

RED & GREEN

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MINOT STATE UNIVERSITY

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Halloween? Already?

Zoe Weishaar
COMM 281

Halloween is just around the corner and all the fun festivities that come with it. Trick or treating, dressing up, decorating, haunted houses, Halloween movies, and so many other traditions. At Minot State and within the community of Minot, there are old and new traditions.

At Minot State, there has previously been a haunted house hosted by NafME. Unfortunately, in 2020 they stopped hosting haunted houses due to COVID-19 and have not resumed at this time. Although this haunted house will not be an activity this year, there are many other Halloween celebrations within the community.

There are many fun nights, trail of treats, and boo events that are held within Minot and the surrounding area. Many of these functions can be found on visitminot.org. A few of these spooktacular adventures include SCHEELS Trunk or Treat, Boo at the Zoo, Boo in the Barn, Harleyween Biker's Trail of Treats, and so many more fun festivities.

For the first time, SCHEELS is throwing a trunk or treat event on Monday, Oct. 31 from 4-7 p.m. Local organizations have been invited for a trunk decorating contest and you, as the trick or treaters, will be able to vote for your favorite. There will be caramel apples, beverages, and prizes. Along with trick or treaters being able to win prizes, SCHEELS is donating prizes for the top three trunks. If you are a nonprofit/group/club that wants to participate, you can visit scheels.com.

The Roosevelt Park Zoo is hosting a walk called Boo at the Zoo where you can go on the trick or treat trail and enjoy the zoo. This event is on Sunday, Oct. 30 from 11 a.m.-2 p.m. Any community business that would like to host a booth for the trick or treat trail can visit the website rpzoo.com/booatthetoo/. This is a fun occasion for all ages to be able to get some treats and enjoy our local zoo.

Boo in the Barn is an experience that will be held at Northern

Pines Equine on Sunday, Oct. 30 from 1-4 p.m. At this activity, there will be a spooky trail, carnival games, bounce houses, voting for horses with the best costume, candy and treats, photo booths, and more. Join the Northern Pines Equine with your costume and enjoy the Halloween season.

Harleyween Biker's Trail of Treats will be held at Magic City Harley Davidson on Saturday, Oct. 29 from 11 a.m.-3 p.m. Enjoy this event by walking the trail of treats, grabbing a lemonade

from Dakari and Milagro's famous lemonade stand, and voting in the dog costume contest and pumpkin carving contest.

These are all fun ways to get involved within the community, have fun, and get treats, too. Along with all these community activities, keep your eyes out for campus festivities as well. Do not forget, you are never too old to dress up, even if you must wear a coat over your costume. Have a fun and safe Halloween. Go Beavers!



Photo from rpzoo.com

Boo at the Zoo trick or treating is Sunday, Oct. 30 from 11 a.m.-2 p.m. at the Roosevelt Park Zoo.



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**Thursday, Oct. 20**

Today is the last day to add a class for second 8-week classes during the Fall 2022 semester.

The deadline to drop a class or withdraw from all classes and receive a 100% refund for second 8-week classes is also today.

A flu vaccination clinic will be held in Memorial Hall on the first floor from 11 a.m.-2 p.m.

A Get Ready for Success Workshop will be held at 2 p.m. in the Academic Support Center, the topic being Tips for Taming Math Anxiety.

Women's volleyball vs.

Minnesota State Moorhead, Minot State Dome, 6 p.m.

Friday, Oct. 21

The cross country team will compete at the Mystic-Marauder Invite in Bismarck, North Dakota at 3 PM.

The women's soccer team will host University of Minnesota Crookston at 7 p.m. at First Western Bank Field at Herb Parker Stadium. They will celebrate and recognize their seniors prior to the competition.

The MSU Concert Band will take the stage in Ann Nicole Nelson Hall at 7:30 p.m.

All the Aces will be back at The Original Bar and Nightclub at 9:30 p.m. Go enjoy the live music, pool tables, darts, and drinks for a fun evening.

Saturday, Oct. 22

Ryan Chevrolet is hosting their ninth annual pancake breakfast from 8 to 11 a.m. There will be free pancakes and a freewill donation box that will go to Trinity's Cancer Exercise Rehab program.

The Bark Porch will be hosting a pet parade where animals can wear costumes and compete to be the cutest. The event is free to take part in and your pet does not have to be in a costume in order to

be there. Bring them to have fun! Parade check in and line up takes place in front of the Minot Farmers Market at Oak Park between 11:30 a.m.-12 p.m. with the parade and costume judging to follow.

Men's basketball vs. Dickinson State, Minot State Dome, 3 p.m.

Women's hockey vs. McKendree University, Maysa Arena, 3:45 p.m.

Sunday, Oct. 23

Women's hockey vs. McKendree University, Maysa Arena, 1 p.m.

Monday, Oct. 24

If you took first 8-week classes for the Fall 2022 semester, your final grades are now available.

Swing into Ann Nicole Nelson Hall at 7:30 p.m. to listen to Hannah Pederson perform her senior recital.

A dodgeball tournament will take place at the Wellness Center at 8 p.m.

Tuesday, Oct. 25

Spring registration for currently enrolled students opens today.

Stop into Old Main Room 106A at 3 p.m. for a student workshop in communication, hosted by the Looyenga Leadership Center.

Women's volleyball vs. University of Mary, Minot

State Dome, 7 p.m.

Wednesday, Oct. 26

NoDakon 2022, Minot State's premiere cybersecurity event, features activities for all students during the day including a bug bounty workshop, demonstrations by the SWIFT and Computer Science Clubs, and a speaker from ND Information Technology. Activities can be found on the third floor of Old Main or in Ann Nicole Nelson Hall.

A student leadership workshop in Stress Management Basics will be held from 3-4 p.m. in Old Main Room 102.

Grab your friends and put your knowledge to the test! Join the Minot public library from 6 to 8 p.m. to compete for the championship. Groups must not be larger than five.

Friday, Oct. 28

Women's volleyball vs. Bemidji State University, Minot State Dome, 6 p.m.

Saturday, Oct. 29

Volleyball vs. University of Minnesota Crookston - Family Day, Minot State Dome, 2 p.m.

Men's hockey vs. University of Jamestown, Maysa Arena, 3:45 p.m.

The Minot Symphony Orchestra presents Hidden Gem at Ann Nicole Nelson Hall. A pre-concert talk will be held at 6 p.m.

with the music starting at 7 p.m.

Sunday, Oct. 30

Today is the last day to withdraw from all classes and receive a 50% refund for Fall 2022 16-week classes.

The MSU wrestling team will open their season with an Intr Squad Dual at 5 PM in the Dome.

Monday, Oct. 31

Halloween!

Tuesday, Nov. 1

A student workshop in Leading Meetings will be held at 3 p.m. in Old Main Room 106A.

The Student Government Association will hold their monthly meeting in the Westlie Room beginning at 7 p.m.

Spin Classes

Spin classes are held in the Wellness Center at Minot State at 4:30 p.m. on Mondays, 4 p.m. on Tuesdays, 4:30 p.m. on Wednesdays, noon and 4 p.m. on Thursdays, 3 p.m. on Fridays, and 11 a.m. on Saturdays. Students to not need to book a spot. First come first serve!

Mouse River Players Community Theatre presents 'Little Women'

Jane Wunderlich
Staff Writer

Theater is known to bring people together for the sake of entertainment for all ages. Minot has multiple locations that present productions throughout the year, including Mouse River Players.

Katy Allers, director of the POWER Center here at Minot State University, is directing her second show this fall, "Little Women," at Mouse River Players Community Theatre.

There are 11 main characters and nine ensemble members who will interact with the audience. All the cast is made up of volunteers, and with it being a huge time commitment, it's amazing to see how many people are willing to commit their time to be a part of the production.

Growing up, Allers was very active in sports. In Wasilla, Alaska, she participated in basketball, volleyball, softball, cheer, and track & field. Theater was never something she took part in at that time. However, after an injury when she was 18, she was forced to wrap up that area of her life.

When Allers's daughter, Amber, was just seven years old, she accepted a role in "Winnie the Pooh." All the other cast members were adults so instead of having them look after her daughter while they rehearsed, Allers decid-

ed to hang around and watch rehearsals herself. She helped with make-up, costumes, and did anything that was needed of her while in attendance. As time went on, she found herself falling in love with theater.

The next children's play that came up needed an adult, so Allers tried out for the role of Becky Thatcher's mom in "The Adventures of Tom Sawyer." From there, she was hooked. She often correlates her time in sports to the theater.

"You rehearse, rehearse, rehearse, until it's time for the big show. Just like in a game, you practice, practice, practice, until it's time to play the game," she said. "It is a team mentality. You learn to work together and create a positive environment for you and your cast to grow and learn in. All while striving to be the best."

Since she has mostly been on stage as an actor or behind the stage as a stage manager, Allers decided to seek out the opportunity to direct a show.

She directed her first play called "The Grimm Brothers Spectaculathon" in 2019 at Minot State University right before the pandemic hit.

Considering she has a background in coaching, Allers is a natural leader. When she speaks, people just follow and listen.

It has been 22 years since her love of theater sprouted, and it is long from being finished. She hopes to continue doing what she is doing for years to come.

Minot State is leaving a

mark on the production, too. One Minot State student, Shad Huber, is cast as Laurie Laurence, and Brittany Armstrong, an MSU theatre alumnus is cast as Marmee. Zeb Wallace, a faculty member from social sciences is cast as John Brooke; Keryl Lesmann, POWER Center administrative coordinator, is the head costumer; Penny Lipsey, a custodian is the stage manager; and Ashley Nilsen, also an MSU theatre alumnus, is the assistant director.

"Little Women" will

be showing Nov. 17-20 and 25-27 at Mouse River Players Community Theatre located at 115 First Street SE. Shows on Thursday through Saturday will begin at 7:30 p.m. with the two Sunday shows beginning at 2 p.m. The show was planned around the Thanksgiving holiday so families that have relatives coming home can spend some quality time together at the show. Tickets can be purchased online at www.mouseriverplayers.com.



Actresses rehearse for Mouse River Players' production of "Little Women."

Photo by Katy Allers

R&G Editorial

New club on campus

Greta Van Fleet

Kylie Koontz
Editor

Greta Van Fleet is my text artist in this series. Starting to pull away from the folk-based indie that we talked about with Hozier and Rainbow Kitten Surprise, Greta Van Fleet is a brother and best friend group from Michigan that had their come up around the summer of 2020, when a song of theirs went viral on TikTok. Having previously released an album, they had a few dedicated fans sporadically around the Midwest. After the TikTok blow up and the release of a new album, Greta Van Fleet took social media by storm.

With their 70s style vocals and instrumentals mixed with modern layering, their fan base of Gen Z listeners who yearned for the resurgence of 70s classic rock grew.

GVF is known for drawing some musical influence from Led Zeppelin, with their unique vocals and guitar riffs. Some other similar sounds are also Styx and Rush, specifically regarding vocals. Lead singer Josh Kiszka has a classic 70s rock voice with an impressive range we heard from the

greats in the 70's.

Kiszka explained in an interview that he first noticed his vocal ability while he and his bandmates were singing in the garage trying to sing over the music.

Not only is GVF impressive musically, but lyrically they are just as impressive. They have a beautiful message in each song and albums as a whole that tell a story.

With their 2021 album "Battle at Garden's Gate," we see a recurring theme of songs about love, peace, and community; a theme that brings together the fan base and brings more and more people into it.

Some of Greta Van Fleet's music that I think best show both their musicality, lyrics, and message are "Heat Above," one of their most popular songs; "Tears of Rain," a beautiful song about nature, love, and the human experience and how it correlates between the two; and "Stardust Chords." Each of these songs show the impressiveness that is Greta Van Fleet.

*This editorial may not reflect the views of Minot State University.

Jane Wunderlich
Staff Writer

A new club is brewing here at Minot State University. Having over 50 active clubs on campus, MSU does not currently have one for students who are pursuing careers in the medical field.

Breanna Smestad, a senior majoring in biology here at Minot State, wants to change that. Being a pre-medical student herself, in hopes of becoming a dentist, she knows how difficult it can be to stay on track. Smestad wishes she had a mentor that could help guide her through some of the most important steps and now wants to help those younger than her have that mentorship that has lacked throughout her undergraduate degree.

"This group will provide students with the information and guidance from fellow classmates that have gone through the steps already or are going through similar situations now," Smestad said.

Instead of focusing on just her line of study, the pre-professional club will offer guidance for mostly all medical fields. By doing this, the club is considered inclusive to

all pre-medical professions including, but not limited to, pre-dental, pre-medicine, pre-chiropractic, pre-veterinarian, etc. Students from all paths can come together and inform, guide, and encourage each other as they push towards their degrees.

"I have always loved it when people would give me tips on how to accomplish one of my goals in an easier, more efficient way, so I wanted to do the same for others," Smestad said. "It would have saved me a lot of time if I had people giving me advice who had already been through it before."

As the club evolves over the next few years, there are hopes of having student representatives for each pre-professional program that has been through the undergraduate classes and application processes to help those that want to pursue the same path.

Clubs take time to build, but the hopes Smestad has involving this new club are big, and she is grateful to have had the opportunity to help create a permanent mark on the campus of Minot State.

Smestad knows, as a student-athlete on the women's basketball team and holding the presidential position for the

Student-Athlete Advisory Committee (SAAC), that making meetings can be difficult.

The first meeting is scheduled for Oct. 29 at 7 p.m.

Those unable to attend can reach out to Heidi Super, medical laboratory science program coordinator, or Brandon Pelzer for information regarding the club and future meeting times.

Follow the Red and Green on Instagram and Facebook.



@msuredgreen
and
@MinotStateRedGreen



Photo from MSU women's basketball Instagram
Breanna Smestad is starting a pre-medical club.

Start small, dream big

Hannah Pederson
COMM 281

Jane Wunderlich, a senior at Minot State University, lives by the phrase, “Start small, dream big.” It is this philosophy that has led to purchasing an embroidery machine to start an embroidered sweatshirt business.

The idea started over the summer. Wunderlich and her sisters all love shirts with encouraging sayings on them. They like conversation starters, or phrases where people will ask, what does that mean? Wunderlich and her sisters split the cost of an embroidery machine to make their own. She orders sweatshirts in bulk and can embroider any phrase or saying she wants.

Emily Norman, an MSU graduate and admissions counselor on campus, ordered one of the first sweatshirts. She wanted a different, minimal look to wear around. She and Wunderlich brainstormed and created a simple design: ROLL BEAVS in all caps with a heart underneath it.

Once Wunderlich posted this design to her Snapchat, the orders started rolling in. Her first batch of sweatshirts totaled around 18, and she is currently working on the second batch which will bring her total up to 40.

“It’s really, really good,” Wunderlich gushed. “I wasn’t expecting it to completely blow up. I just thought I was making one

sweatshirt that one person wanted and then when I posted about it thinking, oh, maybe I’ll get a couple people who want this sweatshirt, then everyone wanted it.”

Not all orders are for the ROLL BEAVS sweatshirt, however. The machine limits designs to a four-by-four square, but there are still various possibilities. People can get

their favorite sayings, bible verses, movie quotes, or almost anything they want. The more words there are, the smaller the lettering will be, and there can only be 10 letters along a line.

Wunderlich is no stranger to clothing design. Last year, she opened a temporary online clothing store called Little Bit of Yellow. She designed the t-shirts

and uploaded them to a website called Teespring. Teespring would then print and send out the orders to her customers as they ordered. Now, she makes these crewnecks in her apartment. She says this process is more personal and relaxing.

“I know a lot of the people I’m giving the sweatshirts to; it makes it more special for me be-

cause then when I give it to them and I’m like, oh, I spent so much time making this for you.”

Sitting down and measuring out and making sure the embroidery hoop is on correctly is relaxing. She also feels that this hands-on process lets her feel like she has worked for the reward.

The sweatshirts are available in black, red, and

sand and start at \$40. If you would like your own ROLL BEAVS sweatshirt or something more custom for your taste, you can DM their Instagram @_originaltext or email Wunderlich at jane.wunderlich@minotstateu.edu.



Jane Wunderlich holding her ROLL BEAVS sweatshirts.

Photo by Hannah Pederson

Adopt a Shelter Dog Month

Mellie Wilson
Staff Writer

Each year, about three million dogs are brought into shelters, and about 700,000 dogs are euthanized in kill shelters.

Numerous dogs that are brought into shelters may have gotten lost, ill, or come from neglectful and abusive owners and need a home and companionship. Adopting does not only help the dogs you choose to take in, but it also allows room for other animals in need of shelter.

Unlike buying dogs from stores, adopting from a shelter can help put a stop to cruel dog breeding and the overpopulation of homeless dogs over time.

Luckily, not far from Minot State University, is Souris Valley Animal Shelter, a no-kill shelter, where there are

cats and dogs in need of a safe home. Souris Valley Animal Shelter never euthanizes animals due to lack of space and releases more than 98% of their pets each year to either new owners or other rescues. Additionally, this shelter offers free behavior training for dogs and promotes literacy for children with a program that allows children to read to pets in the shelter. If you cannot adopt but would like to support this shelter, Souris Valley accepts donations, animal sponsors, and volunteers.

Please consider helping a humane and valuable business whether it is Adopt a Shelter Dog Month or not!



Photos from SVAS.com

Above: The Souris Valley Animal Shelter is located in Minot.
Below: A puppy at the Souris Valley Animal Shelter.



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Homecoming 2022

Alex Koontz
Social Media Manager

University homecomings are some of the biggest events held on campus year around. Although Minot State University is small, homecoming is just as big of an event as it is at any other university.

This year MSU's homecoming was held Oct. 12-15. These three days were jam packed with activities for students and alumni.

Minot State's MSU Life is a primarily student-run club that oversees most of the student activities on campus. These activities range from build a beaver to bingo to even inviting hypnotists to campus. So of course, MSU Life had big plans for student engagement this past week leading up to Saturday's football game.

This year's MSU Life homecoming coordinator is senior and homecoming queen Paige Larson. The homecoming coordinator oversees all homecoming activities during the week.

With help from her fellow club members, Larson was able to book acts for the entire week of homecoming.

However, this is not a light task.

"Homecoming week takes a lot of planning. We plan for this two to three months in advance and we started booking acts and other things we wanted to bring in for students, which includes prizes for our games as well as food for activities such as pizza parties," she said. "When the time got closer, we all sat down and talked about which activities would work best on which days and what times. After that, we finish up our posters and social media content and sent them out. The actual week of homecoming is very busy so it's important we get everything done and ready before that."

"All the work pays off in the long run, and it's one of the best weeks in the year".

MSU Life does a lot on campus to ensure the students are engaged and, most of all, having fun. But homecoming isn't just about the students.

Although student engagement is huge, homecoming is a day for fellow Beavers to come back to campus and reminisce. All

throughout the week, there are activities for alumni as well. This includes lunch ins and reunions.

Just like MSU Life, there is an alumni office that oversees all the alumni activities. This year the big activity for MSU alumni was the alumni and friends' reunion at The Original bar on Oct. 14. This year's feature reunion groups were the Sig Taus, MSU Wellness Center, and All MSU Greek groups.

All these events were held throughout the week before the homecoming football game on Oct. 15.

Just like MSU Life, game day events are planned separately months in advance.

Sal Rodriguez is Minot State's assistant director of revenue and fan development. This position is new at Minot State, and its primary purpose is to increase revenue, with an emphasis on the ticketed sports programs.

"I am also tasked with growing our fan base and entertaining our current fans," he said. "I work closely with all sports programs, but I am the team

administrator for men's and women's hockey, baseball, and men's and women's golf. This means I oversee scheduling, and things like that."

Rodriguez's other big job is managing a team of individuals who help meet goals for revenue and fan development. "This team includes our coordinator for marketing, tickets and promotions, three graduate assistants, two interns, and a team of student workers," he said. "Together our team serves all 17 athletic teams, manages 50+ social media accounts, creates video content and graphics, plan and host gameday activities, and script out all MSU Athletic events as well as events hosted by MSU such as high school tournaments, socials and more".

The homecoming football game is one of the biggest athletic events held on MSU campus, therefore the game day events must be equally as big.

"We have partnered with a lot of great departments on campus including MSU Life, alumni, and student affairs, and various clubs and organizations," he

said. "We planned a fully reserved tailgate full of free food courtesy of Homesteaders, a live DJ, food trucks, and a beer garden."

Minot State campus was bustling with activity this past week; MSU Life, the student and alumni affairs offices, and game day events staff are all to thank.

Homecoming week takes months of plan-

ning and cooperation between many campus organizations. No matter the size of a school, everything needs to be in place for things to move smoothly, and MSU has got it down.

Be sure to thank everyone that worked so hard to bring MSU's homecoming to fruition for us this year.



Photo from MSU Life Instagram
A sign celebrating Homecoming on Minot State's campus.

Norsk Hostfest 2022 review

Saif Khan
Staff Writer

The Norsk Hostfest, founded in 1978, is a nonprofit organization that remembers and preserves the Scandinavian culture and history that was brought to Minot by immigrants. You can see handmade ornaments, purchase Norsk merchandise, and listen to live entertainment.

This year, Norsk Hostfest was held in Minot from Sept. 27-30 with traditional Norwegian foods being served like valfer (waffles), lapskaus (stew), and many more dishes including ice cream!

In fact, on Oct. 11, I interviewed one of Minot State's faculty members, Eric Furuseth, who teaches humanity classes, and talked about the importance of this festival.

He stated his concern for younger generations not being interested in preserving their heritage, but he hopes that Norsk

Hostfest stays in Minot for many years to come and gets attention from newer generations.

"It is important that the young generations learn and take part in the heritage," he said. He goes on to talk about why and what the purpose of the festival is saying, "It was to commigrate the farming families that inhabited the Minot."

Besides food, there was also live music like the Texas Tenors, Daniel O'Donnell, and Dierks Bentley playing at the festival. According to Furuseth, the festival was a great success and how more students showed up and it was a lot more fun.



Above: A 27-foot-tall Swedish Dala horse stands at the Scandinavian Heritage Park in Minot. Photos from scandinavianheritage.org

Below: A statue of Casper Oimoen, Norwegian born captain of the ski team for the United States in the 1936 Winter Olympics stands in front of the Gol Stave Church at the Scandinavian Heritage Park.



Protests continue in Iran

Saif Khan
Staff Writer

On Sept. 13, 22-year-old Kurdish woman Mahsa Amini was in the train station wearing a black head scarf and loose clothing as she encountered the Iranian morality police who believed that Amini was improperly dressed.

Because the Iranian government has been enforcing conservative Islamic dress after their country's revolution in 1979, police have been strictly reinforcing the traditional Islamic dress code in present times. However, with barely any laws protecting women, many policemen have been abusing their power throughout these years, and countless women have been unjustly treated and brutally beaten for the way they dress.

Amini was one of those women. Three days later, on Sept. 16, she died in a coma caused by multiple head injuries inflicted by the Iranian police

who believed Amini was improperly dressed.

Yet even after her autopsy, policemen denied that she was ever mistreated, claiming she died of her long-term poor health conditions while in her coma, which angered the public.

When the incident was publicized, Iranian women gathered in cities and protested the mandatory traditional Islamic dress by taking off their hijabs (head scarves), and some even cut their hair or chanted "death to the dictator."

Unfortunately, during these anti-government protests, more than 100 protesters died which did not stop the fight for women's rights. In fact, it brought more attention to Iran's long fight for women's rights and gained support from all over the world, such as in Iran's neighboring countries and in many countries in Europe.



Photos via Stockholm.org

Iranian protests continue over the death of Mahsa Amini.



R&G Sports Editorial

The NFL has an officiating problem

Philip Green
Sports Editor

The NFL has an officiating problem. Too many times, bad calls from officials are costing games. Poor interpretations of the rules are resulting in bad penalties being called and turning wins into losses and losses into wins. The two biggest penalties that are poorly interpreted in professional football are roughing the passer and pass interference.

In week five of the NFL season, two of the worst roughing the passer calls were made by NFL officials, one which cost the Atlanta Falcons an opportunity to complete their comeback victory against the Tampa Bay Buccaneers. On third down with a chance to force Tampa Bay to punt, Atlanta was called for roughing the passer on a sack that would have given their offense a chance to tie the game.

Football is a physical sport. How can a player tackle and sack the quarterback if they are in constant fear that hitting them too hard is going to result in a penalty?

Tom Brady didn't even throw the football, he was just tackled in the back-

field like any other offensive player. There is no reason a flag should have been thrown.

On the Monday Night Football game, a similar situation occurred where Derek Carr was stripped sacked by a defender on a textbook tackle, but the defender was called for roughing the passer as well.

I understand the importance of protecting quarterbacks. They are the face of the game, but you can protect them without ruining the integrity of the game.

Pass interference has gotten out of hand as well. Too many times a quarterback under throws his targeted receiver and is rewarded with a pass interference penalty if a defender is in the way of the under thrown pass.

Playing defense in the NFL is already hard enough, we can't make it even harder by allowing poor quarterback play to benefit the offense. The NFL needs to start addressing these poor officiating calls to keep the integrity of the game.

*This editorial may not reflect the views of Minot State University.

MSU women's basketball 2023

Alex Koontz
Social Media Manager

Minot State's winter sports are kicking off pre-season as fall comes to an end. This means Beaver basketball is around the corner.

With a 6-13 overall record last year, women's basketball is looking to grab a few more wins this season.

This will be head coach Mike Brandt's second year with the Beavers who has returned seven players and recruited six newbies to join the 2023 Beaver basketball squad. Although the team is looking tough this year, especially with returning point guard Kate Head, the Beavers are going without one of last year's key players, Amber Stevahn.

Stevahn was named All-NSIC second team the 2020-2021 season and was second in the NSIC for scoring percentage. Stevahn was a huge asset on the boards as well, averaging 6.4 rebounds per game.

Originally returning with Head, Stevahn decided to focus on her academics and graduate early with former player Janie Wunderlich, who also had a solid role on the MSU team last season. Although these two

players will be missed, the Beavers have added some height and speed this year, hopefully filling the hole left by these two players.

The Beavers will kick off their season with a tournament in Sterling,

Colorado, Nov. 12 and first home game that 13. After another few same week against pre-conference match Northern State University on Dec. 3.

As always, Roll Beavs!

start conference play Dec. 1 against Minnesota State University Moorhead, away.

Stay tuned for their

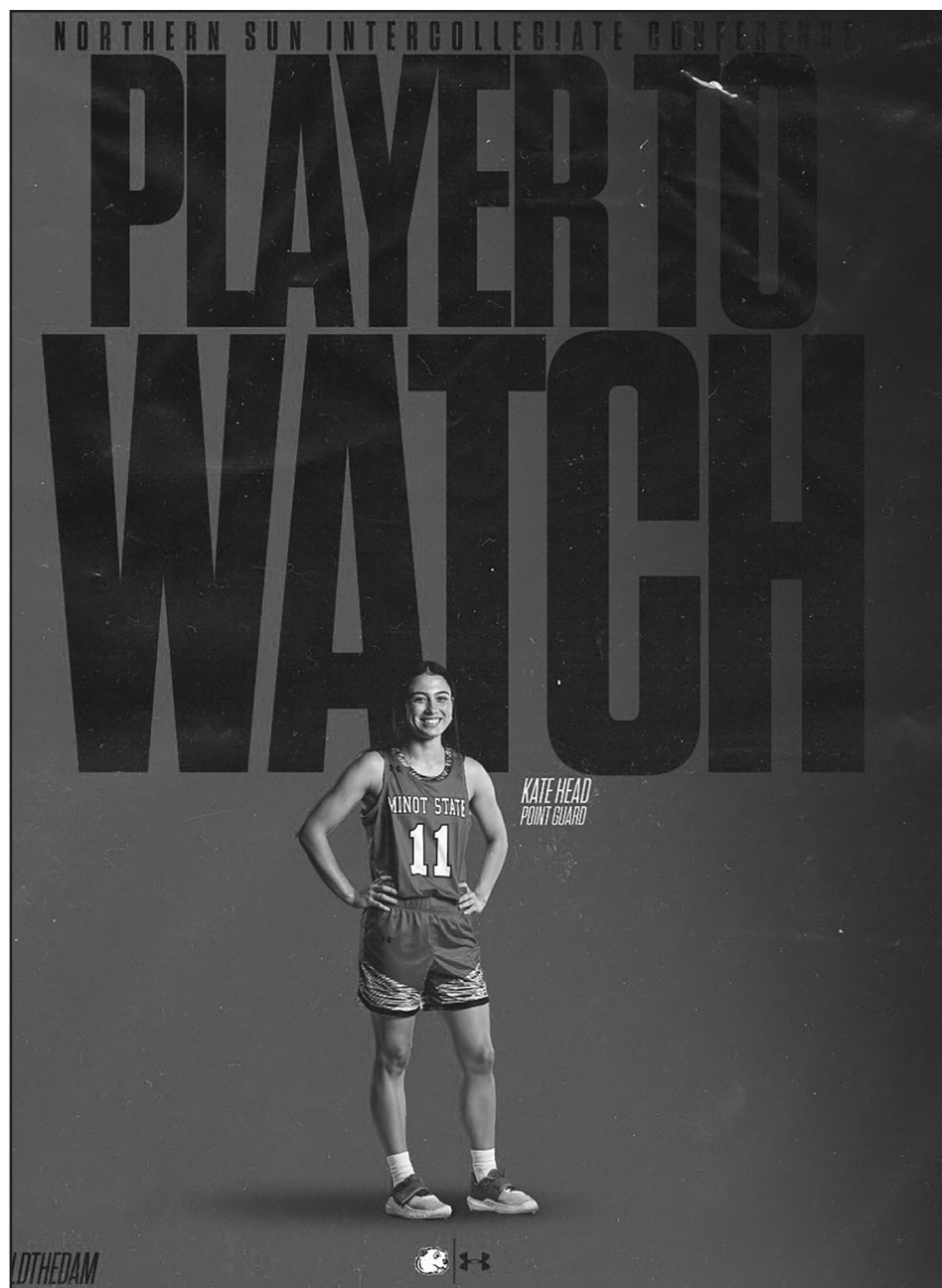


Photo from MSU women's basketball's Twitter
Returning starting point guard Kate Head was name player to watch for by the NSIC.



MSU women's basketball debuted their new uniforms at their media day. See them in action at the Minot State Dome for their first home game on Dec. 3.

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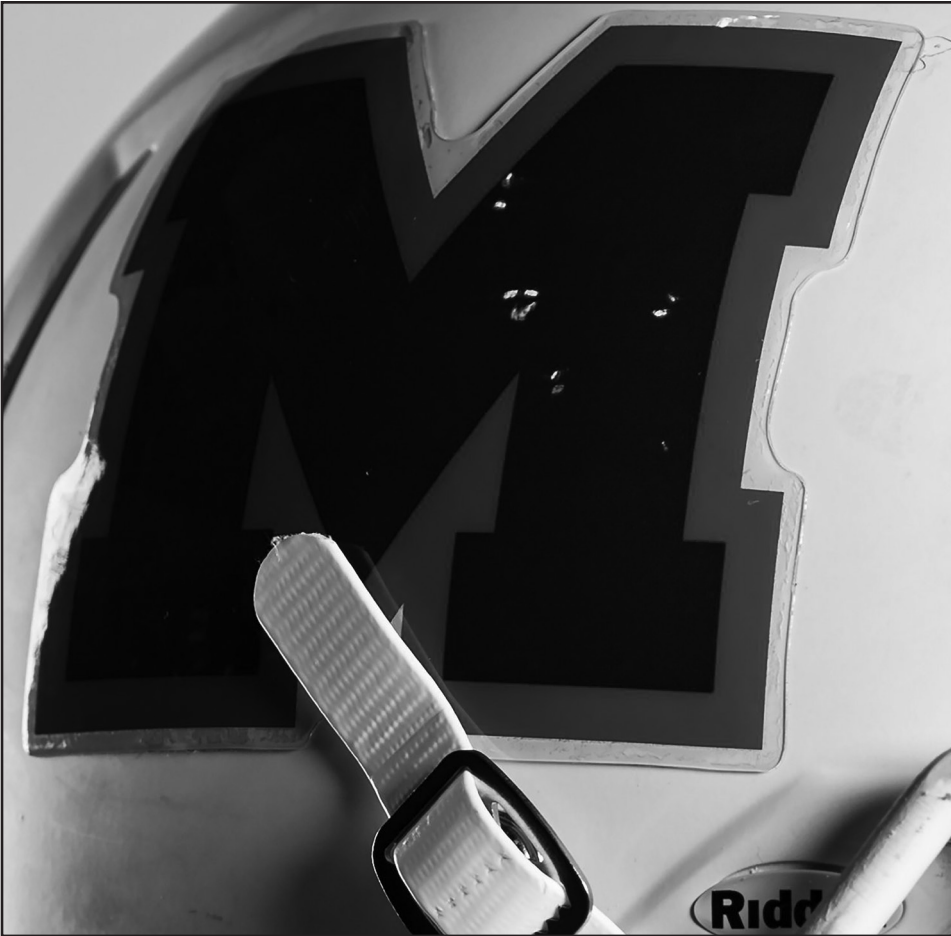


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MSU football debuts new throwback uniforms

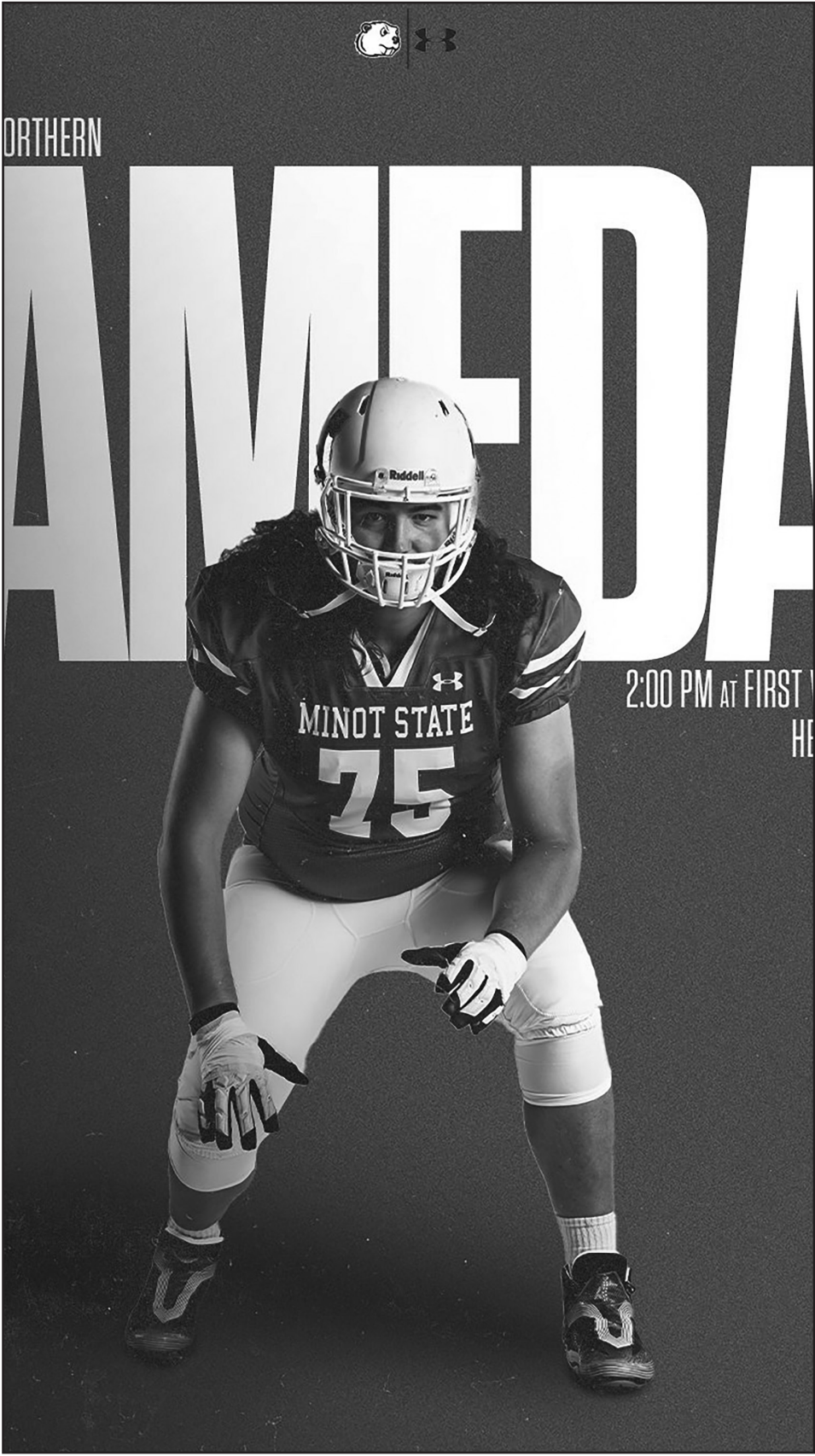


Photos from MSU football's Twitter

Minot State's throwback uniforms feature a white helmet with green jerseys and white pants. The helmet features the old block M logo on one side and the steroid Beaver on the other side. The jersey features red and white stripes on the shoulders with a white name plate and numbers.



MSU football debuts new throwback uniforms



The full uniform combo fro the Homecoming throwback jerseys can be seen above.

Photos from MSU football's Twitter

Former MSU Soccer Coach takes over Minot's Nutrition Addiction

Jane Wunderlich
Staff Writer

Minot Nutrition Addiction is known all over the community for its friendly environment and delicious shakes. The large space is commonly used for people to hang out and do homework, chit-chat with friends, or have a brief meeting.

Not only do they have meal replacement shakes, but they also have teas. Their teas give their customers a high energy boost and don't have that typical crash that comes after coffee.

Recently, the shake shop changed ownership and is now under authority of Jason Spain, former women's soccer coach at Minot State University. Being a former coach, Spain and his family try to attend as many MSU athletic events that they can throughout the year, as well as Summer Theatre productions when they are playing. He and his family truly love the Minot State community.

Nutrition Addiction tries to give back to the community in as many

shake is made from local suppliers and vendors, including Total Nutrition.

Spain and his wife, Catherine, started an endowment years ago at Minot State. They donate between \$1,000 and \$1,200 each year back to the university. Since taking over ownership, the endowment is now under the name of Minot Nutrition Addiction and has over \$12,000 within it.

Without the community of Minot State supporting MNA, it would not be where it is today. Spain makes sure to recognize that by giving one dollar off for all students, kindergarten through university, Minot State employees, Trinity employees, and first responders.

Prior to COVID-19, the shake shop was the place to be. Students would come in and do homework, staff would have their meetings there, and friends would gather to laugh and enjoy a delicious shake or tea.

"We want an environ-

come in and everyone knows them and can ask them about their sports, fine arts, their lives. We want that hang out place back for the community of Minot," Spain said.

He is working diligently to try and get the shop back to what it used to be.

They have recently added Bluetooth speakers so customers can each

connect in three different spots of the shop to play their own tunes. They will also be working to have their customers engage in contests on social media to get the message

around and to just have a fun time. A healthy environment while serving a healthy meal.



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What are NIL deals bringing to college athletics?

Parker Striha
Staff Writer

The term NIL is short for name, image, and likeness, and it refers to a method that allows collegiate athletes to be paid. They can receive payment through marketing and promotional activities. That means that they receive payment for things such as autograph signings and product endorsement. Athletes can sign deals with brands or businesses and will receive compensation based on criteria in the contract.

NIL was created as a solution to the debate on whether college student-athletes should be paid or not.

That debate was started over two decades ago, in 2000. Ed O'Bannon, a former UCLA basketball player, argued that college athletes should be paid for their likeness being used in video games. This led to a judge ordering the NCAA to pay over \$45 million in attorney's fees and costs of lawyers. It also led to more questions and lawsuits about the same issue.

Everything about college athletes being paid was changed last summer. On July 1, 2021, the NCAA adopted a policy that officially allowed current and future collegiate athletes to begin profiting off their name, image, and likeness.

"This is an important day for college athletes since they all are now able to take advantage of name, image, and likeness oppor-

tunities," NCAA President Mark Emmert said. "With the variety of state laws adopted across the country, we will continue to work with Congress to develop a solution that will provide clarity on a national level. The current environment — both legal and legislative — prevents us from providing a more permanent solution and the level of detail student-athletes deserve."

Although student-athletes can now be paid, that money cannot come from their university. That means that athletes can't receive money to go to a certain school or for how they perform in their respective sport. A huge reason for players not being compensated for how they play is that the NCAA wants to maintain its amateur sports status. However, athletes can be paid for things such as events or social media posts.

Many college student-athletes across the nation have wasted zero time in racking up their own NIL deals.

Alabama Crimson Tide quarterback Bryce Young has deals with massive brands such as Beats by Dre, Nissan, and even Dr. Pepper. It's been reported that Young has made over \$800,000 in NIL deals. Haley and Hanna Cavanaugh, twin basketball players at Fresno State University, both have NIL deals with WWE. Upon completion of the NIL program, cer-

tain athletes signed by the WWE will have the opportunity to be offered a WWE contract. NDSU football players Dawson Weber and Noah Gindorff also have NIL deals as a part of the Barstool Sports Athlete program.

However, controversy has already arisen from the new NIL deals. The Texas A&M Aggie football program finished with the number one recruiting class for the 2022 season. That was a shock after they finished ninth in 2021. Their 2022 recruiting class is also one of the highest-rated classes in the last twenty years. It was later reported that Texas A&M boosters allegedly committed over \$25 million in NIL deals to help the team's recruiting. That then led to speculation about whether the team basically purchased their recruiting class or not. If something like that happened, or continues to happen, it could completely change the landscape of college athletics with richer teams being able to "buy" recruits.

Whether you believe NIL deals are a good or bad thing, it appears that they are here to stay. While the finer details still must be ironed out, NIL has certainly changed college athletics. College student-athletes being compensated answers many questions, but it also will be the reason for more questions in the future.

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Beaver football falls to Northern State on Homecoming



Minot State football team during the Homecoming game on Saturday, Oct. 15.

Photos by Cody Raetzman

