

Red & Green

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Minot State University, Minot, N.D. 58701

www.minotstateu.edu/redgreen/



Photo by Hannah Rude

Construction continues on Swain Hall, despite the cold weather.

Weather does not halt Swain Hall progress

Hannah Rude
Assistant Editor

Swain Hall is still ahead of schedule despite the heavy snowfall Minot experienced over Christmas break. The construction workers maintained their rate of progress on the renovation of the building.

"They had to do some snow shoveling obviously,"

Roger Kluck, plant services director, said.

According to Kluck, currently bricklayers have completed half of the brickwork on the west side of the building. The layers work from an enclosed scaffold. Several enclosed areas around the building protect the workers from the harsh North Dakota weather. The plant services

boilers are also working to make conditions better by providing heat. These factors have helped the workers to remain accident-free on the job and also allowed them to work without their winter jackets on.

The director said that many aspects inside the

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MSU, Red Cross aid in Haiti relief

Bryce Berginski
Editor

Last week, Minot State University began cooperation with the Mid-Dakota Chapter of the American Red Cross for fundraising efforts to aid the victims of the recent earthquake in Haiti.

The efforts began when a friend of a faculty member over in Haiti sent a communication on just how dire the situation was. That communication wound up in MSU President David Fuller's hands. Upon receiving it, he put a call out to students, faculty and staff to donate money rather than goods to the disaster relief effort. At the same time, the Red Cross activated the Mid-Dakota chapter's call center to handle donations.

"In an international crisis, money gets there faster. It costs money to keep, store, and ship goods there and it takes too long to get goods there," Robert Kibler said. He is an English and Humanities instructor at Minot State as well as chairman of the Mid-Dakota Chapter, and North Dakota's International Humanitarian Law.

Dollar donations and placards are located at Chartwells

establishments on campus as well as the bookstore. Also in the works, Red Cross volunteers will staff tables and booths at athletic events.

Individuals interested in helping can drop donations off at the Alumni Advancement Office or take them directly to the Mid-Dakota Chapter. They will accept cash, check or credit cards.

Officials will collect the money donated and funnel it en masse through the Red Cross to the International Committee of the Red Cross that is in charge of relief efforts - the Geneva, Switzerland-based head of Red Crosses worldwide (as well as the Muslim- and Jewish-affiliated organizations, The Red Crescent and the Shield of David, respectively).

The Red Cross has committed \$34 million to relief efforts and has raised more than \$20,000. It has not set a deadline for collections, due to the ongoing need. The money will go toward much-needed necessities such as food, water and medical care for the victims.

"Even though the situation

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Ethan Fritel

Anthony Anderson
Staff Writer

Of the many talented, active students on the MSU campus, Ethan Fritel is one who is particularly worthy of note. A hard-working, dedicated student, he is active in nearly all parts of campus life.

The Hazen, N.D. native, is double-majoring in management and energy economics and finance. He is in his second year on campus, but has already accumulated enough credits to reach junior-status. After graduating, Fritel plans to pursue a career in the energy industry.

Fritel likes to keep busy with his studies and extracurriculars, being active in several groups across campus. He is a founding member of the campus Rotaract Club and is engaged with the service club's projects and activities. He is also a member of Augite, the MSU geology club. Fritel said he is looking forward to the club's upcoming trip to the Grand Canyon.

Fritel also is currently a resident advisor in Lura Manor. He says he likes being an RA.

"I've been given a really great floor this year, and I've made new friendships that will last for a lifetime," Fritel said.

As an RA, Fritel quickly earned the respect of his coworkers as a hard worker.



"He's dedicated and always able to help when needed," Derek van Dyke, McCulloch Hall residence hall director, said.

Since last year, he has been one of the Minot State Student Ambassadors. He serves on the group's "MSU Experience" committee, which is responsible for reaching out to new and prospective students, and getting them acquainted with the campus.

"I like meeting new people and, being an ambassador, I get to meet prospective students," Fritel said of the position.

Fritel is deeply involved with the MSU Student Government Association. Tying in with his position as an RA, Ethan is the SGA Residence Hall Senator, representing the interests of MSU students who live on campus. He also sits on the



"I've been given a really great floor this year, and I've made new friendships that will last a lifetime."

—Ethan Fritel
Lura Manor R.A
MSU Student Ambassador

Constitutional Review Committee, and is a Student Government delegate to Faculty Senate. Other SGA members describe him as working hard in the Student Government, always helping out with various events and activities.

"When there's something that needs to be done, he doesn't hesitate to lend a hand," Max Buchholz, SGA treasurer, said. "If someone needs help, he's there."

Fritel is not only active at Minot State, but stays busy off campus, as well. During the summer, he works at Leland Olds Station, a Basin Electric Power Cooperative coal plant, located close to Stanton, N.D. He also worked as an umpire for local baseball games for Hazen Parks and Recreation. During the winter, the busy student likes to spend his free time playing hockey on Minot's outdoor ice rinks.

Timbrook to discuss MSU history

Kevin Mehrer
Comm 281

Mark Timbrook, Minot State history instructor and author, will present "MSU History: The first ten years" on Monday, Feb. 1, at 7 p.m. in Aleshire Theater.

The lecture will feature many stories and cover several topics, beginning with the drama of how the North Dakota State Normal School at Minot was born. Timbrook said that not many people know that Minot State almost was not constructed.

He said the North Dakota State Constitution in 1889 only allowed for two normal schools. In order to build the school, the North Dakota legislature had to change the constitution. However, once they amended the constitution, North Dakota State Attorney Andrew Miller, who greatly opposed Minot building a normal school, filed a lawsuit to stop construction. The litigation carried through the court system to the Supreme Court.

Timbrook's presentation will span the years leading up to the creation of Minot State in 1913, through 1923.

"I will cover key people on campus, including our first

president, Arthur Crane; some of the first faculty and staff, and the campus programs." He also has some rarely-seen photographs of the campus and the training school.

Timbrook invites everyone, faculty, staff, students of all majors, and community members, to attend this lecture. He will also sign his book, "Minot State University, Campus Pictorial History." All proceeds go to the campus scholarship program.

Timbrook has many unique stories to share, including the campus' role in the Minot free-speech riots and early community politics, construction delays and faculty mischief. He said these stories will enrich those that have an interest in Minot State University.

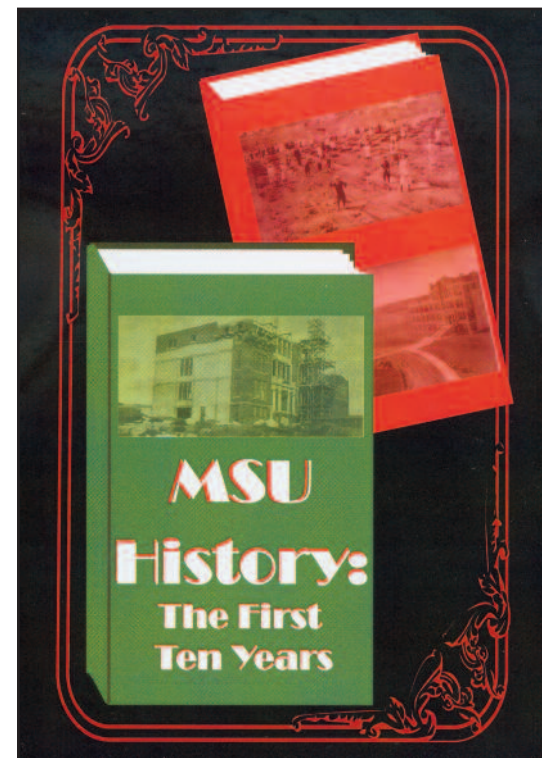




Photo by Hannah Rude

This room in Swain Hall is undergoing reconstruction. Despite snow and cold, the construction is still ahead of schedule.

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building changed in the span of time of Christmas break. Before the break, workers had the area dug out for the new wave pool that will feature an underwater treadmill. After the break, they poured the concrete for the base and are now waiting for a Massachusetts company called "swim X" to come in February and do the install.

This pool will be the second in existence in the entire state. The treadmill offers a low-impact method of completing exercises like walking and sprinting. This will give corporate fitness students the advantage of working with this type of high-tech equipment.

In the same area of the first floor, a dunk tank will be capable of giving a highly-accurate reading on an individual's

BMI (body mass index).

"Within a month we are going to have to move it (the pool) in to its final resting spot," Kluck said.

Work crews are covering the wall frames with drywall and filling them with insulation. The type of insulation they are using will be able to provide a less-distracting environment for the students inside the classrooms.

"The insulation we're using in the walls will be airtight and soundproof. You shouldn't hear much of any sound," Kluck said.

Another renovation project is stair access to the third floor. Construction crews are working on the third floor, but only have access to it with a ladder.

Hopefully, in the next month Swain Hall's third floor will be accessible.

For more information, contact Kluck at plant services.

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Education Hour.....9:00 am

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Ideas for New Year's Resolutions

- keep a positive attitude
- get annual health screenings
- eat more fruits and veggies
- exercise regularly
- update immunizations
- eat less red meat
- quit using tobacco products
- limit alcohol
- enroll in NDWellnessCenter.com
- practice good cold and flu precautions

Happy New Year!

From the
MSU Student Health Center Staff

Did you know

(Metro Services) — Each February, schools, banks and even many offices close for a holiday that technically doesn't exist. Though the third Monday of every February is widely known as President's Day, the official name of the holiday is Washington's Birthday, so named after the first president of the United States, George Washington, whose birthday fell on Feb. 22nd. While Washington's accomplishments were certainly worth noting, many states began referring to the holiday as President's Day to honor another illustrious president with a February birthday, Abraham Lincoln. Because states are allowed to follow their own holidays, many chose to honor Lincoln over Washington. However, some states

still celebrate the day as "Washington's Birthday." Such is the case in Massachusetts, though Massachusetts state law still prescribes that the governor issue an annual President's Day proclamation honoring all Massachusetts-born presidents, including John Adams, John Quincy Adams, Calvin Coolidge, and John F. Kennedy. Similarly, in Virginia, where George Washington was born, the holiday is legally known as "George Washington Day." In 1968, Congress considered legally changing the holiday's name to President's Day. While those efforts stalled, Congress did decide to move the holiday to fall between both Washington's and Lincoln's birthdays.

Assessment on health begins in February

Bryce Berginski
Editor

A triennial event by which Minot State University's Student Health Center creates informational tools is just around the corner.

On Feb. 1, the Student Health Center will send e-mails out to all students enrolled at MSU as of the first day of the semester. The e-mails are invitations to take the American College Health Association's National College Health

Assessment. The online assessment, a nationally recognized survey, takes 30 minutes to complete.

"The student can stop it and start it at any time, but it isn't finished until the finish button is pressed," Director of Student Health Caren Barnett said.

The survey covers a wide variety of topics such as (but not limited to) drug and alcohol use, mental health, sexual health, and personal safety. From the data collect-

ed, Student Health presents information sessions in the residence halls on those issues students addressed the most.

The survey is confidential. The center will not tie students' ID numbers to the surveys, but will use them for a random drawing for 10 hooded sweat-shirts. Student Health also pays for the survey.

"Our mission is to help students have healthier lives. This survey is one way of doing that," Barnett said.

BLUNDERGRADS

by phil flickinger (www.blundergrads.com)



Red & Green

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Letter Policy: Letters to the editor must bear the writer's name, address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Friday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstateu.edu.

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Photo by Anthony Anderson

Melanie DeBoer works at her new post in the Dome. She was brought in as the new compliance officer to help facilitate the move to NCAA Division II.

New hiring helps facilitate NCAA move

Anthony Anderson
Staff Writer

Minot State continues to make progress with its application to the National Collegiate Athletic Association Division II. The university is currently in the first year of the three-year application process.

According to Rick Hedberg, MSU athletic director, most of the changes made to the athletic program during this first year take place behind the scenes.

"A lot of the work is things we have to take care of internally. It's a planning year," Hedberg said.

To help facilitate the switch to NCAA, the athletic office has brought Melanie DeBoer on board to serve as compliance officer. DeBoer came to MSU from Upper Iowa University, a Division II school where she was the Director of Athletic Recruiting.

"In the two months I've been here, everyone seems to be so excited (about moving to Division II)," DeBoer said. "It's an exciting process."

Before MSU can move forward with its application, it has to meet a number of conditions.

"We (the athletic department) have to develop a strategic plan, an institutional self-study, and a year-end report," Hedberg said. "This report is due on June 1 and outlines the steps Minot State is taking to meet NCAA requirements. It will run to about 150 pages."

Also, to come into compliance with NCAA stipulations, MSU has added two new sports to the program: wrestling and women's soccer. The soccer team is already busy gearing up for their first season with about twenty students recruited from all parts of the country.

Americas 2010: Paperworks



Photo by Bryce Berginski

"Going Home," an acrylic and graphite work by Christine Alfrey of Lac du Flambeau, Wis., is currently on display with 32 other pieces entered in "Americas 2010: Paperworks." The artworks, both in the gallery and the east and west hallways of Hartnett Gallery's second floor, will be on display until Feb. 24.

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Worth a thousand words

Award-winning photography on display in Gordon B. Olson Library gallery

Amy Engleson
Comm 281

The Northwest Art Center Library Gallery currently has "Photography by Best of Show, Americas 2009 Paperworks" on exhibit. This show, featuring colored digital photography prints, will be on display from Jan. 7 - Feb. 12.

The exhibit showcases photography by Andrea Land of Springfield, Mo. Her photograph, titled "Sophie" won the Best of Show out of not only the 30-40 pieces that judges selected for the show, but from the approximately 500 entries artists submitted from locations across the world.

"For someone to win Best of Show, especially with international entries, is very presti-



Photo by Bryce Berginski

"Sophie" by Andrea Land is Best in Show winner over hundreds of entries. It is on display with six other works in the Olson Library Gallery until Feb. 12.

gious," Eric Benz, assistant Center, said. He said international

entries for these exhibits are becoming more common these days with the ability to get more advertising out via the internet.

The gallery is open regular library hours.

For more information, contact Benz or Avis Veikley at (701) 858-3264.

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to SGA Office**



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Free for MSU students

**For more info, contact
Kari Williamson, 839-3949**

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Beth Odahlen works at her desk as the director of the Center for Engaged Teaching and Learning. She has been at her post since December.

Photo by Cassandra Neuharth

Odahlen takes charge of CETL

Cassandra Neuharth
Staff Writer

December brought Beth Odahlen a new post, that of the director of the Center for Engaged Teaching and Learning at Minot State University.

Odahlen is on campus as part of the \$2 million Title III grant. The five-year grant is to assist MSU in improving certain services for students and faculty. The goal of this funding is to aid MSU in increasing graduation rates among students and keep them involved in campus activities. The U.S. Department of Education provided the grant.

Odahlen came from the University of Utah, in Salt Lake City, where she was the coordinator of student services and academic advisor within the College of Health.

As CETL director, Odahlen is constantly finding new ways to make students feel comfortable at MSU. CETL is responsible for making that first-year experience a good one that lasts. This includes classes to get students involved, different types of themed classes to pique the interests of students and making support groups more involved on campus. The center coordinates engagement activities for MSU students and faculty.

Some projects involve professional development workshops and lectures for faculty and staff, including ways to get students more engaged in MSU activities and classes. Odahlen is working on creating a new program to provide mentors and tutors for students.

She is making CETL a

place for students to feel comfortable on the MSU campus and a place to grab students' interests.

For more information about CETL and Odahlen, contact beth.odahlen@minotstateu.edu or 858-3177.

Walk against domestic violence scheduled

Kendra Klimpel
Comm 281

The Minot State University Dome will be the site for a walk-a-thon for the Domestic Violence Crisis Center on Saturday, Feb. 13, from 9 a.m. to 2 p.m. This yearly event, the Crisis Center's biggest fundraiser, collects money the center needs to continue helping

area victims of domestic violence.

The center encourages teams to sign up and help fight against domestic violence. There is no limit to the number of teams or of people on a team.

"The more the merrier!" Kari Heringer, coordinator of the walk-a-thon, said.

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Photo by Jesse Kelly

Nick Turner (right) tries to get around a South Dakota Mines player during Friday's game in the Dome. Minot State defeated the Hardrockers, 85-74, in DAC play.



Photo by Jesse Kelly

Minot State's Jason West (No. 12) goes up for a shot during Saturday's game in the Dome. The Beavers defeated the Black Hills State Yellow Jackets, 81-75.

Beavers win two big games over weekend

Eric Manlove
Sports Writer

The #16 ranked Minot State University Beaver basketball team entered this past weekend just one game above 500 in Dakota Athletic Conference play. It came out with two big wins and sole possession of first place.

On Friday night, the Beavers hosted South Dakota School of Mines. The Hardrockers gave them a dif-

ficult test until senior guard Mister Carney hit a three with just under four minutes remaining to spark an 11-nothing MSU run.

"When we got the lead, they had to honor us on the 3 and now our athleticism could take control of the game," Head Coach Mike Hultz said.

The Beavers finished off the Hardrockers with a final 85-74. Junior Nick Turner led Minot State in scoring with 28;

Bojan Janjic, the only other Beaver in double figures, had 11.

Saturday was a much tougher test as the #24 Black Hills State visited the MSU Dome. The Beavers had to overcome a 15-point halftime deficit against a Yellow Jacket team that seemed as if it could do no wrong.

"I said very little at half-time," Hultz said. "I came in and said, 'You guys solve it,'

and the guys did a great job of pulling together."

Whatever Hultz said, or "did not say," worked for the Beavers. They started the second half on a 16-to-nothing run. Minot State would hang on for a comeback win, 81-75.

Turner once again led the Beavers in scoring, this time with 30. Shaun Johnson and Carney, the other two Beavers in double figures, came up with 12 and 18 respectively.

Johnson also added 13 rebounds for his fifth double double of the season.

Minot State (5-2 DAC, 16-5 overall) is on the road this weekend visiting Jamestown College on Friday and Valley City State on Saturday. The Beavers will then be back at home Feb. 5 for a match-up against Mayville State. KMSU Channel 19 will televise the game. The tip is set for 7:30 p.m.

Lady Beavers split tough weekend

Eric Manlove
Sports Writer

The #10-ranked Minot State University Lady Beavers hosted South Dakota School of Mines Friday night in Dakota Athletic Conference play. Minot State held a four-point halftime advantage and hung on for a 68-60 win over the Hardrockers.

Senior Ari Hendrix sparked the Beavers with eight minutes to play. She hit a three-point field goal and scored a three-point play on back-to-back possessions to give the Ladies the lead for good.

"She let the game come to her, which is something she struggled with last week," MSU Head Coach Sheila Green

Gerding said. "She just gets better and better every game."

MacKenzie Mack also scored in double figures for the Beavers as she contributed 20 in the winning cause.

Saturday was a different story as the Beavers hosted #13 Black Hills State. The Yellow Jackets proved to be too much for Minot State as they went on to a ten-point win, 66-56. Minot State trailed by four at the half and then went scoreless for just over the four minutes to start the second half. This gave Black Hills enough time to build a lead that the Beavers could not overcome.

"We competed hard from the get-go. It was a seesaw bat-

tle back and forth," Green Gerding said. "They are a great team. We don't have anything to hold our heads for."

Once again, Hendrix paced the Beavers as she led all scorers with 23. Mack and Caroline Folven also scored in double figures as Folven had 13 and Mack 10.

The Beavers' 4-3 DAC, 15-5 overall record puts them in a tie for third in the conference. They travel to Jamestown on Friday and are in Valley City Saturday. The women return home on Feb. 5 for a match-up with Mayville State, a game KMSU Channel 19 will televise.

The start time is set for 5:30 in the MSU Dome.



Photo by Jesse Kelly

Sacarra Molina (No. 12) takes a shot during Friday's game in the Dome. The Lady Beavers defeated the Hardrockers, 68-60, in DAC play.



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Club Hockey sweeps Adrian College



Photo by Jesse Kelly

Stephen Norris and Trevor Gordon retrieve the puck behind the net during the club hockey game against Adrian College at the All Seasons Arena. MSU defeated Adrian, 6-2 and 1-0.



Photo by Jesse Kelly

Patrick Cronin (left), Trevor Gordon (center) and Goalie Stephen Norris defend against an Adrian College player's attempt at a goal. By defeating 12th-ranked Adrian College on Friday, the MSU Club Hockey team rose to 11th in the nation in the American Collegiate Hockey Association ranking.

Mission Improvable

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8 p.m.

Beaver Dam
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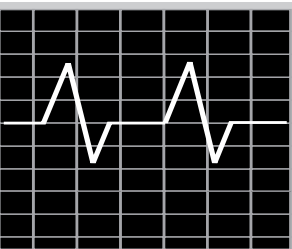
MSU Alumni Association Scholarship

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Get your application and selection criteria online at
www.minotstateu.edu/alumni/scholarship.shtml

Scholarship deadline for the 2010-11 academic year is February 10, 2010.

If you have any questions,
please contact the Alumni Office at 858-3234.



Student Health Center

Basement level of Lura Manor • 858-3371

The Student Health Center is open Monday through Friday. Services include immunizations, allergy injections, counseling on reproductive health issues, testing of sexually transmitted infections, pregnancy testing, physicals, treatment of acute illness, and other health care needs. Please call for an appointment or for more information at 858-3371.

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is dire, it is exciting that Minot State and the Mid-Dakota Chapter are undertak-

ing a joint venture to raise awareness and funds, as well as serve the community. Community is more than just people who live in a town; it is members of a nation as well

as humanity," Kibler said.

For more information contact Kibler at robert.kibler@minotstateu.edu or the Mid-Dakota Chapter at 852-2828.

... Walk-a-thon
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"There is also no cut-off date for team registration; however, the more time to obtain pledges, the better."

she said.

Heringer invites everyone to come and show their support. She said it's a great experience, and a great way to help out the community.



Thursday, Jan. 28, 7 p.m., Beaver Dam
Play casino games to have a chance to win prizes!

Tuesday SOUP Lunch

Come and enjoy a warm cup of soup and stay for great conversation, play pingpong, challenge someone to a game of Wii bowling or just study.

Free soup lunch for MSU students
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11:30 a.m. - 1 p.m.

Augustana Lutheran Church (across from Lura Manor)

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By taking the survey, you'll be entered in a drawing to win, and you'll assist MSU to focus on health and wellness education geared toward your needs.

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