

Opioid recovery stations integrated across campus

By Aylin Ergin
Comm 281

According to the National Institute on Drug Abuse, the overdose deaths in North Dakota have risen from 4.5 percent in 2014 to 7.6 percent in 2016. Due to the rising number and possibility of a Minot State student finding himself or herself in an overdose situation, the Student Health Center, along with the residence life and housing office, added opioid recovery stations on campus.

The opioid recovery stations — more so kits — are located in the campus's living facilities, campus security office, and the Dome. The kits include a Narcan spray that is administered through the nose. The nasal spray is one-time use only and requires an administrator who is trained in using the spray. This training took place for residence life and housing staff, which included resident managers, residence hall directors, and resident assistants.

Mykal Drosdal, Dakota Hall first floor resident assistant, described the training.

"The whole staff sat down in a room, and we watched a video on the overdose increase numbers in North Dakota and the rest of the United States. It was pretty scary to see how high the numbers were and that there was such big need for these kits," Drosdal said. "We were put through a scenario and it was demonstrated on how to administer it by the Student Health

Center."

Drosdal said he feels comfortable and confident enough after the training to use the Narcan spray if such a situation should occur. Since the spray needs an administrator with the

See Opioid — Page 2

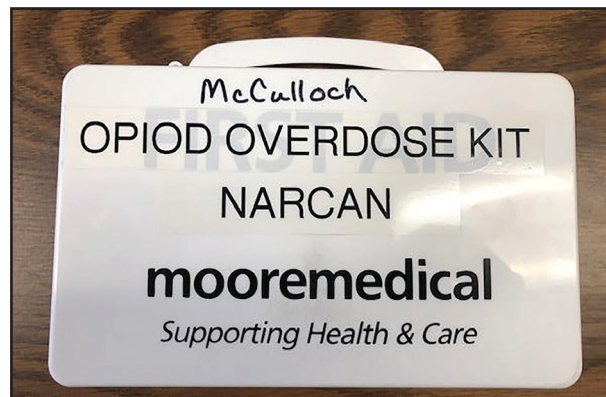


Photo by Aylin Ergin

The new opioid recovery stations are clearly labelled for ease of use. One is in each residence hall for staff use.

Inside This Issue:

SGA members across state unite, urge legislators to vote 'No' on higher education budget cuts, Page 2

Minot State University hosts its first Stand Out event to teach students about self-branding, Page 4

Legislators respond to concerns about plastic regulations and anti-discrimination policy, Page 7



Photo by Aylin Ergin

The opioid recovery stations have been placed around campus in case of emergency. Residence life and housing staff have received training on how to use the kits.

Minot State introduces tuition changes

By Aylin Ergin
Comm 281

Over the past couple of years, the Student Government Association (SGA) has talked with university administrators about changing the tuition model and eliminating online class fees. Last semester, at SGA's monthly meeting, administration introduced a new tuition model they are working on.

"We have been looking at changing our tuition model for a long time because we basically had two models, one for online classes and one for traditional classes. The ones for the traditional classes were from one to 12

credits. The costs were per credit and then from 12 to 18 credits, it's the same price — it's called a banded tuition rate. For online, we just charge by the credit all the way through," Brent Winiger, vice president for administration and finance, explained.

SGA wasn't the only group pressuring the university for a new tuition model. The State Board of Higher Education asked Minot State to come up with a new tuition model to come into effect fall 2019, and Minot State did.

"We decided a few different things. The first item is that tuition now is going to be charged on a per credit basis up to 12 credits for all the classes,

including all modalities of teaching it. Then it will be the same thing (banded tuition) from 12 to 18, and then it will be overload charges above 18 credits. It encourages students to take more credits so that they can graduate sooner; that is in everybody's best interest, especially the students. They get into the workforce faster and spend less time in college paying us, and it is an incentive for higher graduation rates," Winiger concluded.

Another change that students will see this coming fall is that most course and class fees will be eliminated, even program fees around campus.

"Not all of them are going away —

we have got some that are very specific for some programs that we didn't feel like it would be fair for other students around campus to pay for that, and that is things like nursing and music," Winiger explained.

Minot State and the state board discussed going to a straight per-credit tuition model, which Minot State didn't think was in the best interest of the students because it would start getting too expensive for some students taking a lot of credits each semester. Having said that, the new tuition model comes with a price.

"We will lose some tuition revenue on this, like the extra money that we

got from those online classes and extra charges per credit. We have anticipated that, so we might have just a slightly bigger tuition increase, but we are not sure about that yet," Winiger said.

SGA was very supportive of the new tuition model and the idea of keeping the banded tuition, making all the classes exactly the same type of tuition structure. Winiger further elaborated that the old tuition model had caused a lot of frustration and anger among faculty, staff, and the students. Not just the pricing of it, but also the complicated structure it brought.

See Tuition — Page 2

News in Brief

Athletic Training Students earn second place in Quiz Bowl

A team of Minot State athletic training students, including Daniel Daffinrud, Rebecca Damato, Clarissa Ramirez, and Sarah Robinson, was chosen as one of two teams to represent the North Dakota Athletic Trainers Association (NDATA) in the Mid-America Athletic Trainers Association (MAATA) Student Quiz Bowl in March.

Martin Luther King, Jr. Writing Contest

The Diversity Council invites students to participate by writing an essay based on their dream. Entries can be turned in to Annette Mennem in Room 305, Student Center. The deadline for the contest is Feb. 15, and is open to all MSU and DCB students. For more information, contact Annette Mennem at 858-3112 or Annette.Mennem@MinotStateU.edu.

Free Movie Day for students

On Monday, students can select any movie at AMC Theater with a start time between 5 and 7 p.m. and get in free with a current MSU ID.

SGA meeting open to students

The Student Government Association will hold a meeting on Monday at 7 p.m. in the Westlie Room on the third floor of the Student Center. Students are invited and encouraged to participate in campus-related discussions.

Assesment Day

There will be no classes before 4 p.m. on Feb. 19 due to Assesment Day.

...Opioid continued from page 1

specific training, the kits are located behind the residence halls' desk areas where only staff can access them. The residence life and housing office reported that no kits have been used thus far, but two kits in two residence halls were replaced due to their expiration dates. Even though Drosdal has been trained on administering the Narcan spray, he hopes that such a situation does not occur.

"It's a scary situation to face, honestly. You can never be sure if the person is actually having an overdose or how they are going to react when they are conscious again. When you use a normal nose spray, you test spray before but you can't with Narcan, so you only have one try," Drosdal elaborated. "I hopefully never face this situation, but when I do, I will know what to do."

Drosdal's worry about not knowing if someone is experiencing an overdose and having to administer Narcan anyway is a legitimate concern. This is one of the reasons why long discussions occurred between the Student Health Center, housing office, and university.

The reason why all parties ended up deciding to have the opioid overdose kits on campus was because the only side effect that occurs to a person who had been administered Narcan and did not experience an overdose is an unpleasant feeling in the nose for a little bit. This is a small risk compared to not having the kits at all and possibly having a student or visitor to campus die of an overdose.

...Tuition continued from page 1

"We have really tried to think about transparency with this new tuition model; we want there to be as little confusion as possible, so we really simplified the model down. It is also great for students as they can do better financial planning," Winiger emphasized. "In addition, we decided that we are going to keep our 'Grow North Dakota' model, which means that people coming from out of the country or out of state get the same rate of tuition as the in-state students. We felt really strongly about keeping that."

A previous version of this article inadvertently used "bandit" instead of "banded" to describe the tuition model.



Student Government Association

A Resolution in Support of Continued Funding to Minot State University and the North Dakota University System

WHEREAS, Minot State University (MiSU) is part of North Dakota University System (NDUS) and facilitates 3000+ students in their higher education; and,

WHEREAS, the purpose of MiSU Student Government is to represent students enrolled in MiSU and advocate in support of access, affordability, quality, and the student experience; and,

WHEREAS, the budget for higher education was significantly reduced during the 65th Assembly of the North Dakota State Legislature due to tax revenue shortfalls from oil and agricultural commodities; and,

WHEREAS, Governor Doug Burgum released budget guidelines on April 18, 2018 calling for a 4.5-5 percent base budget reduction for large government agencies, which includes higher education and MiSU is part of it; and,

WHEREAS, additional budget cuts to higher education would significantly complicate the ability of MiSU to provide a quality education in cheaper cost, as well as harm competitiveness; and,

WHEREAS, higher education provided at MiSU is instrumental in diversifying North Dakota's economy and advancing the state towards financial stability and economic prosperity; so,

THEREFORE, BE IT RESOLVED, that MiSU Student Government opposes a state budget that does not provide sufficient funding to the NDUS and MiSU; and,

BE IT FURTHER RESOLVED, that MiSU Student Government shall adopt funding for higher education as one of its 2019 legislative priorities.

Bikalpa Ghimire

VP of State Affairs

and

Minot State University NDSA committee

Photo submitted by MSU SGA Budget resolution letter, prepared by Bikalpa Ghimire and approved by the SGA body, to be submitted to legislators in opposition of further budget cuts to universities.

SGA members across state unite, urge legislators to vote 'No' on higher education budget cuts

By Lauren Reeves
Comm 281

Gov. Doug Burgum of North Dakota recently proposed his budget recommendation for the legislative session that includes a four to five percent budget cut from many of the large institutions in the North Dakota University System. These proposed budget cuts come after the last

budget cuts went into effect last year, which resulted in the freezing or elimination of several university faculty and staff positions.

"Minot (State) lost 60 positions because of that budget cut, and all the infrastructure was left undone even though so many things were supposed to be renovated," Bikalpa Ghimire, Minot State SGA vice president of

state affairs, said.

Ghimire and many other SGA officers from Minot State, as well as representatives from other schools' student government associations, united to write a note to legislators, urging them not to vote for the budget cuts because they fear these cuts will cause more damage to the universities of

See Budget — Page 6

Opinion

Voices on Campus

'What is your preferred dipping sauce?'



Saebom Lee
Marketing

"I would definitely choose honey mustard. Since my childhood, chicken tenders with honey mustard have always been my favorite."



Wyniah Mintz
Communication Disorders

"Ketchup because it goes with everything: fries, burgers, and hot dogs. I, personally, couldn't imagine eating my fries without it."



Abby Flatmoe
Special Education and
Elementary Education

"Ketchup goes with almost anything — it's the perfect thing to complete a french fry."



Paxton Wahlund
Biology

"You can't go wrong with ketchup — you can have it with almost anything, but my favorite thing to pair with it is french fries, no doubt."



Spencer Gordon
Biology

"Barbeque sauce goes perfectly with everything, and I like pairing it with wings or fries most often."



Braydon Peterson
Communication Disorders

"Definitely ranch; I put it on basically everything and I blame that on growing up in the Midwest."



Bank on Greater *Convenience.*

Person-to-Person Payments with Popmoney

Eliminate the hassle of checks and cash. Now, sending and receiving money is as easy as emailing and texting!

Use Popmoney to:

- Send money to your child at college
- Reimburse friends for that fun outing
- Pay your babysitter or lawn care service
- Pay rent to your landlord or roommates

Additional Mobile Conveniences:

- **NEW!** Apple Pay
- Mobile Check Deposit
- Bill Pay
- View Your Balance Instantly
- Find an ATM or Branch Location

You may be charged access or data usage fees by your provider based on your phone plan. Please check with your provider for details on specific fees and charges.



live first

Arrowhead
150 16th St SW
(701) 839-2170

Broadway
1600 S Broadway
(701) 837-1600

North Hill
2150 21st Ave NW
(701) 837-2050

firstintlbank.com

R&G Editorial

This editorial may not necessarily reflect the views of MSU.

Practices are customary actions that are put in place and implemented. Policies can become practice, but there are also practices that exist without policy.

The issue with practice without policy is that there is no clear guideline on when said practice should be implemented. There is no clear rule that governs when a practice should be overridden or used.

We, as students, saw this play out with the recent debate over the closure of our university for Jan. 29 and 30. As students lamented about the possibility of the coming cold and braved 48 below zero wind chills on the 29th, posts on Facebook by the university informed students that there was no decision yet on whether the school would be open the 30th. Some students informed the school about having to use their inhalers because the extreme cold aggravated their asthma, while others explained that their cars would not even start in the weather and they were worried about professors not being understanding of their absence.

Responses from administration seemed to be speaking from their places of privilege on Jan. 29 as they commented about memes joking about the cold, instructed students to dress warmly, and reminded students to plug in cars and use garages in preparation for class — working on the assumption that all students have the same resources they do.

In the end, the school did close Jan. 30, but not without giving reasons for the delay. Some such reasons were, “Historically schools in North Dakota have not closed for temperature, only for large amounts of snowfall.” Another rationale was that, “All of the universities (including us) and colleges and most of the public schools in western North Dakota remained open (Tuesday).”

Therein lies the issue. The only framework our school had to work from was that of practice because it lacks a clear policy. Hopefully, the significant student outreach will inspire the university to adopt a cold weather policy in order to streamline these decisions for the future. That way, students do not have to accuse the university of being uncaring for their strife before receiving the understanding they require.

Minot State University hosts its first Stand Out event to teach students about self-branding

By Lauren Reeves
Comm 281

There are a lot of ways to be successful, and there are many routes people can choose that will lead them to success. SGA held a Stand Out event at Minot State University on Jan. 22 to help answer questions about how to be successful, presenting speakers from the community to share their success stories.

“One of the biggest things that I’ve noticed throughout these past couple of years at Minot State is there’s a big disconnect between the Minot community and Minot State campus,” Aaron Richard, SGA president, said. “I wanted to bring some outside people from the community onto the campus to try and get students engaged and excited about Minot as a whole and meet some people that have a lot of good experiences either at Minot State or through their own personal college careers to help people along their road to finding what they want to do after college and starting their success.”

The event started off with the speakers sharing their stories of how they got to where they wanted to be; they also shared advice for what to do in order for someone to reach their goal. Mike Miller, owner of the restaurant Elevation, emphasized self-branding and being genuine when it comes to making decisions in business and life.

“I can’t put a price on being genuine to people and sending thank-you notes handwritten — send thank-you note emails, send thank-you note text messages, even

thank-you calls. There’s no value in it because it is priceless; those are the most priceless things of being genuine, and genuinely saying thank you to people is priceless,” Miller said. “I don’t think people really know that because everybody is so on the move and trying to get the next best thing and forgetting about investing in the people they have worked with. So, (by) saying thank you and being genuine to people, you’re actually investing in them and that, over time, is going to build your corporation or your self-worth way faster than just regular cash does.”

DelRae Zimmerman, a realtor for Team Rockstars Brokers 12, said the key to becoming the best-selling realtor in Minot was to build trust with colleagues.

“I knew that it was going to be a challenge, simply because I didn’t have those connections in Minot being that I wasn’t from here and that I was young; I knew that was going to be my disadvantage, so I had to turn that into where the people that I really leaned on to help me become successful were my classmates, so when my classmates were graduating Minot State and looking to buy a home, they would call me,” Zimmerman said when discussing how she markets to first-time homeowners.

Jacob Thraillkill, a financial representative at Northwestern Mutual, spoke about how a daily routine can help lead to better days at work and help someone become more connected with co-workers and customers.

“My morning routine is close to

two hours. And not everybody has two hours, but everything that you do in a day is routine anyways. We’re all creatures of habit, so it’s just about identifying what your routine is and what you can do about it,” Thraillkill said. “Starting a whole new routine is kind of a big undertaking. I would say just find a small thing, like one little thing, and start it there. If your routine is that you want to get up an hour earlier, just start with five minutes a week or five minutes a month, and if you do five minutes a week, in 12 weeks you’ll be getting up an hour earlier.”

The speakers also shared advice for students entering their careers.

“Be yourself. That’s the hardest thing in our day and age. Today people don’t think they need to be themselves, that they can be somebody else,” Miller said.

“My biggest hope for the students is that they would be excited about doing something in their career and that they would, you know, ignite a little more

passion than they have to go accomplish something and take the world by the horns,” Thraillkill said.

“I hope that they learned that they can do anything that they want, regardless of where they came from, connections or lack of connections — that you can really do anything that you put your mind to,” Zimmerman said.

Many students may feel that they don’t need to worry about what the speakers talked about because they are training for a specific career and learning all the needed skills in college. All of Stand Out’s speakers went to college; in fact, Thraillkill and Zimmerman are both alumni of Minot State University. Both said their education was good, but that it was not enough to get them to where they wanted to be.

“I think that sometimes when we’re in college, we think that our education will get us far enough, but it’s about our

See Stand Out — Page 11

Red & Green

148 Hartnett Hall
Minot State University
500 University Ave. W
Minot, ND 58707

Phone: 858-3354

E-mail: redgreen@MinotStateU.edu

ONLINE: RedGreenPaper.com

Advertiser: Nicole Thom-Arens

EDITOR
DeAndra Miller
ASSISTANT EDITOR
Alyson Heisler
FEATURES EDITOR
Yun Ji Nam
SPORTS EDITOR
Philip Green
CIRCULATION
Ann Godwin

Letter Policy: Letters to the editor must bear the writer’s name, email address, and telephone number. Students must include year in school and major. Only letters from students, faculty, or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling, and length. We reserve the right to refuse to print letters we consider libelous, superfluous, or ridiculous. Please submit all letters before noon on the Thursday prior to publication. Students are limited to four letters for publication per semester. Letters may be emailed to redgreen@MinotStateU.edu.

Views expressed by this publication are not necessarily those of the university, its administration, faculty, or student body.

Red & Green is printed at Minot Daily News, Minot, N.D.

Vox Humana performs at Rhubarb Fest



Photo by Joshua Strong

From left: J'Kobe Wallace, Kaylee Capp, Nathan Bowles, and Maddy Sem
Vox Humana performed at the Annual Rhubarb Fest held at the Bethany Lutheran Church in downtown Minot. A crowd of about 75 guests attended for rhubarb-themed food, fun, and musical entertainment.

Pinterest Night in the Dam



Photo by Alyson Heisler

Alyssa Baerlocher works on her scarf design during the monthly Pinterest event held by MSU Life in the Dam.

Super Bowl party brings out fans



Photo by Philip Green

A stormy Sunday couldn't keep these football fans away from the Minot State watch party in the Beaver Dam for the big game.

**DON
BESSETTE
MOTORS**

Local: (701) 852-3300
Toll Free: (800) 422-1201
1715 North Broadway
Minot, ND 58703

**Located Just North of the Dome
Parking Lot**



We service all makes 
and models

Great Rental Options Close to MSU!

Pet Friendly Options



24-Hour Emergency Maintenance

With more than 45 years of experience in property management, IMM serves all our tenants with the same high level of quality & service.



**APARTMENTS · HOUSES
CONDOS · LOFTS · STORAGE**

www.immapartments.com ■ 701-852-3648

Student Government Association funds portable breastfeeding unit

By Alyson Heisler
Comm 281

The topic of mothers on campus not having a private, comfortable space to nurse or pump was discussed at the Jan. 14 Student Government Association meeting, and SGA approved funding for a solution to the problem.

Kevin Harmon, vice president for student affairs, brought the issue to SGA after arranging temporary solutions when necessary over the past few years, along with a possible option for a permanent solution.

“Last spring, I was walking through the Miami International Airport, and they had a Mamava nursing station — a lightbulb went off because this is a conversation that we’ve been having for years,” Harmon said. “I’d have mothers, who are students, come to me saying, ‘I need help in this particular building,’ asking if I could help them find a spot they can nurse or pump.”

This issue not only affects students, but also mothers who visit or attend events held on Minot State’s campus.

“This past fall, I noticed mothers of some of our outside users that are here for swimming lessons in the late afternoon and early evening nursing in the atrium,” Harmon said.

Harmon introduced the possibility of purchasing a Mamava portable breastfeeding unit to be installed in the Student Center.

“Student Government has approved funding up to the level of \$20,000 for a station, and the next step is to send bids out to companies to get some potential prices,” Kaitlin Walker, SGA’s vice president of finance, said in an email.

The specific model Harmon presented was the Mamava Original, which costs between \$15,000 and \$20,000 and is a smaller, portable unit with two handicap accessible benches inside.

“It’s designed for single use; however, there is extra room, so if there is a mother and a couple children, they can certainly all fit comfortably within the unit,” Harmon said.

The Mamava app connects all the lactation pods across the United States

and allows mothers to find the location of the pod nearest to them. The app functions as a key to unlock the pod to ensure safety and privacy, as well as a check-in system by displaying if a pod is available or in use.

The unit’s location is planned to be in the Student Center — either in the Atrium or in the former Buckshots area — but would have the ability to be moved to other areas of the campus when needed.

“It’s going to be designed to be here in the Student Center, but, if needed, we could move this to the Dome on a day when we have 10,000 visitors on campus for the state basketball tournament, for example,” Harmon said.

“We’re hopeful that we’re going to be able to do this project — with any luck, you’ll see the unit on campus in March,” Harmon said.

Currently, there are five Mamava locations in North Dakota, including Dickinson State University, Bismarck Airport, Grand Forks International Airport, Minot International Airport, and the Fargodome.

... Budget continued from page 2

North Dakota.

“I have been emailing the local legislators because they are the ones who are going to decide on it; they are the ones who are going to vote on it. I have been emailing them this letter saying who we are and asking them not to vote on these cuts,” Ghimire said. “We are forcing the representatives and senators of the state to know that we do not support these budget cuts. Once you have the official written letter that has backing from our student government senate, then it pretty much represents the voice of Minot State students.”

Because the last budget cuts had such a significant impact on Minot State University, Ghimire and other members of SGA worry that the increase in budget cuts will cause the loss of more faculty members and school programs. He also fears that resources

will become limited as a result, which could lead to inefficient education for the students at MSU.

“The legislators are there to serve the population of North Dakota, so we are trying to show them the importance of higher education, and we show them why higher education is important, why we need more higher education in North Dakota,” Ghimire said. “We have been trying to tell them the importance and that we are saying, ‘If you do the budget cut, we are directly hindering the products of these manpowers (nurses, for example) for the workforce.’”

**For
library
hours,
call
858-3200**



Photo from Mamava website
Model of one of the breastfeeding units that Mamava provides. The school plans on ordering an ADA compliant model to be more inclusive for all users. The unit will also be easily moveable for different events.

Minot State University STUDY ABROAD

Apply by **February 15th** for all
Summer and Fall 2019 programs.

MinotStateU.edu/international
StudyAbroad@MinotStateU.edu

Instructor designs courses that replicate in-person courses

By Shalom Baer
Staff Writer

Patti Kurtz, associate professor of English and director of the writing center at Minot State University, aims to replicate in-person classes through the online courses she instructs as well as those she designs for other instructors.

“We want those courses to be fairly the same, so the students get the same experiences they get if they’re going to be on campus, so we have a master shell that (instructors) have to use,” Kurtz said. “There’s a syllabus, there’s a schedule, there’s a set of lesson modules with lessons, and they’re pretty much required to do that. They (instructors) can make some changes, but they’re not allowed to totally say, ‘You don’t have to do that assignment,’ because it needs to be aligned with stuff we do on campus. Especially with composition — it’s one of those things that everyone teaches differently, and it’s nice to know the online people are getting an experience close to what we do here (on campus).”

Some professors will have an online lecture element to their courses, mirroring face-to-face lectures or office time.

“I know one of my colleagues in the department who does that, where he’ll have office hours or he’ll do an online lecture. There is Collaborate in Blackboard that allows real-time online office hours, so it’s almost like Skyping your professor,” Kurtz said.

But, according to Kurtz, taking online classes isn’t for everyone.

“It depends on the kind of learner that the student is,” Kurtz said. “Students will say, ‘I’m gonna take this online or that online.’ I’m like, ‘Can you learn that way?’ Some students will tell me, ‘I took an online class, and I failed it because I’m not disciplined enough to do that.’”

Another misconception that Kurtz has noticed in students is that some think online classes aren’t deadline-driven.

“That becomes a problem I think; they don’t prioritize that, and they think that they can just do it whenever. I don’t think online courses should be like a

correspondence course where you log in and do whatever you want and not have any deadlines. I think it should be as close to the classroom experience as possible,” Kurtz said.

Jacob Gleissen, a broadcasting and professional communication major with a theater concentration, said he enjoyed the freedom of taking an online class because it allowed room in his work schedule.

“The good side about it was I could go in whenever,” Gleissen said. “If I had to work 8 a.m. to 4 p.m. and then close and do a double or something, I still had a few hours to work on it and then go into the next day and continue working on it and pick up there; whereas in class, you have to actually take the time off to do it.”

Gleissen felt that the online course he took was similar to an in-person class.

“It was a fairly simple class overall because of all the different videos you had to watch that went through everything, the questions were fairly simple,” Gleissen said. “It was just you had to pay attention for it, otherwise you would have missed it. But overall, it was a fairly similar experience.”

For students who are willing to keep a close eye on their online classes, Kurtz thinks this allows good opportunities for students who can’t always come to campus.

“The positives are, obviously, if you don’t live around here or you live at the base or you live out in the boonies, it still enables you to keep up with your classes,” Kurtz said. “If you have a student that’s doing study abroad or who’s on vacation, as long as they check in and they’re disciplined enough to do the work, they can still keep up with their coursework and still graduate on time.”

There is a difference in how online tuition is charged under the current university tuition model. According to the Minot State website, in-person courses are currently charged at a per semester cost for full-time students enrolled in 12 to 18 credits; however, online courses are not subject to this tuition cap and are charged per credit. Undergraduate tuition is \$294.32 per credit.



District 38 Representative Dan Ruby spoke on taxes revolving around plastic bags and other issues surrounding plastic regulation during the Legislative Forum held on Saturday. Ruby addressed concerns regarding how people would afford such regulations and possible environmental impact.

Photo by Alyson Heisler

Legislators respond to concerns about plastic regulations and anti-discrimination policy

By Alyson Heisler
Comm 281

Local legislators gathered for the Legislative Forum, hosted by the Minot Area Chamber of Commerce Governmental Affairs Committee, to respond to questions or concerns from their constituents and inform them about bills in the works of the current legislative session.

“We really do appreciate the opportunity that we have here in Minot to have a close association with and to talk directly to our representative and senators,” Mark Lyman, who moderated Saturday’s forum, said.

Legislators in attendance on Saturday included Oley Larsen, District 3 senator; Bob Paulson, District 3 representative; Randy Burchard, District 5 senator; Jay Fisher and Scott Louser, District 5 representatives; David Hogue, District 38 senator; Dan Ruby, District 38 representative; Karen Krebsbach, District 40 senator; and Matt Ruby, District 40 representative.

The forum began with a question about a bill that preempts cities from putting in separate regulations and proposed taxes on auxiliary containers, which are defined as disposable cups, straws, containers, and bags. Dan Ruby, who introduced House Bill 1200, explained his motivations behind the preemption bill to prevent patchwork regulations in the future.

“When you have chain stores, restaurants, grocery stores that would have this patchwork that they’d have to follow, it should be consistent across the state, so that’s the number one reason I introduced it,” Ruby said.

The tax associated with the use of these products, especially plastic bags, instead of their reusable equivalents could negatively impact people who already struggle to afford food and other basics of living.

“I do think that when you charge for plastic bags, which grocery stores are going to have to pass onto their customers, it impacts people. We’re already concerned about people not being able to afford food, and stealth taxes like that are just another way to make it more difficult for people to afford groceries and food,” Ruby said.

Ruby had anticipated concerns about the bill, especially in relation to environmental impact, and responded by stating, “The plastic bags they are talking about taxing in this city make up less than 1 percent of the litter stream or waste stream.”

“I think efforts towards specific items like straws or bags are a knee-jerk reaction on what those items contribute to the litter or waste in landfills,” Ruby added.

A member of the audience further questioned the “do not pass” of House Bill 2303, the LGBT anti-discrimina-

tion bill, by asking under what current protections or law would someone file that type of complaint and if Hogue would support the bill if one person came forward with a complaint.

“If it were a matter of one person coming forward complaining about that, my answer would still be no because I think when you go down to the legislature, we write laws that will apply to 700,000 people, and if you have one instance where you feel you are impacted, to me as a legislator and policymaker, that’s inadequate,” Hogue said. “I would need information that says this is a persistent problem that affects lots of people in all parts of the state.”

Hogue noted the fact that North Dakota follows the federal law that protects against certain types of discrimination and outside of those conditions the state offers no protection, meaning that there is no reporting method for sexual orientation discrimination.

“All states have a general anti-discrimination statute which precludes discrimination on the basis of race, gender, religion, and a couple of other criteria that the law regards as inalienable in that you’re born into a specific gender or a specific national origin,” Hogue said. “And there are about 13 or 14 states that would recognize that, but of course the Federal Government has never seen fit

See Legislators — Page 11

Sports Editorial

This editorial may not necessarily reflect the views of MSU.

Wednesday, thousands of athletes around the country signed their National Letter of Intent (NLI), changing their lives forever. Around one hundred of those athletes will be joining the Beaver family here at Minot State this coming fall. For many athletes, this was a day they'd been waiting for their whole lives, and for others, college athletics was a last-minute decision.

Last February, I was lucky enough to be a part of this experience when I signed my NLI to play football at Minot State. The recruiting process was one of the most exciting and frustrating experiences I have endured. In early December, I met with a new coach every day, for two weeks straight, who was interested in me joining their program. It was a wonderful feeling and then I wouldn't hear from that coach for weeks or even a month after our first meeting.

I never really knew how interested each program was in me because coaches would put on a show. They made me feel on top of the world, but without getting an official scholarship offer, I could never be certain that I was what they wanted for their program. Once I finally received that first scholarship offer, I knew all the frustration, struggle, and hard work was worth it.

I will never forget the feeling of signing in front of all my friends and family members on National Signing Day, along with several of my teammates and other athletes. It wasn't until I put that pen to paper, giving my John Hancock, that I realized my dream of playing college athletics had come true.

Every year, a new group of athletes will get to go through the same experience that I did. They should be recognized for all that they have accomplished, especially all the future Beavers who will be enrolling next year.

MSU gives top-ranked Augustana a run for their money



Photo by Destond Hall

Maddie Wald dribbles down the court on Friday against Augustana University. Minot State fell short to the Vikings 58-61. The Beavers are back in action in the Dome Feb. 22 where they will face off against Minnesota State Moorhead.



Photo by Destond Hall

Whitney Molina shoots a three against Augustana.



Photo by Destond Hall

Mariah Payne pulls up for three against the Vikings.

Softball takes trip to the desert before they're back in action at home

By Philip Green
Sports Editor

While the winter sports season at Minot State is coming to an end, spring sports are getting started as they progress through the final stages of the pre-season. Avoiding the cold weather of late, the MSU softball team opened their 2019 season with a trip to Las Vegas Friday, Saturday, and Sunday.

The Beavers competed in the Vegas Desert Stinger Tournament against teams from all over the West Coast. MSU would fall short to both Northwest Nazarene 8-7 and Humboldt State 13-1. Both games on day two in Vegas were cancelled due to poor weather conditions. On Sunday, the Beavers beat California State University Monterey Bay 3-2.

Head Coach Dave Kivett had a simple expectation for his young team in the 2019 season.

"Expectation is to just really compete; compete every day, compete every inning — everything else will fall into place. If our kids stick with our mantra, which is 'perfect effort in every aspect of the game,' then we said everything else will take care of itself," Kivett explained.

Kivett is leading a freshman heavy team with just a handful of seniors. As the season edges closer, he lists several players that Beaver fans should keep an eye out for. This list is headed by returning starting second basemen Julia Suchan and followed up by senior outfielder Lauren Cowden and a pair of freshmen: Zoya Robbins and Maggie Mercer.

"Zoya Robbins — pitcher, outfielder — she's going to bring a little unique power aspect that we haven't had. She also swings a really good bat; she should be fun to watch," Kivett said.

Robbins and Suchan were both named as players to watch by the NSIC preseason coaches' poll. As a freshman yet to play a collegiate game, Robbins achieved an uncommon feat. Robbins' goals for the season include living up to the hype the conference presented about her.

"My goals for the season are to just come out hot as a freshman — pitch-

ing and hitting. I want to help my team win, and I think that is pretty much the team goal, too — to win," Robbins said.

Despite the lack of upperclassmen, Robbins and Kivett don't see a lack of leadership on the team.

"Lauren Cowden, she's going to be a senior this year, she's really stepped up and taken a leadership role," Kivett claimed.

"Right away, I was attracted to Lauren Cowden. She's just a natural leader; she doesn't have to try too hard to get people to do what's right for the team. She's a leader vocally and physically," Robbins explained.

The MSU softball team prepared for their trip to Las Vegas, where they played teams from warm weather states. Kivett explains how beneficial it is to have the air supported dome at Minot State, as it helps his team stay competitive with teams who don't face

weather issues.

"I come from Southern California, and coaching the game of softball in Southern California, we played 24/7. Having the bubble allows us to do exactly that, we now have no down days. We are now on a similar schedule that a Southern school or West Coast school would have," Kivett said. "It allows us to do everything you would do outside in a softball practice. I think it keeps us in tone and keeps us in a position to be competitive early in the season."

The softball team will play their first home game in the air supported dome once they return from Las Vegas. That game will be against Black Hills State at 9 a.m. on Saturday.

OPEN BOWLING

Daily & Nightly

*College Rate



North Hill BOWL

X-TREME BOWLING

Friday at 9:15 PM • Saturday at 6:00 PM

1901 North Broadway, Minot, ND 58703
852-4108 • Northhillbowl.com

YOU
have got to have an
OPINION
so why not
SHARE

Minot State students, submit your letter to the editor at redgreen@MinotStateU.edu

\$1.00 SLICES
Monday thru Friday
11am-2pm

Nite Train PIZZA

MONDAY PICK UP SPECIAL:
16" pizza for the price of a 12" pizza

DAILY SPECIAL:
Two 12" cheese plus 1 topping pizza
ONLY \$17.00!
Pick up or Delivery!

Now Hiring Friendly Cooks and Delivery Drivers.
Stop by Nite Train to pickup and application!

(701) 852-5433

515 20th Ave SE Minot, ND 58701

Beavers earn pivotal upset victory over Augustana



Photo by Destond Hall

Drake Jeffries runs the fast break on Friday against Augustana University. Minot State defeated Augie 66-64. The Beavers are back in action in the Dome Feb. 22 against Minnesota State Moorhead.



Photo by Destond Hall

Max Cody brings the ball up as the Beavers faced the Vikings Friday.



Photo by Destond Hall

Kyle Beisch attempts a free throw as the Minot State Beavers faced off against the Vikings of Augustana.

... Stand Out
continued from page 4

relationships and our communication skills, how well we can talk to people, how personal you can be. Then, just because you have the degree and the certification doesn't mean that you'll get the job. Sometimes you gotta send the thank-you note or be personal or put yourself out there. It doesn't get easy just because you got the degree," Thraillkill said.

While these words may sound daunting, Zimmerman offered some words of encouragement and advice on how to use the skills that students learn in college.

"It's OK to fail. In school there is so much pressure put on you, whether it be grades or projects or whatever. It is absolutely OK to fail and try something new. There is nothing better than real-life experience. College can give you all the tools, but ultimately, it's that real-life experience and knowing that you trust in yourself and that it's OK if you make a mistake. You pick yourself up, you dust yourself off, and you keep moving towards your goal; that's what you need to focus on," Zimmerman said.

... Legislators
continued from page 7

to pass this and we're with the majority of states that don't recognize that either. So, the answer is that there might not be a place to file a complaint."

A question concerning updates on the bill focusing on funding for higher education, known as House Bill 1003, was brought up. Krebsbach responded that the bill will be heard later this week in the Senate after crossing over from the House.

"We will be getting that bill after crossover, and where we are with higher education funding at this time is that we hope we can do better than we did last time. There are not guarantees of what's going to come up on that final bill," Krebsbach said.

The next Legislative Forum is Saturday at 9 a.m. at the North Dakota State Fair Center Norsk Room. Community members are encouraged to participate in the discussion, be informed about current legislation, and make their voices heard by their state representatives.

HELP WANTED

SUMMER EMPLOYMENT:
Camp counselors, speech and occupational therapists, reading instructors, and recreation, crafts, and waterfront person-

nel needed for a summer camp in North Dakota. Working with children with special needs. Salary plus room and board. Contact Dan Mimnaugh at Camp Grassick, Box F, Dawson, ND 58428, 701-327-4251, or email grasbek@bektel.com



IPM, Inc. PROPERTY MANAGEMENT


Apartments near MSU starting at
\$395-\$575

Call IPM
701-852-1157

NOTICES

Drop-in tutoring available at the tutoring center, Old Main 103. Check MinotStateU.edu/CETL/peer_tutoring.shtml for times and subjects.

The Minot State University Writing Center is now open in the lower-level of the Gordon B. Olson Library. Check MinotStateU.edu/WritingCenter for open times or to make an appointment.



WYIORS the SMARTEST STUDENT!

EVERY MONDAY
Trivia @ 7pm w/prizes
Karaoke Mon., & Wed. @ 9 PM

Liquor Store Everyday Low Prices!

THE LANDING
BAR & BOTTLE SHOP
MINOT, ND

BAR & BOTTLESHOP
2015 N. Broadway

Must be 21 to enter

The Minot Daily News
has routes available!

Small Neighborhood Routes, open in various areas of Minot that are great for college students!

- Early mornings
- Earn your own money
- Save \$\$ for college!

701-857-1910
Don't wait, Call TODAY!

301 4th St SE • Minot, ND

TRINITY HEALTH JOB OPPORTUNITIES

*Join a growing workforce
with opportunities in many exciting areas!*

CNA: Provide direct quality nursing care to patients under the supervision of the RN-LPN on duty and direction of the Nurse Manager. Must have current North Dakota CNA certificate. Full Time, Part-Time, and Limited Part-Time positions available at Trinity Hospital, Trinity Clinics and Trinity Homes. **HIRING BONUS AVAILABLE** to qualifying applicants.

CPU TECH: Performs duties such as decontamination, preparation of items for sterilization (by steam, ETO, and gas plasma), distribute items to Nursing Care area, monitor the sterilization and decontamination process, and store and distribute sterile supplies. **HIRING BONUS AVAILABLE** to qualifying applicants.

DAYCARE PROVIDER: Ensure safety and health regulations are being met while providing adequate care for children 6 weeks to 12 years of age in a Day Care center.

LPN: Responsible and accountable for assessment, evaluation, plan of care, monitoring and reporting changes to the physician and family. Will delegate selected nursing activities to other health care workers as well as supervise staff with the continuous evaluation of care. Positions available at Trinity Homes and Trinity Clinics. Must have current North Dakota LPN license to qualify.

MAINTENANCE MECHANIC: Maintain Trinity Health buildings, equipment, and systems in optimum operating condition and provide services required by other departments. Maintenance, mechanical/vehicle repair experience helpful. Valid/Current Drivers License is required.

**To see more listings or
to apply, visit
trinityhealth.org**



Trinity Health is an
EEO/AA/Disabled Individuals/Veteran Employer



FirstCare Walk-In Clinic Walk-in care that puts you first.

**Trinity Health FirstCare Walk-In Clinic
puts you first by providing walk-in care
with no appointment needed.**

At FirstCare Walk-In Clinic, we're ready to treat adults and children of all ages. Staffed by Trinity Health providers, we provide access to pharmacy, lab, and imaging services. FirstCare Walk-In Clinic is here to help you feel better, faster.

Trinity Health FirstCare.
The first name to turn to for walk-in care.

Open 7 days a week.

Health Center – Medical Arts
400 Burdick Expressway E, Minot
trinityhealth.org/FirstCare

**Monday – Friday
8:00 a.m. – 8:00 p.m.
Weekends & Holidays
9:00 a.m. – 5:00 p.m.**

For life-threatening illnesses or injuries, you should always call 911 or visit the emergency room.



MAKING MORE POSSIBLE