



# International Programs

## Costa Rica Study Tour: Traveler Information Forms

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### I. Submission deadline:

- **Priority Registration:**            **November 19, 2021**
  
- **Late Registration:**                **January 14, 2022**

Applicants who sign up for the program after November 19, 2021 are not guaranteed a spot and might be required to pay slightly higher program fee due to cost fluctuations.

\* Depending upon available space late applications *might* be accepted after January 14, 2022.

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### II. Required Documentation (Check off as completed and include this page with your application)

**REQUIRED: \$200 Enrollment Deposit:** This deposit non-refundable and is applied toward your program fees. Include a check or money order written to Minot State University. Do not forget to include your name on the payment.

**Reminder of payment deadlines:** *December 17, 2021- \$500. January 14, 2022- \$500.  
March 4, 2022- remaining balance of program fees.*

**MSU Traveler Information Form:** Fill out electronically or print clearly using black or blue ink.

**Photocopy of Passport:** Due to strict regulations, your passport must be valid for at least six months beyond the conclusion of the program. If you do not yet have a passport, please write "in progress" in the appropriate spot on the application form and apply for your passport immediately. Submit a photocopy of your passport to the Office of International Programs once you have it in hand.

**One International Travel Recommendation Form:** Complete and sign the top of the form before you give one to your academic advisor, an instructor, music teacher or sports coach, etc. who can speak to your personal motivation, maturity and ability to get along with others. The recommendation must come from someone other than the leader(s) of this tour.

**Return all of the materials listed above in one packet to:**

**MSU Office of International Programs  
Administration Building Room 152  
500 University Avenue West  
Minot, ND 58707**

Next steps: Once you have received official notification from the Minot State Office of International Programs indicating that you have been accepted into the Costa Rica program, you will then be invited to submit an additional, required online registration form through WorldStrides/ISA.



# International Programs

## Traveler Information Form

### Personal Information

First Name: \_\_\_\_\_ Middle name: \_\_\_\_\_ Last name: \_\_\_\_\_  
*Write your name exactly as it is shown on your passport. An airline fee up to \$250 may apply to any correction made to your name within 75 days of the departure date.*

Student ID# \_\_\_\_\_ Gender:  F  M Age: \_\_\_\_\_

Academic status:  Freshman  Sophomore  Junior  Senior  Graduate  Continuing Ed.

Major: \_\_\_\_\_ GPA (cum): \_\_\_\_\_ Expected graduation date: \_\_\_\_\_

Address (while in school): \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Home Telephone: \_\_\_\_\_ Birth Date: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Month Day Year

Country of Birth: \_\_\_\_\_ Citizenship: \_\_\_\_\_

Passport # \_\_\_\_\_ Expiration Date \_\_\_\_\_

**Provide a photocopy of your passport with this completed form.**

### Emergency Contacts

The following information is intended to be of assistance to the MSU Office of International Programs should an emergency situation occur during your travel abroad.

Name	Relationship	Phone Number(s)
1. _____	_____	_____
2. _____	_____	_____

### Medical Release Consent

I hereby authorize Minot State University, its representatives, and the host institution, and its representatives, to seek medical attention on my behalf in the event of sickness, accident, or other emergency during the international travel abroad. I also authorize any physician to release any information acquired in the course of examination or treatment. I certify that the included information regarding my medical history is correct. This authorization shall be valid for the entire duration of the Minot State University related travel abroad.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

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## Health Information

Student Health Privacy Practices: Under the Health Insurance Portability and Accountability Act of 1996 ("HIPPA") MSU is required to maintain the privacy of your protected health information. Your medical information will be kept confidential. Providing the following information will help us determine any special needs or arrangements that should be made in advance and assist us in advising you about possible situations you may encounter abroad. Do not assume your host country will automatically be able to provide you with the same care you receive at home without advance notice.

- 1) If you have ever had an illness or disease, please list the diagnosis, dates of illness and current health status in the space provided below.

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- 2) Do you have any special dietary needs (vegetarian, low sodium, etc.)? If yes, describe below:

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- 3) Do you have allergies (food, medication, plants, animals, insect stings, etc) of which we should be aware? If yes, please describe below:

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- 4) Are you presently under treatment for any psychological or emotional matters?  Yes  No  
If yes, please describe below:

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- 5) Are you presently taking any prescription drugs on a regular basis?  Yes  No  
If yes, please provide the medication names, frequency and dosage below.

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- 6) Facilities in other countries might not meet American standards of accessibility for persons with disabilities. Please describe any accommodations you may need to perform the essential functions of this study tour.

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### Health Considerations *(Please Read and Initial Acknowledgement)*

Study and travel abroad involves significant adjustment to a new culture, school, and community, which often causes physical and emotional stress. If you have a physical or psychological condition for which you are currently receiving treatment, or have received in the past, the demands of this program might exacerbate those conditions, even though they may be under control at home. It is important that you discuss your possible participation in travel abroad program with your physician or counselor, including how off campus activities could affect your medical condition. Addressing your health issues prior to traveling abroad will also help you to identify those resources that will and will not be available at your program site.

Initials: \_\_\_\_\_

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## Payment and Cancellation Policies

### Payment Deadlines:

\$200 Non-refundable deposit due with the application

Date	Payment Amount Due
December 17, 2021	\$500
January 14, 2022	\$500
March 4, 2022	\$2,550 (or remaining balance of the program fee)

### Program Fee:

- The program fee of \$3,750 includes an estimate of \$1,200 for international airfare. Program cost will increase if the flight estimate is too low.
- The program fee is based on a minimum of 15 participants. The trip will be feasible with fewer than the minimum, but if the minimum number of participants is not reached, the price may increase or services may be modified to accommodate a smaller group.
- If more than 20 participants sign up, the program fee may decrease slightly.
- All rates are based on tariffs in effect at the time the tour was planned and are subject to increase in the event of currency fluctuation.

### Late Payments:

- If a payment is received 7 business days or more after the payment due date, your application will be considered withdrawn and you will be responsible for any cancellation penalties.

### Payment Policies:

- Under no circumstances will a participant be allowed to depart on the program unless the program fees are paid in full.
- MSU is not responsible for delays caused by late passport applications, late visa applications or visa denials. Any additional costs incurred for such reasons will be the responsibility of the participant.

### Cancellation & Refunds

Withdrawal from the program is effective on the date that written notification is received by MSU's Office of International Programs.

If you withdraw:	The cancellation penalty will be:
After deposit is submitted	\$200
After February 4, 2022	\$500
After March 4, 2022	\$2,700
After March 31, 2022	No refund
After departure	No refund

#### Please Note:

- MSU will not alter its payment and/or cancellation policies for any reason.
- **World Strides/ISA highly recommends that each traveler independently purchase trip cancellation/interruption coverage for an additional fee of \$199.** This insurance can protect you in the event you need to cancel your trip or leave your tour unexpectedly due to an emergency. The coverage can be added through your WorldStrides/ISA registration portal once you are admitted into the program by Minot State. For more information, speak with the Minot State Director of International Programs.

Acknowledgement: I agree to, and accept the above payment deadlines, cost information and cancellation policies:

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Signature

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Date

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## Travel Abroad Agreement and Liability Waiver

Please read the following sections carefully as they affect any rights you may have if you are injured or otherwise suffer damages while traveling abroad to participate in an MSU related activity.

Minot State University, its agents, affiliates, officers, directors, staff, regional and local representatives (collectively "MSU") and the undersigned participant, understand and agree to the terms and conditions stated in the below Agreement relating to travel abroad for an MSU-related activity ("Program"). Students and other participants are referred to collectively as the Participants ("Participants").

**A. Code of Conduct:** I understand and agree that, as a participant in an Minot State University travel abroad program, I am subject to the student conduct regulations described in the Student Handbook ([www.minotstateu.edu/student\\_handbook.pdf](http://www.minotstateu.edu/student_handbook.pdf)). I further understand that, if I am attending a foreign university as part of an Minot State University travel abroad program, I am also subject to the conduct regulations of the host institution. Furthermore, I understand that as a Minot State University travel abroad program participant, I will be viewed as a representative of my country and my university. It is my intention to act as a good-will ambassador and conduct myself in a fitting manner.

**B. Laws of the Land:** I understand that as a U.S. citizen in a foreign country, I will be subject to the laws of that country. I agree to conduct myself in a manner that will comply with the regulations of my host country and the United States of America. If I should fall into legal problems with any foreign nationals or government jurisdictions of the host country, I will attend to the matter independently with my own personal funds. It is further understood that MSU may be limited in its ability to provide assistance in the event of arrest.

**C. Program Activities:** I agree to participate fully in all portions of the planned travel abroad itinerary and agree that any deviation I will make from the program must be approved in advance in writing by the on-site program director/faculty leader.

**D. Academic Standards:** I acknowledge and understand that I am responsible for maintaining an adequate standard of academic work while traveling abroad.

**E. Student Conduct Release:** I understand that in the interest of health, safety, security and the educational goals of Minot State University students, information regarding any violations of the student code of conduct/and or residence hall policies will be forwarded to the Study Abroad Coordinator, Director of International Programs, the host university/college or program provider and the faculty leader of this program.

**F. Disciplinary Procedures/Program Dismissal:** I acknowledge that MSU has sole discretion to terminate or limit my participation in the program if I engage in actions endangering to myself or others, or my conduct is considered to be detrimental or incompatible with the best interest of the program. I further agree that, if expelled from the program for such reasons, I will be responsible for all expenses incurred in returning to the United States.

**G. Financial Obligations:** I acknowledge that information regarding the financial nature and the cost of the program has been provided to me and I guarantee that all financial obligations will be met.

**H. Independent Travel:** I agree to notify the Office of International Programs, or the on-site program director, if I am planning to embark upon individual travel during the program. Where possible, I will provide the director with details of the proposed trip including plane, bus, and train schedules. I understand that I am responsible for any additional fees incurred due to independent travel.

**I. Modification/Cancellation:** I understand that MSU reserves the right to cancel programs in the case of insufficient participation or for other reasons deemed appropriate. MSU also reserves the right to make changes to the program or alterations in the program's proposed schedule and itinerary. I further understand that should the program, or any portion of the program, be cancelled, MSU shall have no responsibility beyond the refund of recoverable deposits paid to MSU by participants. Minor alterations in the programs will not result in refunds. I agree that neither MSU, the State of North Dakota nor the employees or agents of either, shall be responsible or liable for any expenses or losses that I may sustain because of program modifications or cancellation.

**J. End of Program:** I understand that any responsibility that Minot State University has for participants while traveling abroad terminates once the program itinerary has completed.

**K. Dissimilarities or Differences in the Host Country:** I understand that participants in MSU travel abroad programs are expected to make every effort to adapt to the culture and lifestyle of the host country. There may be significant cultural, economic, and lifestyle differences between the participants home country and host country including those in health care services, living conditions, transportation systems, educational systems, criminal justice, civil liberties, customs, values and acceptable behavior with regards to age and gender. I realize that

participants in MSU travel abroad programs must make themselves aware of and accept these differences as part of the program, and accept the risks associated with traveling and living in another country. I understand and agree that participants must take responsibility to educate and prepare themselves for the inherent risks associated with foreign travel and living abroad.

In addition, I understand that participants in MSU travel abroad programs must be willing to learn about their host cultures and be open to new ideas even though they may be culturally challenging. I am aware that it is both inappropriate and culturally insensitive to use the program as a time to promote religious or political agendas; further, such behavior can cause offense and potentially place me in harm's way. I understand that, while the United States respects the right of freedom of expression, this is not a universal right and may not be protected by law in some countries. Consequently, I will demonstrate a respect for the host culture even though I may not agree with all aspects of that culture, and I understand that behavior that is inconsistent with this statement may lead to my removal from the program.

**L. Insurance:** I understand that international travel insurance coverage is a requisite for participation in a Minot State University travel abroad program. Therefore, I agree to purchase the comprehensive international travel insurance policy designated by the Minot State Office of International Programs for the duration of my travel that will cover medical expenses abroad, emergency medical evacuation, repatriation of remains, and accidental death and dismemberment. I agree to familiarize myself with the coverage, exclusions and limitations of my travel insurance policy before the start of the program to determine what activities are excluded from coverage. I understand that policies may not cover pre-existing conditions, injuries resulting from driving motorized vehicles, certain categories of sports injuries, injuries resulting from the commission of a crime, self-inflicted injuries, or injuries sustained from participation in high-risk (extreme) sports.

**M. Waiver of Liability and Hold Harmless Agreement:** As a condition of my participation in a Minot State University travel abroad program, I do hereby, for myself, the members of my family and spouse if I am alive, and my heirs, assigns, and personal representatives if I am deceased, acknowledge and assume the risk of participation in the program and do hereby RELEASE AND FOREVER DISCHARGE the State of North Dakota, State Board of Higher Education, Minot State University, and all their officers, faculty, or employees, any cooperating institution and agents (hereby referred to as "Releasees") whether accompanying said program or otherwise, from any and all claims, demands, actions or causes of action on account of any injury to me or my property or on account of my death which may occur from any cause during the said study program, or any continuances thereof; and I do hereby expressly covenant and agree to refrain from bringing suit or proceedings at law or in equity or otherwise as provided by law, against any of said bodies or persons on account of any and all such claims, demands, actions or causes of action.

I further AGREE TO INDEMNIFY AND HOLD HARMLESS THE RELEASEES from any loss, liability, damage or cost, including court costs and attorney's fees, that they may incur out of my participation in the Minot State University study abroad program including, but not limited to: (i) any incident beyond the Releasees' reasonable control, including, without limitation, force majeure, crimes of violence, acts of terrorism, natural disasters, pandemics or disease, acts of war, or government actions and restrictions; (ii) risks associated with foreign travel and living abroad, including but not limited to risks associated with health care, sanitation, transportation, crime, justice, legal systems, customs, and values; (iii) any differences in the living conditions between my home and home country and the host country.

IN SIGNING THIS RELEASE, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements apart from the foregoing written agreement have been made; I am at least eighteen (18) years of age and fully competent (if not eighteen, my parent(s) or guardian(s) agree with the terms of this document and sign it as such); and I execute this Release for full, adequate and complete consideration fully intending to be bound by same.

**N. Arbitration and Venue:** I agree that, should there be any dispute concerning my participation in the program that would require the adjudication of a court of law, such adjudication will occur in the courts of, and determined by the laws of, the State of North Dakota.

**O. Severability:** I concur that in the event any clause, sentence, term or provision of this Agreement shall be held by any court of competent jurisdiction to be illegal, invalid or unenforceable for any reason, the remaining portions of this Agreement shall remain in full force and effect.

**P. Signature:** This agreement represents my complete understanding with Minot State University concerning MSU's responsibility and liability for my participation in the Program, supersedes all previous or contemporaneous understanding I may have had with MSU on this subject, whether written or oral, and cannot be changed or amended in any way without my written consent.

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Signature

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Date



# International Programs

## International Travel Recommendation Form

### Student Information

This recommendation form must be completed by your academic advisor, an instructor, music teacher or sports coach, etc. who can speak to your personal motivation, maturity and ability to get along with others. **The recommendation must come from someone other than the leader(s) of this tour.**

Student's Last Name: \_\_\_\_\_ Student's First Name(s): \_\_\_\_\_

Student ID# \_\_\_\_\_ E-mail: \_\_\_\_\_

### FERPA

In accordance with the "Family Education Rights and Privacy Act of 1974", Minot State University recognizes that students enrolled in its Study Abroad Programs have the right to inspect and review all materials in their files, unless they sign the following statement:

*I understand my right under the provisions of PL 39-380.513 to inspect letters of recommendation on my behalf. In order to encourage the authors of letters about me to write with candor, I have elected not to exercise my rights under the aforesaid statute and affirm that I shall not do so in the future. This waiver will remain in effect until I notify, in writing, the Office of International Programs, at which time this document will be removed from my file and returned to the author, or until the OIP destroys this recommendation.*

\_\_\_\_\_  
Sign here if you waive your right to review this recommendation      Date

### Instructions to the faculty member

The above student has applied for admission into an international group-travel program through Minot Stte University. Such experiences place unusual demands on an individual, requiring a greater degree of adaptability and of self-reliance than is usually the case while at home. If the individual has signed the release above, your comments will not be made available to them.

Please comment on this applicant's personal qualifications for successful completion of a group-travel experience, answering as many questions as possible. No single negative statement will serve as the sole basis for rejection. **Please note that this individual's application for admission into the program cannot be reviewed until all recommendations are received.** Thank you for assisting in this evaluation.

- 1) How long have you known this individual and in what context?  
\_\_\_\_\_  
\_\_\_\_\_

2) Please evaluate the applicant according to the following criteria:

	Exceptional	Above Average	Average	Below Average	Poor	Unable to Assess
Intellectual curiosity						
Academic motivation						
Written and oral communication						
Responsibility						
Maturity						
Level of independence						
Adaptability / flexibility						
Sensitivity to others						
Honesty						
Ability to get along with others						

3) Attach a letter written on your company//department letterhead that addresses the following:

Based on your knowledge of the applicant, give us your opinion of their ability to adapt to a foreign living environment. Keep in mind that traveling abroad in a group forces an individual to deal with new and different demands. Please express any reservations you have in advising this person to travel abroad with a group.

4) Please check the statement that you think most accurately reflects your opinion as to the applicant's suitability for the program:

- The applicant has my highest recommendation.
- I recommend the applicant with slight reservations (noted elsewhere) and expect them to be successful.
- I consider this individual to be a real risk but still want to urge their acceptance because I believe they will rise to the experience.
- I cannot recommend this individual for the program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Title: \_\_\_\_\_ Institution: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

**PLEASE RETURN TO THE APPLICANT IN A SEALED ENVELOPE**

**Thank you!**