Red & Green

April 21, 2011 Vol. 92 No. 24



MSU students (from the left) Max Buchholz, Tyson Snelling, Jacey Peterson and Tara Love sit on Harstad dock in Norway. The students traveled to Norway as part of Harstad University's invitation to visit the campus. The university is shown in the background.

MSU students and faculty visit Norway

Max Buchholz Staff Writer

Nothing beats in-person interaction. E-mails don't help develop trust, phone calls are strained to prove sincerity, and Skype falls short of a firm handshake. Five Minot State University faculty/staff members and four students had the opportunity recently for valuable face-to-face interaction with members of Harstad University, MSU's sister university in Norway. The travel dates began April 1; we returned to Minot April 10.

Our time in Harstad, Norway, near the 69th parallel, was spent meeting Harstad students and faculty to develop professional relationships integral to further cooperation. We learned about their colleges of health care & social work, their college of business administration & social sciences, and much about the Norwegian system of government.

Future exchanges and cooperation are promising and forthcoming.

Jacey Peterson, Tyson Snelling, Tara Love, and I were the students chosen for the Harstad, Norway visitation trip. Combined, we represented the programs of education, business, and nursing. The selection process was a scholarship competition in which essays, faculty recommendations and innovative **See Norway – Page 10**

Powwow April 29 and 30

Roy Whyte Comm. 281

An authentic Spring Honor Dance and Powwow will take place April 29 and 30 in the Minot State University Dome. The 22nd annual event will honor all the upcoming graduates and celebrate Native American history in North Dakota.

"This is a good event; you're never seen anything like this before," Jenifer Larocque, Native American Culture Awareness Club (NACAC) president, said. "People always find themselves interested, and love to watch the dances," she said.

The festivities begin Friday at 11 a.m. with Native American dancers and drummers, and continuous entertainment running until 7 p.m. One of the main attractions will be the buffalo feed at 5 p.m. in the Student Center.

Saturday's events kick off at 1 p.m. with an Honor Guard. The Powwow closes at 8 p.m. with an Honor Parade for MSU's graduating class of 2011. A lot of this event is possible

due to assistance and donations from surrounding tribes. The Standing Rock Sioux Tribes are donating the meat for the Buffalo feed.

Throughout the years, this event prospers due to continuing good attendance. It is one of the best-attended student events on campus. Attendees applaud the experience because it is so well organized. Many people say it is their first time attending a Powwow, but they plan to return the following year.

The hard work of the NACAC is a prime reason for the success of this event. The club currently consists of five active members and is always looking for more. Membership is open to all.

Everyone interested in volunteering at the Powwow should talk to the staff at the Native American Culture Center, room 305 of the Student Center.

The powwow is free for MSU students.

Summer Theatre shows announced

Cassie Neuharth Editor

The Minot State University Summer Theatre begins its 46th season June 14. Auditions are complete and rehearsals are ready to begin. This year's performances include three musicals and a farce.

"Looking forward to good weather and new shows," Kevin Neuharth said.

Neuharth is an MSU theatre **See Theatre – Page 5**

MSU News

'Beaver Town Get Down'

Students plan fundraiser for Pangea House

Cassie Neuharth Editor

"Beaver Town Get Down" is a musical event for the entire community with all proceeds going to the Minot Pangea House.

The event is set for May 7. Doors will open at 7 p.m., in the basement of Sports on Tap and in Planet Pizza. Live music will begin at 7:30 p.m. from local Minot bands, such as Smokey and the Past, Atom's Rite, Jazmine Wolff, Bitemarks, Crooked Gospel of Western Civilization and more. This is a 16-and-older event that is open to the public. Tickets are \$10 at the door.

"This event is a great way to come and socialize and listen to some of the great bands of Minot," Derek Hackett, one of the organizers, said.

Beaver Town is an event coordinated by nine Minot State University students in the broadcasting department as a part of the Campaigns and

Strategies course. Students say the experience has opened their eyes to be able to use what they have learned in school and to take it out into the workplace.

"I was approached by Derek and thought we have the open space, we have everything available, where concerts have been held before. So it really felt right to help out and especially with money going to help out a community organization," Tony Mueller, Planet Pizza and Sports on Tap manager, said.

Planet Pizza is donating pizza for all that attend. The pizza buffet will be open until 10:30 p.m. After that, ticket prices will go down to \$5.

For more information, contact Hackett at (701) 720-8600 or Audra Myerchin, MSU public relations instructor, at 858-4238 or audra.myerchin@ minotstateu.edu. Or check out the Facebook page at "Beaver Town Get Down" in the search bar.

Distinguished alumnus to speak on campus

Anthony Anderson Staff Writer

Distinguished Minot State alumnus Bill Isaacson will return to campus next Thursday to speak to students.

Isaacson, an inventor and entrepreneur, will explain how students can differentiate themselves from others in the business world.

Isaacson filed his first patent in 1963 and his most recent in 2010. Best known for his 32-year career with 3M, he was responsible there for developing many new products and ideas, including the permanent contact lens, an artificial cornea, surgical glue and others. Due to his achievements, he has earned the title, "venture director." Few individuals in the history of 3M hold this title.

Since retiring, Isaacson has become an advocate of entrepreneurship and intrapreneurship, the introduction of new methods and ideas into already wellestablished firms. He will draw on his experiences in both fields as he instructs students in formulating their own competitive advantage to set them apart.

The



Photo courtesy of Connections magazine Bill Issacson holds a model of his multifocal intraocular lens on the left and the actual lens on the right.

is facilitating Isaacson's Severson presentation. It will begin at will be served.

Entrepreneurship Academy 12:15 p.m. in Old Main, Room 106. Refreshments

Commencement set for May 13

Anthony Anderson Staff Writer

The Minot State University Commencement 2011 ceremony will be May 13 in the Dome. A total of 587 undergraduate and 164 graduate students will receive degrees.

The theme for this year's commencement centers on MSU's Vision 2013 Strategy Five "Focusing on Student Success and Future Achievements."

Whitney Loftesnes, a marketing major from Norwich,

N.D., is this year's student speaker. The commencement committee selected Loftesnes after

Loftesnes an

extensive process. "Each college is sent a list of students graduating with highest honors (summa cum laude)," Rebecca Porter, MSU registrar said. "Written nominations are See Graduation — Page 10

Computer Science Club Returns Victorious

Scott A Jones Online Editor

ing I was enjoying a game of Star had won first and second Trek Online when my phone place and posted a Facebook rang from 1700 miles away. First status to that affect. Colin Ramsey Leonard called to tell soon posted a response, me the competition was about to "Correction just 1st, 2 special begin then Colin Marshall called recognition, and 1 participato inform me of our victory! All tion." Further conversation those nights being at the school confirmed that our robot until midnight or later finally Einstein had earned the first paid off. Next I received a pic- place position by completing ture of four trophies.

This is where the confusion began; after seeing the It was early Saturday morn- four trophies I assumed we more of the course than any

other robot. The Navigator suffered from hardware failure that prevented completion of the challenge, but had unofficially finished the course after the faulty hardware was repaired. Larry Atwood and Scott Kast devoted many hours to their students over the last few months helping us make this dream a reality. Thank You, Scott and Larry!

Red & Green

MSU News

Have you chosen your major?

Ryan Rowe Nursing Student

Are you one of the many students still undecided and searching for a career where you can really make a difference? Consider the job market these days and what careers are in great need. It is so important to make the right choices towards your future career. Now more than ever, knowing details about what is available out in "the real world" can help you make the right choices toward your pursuit of a successful future.

Consider this. In a nation that is seeing the highest unemployment rates since the Great Depression, it is surprising to hear that in any career there is a shortage of available personnel to fill the position. Yet there is a nationwide nursing shortage that is continually on the rise. In a career field that has such a wide variety of opportunities and benefits, one would think there would be an abundance of nurses to provide the quality of care needed.

In reality, the need for nurses is ever growing and is expected to intensify with the aging baby boomer population and the rapidly growing need for health care. The Bureau of Labor Statistics reported that job growth and current trends of nurses retiring or leaving the profession, as well as fewer new nurses, could lead to a nursing shortage of more than 1,000,000 nurses by the year 2020.

Even our colleges and universities are finding it difficult to expand and increase enrollment to meet the demand of this rising need. Shortage of available staff and faculty, as well as inadequate funding and available clinical sites are just a few of the reasons why it is difficult to expand nursing programs.

Equally as important, but on the other end of the spectrum, is retention. There are many factors affecting retention. The single most-important determinant of leaving or staying in a nursing position is job dissatisfaction. It is imperative for nurses to provide the highest level of safe patient care possible. When work environments are not healthy (such as unsafe conditions, poor teamwork with other employees, not having the right equipment or antiquated equipment, and lack of/or poor leadership) nurses more than likely are hindered from performing at their best, and many will seek other career endeavors or leave the profession.

In 2009, a workforce analysis conducted by the Bureau of Labor Statistics projected that more than 581,500 new RN positions will be created through 2018, which will increase the size of the RN workforce by 22 percent; but this is not even close to the projected demand of the nursing profession. The need for colleges and universities to expand their nursing programs is a priority that is not being met.

A study conducted in 2009 by the American Association of Colleges of Nursing, found that enrollment had been increasing for the ninth See Major – Page 8



The 100% Factor: How to Live Your Capacity

Has someone ever said that you have a lot of potential?

Be there to experience "The 100% Factor." Joedee Bock helps participants begin to examine how much of their lives they are actually living. Get exposed to individuals and organizations who are truly choosing how to live a life of capacity. You will get ideas for your own life and be inspired to live a more successful tomorrow.

Tuesday, April 26 Aleshire Theater, 4 p.m. Old Main 106, 7:30 p.m. All MSU students welcome. No charge.

Minot State University Native American Cultural Awareness Club 2011 **Spring Honor Dance & Pow Wow Celebration** April 29 & 30, MSU Dome MC Charles Moran, Mandaree, N.D. **Arena Director** Larus Longie, Dunseith, N.D. **Host Drum** Schedule Ree Scouts, White Shield, N.D. FRIDAY **Contest Dances** 10 A.M. .Dancers & Drum Group Registration Open 1 P.M.Grand Entry 5 P.M. Buffalo Feed, MSU Student Center Admission \$2 (ages 12-55) Seniors & MSU Students Free w/ID 7 P.M.Grand Entry SATURDAY General Public Welcome to All Events! FOR INFORMATION CALL 8 P.M.Honor Parade for 1-800-777-0750 or 858-3365 MSU Graduating Class of 2011

MSU Opinion

R&G Opinion

This column is written by a Red & Green staff member and may not necessarily reflect the views of the Red & Green or Minot State University.

MSU to dump Campus Connection: It's just too dumb

I am a columnist for the Red and Green, and this is the Opinion Section. All, but usually none, of what I write is true. Here is satire at its lamest, both local and relevant.

MINOT - Last Tuesday, President Fuller decided to axe the once-useful, but always counter-intuitive and non-user friendly Campus Connection. It's possible that you are one of the many students that have wondered who came up with the format for Campus Connection, and how it is possible to spend more time looking for a class online than actually being in that class. Due to this, and many other reasons, the university has decided to start looking into alternative methods of efficient administration and data collection programs.

The controversial decision came after years of nation-wide faculty, staff, students and even the creators themselves (People Soft) wondering why it is so complicated to find a class, view transcripts or basically do anything on the site.

"It would probably be easier to just return to a chisel-and-stone method of registering for classes you would like to take, even if students had to mine the stone from the ground themselves," MSU officials said.

The question on many people's minds is,



software program so poorly crafted find

itself onto almost every college campus in America?"

Well, nothing is for certain, but it may have something to do with the money the company was paying shady government officials to gain long-term contracts. Who knows? The federal courts have ruled in favor of the people, however, fining the company millions in damages and corruption charges.

Campus Connection does have its good qualities, one being traditional values. While most of the Internet has progressed over the last few years, producing sites like Facebook, Twitter, Flickr, and YouTube, CC has not changed a bit. It still uses the same template, design and userangry interface. Also, the font is a uniform Times New Roman size 10 for easy reading, and there are no photos, gradients or creativity of any kind. There is never any need to adjust one's vision to focus on annoying large letters or graphics that display clear and organized information. Those tricks are for kids.

Well, Campus Connection, it will be a bitter goodbye when you leave, but none-the-less good riddance.

Voices on Campus

"What are you doing for summer vacation?"



Max Buchholz Junior Nursing "I will be working by Garrison at Camp of the Cross as an activities director."



Derek Hackett Junior Broadcasting "I plan on hiking quite often, relaxing and traveling as much as possible."



Joel Wiedrich Sophomore Music Ed. "I will be heading back home to work on my father's farm and to practice my trumpet."



Grace Haen Junior Music "I'll be working hard to make some moola."



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Letter Policy: Letters to the editor must bear the writer's name, address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Friday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstateu.edu.

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Red & Green

News MSU

New Frisbee curfew enforced by the **City of Minot Police Department**

JC Greiner Columnist

Last Tuesday I witnessed a mob of wild students wash over the field in front of Old Main in an evening rampage of yelling, gallivanting and possible fraternizing. One student, who shall remain anonymous, (however, may or may not write satirical articles for the Red & Green, which may or may not be funny or entertaining to any degree) got hold of an industrial-grade sound system and blasted popular hip-hop music outside the Dakota female dormitory. That he did.

Another anonymous student, potentially under the influence of hysteria and/or senioritis, decided it was OK to introduce a Frisbee into the growing frenzy, one that glows in the dark. With this mad gathering, this is where things began to get out of control.

First, a sharp glance from one student slid across the group, then some words were spoken, how many is uncertain. Amidst the confusion of looking and speaking, there was counting, a pairing

off, and eventually a linear shape began to form through the epicenter of the ruckus. Utter chaos broke forth such as Minot State has never seen.

It may have been the delicious campus meals provided by Sodexo, the corporation who substitutes quality for foods that have titles that make you think they could be edible; it may have been spring fever; it may have been a backlash from the million kids that stormed campus that forsaken Tuesday. No one is certain, but what happened next was, beyond a doubt, inexcusable and will haunt us for the rest of our student lives.

A violent cry went forth as the most daring of students thrust his arm and shoulder into a powerful fluidity that rocket-propelled a Frisbee across the quad. Through the calm, serene night sky it sailed. It landed on top of the well-maintained grass on the other side of the field, where it was picked up by another student, also screaming in excitement and glee, and then passed to another and then another.

Luckily, sirens were the next thing to be heard above the cries of chaos and unimaginable exuberance. Two Minot law enforcement officers screeched their squaddy to a stop alongside the students and demanded answers.

"Why are there students on this campus?"

"Why is there a Frisbee?"

While these just and thought-provoking questions were well intentioned, many students were confused. Rightly, the officers threatened these hooligans with a \$4,000 fine (\$100 for each student) for disturbing the everloving peace that should accompany a campus. After all, it was 10:34 p.m. in the evening.

Thank you, Minot Police Force, for making our streets safe again. I vow as a reporter to never allow fun or gallivanting of any kind to take place anywhere that I am. You can count on it.

Editor's Note: Although this Frisbee event did actually happen on campus, the arcticle has been embelished and is in no way meant to offend anyone.

Red & Green staffers place in contest

& Green staff won awards in North the Dakota Professional Communicators 2011 College Communications Contest.

Jack Fowler took first place in the Personal Column category for his articles, "I'm in

Four members of the Red England so read my bloody article," "Officer, can I pee in your hat?" and "Piccadilly all day long."

> Eric Manlove took third place in Sports Writing for his story, "Women's softball rebounds from loss." Manlove also took third place

in the Single Sports Photo category.

Jesse Kelly placed second in the Single Sports Photo category.

Tanner Larson received honorable mention in the Reviews category for his game reviews.

TRiO to host motivational speaker

Bryce Berginski Staff Writer

State Minot University's TRiO will host two lectures on tapping untapped potential Tuesday.

Jodee Bock, guest speaker, is the author of a book titled, "The 100% Factor: Living Your Capacity." Rather than motivate, Bock tries to inspire people to do their best and put 100 percent of themselves into what they are doing. She also urges participants to

examine how much out of 100 percent of their lives they are actually living.

"(At TRiO) we have students who have the potential, but need the inspiration," Holly Major, TRiO program director, said.

Bock will speak at two different times and locations, at 4

... Theatre

continued from page 1 instructor and director of the MSU Summer Theatre.

The first performance, "The Drowsy Chaperone," under the direction of MSU instructor Aili Smith., will run June 14-19.

Minot High School instructor Chad Gifford will direct the second play, "The Pirates of Penzance," which will run June 25-29.

The third play, directed by instructor MSU Paula Lindekugel-Willis, is the farce, "Don't Dress For Dinner." It will run July 7-11.

Rounding out the season July 16-23 is the well-known musical, "My Fair Lady." MSU Dean of the College of Arts



p.m. in Aleshire Theater and at 7:30 p.m. in Old Main 106.

Everyone is welcome to attend.

For more information, visit the TRiO office in the Student Center across from the Beaver Dam, or go to www.bocksoffice.com/jodeebock.

Sciences Conrad and Davidson will direct.

Neuharth said it is always exciting to have three of the four productions that they have not done in the past years. He said the returning musical "My Fair Lady," the "fan favorite," is sure to draw a crowd.

He added that, with the west entrance of the theater closed this summer due to the storage of equipment for the new geothermal project at MSU, attendees should remember to come in from Broadway.

For more information on the upcoming Season 46 of Summer Theatre, contact Neuharth at kevin.neuharth@minotstateu.e du or 858-3878.

Page 6 – April 21, 2011

MSU Music

Students to perform with Air Force band

Eight Minot State University musicians will perform with the United States Air Force Concert Band at the Minot Municipal Auditorium on May 4.

Alyssa Beyer, bassoon; Milo Mel, alto saxophone; Joshua Stevens, baritone saxophone; Angela Orluck, trumpet; Sally Podrebarac, French horn; Jennifer Brenna, trombone; David Holler, tuba and Justin Goetz, percussion, will represent MSU in that concert which begins at 7 p.m.

The concert is part of a national tour in support of the men and women serving in the United States Armed Forces. It also showcases the artistry and professionalism of military musicians.

Air Force Band Personnel contacted MSU Band Director Joseph Alme with an invitation to guest conduct one composition on the concert program and also to select eight MSU musicians to perform with the band during concert. that Knowing that the musicians would be outstanding university students, the organizers only stipulated that the group consist of eight different instruments.

With so many qualified musicians in the MSU Concert Band, Alme found it difficult to select only eight to fill the request. He based his selections on two criteria: upper-classmen having the first opportunity, and then individuals who had demonstrated outstanding leadership roles.

The concert is free and open to the public.



Jazz Band members (from the left) David Holler and Tim Olson practice for their upcoming gig April 28 at 7:30 p.m. in Ann Nicole Nelson Hall.

Photo by Bekka Ryan

Jazz Band concert to be held

Bekka Ryan Staff Writer

The Minot State University Jazz Band will present its final spring semester concert Thursday, April 28, in Ann Nicole Nelson Hall beginning at 7:30 p.m. This concert promises to be a very exciting display of jazz stylings and musicianship.

"This year we have grown in many ways as a group," MSU senior Jennifer Brenna said.

One thing the ensemble has incorporated this year is vocal solos at their performances. At the December concert, MSU voice instructor DeVera Bowles lent her voice to the group. During this concert, Teresa Hargrove, a junior in music education, will

accompany the band on "Fly Me to the Moon."

Hargrove started singing young.

"My mom said I used to get up on the fireplace and sing Whitney Houston," she said.

Hargrove is new to the jazz scene, only starting last year.

"I was trained traditionally in classical and chorale music. I really like the soul of jazz," she said.

Local Minot restaurant, 10 North Main, has been Hargrove's trial area. She has performed jazz selections there alongside fellow MSU student Jasmine Massingill.

The Jazz Band members enjoy joking among themselves.

See Jazz Band — Page 7

Band concert set for May 2

Bekka Ryan Staff Writer

The Minot State University Concert Band will present its final performance of the school year Saturday evening, May 2 in Ann Nicole Nelson Hall, beginning at 7 p.m.

The band program's more than 40 students are gearing up for the performance. The diverse assortment if pieces include "Sabre and Spurs," a march by John Philip Sousa," "The Symphonic Gershwin," a montage of "Rhapsody in Blue," "An American in Paris" by George Gershwin and "At Dawn They Slept," a tribute to the victims of Pearl Harbor by Jay Bocook This selection boasts variety as well as musical difficulty.

This year has been one of building, expansion and growth. Under the direction of MSU Band Instructor Joe Alme, the group has performed at more than 30 events this year.

MSU student Alyson Gross has been a part of the band program for the past three years.

"After the first week in this band, I felt better about the



Photo by Bekka Ryan

Concert Band members (from the left) Alex Baker, Amanda Paulsen, director Joe Alme, Courtney Armstrong, Rachael Kelly and Christian Reistad pose for a picture before their last performance.

music," she said. "One of the best things about being in a University band is the way that the sections blend with

each other." Alme said this last performance of the semester

See Band – Page 8

MSU Music



Photo by Bekka Ryan

The MSU Women's Choir practices for its performance May 1 at 7:30 p.m. in Ann Nicole Nelson Hall.

Singing is believing: MSU awaits upcoming choir concert

Bekka Ryan Staff Writer

The Minot State University Department of Music proudly announces the final choirs concert of the academic year. The event will begin at 7:30 p.m. Sunday, May 1, in Ann Nicole Nelson Hall.

All three of the MSU performance choirs, Concert Choir, Women's Choir, and MSU Singers, will show their stuff.

"It's my last concert here, so it's kind of sad, but it should be a great concert," senior, and MSU Concert Choir singer Katie Langemo said. "I especially like the Oarf piece. It's powerful and reminds me of the 'Lord of the Rings.'"

"I think that together we've become closer as a choir and more familiar with each other," junior Angie Orluck said. "I hope that because of this we will be able to reach a new level in our future performances."

The MSU Singers performed off campus this semes-

more familiar with each ter, as well as participating in other," junior Angie Orluck several MSU events.

"It's a great group that we have," Rebecca Petrik, director, said. "When it clicks, the music that is produced is that of a higher level."

See Choir – Page 8





Photo by Bekka Ryan

MSU junior and music education major Teresa Hargrove prepares for her upcoming vocal solo with the MSU Jazz Band April 28.

... Jazz Band continued from page 6

"The banter of the group, at times at my expense, seems to lift the morale of the group as a whole," Brenna said. "Amidst the joking, we

get a lot of good work done. This concert should be quite amazing; we've stepped up our playing."

This event is free and open to all students, faculty, staff and the general public.



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... Choir continued from page 7

... Band

The MSU Women's Chorus is one of tradition.

"I've learned so much from this group," director Cherie Collins said at the beginning of this semester. "The group not only is one of tight harmonies, but of friendship and companionship as well. It's one of the best parts of my day," she said.

MSU sophomore Tim Olson said the concert is a must. "The upcoming concert will

"This concert is loaded with

variety," he said. "There is

something for everyone's

continued from page 6

promises to please.

be one of our best," he said. "We are singing a variety of works ranging from historically exciting, beautiful art songs to chants. Dr. Ken Bowles (concert choir director) has really gotten us into the interpretaof the songs. tion Interpretation is one of the most important aspects of singing."

This performance is free and open to all - MSU students, faculty, staff and the general public.

musical taste."

Plan to spend the evening with the MSU Concert Band. This performance is free and open to the public.

MSU News

... Major

continued from page 3

consecutive year, showing a 3.5 percent increase from the previous year. In another report released by the American Association of Colleges of Nursing in 2010, between the years 2009 and 2010, nursing programs in the U.S. had to turn away more than 54,000 applicants from baccalaureate and graduate nursing programs due to insufficient faculty, limits in classroom space and clinical preceptors, and budget constraints. The combination of unfilled faculty positions, resignations, projected retirements, as well as a shortage of students prepared for a faculty

role, compounds the nursing shortage even more.

There is a serious shortage of nurses in our nation, including nurse educators, and with a growing national population of people 60 years and older, the need is only intensifying. This is an issue public and private secorganizations tor are addressing through multimedia campaigns such as commercials, billboards and recruitment by hospitals. Also, members of the community, like local hospitals, are providing grant and scholarship awards for both students and faculty positions. Now is the time for Americans to take the initiative, such as pursuing a

career in nursing, and working toward fulfilling the needs of a healthcare system that is in dire need of nurses.

So if you are someone that has a passion for caring and enjoy helping others, I encourage you to consider a career in nursing. The possibilities for career opportunities are virtually limitless. Nursing is the number one most trusted profession 11 years running, which just goes to show you the type of high caliber people the nursing profession produces. Take some time and visit the Minot State University nursing department, and maybe you can become one of many nurses that make up this elite profession.

actor Living Your Capacity Jodee

Has someone ever said that you have a lot of potential?

Be there to experience "The 100% Factor." Joedee Bock helps participants begin to examine how much of their lives they are actually living. Get exposed to individuals and organizations who are truly choosing how to live a life of capacity. You will get ideas for your own life and be inspired to live a more successful tomorrow.

Tuesday, April 26 Aleshire Theater, 4 p.m. Old Main 106, 7:30 p.m. All MSU students welcome. No charge.



Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Look for the solution to this puzzle on page 10.

MSU News

MSU student in forefront of martial arts movement

Boma Brown Staff Writer

Krav maga which means "contact combat" or "close combat," is the brain child of Imi Lichtenfeld, an Israeli man, who combined different fighting styles such as jiu-jitsu, kickboxing, grappling, street fighting, boxing and military tactics.

This is not a martial art or a sport because it isn't restricted by the "rules" of boxing and grappling. Not defined by the "art" of martial arts, it is the official selfdefense fighting system of the Israeli Defense Forces and U.S. law enforcement agencies. Recognized as the most effective self-defense system for real-life situations, it emphasizes practical defenses against real attacks. Krav maga involves simple movements that work powerfully with the body's natural instincts.

In classes, students learn to defend themselves while under the stress of an actual attack such as defending in enclosed spaces, multiple attackers or even armed attackers. Also, the instructors incorporate realistic training drills; nothing is choreographed.

Minot State University art major Sharonda Fudge talked about why she got into krav.

"I wanted to learn a style of fighting that wouldn't take me years to accomplish," she said. "I wanted to learn something practical, get fit and become more aware of myself, my surroundings and what I'm capable of in situations that have a lot of stress, and not necessarily a situation that has physical fighting.

"Krav maga is about eliminating the threat the fastest way possible. I especially love that it is battle-tested and proven to work," the senior added.

A person may choose to learn the different components that are in krav maga such as boxing, grappling, wrestling, jiujitsu, and the like, although these would not teach them krav maga specifically. To get involved strictly with krav, the first

See Krav — Page 12

Faculty to host poetry at B&N

Boma Brown Staff Writer

Minot State University instructors Johnny Coomansingh and Rick Watson invite the public to a reading of their works at the Barnes & Noble Bookstore in Dakota Square Mall April 28 at 7 p.m. Coomansingh will host the evening's festivities, including an open mic portion.

Coomansingh teaches geography in the social sciences department at MSU. His newest book, "Sweet & Sour Trinidad and Tobago," came out in September, 2010.

"We want people to share their poetry and prose," Coomansingh said. "We want it to be a happier occasion; we don't want people to express their anger through the use of expletives. This is meant to be a celebration of our excitement about language, and how we feel about the world." "Sharing poetry should be like a family meal on a holiday. In Western civilization, we have developed this idea about poetry as if it's a craft, a skill – like building a house. I don't believe that. I believe poetry, even when it's funny, is still holy."

- Rick Watson, instructor

said.

Watson, humanities instructor at Minot State, is also a poet and folk singer/song writer.

"Sharing poetry should be like a family meal on a holiday," he said. "In Western civilization, we have developed this idea about poetry as if it's a craft, a skill – like building a house. I don't believe that. I believe poetry, even when it's funny, is still holy."

"In a world so based on competition in the sense that someone is going to beat someone else, not competition in the sense of let's push each other to find words to say it even better, to say it more uniquely, poetry is not about 'mine is more polished or professional than yours.' When poetry becomes a skill, the art begins to get lost," Watson

MSU students will also participate in the poetry reading. One of the students featured is Joe Davis, president of the Black Student Association.

"There is no real theme. We just want people's ideas that they want to share," Coomansingh said.

The event is free and open to everyone. For more information, contact Coomansingh, 858-3249, or johnny.coomansingh@minotstateu.edu.

'Japón' ends international film series

Boma Brown Staff Writer

The Minot State University International Film Series comes to a close for the semester with the screening of "Japón" by Carlos Reygadas Tuesday, May 3, at 7.30 p.m. in Aleshire Theatre in Hartnett Hall.

"Japón" tells the story of a painter from the big city who goes to a remote canyon to commit suicide. He finds lodging in the barn of a kind, generous, non-judgmental woman in her 80s. The relationship between the man and Ascen is complex, but trust and love builds between the two.

Scott Sigel, foreign languages coordinator and assistant Spanish instructor, shared his thoughts on the series thus far.

"The film series has been a journey which may be interpreted as a journey from the beginning to the end of the year, or a journey around the globe," he said. "It's important to take stock of where we've been; what have we learned along this journey. It's the same director we started the film series with. We're also looking at where we want to go next year on our journey with film."

The screenings feature discussion sessions about the films.

"We've had very animated discussions," Sigel said. "We've had really different points of views. The students have also gotten involved and have spoken up about films that need to be included in the series. I let the students express themselves, and I show things that we need to see.

"The film series is a perfect example of something that can be done within the humanities division to bring together people to talk about art, current events, politics ... We want more international presence in Minot State. I want to show films that have been overlooked. There are people who have something to say in the world and are looking for a connection and a bigger audience."

The International Film Series resumes Tuesday, Sept. 13. Next year's films will coincide with a new course, Spanish 220 "Hispanic Cinema" on Tuesday evenings. There is no prerequisite for the course. Only students who are Spanish minors or majors will be required to do coursework in the Spanish language. Others will find it a way to deepen their knowledge of other cultures and explore new ways of looking at the world.

"We've tapped into a need. People are showing up and excited. We didn't have a forum to discuss events that are important to people. People think about these things, read about them and educate themselves about these things, but didn't have a forum to come together and express their concerns about things that are happening in the world," Sigel said.

For more information, contact Scott Sigel, 858-4265, or scott.sigel@minotstateu.edu.

MSU News

Red & Green

... Norway

continued from page 1 thinking played a role.

Faculty in attendance were: Brent Askvig, executive director of the North Dakota Center for Persons with Disabilities (NDCPD); Andy Bertsch, business administration; Linda Cresap, graduate school dean; Lori Garnes, special education and Libby Claerbout, international programs director.

Some years ago, Askvig began the professional relationship that would eventually lead to this trip. After reading a paper by Harstad professor Jan Meyer, Askvig sent an e-mail based on their similar professional interests. Emails eventually turned into Meyer conducting a number of guest lectures on the Minot State campus a few years back.

In 2009, Harstad University and Minot State University formalized the relationship when MSU President David Fuller signed a memorandum of understanding. Harstad subsequently applied for

Sunday Worship...

Education Hour...

.9:00 am

funds to host the delegation from Minot.

As early as this fall, Harstad will send up to 15 faculty and staff to MSU to attend a U.S.-Nordic conference on disabilities hosted by NDCPD. Their students are excited about the new possibility to study at Minot State and our students will be excited to learn that scholarships will be available for Spring 2012 and 2013 semesters to study abroad in Harstad.

From a simple e-mail to a trip to Norway, this partnership is thriving and helping to build an even stronger base of international education into the foundation of Minot State University.

... Graduation continued from page 2

submitted with a short justification as to why the student exemplifies the theme for each year. The nominations are reviewed bv the Commencement Committee who then sends a letter to President Fuller detailing who was chosen and why."

Roger Looyenga, a 1968 graduate of MSU, is the guest speaker.

Looyenga, an author and businessman, is perhaps best known as the chairman and CEO of Auto-Owners Insurance, a Fortune 500 company based in Lansing, Mich.

Commencement begins at 10 a.m. in the Dome and is free and open to the public.

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It's fun, it's fitness, it's ZUMBA Thursday, April 28 and May 5 Swain Hall, 7 p.m. Bring MSU ID.









SSG Joseph Terveen: 701.340.0636 SGT Samantha Truckowski: 701.340.6376 NDGUARD.com

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MSU News

Red & Green

Newcastle-Upon-Tyne upon Jack, my last column

Jack Fowler Columnist

Last week was the National Union of Students (NUS) National Conference in Newcastle-Upon-Tyne and the anniversary of the Titanic sinking. You're probably wondering which of these two events I participated in. I can see how you'd be unsure, as my name is Jack. But I don't have a lover named Rose, so that only leaves option A.

I was lucky enough to be elected as a delegate to attend the conference being held on the other side of the country. The NUS is something I wish the United States had. They elect a president and other officers to represent all university students across the country and organize campaigns to lobby the government in the best interest of the students. They are often seen on BBC national news speaking about issues in education. Last year, the Prime Minister and Deputy Prime Minister of the UK spoke at this conference.

Each day consisted of a 13hour meeting, including debates and 90 pages of motions to pass or reject. The debates got really heated, and many students cheered, booed, shouted "SHAME!" walked out due to anger and even fainted from the intense arguments. I shouted "Shame!" once or twice iust for entertainment.

During a break, we decided to try a Chinese buffet. I was curious if the Chinese food here would be different than in the US. And the great thing about eating at a foreign restaurant is you never know what you'll bite yourself into. After dipping what I thought was deep- fried chicken into my curry sauce and taking a bite, I glanced at the half still on my fork to see what the inside looked like. The food came out of my mouth as quickly as diarrhea after jalapeño and bean dip (I would assume). It was mushy and grev and tasted nothing like chicken! I decided to stick to foods I was familiar with. Then I found out my non-chicken item was a food I was familiar with banana.

It was interesting to see the diverse issues the NUS deals with, including fascism, Islamophobia, women's rights, homophobia and the legalization of marijuana. These topics seemed foreign compared to those we discuss at our Student Government meetings in the U.S.

I was given a "Nice People Take Drugs" sticker from the booth supporting the legaliza-



Photo by Jack Fowler

This photo is taken from the inside of 'The Sage' building and shows the city of Newcastle. 'The Sage' is where Jack Fowler attended the National Union of Students National Conference.

tion of marijuana. I found the sticker to be quite amusing and wore it with a smile. It probably made me seem naughty.

Our return from Newcastle was the same distance as Minot to Minneapolis, only our journey was completely across the country. I was constantly heckled for not buckling up, but I have a firm policy that I won't buckle up 'til the day I die. If I don't lose my life to a shark attack, it will mostly likely be from my seatbelt strangling me. This is why I prefer to "ticket rather than click it."

We arrived back in Plymouth, and my fellow delegates thanked me for providing them with entertainment. It's nice to be thanked for making inappropriate jokes for four days straight.

... Krav

continued from page 9

step would be to go on the website, kravmaga.com, for a list of all krav magacenters in the United States. Alternatively, they would either have to either go to a nearby city (for Minot, it's Regina, SK or St. Louis Park, MN) to find someone who is licensed to teach krav maga to the community.

"There is lots of focus involved. I can say from the classes I've taken that if you were to come to class and not follow through on instructions, or mentally your mind is elsewhere, you'll get hurt," Fudge said.

"I've become more physically aware of my surroundings when I'm out at night walking. I've noticed that I've physically learned to push myself further – I have to push myself further to get to that next level in krav. I've become stronger, physically and mentally."

For the current DOME SCHEDULE call 858-4333



