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Minot State University

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Minot State displays pride flag

By Alyson Heisler

On Sept. 22, the Minot State University Campus Pride Club raised the LGBTQ+ flag for the first time in Minot State's history outside the Student Center.

Guest speakers at the event included Steven Fehr-Dallolio, MSU Campus Pride Club president; Zoya Robbins, Pride Club member and ally; Shannon Krueger, Magic City Equality executive board member; Kevin Harmon, vice president for student affairs; Minot State President Dr. Steven Shirley; Mark Singer, associate professor of history; and City of Minot councilwoman Carrie Evans.

"This is a moment that LGBT students, who are either in or out of the closet, and our allies feel represented by this flag without repercussions," Fehr-Dallolio said.

"With students, faculty, and staff at MSU who are members of the LGBTQ community, along with those who are supporting allies for that community, it is significant that we as a campus recognize the inclusion of all members of our MSU campus family," Shirley stated.

The on-campus flag raising occurred after a rainbow flag was raised at the Minot City Hall on Sept. 2. The pride flag at City Hall was met with much public disapproval. The following week's city council meeting allowed citizens to give comments about the mayor's decision to fly the flag.

The city's choice to fly the LGBTQ+ flag came after Mayor Shaun Sipma made a proclamation to recognize the month of June as



Photo by Alyson Heisler

The LGBTQ+ flag flies outside of the Student Center for the first time in campus history.

News in Brief

Minot State Beavers Restart
minotstateu.edu/covid/

Ward County risk-level increased

On Sept. 23, North Dakota Gov. Doug Burgum elevated Ward County's risk level to the moderate, or yellow, level; therefore, Minot State University elevated their response level to coincide with the directive. Students are encouraged to familiarize themselves with university requirements listed in the Smart Restart guidelines for moderate risk. Please direct any questions you may have to debra.haman@minotstateu.edu or kevin.harmon@minotstateu.edu.

COVID-19 testing on campus

The next testing date is scheduled for Wednesday, Oct. 7 from 9-11 a.m. on the third floor of the Dome. Participants are encouraged to pre-register to facilitate an efficient collection process and minimize the amount of time spent at the testing site. A pre-registration link is on the North Dakota Department of Health's website at testreg.nd.gov/.

MSU choir receives singing masks

The Minot State choir received masks designed specifically for singing in order to continue singing as a group on campus. The masks extend beyond the face a few inches to allow for a full range of motion and were created by Creative Dimensions, a local Minot quilting company.

Flu vaccination on campus

Minot State Student Health will begin offering flu vaccinations to students, faculty, and staff. Vaccination clinics are scheduled for Oct. 6, 8, and 13 from 1-3 p.m. on the third floor of the Dome. The \$25 fee will be billed to student accounts, and the United Health Care Student Plan will cover the costs. Fill out the student or staff consent form prior to arriving at the scheduled event. For questions, contact the Student Health Clinic at 701-858-3371.

Required sexual harassment prevention training

Minot State University is committed to the prevention of sexual harassment, sexual assault, dating and domestic violence, and stalking. Prohibited under Title IX and university policy, every Minot State University student and employee must complete sexual harassment prevention training each academic year. The training program was sent to campus emails and is also available at https://admin.fifoundry.net/minot_state_university/sign_in.

Training must be completed by Friday. Questions regarding Title IX, including its application and/or concerns about noncompliance, should be directed to Title IX Coordinator Lisa Dooley.

Northwest Arts Center presents 'Visions of Justice'

The Northwest Arts Center presents "Visions of Justice — Words & Pictures," on view through Oct. 9 in the Walter Piehl Gallery. The exhibition explores personal visions of justice by North Dakota Department of Corrections and Rehabilitation resident artists and writers. Participants interpreted and expressed their vision of justice as related to prompts of judgment, fairness, balance, history and identity.

Held over the past summer, the call for entries drew 30 artworks and 10 written works from across the North Dakota Department of Corrections and Rehabilitation system. Broaching themes including criminal justice reform, religion, social justice, rehabilitation and regret, the works offer voices and perspective often left unheard in discussions of success and failure in the justice system.

The Northwest Arts Center, located in the lower level of Gordon B. Olson library, is open with adjusted hours this fall, 1-5 p.m. Tuesday through Saturday.

MSU Pride Club meeting

Minot State University's Pride Club will host a meeting on Oct. 14 via Zoom. Information about the meeting, including the link to join is available on the MSU Pride Club's Facebook page.

North Dakota firefighters assist Oregon

By Shalom Baer
COMM 281



Photo by Echo Adams

Smoke clouds the air at the Salem, Oregon airport on Sept. 12.

The West is burning. Wildfires have hit Oregon especially hard, burning 938,000 acres. According to KFYR-TV out of Williston, 17 firefighters from four North Dakota fire departments travelled to Oregon to fight the Slater fire. Those volunteers come from Williston, Fargo, Grand Forks, and Minot.

Oregon Gov. Kate Brown held a press conference on Sept. 14, addressing the fires.

"Without question, our state has been pushed to its limits," Brown said. "We are incredibly grateful that our calls for assistance are also being answered with crews from all over the country and Canada coming to help."

Brown announced that she had asked the president to declare a state of emergency in Oregon as strong winds escalated the severity of the fires. He approved that emergency on Sept. 10.

"Our communities across Oregon are suffering right now. The smoke blanketing the state is a constant

reminder that this has not come to an end," Brown said.

The air quality in the state's capital is listed as unhealthy for sensitive groups according to the Environmental Protection Agency's Air Quality Index. Other areas in the state are listed as unhealthy or hazardous. Brown pointed to climate change as the culprit corrupting the air.

"There's absolutely no question that these fires raging across the West are a wakeup call that we have to address climate change," Brown said. "I would make a callout for work at the local level, the state level, and the federal level to address climate change."

While climate change contributes to the prevalence of wildfires, there are other factors.

According to an NPR article, the suppression of wildfires leads to more fires. Forests self-regulate by naturally burning to clear out fuel, but with populations on the West Coast rising,

these natural processes can't take place, leading to more fires overall.

A Montana-based research firm, Headwaters Economics, has a name for this phenomenon: wildfire paradox.

"The federal government's commitment to minimize the threat of wildfires has resulted in the near eradication of wildfires from the landscape for decades. However, successful wildfire suppression has resulted in accumulated fuels that lead to larger and more severe wildfires in the long-term," the firm's website states. "Public expectations and policy goals must recognize and adapt to the inevitability of large wildfires."

Whether this is simply a bad year for fires or an issue that isn't going away soon, the West Coast, and the country as a whole, can feel the effects. Smoke from the West Coast fires reach across the country. While it's not detectable by smell, and air quality remains good in the Midwest, the sun in North Dakota takes a reddish glow in the evenings.

... flag
continued from page 1

Pride Month in Minot — which Magic City Equality, a local advocacy group, requested. Representatives of Magic City Equality did not attend the council meeting because they had received a death threat.

Evans, a Minot State alumna, highlighted the benefit that a college experience can have on a person's ability to speak in an argumentative yet respectful manner.

"The past few weeks, we've seen the importance of higher education and the tools that the classroom provides to people to respectfully disagree and to put their ideas to the intellectual challenge of their peers," she said. "We've seen a lack of that at city council."

Evans is also the first lesbian elected official in the state of North Dakota.

"It is especially important because our campus is embedded in a broader society and, which as we know, we cannot always rely on people and institutions to accept us as lesbian, gay, bi, transgender, and related people; to accept us as Black, Indigenous, and people of color; to accept us as those of lower social and economic class," said Singer.

Fehr-Dallolio started the club after he noted the lack of representation of an LGBTQ+ organization at the annual Minot State club fair two years ago.

"What I noticed was a table by itself with a piece of tape holding a piece of paper that read LGBT. There were no representatives. There was no rainbow. There was no glitter, there was nothing," Fehr-Dallolio said.

The club was disbanded after the involved students graduated and no one else took ownership of the club.

"Something as simple as hanging this flag will show students, faculty, staff, and coaches on our campus that this university stands with them, regardless of who they choose to be or who they choose to be with. It will shine a light on this campus brighter than you could ever imagine," Robbins said.

The colors of the pride flag represent the following: red represents life; orange represents healing; yellow

represents sunlight; green represents nature; blue represents harmony; and purple represents the spirit.

"This is just one task on the list of steps to making this university as inclusive and well-rounded as it can be. Be happy and grateful, but never be satisfied. There's always more to do," Robbins said.

Minot State alumna Krueger spoke about the importance of being supportive even if you are not part of the LGBTQ+ community yourself.

"I'm an ally because yes, I have close friends and relatives who are members of the LGBT community. I'm also a citizen in a society where people who I don't even know are hurting and suffering and dying," Krueger said. "And I can't accept that, so I do what I can."

"I can model for others how to accept and love and support and listen, then maybe I can live in a world where flying this flag won't be questioned by anyone anymore."

The public's response at the city council meeting may have not been what people expected or wanted to hear, but it did start conversations in the community and on campus.

"I knew my Minot and it was not those people. It was us. For the past two weeks, those people have been amazingly loud," Evans stated. "Find that voice, keep that voice, and don't shut up. They want us to shut up. They want us to go away. They want us to live our little queer lives in quiet, and that's not who we are."

"Our pride is pride in ourselves as lesbian, gay, bi, transgender, and related people, and it connects us to all of the other communities of gender, race, and class within which we live," Singer said. "To say who we are lifts us up and saying who we are enables us to lift others."

Minot State University Campus Pride Club streamed the flag raising on their Facebook page, where the video is available for viewing. The club's next meeting will be on Oct. 14 and will be conducted virtually on Zoom — links are located on their Facebook page.



Zoya Robbins, Minot State University Pride Club member and ally, speaks at the flag-raising ceremony.

Photo by Alyson Heisler

Listening in: ‘Very Presidential’

By Alyson Heisler

As the upcoming election looms in the distance, it's important to keep an eye on the future (which will be shaped by those who vote!) and also look back at the actions, decisions, and statements of past presidents. “Very Presidential,” hosted by Ashley Flowers, is one source of hidden historical details related to the more personal parts of the presidency. Plus, who doesn't love an odd historical story or fact to share with a friend or discuss on a first date.

Since its beginning in August, the podcast has covered topics such as the wide spectrum of presidential affairs that

are surprisingly prevalent, bad attitudes, and questionable medical treatments. Think of “Very Presidential” as your one-stop-shop for a collection of historical facts that you won't learn in history class — including the questionable decisions by well-loved presidents like John F. Kennedy and Teddy Roosevelt. Flowers encourages listeners to “rethink everything they thought they knew about the Oval Office, as we go deep into the secret pasts of some of our most well-known U.S. presidents.” Sources for each episode are available at www.parcast.com/verypresidential.

Each presidential dialogue is presented

chronologically, usually showcasing how the buildup of personal choices can impact the success or public opinion of the president. One episode I found particularly interesting focused on Warren G. Harding, a man that stated he was not intelligent nor did he like to read.

The episode, titled “The Erotic Poet,” chronicles how Harding's presidency began as a setup to make money on an oil-related opportunity (that may or may not have been illegal) and follows an extended affair with a possible German spy that involved steamy love letters between the two. A fun fact is that a selection of Harding's letters

are contained in the Library of Congress and were made available to the public in 2014 after the 50-year family agreement to keep their contents secret had expired. Listeners will also find out about some reasons why Harding isn't known as being a very prolific, accomplished president.

Though this is a research-based podcast with much information, Flowers has a way of weaving these perplexing historical events into an entertaining story that spans entire presidencies without boring the listener.

Each episode is around 35 minutes, making it very consumable — what

can I say, lengthy podcasts can be more difficult to commit to or become boring. “Very Presidential” offers enough detail about these presidential peculiarities that one could tell the story to a friend but not write an entire biography about the presidential subject.

New episodes will be posted every Tuesday through the 2020 election. “Very Presidential” is available to stream and download on Apple Podcasts, Spotify, and wherever podcasts are available.



‘Very Presidential’ logo.

Photo courtesy of ‘Very Presidential’

Active Minds spreads awareness of mental illness

By Lauren Reeves

Over the last two years, there has been an increasing push to encourage people to talk more about mental health and share their stories with others. The Active Minds club at Minot State University started before this push was popular by helping students talk about mental health and helping those who were struggling mentally. Launched at MSU in 2016, the club is part of a nationwide nonprofit organization that promotes mental health and suicide prevention through college chapters.

Active Minds was started by former University of Pennsylvania student Alison Malmon after her brother, who suffered from mental illness, committed suicide 20 years ago. Malmon felt that there was a lack of discussion about mental health on campuses and decided to start a club at her school to help other students struggling with mental health. Since the start, the club grew and became a nationwide organization in 2003. Over the years, the organization has hosted events to help students become more active about mental health and suicide prevention throughout the country. The Active Minds club at

MSU strives to advocate for mental health and help reach those who are struggling with mental illnesses and need help.

"We strive to provide information on how to start 'awkward' conversations with someone we may be concerned about or with someone when we're concerned about ourselves," said Anastassia Hofer, a junior studying social work and co-president of Minot State's club. "We want to end the silence and stigma around mental health and suicide. Our mottos are: 'Your voice is your power;' 'Here for you;' 'It's OK to not be OK;' and 'The world needs you here.'"

Along with Hofer, senior Taryn Schmit, who is studying social work, is also co-president and has been a part of the club since it started four years ago. The club's secretary is Emilee Duplin, a sophomore studying communication sciences and disorders, and its fundraising leader is Stetson Pederson, a fifth-year senior who is studying physical education and elementary education. Helping advise the club are POWER Center academic coaches Paul Stroklund and

Johnna Torr.

Throughout the school year, Active Minds hosts a number of events, such as the American Foundation for Suicide Prevention Out of the Dark Walk and Speakout, an event where students can share their mental health stories and meet on-campus resources such as counselors and Wellness Center personnel, as well as having guest speakers once a year.

"If we can schedule a guest speaker, we try to make the event available to all campus and community members, not just club members," said Hofer.

Currently, the club is having meetings over video calls and communicating through email; however, Hofer said anyone who wants to join can contact the club at activeminds@minotstateu.edu or visit activeminds.org for more information about the organization. Anyone can join and members must attend a minimum of one meeting and one event each semester. Hofer is unsure about any events happening this semester; however, she said that students can sign up to receive notices for meeting minutes and potential events.



Photo courtesy of the Active Minds
Active Minds helps spread awareness of mental health.

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Creating a unique historic exhibition for a unique major

By Lauren Reeves

It is rare to hear of a small school being the only place that offers a specific degree; however, alumna Angela Decker found her unique degree at Minot State University. Graduating in the winter of 2019, Decker majored in art administration, which is offered at MSU and no other school in North Dakota. It is a bachelor's degree in science that includes operating and working with an art gallery, and exhibition preparation for a gallery in a museum. Along with gallery management, it also ties in work for nonprofit and museum management.

For her Senior Capstone exhibition, Decker chose a historic display of Stroud clothes items collected by the Minot State Native American Center. Stroud cloth was a wool textile from Stroud, England that was brought over to the Great Plains and traded for other goods such as buffalo robes and fur. Some of the objects that are on display are an elk tooth dress, a chief's blanket, and a pair of leggings. She worked with Linda Olson, art professor, and Annette Mennum, Native American Center director.

"She did research into the objects [she chose]," said Greg Vettel, Northwest Arts Center director and art instructor. "She researched the correct way to display them, like looking into conservation, how to best display, (and how) to have the least impact on the object. Then she worked with Annette and Linda on the cultural construct in displaying them."

Vettel added that Decker is one of the first art administration majors to capstone for that part of the art department in the Northwest Arts Center. There was one other student in the past who organized an art exhibition, which Vettel notes was different to Decker's display in the sense that the other student was working with contemporary items while Decker was working with historic items. Regardless, Vettel highlighted that Decker sets an example for future students on what can be on display in the Northwest Arts Center.

"The degree is relatively new. I am not certain how she necessarily compares to previous students, but I think she sets an example for future students on what you can do and what's achievable," said Vettel.

Vettel highlighted that Decker was an excellent student when she attended the school and how she contributed to the school and art department, not only in art administration, but also in cataloging, research, and conservation of items, as well as preparation and care of artifacts for Minot State University collections and in her artwork.

"She brought a level of wit and hilarity to all the classes that she was in. She was very funny and a real joy to work with, both at the arts center here and having her as a student on campus," Vettel said. "I know that other students also loved having her around and loved seeing not only what she would create, but then how she thought of what other people were working on in the critique sessions. I think what I will miss most is her humor and her good nature and willingness to approach everything with a fairly positive attitude and seeing humor in all of that."

Along with her sense of humor and wit, Vettel also adds that she was a good student overall as she graduated with honors and how she was dedicated to her work, especially in the display.

"She worked very hard, too. She was dedicated," said Vettel. "She not only did all of the preparation for these materials, she had people that helped in building the models, and she planned what was going to be in the case and how it was going to be organized."

Vettel believes one of the ways she can be a role model for students is not only in dedication to classes and academic achievement, but also in terms of the art program with her capstone project. He said it is certainly something to look up to and it can be held as a bar for future exhibition preparation in the arts center. Decker can be an inspiration in her attitude, how she approached coursework, and her process of creating an exhibition.



Stroud belt from the Minot State University Native American collection.

Photo by Lauren Reeves

Features



Photo by Lauren Reeves
Stroud dress from the Minot State University Native American collection.

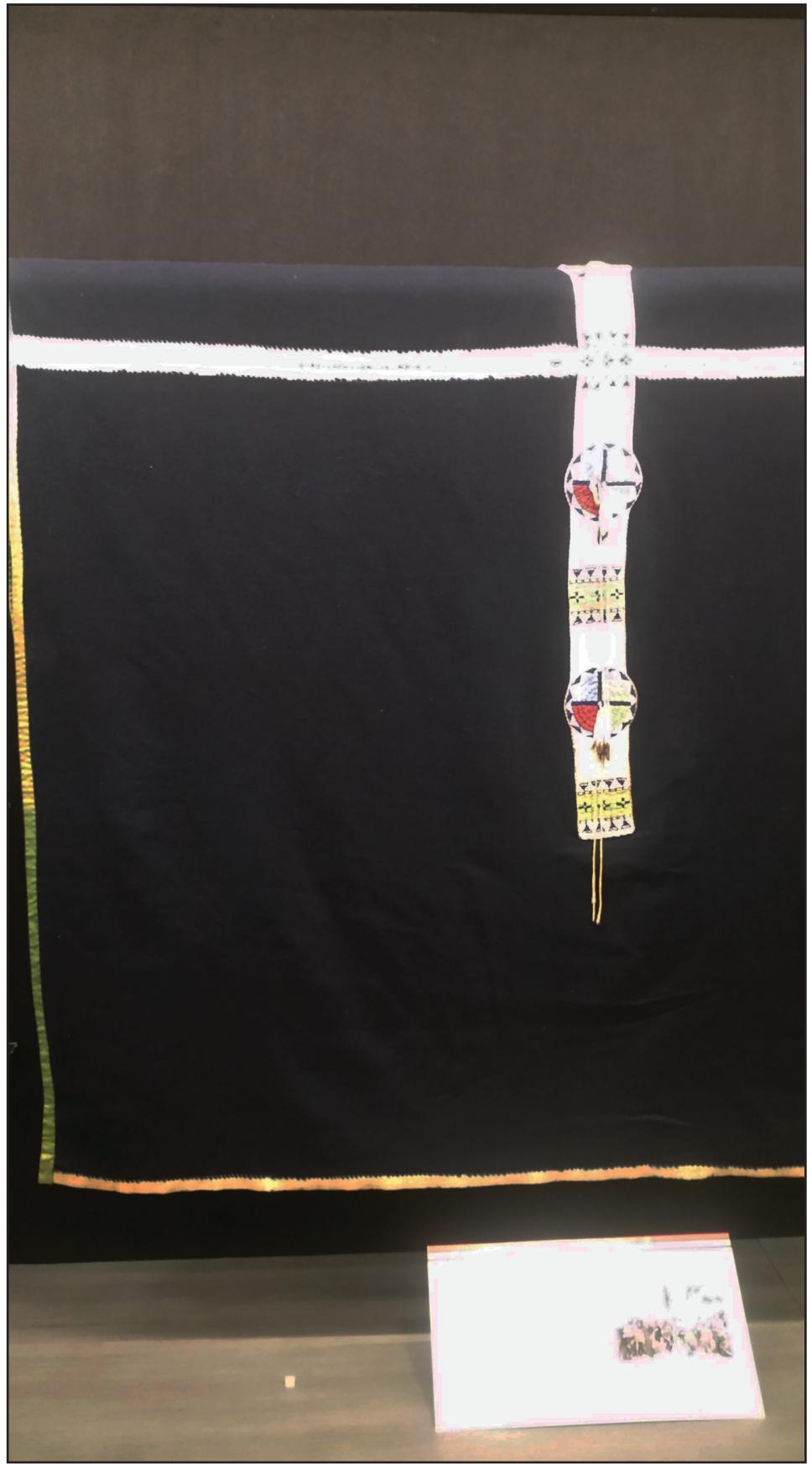


Photo by Lauren Reeves
Stroud blanket and belt from the Minot State University Native American collection.

RG Editorial

Injuries plaguing the NFL

By Philip Green
Sports Editor

The first couple weeks of the NFL season is in the books. With an abbreviated offseason, the talk was whether players would be mentally ready when the games began with no pre-season games, barely any training camps, and no rookie minicamps. With very little live reps to make mistakes and learn from them, would players be able to learn the playbooks and new schemes?

As important as the X's and O's of football are, many forgot to ask whether players would be physically ready due to the lack of an offseason. In less than three weeks, NFL stars like Von Miller, Saquan Barkley, Courtland Sutton, Christian McCaffrey, and several others have suffered injuries that will sideline

them for many games. The pandemic has made it hard for even the best athletes in the world to maintain their workout regimen and get their bodies ready to compete.

We can't say for sure that the pandemic is the sole reason for all these major injuries, but if they continue, it might be time to consider that we fans were starving for football and pressured the NFL to rush these players back before they were ready. Preparation for a regular NFL season starts shortly after the draft, which is three or so months before the first game. This year, that was not the case and players' bodies are unfortunately paying the price.

***This editorial may not reflect the views of Minot State University.**

Student-athletes train for new normal

By Tyler Luban
COMM 281

The COVID-19 pandemic has changed everything we knew about the world around us, and for Minot State athletics, those changes include new safety protocols for the on-campus weight room to ensure the safety of student-athletes and staff.

The athletic department is constantly adapting in an attempt to return to regular training but now faces a new challenge: keeping more than 400 student-athletes safe and healthy. With this number of athletes, the staff and facility have implemented around-the-clock sanitation with safety in mind. But as the coronavirus cases continue to rise on campus, the weight room — along with all athletic activity — has been put on a temporary pause. Student-athletes know how important the weight room, which has been a staple for athletics at MSU, is to their success and athletic development, and they hope for a quick return to normal.

"The biggest challenge has undoubtedly been adhering to group size and social distancing protocols while still ensuring that every athlete

on campus gets what they need from us as strength and conditioning service providers," said Caleb Heilman, director of human performance at Minot State. "This has logistic and behavioral components to it, and getting both components dialed in has been a work in progress."

As student-athletes begin training, Heilman and the athletic department have been working to ensure a safe environment for all teams. This includes limiting group sizes to no more than 25 athletes in order to meet certain protocols.

"We have state-issued hand sanitizer in dispensers in both the weight room and auxiliary room, spray/cleaning towels for student-athletes to use during their session, and we as coaches do our best to get equipment cleaned as often as possible," Heilman said. "The facility staff also fogs the weight room with their Clorox 360 machine at the end of every day."

With fall and winter sports cancelled, many student-athletes view this time as essential to improving their

skills and preparing for the return of competitions to Minot State. Since the weight room and other athletic activities are suspended, athletes reflect on what that room means to them.

"The weight room means a lot; it would've been a good place for me to get away from what is going on in the world and on campus," said Troy Kowal, junior football player for MSU. "It was much like a season schedule for me, which is something I really enjoyed."

With sports comes passion, and both coaches and student-athletes demonstrate that with their desire to get back to practicing, but that doesn't happen without the proper sanitation. The facilities staff plays their part by making sure these facilities are safe day in and day out.

No one knows the road ahead for athletics. Fortunately for Minot State, having a well-prepared and determined staff along with student-athletes who will do whatever it takes to get back to competition is a good start down the right path.



An auxiliary weight room Minot State student-athletes utilize during strength and conditioning training.

Photo by Tyler Luban

Some student-athletes opt out of season

By Nina Arias
COMM 281

The repercussions of COVID-19 stretch far and wide. It affects everyone in more ways than one. Small businesses have gone bankrupt, employers have had to let go of personnel, and the unemployment rate in the United States has skyrocketed. These are some of the more widely heard tales of misfortune caused by the coronavirus. Unfortunately, the hardships continue farther down the line, specifically at the college level.

The Northern Sun Intercollegiate Conference (NSIC) decided that all fall sports will be cancelled for the 2020 season due to the spread of COVID-19. While schools managed to pick up the pieces by allowing students to continue to practice on their own and keep their scholarships, sports have not been the same. With nothing to compete for, student-athletes are left feeling hopeless and dejected.

At Minot State, athletes were given the opportunity to opt out of their season, enabling them to remain on the team and maintain their scholarship without practicing or meeting with their team until the next season of competition. Essentially, the option is like a gap year for sports. This allows fall student-athletes to use the time they would have spent at practice on other opportunities.

The exact number of student-athletes that have opted-out is very small, because most would rather practice or participate in team activities than not. If a student-athlete chooses not to opt out, they continue to participate in their sport as usual. The reason for this option is because some student-athletes don't want to risk testing positive for the coronavirus.

Senior and football defensive back for Minot State University, Ivan Avalos is one student who chose to opt out of his season. The Florida native explained that the coronavirus has troubled his family enough after two of his relatives tested positive. Taking it upon himself to use his extra time wisely, Avalos began to work in an effort to help his family financially.

When asked how it has impacted his life directly, he stated, "I've been out here all summer. Life isn't the same but I'm making the best of it."

Avalos has been unable to return home because conditions seem bleak, he said he will return for the 2021 fall season.

Senior cross country and track & field runner Nicholas Merillana decided not to opt out of his season. The 22-year-old has grown fond of his teammates and explained that they get him through a lot and that running would not be the same without them.

"I thrive off routine. Without practice every day at 4:30 a.m., my days would have no structure," said Merillana.

Having a routine is important to the lives of many; taking it away could cause unnecessary confusion or stress during an already difficult time. Merillana intends to continue to practice alongside his teammates and better himself for the next season.

The fate of the 2021 athletic season has yet to be announced. As more information develops, the NSIC and North Dakota University System will re-evaluate the decision to return to campus and practice in-person or to continue as is.



Photo By Joshua Strong

Senior cross country and track & field runner Nicholas Merillana decided to not opt out this year.

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Football looks very different this fall

By Philip Green

COVID-19 has impacted the lives of everyone on campus, from virtual learning, to wearing masks, to quarantine and isolation. For the student-athletes on campus, the worldwide pandemic has not only changed their education but also their respective sports. Due to the pandemic, all fall competitions have been cancelled, but teams have been trying their best to make the most of

what they've been given. Every sport has been impacted by the virus and teams are trying to navigate how to keep players safe while maintaining the competitive edge.

The football team has been hit especially hard by the virus and pushed the start of fall practices back several times due to players and staff being in isolation due to close contacts and

positive testing. Head football coach Mike Aldrich outlined what football will look like this year.

"We have moved our spring practice schedule to the fall, 15 practices, and moved our fall practice schedule to the spring, 103 days, with the opportunity to compete against outside competition. We had originally planned to begin in early September, and ever since we

have been on a pause of athletic activity. Once the pause is lifted, we will resume our plans for 15 practices this fall," Aldrich said.

Minot State football eagerly awaits the opportunity to start up this fall, especially after the momentum the team built up over the past year.

"We created so much momentum from the end of last season, the winter

off-season, our virtual spring meetings, and up to 70 players here during the summer. I do not want to lose that momentum and the challenging situations due to COVID has created definite obstacles. But we have to see obstacles as opportunities. And the only way to keep our momentum going

See Different — Page 11



The last time Beaver football put on the pads, they were wrapping up the 2019 football season at Herb Parker Stadium against Bemidji State.

Photo by Sean Arbaut

is through competitive situations," Aldrich said.

As much as players and coaches want to get back on the gridiron, MSU football and athletics understand how important the safety of the student-athletes is.

"We are the most aggressive athletic department in our conference in terms of our health protocols. The NCAA (National Collegiate Athletic Association) needs each team to test weekly once they actually engage in outside competition against teams from other campuses, and since our conference has cancelled all outside competition until after Jan. 1, schools and universities only have to test as they see fit. For example, only testing those individuals with symptoms or not testing at all. However, we are now requiring weekly testing to participate in athletics. This is allowing us to track and respond to the spread of the virus and continue to increase our mitigation efforts to control the spread," Aldrich explained.

Aldrich and his staff believe that Minot State's approach towards safety this fall will put them ahead of the game come spring.

"We also feel this will put us in a much better situation for spring football in regard to our mitigation efforts and response to the spread of the virus. Other universities will be just beginning their weekly testing protocols in the spring, whereas we have had it implemented for the entire school year," Aldrich said.

This year will serve as a redshirt year for all fall athletes, but that hasn't completely left out the chance to potentially compete against other universities in the spring.

"Since we moved our competitive season to the spring, we will have the opportunity for outside competition if the right situations present themselves. Some of the situations against other teams that we have been discussing include full games, controlled scrimmages, controlled jamborees, and conjoined practices," Aldrich explained.

For the moment football is on hold to keep the players and coaches safe, but when it returns, the team and their coaches will be looking to build off their recent momentum.

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Responsible for registering and admitting patients to the hospital for inpatient or outpatient procedures. This includes but is not limited to collecting accurate and complete demographics in a timely, friendly and courteous manner by correctly using the computer system. This person is also responsible to provide information to all customers, patients and co-workers as appropriate based on current regulation.

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LPN: Responsible and accountable for assessment, evaluation, plan of care, monitoring and reporting changes to the physician and family. Will delegate selected nursing activities to other health care workers as well as supervise staff with the continuous evaluation of care. Positions available at Trinity Nursing Home and Trinity Clinics. Must have current North Dakota LPN license to qualify.

MAINTENANCE MECHANIC: Maintain Trinity Health buildings, equipment, and systems in optimum operating condition and provide services required by other departments, such as air handler systems, ¼- ½ HP circulation pumps, steam converters, heat pumps, 1-450 ton chiller systems, building automation and controls, etc. Maintenance, mechanical/vehicle repair experience helpful. Valid/Current Drivers License is required.

DAYCARE PROVIDER: Ensure safety and health regulations are being met while providing adequate care for children 6 weeks to 12 years of age in a Day Care center.

CNA: Provide direct quality nursing care to patients under the supervision of the RN-LPN on duty and direction of the Nurse Manager. Must have current North Dakota CNA certificate. Full Time, Part-Time, and Limited Part-Time positions available at Trinity Hospital, Trinity Clinics and Trinity Nursing Home. **HIRING BONUS AVAILABLE** to qualifying applicants.

PHLEBOTOMIST: Responsible for entering or activating lab orders into the computer system, coordinating with Office Assistants to obtain orders and verifying ABN checks. Will also obtain, label and receive samples and facilitate delivery of the specimens to the Hospital Lab, and prepare for courier transport. Full Time positions available.

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