

ATHLETIC TRAINING 4 YEAR PLAN
Updated 2018

First Year	
Fall	Spring
BIOL 220 Anatomy and Physiology I 4 CR	BIOL 221 Anatomy and Physiology II 4 CR
KIN 210 First Aid & CPR 2 CR	ATR 207 Prevention and Care of Injuries 2 CR
ATR 208 Taping and Bracing 2 CR	KIN 126 Group Fitness 1 CR
ATR 128 Intro to Athletic Training 3 CR	
	Up to 11 GEN ED CREDITS
KIN 120 Weight Training 1 CR	
Up to 4 gen eds	
TOTAL 16 CREDITS	TOTAL 18 CREDITS
Second Year	
Fall	Spring
KIN 431 Kinesiology 3 Credits	HMS 215 Pharmacology 3 CR
ATR 206 Medical Conditions 3 CR	ATR 270 Upper & Lower Extremity Eval 3 CR
KIN 226 Methods of Teaching Group Fitness and Weight Training 2 CR	ATR 223 AT Clinical II 1 CR
ATR 410 Advanced Athletic Injuries and Modalities 3 CR	HMS 243 Pathophysiology 3 CR
KIN 301 Psychomotor Development 2 CR	KIN 441 Eval of Psychomotor Performance 3 CR
ATR 129 AT Clinical I 1 CR	Chemistry
GEN ED 4 CREDITS	Up to GEN ED 8 CREDITS
TOTAL 18 CREDITS	TOTAL 18 CREDITS
Third Year	
Fall	Spring
ATR 307 Head Neck & Spine Eval 3 CR	ATR 308 Biomechanics 3 CR
PSYCH 241 Intro to Statistics 3 CR	KIN 310 Organization and Administration of PE and Athletics 2 CR
ATR 323 AT Clinical III 2 CR	ATR 304 Therapeutic Exercise 3 CR
PHYSICS 203 Intro to Physics I 4 CR	ATR 324 AT Clinical IV 2 CR
GEN ED 6 CR	Up to GEN ED 7 CREDITS
TOTAL 18 CREDITS	TOTAL 17 CREDITS
Fourth Year	
Fall	Spring
ATR 423 AT Clinical IV 2 CR	Up to Electives or gen eds 6 CR
KIN 334 Nutrition for Physical Performance 2 CR	ATR 424 AT Clinical Experience VI 2 CR
ATR 420 Athletic Training Management 2 CR	KIN 407 Psychology Of PE and Athletics 2 CR
	ATR 425 Capstone in Athletic Training 1 CR
	KIN 433 Exercise Physiology 3 CR
Electives 6 CR	
TOTAL 12 CREDITS	TOTAL CREDITS 14