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**Beavers knock off Blue Hawks in three**  
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# MINOT STATE UNIVERSITY

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# RED & GREEN

Vol. 110, Issue 4 • November 15, 2024



Submitted Photo

The Nursing White Coat Ceremony held at Minot State University for its nursing students during the Spring 2024 semester. The white coat ceremony is a nursing tradition that marks the transition of students from the classroom to clinical practice. Photo by Rick Heit.

## Nursing program prepares students for careers

**By Saif Khan**

Red & Green Staff Writer  
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Minot State University's nursing program is designed to prepare students for careers in healthcare, focusing on academic learning and practical experience. The program blends theoretical knowledge with hands-on

training, giving students the skills and confidence to provide competent care in any healthcare setting.

"The main goal is to give us the theoretical and practical knowledge of nursing care so we can go into our different fields and give competent care," said Christopher Paul, a nursing student at MSU.

Paul added the nursing program incorporates a good mix of simulation, clinical exposure, and in-person theory classes to prepare students for the healthcare profession.

The nursing program emphasizes clinical simulations in the third semester, which plays an important role in providing students with practical experience.

These simulations, designed to mimic real-life scenarios, allow students to practice their skills in a controlled environment before working with actual patients.

"Our clinical simulations are very helpful as they help me gain practical knowledge from the theory we learn in the first couple of semesters," said Paul.

MSU nursing students gain

experience at Trinity Hospital, a major healthcare facility near the campus. Trinity Hospital's proximity gives nursing students a unique advantage, providing them with ample opportunities to gain real-world clinical experience.

"We are lucky to have a hospital right next door, and we

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Photo by Nicole Reeves

The boiler system that provides heat to the Minot State University campus buildings.

## Beneath the surface: Exploring MSU's historic tunnel system

**By Nicole Reeves**  
Comm 281

Beneath Minot State University's campus lies a network of tunnels, remnants of the institution's early days. While now primarily used to house the heating system, these tunnels once offered students a unique passageway between buildings during harsh winter weather.

Gary Orluck, Minot State's Office of Safety and Security director, recently led a tour of the tunnels, shedding light on their history and construction.

The tour began at the security building, which houses the campus's central heating system. Boilers send steam through pipes to most of the build-

ings. Until the early 1990s, coal was the primary fuel source, requiring constant shoveling and deliveries of "two tandem-axle trucks worth of coal" on especially cold days, said Orluck.

According to Mark Timbrook's book on the history of Minot State, a tunnel connected the original buildings – Old Main, the heating plant, and the west dormitory (now Pioneer Hall) – "to move people between the buildings in particularly inclement weather."

From the security building, a tunnel branches southwest to Model Hall. The long bump in Model Hall's parking lot marks the tunnel's path. Steel beam

**See TUNNELS — Page 5**

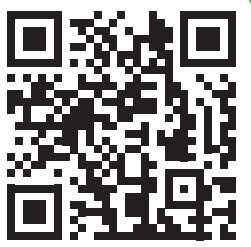


Photo by Nicole Reeves

The tunnels underneath Model Hall on the MSU campus.

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Dear Readers,

As the vibrant colors of fall fade and the crisp fall air turns colder, sometimes much colder living in Minot, we brace ourselves for the inevitable arrival of winter. The days grow shorter, the nights longer. The landscape transforms from a myriad of colors to a tapestry of browns, yellows, and with the arrival of snow, white. While some may dread the cold and snow, I believe this transition offers a unique opportunity for reflection and gratitude, especially as we approach Thanksgiving.

Fall has always been a time of preparation for the coming winter. Our ancestors gathered the last of the harvest, storing food and firewood to sustain them through the harsh months ahead. Today, we may not face the same challenges, but the spirit of preparation remains. We bring out our warm clothes, winterize our homes, and perhaps even indulge in some comfort food to prepare for the colder days ahead.

As the first snowflakes fall, they bring a sense of tranquility and peace. The world seems to slow down, inviting us to embrace the cozy comforts of home and the warmth of loved ones. Winter offers a chance to appreciate the simple things in life, a warm blanket, a good book, and the company of family and friends.

This time of year also reminds us of the importance of community. In the face of harsh weather, we rely on each other for support and assistance. Whether it is shoveling a neighbor's driveway or sharing a warm meal, acts of kindness take on a special significance during the winter months.

As Thanksgiving approaches, I am filled with gratitude for the many blessings in my life. I am thankful for the beauty of nature, the warmth of my home, and the love of my family and friends. I am also grateful for the resilience of the human spirit, which allows us to thrive even in the face of adversity. True strength is not measured when we prosper, it is measured when we are facing the hardest adversity.

This Thanksgiving, let us take a moment to appreciate the changing seasons and the lessons they teach us. Let us be thankful for the challenges that make us stronger and the blessings that fill our lives with joy. And let us remember the importance of community, kindness, and gratitude, not just during the holidays, but throughout the year.

**Bob Patchen**  
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Please feel free to contact me if you have a story idea, a club event, or any item that you'd like to see in the Red & Green.

Native American Cultural Celebration features speakers, music, Indigenous Dinner

By Michael Linnell  
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Minot State University Native American Cultural Center, the MSU Diversity Council, MSU Student Affairs, and Sodexo at Minot State have collaborated to host events during the University's Native American Cultural Celebration Nov. 18-19.

The Native American Cultural Center and MSU Student Affairs have partnered with Sodexo at Minot State to host an Indigenous Dinner on Nov. 18 from 5-7 p.m. at the Student Center Conference Center. On Nov. 19, Minot State will host author and speaker James Vukelich at 10 a.m. in the Hartnett Hall Collaboration Space, and he will lead a book discussion and signing hosted by the Gordon B. Olson Library at 2 p.m.

The Indigenous Dinner is the third-annual event with the meal prepared by Sodexo chef Amanda O'Dell and staff. The event will also feature music by duet soul band, Blood Quantum, featuring Turtle Mountain Band of Chipewa Indians citizens, Amari LaRocque and Clay LaRocque. Blood Quantum will play original music and covers during the dinner. For more information on Blood Quantum.

"Native American/Indigenous people have history; we are not in history," said Annette Mennem, director of Minot State's Native American Center. "Indig-

enous people are thriving today using ancestral teachings, including eating a de-colonized diet."

The Indigenous Dinner is free and open to the campus and community. The Native American Cultural Center requests anyone interested in attending sign up prior to the event for ordering purposes.

Vukelich will discuss his recent book, "The Seven Generations and The Seven Grandfather Teachings," during his presentation. The talk will present the traditional teachings of the Anishinaabeg as a means of developing interconnectedness and interdependence. The seven grandfather teachings, the sacred law of the Anishinaabeg, show us how to lead "Mino-bimaadiziwin," "the good life," a life without contradiction or conflict, a life of peace and balance.

"One takeaway from the book is that not only do Native American people have intergenerational trauma from our ancestors, but we also have carried forward their resilience and fortitude," Mennem said. "This book is a way to live with not only the trauma but the resilience using the Seven Grandfather Teachings: love, respect, honesty, courage/bravery, truth, wisdom, and humility. We invite the campus and community to attend the presentation or book talk and meet the author."

Vukelich's presentation and book discussion and signing are also free and open to the public, with copies of his books available for purchase on-site.

UPCOMING Events

Friday, November 15th

**Academic Dates:** Last day to drop a 16-week class  
**Theatre & Exhibits:** The Space In Between

The Northwest Arts Center presents "The Space In Between," an exhibition by Nebraska artist and All Media 2023 Best of Show recipient Donald Robson. The exhibition is on view in the Northwest Arts Center's Walter Piehl Gallery from Oct. 10 until Nov. 23.

**Gallery Hours:** TWThF, 10 a.m. to 5 p.m., Saturday 1-5 p.m.  
**Contact:** Greg Vettel, 701-858-3264.

**Campus Events:** Women's Way (9:00 a.m. - 4:00 p.m., Student Center, second floor)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (10:00 a.m. - 5:00 p.m.)

The Northwest Arts Center is excited to host the "INT'L All Media 2024" annual juried exhibition for its 29th year. The exhibition is on view October 3 through November 23 in the Walter Piehl Gallery.

**Location:** Northwest Arts Center, lower level of the Gordon B. Olson Library.

**Gallery Hours:** TWThF, 10 a.m. to 5 p.m., Saturday 1 - 5 p.m.  
**Contact:** Greg Vettel, 701-858-3264.

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

**Athletics:** Women's Hockey vs Adrian (3:45 p.m., Maysa Arena)

**Athletics:** Volleyball vs Sioux Falls (6:00 p.m., MSU Dome)

**Campus Events:** MSU's GOT TALENT (7:00 p.m., Hartnett Hall Lecture and Recital Hall 106)

Saturday, November 16th

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Campus Events:** Prospective student visit (10:00 a.m. - 12:00 p.m., Administration 165)

**Athletics:** Volleyball vs Wayne State (11:00 a.m., MSU Dome)

**Athletics:** Football vs Winona State (1:00 p.m., Herb Parker Stadium)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (1:00 p.m. - 5:00 p.m., Northwest Arts Center)

**Athletics:** Women's Hockey vs Adrian (3:45 p.m., Maysa Arena)

Sunday, November 17th

**Music:** Minot Brass Band (3:00 p.m., Ann Nicole Nelson Hall)

**Student Events:** Ice Skating at Maysa Arena (8:30 p.m. - 10:30 p.m., Maysa Arena)

Monday, November 18th

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

**Campus Events:** Native American Cultural Celebration: Indigenous Dinner (5:00 p.m. - 7:00 p.m., Student Center Conference Center)

**Music:** International Artists Series of Minot presents: Acoustic Eidolon (7:00 p.m., Ann Nicole Nelson Hall)

Tuesday, November 19th

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Campus Events:** Native American Cultural Celebration: Author Visit presentation James Vukelich (10:00 a.m., Hartnett Hall Collaboration Space)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (10:00 a.m. - 5:00 p.m., Northwest Arts Center)

**Student Events:** MSU Wellness Fair (10:30 a.m. - 12:30 p.m., Student Center, second floor)

**Student Events:** Tuesday Soup (10:30 a.m. - 12:00 p.m., Student Center Atrium)

**Student Events:** Rise & Thrive: Building a Motivation Mindset workshop (12:30 p.m. - 1:00 p.m., Academic Support Center)

**Campus Events:** Native American Cultural Celebration: Author Visit book talk and signing with James Vukelich (2:15 p.m., Gordon B. Olson Library)

**Faculty and Staff Events:** Creating Healthy Workplaces training (3:30 p.m. - 4:30 p.m., Ann Nicole Nelson Hall)

**Athletics:** Women's Basketball vs Mayville State (5:30 p.m., MSU Dome)

**Athletics:** Men's Basketball vs Jamestown (7:30 p.m., MSU Dome)

Wednesday, November 20th

**Academic Dates:** Last day to withdraw from all classes and receive a 50% refund for second 8-week classes.

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (10:00 a.m. - 5:00 p.m., Northwest

Arts Center)

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

**Student Events:** Drop-in counseling (2:00 p.m. - 3:00 p.m., Wellness Center conference room)

**Faculty and Staff Events:** Conversations with Colleagues (4:00 p.m. - 5:00 p.m., Hartnett Hall)

Thursday, November 21st

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (10:00 a.m. - 5:00 p.m., Northwest Arts Center)

**Student Events:** SGA Meeting (7:00 p.m. - 8:00 p.m., Westlie Room, third floor, Student Center)

Friday, November 22nd

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Campus Events:** Heartsaver CPR/AED course (9:00 a.m., Wellness Center)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (10:00 a.m. - 5:00 p.m., Northwest Arts Center)

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

Saturday, November 23rd

**Theatre & Exhibits:** The Space In Between (All day, Northwest Arts Center)

**Athletics:** Women's Wrestling vs Dickinson State (10:00 a.m., MSU Dome)

**Athletics:** Men's Wrestling vs Northland (12:00 p.m., MSU Dome)

**Athletics:** Women's Wrestling vs Dakota Wesleyan (12:00 p.m., MSU Dome)

**Athletics:** Women's Wrestling vs Jamestown (2:00 p.m., MSU Dome)

**Athletics:** Men's Wrestling vs Bismarck State (3:00 p.m., MSU Dome)

**Theatre & Exhibits:** Northwest Arts Center: 'INT'L All Media 2024' (1:00 p.m. - 5:00 p.m., Northwest Arts Center)

**Music:** Kylee Cook - Senior Voice Recital (4:00 p.m., Ann Nicole Nelson Hall)

Department of Fine and Performing Arts student Kylee Cook presents her Senior Voice Recital.

This concert begins at 4:00 pm and is free to attend.

Concerts are also live-streamed and can be viewed here: MSU - Live Streams from Ann Nicole Nelson Hall

Sunday, November 24th

**Music:** Anderson Faculty Recital (4:00 p.m., Ann Nicole Nelson Hall)

Department of Fine and Performing Arts faculty members Dr. Diana Anderson and Dr. Erik Anderson present: Beethoven Sonatas part 2.

This faculty recital on Piano and Cello begins at 4:00 pm and is free to attend.

Concerts are also live-streamed and can be viewed here: MSU - Live Streams from the Hartnett Recital Hall

Mikayla HarriSon - Senior Oboe Recital (7:30 p.m., Ann Nicole Nelson Hall)

Department of Fine and Performing Arts student Mikayla HarriSon presents her Senior Oboe Recital.

This concert begins at 7:30 pm and is free to attend.

Concerts are also live-streamed and can be viewed here: MSU - Live Streams from Ann Nicole Nelson Hall

Monday, November 25th

**Academic Dates:** Last day to drop second 8 week class

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

Basic Life Support course (1:00 p.m., Wellness Center)

Basic Life Support (BLS) for healthcare professionals trains participants to promptly recognize several life-threatening emergencies, give high-quality CPR, deliver appropriate ventilations, and provide early use of an AED. The course will be held on Nov. 25 at 1 p.m. in the Group Exercise Room. There is a \$50 per person fee for this certification.

**Theatre & Exhibits:** MSU Theatre Auditions for After Ever Happily (4:30 p.m. - 8:30 p.m., Aleshire Theater, Hartnett Hall)

Minot State University Theatre is holding auditions for their February production of After Ever Happily, a play by Erik Meixelsperger.

Please prepare a one-minute comedic monologue. Cold reading pairs will also be done at auditions.

Performances are February 14-16, 2025.

**Music:** 'Messiah' rehearsals (7:00 p.m., Old Main Room 121)

All singers are welcome! Join us in a century-long tradition of performing "Messiah" with all the choral groups of Minot. Rehearsals will be held Nov. 4, 11, and 25 at 7 p.m. in Room 121, Old Main, on the Minot

State University campus. The concert is set for Sunday, Dec. 8, on the stage of Ann Nicole Nelson Hall.

MSU Chamber Ensembles Concert (7:30 p.m., Ann Nicole Nelson Hall)

MSU Students and Faculty present an evening of Chamber Music.

This concert begins at 7:30 pm and is free to attend.

Concerts are also live-streamed and can be viewed here: MSU - Live Streams from Ann Nicole Nelson Hall

Tuesday, November 26th

**Student Events:** Tuesday Soup (10:30 a.m. - 12:00 p.m., Student Center Atrium)

**Athletics:** Women's Basketball vs Minnesota Crookston (5:30 p.m., MSU Dome)

Men's Basketball vs Minnesota Crookston (7:30 p.m., MSU Dome)

Wednesday, November 27th

**Academic Dates:** Thanksgiving vacation, no class

**Student Events:** Drop-in counseling (2:00 p.m. - 3:00 p.m., Wellness Center conference room)

Thursday, November 28th

**Academic Dates:** Thanksgiving, University closed

Friday, November 29th

**Academic Dates:** Thanksgiving break, no classes

**Campus Events:** Turkey Bowl – Thanksgiving Flag Football Experience (10:00 a.m. - 12:00 p.m., Wellness Center)

Staying on campus for Thanksgiving? Join us for the Turkey Bowl – a 5v5 Flag Football game at the Wellness Center. Enjoy the tradition of Thanksgiving football culture and free Thanksgiving food with friends! No sign-up is needed.

Monday, December 2nd

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

We are excited to offer yoga on Mondays, Wednesdays, and Fridays at noon throughout the year at the Wellness Center GroupX Studio. It is free to all Minot State employees and students.

Tuesday, December 3rd

**Student Events:** Tuesday Soup (10:30 a.m. - 12:00 p.m., Student Center Atrium)

Tuesday Soup is offered every Tuesday - no strings attached; just a delicious home-cooked meal free for students, faculty, and staff.

**Music:** MSU Jazz Band (7:30 p.m., Ann Nicole Nelson Hall)

Wednesday, December 4th

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

We are excited to offer yoga on Mondays, Wednesdays, and Fridays at noon throughout the year at the Wellness Center GroupX Studio. It is free to all Minot State employees and students.

**Student Events:** Drop-in counseling (2:00 p.m. - 3:00 p.m., Wellness Center conference room)

Minot State University Student Health and Counseling Services is offering drop-in counseling services in the Wellness Center this fall on Wednesdays.

**Music:** MSU Concert Band (7:30 p.m., Ann Nicole Nelson Hall)

Thursday, December 5th

**Student Events:** Don't Stress It's Only a Test workshop (1:00 p.m. - 1:30 p.m., Academic Support Center)

With final exams just around the corner, are you starting to panic? Don't worry, as we have you covered with helpful tips and tricks on what to study, how to study, and resources to get you started!

**Presenter:** Kelli Sem & Heather Martin

SGA Meeting (7:00 p.m. - 8:00 p.m., Westlie Room, third floor, Student Center)

The mission of SGA is to promote the general welfare of the students, increase student involvement within the university, and provide an official voice through which student opinion may be expressed.

Friday, December 6th

**Campus Events:** Yoga (12:00 p.m. - 1:00 p.m., Wellness Center GroupX Studio)

We are excited to offer yoga on Mondays, Wednesdays, and Fridays at noon throughout the year at the Wellness Center GroupX Studio. It is free to all Minot State employees and students.

**Athletics:** Women's Basketball vs St. Cloud State (5:30 p.m., MSU Dome)

Men's Basketball vs St. Cloud State (7:30 p.m., MSU Dome)



RED & GREEN

**PUBLISH DATES:** 9/13/24; 10/4/24; 10/25/24; 11/15/24; 12/6/24; 1/31/25; 2/21/25; 3/7/25; 3/28/25; 4/18/25 and 5/9/25.

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# Minot State makes Thanksgiving home away from home for students

**By Kaif Khan**  
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Thanksgiving is one of the most widely celebrated holidays in the United States. Millions of Americans gather with family and friends to give thanks for life's blessings. For university students, however, Thanksgiving can be a time of mixed emotions. With the semester winding down, exams approaching, and many students far from home, the holiday provides a special moment to reconnect with others.

At Minot State University (MSU,) this holiday is more than just a turkey feast; it is a time for students to pause and reflect, and for the university community to unite. Thanksgiving is deeply woven into American culture, emphasizing gratitude, community, and sharing. For college students, Thanksgiving offers almost a week-long break from school, a Thanksgiving lunch provided by MSU, and many other activities.

"It's hard being away from my family during the holidays, but MSU makes it feel like a second home with friends," said an MSU student. "For those who get

the chance to go back, they are equally as grateful as the ones staying back."

The Thanksgiving celebration at MSU also highlights the diversity of the student body. With students from across the U.S. and more than 15 other countries, the holiday becomes a multicultural experience where American traditions blend with international ones. For some international students, Thanksgiving at MSU is their first encounter with the holiday. It allows them to learn about American culture and share their own.

MSU also emphasizes the importance of giving back. In the

weeks leading up to the holiday, the university encourages students to volunteer with local organizations or participate in donation drives.

"Thanksgiving for me has always been a time to get together with friends and family," said Darren Seifert, Computer Science and Math Department Chair. "A time to take a purposeful break from our busy schedules and enjoy time together. A chance to reflect on everything happening in our lives and show appreciation for how we've helped one another over the past year."

Seifert added, "I hope stu-

dents gain an appreciation for the idea that none of us achieve success alone. We all rely on the support and care of our friends and family along the way."

Thanksgiving at Minot State University is more than just a holiday. It's a celebration of community, gratitude, and connection, whether through shared meals, diverse cultural expressions, or acts of service. It emphasizes that the journey toward personal and academic accomplishments is never a solitary one, and it's important to be thankful to those who help along the way.

## Global perspectives on gratitude: how other cultures celebrate thanksgiving

**By Katarina Jellison**  
Red & Green Staff Writer  
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Thanksgiving, a time for family, feasting, and reflection, is deeply ingrained in North American culture. But how is this holiday observed in other parts of the world? We spoke with international students from Canada, Mexico, and the Dominican Republic to gain a global perspective on Thanksgiving traditions.

### Canada: A Relaxed Approach to Giving Thanks

In Canada, Thanksgiving falls on the second Monday in October. While sharing the core theme of gratitude, the Canadian holiday has a distinct character.

"Thanksgiving at home is not specific to a story such as that of the U.S. with the pilgrims," one Canadian student explained. "We often just give thanks to our friends and family and our

blessings."

The celebration is generally more relaxed than its American counterpart. "We don't have as many extravagant dishes and casseroles as I've seen in the U.S., but pumpkin pie is a staple for dessert!" the student added. Regional variations also abound. In Newfoundland, for example, a traditional "Jiggs Dinner" of salt beef and vegetables accompanies the Thanksgiving turkey.

### Mexico: Finding Thanksgiving Spirit in Other Celebrations

Mexico does not observe Thanksgiving as a formal holiday. However, the spirit of gratitude and togetherness finds expression in other cultural celebrations.

"Christmas for us is very important," a student from Mexico shared. "I'd say it could be considered the 'Thanksgiving' because it is a time where we spend time with family, friends, and the

people we love and are grateful to be with."

Other important celebrations include posadas, festive gatherings with singing, traditional food and drinks, and pinatas, held in the weeks leading up to Christmas. Day of the Dead, on Nov. 2, honors deceased loved ones with ofrendas (altars), dances, and special foods.

**Dominican Republic: A Christmas Eve Feast**

In the Dominican Republic,

Thanksgiving is celebrated on Dec. 24, as a prelude to Christmas.

"It is not very different [from the U.S.] other than the food," said a Minot State student from the Dominican Republic. "We meet up with family and just have a big dinner."

Other significant cultural events include Carnaval in February, which coincides with the country's independence month, and Semana Santa (Holy Week), a time for religious reflection.

## Across borders: Comparing Thanksgiving traditions across US, Canada

**By Kaif Khan**  
Red & Green Staff Writer  
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Thanksgiving is a time for family gatherings and expressions of gratitude across North America. However, while both the United States and Canada celebrate the holiday, the origins and ways the holiday is observed differ. While both countries observe Thanksgiving to reflect on the harvest and give thanks, the dates, history, and customs surrounding the holiday vary.

The history of Thanksgiving in the U.S. and Canada can be traced back to the early days of European settlers in North America. In the United States, Thanksgiving is rooted in 1621,

when the Pilgrims, who settled in Plymouth Colony, celebrated a successful harvest with a feast shared with the Wampanoag people. This event is often remembered as the first "Thanksgiving," though the term wasn't used at the time.

In Canada, Thanksgiving dates back to 1578, when English explorer Martin Frobisher landed in what is now Newfoundland and held a feast to give thanks for a safe voyage. While the Canadian holiday is rooted in similar expressions of gratitude, it is more closely linked to harvest festivals held in Europe. Over the years, Canadian Thanksgiving evolved separately, influenced by British harvest celebrations.

For both countries, Thanksgiving gradually became a national holiday. In Canada, Thanksgiving was officially declared a national holiday in 1879, though it was celebrated at different times in various provinces. It wasn't until 1957 that the Canadian government set the second Monday in October as the day for the holiday.

In the U.S., President Abraham Lincoln declared Thanksgiving a national holiday in 1863 during the Civil War, aiming to unify the nation. President Franklin D. Roosevelt later fixed the date to the fourth Thursday in November 1941. The holidays are over a month apart but share similarities in how they are celebrated.

The cultural significance of Thanksgiving in the U.S. and Canada is alike in themes of gratitude, family, and togetherness. In the U.S., Thanksgiving is often associated with national unity. In Canada, Thanksgiving serves a similar purpose, revolving more around family gatherings. Foods can differ; Canadians may add dishes such as butter tarts or poutine, while Americans might have cornbread or sweet potato casserole.

"One of the differences I see is the dates," said Brooklyn Hanelt, resident hall director of Crane Hall from Canada. "We have a special dinner in October and another one in December for Christmas. It feels different, but the underlying theme is very

similar. We get together with family and prepare food, play games, and stay up late having fun."

While Thanksgiving in the U.S. and Canada differs in history, timing, and customs, the underlying theme remains the same: a time to reflect, give thanks, and celebrate family and community. Whether enjoyed in the autumn air of Canada or as part of the winter in America, Thanksgiving is beloved by people across North America. Though observed on different dates and in slightly different ways, the spirit of gratitude and togetherness is reflected equally in both cultures, bringing people together to celebrate the good in their lives.





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Dr. **Deanna Carpenter** – horn; Dr. **Charles Young** – clarinet; **Sheri Lien** – bassoon, **Tim Baumann** – oboe, and Dr. **Elizabeth Demme** – flute.

## Minot Symphony Orchestra announces first chamber concert

The Minot Symphony Orchestra is proud to announce its first of two Chamber Concerts for the 2024-2025 season. “Close Encounters with Musicians of the MSO featuring The SubZero Winds” will be held on Saturday, November 16, 2024 at 7pm at the Carnegie Center in downtown Minot.

The SubZero Winds, a woodwind quintet composed of five members of the Minot Symphony Orchestra: Dr. Elizabeth Demme, flute; Tim Baumann, oboe; Dr. Charlie Young, clarinet, Sheri Lien, bassoon; and Dr. Deanna Carpenter, horn. The quintet will perform a variety of works by French composers.

The ensemble will perform the music of French composers from the Romantic, Impressionist, and Modern Eras. The quintet will be joined by guests Dr. Dianna Anderson and MSO Principal Oboist Karen Tonneson for a pair of pieces by Maurice Ravel.

“Many people ask, what is a Chamber Concert? Simply put, it is a performance by a small group of musicians in a

small space. The atmosphere will be relaxed and welcoming, making it a great place to enjoy music without the intimidation of a big concert hall for newcomers. Providing opportunities for musicians and patrons is the focus of our mission and we are excited to bring these Chamber Concerts to the Minot community,” explains Ellen Fenner, MSO Executive Director.

Close Encounters will be held at the Carnegie Center, 105 2nd Ave. SE, Minot. The 60-minute performance will begin at 7pm. The doors will open at 6:30pm. Attendees are invited to All seats are general admission and \$25 each. Tickets are available at [www.minotsymphony.com](http://www.minotsymphony.com) or by calling the box office at 701-858-4228.

The Minot Symphony Orchestra is a unique blend of student, community, and professional musicians from the Minot area. The symphony is directed by Maestro Efrain Amaya, Associate Professor of Performing Arts at Minot State University.



Submitted Photo

The Minot State Concert Choir Quartet rehearses in a cathedral of concrete. Photo submitted.

## MSU Concert Choir to utilize ‘gargantuan cathedral of concrete’

By **Michael Linnell**  
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Minot State University’s Concert Choir is accustomed to singing in venues with superior acoustics on international tours.

When looking for something similar in Minot, Emerson Eads, professor of music and the director of choral activities, was surprised to find something right on campus — the rarely used emergency stairwell at the Minot State Dome.

“I was introduced to the emergency stairwell by Minot State alumnus John Spitzer 93,’ and what I discovered was nothing short of extraordinary — a gargantuan cathedral of concrete,” Eads said. “Ascending the three flights of stairs to the east and another three to the west creates an awe-inspiring acoustic experience, where sound lingers for an impressive eight to nine seconds before fading away. This reverberation is reminiscent of the great medieval cathedrals, which typically have reverberation times ranging from eight to 11 seconds. For example, St. Paul’s Cathedral in London boasts an 11-second echo when empty and about eight seconds when filled with people.”

After learning of the space, Eads set out to find the perfect concert to utilize the venue, featuring fewer voices than the traditional full choir.

“The acoustic quality is particularly significant for singing the music of antiquity, as it allows for more

expressive performances with fewer voices, highlighting the importance of articulation,” he added. “It also gives you an idea for how awe-inspiring just a simple line of chant can be. When you sing a single line of chant, you experience singing in counterpoint with the reverberations that you just sang — polyphony is created by singing monophony in this space.”

“In the Darkness of Night: A Concert of Polyphonic Masterpieces for Four Voices” on Nov. 8 will feature four Minot State singers: Christina Larsen, soprano; Kaitlyn Pellenwessel, alto; Tyler Irmen, tenor; and Evan Putt, bass. The free concert will begin at 7:30 p.m. and will be a fundraiser for the group’s Spring 2025 trip to Norway.

“For students, this presents a remarkable opportunity,” Eads said. “We rarely encounter such acoustics unless we embark on international tours — like the upcoming trip to Norway in the Spring of 2025, for which this concert serves as a fundraiser. The fact that this concrete cathedral exists right here at Minot State is extraordinary.”

Pellenwessel, a sophomore from Minot studying music education, likens the space to cathedrals and basilicas she had the opportunity to sing in this past summer.

“I specifically remember the Wilton Basilica in Innsbruck, Austria,” she said. “The wetness of sound was a powerful and chilling experience that I thought I would have to leave abroad. This experience remained a memory until I was introduced to the Dome’s stairwell through MSU singers this semester. It is so com-

forting to get to sing in an authentic surround sound experience, and we are so blessed to have a place like that on campus.”

Irmen, a senior music education major from Velva, was uncertain if this was the best place for a concert but came around after the first rehearsal.

“When I first heard that our venue wouldn’t be in Ann Nicole Nelson Hall, I was skeptical,” he said. “However, I was interested in doing something unusual, so I went for it. We held a rehearsal in the stairwell, and I was absolutely blown away by the acoustics. The ring that the stairwell gives allows the music to become much more impactful and powerful.”

“My reaction was just in awe as it brought our music more to life, and it made it difficult not to be brought to tears while listening. The music we share with the audience will be something for all to enjoy, and I’m sure some may leave differently than when they came!”

While Eads is excited about the event, he is grateful for the partnership with MSU Athletics to utilize the venue.

“I’m grateful for Kevin (Harmon, vice president of student affairs and intercollegiate activities) and Janna (associate director of athletics for external operations) for allowing us the opportunity to sing in this space,” he said. “I hope that alumni and patrons of the University will support the vision of transforming this space into a small concert hall for chamber choirs. It truly is an ideal setting for music.”

## Hill inspires through medical technology, community impact

By **Veronica Corey**  
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Rebecca Hill’s 1964 degree in medical technology marked a milestone both in the University’s history as part of its inaugural class and in her own career in the healthcare field.

When Hill first started at Minot State Teachers College, the medical technology program wasn’t an official degree yet.

“We were going to school for two years, then interning at the hospital for a year, but during our second year of college, the Legislature granted a degree,” she said. “So, we went here for three years, interned for one year, and got the first med tech degrees.”

With the change in degree requirements, Hill and her classmates ended up taking more classes.

“We ended up taking a lot of generals to make the degree program,” she said. “We took music, history, and humanities, and we had never taken classes like that before.”

Even with the addition of many general classes, a lot of time was spent in labs for the medical technology students.

“We would spend a lot of time in labs, and our teachers were very helpful



Rebecca Hill

to us,” Hill said. “We had full schedules because we put in more hours in a day in a class than other students that took four classes.”

The medical technology graduate worked at Saint Joseph’s Hospital in Minot for many years between 1964 to 2000. She was employed as a medical technologist and served as program director. During her time as a program director, she helped instruct over 180 students.

“I did take a couple of years off, but most of my life, I worked at St. Joseph’s,” Hill said. “I was a program director for the St. Joseph’s School of Medical Technology. I worked with many students from Minot State and other universities.”

“Every class was unique.”

After working with students for many years, Hill found a new way to help

future medical laboratory science majors by creating the Rebecca Hill Medical Lab Science Scholarship Endowment at Minot State University in 2023.

“I realized going to school can be expensive and hard for students,” she said. “They need to have time to study and do their work. Scholarships are handy for them to receive and help them through. I know some of the interns I had at the hospital were sometimes scrounging to pay another month’s rent and other needs, so a little bit of help can go a long way.”

This isn’t the only way Hill has been able to help Minot State students. The Sundre Sand & Gravel Earth Science & Geology Scholarship Endowment was created in honor of her late husband, Gary ’65.

“My husband’s major was biology, and he liked earth sciences,” Hill said. “Obviously, we’re in the business, and we figured it would be a good scholarship for Sundre to sponsor.”

In 1971, the Hills started their business, Sundre Sand & Gravel.

“Gary saw the potential we had on the land we owned. It had aggregate or gravel deposits,” she said. “We started small, and after my boys finished their studies, Shane went to Fargo, and Sheldon went to Dakota Aerotech; they

wanted to come back and be in the business. I had my CDL and worked side by side with them out in the field. The business started to grow, and we’ve been busy ever since.”

The family-owned business now employs over 70 people, built on years of hard work and earning trust within the community.

“We have a reputation for being honest, hardworking, and trustworthy,” Hill said. “When we say we’re going to get something done, we get it done.”

Hill’s sons have been working in the family business since 1995, and she has started the process of passing the reins to the next generation.

“I’m trying to ease myself out,” she explained. “They make a lot of decisions right now. We still discuss things, but I’m letting them do more and tell me what they plan.”

Having spent many years teaching, mentoring, and working for her family business, Hill has gained valuable insights for today’s students. Drawing from her diverse experience, she emphasizes the importance of passion and growth.

“It’s important that you pick a field that you’re going to enjoy working in,” she said. “Plan to advance and do the best that you can do.”

## Women’s hockey

O’FALLON, Ill. – The Minot State Beavers women’s hockey team capped off a perfect 3-0 weekend at the WMCH Showcase with a 2-1 victory over the No. 3-ranked McKendree Bearcats on Saturday, Nov. 9. The Beavers extended their winning streak to four games and improved their record to 10-3-0, while McKendree fell to 14-3-0.

Minot State jumped out to an early lead with two power-play goals in the first period. Mia McKee opened the scoring, followed by a goal from Olivia Opheim. McKendree cut the deficit to 2-1 with a goal from Aria Groot in the second period, but the Beavers’ defense held strong in the third to secure the victory.

Goaltender Haylie Biever made 15 saves on 15 shots to earn the win for Minot State, improving her record to 4-2-0. Makena Welby, Payton Lang, Paige Kozak, and Abby Tallman each tallied assists for the Beavers.

**Minot State Women’s Hockey Shuts Out Minnesota**

ST. CHARLES, Mo. – The Minot State Beavers women’s hockey team earned a 2-0 shutout victory over the University of Minnesota on Friday, Nov. 8 at the WMCH Showcase. The win came on the heels of a 3-2 overtime victory against Lindenwood on Thursday. The Beavers improved to 9-3-0 with the win, while Minnesota fell to 0-6-0.

After a scoreless first period, Payton Lang broke the deadlock with a goal in the

final second of the second period. Abby Tallman added an insurance goal for Minot State midway through the third period.

Goaltender Haylie Biever was stellar for the Beavers, stopping all 32 shots she faced to earn the shutout. Paige Ackerman tallied two assists in the victory.

With the win, Biever improved her record to 3-2-0 on the season.

**Beavers defeat Lions 3-2 in OT**

ST. CHARLES, Mo. – The No. 9-ranked Minot State Beavers women’s hockey team earned a 3-2 overtime victory over the No. 13-ranked Lindenwood Lions on Thursday, Nov. 7. The win marked Minot State’s second victory over Lindenwood in their last three meetings. The Beavers improved to 8-3-0 on the season, while the Lions fell to 6-7-1.

Krissy Rink scored the lone goal of the first period to give Minot State an early 1-0 lead. Lindenwood responded in the second period with goals from Loki Antonio and Ardyn Hawryshko to take a 2-1 advantage.

Tori Bear tied the game for the Beavers with a goal late in the third period, forcing overtime. Journey Miller then scored the game-winning goal for Minot State at 4:36 of the extra frame.

Paige Ackerman, Matakiah Metz, and Payton Lang each recorded assists for the Beavers. Goaltender Morgan Baker made 30 saves on 32 shots to earn the win in net, improving her record to 5-1-0.



# Late game miscues hurt Beavers as Dragons win shootout

Minnesota State-Moorhead got a four-yard touchdown reception from Brady Perryman with 2:39 left in the ballgame, as Minot State lost 42-38 to the Dragons on Saturday afternoon at Herb Parker Stadium.

The Dragons improved to 5-4 on the year and 5-3 in Northern Sun Intercollegiate Conference play, while the Beavers fell to 4-6 overall and 3-6 in conference matchups.

In a back-and-forth contest, things started to slip away towards the end for Minot in a one-score finish against one of the NSIC's top air-raid offenses. A lot of things went down that hurt the Beavers when it came to crunch time, many events that were unlike them according to head coach Ian Shields. Despite the impressive offensive output, the finish was not there.

"It's a tough loss. That game was there for the taking. There's a lot of things in all three phases that could have been better, but bottom line was we had the ball in our hands late, and we were uncharacteristically turning the ball over," said Shields.

"We've been pretty airtight all season long. But we couldn't close it out today because we weren't good enough when it was time to finish the game out. So that's disappointing. It was the most turnovers we had this season."

Carson Chrisman totaled 145 yards to lead the Beavers' ground attack and added three touchdowns in the game, picking up 5.8 yards per carry along the way. Devan Daniels also tacked on 90 yards and one touchdown on the ground, picking up 6.4 yards per carry. Evan Lovett chipped in with 85 yards as well, picking up 4.3 yards per carry.

Nalu Cordeiro paced the Minot

State defensive effort, collecting one interception. Cody Raetzman added 3 tackles and 1 interception, while Connor Raetzman had 1.0 TFL, 1 sack, and 1 forced fumble in the loss.

Both Minot State and Minnesota State-Moorhead forced two turnovers in Saturday's contest, with Minot State turning those takeaways into seven points. Minot State recorded a stellar showing on the ground, racking up 354 rushing yards while averaging 5.4 yards per carry. Minot State converted on 41.7 percent of third-down attempts on the day.

"Offensively there's some big plays out there as well...I thought physically we played really well today," Shields said.

Despite giving up 344 yards through the air, the Beavers defense disrupted the Minnesota State-Moorhead passing game on the way to grabbing two interceptions and breaking up five Dragons passes.

"We had some big takeaways...that's as good as you're going to face a prolific offense throwing the ball. I thought we did some really good things defensively," Shields commented.

Minot State's offense took advantage of its visits to the red zone, scoring on four out of four trips, with all of those scores being touchdowns.

A rough finish on yet another close battle will give the Beavers some time to reflect and maybe even relax and rest with an oddly timed bye week coming up before their Senior Day game in two weeks.

"We got to coach a little better, we got to practice a little better. We got this awkward bye week here, which in some ways might be a blessing with where we're at physically and

then we got one more opportunity to play the game with these Seniors here. Team 99, last time we'll break huddles against Winona," said Shields.

### Minot State falls 35-21 to Minnesota-Duluth

DULUTH, Minnesota -- Minot State fell 35-21 to Minnesota-Duluth on the road Saturday afternoon.

The Bulldogs improved to 4-4 on the year and 3-4 in Northern Sun Intercollegiate Conference play, while the Beavers fell to 4-5 overall and 3-5 in conference matchups.

It was another quality opponent on the other side for the Beavers, despite Duluth facing a 3-game losing streak. Head coach Ian Shields saw more chances for Minot State to strike, but it fell short once again.

"We had opportunities in all three phases of the game to make it look different, but didn't capitalize upon those consistently enough," Shields mentioned.

"We're close, we're right there, and we're consistently competing against good teams now...but that's not the objective, the objective is to play our best football and to win."

A point of emphasis defining the result was Duluth's presence at the line of scrimmage.

"Give credit to Duluth, they are a big and physical group on both sides of the ball up front. That's football at its essence -- you have to win up front, and today that was a challenge for us," Shields said.

It proved to be a major case as the Bulldogs garnered nearly 300 yards on the ground, as was evidence to suggest.

# Minot State men's basketball wins second straight

DULUTH, Minn. -- The Minot State Beavers men's basketball team improved to 2-0 on the season with a 77-69 victory over the Southeastern Oklahoma State Savage Storm on Saturday. The Beavers shot 42.9 percent from three-point range, making 12 of 28 attempts from deep.

Ayouba Berthe led Minot State with 19 points and two steals. Jaxon Gunville added 18 points, and Jalen Cook scored 17.

The Beavers outrebounded Southeastern Oklahoma State 38-35, led by nine rebounds from Sam West. Minot State also tallied 11 offensive rebounds, leading to 10 second-chance points. Defensively, the Beavers recorded six blocks, with West leading the way with two.

After trailing by four points late in the first half, Minot State went on a 6-0 run to take a 29-27 lead into halftime. The Beavers then used an 11-0 run in the second half to build a 50-40 advantage. Southeastern Oklahoma State attempted to rally, but Minot State held on for the 77-69 win.

"We've got a lot of new faces and returners in new roles," said head coach Matt Murken. "There is no substitute for game experience. We got a lot of that this weekend. Sometimes it showed our strengths and sometimes it showed our weaknesses. In the end of both games, we found a way to win and that's a credit to the competitive spirit of our guys. 2-0 is a great start for our team. Now it's all about how much better we can get moving forward."

### Minot State opens season with overtime win over East Central

DULUTH, Minn. -- The Minot State Beavers men's basketball team started the 2024-25 season with a thrilling 108-99 overtime victory over the East Central Tigers on Friday. Ayouba Berthe sent the game to overtime with a pair of clutch free throws with just three seconds remaining in regulation.

"Today was a total team effort," said head coach Matt Murken. "Multiple guys really stepped up and gutted out a tough win. Certainly there are a lot of things to improve but we played a team that made big shot after big shot and we still found a way to get a win."

The Beavers (1-0) had five players score in double figures, led by Jalen Cook's 27 points. Caleb Van De Griend recorded a double-double with 20 points and 16 rebounds, while Berthe added 20 points, seven rebounds, four assists, and two blocks.

Minot State shot well from beyond the arc, making 12 three-pointers on 40 attempts. Jaxon Gunville led the way with five three-pointers. The Beavers also dominated the boards, outrebounding East Central 60-40.

After trailing by one point late in the first half, Minot State went on a 5-0 run to take a 37-33 lead. The Beavers held a 39-37 advantage at halftime. The game went back and forth in the second half before Berthe's heroics sent it to overtime. In the extra period, Minot State outscored East Central 17-6 to secure the 108-99 victory.

# Sandoval finishes 4th for Minot State women's wrestling at season opener

FOREST CITY, Iowa -- Minot State's Nina Sandoval made a strong comeback after opening her season with a setback on Saturday to place fourth, leading the way for the Beaver women's wrestling team.

Losing in her first match of the day at the Waldorf Open in the 180-pound bracket, Sandoval rallied with four straight wins to earn a spot in the consolation championship before her run ended and she settled for fourth.

Sandoval won three matches by pin and added a technical fall victory to her run, starting her season off 4-2.

Also adding three wins by pin on the day for the Beavers was Skye Shelmerdine in the 124-pound bracket, though she did not place, while Haleigh Lematta picked up a win each by pin and a tech fall victory at 145 pounds for Minot State.

Also adding a win by tech fall at 131 pounds was Keela Kary, and

making successful collegiate debuts were freshmen Pua Beebe and Madilyn Schuck. Beebe won in her first collegiate match by tech fall at 138 pounds while Schuck scored a win by pin in her second match of the day at 207 pounds.

With the season under way, the Beavers now return home to the MSU Dome to host the 3rd annual Beaver Bash Duals on Saturday, Nov. 23, starting at 9 a.m.



Submitted Photo

Minot State University nursing student **Lizbeth V.** simulates taking the temperature of a patient as part of the MSU nursing program. Photo by Rick Heit.

## □ Nursing

Continued from Page 1

get a lot of hours to perfect our practical knowledge," said Ankita Rijal, a nursing student at MSU. Rijal added her favorite part of the program is the opportunity to participate in simulations at the hospital.

The relationship between Minot State University and Trinity Hospital is a key factor in the nursing program's success. It offers exposure to clinical situations that students at other universities may not get. Students can observe and assist with patient care during clinical trials and get hands-on experience working with patients.

The program's faculty also plays a crucial role in supporting students. "The teachers are great; they support students

and are there to help whenever I need it," said Paul.

The faculty's commitment to student development is essential for student success, and the teachers in the nursing program have contributed significantly to their students' achievements.

The nursing program at Minot State University combines rigorous academic coursework with extensive clinical experiences, ensuring that graduates are well-prepared to enter the healthcare field. Student dedication is also crucial for success. However, the program's structure and support systems make it easier for students to handle the demanding coursework. As healthcare continues to evolve, Minot State University's nursing program remains focused on preparing the next generation of nurses for this fast-changing field.

## □ Tunnels

Continued from Page 1

supports were added within the past 10 years to reinforce the tunnel walls, which had begun to bow from the weight of vehicles above.

The oldest tunnel connects the security building to Old Main, its age evident in the cracks in the cement. A smaller, circular tunnel, requiring crawling, leads to Memorial Hall, while another crawl space connects to Lura Manor. Normal-sized tunnels run to Swain Hall and Dakota Hall, with doors leading up into the buildings.

Timbrook's book notes that the tunnel walls were painted "a friendly green" to counter the enclosed feeling. This original green paint is still visible in the oldest tunnels.

While the exact date when students stopped using the tunnels is uncertain, Orluck estimates it was sometime in the 1960s. His stepmother, who started at MSU in 1971, confirmed they were no longer in use by then.

Today, the tunnels remain a hidden part of campus, their history largely unknown to current students. They stand as a tangible link to MSU's past, a reminder of the university's evolution and the resourcefulness of those who came before.

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# Beavers knock off Blue Hawks in three

The Minot State volleyball team got the job done in three sets to knock off the Dickinson State Blue Hawks, 25-19, 25-15, 25-14 in non-conference action Tuesday at home at MSU Dome.

The non-conference win boosted the Beavers' overall record to 2-19 on the season. The first meeting between the former Dakota Athletic Conference rivals since 2018, the win stretches the Beavers win streak to seven straight over Dickinson State.

Minot State now returns to NSIC play, hitting the road for matches at Minnesota Duluth on Friday and St. Cloud State on Saturday.

The Beavers were led by a double-double from Madelynn Boop, who registered 10 kills and 10 digs on the day. Bailee Brommenschenkel also added 12 kills to help the offense. On the defensive end, Viktoria Sedova chipped in for with 19 digs to go with four blocks from Brommenschenkel.

"I feel like our service receive was on point and our hitters were just putting the ball away, and I feel like it all just started to blend together," Brommenschenkel said.

## Minot State loses in four sets in the 'Battle of the Beavers'

The Minot State volleyball team fell to the Bemidji State 25-17, 20-25, 25-21, 25-20 in the "Battle of the Beavers" on Friday at home at MSU Dome in NSIC action.

The loss dropped Minot State's record to 1-18 overall and 0-12 in NSIC play. The Beavers next host Minnesota Crookston at 2 p.m. on Saturday at the MSU Dome.

The Beavers were led by a double-double from Madelynn Boop, who registered 14 kills and 13 digs on the day. Paulina Kowalska also added nine kills to help the attack. On the defensive end, Viktoria Sedova chipped in with a career-high 23 digs to go with four blocks from Mia Thompson.

## Minot State loses in four sets to Golden Eagles

The Minot State volleyball team jumped ahead 1-0, but couldn't hang on and lost 3-1 26-28, 25-20, 25-19, 25-17 to the Minnesota Crookston Golden Eagles Saturday, Oct. 26, 2024 at home at MSU Dome in NSIC action.

The loss dropped Minot State's record to 1-19 overall and 0-13 in NSIC action.

Paulina Kowalska finished with 16 kills on the day to lead the Beavers attack while finishing with a hitting percentage of .256. Defensively, Minot State had three players reach double figures in digs, including Madelynn Boop's 14, 13 from Jaina Macaulay, and 13 more from Viktoria Sedova. From the front row, Mia Thompson contributed five blocks.

## Coach Courtney promoted

Kevin Harmon, Minot State's Vice President of Student Affairs and Intercollegiate Athletics, that the interim tag has been removed from coach Alex Courtney who is



Submitted Photos

**Top:** Minot State players Jaina Macaulay (2), Mia Thompson (14), and Faith De Mola celebrate after the Beavers' 3-set win over visiting Dickinson State on Tuesday at the MSU Dome. **Bottom Left:** Minot State libero Viktoria Sedova makes one of her career-high 23 digs in the "Battle of the Beavers" on Friday at the MSU Dome. Minot State lost in 4 sets to Bemidji State. **Bottom Right:** Minot State's Jaina Macaulay sets the ball during the Beavers match Saturday against Minnesota Crookston at the MSU Dome. Photos by Sean Arbaut.

now the full-time head coach for the Beaver volleyball program.

"Alex has done everything I have asked of her as head coach," Harmon said, adding, "she is respectful of our student-athletes, organized, and understands our sense of place and who we want to become as an athletic program. Ms. Courtney is an outstanding role model for our student-athletes, and I am excited that we can make a positive impact on the lives of our student-athletes in one of the premier volleyball leagues in NCAA Division II.

"We see the best teams in the country in the Northern Sun Intercollegiate Conference, and we are committed to continuous improvement of our volleyball program which begins by giving our student-athletes the opportunity to work with a high-character person such as Coach Courtney."

Hired as an assistant coach in the spring of 2022, Courtney took over leadership of the team as interim head coach in February of this year.

## Beavers drop final road match in 4 sets at Augustana

SIOUX FALLS, S.D. -- The Minot State volleyball team lost on the road Friday as the Augustana Vikings posted a 25-16, 25-11, 22-25, 25-19 victory in NSIC action at the Elmen Center.

The loss dropped Minot State's record to 2-23 overall and 0-16 in NSIC play. Minot State closes out the season at home next weekend hosting Sioux Falls on Friday at 6 p.m., and No. 10 Wayne State on Saturday at 11 a.m.

The Beavers were led by a double-double from Madelynn Boop, who registered 11 kills and 11 digs on the day. Paulina Kowalska also added 13 kills to help the attack. On the defensive end, Jaina Macaulay chipped in with 13 digs to go with five blocks from Taylor Wyatt.

## Minot State falls in non-conference match at Jamestown

JAMESTOWN - Battling in-state

foe and future NSIC rival Jamestown for the second time this season, the Minot State volleyball team fell 25-11, 25-13, 25-10 to the Jimmies, who are ranked No. 4 in the NAIA.

Bailee Brommenschenkel led the offense for Minot State (2-22 overall, 0-15 NSIC) with 6 kills, while Jaina Macaulay dished out 8 assists, and Macaulay and Viktoria Sedova each made 6 digs to lead the Beavers defense.

Brommenschenkel also had two block assists in the match, giving her 78 total blocks on the season which is a new NCAA Division II-era single-season record.

## Minot State falls in scrappy effort against Huskies

ST. CLOUD, Minn. -- After a slow start, the Minot State volleyball team put in a scrappy effort but could not derail the 3rd-ranked Saint Cloud State Huskies, falling 25-5, 25-17, 25-20 on Saturday in NSIC action at Halenbeck Hall.

The loss dropped Minot State's

record to 2-21 overall and 0-15 in NSIC play. The Beavers are back in action for a non-conference match at future NSIC foe Jamestown on Thursday night.

Faith Di Mola finished with five kills on the day to lead the Beavers attack. Minot State also got 10 digs from Di Mola to lead them defensively.

## Beavers fall to Bulldogs

DULUTH, Minn. -- The Minot State volleyball team fell to the Minnesota Duluth Bulldogs in straight sets, 25-19, 25-15, 25-15) Friday on the road at Romano Gymnasium in NSIC action.

The loss dropped Minot State's record to 2-20 overall and 0-14 in NSIC play.

Paulina Kowalska finished with seven kills on the day to lead the Beavers offense. Minot State also got 9 digs from Faith Di Mola to lead the way defensively.

Minot State is back in action Saturday afternoon playing at No. 3 St. Cloud State.

# Minot State's Dominguez earns All-NSIC honors

By Mike Stetson

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Minot State's Paulette Dominguez continued to add highlights to her fantastic senior season on Saturday.

Already having re-written the NCAA Division II-era school record in the women's 6-kilometer distance for cross country, Dominguez broke her own record at that distance and earned All-NSIC honors with a 15th-place finish at the 2024 NSIC Cross Country Championships hosted by Minot State at the Souris Valley Golf Course on Saturday.

Dominguez clocked a new record time of 21 minutes, 40 seconds to earn 2nd Team All-NSIC honors with her 15th-place finish. She led a strong performance by the Beaver women who finished 7th with 201 points as a team on the day.

The Minot State men were 12th with 338 points as a team at the Championships and were led by se-



Submitted Photo

**Minot State's Paulette Dominguez** heads for the finish line Saturday at Souris Valley Golf Course during the NSIC Cross Country Championships. Dominguez finished 15th to earn All-NSIC honors. Photo by Sean Arbaut

nior Grayson Bonilla who ran a career-best men's 8K time of 25:42.9 His time ranks 7th fastest in Minot State's NCAA D-II school history.

The NSIC Championship was the first cross-country meet hosted by Minot State since the 2012 season.

The first of the postseason cross country compe-

titions, the Beavers will be back in action on November 9 racing in Joplin, Missouri at the NCAA Central Region Championship, competing for berths to nationals in California in late November.

Adding to the Minot State women's strong showing with a Top 25 finish was Bailey Wride, who was 24th in 22:04.6, and

Sidra Sadowsky added a Top 50 performance as she was 41st in 22:37.2.

Nicole Reeves was next for the Minot State women, finishing 73rd in 23:26.1, and Emery Smith rounded out the team scores finishing 85th in 23:41.4.

On the men's side, the Beavers ran as a strong pack as Yoni Neyshtadt was 87th overall in 26:24.3,

Marco Murillo was 91st in 26:27.9, Holter Bridwell was right behind him in 92nd in 26:29.4, and Jake Jenkins finished 94th in 26:30.3 to round out Minot State's scores.

The University of Mary's Alyssa Becker won the women's individual title with a dominant performance as she bested the field by 40 seconds, finish-

ing in 19:51.2.

Augustana won the women's team title with 54 points while Mary was second with 72 points and Winona State third with 75 points.

On the men's side, Augustana swept the titles as Ryan Hartman repeated as the individual NSIC Champion clocking a time of 23:49.4, leading the Vikings to their 15th NSIC title in the last 16 championships as Augustana scored 31 points and Minnesota State Moorhead was second with 70 points.

Also competing for the Beavers on Saturday on the women's side were Afton Wride, who was 99th in 24:11.1, Julie Folk, who was 101st in 24:21.5, Baylee Lura, who was 108th in 24:51.0, Natalie Becker, who was 120th in 25:48.1, and Addyson Wendt, who was 131st in 26:37.1.

On the men's side, Nikita Neyshtadt was 108th for the Beavers in 27:14.5, Peyton Tuhy was 123rd in 28:24.5, Kaden Vermillion was 127th in 28:55.9, Isaac Rathbun was 130th in 29:47.8, Auston Lemer was 132nd in 29:58.7, and Zander Grover was 133rd in 31:25.7.



# Chrisman’s emergence sparks success

By Clayton Hawkins  
Comm 281

Minot State football is enjoying its best season in the NCAA Division II era, and quarterback Carson Chrisman’s emergence is a key factor in the team’s success.

Chrisman, a standout athlete in high school, was initially recruited as a defensive back and started two years at safety for the Beavers. Now in his third year, he has transitioned to quarterback under head coach and offensive coordinator Ian Shields.

The move to quarterback began in March during spring practice. Despite limited experience playing the position in high school, Chrisman impressed the coaching staff and earned the starting role by the end of spring.

“I am a big believer in hard work pays off and if you keep doing right things will go your way,” Chrisman said.

Shields’ offense demands a unique skill set from its quarterback. Instead of relying on traditional passing plays, the Beavers’ attack emphasizes speed and timing, with quick pitches, laterals, and designed quarterback runs.

“In traditional offenses, quarterbacks need to be able to throw the ball 20-30 times,” Shields explained. “In our offense, a quarter-



Submitted Photo

Minot State’s quarterback, **Carson Chrisman** races down the sideline against Valley City State University in the Beavers season-opening 38-7 win. Photo by Sean Arbaut.

back must be prepared to run the ball 20-30 times.”

Chrisman’s athleticism and quick decision-making have made him a weapon in this system. He has amassed over 1,000 yards of total offense and 13 combined touchdowns this season.

His transition from starter on defense to starting quarterback in a matter of weeks is virtually unheard of, highlighting his work ethic and adaptability.

While Chrisman’s contributions have been significant, the team’s success is a collective effort. The offensive line, running backs, defense, and special teams have all played key roles.

This season has seen a winning culture emerge at Minot State. The Beavers hope to build on this year’s success in the future.

Minot State’s final game is this Saturday at 1 p.m. against Winona State at Herb Parker Stadium.

# Minot State Women’s Soccer Advances to NSIC Semifinals

SIOUX FALLS, S.D. – The Minot State Beavers women’s soccer team defeated Augustana 1-0 on Monday in the quarterfinals of the NSIC Tournament. Brooklyn Casey scored the game’s only goal in the 73rd minute, assisted by Maria Pacheco Martinez, to send the Beavers to the semifinals.

Goalkeeper Siriana Gudino made four saves to earn the shutout for Minot State, who improved to 11-3-4 on the season.

The Beavers will now face Concordia University, St. Paul in the semifinals on Friday, Nov. 15 at Minnesota State University, Mankato. Minot State will be looking to avenge a 3-0 loss to Concordia-St. Paul earlier this season.

The winner of the semifinal match will advance to the NSIC Tournament final on Sunday, Nov. 17.

## Minot State ends regular season with shutout victory

The Minot State Beavers women’s soccer team concluded the regular season with a 4-0 shutout victory over the MSU Moorhead Dragons on Thursday at Herb Parker Stadium. The win improved the Beavers’ record to 10-3-4 overall and 8-3-3 in NSIC play.

Mia Lewis opened the scoring for Minot State in the 17th minute with her



Siriana Gudino

second goal of the season, assisted by Anna Miotto. Sofia Galvez added another goal in the 25th minute, assisted by Elena Pacheco, to give the Beavers a 2-0 lead.

In the second half, Miotto scored her seventh goal of the season, assisted by Iliana Rivera. Rivera then capped off the scoring with her third goal of the season, securing the 4-0 victory.

“Solid team performance tonight,” said head coach T.J. Perez. “Great way to end the regular season and head into playoffs.”

Goalkeeper Siriana Gudino made one save to earn the shutout for Minot State. The Beavers dominated offensively, outshooting the Dragons 19-2.

**Minot State keeper Siriana Gudino named Goalie of the Week for 2nd time**

Back-to-back shutouts over the weekend by goal-

keeper Siriana Gudino helped the Beavers punch their postseason ticket and earned the senior her second award from the NSIC this fall.

Monday, Gudino was named the NSIC Goalie of the Week after making 11 saves in a pair of shutout wins over the weekend, a 2-0 victory over visiting Sioux Falls on Friday when she made 7 saves, then she made 4 more saves in a 2-0 win over Wayne State on Sunday.

The pair of shutouts gives Gudino 10 on the season, which ranks No. 2 in single-season shutouts all-time at Minot State, and 14 in her Beaver career, which ranks No. 3 all-time in career shutouts.

Gudino also ran her shutout streak to three straight games and 199 minutes, 43 seconds, dating back to Minot State’s game at Concordia, St. Paul on October 25.

The senior from Ceres, California was named NSIC Goalie of the Week back on September 9 after back-to-back shutouts to open the season on the road for Minot State.

Gudino and the Beavers close out the regular season on Thursday hosting Minnesota State Moorhead at 3 p.m. at First Western Bank Field at Herb Parker Stadium, then open the NSIC Playoffs on Monday, November 11, against an opponent to be determined, and at a

## Minot State secures playoff spot with win over Wayne State

The Minot State Beavers women’s soccer team clinched a spot in the NSIC playoffs with a 2-0 victory over the Wayne State Wildcats on Sunday at Herb Parker Stadium. The Beavers improved to 9-3-4 overall and 7-3-3 in conference play.

After a scoreless first half, Mia Lewis broke the deadlock in the 47th minute with her first goal of the season, assisted by Maria Pacheco Martinez. Lewis’ game-winner secured a playoff berth for Minot State.

Just two minutes later, Anna Miotto extended the Beavers’ lead to 2-0 with her fifth goal of the season. The Minot State defense held strong, preventing any comeback attempts from Wayne State.

Goalkeeper Siriana Gudino made four saves to earn the shutout, her seventh of the season.

“The team did very well this weekend,” said head coach T.J. Perez. “The energy today was unbelievable from everyone. There was a great determination, and the biggest impact this weekend was our Effort, Attitude, and Discipline. Mia Lewis had an incredible game, scoring her first goal, which was also the game-winner and playoff-clinching goal.”

## Minot State blanks Sioux Falls on Senior Night

The Minot State Beavers women’s soccer team celebrated Senior Night with a 2-0 shutout victory over the visiting Sioux Falls Cougars on Friday at First Western Bank Field at Herb Parker Stadium.

Senior goalkeeper Siriana Gudino recorded her ninth shutout of the season and 13th of her career, while senior teammate Sofia Galvez scored the game-winning goal in the final minute of the first half.

Galvez found the back of the net in the 44th minute, assisted by Brooklyn Casey, to give the Beavers a 1-0 lead. In the 88th minute, Ana Rivera added an insurance goal, her second of the season, off an assist from Anna Miotto.

With the win, Minot State improved to 8-3-4 overall and 6-3-3 in NSIC play, moving into a three-way tie for fifth place in the conference standings with two games remaining in the regular season. The top eight teams advance to the NSIC playoffs.

The Beavers can clinch a playoff berth with a victory over Wayne State on Sunday at noon.

**Beavers pick up important road win over Winona State**

WINONA, Minn. -- The Minot State women’s soccer

team scored an important road win as they chase an NSIC playoff berth, making an early goal by Anna Miotto hold up for a 1-0 victory at Winona State on Sunday in NSIC action.

The victory boosted Minot State’s record to 7-3-4 overall and 5-3-3 in NSIC action. The Beavers are in a tie with Northern State for 7th and 8th in the league standings. The top eight teams make the NSIC playoffs, which start November 11. Minot State has three games remaining in the regular season, all at home. Minot State next hosts Sioux Falls on Friday at First Western Bank Field at Herb Parker Stadium at 5 p.m.

**Beavers fall to Concordia-St. Paul**

SAINT PAUL, Minn. -- Minot State fell 3-0 on the road against Concordia-St. Paul Friday (Oct. 25).

The Beavers dropped to a 6-3-4 overall record and 4-3-3 in NSIC play with the defeat. Despite the scoreline, Sofia Galvez had a strong performance in the midfield, standing out with solid tackles and excellent coverage across the field.

Minot State’s goalkeeper Siriana Gudino led with two saves. The Beavers managed six shots in the match, four of which were on target. Meanwhile, Concordia-St. Paul produced six shots, with four on target.

# Minot State women’s basketball falls to Black Hills State

SPEARFISH, S.D. – The Minot State women’s basketball team lost to the Black Hills State Yellow Jackets 83-57 on Friday in a non-conference road game.

Lorelei McIver led the Beavers (1-3) with 14 points, while Natalie Holte scored nine off the bench. Minot State shot well from three-point range, making 8 of 20 attempts. Ashley Wachha led the way with three made threes.

Despite trailing by only three points after the first quarter, the Beavers struggled to keep pace with Black Hills State. The Yellow Jackets extended their lead to 40-25 by halftime and continued to pull away in the second half. Minot State made several runs to cut into the deficit, but Black Hills State ultimately secured the 83-57 victory.

The Beavers will have a break before returning to action on Monday, Nov. 19, at Jamestown. They will then host Mayville State on Wednesday, Nov. 20, at the MSU Dome.

## Minot State earns first win under Coach Clark

BILLINGS, Mont. – The Minot State women’s basketball team rallied from an eight-point deficit to defeat the Texas A&M International Dustdevils 72-55 on Sunday at Alterowitz Gymnasium, giving head coach Ryan Clark his first victory with the Beavers.

Minot State (1-2) outscored Texas A&M International 38-20 in the second half, fueled by a dominant third quarter. Trailing 35-30 at halftime, the Beavers used a 15-0 run to take control and secure the win.

“It’s a great feeling,” Clark said of his first win with Minot State. “I’m super proud of the ladies. I loved the toughness our team showed today. Things didn’t go our way early but we continued to battle defensively and shots began to drop for us. Overall, this was a positive weekend for us, we grew and got better. Excited to build off this.”

Taylor Goss, Lara Dobbins,

and Maya Aguilar each scored 15 points to lead Minot State. Emma Mogen and Sydney Gustavsson each dished out five assists.

The Beavers’ defense held Texas A&M International to 33.3 percent shooting from the field and 20 percent from three-point range.

**Minot State narrowly loses to Findlay**

BILLINGS, Mont. – The Minot State women’s basketball team suffered a 67-58 loss to the Findlay Oilers on Saturday at Alterowitz Gymnasium in the D-II CCA Tip-Off Tournament, despite holding a 44-43 lead heading into the fourth quarter.

Maya Aguilar led the Beavers (0-2) with 12 points, while Emma Mogen added 11. Jaime Skeggs contributed five points and three steals.

Minot State displayed strong ball movement, tallying 17 assists on 21 made field goals. Sydney Gustavsson led the team with five assists.

The Beavers held Findlay to

40 percent shooting from the field and forced 15 turnovers.

After trailing 37-35 at halftime, Minot State outscored Findlay 9-6 in the third quarter to take a one-point lead. The Beavers extended their advantage to 52-43 early in the fourth quarter, but the Oilers responded with a 24-6 run to secure the victory.

“We had a much improved day today,” said Minot State coach Ryan Clark. “We had a few too many lapses late which hurt us but still had every opportunity to win the game, down one with a minute left. Ultimately we will learn from these moments and be better because of it.”

**No. 8 Union Defeats Minot State in season opener**

BILLINGS, Mont. – The Minot State women’s basketball team fell to the No. 8-ranked Union Bulldogs 86-64 on Friday at Alterowitz Gymnasium in the Division II CCA Tip-Off Tournament.

Emma Mogen led the Bea-

vers (0-1) with 18 points, while Sydney Gustavsson added nine points and six assists. Lorelei McIver grabbed a team-high six rebounds.

Despite the loss, Minot State showed resilience after a slow start. Trailing 21-3 after the first quarter and 46-25 at halftime, the Beavers battled back in the third quarter, outscoring Union 20-23.

“Union is a high-level team and ranked No. 8 in the country for a reason,” Minot State head coach Ryan Clark said. “Their pressure got to us early and we got off to a slow start. However, I loved the way our team battled for the last three quarters. We showed a lot of positive signs in those quarters and I look forward to continuing to build off those quarters.”

Minot State forced 17 Union turnovers, converting them into nine points. Taylor Goss led the Beavers with three steals.

The Beavers also held a 34-33 advantage in rebounds.