



A NEWSLETTER FOR EMPLOYEES AND FRIENDS OF MINOT STATE UNIVERSITY

MSU establishing the Walter Piehl Gallery of Art

On Oct. 11, Minot State University President David Fuller announced that the university will create the Walter Piehl Gallery of Art. MSU will dedicate space to permanently house a collection of Piehl's work, which will contain many pieces illustrating the magnitude of his talent and breadth of his work.

"The Walter Piehl Gallery will allow MSU to develop a richness, tradition and scholarly destination for distinctive artists, teachers and academicians on our campus. It will allow us to raise the visibility of MSU in becoming a premier institution, and it allows MSU to claim a distinguished artist as one of 'our own,' who has chosen to stay in our place for so many years, who contributes to our past and helps define who we are and what we will become," Fuller said.



MSU, in conjunction with Prairie Public Broadcasting and the North Dakota Council on the Arts, presented the public screening of "Walter Piehl: Sweetheart of the Rodeo." The documentary details how this North Dakota visual artist and MSU art professor combines an expressionistic painting style with visual investigations of many facets of Western Americana.

Among Piehl's many honors and awards is the 2008 Enduring Visions Award for his creativity, connection to community and impressive body of work from the Bush Foundation, a private foundation serving Minnesota, North Dakota and South Dakota. Piehl was one of three people selected for the prestigious \$100,000 award and described it as the highlight of his art career.

Slaaten Learning Center dedicated Oct. 12



Minot State University's College of Business officially dedicated its newly remodeled Slaaten Learning Center Oct. 12. The center, located on the third floor of Old Main, includes a state-of-the-art training lab, a board room and space for students to gather. Doris Slaaten, an alumna and professor emeritus, funded the renovation.

Slaaten is the single largest donor in MSU's history, and this generous gift is another example of her continued dedication to North Dakota youth and MSU.



Oct. 19, 2011

PIO update

There's no doubt about it: fall has arrived.

Morning runs are now done in brisk temperatures in the dark. Leaves have turned various shades of golden brown, many scattered across my lawn. The air is crisp and fresh and has an earthy smell signaling a period of dormancy. It is time to put summer behind us and move into the next season. Fall is my favorite season, and yet, it is a time of transition that brings a melancholy feeling of loss.

Oct. 28 and 29 in Ann Nicole Nelson Hall, MSU will be hosting two seminars that address dealing with transition and loss. Grief management specialist Dr. Darcie Sims will offer a full day (8 a.m. -3 p.m.) workshop for caregivers and public service groups Friday, Oct. 28, on coping with grief and accumulated loss. President Fuller has requested that all supervisors try to attend one or more of the workshops. Reservations are required by Friday (Oct. 21) by calling the NDSU Extension Office.

Saturday, Oct. 29, Sims will present "Rebuilding our Lives: An Evening of Finding Hope" from 7 to 9 p.m. in Nelson Hall. This event is free and open to the community, but it is not recommended for children under 10 years of age.

For more information, visit www.minotstateu.edu.

— Susan Ness,
public information director

NEXT ISSUE

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MSU'S Alex completes 45th year



Offices at Minot State University probably would not know what to do without Bev Alex as much as she does not know what she would do without coming to work.

"Never, ever, no," she said when asked if she thought about retiring to a quiet existence. "I just need to work. I enjoyed my time in the

Business Office at Minot State, but I have really enjoyed my time in Athletics. I don't know what else I would do."

Alex works in the Athletic Department, and she has been actively involved in Beaver athletics for more than 40 years.

"When John (her son) was probably in the second grade, we started going to baseball games. That went through high school. Then we started getting involved with fast-pitch softball. We had such really good times. That led to watching MSU teams. I enjoy being around sports. It is a big part of my life."

Alex has not only worked for MSU for 45 years but she was also employed by Dickinson State for eight years, giving her 53 years in the North Dakota University System.

While Alex does not want to single out one specific event from her years here as a favorite, this past year she was honored as the grand marshal of the MSU Homecoming Parade. The unexpected surprise was one she will remember.

"It was such an honor. I told Rick (MSU Athletic Director Rick Hedberg) 'Me? I don't know why me.' But I had a lot of fun," Alex said.

Even with 45 years already under her belt, there is no quit in Alex.

New faculty and staff aboard

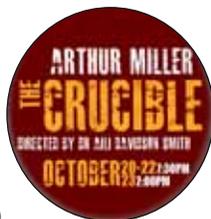
Minot State University welcomes Janna McKechnie, the director of alumni and annual giving. She owns Abracadabra Balloons and is working towards a bachelor's degree in broadcasting (public relations). She plans to receive her degree from MSU in May 2012. Her husband, Aaron, works for Minot Junior Golf. The couple have two daughters, Leia and Kailyn.



McKechnie

'The Crucible' opens main stage season Thursday

The Minot State University Program of Theatre Arts is opening its main stage season with "The Crucible," by Arthur Miller, Thursday through Sunday (Oct. 20-23) in Aleshire Theater. Performances begin at 7:30 p.m. on Thursday through Saturday (Oct. 20 to 22) and at 2 p.m. on Sunday (Oct. 23). Aili Smith, assistant professor of communication arts, will direct this production.



The play takes place in Salem, Mass., in 1692. It recounts the events surrounding the Salem witch trials, a time of paranoia, hysteria and deceit among the Puritan towns of New England. The story focuses on John Proctor, a young farmer, his wife and a servant girl, who maliciously causes the wife's arrest for witchcraft. The farmer brings the girl to court to admit the lie; the monstrous course of bigotry and deceit is terrifyingly depicted. The farmer, instead of saving his wife, finds himself also accused of witchcraft and ultimately condemned.

All MSU faculty, staff and current students get in free with an MSU ID. Tickets at the door are \$6 for adults and \$5 for senior citizens and children. Reservations are recommended and can be made by calling 858-3172.

Kibler discusses 'Ancient Pictographs, Shamans, and Ghosts' of the Naxi

Robert Kibler, professor of English, will present "Ancient Pictographs, Shamans, and Ghosts: Close Encounters with the Naxi Tribe on the Sino-Tibetan Borderland" Tuesday (Oct. 25) in Aleshire Theater at 7 p.m. as part of the Northwest Art Center lecture series.

Kibler will discuss the Naxi people and their various gods and demons. The Naxi world is inhabited by tens of thousands of ghosts, demons and gods, so that everywhere they turn, certain procedures have to be followed, or else demons might seize upon one or more of their three souls, causing illness, catastrophe and even death.

"Luckily, the Naxi have their dongba, or shaman, who is a specialist at summoning the help of the good gods and at casting out demons," Kibler said.

Kibler will also explain how he came to travel to their remote land, and how lessons learned from the Naxi may be pertinent for society today.

All lectures are free and open to the public. Refreshments are served afterward.

MSU International Film Series continues with 'Grizzly Man'

The 2011-2012 Minot State University International Film Series continues with "Grizzly Man," Tuesday (Oct. 25) at 7:30 pm in Memorial 114.

German director Werner Herzog chronicled the life and death of bear enthusiast Timothy Treadwell in the 2005 American documentary. The film contains Treadwell's own footage of his interactions with grizzly bears before he and Amie Huguenard, his girlfriend, were attacked, killed and partially eaten by a bear in 2003, and of interviews with people who knew or were involved with Treadwell.

A foreign language faculty member will introduce each film. All films, which will be followed by a discussion period, are at

7:30 p.m. and free to all. The dates and titles of the remaining films are:

- Nov. 8 — “Honey,” Aleshire Theater
- Dec. 6 — “The Whalerider,” Memorial 114

There will be a door prize drawing consisting of a \$20 dinner gift certificate to an area international restaurant.

For questions, contact Scott Sigel, assistant Spanish professor and foreign languages coordinator, at 858-4265 or scott.sigel@minotstateu.edu.

Community grief counseling seminars offered Oct. 28-29

Minot State University welcomes world renowned speaker and grief counselor, Dr. Darcie D. Sims, to Ann Nicole Nelson Hall Oct. 28-29. Editor for Grief Digest, Sims will offer a grief counseling workshop and seminar to help flood victims emotionally heal and provide them with hope and encouragement in rebuilding their lives.



“How to help in the Midst of despair: Coping with Grief and Accumulated Loss,” is Sims’ first seminar Oct. 28 from 8:30 a.m. to 3 p.m. The program objectives include identifying and dealing with grief. It is a workshop tailored to professional caregivers and public service groups, but it is also open to the general public. Sims will discuss coping mechanisms, strategies for caring overload and dealing with accumulation of loss. This program is free, with lunch provided at noon. Reservations for this event must be made by Oct. 21 by emailing ndsu.ward.extension@ndsu.edu or calling (701)857-6450.

The Oct. 29 seminar is “Rebuilding our Lives: An Evening of Finding Hope,” from 7 to 9 p.m. in MSU’s Ann Nicole Nelson Hall. The event will focus on the events of the flood and how to move forward. Immediately following Sims’ presentation, there will be a social in the Nelson lobby. This is a free community event, but it is advised that children under the age of 10 do not attend.

Dr. Sims is the director of the American Grief Academy and has served as the coping editor for Bereavement magazine for 15 years. She is the co-founder and president of Grief, Inc. She is a grief management specialist, a nationally certified thanatologist, a certified pastoral bereavement specialist and licensed psychotherapist and hypnotherapist. She is the author or co-author of nine books, and she has written and produced or been featured in several videos that focus on grieving.

The seminar is sponsored in part by St. Joseph’s Community Health Foundation and St. John the Apostle Church. For more information, contact NDSU Extension Service at (701) 857-6450.

MSU receives \$207,000 from Otto Bremer Foundation



Left to right: Linda Schaefer, assistant nursing professor; Kelly Buettner-Schmidt, assistant nursing professor and Healthy Communities Intl. executive director; Jerry Stai, assistant finance professor and Prairie Community Development Center director; David Fuller, MSU president; Marv Semrau, MSU advancement vice president; Gary Rabe, criminal justice professor and RCJC executive director; and Nancy Murphy, RCJC research associate and VAAND coordinator.

Minot State University was recently awarded two grants totaling \$207,450 from the Otto Bremer Foundation. One grant gave MSU’s Department of Nursing \$157,450 to support a project to improve the health of residents in rural northwest North Dakota through high-fidelity simulation scenarios. The second grant of \$50,000 funds the Victim Assistance Academy of North Dakota, which provides comprehensive training and quality services to crime victims.

“The Otto Bremer Foundation and Bremer banks are committed to building healthy communities in the Minot area,” said Brent Mattson, president of Bremer Bank in Minot. “I’m delighted that our owner and partner, the Otto Bremer Foundation, is offering its support to Minot State University. These dollars would not be available without the great support of our Bremer Bank customers. When clients bank with Bremer, we generate profits which we deliver to the foundation which then uses those funds to make grants in communities like ours.”

The Bachelor of Science in Nursing program significantly contributes to the health of residents in primarily rural northwest N.D. It is estimated that by the year 2020, there will be an estimated shortage of 800,000 nurses nationally. Professional nursing in rural health care and community settings presents unique challenges to newly graduated professional nurses.

MSU’s nursing department incorporates high-fidelity simulation scenarios to maximize students’ communication skills, clinical reasoning and competencies and enhance patient safety without risk to real people. The OBF grant will facilitate the purchase of essential items for the Nursing Clinical Simulation Center, which will increase the safety and quality of health care of residents in northwest N.D.

The VAAND delivers a weeklong training focused on victim services, victims’ rights and a number of other victim-centered

topics for professionals. The VAAND provides a unique opportunity to work, study and interact with crime victims.

North Dakota may be rural, but crimes of metropolitan stature occur within the state. In 2009, domestic violence incidents increased by 6 percent, relative to the same reporting period in 2008. The violent crime rate in N.D. for 2009 is 172.8 per 100,000, as compared to 161.3 per 100,000 in 2008. This represents a 7.1 percent increase in the violent crime rate for N.D. Violent crime includes murder/manslaughter, forcible rape, robbery and aggravated assault.

The VAAND was developed to supplement limited training resources around the state by providing centralized, standardized and affordable training opportunities for those who assist crime victims. Attendees come from various communities and the experience gained from the VAAND enhances the service they provide to the people living in N.D. communities. The Rural Crime and Justice Center, a University Center of Excellence at MSU, leads the project.

Bremer Financial Corporation is a privately-held, \$7.7 billion regional financial services company, jointly owned by its employees and the Otto Bremer Foundation. This unique ownership structure is the only one of its kind in the nation. Founded in 1943 by Otto Bremer, the company is headquartered in St. Paul, Minn., and provides a comprehensive range of banking, investment, trust and insurance services to more than 100 locations in Minnesota, North Dakota and Wisconsin.

OBF was created in 1944 as a philanthropic resource for Minnesota, North Dakota and Wisconsin. Dividends coming from the foundation's primary asset, Bremer Bank, provide the resources to fund the foundation's grant-making activities. By listening to local voices and convening residents around common issues, the OBF gives more than \$30 million annually, responding flexibly to requests that are unique to each community.

For questions, contact Jerry Stai, assistant finance professor and Prairie Community Development Center director, at 858-3289 or jerry.stai@minotstateu.edu.

Ziegler to discuss 'How the Irish Saved Civilization'

Tiffany Ziegler, assistant professor of history, will discuss the book "How the Irish Saved Civilization: The Untold Story of Ireland's Role from the Fall of Rome to the Rise of Medieval Europe" by Thomas Cahill Nov. 17 at the next Brown Bag Book Talk.

People need not read the featured book ahead of time and are encouraged to bring a sack lunch. The book talks, sponsored by the Gordon B. Olson Library, begin at noon and conclude in time for 1 p.m. classes. All are held in the lower level of the library in Group Study Room 2.

Wellness works

October is Breast Cancer Awareness Month

A woman has a one-in-eight lifetime chance of developing breast cancer; it is the second leading cause of cancer death. When breast cancer is treated early, the survival rate is 98 percent.

Risk factors may increase a woman's chances of developing breast cancer. Risk factors include being female, over the age of 50, possessing a family and/or personal history of breast cancer, experiencing changes in the breast cancer-related genes, having chest radiation before the age of 30 and taking menopausal hormone therapy for more than five years.

Signs and symptoms include change in skin color and texture such as redness, rash or orange peel appearance; changes in size or shape of breast including swelling, dimpling or puckering; change in the appearance of nipple including a nipple that is turning inward that normally has pointed outward or is scaly or cracked; experiencing spontaneous nipple discharge; and discovering a lump or thickening in or near breast or in the underarm area.

Screening, such as breast self-exam, clinical breast exam and mammogram, is key!

A breast self-exam is when a woman examines her breasts for any changes. To find out more about how to perform a breast self-exam, ask your health care provider. This option is recommended monthly for women, starting at age 20.

A clinical breast exam is completed when a health care provider looks for and feels for any changes in a woman's breasts. For women ages 20-39, a clinical breast exam is advised every three years. For women ages 40 and older, a clinical breast exam is recommended once a year.

A mammogram is an x-ray of the breast. It can detect breast cancer two to three years before a lump can be felt. For women ages 40 and older, an annual mammogram is recommended. Women at high risk should talk to their health care provider about when to begin having mammograms.

Our North Dakota Public Employees Retirement System benefit covers:

- 100 percent of the allowed charge and deductible amount is waived.
- One mammogram is allowed for members between the ages of 35 and 40.
- One mammogram per year is allowed for members age 40 and older.

Additional benefits will be available for mammography services when medically appropriate and necessary and ordered by a professional health-care provider.

If a woman is 40 or older and has not had a mammogram, she should call the Breast Imaging Center at Trinity Medical Arts at 857-5532 and schedule one today. It could save a life!

Announcements

View 2010 Cannes Lions and Clio Gold Plus Awards winners

The Department of Business Administration would like to invite the Minot State University community and the public to the public screening of winners of the Cannes Lions and Clio Gold Plus Awards for 2010. The material contains two hours of the best advertising films from all over the world. The showing will take place Tuesday (Oct. 25) in Old Main 106 at 7 p.m. For questions, contact 858-3866 or jacek.mrozik@minotstateu.edu.

—*Jacek Mrozik, assistant professor of business administration*

Get your flu shot now!

The Student Health Center is taking appointments for flu shots. The cost is \$20 for faculty and staff and \$10 for students. Participants will receive an insurance form to submit to Blue Cross/Blue Shield for reimbursement. Call Student Health at 858-3371 to schedule an appointment.

—*Caren Barnett, Student Health Center director*

Third annual Global Sights Photography Competition

In celebration of International Education Week, the Minot State University Office of International Programs organizes the “Global Sights Photography Competition” for MSU students, faculty, staff, retirees and alumni. The 2011 submission deadline is Oct. 31 at 4 p.m.

First, second and third-place winners and honorable mentions will have their work enlarged and displayed in the Multicultural Center during International Education Week, Nov. 14-18. An electronic photo gallery is also available on the MSU website to display winning entries.

For questions, contact 858-4645 or bethany.stai@minotstateu.edu.

—*Bethany Stai, global educational coordinator*

Advanced Study Grant Program for full-time staff or faculty

Minot State University’s support for advanced study is available through the Advanced Study Grant Program. This program provides financial assistance to full-time faculty or staff pursuing course work for degree programs or in skill areas deemed critical to the university. The deadline for applications is Oct. 31.

Applications are reviewed and determined by Presidents Staff. Awards will be announced by the end of November. An official application form can be found on the website at <http://www.minotstateu.edu/academic/> and must be completed by the deadline for consideration. Applicants may include up to three pages of supporting documentation with the application. Please

return three copies of the application and supporting documents to the Office of the Vice President of Academic Affairs.

For questions, contact 858-3310 or celeste.simmons@minotstateu.edu.

—*Celeste Simmons, administrative assistant to the vice president for academic affairs*

MSU organizations invited to sponsor a booth at Community Halloween Party

The Optimist Club of Minot and the Minot State University Student Council for Exceptional Children are sponsoring the 29th annual Community Halloween Party at the Dome Oct. 31 from 5 to 8 p.m. This event provides community children with a safe and comfortable environment to trick or treat. All MSU organizations are invited to sponsor a booth. A booth sponsor form can be obtained by contacting 858-4233 or melanie.moore@minotstateu.edu by Friday (Oct. 21).

—*Melanie Moore, testing coordinator and administrative assistant for the Student Health and Development Center*

RHA needs support

The Residence Hall Association has selected delegates to represent Minot State University at the Midwest Affiliate of College and University Residence Halls Conference in Omaha, Neb., Oct. 28-30. The delegates would like Minot State University’s support in helping collect products for several causes.

The delegates are asking for pop tabs to donate to The Ronald McDonald House.

Additionally, they are asking for monetary donations for Kids Against Hunger, a humanitarian food-aid organization that seeks to significantly reduce the number of hungry children in the U.S. and to feed starving children throughout the world. The organization’s approach to achieving its goal — the eradication of world hunger — includes the packaging of a highly nutritious, vitamin-fortified soy-rice casserole by volunteers.

The delegates also need red, green and white recyclable items as the MACURH conference theme revolves around recycling; the delegates will be building an MSU-themed eco-display. Please save Coke, Sprite, 7-Up or any other red, green or white cans, bottle labels or bottle caps.

All monetary donations, pop tabs and recyclables should be dropped off by 4:30 p.m. on Monday (Oct. 24) at the south entrance of Dakota Hall, in the student life and housing office, or contact heather.smith@minotstateu.edu or 858-3584 for pick-up. RHA appreciates any and all support from students, faculty and staff.

—*Heather Stroupe-Smith, residence life coordinator*

In the galleries

Oct. 19-26 — Ceramics, drawings and paintings by MSU student Alexandra Jelleberg, Library Gallery.

Oct. 17-Nov. 23 — “Walk as a Woman: The Resurrected Treasures,” ceramics, drawings and paintings by MSU student Michele McKamy, Hartnett Gallery.

The public joint reception for senior art students Jelleberg and McKamy is Friday (Oct. 21), from 5:30 to 8:30 p.m. The reception begins with a talk by Jelleberg at 6 p.m. in the Library Gallery. At 6:30 p.m., the MSU Percussion Ensemble will accompany a torch-lit art happening in front of Swain Hall. McKamy will conclude the program at 7:15 p.m. with a talk in Hartnett Gallery.

Minot State University mission

Minot State University is first and foremost dedicated to the success of all students: their growth and development as educated citizens, their confidence, and their life-long devotion to the common good and the welfare of others.

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