



Kristianstad  
University  
Sweden



**Exchange Studies at HKR**



**Kristianstad University, or HKR for short, is beautifully situated in southern Sweden. The distances are short here, between students and staff and between the university and the working life. Students are our most valuable resource.**

### **Kristianstad University**

Our vision is to be the best university in Sweden in training and educating students for their future careers. Our students acquire not only the knowledge and skills that are most in demand on the labour market but also those that fulfil the needs and requirements of a modern scientific community.

We pride ourselves on close contact with our immediate environment and also between students and staff. Focusing on training and education, we have established an excellent reputation for a range of programmes and courses that satisfy the needs of the labour market.

**"I like the campus, it is well organised, it is small so you can reach everything easily and have access to computer rooms, the internet and the library. The library is really good."**

Bastien Coignon, France

**Water management**

## Campus

Kristianstad University was founded in 1977. Today there are two campuses and over 14,000 students. The main Campus is just 10 minutes from the town centre; Campus Hässleholm is located near the centre of Hässleholm, 20 minutes by train from Kristianstad. On campus you have access to inspiring meeting places and a wide range of services.

## Kristianstad Campus

At the Campus you can find everything you need within a short walking distance. There are a library, a restaurant, a café, a sports hall, the student union, health centre and student dormitories all in one place.

In the middle of the campus there is a spacious library with study rooms, computer rooms and open spaces where you can read or just relax.

## Hässleholm Campus

The Campus is located in the modern area of Norra Station which is in the centre of Hässleholm and right beside the train station. Hässleholm is within an easy reach from Kristianstad, Malmö, Lund and other cities in Sweden. From Kristianstad you can reach Hässleholm by train (about 20 minutes) or by bus.

In the area of Norra Station you will find not only the university campus but also several companies, public authorities and restaurants. Like campus Kristianstad, here you can find all the facilities you need for a comfortable student life (library, study rooms, sports facilities, Student Union, café, restaurants, etc).





## Student health

All students have access to a health centre on campus, where there is a nurse and a counsellor. There is also a chaplaincy with a chaplain and a deacon.

## Student Union

The Student Union (Studentkåren) works with education monitoring and issues regarding student welfare. As a student, you can become a member and benefit from all the services provided by the Union as well as receive special discounts on specified services and products.

## Sport Union

The Sport Union organises sport activities for members seven days a week, including badminton, soccer, swimming, volleyball and a lot more.

## Students with disabilities

We strive to provide easy access for students with disabilities. We offer assistance with note taking, mentor support, assistants, sign language interpreters, resource rooms, and various technical aids. We also make special teaching and examination provisions.

**"I really enjoyed the time at HKR. What impressed me deeply is the kindness of the Swedish teachers and the students. The teaching methods are characterized by cooperation and interaction. I liked to work with international and Swedish students, we can learn so much from each other."**

Zhang Hongxia, China

English education



## Courses

Kristianstad University offers a wide range of courses taught in English within different fields of study. We also offer a number of web based courses. However, 75% of the courses should be campus located in order to provide a meaningful exchange period. Please note that the courses offered vary from semester to semester. You can find the updated list of courses together with all the necessary information at [www.hkr.se/courses4exchange](http://www.hkr.se/courses4exchange)

## Examples of courses

### Business Administration and HRM

Strategy and Management Control 15 ECTS  
International Business 7,5 ECTS  
International Marketing 7,5 ECTS  
Nordic Business Culture 7,5 ECTS  
Management Accounting 7,5 ECTS

### Engineering and Computer Science

Software Development in Windows Environment 15 ECTS  
Software Engineering 15 ECTS  
Object Oriented Programming 15 ECTS  
Operating Systems and Communication 15 ECTS  
Distributed Embedded Systems 6 ECTS

### Health and Nursing

Global Health 7,5 ECTS  
Applied Clinical Nursing IV 30 ECTS  
Health Education 7,5 ECTS

## The academic year

The duration of a semester is 20 weeks.

Autumn semester: End of August to mid January

Spring semester: Mid January to beginning of June

### Environmental Technology

Ecological Sanitation 7,5 ECTS  
Limnology for Water Management 15 ECTS  
Urban Waters Management 7,5 ECTS

### Teaching and Didactics

Educare 30 ECTS

### English Language

English I 30 ECTS  
English II 30 ECTS  
English Grammar and Language Analysis 7,5 ECTS  
English Literature from Around the World 7,5 ECTS  
Classic Childrens Literature 7,5 ECTS

### Courses specific for exchange students

Swedish for International Students 7,5 ECTS  
Sweden Past and Present 7,5 ECTS  
Intercultural Communication 15 ECTS

[www.hkr.se/courses4exchange](http://www.hkr.se/courses4exchange)



## Services for Exchange students

### Arrival days and Introductory week

To welcome you in Kristianstad and to make your arrival and first days here comfortable we are pleased to offer the following services: Pick-up service, Introductory Week, Welcome Party.

During the first week the International office organises different activities that will give you the opportunity to meet the other exchange students and that will help you to get to know the town and campus. The introductory week finishes with a "Welcome Party" the first major event of the semester.

### Accommodation

Accommodation is guaranteed to all the exchange students. The University provides accommodation in double rooms in student dormitories nearby the campus. All rooms are furnished with basic equipment and Internet connection.

For more information about accommodation and the application procedure, please consult the Survival Guide (internet) or contact the International Office.

### Survival Guide

In the Survival Guide, you can find all the information you need about moving to Kristianstad, studying at our University and living in Sweden. The guide is available at: [www.hkr.se/survivalguide](http://www.hkr.se/survivalguide). For any other questions concerning your studies at Kristianstad University, please contact [intrel@hkr.se](mailto:intrel@hkr.se).

### During the semester

Throughout the semester the International Office organises social activities, including parties and trips. Every semester we arrange at least one trip outside the region/country, e.g. to Stockholm/Helsinki as well as trips to local destinations.

Our trips are meant to create connections between the students and to offer them the opportunity to share unforgettable experiences.



**"Arriving at the Högskolan was really nice. Karen from the International Office welcomed us and we felt home from the first moment. The university is much bigger than my home university but much more friendly with all the trees and all the nice buildings. The people are all very nice, both the teachers and the students. You can find help even for the most stupid questions"**

Carmen Winter, Germany  
Health promotion



**"I have new friends from all over the world. Through them I learn about different cultures. My teachers and the people in Sweden are very friendly. They make me feel like I was back home with my family. It will be the most precious memory of my life,"**

Deng Ting, China  
Watermanagement



**"I enjoyed my stay in Sweden and Kristianstad. It was nice to meet students from other countries and interact with everyone, it was such a nice time. It would be very nice for me to have an opportunity to come back to Sweden and Kristianstad again. I thank everyone who made it possible for me, I love you all. Thank you"**

Brian Siamani, Livingstone, Zambia,  
Nursing





## Sweden

Sweden is one of the largest countries in Europe, with varied scenery and climate. From north to south you can find extensive forests, numerous lakes and a long coastline.

The landscape as well as the climate changes a lot, from the wild and colder regions of the north to the milder and flatter landscape of the south.

Sweden is not only forests and lakes but a modern and fast developing country. In a nutshell, "Sweden is a country of opportunities offering a high quality of life with the human and nature in mind. (Swedish Institute)".



## Skåne

Skåne is the southernmost region of Sweden. Danish until 1658, it still keeps a bit of Denmark in its flag and in the "Skånska" the dialect spoken in the area. Together with the Danish Zealand, it belongs to the Øresund Region, one of the fastest expanding areas in northern Europe. It is the most populated area of Sweden but you can still find wild nature, lakes, forests and small villages along the coast.

Malmö, the third largest city in Sweden, is the main centre of Skåne. Thanks to its connection to Copenhagen through the Øresund bridge, the city is quickly developing and is becoming an important centre for all the Scandinavian countries. Modern and old at the same time, Malmö offers a great variety of activities for all tastes.

**"Before studying in Sweden, my impression about Sweden is that it has a prosperous economy, advanced techniques in ecological environmental protection, a perfect welfare system and cold weather. Now, during my 6 months of living here, studying and travelling around Sweden, I have seen all its magic and I really appreciate the friendship and kindness of the Swedish people"**

Zhang Hongxia, China  
**English education**

**"The whole Skåne region is really nice and you can find a lot of small idyllic villages at the sea. I loved to make bike trips to various places"**

Carmen Winter, Germany  
**Health promotion**





**“The town is small but there is everything you need. There are many café and a lot of nature. It is in a good position, near big cities like Malmö and Copenhagen.”**

Lamprini Papachristou, Greece

#### Economics

## Kristianstad

Situated in the north eastern part of Skåne, Kristianstad is the main centre of the region. The town combines the modern and the old and is situated in an area of great natural beauty. Kristianstad is also known for its cosy cafés, restaurants and shops.

Kristianstad municipality has a wonderful Biosphere Reserve known as Vattenriket, the Kingdom of water. Naturum, a newly-built nature centre, is situated close to the town centre and provides a number of displays illustrating the great biodiversity of the region. Here you can also enjoy beautiful views over a cup of coffee.

#### Within Easy Reach

Kristianstad is situated within an easy reach of Europe by air, train or ferry. High-speed trains connect Kristianstad to Kastrup Airport, Copenhagen and Malmö. You can reach Malmö by train in one hour and Copenhagen within one and a half hours. You can thus enjoy the vibrant life of Malmö and Copenhagen whenever you want. Kristianstad airport offers direct flights to Stockholm, and other cities.

In the whole municipality of Kristianstad you can easily move by bike or on foot; there are plenty of trails that allow you to experience the beautiful landscape of the area. Some of the trails are designed for easy access by wheelchair or with a pushchair.

There are many opportunities to enjoy outdoor activities as canoeing, trekking and climbing; the area is well known also for the numerous of bathing spots.



**“just take your bike and go to a lake or to the sea or a nature reserve. There are so many things to do”**

Bastien Coignon, France

#### Water Management

## Admission requirements

Your home university has approved your chosen course(s). Please note that some of the courses may have specific requirements. It is not compulsory to provide a certificate of competence in the English language but it is really important that your English speaking and writing skills are sufficiently good to allow you to follow your chosen course(s).

## Application procedure

If you wish to apply to Kristianstad University as an exchange student, you should contact the international office at your home university. Once you have been nominated and selected by your university, you need to fill in our application form online.

#### Please, note our deadlines:

Autumn Semester: April 15

Spring Semester: October 15

For more information, visit our website:

[www.hkr.se/exchangestudent](http://www.hkr.se/exchangestudent)

## Links

#### Study in Sweden

[www.studyinsweden.se](http://www.studyinsweden.se)

#### Sweden and Kristianstad

[www.sweden.se](http://www.sweden.se)

[www.visitsweden.com](http://www.visitsweden.com)

[www.skane.com](http://www.skane.com)

[www.kristianstad.se](http://www.kristianstad.se)

#### Transport

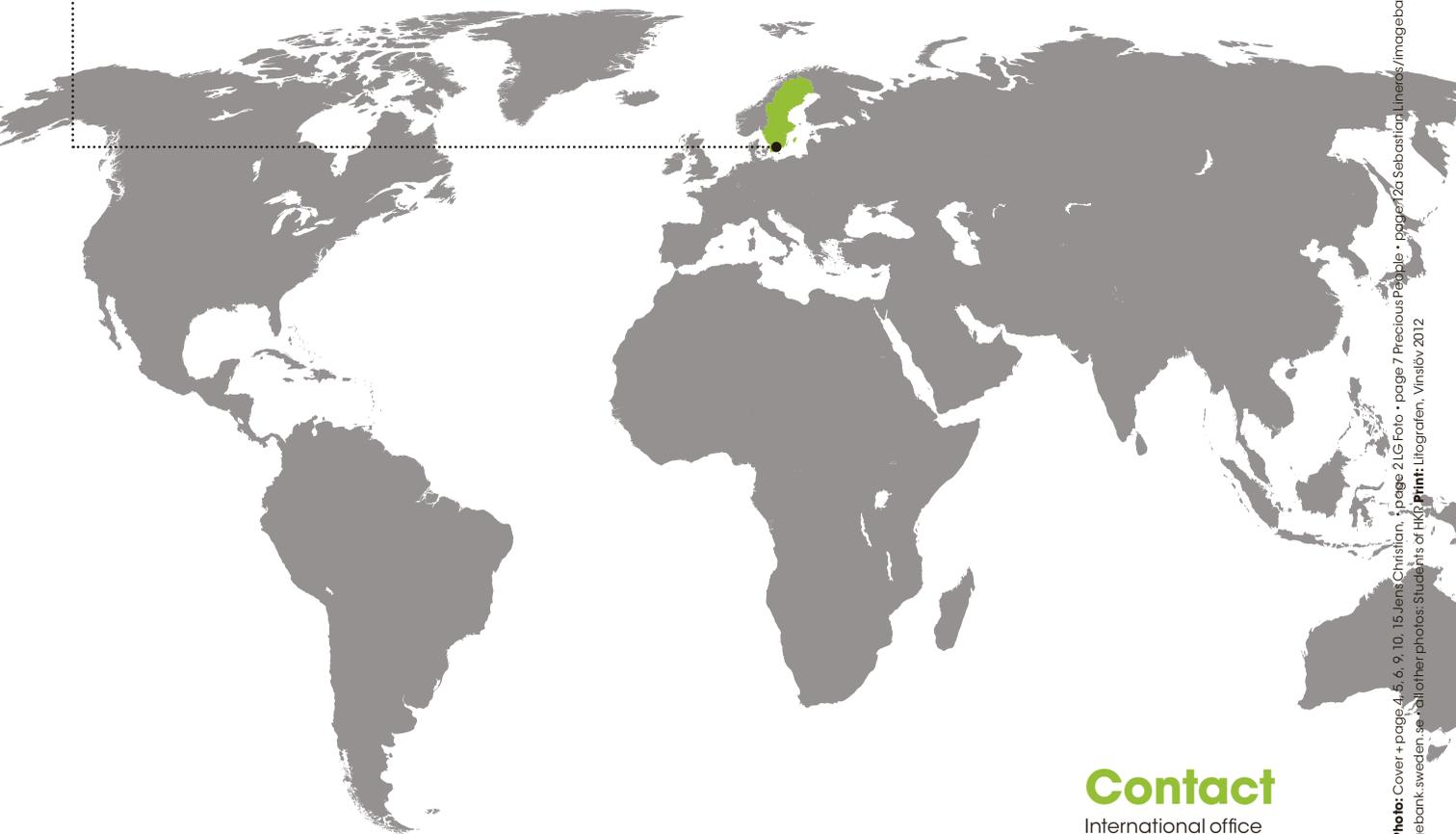
[www.skanetraffiken.se](http://www.skanetraffiken.se)

[www.sj.se](http://www.sj.se)

#### Network for International Students

[www.SwedenInTouch.se](http://www.SwedenInTouch.se)

# Kristianstad University | Sweden | Europe



## Contact

International office

E-mail: [intrel@hkr.se](mailto:intrel@hkr.se)

Telephone: +46 44 20 30 07

Fax: +46 44 20 30 63

[www.hkr.se/exchangestudent](http://www.hkr.se/exchangestudent)