The purpose of this conference is to provide participants with evidence based information relating to excellence in geriatric nursing practice.

This continuing nursing education activity was approved by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity has been approved for 5.0 contact hours.

**Conference Objectives**

1. Identify the key health issues that can be modified to improve health outcomes for the elderly patient.
2. Discuss one national model with demonstrated success in the delivery of care to frail, vulnerable individuals.
3. Differentiate mental health issues in the elderly including depression, dementia and delirium.
4. Describe the development of a student staffed adult health maintenance promotion and wellness center.
5. Explore the community resources available for the elderly and vulnerable adult.
6. Identify geriatric nursing excellence initiatives to advance the care of older adults through alliances and models of care which promote geriatric nursing expertise.

April 3, 2009
7:45am – 3:30pm
Holiday Inn, Minot

Co-Sponsored by:
Northwest Region, NDNA
Omicron Tau, STTI Honor Society of Nursing
Roughrider Chapter, AACN
Presenters

Patricia Kappas-Larson
MPH, APRN-BC, FAAN
Consultant Nursing Affairs
Hastings, MN

Deborah Townsend APRN,
CNS, MS Assistant Professor of
Nursing at Minot State
University, APRN at Trinity
Riverside, Minot, ND

Linda Pettersen RN, PhD
Assistant Professor of Nursing
at Minot State University,
Minot, ND

Nikki Medalen RN, BSN
Community Health Nursing
Clinical Instructor, Minot State
University, Minot, ND

Mari Don Sorum LSW, BSW
Region II Aging Service
Program Administrator,
North Central Human Services
Center, North Dakota Dept.of
Human Services, Minot, ND

Bonnie Ler MSN, FNP
Trinity Health Center Medical
Arts, Minot, ND

Agenda

8:30am – 8:45am Welcome/Opening Remarks
8:45am – 10:15am “A Paradigm Shift: Frailty
and the Consequences of Chronic Illness”
Patricia Kappas-Larson
APRN-BC, MPH

10:15am – 10:45am Break

10:45am – 11:45am “Mental Health Issues and the Elderly: Differentiation
Between Dementia, Depression and Delirium”
Deborah Townsend APRN,
CNS, MS

11:45am – 12:00pm “Geriatric Nursing Initiatives”
Linda Pettersen RN, PhD

12:00pm – 12:45pm Lunch

12:45pm – 1:45pm “Special Considerations Relating to Medications and the Elderly”
Bonnie Ler MSN, FNP

1:45pm – 2:15pm Break

2:15pm – 2:45pm “Remaining Home in Later Years: It’s Our Right!”
Mari Don Sorum LSW, BSW

2:45pm – 3:15pm “Development of a Student Staffed Adult Health Maintenance Center”
Nikki Medalen RN, BSN

3:15pm - 3:30pm Evaluations