

Yearly Program Assessment Executive Summary: Co-Curricular

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MiSU has four co-curricular student learning goals (SLGs) representing the categories of leadership, wellness, self-awareness, and career and professional development. The SLGs collectively subsume 12 co-curricular student learning outcomes (SLOs, see Table 1).

Table 1. Co-curricular SLGs and SLOs

Category	SLG	SLO
Leadership	1. Students will enhance their intrapersonal competence through their experiences.	1.1. Students will guide others through processes involving collaboration, shared responsibilities, or teamwork. 1.2. Students will apply problem-solving skills while working towards a common purpose. 1.3. Students will use innovative approaches to solve problems. 1.4. Students will affect positive change within their organizations.
Wellness	2. Students will describe and apply the dimensions of holistic well-being.	2.1. Students will develop emotional wellness-related knowledge, beliefs, and behaviors that promote individual and community well-being. 2.2. Student will develop physical wellness-related knowledge, beliefs, and behaviors that promote individual and community well-being.
Self-Awareness	3. Students will enhance their intrapersonal competence through their experiences.	3.1. Students will reflect on their goal-directed behavior. 3.2. Students will reflect on their self-efficacy, growth mindset, or confidence. 3.3. Students will reflect on their emotional and situational adaptivity.
Career and Professional Development	4. Students will develop the necessary life and professional skills to promote their future success.	4.1. Students will develop appropriate communication for use in a professional setting. 4.2. Students will use effective time-management skills. 4.3. Students will demonstrate appropriate demeanor in a professional setting.

Fourteen co-curricular programs representing eight offices submitted program assessment plans in SPOL for the 2024-2025 academic year (Figure 1).

Figure 1. Outcomes Assessed by Office and Program in 2022-2023 YPA Reports.

Office Program	Co-Curricular Outcomes												Other Outcome
	1.1	1.2	1.3	1.4	2.1	2.2	3.1	3.2	3.3	4.1	4.2	4.3	
Academic Support Center													
Access Services													X
Career Services												X	
Peer Tutoring		X											
Enrollment Services													
Registration								X					
Gordon B. Olson Library													
Gordon B. Olson Library													X
Looyenga Leadership Center													
Emerging Leaders Program								X					
Leadership Workshops	X			X				X					
Student Leader Summit	X			X				X					
Military Resource Center													
Military Resource Center							X						
Native American Center													
Annual Honor Dance & Powwow Celebration									X				X
Annual Native American Cultural Celebration Month													X
Residence Life													
Residence Life & Housing Staff							X						X
Student Health & Counseling													
Counseling Services					X				X				
Student Health Clinic						X							

The outcomes, measures, and criteria for each of the submitted plans were added to SPOL. Quantitative findings for 2023-2024 were reported for the outcomes marked by program in Figure 1. Eight programs assessed one co-curricular outcome. One program assessed two co-

curricular outcomes. Two programs assessed three co-curricular outcomes. Three programs did not assess a co-curricular outcome but assessed other outcomes. Three programs assessed outcomes relevant to category 1, Leadership. Two programs assessed outcomes relevant to category 2, Wellness. Eight programs assessed outcomes relevant to category 3, Self-Awareness. One program assessed outcomes relevant to category 4, Career and Professional Development. Seventy-five percent (9 out of 12) of the outcomes were assessed by at least one program. The other 25% (3 out of 12) of the outcomes (1.3, 4.1, 4.2) were not assessed by any program. According to the YPAs for the programs listed in Figure 1, most of the quantitative targets were met.

Seventy-nine percent (11 out of 14) of the programs indicated how they intended to use the results to make decisions. Seven programs reported how they would use the results to make changes. Four programs reported that they would. The remaining four programs using results for decision making did not specify any changes to be made based on the results, but they indicated that the results served as evidence to continue similar programming the following year.

The Co-Curricular Committee established a subcommittee to design and implement a study to gain a better understanding of students' perceptions related to their participation in co-curricular learning. The study intended to conduct focus groups to answer four research questions:

- RQ1: What outcomes do students intend to achieve through co-curricular learning?
- RQ2: How well do the existing co-curricular outcomes align with students' intended outcomes?
- RQ3: In what ways do students experience co-curricular learning at MSU?
- What types of barriers inhibit students' participation in co-curricular activities?

As of the preparation of this report, four focus groups were conducted with a total of 31 students. The subcommittee intends to analyze the data over the summer and disseminate the findings in the fall.