

Get ready for **SUCCESS!**

Join us in the **ACADEMIC SUPPORT CENTER**
(library, lower level) for **30 MINUTE WORKSHOPS** that
will enhance your academic and college experience.

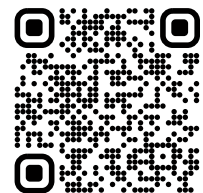
Feb. 4 **»»** **Navigate the Path to Online Course Success**
2:00 P.M. *Learn how to navigate and be successful in your online class.*

Feb. 27 **»»** **Group Projects: From Groan to Great!**
2:00 P.M. *We all dread group projects, but with a better understanding of how to work with a team, we can benefit from the combined power of the members. Learn tips to go from groan to great!*

March 19 **»»** **Mental Health Matters: Relationships Can Be Hard**
2:00 P.M. *Learn more about how to use communication, emotional regulation, and boundaries to positively affect the outcome of disagreements with friends, roommates, significant others, etc.*

Apr. 1 **»»** **Study Skills for Success**
1:30 P.M. *Tired of studying the same way with no success and you don't know what to do? Join us to discuss study strategies that will bring results!*

Apr. 23 **»»** **Unlock the Power of Your Resume**
1:00 P.M. *Create an effective resume or improve the one you already have. Emphasize your skills, talents, and experiences to transform your resume into a powerful tool that will get you noticed!*



»» Scan to learn more!

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