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Minot State faces steep budget cuts

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finance.

By Mia Lupo and Dan Fagan Staff Reporters

The North Dakota University System is facing a 20 percent budget cut over the next two years.

Declining oil and gas revenues and weak commodity prices have triggered a statewide budget crisis. The state's 11 campuses must make cuts by July 1, when the next biennium begins.

Minot State cut 10 percent from its budget over the last year but learned in January that it must trim an additional 10 percent.

"It would be safe to say (the



administra-Winiger and

A projected 2.1 percent drop in tuition revenue over the next two years intensifies the problem.

"That ends up being about \$10 million off the university budget," Winiger said, noting that MSU received an appropriation of \$47.8 million for 2015-17. To help offset the deficit, the state may authorize schools to raise tuition 2.5 to 3 percent in each of the next two years.

Minot State formed a Budget Recommendation Committee (BRC) last year to find areas to trim. Faculty and staff positions were frozen or left unfilled, while some faculty members were non-renewed.

"Students and faculty are the lowest on the priority list of cutting, as they are the life and blood of the university," said Winiger, who chairs the BRC.

Faculty, along with other See Budget Cuts - Page 5

Clothing and food pantry available to students

By Katie Wiggett Comm 281

When the weather is cold, a warm coat is needed. And when the cold weather hit Minot earlier this winter, several people within the Minot State University community realized many MSU students were in need of a warm coat. Thus, a clothing pantry was born.

Kevin Harmon, vice president for Student Affairs, brought the need to members of Little Flower Catholic Church. They started collecting winter gear, including coats, hats, scarves and mittens. The items were brought to the MSU Wellness

Center and made available to all students.

Besides the winter gear, nonperishable food is also offered to students.

"It is a success," Karina Stander, MSU wellness specialist, said. "The clothing is very well picked over. The donations were appreciated by many."

Paul Brekke, MSU Wellness Center coordinator, also helped with the drive.

"It came natural to help with this service as it is a part of the wellness wheel," Brekke said. "Clothing, food and shelter are part of the wellness wheel. As we promote the wellness wheel

to students, we want them to be aware that we want them to be well in all the wellness dimensions."

The clothing and food, located in the Wellness Center conference room on the second floor. are offered to all students, and students are encouraged to take whatever they need, for free. Some clothing items are still available; the food will be available throughout the school year. Ask any Wellness Center staff for assistance.

Anyone may donate new or gently used clothing by dropping it off at the Wellness Center.

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Submitted Photo MSU theater students attend the regional Kennedy Center American College Theater Festival in Des Moines, Iowa.

Students represent MSU at theater festival

By Katie Wiggett Comm 281

Last month, several Minot State University Campus Players members attended the Kennedy Center American College Theater Festival. The festival gives students an opportunity to showcase their talent, attend workshops and meet others who share their fervor

for theater.

The Kennedy Center divides the country into eight regions. Minot State competes in region five. The winners of the regional competitions are invited to perform in Washington, D.C., in April for a chance to win numerous awards and scholarships.

See Theater — Page 2

News

News in Brief

MLK writing contest winners announced

Winners of the Martin Luther King Jr. writing contest, which was sponsored by the Diversity Council, were announced last week.

Kelley Thompson, an English education major, won first place with a \$100 prize. Reginald Lassiter, a management major, took second place with a prize of \$75. Steven Torres, a mathematics eduction major, took third place, for \$50.

Prizes are for credit at the MSU Bookstore.

APA workshop Feb. 9

All Minot State students are invited to attend an APA workshop today from 12:30 p.m. to 1:45 p.m. in Memorial 114. The workshop will cover information including in-text citations, abstracts, headers and formatting in Microsoft Word. Attendees must bring a charged laptop. No sign up is required. The MSU Writing Center sponsors the workshop.

Darwin Day naturalist lecture set Feb. 9

As part of Darwin Day activities, Harry Greene, Cornell

University professor, will discuss "Natural history, ethics and aesthetics: why should we care about nature?" Feb. 9 at 7 p.m. in the Cyril Moore Science Center auditorium. The event is free and open to everyone.

Darwin Day activities planned for Feb. 10

Darwin Day activities continue Feb. 10 with greenhouse tours, research lab tours and evolutionfocused activities from 8:30 a.m. to noon in the Cyril Moore Science Center.

In addition to the science-based activities, former MSU art instructor Jessica Christy will give a lecture Feb. 10 at noon in Aleshire Theater. Her talk is titled "The Evolving Narrative: Keeping Tradition in the Contemporary."

All events are free and open to the public.

Strategic plan open forums Feb. 14 and 16

Minot State University invites all students, faculty and staff to attend one of two campus forums on MSU strategic planning either Tuesday, Feb 14, at 12:30 p.m. or Thursday, Feb. 16, at 8 a.m. in the MSU Conference Center.

The open forums will provide

updates on the progress of the strategic planning committee's actionable items.

Sodexo plans Valentine's Dinner

On Tuesday, the Minot State Dining Service invites all students to a dinner for friends and lovers to celebrate Valentine's Day. Sodexo will provide a night of music, games, prizes and good food.

Tickets must be purchased in advance at either the Beaver Creek Cafe or Buckshot's. Cost for students on a meal plan is one meal swipe plus \$5; for students without a meal plan, \$14. For more information, message Sodexo with questions.

Eckmann to discuss her book, '101 Ways to Age Gracefully,' at NAC lecture Feb. 15

The Northwest Art Center's 2016–17 lecture series continues Wednesday, Feb. 15, at 7 p.m. in Aleshire Theater. MSU professor Terry Eckmann will discuss practical tips for healthy, active aging from her recent book, "101 Ways to Age Gracefully." The lecture is free and open to the public.

continued from page 1

This year, 15 students and five faculty attended region five, hosted in Des Moines, Iowa.

... Theater

Students Kraft, Annika Samantha Christman. Jaryn Homiston and Brenna Heupel were MSU's nominees for the Irene Ryan Scholarship, which is the main event of the conference. The competition involves performing a monologue and two scenes with a partner in front of judges. There were approximately

300 initial participants, 66 semifinalists and 16 finalists. Christman was a semi-finalist in the Irene Ryan Scholarship com-

petition. Benjamin Lishner, communication arts instructor, attended the conference with the students.

"I am proud that Samantha was a semi-finalist," Lishner said.

Three students entered in various design categories: Katie Abrahamson for her poster design for "Dancing at Lughnasa;" Branden Evans for stage management for "Dancing at Lughnasa;" and Christman for scenic design for "A Midsummer Night's Dream" and prop design for "A Midsummer Night's Dream" and for "The Miss Firecracker Contest."

Students also attended workshops covering everything from movement to swashbuckling, stage fighting, play writing, dialects, directing, competitive and professional acting auditions, performances, devised theater, set crew and lighting team challenges.



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For more information, text 701-509-6318



MSU Alumni Association Scholarship

Are you a child or grandchild of an MSU alumni, faculty or staff member? You could be eligible for a scholarship for the 2017-18 school year.

Get your application and selection criteria online at www.minotstateu.edu/alumni/scholarship.shtml

Scholarship deadline for the 2017-18 academic year is Feb. 15, 2017.

If you have any questions, please contact the Alumni Office at 858-3234.

Opinion

Voices on Campus

"What are your plans for Valentine's Day?

By Jerusalem Tukura Editor



Sheridan Martin English Education "My boyfriend and I are going to the anti-Valentine's Day party, and he's going to take me out for Mexican because that's my favorite."



Samantha Cottingham Addiction Studies "My boyfriend is going to surprise me with, I think, supper in Bismarck."



Danielle Gibson Graphics Design "Me and my best friend are going out for dinner because we don't have boyfriends, so we thought that it would be a good idea to have a friend and go out together."



Dylan Tomlinson General College "I'll probably just hang out with some friends, make some music, and that's it."



Alivia Poitra Social Work "For Valentine's Day, I'm probably going to be binge-watching Netflix, and I bought myself a flower. I'm also going to be delivering flowers to other people, because I'm part of RHA. I get to make other people smile, so that will be fun."



"My plans for Valentine's Day can be summed up in one word chilling. I'll be chilling with myself in my room. That's all I'm really gonna be doing."







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Opinion



Elevation

Love, love, love

By Christoph Schmidt MSU Campus Chaplain

February 14: Valentine's Day. If you're in a romantic relationship, you may making plans to celebrate this day with your significant other. Perhaps dinner, flowers or chocolates are involved. Alternatively, if you're single, you may have spent the day feeling lonely and wishing you are in a relationship. Maybe you even hold a disdain for Valentine's Day, seeing it as a sappy Hallmark invention full of sentimental clichés.

Regardless of your take on love, it may be helpful to remember that romantic love isn't the only way to give or receive love. In fact, the ancient Greeks had eight different words describing eight different types of love.

Typically, romantic or "eros" love is one of the first types we think about. Named after the Greek god of fertility, eros is the physical attraction, passion and sexual desire felt between romantic partners.

Another type of love is "philia" love, which is platonic, nonsexual, and based on loyalty and friendship. Philadelphia, PA, "the city of brotherly love," and "philanthropy" take their name from philia love. Teammates and roommates often experience philia love by sharing the kinds of difficult or shared challenges that forge lifelong friendships.

Other types of love, according to the Greeks, are "storge" (familial or kinship love); "mania"

(obsessive or jealous love - think "Fatal Attraction"); pragma (the enduring love that matures between lifelong partners); "philautia" (love and compassion towards oneself); and "ludus" (playful love).

But the greatest type of love, according to the Greeks and many faith traditions, is "agape" love. Agape love is selfless, forgiving and free of desire or expectation of reward. It is a boundless love for God and the universe, and often seen in the infinite extension of acceptance, limitless compassion, charity, kindness and empathy. Agape love is what Gandhi was referring to when he said, "Where there is love, there is life."

In this season of love, I invite you to take stock of the different ways in which you give and receive these various types of love. How do you love God, your friends, and your family? What kinds of love do you receive from others? How do you practice love and self-care?

Do you have an abundance of one kind of love, but a scarcity of other kinds? What types of love do you crave the most, or are you the most grateful for? How and where will you find the love that you crave? Do you ever experience spiritual love for God or long for spiritual connection?

Which love exhilarates you? Which love scares you? What kind of love are you feeling called to cultivate and share with the world?



Between the Lines

The silver lining of awards season

By Dan Fagan Staff Writer

Now is the time of year when Hollywood showcases its best and brightest on the red carpets in a litany of awards shows that seem to continue on in perpetuity. Movie stars don outrageously extravagant and expensive wardrobes as crowds cheer them on and as photographers pelt them with the flashing lights of their cameras. It is "awards season."

On Feb. 26, awards season will come to a close with the celebration of the Academy Awards, which was preceded by the Screen Actor's Guild Awards, the Golden Globes, the British Academy of Film and Television Awards and countless others. With all the pomp and circumstance, it's easy to lose sight of what this season really is, a celebration of remarkable films, which captured the attention of audiences and

made them think deeply about the world they live in. For at their best, this is what films do in addition to entertainment, they make us think.

One of the most nominated films of the season is "La La Land", a film about struggling artists in Los Angeles. On the surface, it's a musical and a love story, but look deeper and you see a movie that captures the real meaning of what it is to dream, and all the baggage it entails for better or for worse.

February is Black History Month and there were a number of films dealing with the African-American experience. "Fences" is a powerful drama starring Denzel Washington and Viola Davis which tells the story of a man grappling with the failed dreams of his youth, and how those failures continue to haunt him and impact his family.

"Hidden Figures" is an uplifting

true story of African-American women who were hired by NASA in the 1960's, and excelled at their vocations despite racist and sexist obstacles of the time.

"Moonlight" is a gritty comingof-age story of a young black man coming to terms with his racial and sexual identity in inner city Miami.

For action buffs, the films "Hell or High Water "and "Hacksaw Ridge" are intense dramas dealing with provocative stories in violent worlds. "Hell or High Water" is a modern-day Western about two brothers trying to save their family farm, while "Hacksaw Ridge" tells the true story of a World War Two soldier who refused to fight, and became a war hero without firing a single shot.

My two personal favorites of the season were "Manchester by the See Silver – Page 7

LCM will inspire community with local artists

Ton Yamashita Comm 281

The vocational interns from Lutheran Campus Ministries at Minot State University and Zion Lutheran Church will host a special event, "For the Love of Arts," oSaturday, March 25, at Zion Lutheran Church from 2 to 9 p.m. The event is intended to help individuals share their talent with others in the community.

According to their brochure, "This is an opportunity for faith inspired artists, musicians, dancers, bakers and crafters to come together to share their gifts and their faith!"

Organizers say all are welcome to participate as vendors or musicians to share their work, or just come to enjoy the event. Those interested in sharing their work or performing may sign up on a vendor form from the humanities office in Hartnett Hall or by emailing the event coordinators at fortheloveofatslcm@gmail.com. To register by phone, call Zion Lutheran Church at 852- 1872. The deadline is Feb. 15.

The craft and vendor show and art gallery will take place from 2 p.m. to 5 p.m. MSU art instructors Micha Bloom and Ryan Stander (also a seminary graduate) will have a gallery at the event. After the vendor show, they will deliver a message on how their faith interacts with the art they create.

After the worship, the vendors See LCM – Page 11

Red & Green

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Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

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Opinion

Don't be silly, wrap your willy!

Editor's note: The following health-related article was written by an MSU nursing student as part of Mary Smith's and Nicola Roed's nursing 473 class, Nursing Leadership and Management.

Elizabeth Combs MSU Nursing Student

In the wise words of Lil' Wayne, "Safe sex is great sex, better use a latex 'cause you don't want that late text, that 'I think I'm late text'" (Carter, 2008, Lollipop Remix).

Unwanted pregnancies and sexually transmitted infections are a rising problem in today's society. As college students, many of us do not plan on having children until we graduate college and have viable professions. With one of the most loving holidays approaching quickly, I want you to ask yourselves, "Am I prepared for Valentine's Day?"

Preparing for Valentine's Day involves more than buying flowers and chocolates for your loved one. On the day of love, it's important to be prepared for safe sex by having condoms ahead of time and using them. Some of you may be thinking, "I don't need condoms, because I don't have sex." Although abstinence is a great personal choice and is the most effective way to prevent pregnancy and sexually transmitted infections (STIs), it never hurts to be prepared for those special moments by having condoms readily available.

Why are condoms so impor-

tant? According to the Center for about safe sex while providing Disease Control and Prevention, "condoms are the only birth control that reduces your risk of both pregnancy and STDs, including Human Immunodeficiency Virus (HIV)" (CDC, 2016). In other words, other forms of birth control cannot prevent sexually transmitted diseases.

Flynn (2013) states that, "every year in the U.S., there are 19 million new sexually trans-

mitted infections (STIs), with young people ages 15-24

accounting f o r almost half of

them." Condoms greatly reduce the risk of STIs when used correctly and in all sexual encounters. For anyone with ques-

tions as to how to properly use condoms, one can go online to www.cdc.gov/condomeffectiveness / where both a visual and written demonstration is provided.

February 14-21 is National Condom Week in the United States. During this week, advocates and students "distribute condoms, educate their peers about sexual and reproductive health issues, and organize to improve policies that affect young people's health and wellbeing" (Flynn, 2013).

National Condom Week is a fun way to educate the public condoms to reduce STIs and unwanted pregnancies. If anyone would like to get involved, they can make donations online to programs such as The Great American Condom Campaign (GACC). The GACC is a program started by Advocates for Youth to make the United States sexually healthy. Last year, Advocates for Youth provided "more than one million Trojan

brand condoms" to students on college and university campuses around the nation (Flynn, 2013).

In conclusion, with Valentine's Day approaching, there is no better time than now to purchase condoms and be prepared. Condoms are also supplied for free at the Student Health Center located in Lura Manor on campus and at local health facilities such as First District.

I hope that everyone has a wonderful Valentine's Day and please remember, don't be silly, wrap your willy!

... Budget Cuts continued from page 1

state employees, will not receive salary increases over the next two years.

The committee also examined academic programs for potential cuts.

"We look at student demand for programs and how that demand may have fallen off or grown," the vice president said. "Several departments don't have as many students as they once had. Those might get looked at pretty hard."

The BRC did not ignore varsity athletics in its cost-cutting discussions, Winiger stressed.

"It looks like it hurts the uni-

versity worse financially if we get rid of any one sport," he said. "We keep talking about adding sports if it makes sense, that is, if it enhances the university's bottom line and sparks student interest."

The committee will continue its work through spring semester, seeking to make further reductions while trying to keep the university viable.

"We've got roughly half of what we need to cut identified," Winiger said. "We've had to look at everything top to bottom, but our first priority is to harm as few people as possible."

The N.D. Legislature will finalize the budget in April.



FOR THE LOVE OF ARTS

Calling all Artists, Crafters, Bakers, Builders, Musicians, Poets, & Dancers!

There are varieties of gifts, but the same Spirit... -1 Corinthians 12.4

God has given you unique gifts and skills. Lutheran Campus Ministry's Vocational Interns and Zion Lutheran Church are hosting an event for us to share those gifts with one another!

Saturday, March 25, at Zion Lutheran Church

Participate as a vendor or musician, or come to enjoy the event and delicious hors d'oeuvres

2:00-5:00pm craft/vendor show & art gallery 5:00pm Worship Service 6:00-9:00pm Live music and vendors

For the Love of Arts is an opportunity for all people to share their gifts and faith stories. Do you paint? Knit? Woodwork? Weld? Write? Sing? All vendors and performers are invited to participate! To display your work or to perform, register by Feb. 15 by calling Zion Lutheran at 852-1872



2017-18 MSU SCHOLARSHIP APPLICATION

Undergraduate scholarships available. Application deadline is Feb. 15. Apply online, MinotStateU.edu/finaid/scholarships.shtml If you have questions, call MSU Financial Aid Office, 701-858-3375

Foreign horror film to show in Aleshire Theater

Ton Yamashita Comm 281

Minot State University's Northern Lights International Film Series will resume Monday evening with "Qaqqat Alanngui (Valley of Shadows)," a horror thriller from Greenland in Aleshire Theater in Hartnett Hall.

"According to the publicity for this film," Scott Sigel, MSU language instructor said, "almost every person in Greenland has seen this film because of the intense interest generated by its subject matter: a modern-day incarnation of the Inuit Spirit, Qivitoq."

The story starts with six high school graduates that go on a trip and stay in a cottage during the summer. While they are enjoying their vacation, something unexpected preys upon the young people.

"I guarantee that everyone comreally like it," Sigel said.

The movie begins at 6:30 p.m. Prior to the screening, attendees can enjoy an international appetizer buffet at 6 p.m. MSU faculty members will give out brief information before the film starts. The event, which also includes a brief discussion after the film, is free for all MSU students, faculty, and staff.

In the U.S., we have a huge cinema industry that has been dominating the world movie industry for a long time. Disney, Marvel, Harry Potter, and Star Wars – most famous movies are produced in Hollywood. However, as of recently, foreign films have been becoming quite popular, with some even reaching international notoriety. There are many reasons why foreign films can be surprisingly enjoyable, including educational aspects, uniquely fascinating elements and the fact that they often stray from predictable Hollywood formulas.

First, foreign films can be very educational because within the story there is a different culture, language, and philosophy, and we incidentally experience all of that infor-

mation without, say, sitting down for a lecture. Foreign films also can unique have atmospheres. Especially if the viewer is not familiar with the country, their unique atmosphere can give them a mysterious feel.

Lastly, foreign films can be less predictable than typical American movies, since the creators are often more free to create what they want without the need to appeal to a large audience.

It is hard to find a theater that shows foreign films, especially around here, but Minot State University has afforded us an opportunity to view various foreign films.

Northern Lights The International Film Series is co-sponsored by the North Dakota Council for the Humanities.

"The film is free and we encouring to see the film on Feb. 13, will age anyone with an interest in foreign films and cultures to attend with their friends," Sigel said.

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... Silver continued from page 4

Sea", a somber film about a working class man dealing with his troubled past, and "Loving", a sensational true story about a mixed race couple that challenged the anti-miscegenation laws in the United States Supreme Court.

The above-mentioned movies are only a few of the many incredible films being celebrated this awards season. These films are more than two-hour doses of entertainment, they are the product of some of the most gifted artists of our times, and tell stories dealing with major themes that delve into serious questions about the world we live in and the human beings that inhabit it.

We are fortunate to have a film industry that produces a wide range of stories exposing us to the diverse world around us and beyond. While you may not be a fan of awards shows, take the opportunity to watch some of the films being celebrated on Feb. 26 and revel in the splendor of entertainment that makes you think.

Maybe you'll find all this celebration is warranted after all.



With the new Minot State University spring semester, students are back in classes and new faces are seen on campus. A number of students also work as resident assis-

tants (RAs) in the housing community for a variety of reasons. Kaitlin

Walker, a junior majoring in math edu- Walker cation, is an

RA in Cook Hall.

"Being an RA is a lot of fun," Walker said, "as you get to know residents and get to know more students on campus than you would just living on campus."

Being an RA while managing their school work can be a challenge.

"I sometimes have to pass up



Alina Kireeva, a senior, is a Lura Manor RA majoring in international She



Kireeva

munity which the housing job provides. Sometimes it's hard to adapt as an international student and come from somewhere completely different. However, she said the residence assistants care about her and are supportive.

"It helps me to be more peopleoriented," Kireeva said.

"Sometimes it's hard to socialize. When I am in a leadership position, it makes me more confident and more willing to help people."

Workload is another part of being an RA. RAs need to work on making door decorations and bulletin boards regularly. They can be time-consuming tasks. However,

they say they are a good way to get to be creative.

What it's like to be a resident assistant

Another Lura Manor resident assistant, Adedayo Adeleke, ^a Adeleke

sophomore biology major, is enjoying the interactive resident community. The job educates him on different aspects of life, from learning to be a team player to developing the

vital skills of professionalism.

"Being an RA has been amazing," Adeleke said. "The interaction with the residents, the support from the staff members and the housing office makes it even more amazing.

Being an RA not only encourages students to be helpful and creative, but trains them in how to deal with time management.

"The job requires one to be very organized and one can't afford to procrastinate," Adeleke said.

Getting to know their specific tasks and challenges definitely demands respect, especially from students who have not held this position. Although taking on the responsibilities can be a difficult part of being an RA, these students appreciate the experience

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Photo by Jerusalem Tukura MSU sophomore Kari Clements (left) dribbles the ball in a game against University of Sioux Falls Saturday, USF defeated MSU, 61-58.

Great defense insufficient against Southwest Minnesota for Beavers

Jerusalem Tukura Editor

After a tough start against Southwest Minnesota State University and a first quarter ending in an 11-11 tie, the Minot State University Beavers were unable to regain their footing from the second quarter until the very end of the game on Friday. The Beavers lost, 41-52. The first half of the game ended with the score at 27-19, MSU down. Although Minot State had a great defense, their shooting was quite subpar with a percentage of 24.2 in the first half and 18.2 in the second.

The stat leaders of the game were Kristal Flowers (Jr., F.) and Kori Eurich (Sr., G.) with 11 points and seven rebounds each; Kari Clements (So., G.) with six points and Diondra Denton (Jr., G.) with five.

The next game day, Saturday,

resulted in a close loss to University of Sioux Falls. USF is a very good team and posed a threat to the Beavers, but MSU was able to keep it close with great defense and offense as well as good steals. However, USF's defense managed to keep the Beavers' win at bay. The women had a better shooting night with 40 percent.

"It was just a close game and we kind of got it," Flowers said. "We should have gotten the win. I feel like we played up to the competition tonight and if we played like this last night, we could've gotten the win."

The Beavers had maintained the lead in the first quarter until USF retaliated and put in three 3pointers to put them over MSU by five points, 15-20 and 1:57 left in the first quarter. MSU regained the lead once again in the second quarter with a good layup by Clements in the paint and a jump shot by Flowers bringing the score to 25-22, MSU up. USF put in more threes which the Beavers did not recover from, but they remained close with a final score of 58-61, MSU down by only two. Clements attempted to make a buzzer shot which would have sent the game into OT. Her shot was off, however, due to a strong defense as she was marked by four USF players.

Flowers finished with 14 points and nine rebounds; Clements with 13 points; Hayley Hildenbrand (Fr., F.) with six points and Eurich with seven.

MSU will take on the University of Minnesota Duluth tomorrow at 6 p.m. and St. Cloud State University on Saturday at 4 p.m. Both games take place in the MSU Dome. Photo by Jerusalem Tukura MSU freshman Haley Hildenbrand looks for a pass during conference play with the University of Sioux Falls in the Dome.



Sports

Track and field competes at Bison Open

(MSU Sports Information) —Minot State University's men's and women's distance medley relays had solid outings on the first day of competition at the North Dakota State Bison Open Friday in Fargo.

The MSU men's relay team of Devan Shumway, Daniel Daffinrud, Colin Olson and Joel Cartwright finished in third with a time of 11 minutes, 0.21 seconds.

On the women's side, MSU was sixth overall with a team of Samantha Huether, Shae Petersen, Jana Warrick-Jones and Emily Westlake. The team finished with a time of 13:24.42.

Josh Drew finished seventh in the men's 300-meters with a 37.01, while Taryn Love was 10th overall in the women's race.

Jacob Hatfield finished 15th in the men's weight throw, tossing it 49-feet-3³/₄.

The following day, MSU finished with 13 personal bests and 11 season's bests.

"It was a good meet for us overall," MSU head coach Stu Melby said. "This is our third meet of the season, and it's the fifth for most of the teams, so we are still getting back into the swing of things, so it's nice to see those kind of improvements at this point in the season."

Love continued a solid weekend as she finished seventh in the women's 60-meter dash with a time of 8.18 seconds. She raced to an 8.17 in the preliminaries to go into the final in sixth. She was 10th in the 300 Friday, earning the fastest time recorded in school history in the little-run event.

Patience Albertson was third overall in the women's 5,000 with a time of 20:39.81 and Jana Warrick-Jones finished 12th overall in the women's 800 in a time of 2:23.10 as both finished with season-best times. Warrick-Jones teamed with Huether, Pedersen and Erin Winterton for a fourth-place finish in the 4x400 relay, finishing with a 4:28.67. Randii Widmer-Reed jumped to eighth place in the triple jump with a 32-foot-10¹/₂ effort.

Cartwright knocked eight seconds off his personal best time in the men's 3,000 to take seventh with a time of 8:52.81 to move into 10th all-time in school history at that distance.

Chigozie Anaukwu paced three MSU runners in the final of the 60-meter dash, taking third with a time of 7.20, just edging Daffinrud, who finished with a 7.26. Jenkins was sixth with a PR of 7.33. Daffinrud, Nkhuwa, Olson and Drew teamed to help the MSU 4x400 relay team to a sixth-place finish and Daffinrud was 10th overall in the 200 (23.30).

MSU will travel to Grand Forks for the University of North Dakota Invite Feb. 18.

Rudolph leads MSU to victory

By Jerusalem Tukura Editor

An unfortunate slow start cost the Minot State University Beavers a win against Southwest Minnesota Friday. The first half ended in a SMSU 16-point lead from which Minot State could not recover, despite a higher shooting percentage of 57.14 compared to the first half, 37.93. This change could be attributed to Brandon Green (Jr., G.) who contributed all his 11 points and two 3-pointers in the second half.

Although the game resulted in a loss, it was a good game for Luiz Ricci Maia (Jr., G.), Tyler Rudolph (Jr., F.), and Nathan Mertens (Sr., G.). Maia finished with 15 points, four assists, three 3-pointers, and three rebounds; Rudolph with 14 points and 10 rebounds; and Mertens with 12 points.

Saturday had a better outcome as the Beavers defeated the University of Sioux Falls Cougars, 77-66.

Rudolph lifted MSU with an incredible career-high night, posting 34 points and 13 rebounds. Rudolph played amazing offense and defense along with teammates Maia, who totaled 14 points, four rebounds and two 3pointers, and Russ Davis (Jr., G.), 15 points, five 3-pointers, and four rebounds.

In the first half, MSU was down by two, 35-37, as they struggled for possession. Minot State See Rudolph— Page 10

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Intermediate





Page 10 - Feb. 9, 2017 **Sports** Red & Green



Photo by Jerusalem Tukura

MSU junior Tyler Rudolph (No. 24) protects the ball from an opponent. Rudolph had a career-high night with 34 points and 13 rebounds. The Beavers defeated USF, 77-66.



Photo by Jerusalem Tukura

MSU freshman Trevor Rothstein (No. 21) looks for assistance during a game against University of Sioux Falls in the Dome Saturday.

... Rudolph continued from page 9

dominated the court in the second half as they led the Cougars by 13 points at 42-29 and an overall score of 77 points.

Not only did Minot State have a better defense and offense system in the second half, they also had a better shooting percentage compared to the first half against USF. The Beavers shot 50 percent in the first half and 54.5 percent in the second, whereas the Cougars didn't change by much, shooting 40 percent in the first half and 40.7 in the second.

This win puts the Beavers back in a tie with UMary and Bemidji State for fourth position in the NSIC North Division. The remaining four games will determine Minot State's spot in the Division.

MSU plays the University of Minnesota Duluth tomorrow at 8 p.m., and the following day, they take on St. Cloud State University at 6 p.m. in the Dome.



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Red & Green

La Deaux makes third All-American team

(MSU Sports Information) -Minot State University's Aaron La Deaux has been named to his third

All-American first team as the senior punter was named to the 2016 Don Hansen NCAA Division II All-American Team.



La Deaux was

named to the D2Football.com First-Team last month and made the Associated Press Little All-American First-Team in December. He was also an NCAA Division II Conference Commissioner's Association Super Region 3 Second-Team second team selection and earned College Sports Information Directors of America Academic All-America® Division

II football Second-Team honors. He was one of three Northern Sun Intercollegiate Conference players named to the first team.

redgreen@minotstateu.edu

La Deaux led NCAA Division II with a 47.13 per punt average. He had 26 punts that traveled better than 50 yards, including both a 71yard and 72-yard punt. He finished with 18 punts inside the opponents' 20.

... LCM continued from page 4

will return, along with live music.

"This event is open to everyone in the community," Lutheran Campus Ministries intern and MSU student Cassie Stauffer, said. "Our goal is to start conversations about what inspires us, whether that is painting, dancing, baking, or even woodworking."

"This is an opportunity for you and/or your family to become more connected within the community of believers and celebrate together what God has given us," Stauffer said. "So even if you aren't a vendor, come for conversation with artists and crafters, to have snacks, to support your artists by purchasing items, and to take in the entertainment that night!"

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CNA: Provide direct quality nursing care to patients under the supervision of the RN-LPN on duty and direction of the Nurse Manager. Must have current North Dakota CNA certificate. Full Time, Part-Time, and Limited Part-Time positions available at Trinity Hospital, Trinity Clinics and Trinity Homes. **HIRING BONUS AVAILABLE** to qualifying applicants.

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DISTRIBUTION ASSISTANT: Maintain various Par Rooms at designated locations throughout Trinity Health along with the picking and delivering of supplies and equipment to all designated areas. Valid Drivers License is required.

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