Bragg, was named the NSIC Preseason Player of the Year. Bragg was a First-Team All-NSIC selection last season.

As for the rest of the preseason poll, defending National Champion Minnesota State was the heavy favorite among the league's coaches to win the NSIC title as the Mavericks picked up 12 first-place votes and 194 points. Northern State was the No. 2 pick with 3 first-place votes and 184 points.

Concordia, St. Paul was third with 162 points, Southwest Minnesota State was fourth with 147 points, St Cloud State was fifth with 131 points, Minnesota State Moorhead was sixth with 125 points, Sioux Falls was seventh with 122 points, Minnesota Duluth was eighth with 119 points, Mary was ninth with 96 points, Winona State was 10th with 76 points, Augustana was 11th with 70 points, Minnesota Crookston was 12th with 48 points, Wayne State was 13th with 45 points, Minot State was 14th with 33 points, and Bemidji State was 15th with 23 points.

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Sean Arbaut

Minot State’s Addison Dyck celebrates with teammates after a Beaver goal on Saturday in Minot State’s 8-1 win over visiting Arizona.

# Bobcats edge Beavers 2-1 in overtime

Minot State University fell 2-1 in overtime to the Ohio University Bobcats in a tightly contested home opener at Maysa Arena.

The first period was a goaltending duel, ending in a 1-1 tie. Beavers goalie Jake Anthony made five saves, while Bobcats goalie Scott Bird stopped all 12 shots he faced.

Minot State took the lead in the second period with a power-play goal by Jay Buchholz, assisted by Austin Clyne and Christian Kadolph, at 19:27. Anthony remained perfect in the second, stopping another 12 shots.

The Bobcats responded in the third period with a goal by Nolan Abraham, assisted by Spencer Schons and Donovan Burdette, at 13:25.

Bird was equally impressive, stopping all nine shots he faced in the third.

The back-and-forth battle continued into overtime, where Ohio University ultimately prevailed. Spencer Schons scored the game-winner at 1:36, assisted by Mathieu Ovaert.

Both teams played well, but Ohio University emerged victorious, dropping the Beavers to 3-1-1 on the season.

## Beavers keep on rolling, net 5-1 win over visiting Jamestown

The Minot State women’s hockey team has become an offensive powerhouse of late.

Finding their rhythm in the attacking zone last weekend, the goal-rush continued Friday afternoon for the Beavers who netted a 5-1 win over visiting Jamestown at the Maysa Arena in WMCH action.

The two teams meet again at 3:45 p.m. on Saturday at the Maysa Arena to wrap up their weekend series.

Coming off a 13-goal effort last weekend in a pair of wins, Minot State (3-2-0 overall, 3-2-0 WMCH) continued to put pucks in the net against the Jimmies (1-2-1, 0-2-1) as Paige Kozak scored her first of two in the contest just past the midway point in the opening period.

Kozak then made it a 2-0 game, scoring 6 minutes, 59 seconds into the second period before Kiran Vugteveen broke up the Beavers shut-out bid and made it a 2-1 contest.

It didn’t stay a one-goal

game for long though as 3:37 later, Makenna Beard netted her first of the season, giving the Beavers a bit of breathing room.

Minot State then iced the win with a pair of power-play goals in the third period, the first from Krissy Rink with 2:52 gone, then the second was collegiate goal No. 1 for Addison Dyck with just 29 seconds left on the clock.

Maddie Beek, Matayah Metz, Kaitlyn Snyder, Tori Bear, Journey Miller, Olivia Opheim, Dyck, and Rink all had an assist in Friday’s win, and Minot State goalie Haylie Bieber made 20 saves in the victory.

## Late rally by Jamestown sends Beavers to first defeat of season

JAMESTOWN – The host Jamestown Jimmies put together a late rally that spoiled the Beavers’ perfect start to the season.

Three unanswered goals by the sixth-ranked Jimmies led them to a 5-2 win over No. 1-ranked Minot State on Thursday night in Midwest Collegiate Hockey conference action.

The game closed out a four game stretch on the road for the Beavers (3-1-0 overall, 3-1-0 MCH) to start the season. Minot State now returns home to host No. 4-ranked Ohio on Friday and Saturday, Oct. 18-19, at 7:30 p.m. each night at the Maysa Arena.

Thursday night in James-

town, Minot State traded goals with the host Jimmies (7-0-0, 7-0-0) for the first 45 minutes of the night as Colby Joseph scored early in the second stanza, tying it 1-1, and Logan Rands netted an equalizer 4 minutes, 55 seconds into the third, tying the score 2-2.

But just 26 seconds later, Jacob Thomas broke the tie and scored what proved to be the game-winner for the host Jimmies, who then tacked on two more insurance goals as they skated away with the victory.

Jake Anthony finished with 29 saves on the night for Minot State, which outshot Jamestown 42-33 but could only get two pucks past Jimmies goalie, Brandon Weare.

Reece Henry, Christian Kadolph, and Jay Buchholz each had an assist on the night for Minot State.

## Beavers continue offensive onslaught, complete weekend sweep of Arizona

The Beavers found their offensive touch Friday night and Saturday afternoon that goal-scoring momentum kept on rolling.

Scoring early and often, the third-ranked Minot State women’s hockey team completed a weekend sweep of visiting Arizona, skating to an 8-1 win at the Maysa Arena.

Mia Mckee scored two goals and added an assist and Journey Miller had a goal and two assists to lead the way for Minot State, which also

beat the first-year Wildcats 5-1 on Friday night.

“I think the girls are really pumped to get our first sweep of a weekend; it’s a good start to the season,” Mckee said.

Miller opened the scoring 10 minutes, 6 seconds into the game and ignited a quick offensive surge as the Beavers (2-2-0 overall) netted three goals in a 5:16 span.

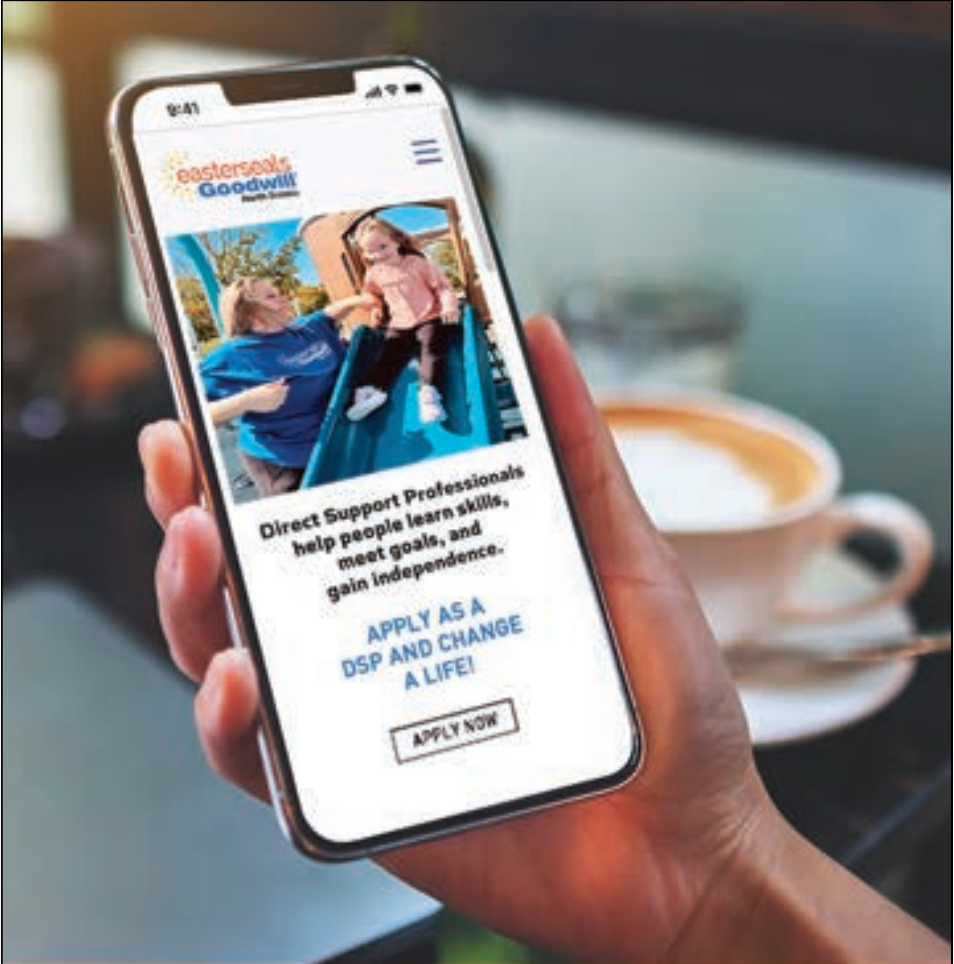
Payton Lang netted her first collegiate goal with 7:29 left in the first for a 2-0 lead, then Abby Tallman made it 3-0 with 4:38 left until the break, and the Beavers were well on their way to finishing off the weekend sweep.

Matayah Metz and Mckee each scored in the second, pushing the lead to 5-0 before Arizona put one in the net, briefly interrupting Minot State’s offensive onslaught.

A goal-rush that continued in the third as Addison Dyck scored her first collegiate goal, then Mckee and Olivia Kirwan added a goal each to wrap up the contest.

Olivia Opheim added three assists, Makena Welby had two helpers, and Dyck, Kirwan, and Paige Ackerman also had one assist each in the Beaver victory.

Morgan Baker added seven saves in goal for Minot State, which is back in action next weekend hosting in-state rival Jamestown in a two-game series on Friday and Saturday, Oct. 11 and 12, with puck-drop at the Maysa Arena at 3:45 p.m. each day.



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# Beaver’s cross country tunes up for NSIC Championships

BISMARCK – You always want to see your team improve as the season progresses and that’s exactly what the Minot State runners have done.

Racing on the same McDowell Dam course as a month earlier when they opened the cross-country season, Paulette Dominguez crushed her own school record in the women’s 6-kilometer race and Grayson Bonilla ran a personal best in the men’s 8K as both finished in the Top 10 Friday at the Marauder Open hosted by the University of Mary.

Dominguez finished 4th and was closely followed by teammate Bailey Wride in 5th as they helped the Minot State women finish 2nd as a team in the Beavers final meet before Minot State hosts the NSIC Championships on Saturday, Oct. 26, at the Souris Valley Golf Course.

Bonilla powered the Minot State men’s 4th-place finish as he was 8th individually on the day.

The host Marauders won 3-of-4 titles on the day as Alyssa Becker won the women’s race in 20 minutes, 5.5 seconds, and Mary’s Gideon Hammah won the men’s race in 24:49.7. The Marauder women also finished first as a team with 19 points, while the Mary men were 2nd to team champion Northern State, which scored 31 points.

The Minot State women were 2nd with 40 points and the Beaver men were 4th with 80 points.

Dominguez led the women as she was 4th in 21:53.9, crushing the NCAA Division II-era 6K record of 22:26.6 she ran on the same course a month ago.

Less than a second behind her was Wride in 5th in 21:54.8, while teammate Sidra Sadowsky added one more Top 10 finish for the Beavers as she was 9th in 22:44.1.

Emery Smith finished 16th in 23:24.5 for Minot State and Nicole Reeves was 17th in 23:32.5, rounding out the scores for the Beavers.

Baylee Lura was next finishing 24th in 24:17.5, Afton Wride was 27th in 24:42.6, Julie Folk was 28th in 24:45.0, Addyson Wendt was 33rd in 25:13.3, and Natalie Becker was 35th in 25:57.1 for Minot State as the entire Beaver women’s team ran personal-best 6K times on the day.

On the men’s side, Bonilla was 8th in 26:08.7 as he ran a career-best 6K time and shaved 29 seconds off his performance a month earlier at McDowell Dam.

Running as a strong pack, Yoni Neyshadt, Marco Murillo, and Jake Jenkins finished 18th, 19th, and 20th on the day as Neyshadt finished in 26:43.1, Murillo clocked a time of 26:47.7, and Jenkins ran the course in 26:48.9. Holter Bridwell rounded out the scoring times for Minot State as he was 25th in 27:38.1.

All five of the Minot State men who scored in the meet ran personal best 8K times.

Next for the Beavers was Nikita Neyshadt, who finished 32nd in 28:25.0, then Kaden Vermillion, who was 37th in 29:12.2, Peyton Tuhy, who was 39th in 29:29.2, Zander Grover, who was 44th in 30:04.4, Isaac Rathbun, who was 45th in 30:05.7, and Auston Lemer, who was 49th in 31:36.4.

# Wellness Fair announced

The Minot State University Wellness Committee, MSUWell, is hosting its annual Wellness Fair on Tuesday, November 19, 2024, in the Student Center on 2nd floor from 10:30 a.m. to 12:30 p.m. We invite you to join us and help spread the word on wellness.

The purpose of MSUWell is to provide information about dimensional lifestyle resources to the MSU community that will enable us to make self-care decisions that will have a positive impact towards a healthy, active life. Specifically, we promote the Eight Dimensions of Wellness: Physical, Social, Environmental, Occupational, Emotional, Spiritual, Intellectual and Multicultural. Your office or business is identified as representing one or more dimension of wellness.

If you are interested in joining us on November 19, please RSVP to Sydney Yale at [sydney.yale@minotstateu.edu](mailto:sydney.yale@minotstateu.edu) by Thursday, November 14. We will provide 1 table (2'X6') and 2 chairs for each vendor, unless otherwise requested. You will be responsible for decorating your table and for any information given to the participants. All services must be free the day of the event. If you would like to give a door



prize at your table, we ask that you provide your own supplies.

If you are an off-campus vendor, come to the east entrance of the Student Center and we will guide you to your table. Free parking is

available in the lot east of the Student Center. Please let us know ahead of time if you need parking and we can email you a parking day-pass. If you miss letting us know, when you arrive, you can obtain your one-day

pass from the post office located just inside of the east entrance of that building.

For more information, please feel free to call Sydney Yale at 701-858-4082 or e-mail [atsydney.yale@minotstateu.edu](mailto:atsydney.yale@minotstateu.edu).

# Minot Symphony to feature Norwegian Pianist Oda Voltersvik on Saturday

**Ellen Fenner**  
Minot Symphony Orchestra  
Executive Director

The Minot Symphony Orchestra presents the second concert of their 99th season on Saturday, Oct. 26, with Musicology at 6 p.m. and music at 7 p.m. in MSU's Ann Nicole Nelson Hall. Stranger in Paradise will feature the winner of the annual Young Composer Competition Ivy Kocher, Norwegian pianist Oda Voltersvik, and the choirs of Minot High School and Minot North High School.

Concertgoers will witness the world premiere of "Secret Garden" by Ivy Wilson Kocher, student at the University of South Dakota. Kocher was chosen the winner of the 24-25 Young Composer Competition. Kocher is a pianist, oboist, and composer currently pursuing a bachelor's degree in piano and oboe performance at the Universi-

ty of South Dakota.

Featured guest, Norwegian Pianist, Oda Voltersvik, will perform Edvard Grieg's Piano Concerto. "(...) an extraordinary Scandinavian artist!" (Per Brevig, Musicians Club New York) - has performed at important venues internationally including Carnegie Hall & Scandinavia House (NYC), Wignore Hall & St Martin in the Fields (London), the Norwegian Opera House and from 2014 - 2022 & 2024; artist in residence for a week at the Edvard Grieg museum in Bergen. As a solo and chamber musician she has held recitals for important concert societies and taken part in festivals internationally, including several solo recital tours and concerto performances in the US. Oda holds a Masters in Performance from the Royal College of Music London and an Artist Diploma from Trinity Laban Conservatoire (with distinction from the Intercollegiate Jury). Voltersvik's performance with the

Minot Symphony Orchestra is her first of many stops of her U.S. Fall Tour 2024. She will also perform in South Dakota, Minnesota, Wisconsin, and various stops throughout North Dakota.

The performance also includes selections from the ballet Gayane by Khachaturian, which will be familiar from the film score from 2001 Space Odyssey. Plus 150 members of the choirs of Minot High School and Minot North High School directed by Lindsay Kerzmann will join the symphony on stage for the performance of Polovtsian Dances from "Prince Igor." This piece may be recognized by concertgoers from the film, "Stranger in Paradise."

Tickets start at \$25 for adults with active military, senior, and student discounts available. All tickets are available at [www.minotsymphony.com](http://www.minotsymphony.com) or through the box office at 701-858-4228. Patrons are encouraged to purchase tickets in advance.

# Minot State men 3rd, women 12th in latest ACHA polls

The Minot State hockey teams continued to be two of the top teams in the nation based on the latest polls released by the ACHA this week.

The Minot State men's team checked in at No. 3 in the ACHA Division I men's hockey poll, while the Beaver women are ranked No. 12 in the country in the newest ACHA Division I women's hockey poll.

On the men's side, reigning national champion Adrian (Mich.) remained No. 1 in the poll. The Beavers' in-state rival, Jamestown, moved to No. 2 and Minot State slipped one spot to No. 3.

The Beavers (4-1-1 overall) racked up 625 points in the latest poll while Adrian (4-0-2) had 14 first-place votes and 655 points, and Jamestown (11-0-0) had 16 first-place votes and 638 points. One of the Jimmies wins this season was a home victory over Minot State last month.

UNLV and Ohio, which split a weekend series with the Beavers, tied for 4th in the poll with 587 points.

The Beavers' other in-state rival, Mary, which hosts Minot State on Saturday night, was ranked No. 7.

On the women's side, Maryville earned the No. 1 spot for the first time in program history and is followed by McKendree at No. 2, Adrian at No. 3, and former No. 1 Midland, which is now ranked No. 4.

Midland (7-0-1) travels to the Magic City this weekend to play Minot State at the Maysa Arena on Saturday at 3:45 p.m. and Sunday at 1 p.m.

Rounding out the top 5 was Michigan, while the Beavers (4-2-0), who were off last weekend, slipped from No. 3 to No. 12. In-state rival Jamestown was ranked No. 13.

## SGA

Continued from Page 1

counsel as well as concerns or suggestions from the general student body that were brought to their attention. Senators are voting members of the committees they serve on.

The SGA office is located on the second floor of the MSU Student Center between the Beaver Creek Cafe and Beaver Dam. All members are required to complete office hours every week. If there is a member sitting in there anyone is free to walk in and voice a concern or a suggestion. It will be noted and brought up at the next meeting and discussed. Meetings are open to the public and students can attend and lis-

ten to the discussions.

Why do students take on all this extra responsibility on top of their already busy workloads?

One reason is the many valuable skills it has to offer.

"You can learn leadership skills and teamwork skills," said Permentier.

"You learn how to effectively communicate with your team," Tinker added.

Teamwork and collaboration are vital skills when entering the workforce.

"You really learn to know your roles and the expectations of your responsibilities," said Tinker "Which is critical to succeed in the 'real world.'"

Tinker compared SGA to a "pit crew in NASCAR or Formula 1, each individual has a clearly defined task,

and it must be executed properly and at the same time as the rest of the crew."

Everyone has the same goal and is trying to execute it efficiently.

"I believe SGA serves somewhat as a warmup for those going into education, administration, management, politics, or any other field that calls for teamwork," said Tinker.

Most students are aware of the resume boost SGA and other extracurriculars offer, but one thing they may not consider, according to Permentier, is the ability to make connections with people from MSU, and different schools.

Multiple times a semester members of SGA take trips to other schools in North Dakota for confer-

ences and the opportunity to meet members of SGAs from other schools. They can share their difficulties with each other and see how other associations operate.

Tinker believes the role of SGA is for the students.

"I want the student body to sincerely know that we are here for them and that they should never hesitate to reach out to any of us," he said when asked what was one thing he wants the student body to know.

"I would want them to know that our executives and senators are your voices," Permentier added when asked the same question. "Get in touch with a senator or executive from SGA with any concerns or ideas you have for campus."

come home with memories of characters and monsters roaming the streets and collecting candy.

Safety, however, is the center of everyone's concern during this holiday where everyone is outside and participating in grand activities.

# Minot State soccer recent recaps

CROOKSTON, Minn. – Minot State University capped off a successful road trip with a 2-0 shutout victory over the University of Minnesota Crookston at UMC Soccer Field. The win improves the Beavers' record to 6-2-4 overall and 4-2-3 in Northern Sun Intercollegiate Conference (NSIC) play.

Minot State started strong, taking a 1-0 lead in the sixth minute when Manuela Pacheco Martinez scored her first goal of the season. Her unassisted goal gave the Beavers early momentum, though they struggled to generate further chances in the first half.

In the second half, Minot State picked up the pace, creating more scoring opportunities. Anna Miotto extended the lead in the 66th minute, converting a penalty kick after Brooke Wersland helped set up the chance. Miotto's goal, her third of the season, sealed the victory.

Minot State's defense was crucial in securing their seventh shutout of the season. Morgen Fried played a significant role in holding off Minnesota Crookston's attack. Goalkeeper Siriana Gudino had another strong performance in goal for the Beavers.

## Minot State 1, Bemidji State 0

BEMIDJI, Minn. – Yossi Villagrana's first-half goal proved to be the difference as Minot State University pulled off a 1-0 upset over No. 2-ranked Bemidji State University in a Northern Sun Intercollegiate Conference (NSIC) women's soccer match Friday afternoon.

The victory boosted Minot State's record to 5-2-4 overall and 3-2-3 in NSIC play, while handing Bemidji State just its second loss of the season.

Villagrana found the back of the net in the 23rd minute, capitalizing on an assist from Anna Miotto to give the Beavers the early lead.

"The goal was the highlight for the whole team," Minot State head coach T.J. Perez said. "The combinations up the field leading to Anna Miotto assisting and Yossi scoring the goal was fantastic."

Minot State's defense then took over, limiting Bemidji State's scoring opportunities. Goalkeeper Siriana Gudino made two crucial saves, including a game-saving stop in the closing minutes, to secure her sixth shutout of the season.

"Great team performance today," Perez said. "Today's result comes from the work they all put in this week. Our tempo in possession was good, and our transition and work rate defensively was huge in today's result... Siriana had some really big saves, including one in the last couple minutes to get a sixth clean sheet."Beavers

play to draw

## Minot State 1, St. Cloud 1

Minot State and St. Cloud State played to a 1-1 draw in an NSIC matchup Sunday, Oct. 13, at Herb Parker Stadium. With the tie, the Beavers moved to 4-2-4 overall and 2-2-3 in conference play.

Minot State scored in the 15th minute when forward Anna Miotto found the back of the net for her second goal of the season. Reese Pittman initiated the play with a shot on goal that was deflected by a handball in the box, resulting in a penalty kick. Miotto converted the penalty kick to give Minot State an early 1-0 lead.

St. Cloud State tied the game in the 41st minute when Darby Allen converted a penalty kick after a Minot State foul in the box.

Both teams had scoring opportunities in the second half, but the defenses held strong. Minot State's back line, led by Elsa Duquesne, made key tackles and blocked several scoring attempts. Siriana Gudino made three saves in goal for the Beavers.

## Minot State 2, Minnesota Duluth 1

Yossi Villagrana converted a penalty kick in the 89th minute to lift Minot State to a 2-1 victory over Minnesota Duluth Friday at Herb Parker Stadium. The win boosted the Beavers' record to 4-2-3 overall and 2-2-2 in NSIC play.

After a scoreless first half, Minot State took a 1-0 lead in the 52nd minute when Anna Miotto scored her second goal of the season. Mia Lewis and Elsa Duquesne assisted on the goal.

Minnesota Duluth tied the game in the 56th minute on a goal by Gwendolyn Lilly, with an assist from Morgan Eckerle.

The game remained tied until the 89th minute when Villagrana was fouled in the box, resulting in a penalty kick. Villagrana's initial attempt was successful, but the referee ordered a retake after determining that players from both teams had encroached into the penalty area. Villagrana calmly converted the second attempt to give Minot State the victory.

"Good game by the players to dig in and believe we were going to win," Minot State head coach T.J. Perez said. "Very tough, physical game, and we managed to settle ourselves and stay focused on what we needed to do."

Perez also praised the play of Lewis and Duquesne on the first goal, and Manuela Pacheco Martinez and Miotto for setting up the penalty kick. "Yossi Villagrana did fantastic dealing with the delay on the PK and was calm stepping up to give us the win," Perez said.

# Fried Earns NSIC Defensive Player of the Week Honors

A stellar defensive weekend earned Minot State University women's soccer player Morgen Fried recognition from the Northern Sun Intercollegiate Conference (NSIC).

After back-to-back shutouts on the road, the senior defender was named the NSIC Defensive Player of the Week for her role in leading Minot State to two victories.

On Friday, with Fried playing all 90 minutes, Minot State (6-2-4 overall, 4-2-3 NSIC) allowed just two shots on goal at second-place Bemidji State University en route to a 1-0 win.

On Sunday, Fried again played the entire match, helping the Beavers blank the host University of Minnesota Crookston 2-0. Minot State allowed just three shots on goal in that game.



Morgan Fried

This is the first NSIC weekly honor this season for Fried and the second for the Minot State soccer team. Goalkeeper Siriana Gudino, who finished with five saves over the weekend and leads the NSIC with seven shutouts this fall, was named NSIC Goalkeeper of the Week on Sept. 9.

## Trunk

Continued from Page 7

to decorate their houses."

With the question of safety, I asked my neighbor, Allan, who I've been trick-or-treating since 2009, how he feels about the rumor from

the 1960s.

"I spend over \$200 on just candy -- that does not include the bags and gifts I put into the Halloween bags I give out," Allan stated, "I believe that people who care about Halloween would never harm other people who care about Halloween."

Halloween has encouraged communities to engage in entertainment, haunted houses, pumpkin patches, and seasonal fall activities, but the assumption of unsafe procedures is prevalent on the minds of parents and participants. Every year children go out and

come home with memories of characters and monsters roaming the streets and collecting candy.

Safety, however, is the center of everyone's concern during this holiday where everyone is outside and participating in grand activities.



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