

## AMY B. ARMSTRONG

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### EDUCATION

Minot State University, Minot, ND  
**M. Ed., Special Education Concentration** **2012**

Minnesota State University – Mankato, Mankato, MN  
**B.S. in Education and State Licensure Requirements** **1997**  
Areas of concentration: science and music

Martin Luther College, New Ulm, MN  
**B.S. in Education** **1994**  
Area of concentration: science

### RECENT PROFESSIONAL TRAINING

**Outward Mindset Leadership Training – Arbinger Institute**, Phoenix, AZ **2017**

**NDCPD Leadership - Brief Internship Experience**, Minot, ND **2016**

**UCEDD Leadership Institute - National Leadership Consortium on Developmental Disabilities**, University of Delaware **2015**

**Mental Health First Aid USA – National Council for Community and Behavioral Health**, Minot, ND **2015**

**Bridges Out of Poverty – aha! Process, Inc.**, Williston, ND **2015**

### PROFESSIONAL EXPERIENCE

**Minot State University - North Dakota Center for Persons with Disabilities (NDCPD)**, Minot, ND **2001 – present**

*Project Director for a variety of NDCPD projects with responsibilities including the following:*

Hiring, training and management of staff. Development and oversight of project budgets. Development and implementation of grant goals and objectives.

Development and implementation of project evaluation. Completion of grant reporting requirements. Presentations and trainings to small and large groups.

Development, implementation and facilitation of stakeholder committees.

Development of staff leadership skills. Networking with local and state agencies.

Networking and program capacity building both in the community and statewide.

Development and writing of NDCPD grants. Understanding and implementation of NDCPD grant procedures.

Specific NDCPD projects:

**Project Director – Advancing Students Toward Education and Employment Program (ASTEP)** **2012 – present**

Project Description: A Transition and Postsecondary Program for Students with Intellectual Disabilities (TPSID) grant funded by the U.S. Dept. of Education. ASTEP is an inclusive postsecondary education program for students with ID focusing on career, academic, self-determination and independent living skills.

Additional Responsibilities: Facilitate coordination of services and inclusive campus supports. Oversight and management of 50 plus staff, including professional staff,

student workers and interns. Build campus, community and state partnerships. Develop sustainability plan including grant, state agency and local education agency funding sources. Extensive knowledge of state and local systems and services for transition age youth with disabilities.

**Project Director – Achieving Success by Promoting Readiness for Education and Employment (ASPIRE)**

**2014 – present**

Project Description: A six state collaborative, as part of the federal PROMISE grant initiative funded by the U.S Department of Education. A research study working with youth receiving SSI to gather data on the impact of supports to increased employment, self-determination, independence and financial self-sufficiency.

Additional Responsibilities: Implementation of national research methodology and protocols, procedures and Institutional Review Board requirements. Development and oversight of multiple subcontracts including budgets, quality control and reporting. Oversight of case management training, review of case notes and data entry procedures. Extensive knowledge of state and local systems and services for transition age youth with disabilities.

**Project Director – Money Follows the Person (MFP) Housing Program**

**2011 - 2012**

Project Description: A program to develop affordable and accessible housing options for elderly and people with developmental disabilities wishing to transition back into the community after a nursing home stay or living in an institution. This is an extension of the federal MFP grants through Centers for Medicare and Medicaid Services (CMS).

Additional Responsibilities: Extensive knowledge of state and local systems and services for affordable accessible housing options. Management and leadership of off sight staff.

**Project Director – Real Choice Systems Change Grant Rebalancing Initiative**

**2005 - 2007**

Project Description: Federal systems change grant awarded to the North Dakota Department of Human Services - Aging Services Division to examine North Dakota's long-term care service system for the elderly and adults with disabilities. This project considered ways to improve access to home and community based services in North Dakota.

Additional Responsibilities: Extensive collaboration with ND-Department of Human Services (DHS) – Aging Services Division and various stakeholders including: DHS, Senior Service Providers, Home Care Providers, County Social Services, Long-Term Care Association, and self-advocates and families. Implementation of research study, which included both qualitative and quantitative data collection. Completion of three research reports and presentation of findings to stakeholders. Provided information/testimony to the ND Legislature and Legislative Council.

**Project Coordinator – Medicaid Infrastructure Grant (MIG)**

**2003 - 2012**

Project Description: A federal systems change grant funded by Centers for Medicare and Medicaid services (CMS) to remove barriers to employment for people with disabilities including policy and legislative change to positively affect people with disabilities.

Additional Responsibilities: Gathered and organized public testimony from self-advocates in support of the Medicaid Buy-In program (Workers with Disabilities Coverage - WWD). Development and implementation of statewide marketing campaign to promote WWD. Development of personal assistance network and

association. Development of Benefits Planning and Employment First Task Forces. Completed several research studies in the areas of home and community based services and mental health services.

**Program Coordinator – North Dakota Right Track, Ward County 2001-2003**

Project Description: Birth to age three developmental screening and referral program.

Additional Responsibilities: Developed, organized and coordinated Right Track Program in Ward County. Home visitor for children birth to three years and parent educator.

TEACHING EXPERIENCE

**Guest lecturer for the Minot State University - Special Education Department,**  
Minot, ND (e.g. SPED 110, 440, 444), 2012 – present

**Martin Luther College (MLC) Early Childhood Learning Center,** New Ulm, MN  
Lead Pre-K Teacher & Co-Director, 1998-2000

**Trinity Lutheran School,** Nicollet, MN  
Elementary Education Teacher, 1997-1998 & 1995-1996

**St. Matthew's Lutheran School,** Niles, IL  
Elementary Education Teacher, 1994-1995

PUBLICATIONS AND PAPERS

- Thesis: *Outcomes from the Survey of North Dakota Work Incentive Planning and Assistance (WIPA) Program Participants* **2012**
- ND Employment First Taskforce – *North Dakota Employment First Summit Report* **2011**
- North Dakota Center for Persons with Disabilities – *North Dakota Client Assistance Program Research Report* **2010**
- ND Medicaid Infrastructure Grant – *North Dakota Recovery Readiness Practices for Adults with Mental Illness Research Report* **2010**
- ND Medicaid Infrastructure Grant – *At a Crossroads, ND Home and Community Based Service: An Overview and Recommendations Report* **2008**
- ND Medicaid Infrastructure Grant – *A Report of Questionnaires Administered to ND Qualified Service Providers* **2008**
- ND Medicaid Infrastructure Grant – *A Report of Questionnaires Administered to ND Hospital Discharge Planners* **2008**
- ND Real Choice Rebalancing Grant - *Research Report One: A Report of Focus Groups and Personal Interviews Conducted in North Dakota's Eight Human Service Regions* **2006**
- ND Real Choice Rebalancing Grant - *Research Report Two: A Report of Questionnaires Administered to North Dakota Hospital Discharge Planners* **2006**
- ND Real Choice Rebalancing Grant - *Research Report Three: A Survey of North Dakota Consumers of Continuum of Care Service* **2006**

SUCCESSFUL GRANT APPLICATIONS

- *Advancing Students Toward Education and Employment Program (ASTEP),* **2015**  
U.S. Dept. of Education – Office of Post-Secondary Education
- *Achieving Success by Promoting Readiness for Education and Employment* **2013**

- (*ASPIRE*), U.S. Dept. of Education – PROMISE Grant
- *North Dakota Medicaid Infrastructure Grant (MIG)*, U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services **2011, 2010 & 2004**
  - *North Dakota Client Assistance Program Community Forums and Questionnaire Proposal*, North Dakota Division of Vocational Rehabilitation **2010**
  - *North Dakota Money Follows the Person Housing Initiative*, North Dakota Department of Human Services **2010**
  - *North Dakota Comprehensive Employment Systems Grant (CES)*, U.S. Department of Health and Human Services, Centers for Medicare and Medicaid Services **2009 & 2005**
  - *North Dakota Disability Health Project*, U.S. Centers for Disease Control **2007**
  - *North Dakota Senior Medicare Patrol (SMP)*, U.S. Administration on Aging **2006**

#### CURRENT MEMBERSHIPS

North Dakota Disabilities Advocacy Consortium – Board Member  
 North Dakota State Transition Community of Practice – Member

#### CERTIFICATIONS

North Dakota Teaching License in Early Childhood and Elementary Education, K-6  
 2015 UCEDD Leadership Institute Certificate of Completion