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Minot State celebrates 90 years of Homecoming



MSU's 2018 Homecoming King Celestino "Sal" Rodriguez and Queen Sidni Kast pose for a picture during the homecoming football game Saturday. Buckshot happily photobombs during the event. For more coverage of the parade and game, see page 6.



NOTSTOCK events begin in the Student Center Thursday at 9 a.m. Live printing with Ben Chlapek and DIY screen printing begin that morning in the Beaver Dam.

NOTSTOCK event celebrates the arts

By Isis Cabral
Comm 281

Minot State will host its 12th annual NOTSTOCK event Oct. 4 - 6 in the Minot State Student Center.

"The event lasts for three days, and it celebrates theater, music, poetry, art, film, and a number of other arts. It's not just an art event, but an event that celebrates all of the arts," Bill Harbort, co-chair of humanities and art professor, said.

Harbort and Laurie Geller, vice president for academic affairs, are the co-founders of NOTSTOCK and spend a substantial amount of time planning the event to ensure it brings an inspiring environment for those who participate.

"The epicenter of the event is in the Beaver Dam," Harbort said. "That's where there is live music,

printmaking, screen printing of t-shirts, a poetry slam. There will also be signage in proximity of the bookstore to direct participants to other event opportunities."

The NOTSTOCK events schedule is available at MSUNotstock.blogspot.com. Events run from 9 a.m.-8:30 p.m. on Oct. 4, 9 a.m.-2:30 p.m., Oct 5, and 10 a.m.-7 p.m., Oct 6.

"Throughout the three days, we will have several guest artists; two guest poster artists, a ceramicist, a poet, and some local talent. All the events are free to all who want to participate. NOTSTOCK also brings a surge of energy to the community and sparks inspiration to the students that participate," Harbort said.

Photo by DeAndra Miller

News in Brief

Roness named NDSHAPE Teacher of the Year

Minot State University health and physical education professor Troy Roness received the North Dakota Society for Health and Physical Educators (NDSHAPE) Teacher of the Year award on Sept. 24 in Bismarck at the organization's state conference. The award was voted on by Roness's peers. He attributes his success to the education program at MSU and his fellow peers—several of which were teaching when he was earning his degree. Roness earned a Bachelor of Science Education in Health and Physical Education and his master's in education and cognitive science from Minot State.

MSU enrollment numbers remains stable

The total reported headcount for Fall 2018 enrollment was reported at 3,189. This is an increase of 0.6 percent in comparison to 2017, when the headcount was down 0.8 percent from the previous year. Included in this number is the largest freshmen class in seven years with 397 new students. It is also the largest number of students from Ward County since Fall 2011 and the largest class from North Dakota since Fall 2013. Enrollment numbers became official after the fourth full week of classes.

Mandatory Title IX educational program

Minot State University and Title IX require every student to complete an online educational course called Haven—Understanding Sexual Assault. The course is available through the students' Blackboard accounts.

The first portion of this course must be completed by Oct. 1. Failing or not completing the course will result in a hold on the student's account, which prevents the student from registering for spring classes.

Students with questions or concerns may contact Lisa Dooley, Title IX coordinator, at 701-858-3447.

International Artist Series presents Vocal Trash

Vocal Trash is an interactive, Broadway-style performance that can be described as entertainment with a conscience and aims to spread peace, love, and recycling.

The group will take the stage in Ann Nicole Nelson Hall on Tuesday at 7:30 p.m.

Assessment Day set for Oct. 8

There will be no classes from 8:30 a.m. to 3 p.m. on Oct. 8 in conjunction with Assessment Day.

CETL launches t-shirt design

The Center for Engaged Teaching and Learning at Minot State University needs a new t-shirt design. The t-shirts will be given to every new MSU student at orientation. Official rules are below. One entry per student.

The contest is open to all currently enrolled Minot State students.

All entries must be original creations of the contestant. Design cannot contain profanity, trademarks, logos, or copyrighted works of any other person or business.

The winning design will remain the property of Minot State University and will not be returned to you. MSU may use the winning design at any time after the contest. The winning designer may display their own design in a portfolio or personal collection.

A panel of judges representing the

university will choose the winner on Nov. 2.

The entries must be received online or dropped off at the CETL office, located in Old Main room 101 by 4 p.m. on Thursday, Oct. 29.

The entry should be accompanied by your name, email, and phone number.

The entry may be drawn or printed on 8-1/2" x 11" paper or the entry may be any of the following art file formats if submitted electronically to cetl@minotstateu.edu: JPG, PDF, PNG, or PSD. (dimensions: 12" x 12")

The university's brand logo will be incorporated on the t-shirt with the design intended for use on either a white, black, green, gray, or red t-shirt.

Official MSU athletics logos and marks are prohibited from use in the

design.

CETL reserves the right to pick one entry, more than one entry, or no entries as the winning entry.

If your entry is selected as the winning entry, you will receive a \$100 scholarship.

The CETL office reserves the right to terminate this contest at any time, effective on the date of issuing the termination notice, and are under no obligation to give notice prior to the date of termination.

You agree that if you submit an entry, you will sign an agreement statement form prepared by the CETL office acknowledging your acceptance and understanding of the complete contest rules including that the winning design is the property of MSU.

Student Spotlight...



Submitted Photo

Chris Stroschein performs a musical for a summer reading event at the Minot Public Library.

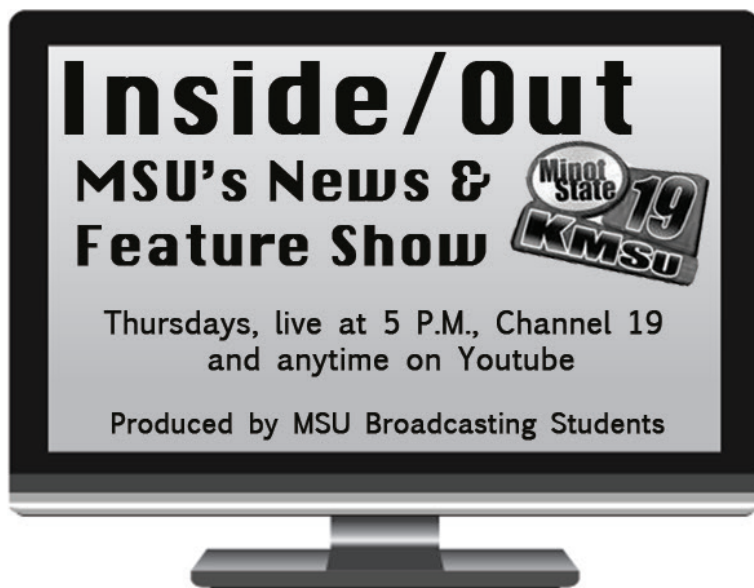
Improv inspires returning student's future

By Shalom Baer
Comm 281

Chris Stroschein, originally from Burlington, N.D., describes improv as "an exercise in being present," and he's had an interest in the exercise since high school.

"I grew up just outside of Minot. I went to Des Lacs, a small rural school just outside of Burlington," Stroschein said. "I had a really great English teacher, and he was connected to the theatre department at the time at Minot State. He would encourage us to come in and

See *Improv*— Page 5



Voices on Campus

'What is the relevance of Homecoming?'



Sidni Kast
Biology

"Homecoming is where people who are alumni or current students get together and celebrate all the great things Minot State has to offer—whether it's sports, academics, or even extracurriculars. Everyone can come together to celebrate those things, and also to support the football team."



Daniel Daffinrud
Athletic Training

"It's a time to highlight our school spirit and support our school."



Thea Bonebrake
Biology

"The community coming together for one common thing and you see everybody — no matter where they're from or what they do, or what their main goal is. They're all here just to celebrate what Minot State is for, what education is for."



Emily Love
Marketing and International Business

"Homecoming is about the effect Minot State has on a community and how it brings people together with a commonality to have a good time and celebrate as a whole community—bringing Minot together."



Rohit Tiwari
Computer Science

"It gets everyone together in one place from everywhere in the community to have fun."



Clarence Hardy
Criminal Justice

"We're here to come together and support each other. It's a really fun time here at Minot State."



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R&G Editorial

This editorial may not necessarily reflect the views of MSU.

Face problems head on

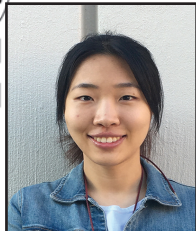
Nike's recent campaign with Colin Kaepernick has again brought the former quarterback to the forefront of conversation, along with other athletes who share his concerns. While watching a few sports programs recently, I came across a host, Jason Whitlock, who criticized both Kaepernick and LeBron James for focusing on racial issues — claiming it caused problems to pay attention to it — and who claimed that their concerns were nullified because they are wealthy.

These comments stemmed from a statement by James where he voiced his opinion that no matter how much money someone has, they will still be considered inferior as a person of color.

I will be the first to say that having money changes neither race nor the way people will treat others because of it. The blatant truth is that a racist will always be who they are — money has no bearing on the situation. Whitlock's stance in believing money destroys racial issues is misguided and a horrible rhetoric to espouse to others.

His worrying comments about how focusing on race creates more problems is inherently more dangerous. Ignoring racism will not suddenly make it go away. Furthermore, telling people that talking about it is problematic is a veiled attempt at silencing those who suffer from injustice in our country.

Ignorance of a problem does not erase the problem. We must come together to find a way of healing issues, like racism, by addressing it head on—without fear and without judgment.



Yun Ji Nam
Features Editor

They say the only thing crazier than love is family, and the protagonist of “Crazy Rich Asians,” Rachel Chu, knows exactly what that statement means. She goes through all sorts of hardships to win her love, but wishes to stay true to herself to the end.

In the film, Chu is happily in love with her boyfriend Nick Young, who is too good to be true; Young has both looks and a loving heart. Chu wants to pursue her love interest, yet it seems as though her average family background is in the way; she is an all-American girl who was raised by a Chinese immigrant single mother while Young grew up like a crowned prince in a crazy rich Asian family in Singapore. It seems as though whatever Chu does isn't good enough for Young's family; they say that he is too perfect for her. All Chu wants is simply to love and be accepted by Young's family, but, sadly, Chu is nobody to them.

Of course, Chu succeeds and wins her love in the end. The happy ending is easily predictable; however, what makes “Crazy Rich Asians” great despite such a speck of flaw is

On Movies

“Crazy Rich Asians”

the normalization of Asian culture on the cinematic screen for the first time. “Crazy Rich Asians” defies the white-washing trend in the film industry like fresh rain for a drought. The movie is the first major studio film with an all Asian cast. “Crazy Rich Asians” shows that a film can be filled with talented minorities and still be mainstream.

The portrayal of Asian culture in the American film industry has been rather cruel to Asian people; Asian characters were only allowed to be portrayed as the weird, odd ones out. Through the white gaze behind the camera lens, the oddity or exoticness of Asian characters has become hardened as immutable stereotypes of the culture; they often come with accents, unnecessary martial arts, racial castration of male masculinity, sexualization of the females, and comic relief derived from physical appearances and lack of reactions.

The director of the film, Jon M. Chu, breaks Hollywood's long, drag tradition of white-ceiling and has demonstrated his subtle, yet clear, direction here and there in the film. He says goodbye to the prejudiced archetype of Asian people, the abnormal cinematic illustration. Instead, he invites the audience into the world of normalcy, not to an exotic land. In “Crazy Rich Asians,” Singapore is a center of the story, a glimpse of our future where diverse

ethnicities live in harmony. The film is thriving with beautiful scenery, fun festivity, delicious food, and romantic love stories.

What is more noteworthy about the film are its characters. For the first time, Asian males get to play the type of men that guys want to be like and that girls want without having to reluctantly perform Kung Fu. In terms of representation, “Crazy Rich Asians” is revolutionary. Young is attractive, he's every girl's dream boyfriend. With his charming British accent and warm heart, other men can feel the burn of Young.

The female protagonist shines in the film as well. Rachel Chu's struggles

are never ending; she gets a bloody, rotten fish delivered to her hotel suite from other jealous girls. They never think she is enough for perfect Young; they try to trap, hook, and sink her down like the dead fish.

She is shaken and crying by the cruelty of her struggles; however, in the end, she decides on her own to be who she is. At the end of the film audiences see a strong, independent Asian woman who speaks her mind. Chu shines for her honesty, confidence, and determination, not for her sex appeal or martial arts skills.

Chu succeeds in “Crazy Rich

**See Crazy Rich Asians—
Page 11**

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Views expressed by this publication are not necessarily those of the university, its administration, faculty, or student body.

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Martina Kranz
Copy Editor

I am a creative writer and, as a creative writer, I always look for articles and books to help me with my craft. The book, “The Complete Writer’s Guide to Heroes and Heroines: Sixteen Master Archetypes” (2013) by Tami D. Cowden, Caro LaFever, and Sue Vidars, will do exactly that—help me construct interesting and intriguing characters and, to some extent, story plots. Over the summer, I learned about “Heroes and Heroines” in an online course called Moving the Margins: Fiction and Inclusion at the University of Iowa.

In the book, Cowden, LaFever, and

On Books

“The Complete Writer’s Guide to Heroes and Heroines: Sixteen Master Archetypes”

Vidars list sixteen male and female archetypes—a perfect example of a certain person or thing—and the reasons they do or don’t act. The authors also list the virtues and flaws of these archetypes, two different styles of the archetypes, and their possible choices for an occupation. For example, one male archetype, the chief, might be a born leader or conqueror, and the female archetype the spunky kid might be the girl next door or the working girl. The authors explain the core, evolving, and layered archetypes, list the many different pairings of these archetypes, and provide examples found in films, television, and literature.

For example, in “Pride and Prejudice” by Jane Austen, Fitzwilliam Darcy, a nobleman, is the chief archetype and Elizabeth Bennet, perky, upbeat, and fun, is the spunky kid. Darcy is a dynamic leader, but a workaholic and stuffy. Pride rules Darcy’s world because he fulfills his duty with decisiveness and courage. Bennet is smart and the apple of her father’s eye. Relationships and friendship matter to her. At first, misunderstandings about Darcy’s connection to Wickham and Jane’s relationship with Bingley overtake Bennet’s opinion of Darcy, but after an eye-opening letter, she realizes her “prejudices” against him.

In their authors’ notes, Cowden,

LaFever, and Vidars claim that “through identification of the archetype underlying a character, writers gain deeper understanding of attitudes, perceptions, and driving forces that lie at the heart of the characters and the conflict he or she faces.”

Many writers struggle with characterizing their characters, including me. “Heroes and Heroines” enlightened me. This book gave me the psychological profiles of the different types of heroes and heroines. As a writer, I want the reader or audience to believe in my characters, their motivations, and their choices. I intend to keep “Heroes and Heroines” as a guide book to create my future

stories’ characters. This book doesn’t encourage writers to create cookie-cutter characters or stories, but encourages them to forge unique, memorable characters for their stories’ plots and conclusions. With this book, writers can elevate their writing by picturing the archetype in their mind, improving their protagonist’s characterization, and also their minor characters. “Heroes and Heroines” is a great jumping-off point for the writer standing on the rock in the middle of a river of ideas. It’s a book that the professional or novice writer should read and obtain for their bookcase.

... Improv continued from page 2

watch productions. I particularly fell in love with an on-campus group called the Minotables. It was an improv group — they did short-form improv, and it was goofy and they would pretend to be a bowling team. It was a hoot. Me and my friends would come in and see every show that they did — I was a bit of a groupie.”

After watching improv shows, Stroschein realized it was something he wanted to pursue, and he enrolled in the theatre program at Minot State in 2004 after graduating high school.

“That (experience with improv) kind of made the decision for me,” he said. “(I thought), oh, I want to do that! And all the better that I don’t have to go too far to do it, and I came here as a theatre student.”

While earning an undergraduate degree in theatre at Minot State, he joined the improv group that he had admired when he was a teenager.

“I did an audition for that improv group and was part of it for a whole year,” Stroschein said.

The Minotables ultimately dissolved as a group, but Stroschein picked improv back up after he graduated from Minot State in 2009.

“I started hosting improv jam nights. I’m part of what’s called the Pangea House, which is an art collective in town. Our main thing has always been being an all-ages performance venue. We live in 62 Doors Gallery now. It was very informal, and we would just roll through a bunch of scenes and let the improv snowball,” he said. “We did a couple of short tours around the Midwest. We would do a scripted half and then an improv half.”

In 2012, Stroschein moved to Minneapolis where he was involved in the improv scene there.

“I found myself involved in Huge Improv theatre in Minneapolis. I did some different things: set construction, some plays, I took a few classes there. I was a bartender and also an improv tech, so I ran the tech booth and did improv lighting and sound and follow along with the show,” Stroschein said. “That was really fun. I just learned a lot about improv. From both, doing that tech side and

then also seeing all the really great performers at Huge at the time.”

Stroschein eventually grew tired of city life in Minneapolis and returned to North Dakota. After working construction for a few years, he re-enrolled at Minot State for the 2017 fall semester. He is now primarily focusing on an English education degree and hopes to integrate improv into the classroom.

“Part of the North Dakota standards is speaking, listening, and language — that is improv. I don’t know how I’m going to fit it into lesson plans, but I do hope to use that. That’s my goal — to provide for my students what my English teacher did for me,” Stroschein said.

Specifically, he hopes to reach kids who may not otherwise be introduced to improv.

“My goal is to teach in a rural setting,” Stroschein said. “I wouldn’t put my nose up to being at Minot Public or something like that, but I want to go back to a rural school like the one I grew up in because I feel like there’s a need for that out there.”

Stroschein will lead two improv sessions at NOTSTOCK from 10 –

11 a.m., Oct. 4 and 5, in the Black Box Theater.

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Celebrating 90 years of Homecoming at Minot State



Picture by Alyson Heisler

The Minot State Women's Hockey team on their float during the Homecoming parade. The team plays their first game Thursday at 1 p.m. in Colorado against the Colorado State University Rams.



MSU mascot Buckshot the Beaver entertains and excites the crowd during the football half-time break of the 90th homecoming celebration.

Photo by DeAndra Miller

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Beavers fight back but fall short against the Eagles



Photo by DeAndra Miller

Quarterback Ben Bolinske hands the ball off to defensive back Jemal Williams during the Homecoming game Saturday against University of Minnesota Crookston. Despite being down 7-20 at halftime, the Beavers came back and closed the gap but lost the game 21-29. The Beavers will host Upper Iowa University Saturday, Oct. 6 at Herb Parker Stadium.



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Sports Editorial

This editorial may not necessarily reflect the views of MSU.

Sportin' the frame

By Hunter L. Andes

Volleyball is known to many photographers as one of the most difficult sports to capture in a frame. In other words, it takes more than luck to have good results.

I attempted to shoot volleyball games two years ago and landed flat on my face. I was terrible. The pictures didn't turn out. Everything about them was simply horrid. Then, after I took a photography class, I became pretty good at it.

My teacher was Mike McCleary, a photographer at The Bismarck Tribune. I would soon come to learn that photography isn't so much about taking the picture as it is about making it. Yes, a decent camera is needed, but, really, what it boils down to is framing the shot with a good angle. Oh yes, and manual focus is also a must.

The speed at which the ball is spiked is much faster than other sports. Often times, multiple photographs must be taken in sequence to get one quality shot. It can be a six to one ratio at times. I have gotten better though; I'm down to around a three to one ratio now.

Photography is truly an art as well as a thriller. During some games, I will just sit and shoot for the entire match. The excitement of waiting for the next shot is worth every fraction of a second — pun intended.

Cameras are not easy to operate, but once a person conquers the controls, the fun begins. At least that's how it was for me. I encourage everyone to pull out their cameras, throw the switch to manual mode, and start playing around. What's there to lose?



Torgerson carries the ball in the game against University of Mary on Saturday, Sept. 15 at Herb Parker Stadium. The Beavers won 41-28.

Torgerson embraces leadership role

By Kylar Sharp
Comm 281

Minot State's student-athletes are taught to be great leaders not only in the classroom but also in their sport. Lane Torgerson, a Minot State University football player, strives to be an example of a leader.

Torgerson, originally from Colstrip, Mont., followed the footsteps of his siblings in choosing Minot State.

"It really feels like a family to me. I kind of already knew the area because my brother came to school here for six years. He played football for five and coached his last year. My sister also came here and cheered all four years," Torgerson said.

Torgerson manages to balance schoolwork, football, and the Student Athlete Advisory Committee (SAAC), a committee of Minot State student-athletes advocating for student-athletes on campus. Torgerson was introduced to SAAC through Logan Gunderson, a recent MSU graduate and a member of the committee last year.

"Once I got a better understanding of what SAAC was all about I wanted to be a bigger voice, not only for the football team but on campus as well," Torgerson said. "Being a junior, I learned how to balance all my classes, homework, SAAC, and football. At first it is always a little tough to get back into the swing of things, but because I have done this so many times before it is getting a little easier."



Torgerson

Torgerson is the team captain and starting running back for the team. Until this season, he played wide receiver for the Beavers.

"It has been a real honor and blessing to be a captain for this team. It really humbles me," Torgerson said of his new position. "We are there for each other and we really don't care who gets the most touches on the ball. We share the glory with each other and the entire team. It has really been a team effort."

The Beavers opened the season against Minnesota Duluth on Thursday, Aug. 30, when they lost to the

Bulldogs 49-3, but Torgerson is confident that everything is going to come together for the Beavers offensively, defensively, and even on special teams.

"The only bright side to the loss is that we can only go up from here," Torgerson stated. "I think if everything comes together on all sides of the ball, then we will be very successful and will have a great season."

The Beavers will host Upper Iowa University on Saturday, Oct. 6, at Herb Parker Stadium.



Photo by Destond Hall

MSU student-athletes (from left) Leo Skellenger, Lauren Reeves, and Devan Shumway pose for a photo outside the Dome.

Cross country runners start season strong

By Destond Hall
Comm 281

Minot State's cross country team kicked off their season at the Minnesota State Moorhead Dragon Twilight on Friday, Sept. 6, at the Moorhead soccer field. The men's cross country team finished in fifth place and the women's cross country team finished in sixth place. Junior Leo Skellenger and senior Devan Shumway both finished in the top 20, leading the Minot State men's team. Freshman Lauren Reeves was the top finisher for the Beavers on the women's team, she placed ninth in the meet. Reeves, originally from Anaheim, Calif., finished ninth out of 79 runners with a time of 19:02.70.

"Lauren runs up to 40-45 miles a week and we practice six days a week. It's certainly a big commitment," Mark Del Monaco, head cross country coach, said. "She's done really well adjusting for a freshman with being

miles and miles away from home. As far as the first race, we used a different race strategy than we normally have. We had her start out a little bit slower then kind of work into the final two

miles, so it was a bit conservative."

"I tried to do the best I could during

See Cross country — Page 11

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Soccer loses at home



Photo by DeAndra Miller

Sofia Lewis dribbles the ball against Augustana University last Sunday. The Beavers lost 0-1. The Beavers will host Bemidji State University Friday, Oct. 5 at Herb Parker Stadium.

Beavers rally after early losses



Photo by Hunter Andes

Emily Falldorf spikes the ball during a game against St. Cloud State University on Sept. 15. Beavers lost 1-3. The Beavers will host Winona State University Friday at 6 p.m.



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... Crazy Rich Asians continued from page 4

Asians," she gets the love she deserves like every other cliché movie with a happy ending. Despite some cliché elements, "Crazy Rich Asians" is inspiring, simply based on the sheer fact that Asian characters can tell their own stories. It is extraordinary to find people of all ethnicities and cultures relate so much to a specific story. "Crazy Rich Asians" is particularly Asian, yet there is a universality in its specificity.

... Cross country continued from page 9

the race," Reeves said. "I wasn't really nervous before the race. I just took it as a new opportunity to test where I am and see where I would be. I was happy where I placed for it being my first race, but I do want to move up in placement for future races."

Leo Skellenger is also from California. He is a transfer from Cal State University East Bay in Hayward, Calif. Skellenger was the top finisher for the men's team. He completed the 7K course in 23:26.50.

"I don't know why they chose a 7K, it was kind of weird. Usually it'll be an 8k or 10k," Skellenger said. "I ran a 23:26, which worked out to be like I ran a 5:23 pace, which for me is not super great or anything. Honestly, I was fine with it, with it being the first race of the season."

"Leo came from my previous school," Del Monaco said. "He was looking for another opportunity to compete after running there for a year and a half. We brought him out on a visit and made sure it was a right fit for him, so he came out, liked the school, and decided to transfer here. When he got here, he trained very hard with Devan (Shumway)."

Both Skellenger and Shumway agreed that they set the bar high for one another, and they continue to push each other to the limits they are capable of every time they step foot on the track.

"Our first day of practice we had a two-mile time trial, and I stuck with Leo. Leo is quick, very quick, and I stuck with him the entire time and we finished together," Shumway said.

"I've never had a teammate who can train right with me and really cares about doing well. Devan is really ag-

gressive in wanting to win," Skellenger said. "We've been able to really thrive off of each other's energy."

Shumway has been at Minot State for four years and ran under the previous cross country coach for three years. Shumway placed 20th overall in the meet and ran the 7K with a time of 23:21.90.

"Since I've been here, this meet has been our first meet for four straight years. It's a night meet which is kind of cool because that doesn't happen often in cross country," Shumway said. "Our race plan was that we were going to run our first 2K conservative. I got out a little slower than I have liked, but the race showed how much work I put in over the summer. This was the most I ran during a summer block."

"Devan has been very instrumental in the process of beginning to turn the program around. From the moment I got here he has bought into what we are trying to do with the program in terms of goals and where we see ourselves in the conferences," Del Monaco said. "He's been very vocal for us, in terms of being a leader. He's been

kind of like an extension of myself. It's always nice to have someone like that on your roster that kind of has your back in the locker room when you're not there, to keep preaching the same message making sure everyone is brought in."

"As far as being a leader, I just tell the guys that we need to keep the ball rolling," Shumway said. "I try to keep them motivated in that aspect that, yes, we are running a lot, but it's going to pay off in the long run."

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