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## Student Center design plan presented

By Alyson Heisler COMM 281





Plans for the southwest side of the Student Center (left) and interior entrance (above).

Digital renderings provided by JLG Architects.

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# Coach required track & field athletes to attend event sponsored by religious club

By Shalom Baer COMM 281

Track & field student-athletes were required to attend a speaking event that was sponsored by Cru, a Christian club on campus. Posters for the event displayed a Cru logo and the event title: "Olympic Gold Medalist Leah Amico Sharing Her Story and More."

The poster went on to state: "Leah's faith in Jesus Christ comes first in her

life. She shares about how Jesus can be a part of everything you do and how Jesus is a part of her softball career." The poster also included information about her softball career and personal life.

The event took place on Nov. 6 in the Beaver Dam. On Tuesday, Nov. 5, the track & field team received an email from their head coach, Mark Del Monaco, stating, "Just a reminder there is a speaker on campus tomorrow at 7 p.m. in the Beaver Dam. This is a mandatory event for all sprinters, throwers, and any distance runners not traveling to NCAA Regionals."

Del Monaco said that he saw benefit in the event for student-athletes, but in retrospect, he would have made a different decision.

"As the head coach of the track & field program, I decided to make the event mandatory. With the speaker being a former athlete who competed at the highest of levels, we thought it would be a great opportunity to have them hear someone speak about their experiences competing both in college

and after," Del Monaco said. "If I had to go back and do it again, I would not have made the event mandatory."

Leo Skellenger, who is planning to leave the track & field team for unrelated reasons, expressed that he felt the event should not have been mandatory because of its religious

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# News in Brief

## Minot State allows limited alcohol at sporting events

Alcohol is now permitted in specific restricted areas of the Minot State Dome during games and other events. Attendees of games and events are able to enjoy beer and wine while sitting at the bar top on the upper level of the Dome.

#### **Opening Reception: Jay Gaare**

Jay Gaare, a student of the Bachelor of Fine Arts program, will present their exhibition of "I'm Here to Get My Bastard of Fine Art" in Hartnett Hall Gallery. The exhibition is comprised of three dimensional sculptures, ceramics, and textural paintings in a collection of mixed media pieces made out of found objects and house paint. The exhibition will run until Nov. 30. The gallery is open 10 a.m. to 5 p.m. weekdays. The opening reception is tonight at 5 p.m.

#### **KMSU Auction**

The broadcasting department will host the 21st annual KMSU Auction on Thursday, Dec. 5 at 6:30 p.m. The auction will be broadcast on local access KMSU Channel 19, accessible for SRT and MIDCO customers, and is streamed in realtime on YouTube Live. Viewers are able to purchase packages by calling in to place their bids — the highest bid wins the package. For more information contact janna. mckechnie@minotstateu.edu or 701-858-3373.

## Frank White presents Vaping: The Next Health Epidemic

The FDHU Vaping Task Force and MSU ATOD (Alcohol, Tobacco, and Other Drugs) invite you to a presentation by Frank White, UND sociology professor, on the topic of vaping. His research focuses on the vaping epidemic and other electronic nicotine delivery systems (e-cigs), the availability and dangers associated with prescription painkillers like opioids, the effect of social media on adolescent attitudes and behavior, and up-to-date

drug prevention strategies. Funding for this event was provided by a grant from St. Joseph's Community Health Foundation. The presentation is on Dec. 4 at 7 p.m. in Ann Nicole Nelson Hall. The event is free and open to the public.

#### **Finals Week**

Final exams for 8-week classes are on Dec. 11 and 12 and 16-week classes on Dec. 16-20. The finals exam schedule is available on the Minot State website calendar.

## ... Sponsored continued from page 1

connection.

"It's not right for a public university to mandate students to go to a religious sponsored event," Skellenger said. "It was a Cru sponsored event, Cru being a religious club on campus, and the speaker arguably being more of a religious figure than an athletic figure."

Skellenger had a work obligation and did not attend the event. The track & field team handbook says that work is not an excuse to miss practice. Skellenger said that this rule generally applies to any event that has been deemed mandatory.

"It's kind of an unwritten rule as well that this not only applies to practice, but it applies to any team or athletics sponsored event that is mandatory for us to go to, which is decided upon by the coach," Skellenger said.

Skellenger said that Del Monaco threatened "repercussions" if he did not go to the event. Del Monaco said that he did not threaten or imply consequences for non-attendance.

An email from the coach to Skellenger that was sent after the event stated, "If you do not plan on leaving the program, I will expect communication with all of the coaching staff going forward and attendance at all mandatory team functions regardless of any outside obligations that you have. And there will be repercussions for the events you missed this week."

Skellenger missed two mandated events that week: study hall and the Cru event. There are no specific guidelines in the team handbook regarding consequences for not attending events like the one sponsored by CRU, but Del Monaco

said that the protocol is to contact the student-athlete and ask why they did not attend.

"No students received punishments for not attending the event. We simply contacted them to see why they were not there," Del Monaco said.

The handbook does outline punishments for a number of offenses: skipping practice, drinking while on trips, being late, improper use of social media, missing study hall, and not attending fundraising events. Punishments can range from more study hall hours to not being allowed to compete, to having to pay money to the program. The handbook says that student-athletes who do not attend fundraising events will have to pay the program the amount they were expected to raise. Several emails from 2018-2019 to the track & field team mention this consequence.

An email regarding a t-shirt fundraiser in December 2018 stated that athletes would be required to sell at least five shirts or pay money out of their own pocket.

"Should you decide that you do not want to participate in the fundraiser, I will give you the option to hand in \$125. Your choice," the coach wrote.

In February of 2019, an email about another t-shirt fundraiser threatened students with consequences for not participating.

"As we talked about at the beginning of track, failure to turn in t-shirt money, you will not be allowed to go to conference (if you make the conference roster) and you will not be considered to go to CA," Del Monaco wrote to the team.

Del Monaco commented on the fundraising policy, saying that student-athletes sign the team handbook at the beginning of the year that outlines expectations in order to be a part of the program, and fundraising is one of those requirements.

"Like many other teams and clubs on campus and across the NCAA, fundraising is a key component of our program," Del Monaco said. "I do not expect it to be reasonable for studentathletes to have to pay out of pocket and that is why we hold fundraising events to help support our program, but I do give each student-athlete the right to not participate if they chose not to. As outlined in our handbook, we ask that they pay for the money

they were expected to fundraise. Their decision to not participate in team fundraisers is solely an individual decision but we give them ample opportunity to participate in different events throughout the year."

The Red & Green reached out to the Office of Compliance at the North Dakota University System about protocol for requiring student-athletes to attend a religious club sponsored event. Karol Reidman, the compliance officer, said that the office is looking into the situation and investigating it as a priority.

"My sense is that the athletic department and administration will be happy to update and correct any practices that are not fully compliant," Reidman said.

The Red & Green contacted the Minot State sports information director requesting an interview to ask questions about mandatory events and did not receive a response. Del Monaco declined to comment on emails with Skellenger.

"I prefer not to directly speak about any specific students at the university," Del Monaco said.



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## Public relations understudy inspired for her future



Photo submitted by Devan Shumway

Taylor Eckleberry currently works at Starving Rooster in downtown Minot.

#### By Joshua Strong Features Editor

Taylor Eckleberry, a senior broadcasting and professional communications student, has ambitions to work in the world of public relations. She is just a month away from completing her degree and reflects that this career path was not always her intention when she started college.

"So I originally went to University of Mary and I was a rad tech major there, and I just wasn't passionate about it," Eckleberry said. "I was right about to go into my practicum where I would have to be in the hospital for eight hours a day. I realized I did not want to be doing that. I looked into switching to journalism because my mom said, 'You've always like to write and why don't you just implement that?' University of Mary doesn't have a journalism program, so I went to North Dakota State University for a semester, started journalism there, and I just didn't feel it was right for me. Then I talked to Neil Roberts (a broadcasting professor at Minot State). I came here, and it was a perfect fit."

Eckleberry explained that once she began her studies at Minot State, she immediately was inspired by the faculty, specifically Christina Paxman and former Minot State professor Nicole Thom-Arens. They also convinced her to open the door to studying public relations as she could expand her skill set.

"I like that on the public relations side, I can still write and I can still produce content, but I also have ties

in other things. I can event plan, I can market, and I can do other things. I'm not constricted to the title of journalist, and I can branch out more," Eckleberry said.

Eckleberry explained that she enjoyed a plethora of experiences and the content of classes at Minot State but highlighted Public Relations Principles and Community Relations as her favorite classes.

"Both really taught me valuable lessons in how to get involved in the community. For PR principles, we were able to do an event for Giving Hearts Day and it was just really cool to be there and do that," Eckleberry said. "Same with Community Relations; I did learn a lot from that, and it made me feel like I was going into the right thing. I can't wait to work; I'm going into something that can make a difference. I can work in non-profits and I can help who I want to help. I'm excited to do that."

This fall is Eckleberry's last semester and she will capstone with a senior recital on Dec. 11, where she will present her senior project, an event planned for Jan. 22, 2020.

"Mark your calendars to Jan. 22. If you love music, you're going love this event," Eckleberry stated. "I'm excited to present my senior project, and I'm excited just to see how the success of this party that I'm putting together is. So just keep a lookout on social media."

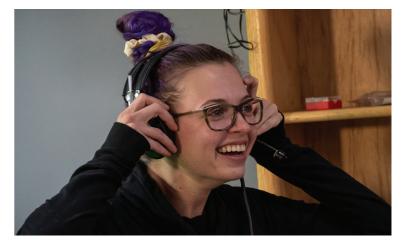


Photo submitted by Ryan Fila Taylor Eckleberry is a camera operator for KMSU's 'InsideOut.'

## R&G Editorial

This editorial may not reflect the views of MSU.

## The Observer is in the right

By Shalom Baer

The student newspaper at Central Washington University, The Observer, is at odds with CWU administration. Administrators demanded that student journalists send interview questions ahead of time before an interview with a student, staff, or faculty member is "approved," and the paper is refusing to comply. This led to interviews being canceled. The issue is detailed in a piece titled, "The Observer stands for a free and unregulated press."

There are a couple of issues with the administration's position. First, interview questions are not always rigid. A journalist can go into an interview with certain questions but have the conversation shift. Questions often have to be adjusted or added to understand a story. Being restricted to certain questions makes the interview process less authentic and less effective.

Not even the White House expects journalists to send in questions ahead of time. Why should a university?

Another problem with an administration expecting interview questions before approving an interview is simply the implication that an interview must be approved. A student, staff, or faculty member should be able to exercise their right to free speech without permission.

Hopefully CWU's administration will adjust its unreasonable stance.

## Prairie Sky Breads opening location in downtown Minot

By Kellie Sink COMM 281

Travis Gerjets, one of the owners of Prairie Sky Breads, is looking forward to his grand opening at a permanent location in December 2019. Gerjets began his business in 2014 by bringing loaves of bread to the Minot farmers market.

"It was the second farmers market I did that. I stayed up all night and worked as hard as I could and made 12 loaves of bread and brought them to the farmers market. Some of the folks that had bought those first loaves came back, and when they came back, they had all these stories about how this bread that we had made reminded them of bread that their grandmother or mother had made or special holidays," Gerjets said. "I remember we had some service folks that said the bread we made reminded them of bread they got at German farmers markets that they always loved going to."

Gerjets noticed a community was forming around the bread and stories and relationships, which became the emphasis of PSB, being a community supported bakery. He said they are trying to create a space with the new storefront that is intergenerational for the community to gather.

He began baking in 2009, trying to capture his family's recipes and continue them through the generations. Taking over the baking from his grandmother, he quickly got hooked and furthered his expertise with classes, training, and learning bread cultures in other areas of the U.S.

PSB is also expanding their menu with their permanent location to include more soups and sandwiches, as well as salads and pizzas.

"When we started this project, we ran a Kickstart campaign, which was amazing, humbling, and very exciting, with the plans of opening in January, I think of 2019," Gerjets said.

The new location of PSB is in an old building downtown that required renovations.

See Breads — Page 11



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148 Hartnett Hall

Minot State University
500 University Ave. W
Minot, ND 58707
Phone: 858-3354
E-mail: redgreen@MinotStateU.edu
ONLINE: RedGreenPaper.com

EDITOR
Shalom Baer
ASSISTANT EDITOR
Alyson Heisler
FEATURES EDITOR
Joshua Strong
SPORTS EDITOR
Philip Green
SOCIAL MEDIA DIRECTOR
Calli Delsman

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**Views** expressed by this publication are not necessarily those of the university, its administration, faculty, or student body. Red & Green is printed at Minot Daily News, Minot, N.D.

## Dakota Burger Truck opens a new permanent location



Photo by Joshua Strong

The Dakota Burger Truck parked outside of The East End.

#### By Kellie Sink COMM 281

Jake Lockrem, owner of Dakota Burger Company, previously Dakota Burger Truck, opened his doors on Halloween, unexpectedly transitioning from a food truck to a storefront.

"An opportunity presented itself at the former Mi Casa Su Casa location, and while I wasn't quite prepared for it, it was an opportunity I couldn't pass up. We were able to transition in fairly smoothly," Lockrem said.

At the new location, the menu was able to expand to include more vegetable toppings, grilled cheeses, fries, and tator tots, as well as beer and wine. The menu will still be serving the mac and cheese burger and the donut burger, with more specialty burgers expected in the future.

Lockrem, a Minot local, began Dakota Burger Truck in February 2019, with a homemade burger recipe to capture the flavors he loved while traveling during his time in the Air Force.

"I like a flavorful, juicy burger. I spent years just trying to match up to anything I found overseas or in different areas of the country, and I finally found one that I liked. I kind of sat on it (the recipe) for a long time, fed it to myself and to my family, and came to realization that maybe I should do it as a business." Lockrem stated.

Lockrem said he is passionate about this business, and he has been lucky to have employees that share that passion, as well as neighbors who have given him a warm welcome.

"As I've said before, humble is a word I use a lot and it continues here. We've

See Truck — Page 11

### Student organization provides voice for residents

## By Okunbor Praise COMM 281

The Residence Hall Association (RHA) is the voice of the campus residents. The club is tasked with responsibilities to improve the residence halls by proposing changes to structures, security, and policies.

The National Association of College and University Residence Halls supports and creates an interconnection for residence association in different colleges across the United States. The Residence Hall Association of Minot State has two advisors: Karina Stander and Abigail Graves.

The RHA is structured with executive board members and two hall representatives from each residence hall. Over the years, the team has worked hand in hand to bring meaningful changes to the university's housing facilities. A few examples include co-ed residences, free washers and dryers, new foosball tables, and ping pong tables.

"We connect to other schools through their RHA to get ideas to better our own residence halls," said Nicole Pierce, a sophomore in computer science. Pierce is the club's secretary

and has been a member for two years. "I joined last year as a hall rep, and I joined to develop my leadership skills while helping people in the residence hall have a voice."

The club is ideal for students who want to develop their leadership skills and contribute to the Minot State community.

"I feel like the club is very interactive, makes you think outside the box, and gets you involved with on-campus activities. When residents need help or have suggestions, they come to me and that is a very interesting leadership position," said Christopher Scott, a chemistry major who is a representative for Lura Manor.

Although the team and advisors are new, they are all excited and committed to the job.

"When we want to implement a policy, it goes through the policy committee. Brett (Hlebechuk), our RHA president, is the head of the committee and our hall reps are members. The hall reps are the ones getting the feelers out there to know

what policies the residents are having issues with or need adjustments, then we decide," Graves said.

Hlebechuk, an international business and marketing major from Belfield, feels the organization has had a great start to the school year.

"This year has been an amazing year with the executive members and the hall reps. I'm very happy about that," Hlebechuk said. "We had a lot planned out, but the main events have been Charlotte, our mascot's birthday, Halloween Bingo, and Trick or Treat at the Dome. Sometimes there is an ending event right before finals. We also do a 'Deck the Halls' for Christmas and the winning residence hall gets a prize."

"I think RHA is for those who want to make campus better for residents, devote time towards helping others, develop skills, and make a difference," Hlebechuk added.

Residents can make contributions through the hall representatives or attend meetings. The next RHA meeting is Monday. Follow RHA on social media for updates and events.





Photo by Kellie Sink

Students walk into the Beaver Creek Café. The Café and the C-store will be closed for holiday breaks.

## Dining services to close during breaks

#### By Kellie Sink COMM 281

Minot State University is seeking ways for cost savings in regards to dining services on campus. In conjunction with Sodexo, each party has agreed to cut back in certain aspects. Minot State will be closing dining operations during the holidays for the 2019-2020 academic year. Kevin Harmon, vice president of student affairs, has been meeting with Sodexo to find cost saving strategies while still providing food options to students, faculty, and staff during holiday and seasonal breaks.

Last year was the first year dining service options were available in the Beaver Creek Café and the C-store for students during holiday breaks; however, it was still not included in meal plans and was a separate cost. This year both the Beaver Creek Café and the C-store will be closed during holiday

breaks

Harmon said the meal services are scaling back due to a cumulative lack of traffic. With the scaling back on the MSU end, there is potential for \$90,000 in cost savings.

"Now it's up to Sodexo, obviously, to make some changes — structurally and internally — to find their \$90-\$100,000 in savings," Harmon said.

Harmon explained Sodexo may find their savings in a leaner staff. Due to expanded hours in recent years, the workforce was increased. Those expanded hours included being open until 1 a.m. That extension was rolled back this year and late-night dining services is now open until 11:30 p.m.

"They brought people in that first year, and they were probably overstaffed, considerably. But they really didn't know because we had never done it before," Harmon said. "Also, efficiencies in menu planning, and sometimes when you have all this food and there's five people who show up, that was a tremendous amount of waste. So, now they can find the right size amount of their food portions to the numbers in the traffic."

Harmon said that the university is working to find some solutions for the holiday breaks, specifically Christmas break.

"This winter break is three weeks. A shorter break is a little easier to deal with, but that's a time period that it's important that we have some kind of regular options available," Harmon said.

MSU is working with local food trucks, churches, and the Barnes and Noble bookstore to provide options during these breaks. Harmon said Barnes and Noble is working with their regional management to help find solutions Monday through Friday 8 a.m. to 5 p.m.

"At some schools, it's quite common that the bookstore does a little more business especially on smaller campuses. If you look around North Dakota and at our peer institutions, a lot of them are not open and don't have dining options in the summertime. So, in some markets, it's kind of business as usual that the bookstore provides more," Harmon said.

Dining services will now be closed beginning at 10 p.m. the night prior to a holiday break. Minot State is still sorting through options and details of food for students during breaks but is confident in finding a solution.

### **Entrepreneur event for vets**

#### By Lauren Reeves COMM 281

There are many opportunities for students and members of the community to learn outside of the traditional class times available at Minot State University.

One such event is the Minot State University Veterans Entrepreneurship Training Summit taking place on Dec. 3 at 5:30 p.m. in Old Main, Room 402. This event, created by MSU business professor Tracey Mays, is part of the Severson Entrepreneurship Academy and is an event for entrepreneurs to get help starting their own business.

"It's developed training sessions for entrepreneurs, specifically veterans, active military members, and their spouses, who are either interested in starting their own businesses or have recently started their own businesses and are kind of looking for assistants," said Jonah Kramer, Minot State student and one of the event creators.

Kramer says that the event is important because there are many veterans and military spouses on campus who want to start their own business or need help with finances and building their existing business.

"A lot of people who are leaving the military kind of have a need for what to do next, and a lot of people have ideas of starting their own businesses but don't know where to start or don't have any experience," Kramer said. "These (events) are basically just trying to get some information out there and get the ball rolling in peoples' businesses. This one in particular, businesses and sourcing finances, is one of the more difficult things to figure out right away so hopefully this event can kind of help people out who are interested in starting their own businesses."

Kramer said that the event is open to anyone who is interested in starting their own business but is mostly geared towards veterans, military members, and their spouses. For more information, contact Jonah Kramer at jonah.kramer@minotstateu.edu or visit the Minot State University College of Business Facebook page.

## Food pantry available

#### By Praise Okunbor COMM 281

For several years, Little Flower Catholic Church gathered a food collection and donated it to Minot State. Prior to an actual pantry being set up this summer, the donations ended up in small bins at the Minot State Wellness Center.

"Last year, Paul Brekke (MSU Wellness Center coordinator), the Wellness Center staff, and I were talking about these bins and clearly there was a need to put these items in order because the food would just go fast," said Anna Dykeman, Minot State campus minister. "I said that Lutheran Campus Ministry would be willing to partner in that organizing because feeding people is what we're good at."

"We just provided space and the resources they needed to make it successful," Brekke said.

Paige Dolan, a senior in physical education, has been part of the Lutheran Campus Ministry since she came to Minot State.

"When Anna asked me if I would like to be in charge of organizing the food pantry last summer, I said yes," Dolan said. "Getting it started was definitely a challenge. It was mostly Anna and I and also Paul Brekke during the startup period. We also had problems in getting consistent donations."

Dykeman and Dolan are a part of the Lutheran Campus Ministry, a faith-based campus ministry on campus. Being the campus minister, Dykeman is available to offer extra support to students during their time here.

"The ministry is a faith-based club, we are active in different club opportunities and we make the Tuesday soup at the Student Center," Dykeman said.

After the initiative, effort was made to get donations and grants to set up the pantry. This fall, a \$2,000 grant addressed to Dykeman from the Minot Area Community Foundation's Arnold I. Besserud Fund was received.

"We went through the grant process, Paul and I met with them and we received this grant. They have been instrumental in our startup because they provided funding for us to get shelves, boards, and other items we wouldn't have thought of from the onset," Dykeman said. "These bins of food that have been coming here for years are now organized and better known across campus."

What started as a move of food items from bins to shelves grew to accept other donations including

See Pantry — Page 11



Photo by Praise Okunbor

The food pantry in the Wellness Center.

## ... Design continued from page 1

JLG Architects has been working through the pre-design process for the Student Center in conjunction with the Minot State Student Government Association (SGA).

This gathering of information has resulted in a proposed design plan that was presented to MSU President Steven Shirley, SGA members, and other faculty and staff on Nov. 14. The images that were presented are not the final designs for the project.

The original timeline of the renovation had been pushed back by about a month, based on JLG's delivery of the proposed design plans to administration and SGA.

There have been three different exchanges of possible design plans between architects and administration — each time more renderings of the designs were requested.

The proposed design plan includes a renovation and redesign of the first and second levels of the Student Center with specific intentions of opening the space up to include more natural light.

Adding to the open-floor plan of the space is the presence of a mezzanine to create a better connection between the two floors in the expanded Beaver Dam.

"Students really seem to like the idea of having a mezzanine in our Beaver Dam, having a main area where you can play games and take part in entertainment activities, then having another level with tables, chairs, and a little study area with study booths for students to utilize," said Janel Bortoluzzi, current SGA president.

In the proposal, the Beaver Dam includes a stage for entertainment acts, coffee bar, balcony area, and booths to add more seating to the area.

Accessibility has been another element of the redesign — a larger, double-sided elevator will be at the center of the building to allow for more effective access. Staircases are also relocated in the design plans.

After a visual listening session on Sept. 12 with students, the images that contained fireplaces were of the most interest to students and there are two fireplaces — one on each level — in the proposed design.

"From what we'd heard previously, students find fireplaces to be homey and make a room feel more comfortable," Bortoluzzi said.

The lower level would include a relocated SGA office, meeting rooms for student organization or group work, and a study lounge.

These designs were heavily influenced by the information gathered from conversation and interaction with students in SGA and the visual listening session conducted in September.

"JLG stood by the commentary of the students. As we kept working through different parts of the design, they kept driving back to the data from when they were on campus in September," Kevin Harmon, vice president of student affairs, said.

The proposed design plans contain many of the elements that students want in a student center, and students who participated in the listening sessions will notice these in the renderings.

But these renovations do come at a cost.

The anticipated cost of the renovations in the design plan are \$5.08 million, according to a presentation by JLG Architects.

To pay for the proposed renovation, a \$75 increase in student fees will be added to each student's tuition costs for the next 15 years — a 12% increase from the current cost of \$625 per semester. This amount is calculated according to current enrollment numbers and

would change as enrollment changes.

"I understand that tuition is quite expensive and university can be expensive and inaccessible for many people — being a student myself, I understand the financial constraints that can be involved with tuition," Bortoluzzi said.

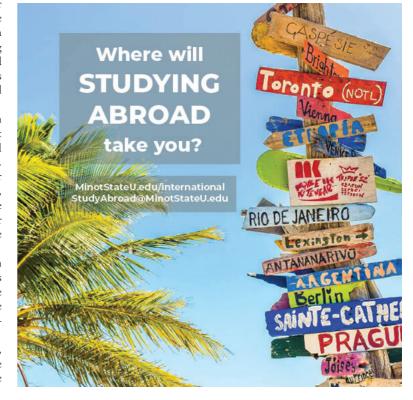
If SGA wishes to proceed, a vote will be scheduled in a few months for members of the student government to ensure student interest and support of the project.

"This a student project that is for the students, by the students, and will be funded by the students," Harmon said. "Ultimately, there'll be a committee at work and student government will have to decide if this is something they want to proceed with in the form of a resolution."

After an SGA vote, the decision would then need to go through a vote of the Minot State student body to be approved.

Bortoluzzi stated that the project wouldn't happen if students voted against it.

"We first of all need to see where students are in this whole process, because this is something that's important that students buy into and see the value in," Harmon said. "The first step is to have a conversation and listen, then see how the students want to proceed — with a vote or not."



## **Sports**

# Wrestling season is on the way

Monica Rivera

Minot State University wrestling kicked off their season with an intersquad match followed by the Jamestown Open and the Bison Open at North Dakota State University.

Every year, teams battle back and forth trying to be the best.

Jake Belland, a senior from Watford City who finished fifth in the Bison Open, talked about how the season is going to look this year.

"This year is looking good, everyone's putting in extra time and effort. I'm very excited to see where this season takes us. We've got three guys ranked in the top 25 in the nation, having more All-Americans this year," Belland said.

Parker Osterman, a senior from Wilcox, Arizona, agreed with Belland about working hard this season.

"Day in and day out, we work hard especially when injuries come around. We definitely do whatever it takes to not only be healthy for the season but to strive to do our best, especially since for some of us it may be our last," Osterman said.

In athletics, there are constant practices.

"We drill hard almost every day with lots of live wrestling in practice, we do it so we're in better shape than anyone we face on the mat. Everything is about preparation. What we did to prepare for that one moment," Belland said.

With being an athlete comes the risk of injury and having to recover.

"I started off the year with a pretty bad ankle sprain. It has been very challenging considering that it's very tedious and small things that I have to keep improving on until I'm able to compete again," Osterman said. "I have started wrestling live again, but I continue to rehab for my injury until I am completely healthy."

This year, the Beavers have a total of nine seniors. Upperclassmen are the forefront of each program to set the tone for the underclassmen.

"Advice I would give to the underclassmen is that focusing on academics is just as important as wrestling. If you're paying attention in the classroom and working hard to achieve what you want to academically, it will transfer to the mat. Academics and athletics go hand in hand," Osterman said.

The Beavers' next match will be against the University of Mary on Sunday at the Minot State Dome.

## Minot State hockey battles Iowa State in a National Championship rematch



Photo by Joshua Strong

Adam Wowryk scores the opening goal in the second game against Iowa State. The Beavers won both games in the series.







## **Sports**

## MSU football shows skill despite 66-30 loss to Bemidji State



Photo by Joshua Strong Lavante Bushnell breaks the Minot State record for most career receptions during the Division II era.



Photo by Joshua Strong True freshman Ali Mohamed is now the Minot State record breaking leader in rushing yards.



Photo by Joshua Strong Jose Moreno kicks off for the last time in his college career.





# MSU volleyball wraps up season

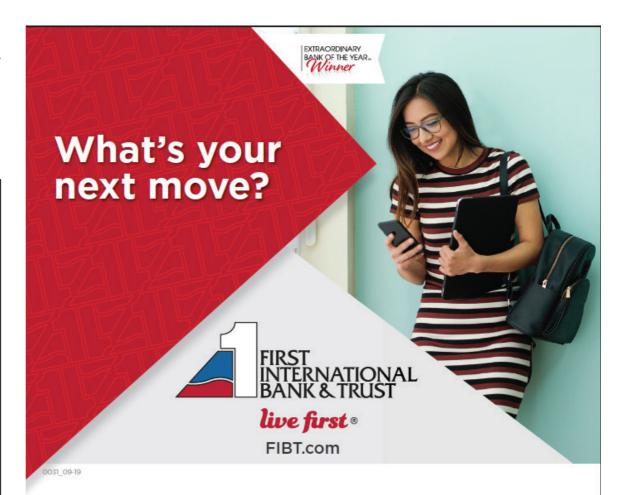


Photo by Joshua Strong Karli Koza celebrates a point scored against Augustana.



Photo by Joshua Strong

Senior Shae Peterson digs in her final home match.



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## **Red & Green**

## ... Truck continued from page 5

had our road bumps and speed bumps in the process, and people have been nothing but gracious," Lockrem said.

While the burger truck will be stationary for the winter, Lockrem hopes to make updates and use it for special events in the upcoming year.

Winter hours for DBC are expected to be Monday through Saturday 11 a.m. to 10 p.m. and Sundays 11 a.m. to 9 p.m.

## ... Pantry continued from page 7

clothing, stationary, toiletries, and other items.

"For years, the Wellness Center collected clothes which were in a clothing exchange bin. Now, these donations are kept in the pantry and we consider it important to accept only good and conditioned cold weather clothing, winter coats, mittens, and so on," Dykeman said.

A high percentage of donations received for the pantry is from churches in the city.

"During the summer, we had donations from Pursuit, Bread of Life, Lutheran (churches), and we've received from members of the community and some individuals gave money towards purchasing food for the pantry," Dykeman said.

Donations can be made to the pantry at the front desk of the Wellness Center. A slip requesting the basic information of the giver will be filled.

"The donations are brought to the storage, and I check and shelve them. Wednesdays and Fridays are the days I usually re-stock — depending on how much is gone — I may need to re-stock earlier," Dolan said.

The food pantry is located on the first floor of the Wellness Center, just before the Wellness Center's exit to the dome. It is open Monday through Friday from 7-11:30 a.m. and 2-6 p.m., as well as 6-9 p.m. on Wednesday nights. Students, faculty, and staff of Minot State can walk in during these times to pick up items from the pantry for free.

## ... Breads continued from page 4

"The process of opening a bakery has been eye opening, it's like chaos theory. There were tariffs put on certain import items, which delayed them from getting here. If someone gets sick, or certain holidays. There are all these things that have happened and can happen and will happen in this process," Gerjets said. "But, we've had an extra year to learn a ton of stuff."

Gerjets said over the last year they have been able to bring on new staff and partners, test new recipes, and talk with community members, leading to him being more confident and comfortable with the opening.

"There's so much we learned, and there's something to be said about taking your time and building up this community that we have now," Gerjets said. "It's super encouraging and humbling to know that when we open our doors, there are going to be people that come. We don't have to wonder about that. There

are people who are excited for us to open our doors and want us to open."

Gerjets is excited to have space and a kitchen dedicated to the business. They are planning to be open Wednesday through Sunday, with Thursday through Saturday having extended night hours with pizza. They will also have a wine and beer license, live music, and storytelling, as well as Sunday brunch.





Minot Daily News is seeking a night reporter. Responsibilities include both local sports and news coverage, proofreading, supporting the night editor and sports editor, processing box scores and shooting photos.

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