Wellness Center nears completion

Though last summer’s flood slowed work by a week, Roger Kluck, Minot State University assistant vice president of facilities management, feels turnover of the Wellness Center will begin in April. The 60,000-square-foot, $12.8 million facility, however, will not be in full operation until the fall semester.

“I’m very excited to have more opportunities for the students,” said Paul Brekke, Wellness Center director, who is receiving more questions from students about when the facility will be ready and what will be available for them.

The Wellness Center, which will be used only by current MSU students, was designed based on student requests. It will have two intramural courts, a student weight room, an athletic weight room, a wrestling room, a three-story rock climbing wall and cardio room. Work on the climbing wall, which is subcontracted to Eldorado Climbing Walls of Boulder, Colo., should begin by April 1. Student fees of $125.97 per semester, plus $56.50 per semester for operating expenses, are funding the Wellness Center.

The building will feature glass and open space to enable students working out to experience what is going on around them. The glass encasing the rock wall allows people climbing its three stories to look into the facility and students inside to look out. There will also be a separate climbing boulder outside adding visual interest to the landscape.

“People are going to love the rock wall. One side will be the classic rock wall with colored pegs; the other side can be made much more competitive and challenging for climbers. It'll be really the focal point,” said Max Buchholz, Student Government Association president.

The Wellness Center is attached to the Dome, and a skywalk will connect the building to Swain Hall. Swain Hall has a pedagogy lab where future physical education teachers can practice their lessons, thus, the three buildings create a complex dedicated to fitness and wellness.

March 7, 2012

PIO update

March 15 is a big day.

Most notably, it is the anniversary of the death of Julius Caesar, in 44 B.C., popularly known as the “Ides of March.” Caesar was stabbed 23 times in the Roman Senate by a group of conspirators.

In more recent history March 15, 1917, marked the abdication of Russian Czar Nicholas II, ruler since 1894.

March 15, 1964, Taylor and Burton married for the first time.

March 15, 1981, 147 passengers and crew of a Pakistan Airways aircraft held hostage for nearly two weeks are released in Syria, following the Pakistan government releasing 54 political prisoners.

March 15, 1991, four Los Angeles police officers were indicted for the beating of Rodney King.

March 15, 2011, protests erupted in Damascus calling for diplomatic reforms in Syria.

March 15, 2012, MSU hosts Business After Hours in the newly remodeled, state-of-the-art dining facility known as the Beaver Creek Café.

Join your colleagues from 5 to 7 p.m. to enjoy the ambiance and camaraderie as we set out to create some history of our own!

NEXT ISSUE

Publications Date: Wednesday, March 21
Submissions Due: noon, March 14
Administration, second floor
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www.minotstateu.edu/inside
‘Sweeney Todd’ exudes revenge

The Minot State University Campus Players will present “Sweeney Todd: The Demon Barber of Fleet Street” Thursday through Saturday (March 8-10) in the Black Box Theatre at 7:30 p.m. This horror musical, produced by Brett Olson as his senior project and directed by Chris Stroschein, is a tale of love lost and found, murder and revenge.

Barber Sweeney Todd seeks revenge against the lustful Judge Turpin for destroying his family. With pie-maker Mrs. Lovett’s assistance, he lets vengeance overcome morality and stops at nothing to see the judge pay for the miserable past.

Since seating is limited, call 858-3172 for reservations. General admission is $10, and this production is intended for mature audiences.

MSU Division of Science hosting Science Olympiad

The Division of Science is hosting a regional Science Olympiad Tuesday (March 13) on the Minot State University campus from 8:30 a.m. until 2 p.m. Participants will be junior and senior high students.

Twenty sessions are planned for the two age groups. Titles include “Mousetrap Vehicle,” “Science Crime Busters,” “Meteorology,” “Thermodynamics,” “Fermi Questions” and “Awesome Aquifer.”

For questions, contact Bob Crackel, associate professor of chemistry, at 858-3852 or robert.crackel@minotstateu.edu.

Welcome new staff

Minot State University welcomes two new employees, Lisa Marie Schmidt and Linda Seklecki.

Schmidt is a custodian with the Office of Facilities Management. Previously, she worked for Trinity South Ridge in Minot. She and her husband, Chris, have four cats and two dogs.

Seklecki is the administrative assistant for the Department of Criminal Justice. She received a bachelor’s degree in medieval studies from Southern Methodist University, Dallas, and a master’s degree in Icelandic language and literature from the University of Manitoba, Winnipeg. Her husband, Richard, teaches at MSU.

MSU to be honored by Red Cross for flood relief efforts

Minot State University will be honored March 15 by the American Red Cross for its support by sheltering 2011 Mouse River flood victims in the Dome. Allan McGeough of the Mid-Dakota Chapter will make the presentation in the Dome at 4:30 p.m.

MSU to showcase Beaver Creek Café at Business After Hours

Minot State University will highlight the renovated Beaver Creek Café March 15 at Business After Hours from 5 to 7 p.m. This event, sponsored by the Minot Area Chamber of Commerce, is an evening business mixer held on a monthly basis.

A joint venture of MSU and Sodexo Food Service, the $1.3 million remodel sports a new state-of-the-art dining facility, dubbed as “all-you-care-to-eat.”

Food selections include a soup-and-salad bar, daily grill specials, deli sandwiches, sauté station, vegetarian options, a dessert bar, beverage station and a pizzeria and pasta bar. The entire café offers 7,000 square feet of total dining experience and seating for 239.

Drawings will occur for $500 Chamber Bucks, tickets to MSU football games, alumni gear and other prizes. Admission is $5 or free with an MSU ID.

Lindekugel-Willis knows ‘Animals Make Us Human’

Paula Lindekugel-Willis, associate professor of communication arts, will discuss the book "Animals Make Us Human: Creating the Best Life for Animals" by Temple Grandin March 21 at the next Brown Bag Book Talk.

People need not read the featured book ahead of time and are encouraged to bring a sack lunch. The book talks, sponsored by the Gordon B. Olson Library, begin at noon and conclude in time for 1 p.m. classes. All are held in the lower level of the library in Group Study Room 2.
NSSLHA spring conference to focus on ASD

Minot State University's chapter of the National Students Speech Language Hearing Association is holding its 2012 spring conference March 30 in the Conference Center (Student Center, third floor), from 8 a.m. to 4:15 p.m. The keynote speaker is educational psychologist Glenis Benson, an Autism Spectrum Disorder consultant, who trains nationally and internationally.

“The MSU chapter of NSSLHA has held conferences for the last 19 years. The students plan, organize and execute a nationally renowned conference, which is attended not only by MSU students, faculty and staff, but also by practicing speech-language pathologists from Montana, South Dakota, Minnesota, Saskatchewan and Manitoba,” said Lesley Magnus, associate professor of communication disorders. “Practicing SLPs count on this conference as one of their continuing education opportunities for the year and have never been disappointed in the quality, content or skills. This year’s conference is no exception.”

ASD includes a variety of developmental disorders such as Asperger's Syndrome, Pervasive Developmental Disorder and Rett Syndrome. Benson’s presentation will focus on assessment and intervention techniques for individuals with ASD.

"It (ASD) is actually a brain difference ... what will be consistent across all the spectrum will be difficulty with age appropriate interaction," Benson, said.

Benson obtained her doctorate from the University of Wisconsin-Madison and conducted her doctoral and master’s research with persons with ASD.

This conference is intended for speech-language pathologists, educators, university faculty and students and others interested in ASD. A $50 early bird registration must be received by Monday (March 12). On-site registration is $75. All communication disorders majors and graduate students must attend the conference with pre-approval from all professors. The conference is free to all MSU faculty, staff and students.

For questions, contact Kristen Schneider, conference co-chair, at kristen.schneider@my.minotstateu.edu.

GPCCRS and REAP call for professional services data

The Great Plains Center for Community Research and Service at Minot State University is working with the Rural Economic Area Partnership Investment Fund, Inc. to enhance the economic development network across the state. The Developer Network project includes a website that will offer access to training, best practices, networking, educational videos and mentoring opportunities. In addition, the site will include a searchable database of facilitators, speakers, consultants, researchers and trainers.

One of the project goals is to provide a comprehensive list of people, agencies and organizations that offer services to economic and community developers across North Dakota. Some of the desired areas of expertise include leadership development, needs assessments, planning, procurement, feasibility studies, marketing, financing and board development. Other services that are available and targeted to developers, particularly in small towns, are also needed.

There are many resources available to the developer community, but not all communities are aware of them. According to a REAP survey, many communities are served by developers new to the field, others are served by volunteer developers or professional developers with limited time to research available resources. Community and economic developers provide a valuable service to their towns and cities, and it is important they have easy access to the resources they need. The website will provide a central location for developers to search for specific services offered in their region and enable them to have the contact information at hand.

Facilitators, speakers, consultants, researchers and trainers can add their information to the database by going to https://www.surveymonkey.com/s/REAPProfessionalsDB.

Contact Belinda Strotheide, GPCCRS grants coordinator, at 858-3496 for more information.

Love of music inspires rare gift

Although they are not formally trained musicians, Wilber and Grace Lippert enjoy music. Grace, a Minot State University alumna, sang in high school glee club. Wilbur has sung most of his life in church choirs. When their daughter Muriel Lippert was in high school, Muriel and Wilbur sang in choral performances of Handel’s Messiah and J. S. Bach’s “Christmas Oratorio.” Music was a family activity.

Muriel, pastor for Williston’s Good Shepherd and West Prairie Lutheran Churches, continues to share her talents as a violinist in the Minot Symphony Orchestra. Since the MSO practices on MSU’s campus, she was aware the Division of Music didn’t have a harpsichord. So in an act of genuine kindness and musical appreciation, the Lipperts decided to gift the MSU Division of Music with one.

“That the Lipperts took the time to think of a gift is rare. Much was involved in the harpsichord’s acquisition,” said Ken Bowles, chair and professor within the music division. “For its truck transport from Olympia, Wash., the cost was $1,700 because it was packed in plastic and packaged to avoid temperature differences. The humidity had to be two percent for it to be put into the packaging.”

The harpsichord, called a Hubbard French Double because of
its two keyboards, was professionally built by Steven Sorli in 1976 for the University of Wisconsin. Sorli built it from a kit patented by Frank Hubbard, a pioneer in re-establishing the building traditions of the Baroque period. Possessing a black exterior and red interior with gold banding, it is embellished with a Latin inscription. Sorli also customized this instrument to improve the action and tonal quality.

Delivered Dec. 1, the harpsichord was played in the Handel’s “Messiah” performance Dec. 4. Dianna Anderson, instructor of piano, will also play it March 26, when she and Erik Anderson, associate professor of music, perform a Baroque music concert.

Made of natural wood, the instrument is extremely sensitive to humidity. Consequently, it is housed in the Jeanne and Maynard Sandberg Room in Old Main to which new humidity controls were added.

“The Lipperts are genuine and open,” Bowles said. “The harpsichord is one of the most thoughtful gifts in recent years.

MSU students on ‘Who’s Who’ list

“Who’s Who Among Students in American Universities and Colleges” selected 15 juniors and seniors from Minot State University for inclusion in the 2012 edition. A campus nomination committee and editors of the annual directory chose the students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success. They will be honored at a luncheon April 4 at noon in the Conference Center, third floor of the Student Center.

Listed alphabetically by last name, they are Laura Bakke, Reynolds, biology; Achlee Beharic, Minot, psychology education; Maxwell Buchholz, Minot, nursing; Braden Burckhard, Burlington, chemistry; Emily Evanoff, Minot, biology; Aaron Jaeger Hughes, Washburn, art; Cassandra Neuharth, Minot, broadcasting (public relations); Camila Oliveira, Beulah and Sao Paulo, Brazil, international business; Amy Olson, Minot, foreign language; Kally-Anna Paradis, Dauphin, Manitoba, communication disorders; Sally Podrebarac, Bismarck, music; Janice-Rose Reinbolt, Maple Creek, Saskatchewan, communication disorders; Kyla Thiesen, Brandon, Manitoba, communication disorders; Kailey Varemy, Melfort, Saskatchewan, communication disorders; and Corbin Zerr, Harvey, English education.

To make a reservation for the luncheon, contact the Office of the Vice President for Student Affairs at 858-3299 or darla.weigel@minotstateu.edu.

Save the date

• March 15 — MSU Business After Hours, Beaver Creek Café, 5-7 p.m.
• March 31 — MSU at the Mall
• April 17 — MSU Engagement Fair, Student Center Atrium, 11 a.m.-1 p.m.
• April 26 — Employee Appreciation Banquet, Dome, noon.
• April 27 — MSU Alumni Association Gala, Holiday Inn-Riverside, 5:30 p.m.
• April 27-28 — Native American Spring Honor Dance and Powwow Celebration, Dome
• May 11 — Commencement, Dome, 10 a.m.

Wellness works

April Reddy, a senior nursing student from Albuquerque, N.M., wrote the following article:

Indoor tanning: Is it worth the risk?

Summer is on its way! It’s the season for shorts, sundresses, swimsuits and that coveted perfect tan. Many seek the latter often without considering, or realizing, the harm that can come from tanning and over exposure to ultraviolet rays. In the quest for that ideal complexion, it’s important to keep in mind that tanning can cause wrinkles, leather-like skin, sun spots, and damage to skin cells.

“A tan is the skin’s reaction to exposure to UV rays. Recognizing exposure to the rays as an ‘insult,’ the skin acts in self-defense by producing more melanin, a pigment that darkens the skin. Over time, this damage will lead to prematurely aged skin and, in some cases, skin cancer,” said Sharon Miller, with the U.S. Food and Drug Administration.

Tanning beds are no safer than tanning from direct sunlight. In fact, exposures from both are known to be human carcinogens. Tanning beds, which emit harmful UVA and UVB radiation, have been linked to squamous cell carcinoma and melanoma, one of the deadliest forms of cancer. Studies by the American Academy of Dermatology found there is a 75 percent increase in the risk of melanoma in those exposed to UV radiation from indoor tanning.

It’s important for individuals to know the “ABCDEs” of inspecting moles on their skin for possible signs of melanoma:

• Asymmetrical moles
• Borders that are jagged and uneven
• Color changes, becomes lighter or darker or multi-colored
• Diameters greater than half a centimeter or continue to grow
• Evolves, changes size, shape, color, or rises

If a person notices any of these warning signs, they should see a dermatologist immediately. The FDA advises limiting exposure to the sun and avoiding tanning beds entirely.

Announcements

ITAC sponsors classes

The Information Technology Advisor Committee has scheduled classes for all faculty and staff. The classes are all located in Old Main 314:

• Beginning Word, March 20, 2–4 p.m., Jan Repnow
• Intermediate Word, March 22, 2–4 p.m., Jan Repnow
• SharePoint, March 29, 1–3 p.m., Lori Willoughby
• Beginning Access, April 10, 1–3 p.m., Kristi Berg
• Advanced Access, April 17, 1–3 p.m., Kristi Berg

To register for the classes, go to http://www.minotstateu.edu/rsvp/. More classes may be added, so check back for availability.

For questions, contact 858-3989 or amy.woodbeck@minotstateu.edu.

— Amy Woodbeck, professional and community education coordinator
CETL internship program deadline nears

The Center for Engaged Teaching and Learning internship program deadline for summer 2012 is approaching. The deadline for all application materials to be to the CETL office is no later than 5 p.m. on March 15. Students wishing to apply must work with a Minot State University faculty or staff member, and internship duties must relate directly to the student’s major or concentration. All internships are part time, up to 25 hours. For required forms and internship program information, visit http://www.minotstateu.edu/cetl/internships.shtml. For questions, contact 858-3177 or beth.odahlen@minotstateu.edu.

— Beth Odahlen, CETL director

Democracy Corner open

Minot State University students in History 101: Western Civilization opened “Democracy Corner,” a space consisting of three dual-sided whiteboards in the McFarland Gallery on second floor of Old Main. The corner, which is an American Democracy Project, will exist through April.

Students from the class will post six questions per week. Visitors will be encouraged to address many different topics, which they are free to engage or ignore. One panel will remain blank, giving people an opportunity to express themselves without feeling coerced by any expectations about what to write. For questions, contact mark.timbrook@minotstateu.edu.

— Mark Timbrook, Office of Instructional Technology design specialist, history adjunct and author

Advisor’s Catalog available

The new Advisor’s Catalog has been printed and is available for pick up. Please have one representative from each department/division come to the Registrar’s Office to pick up their copies.

As this is a one-year catalog, please make a note of any changes or updates that need to be made and include them in the edits for the next catalog. Information concerning the 2013-2014 catalog will be forthcoming.

In addition, the Advisor’s Catalog is not considered official. Minot State University’s official catalog will only be available online and will be posted to the website in the next few months. Students will not receive a paper version of the catalog.

For questions, contact 858-3345 or rebecca.porter@minotstateu.edu.

— Rebecca Porter, registrar

Reflection about ‘faith and life’

All Minot State University students, faculty and staff are invited for a midweek time of reflection and conversation around the theme of “faith and life” during the Lent season. These times of reflection and conversation will be March 21 and March 28 in Administration 159 at 12:15 p.m. This study is in partnership with Minot’s First Lutheran Church.

For questions, contact 833-2221 or kari.williamson@minotstateu.edu.

— Kari Williamson, campus pastor

MSU athletics host Spring Party April 4

The Minot State University Athletic Department invites campus members to the 41st annual Beaver Booster Spring Party April 4 at Minot’s Grand International Hotel, 6 p.m. The cost for the event is $50 per person and includes all food and drink for the evening and the chance to win five drawings of $50 and one $500 drawing. Booster members are able to purchase a ticket for $25.

The money raised from this event goes directly towards scholarships for MSU student-athletes. Two round-trip airline tickets from Bismarck to Las Vegas, courtesy of Allegiant Air, will be among the potential prizes for the evening. As always, there will be a number of raffles and silent auctions for guests to win some great prizes.

For more information or to purchase your tickets, contact Jake Carstensen, athletic marketing and promotions director, at jake.carstensen@minotstateu.edu or 858-4094 or Chad McNally, Beaver Boosters executive director, at chad.mcnelly@minotstateu.edu or 858-4451.

— Jake Carstensen, athletic marketing and promotions director

Official enrollment reports available online

The spring 2012 official enrollment reports are now on the Office of Institutional Research website at http://www.minotstateu.edu/instplan/enrollment.shtml.

The IR website is a great source of institutional data and is updated frequently during the academic year. Please refer to the website for data needs. Specific data requests may also be submitted to http://www.minotstateu.edu/instplan/forms.shtml.

For questions, contact 858-4132 or penny.brandt@minotstateu.edu.

— Penny Brandt, IR administrative assistant

CETL coordinates MSU Engagement Fair

The Center for Engaged Teaching and Learning will host the third annual MSU Engagement Fair April 17 in the Student Center Atrium, 11 a.m.-1 p.m. This fair will showcase a variety of projects specific to student engagement. Community programs and organizations, as well as Minot State University students, faculty and staff will present information specific to community and campus engagement.

Anyone interested in participating in this year’s Engagement Fair should contact 858-4040 or julie.keller@minotstateu.edu with name of presenter(s), department or organization, type of engagement activity (research, service-learning, community engagement, campus engagement, internship or specified other activity), format of presentation (poster, information table or 20 to 30-minute presentation) and a short description of the presentation (500 words or less).

— Julie Keller, CETL administrative assistant

In the galleries

March 7-15 — "Mis Tres Verdades (Three Truths),” ceramic by Guillermo Guardia, Grand Forks, Library Gallery.

March 7-April 4 — Biennial exhibit of various media by MSU art faculty, Hartnet Gallery.
Faculty and staff achievements

The Office of Public Information proudly shares the many accomplishments of faculty and staff with the campus community in every issue.

Andy Bertsch, associate professor of management, is the North American investigator of a cross cultural research study, “Preferred Leadership Behaviors Across Cultures.”

Kelly Buettner-Schmidt, assistant professor of nursing and executive director of Healthy Communities International, accepted the invitation to serve as an expert panel member for the updating of Minnesota Department of Health’s “Public Health Interventions: Applications for Public Health Nursing Practice.” She will be an expert in the areas of advocacy, social marketing and policy development and enforcement.


Kari Schmidt and Brenda Munson, North Dakota Center for Persons with Disabilities, had their article, “North Dakota State Success Story,” highlighted on the Association of University Centers on Disabilities website. Their story focused on the positive impacts of their work with the Healthy Lifestyles curriculum and individuals with disabilities in rural communities through the N.D. Disability Health Project.

Minot State University mission: Minot State University is first and foremost dedicated to the success of all students: their growth and development as educated citizens, their confidence, and their life-long devotion to the common good and the welfare of others.