

Red and Green

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Minot State University

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Something spooky

Leigh-Anne Telado
Staff writer

When we think of haunted places, we normally do not think of the plains of North Dakota, but you would be surprised by the number of ghosts and ghouls that reside within the Peace Garden State. As we come closer to Halloween, here are some of the most haunted places across the state.

Let us first take a tour of the McGillivray House, or as it is more infamously known — the Lion House — in Dickinson. Local folklore tells the story of the McGillivray family. Just a few years after the original owner, Alexander C. McGillivray, moved there with his wife, she died. He died young himself at just 48 years old and his funeral was held in the home. Long after their deaths, a new family moved in, but this happy family soon met their end when the husband murdered his wife and his children before hanging himself in one of the bedrooms. After this tragic incident, there have been many reports of ghostly activities, even with locals getting a strange feeling around the place.

To see another haunted spot, we must next take a trip on the railroad in New Town. The first

scheduled train arrived at New Town on Sept. 22, 1953. It is said that if you walk the tracks at night, you may experience a paranormal event. One of the many strange occurrences that one may encounter is drastic temperature changes, shadow people, and the feeling of being watched. Some even say that you may see a bright red light floating in the sky and over the tracks.

The last place to visit is White Lady Lane, or as it is formally called, 132 Street in Leroy. It was given this name by the people brave enough to walk down its gravel road and witness the strange occurrences that happen there. Some have said that you will see strange lights floating through the sky, ghostly apparitions, and the feeling of being watched. The ghost that gave the lane its name is believed to be a young woman who was murdered by someone after she denied their hand in marriage. She is said to be seen walking the road near the bridge late at night with a look of sadness on her face.

Now that you know the haunts of North Dakota, are you brave enough to visit them yourself?

Have you experienced ghostly sightings or haunted places in North Dakota? Tell us your story on our Instagram @msuredgreen.



White Lady Lane.

Photo via mapspirits.com



McGillivray House.

Photo via onlyinyourstate.com

News in Brief

MSU volleyball

Tonight, Oct. 28, the Beavers face the University of North Dakota at the Dome at 7 p.m.

International Artist Series

On Friday, Oct. 29, Erik Himy will be featured in the International Artists Series at 7 p.m. in Ann Nicole Nelson Hall.

MSU football

Saturday, Oct. 30, the Beavers face the University of Minnesota Duluth at Herb Parker Stadium at 1 p.m.

MSU soccer

On Sunday, Oct. 31 at 11:45 a.m., the MSU soccer team will face Bemidji State University.

Free coffee

Nov. 1, there will be free coffee in the Beaver Dam from 8 a.m. to 9 a.m.

Native American Center open house

On Nov. 1, the Native American Cultural Center will host an open house from 11 a.m. to 2 p.m. in Room 305 of the Student Center to kick off Native American Cultural Month.

Yoga

Nov. 1, there will be yoga in the Wellness Center from 12 p.m. to 12:45 p.m.

Wellness Fair

Nov. 2, MSU Wellness will be hosting the Wellness Fair on the second floor of the Stu-

dent Center from 10:30 a.m. to 12:30 p.m.

Reservation Dogs watch party

Nov. 2 from 5-6 p.m., there will be the Reservation Dogs (FX TV) Watch Party at the Native American Cultural Center.

Leadership Workshop: Light the Fire

Nov. 2 on the second floor of Lura Manor, there will be the Light the Fire Leadership Workshop at 6:30 p.m.

Yoga

Nov. 3, there will be yoga in the Wellness Center from 12-12:45 p.m.

Leadership Workshop: YRUU - Your Individual Leadership Story

Nov. 3 in Room 102 of Old Main, there will be the YRUU Leadership Workshop at 3:30 p.m.

Campus Community Dialogue: Cancel Culture

On Nov. 3 at 7 p.m., the Campus Community Dialogue will be covering cancel culture in the Northwest Art Center.

Succulent bar

Nov. 3, there will be a succulent bar from 7 p.m. to 8 p.m. at The Market on 4th, located at 1900 4th Ave NW.

International Cultural Celebration

On Nov. 4, there will be an

International Cultural Celebration from 12:30 p.m. to 2:30 p.m. on the second floor of the Student Center.

Northwest Music Festival

High school students will participate in the annual Northwest International Festival of Music on Nov. 5 and 6 at Ann Nicole Nelson Hall.

Free Lunch

On Nov. 5, there will be free lunch from 11 a.m. to 12 p.m. outside the Beaver Dam.

MSU Soccer

Also on Nov. 5, Minot State soccer takes on the University of Mary at 4:45 p.m.

Space Jam

On Nov. 6, there will be the student event to watch the movie "Space Jam" at 6 p.m. in the MSU Dome.

Free ice skating

Nov. 7 from 7 p.m. to 8 p.m., MSU Life will host free ice skating at the Maysa Arena

Yoga

Nov. 8, there will be yoga in the Wellness Center from 12-12:45 p.m.

Native American Cultural Celebration Month Speaker: Red Star Woman Holistic Healing

On Nov. 8, Natasha Hall-Chase will be in the Conference Center from 2 p.m. to 3:30 p.m.

Down Syndrome Awareness Month

Brooke Mead Nursing student

Down Syndrome Awareness Month occurs every year throughout the month of October. This tradition was created in the 1980s by the National Down Syndrome Society (NDSS).

Raising awareness for over 40 years, NDSS continues to celebrate national Down Syndrome Awareness Month. According to NDSS (2021), one in every 700 babies are born with Down syndrome, resulting in around 6,000 each year in the United States.

Like many things, Down syndrome comes in different severities.

There are three types of Down syndrome: trisomy 21 includes 95% of cases, translocation counts for about 4%, and mosaicism accounts for around 1% (NDSS, 2021).

People with Down syndrome participate in everyday activities like any other person and contribute to society in many ways. The severity of Down syndrome will result in different cognitive abilities but does not take away from each individual's strength.

Along with awareness month, there is also Down

Syndrome Day in March in which people wear mismatched socks to raise awareness and support people who have Down syndrome.

For anyone wanting more information on National Down Syndrome Awareness Month, the National Down Syndrome Society has many resources and information to help with that.

Whether you wear mismatched socks or #spreadthewordtoendtheword, any support or donations go towards foundations like NDSS and help to raise more awareness.



Photo via dsamemphis.org
The Down syndrome ribbon is yellow and blue.

Romanick talks about Down Syndrome Awareness Month

Jane Wunderlich
Social Media Director

The month of October is Down Syndrome Awareness Month. Down syndrome is known to be the most common chromosomal condition with about one in every 700 babies being born with the condition each year. When a baby is diagnosed with Down syndrome, they have part of, or an entire, third copy of their 21 chromosome.

To celebrate the month, Elizabeth “Liz” Romanick, a senior in the early childhood and paraprofessional program at Minot State, shares her favorite things and how she adds so much joy to tons of MSU students every day.

Originally from Bismarck, Romanick found her way up north following in the steps of her uncle, who previously attended MSU.

“I wanted to be a Beaver, too, so here I am,” she said. “Minot has an ASTEP (Advancing Students Toward Education and Employment) program, and I can go in there and they help me with anything. I love it.”

ASTEP serves young people who have intellectual disabilities by offering guidance in the employment and education area.

A part of the Down syndrome community, Romanick loves to bring awareness as much as she can. Most recently, she took part in the annual Designer Genes Walk for Awareness on Sept. 25 in Bismarck. With over 3,000 of her very own supporters on her team, Romanick and her team members each walked three miles. For those of her supporters who couldn’t make it to the capitol, they were able to complete the walk virtually.

Another one of her more recent accomplishments is qualifying for the 2021 Miss Amazing Summit in Nashville, Tennessee. After being crowned North Dakota Miss Amazing in Minot, she competed for the national crown alongside Miss Amazings from all over the United States.

“I met a lot of other friends with disabilities while I was in Tennessee, and it was so fun,” she said.

Along with that, it seems Romanick is everywhere on campus. She’s held roles such as vice president in the

Residential Hall Association, senator for Student Government Association, has helped with the women’s basketball program, and her favorite, been a key attendant at Cru.

“When I was a freshman, I was a lone wolf,” she said. “And now I have so many friends that I’ve gotten because I came to Minot State.”

She also loves to go to hockey games and will gladly be the loudest one cheering on her favorite teams.

When asked about her challenges when it comes to having Down syndrome, she says, “there’s nothing really challenging because my disability doesn’t affect who I am. I love who I am because this is how God created me.”

Her favorite part is that she’s loved by so many people because of who she is. Describing her family in two words would be “fun” and “funny.” She specifically adds about her mom saying, “she calls and checks in with me every day to make sure I’m on top of school.”

Romanick is so grateful for all her family does for her and the support she gets from them daily, as well as Minot State University, making her feel like she’s right where she belongs.



Elizabeth Romanick has been crowned North Dakota Miss Amazing.



Submitted photos

Art Club readies for events at school

Lauren Reeves
Features editor

Being one of the oldest clubs on campus, with records of its activeness dating back to the 1960s, the Art Club is ready to revive itself after a stall due to COVID-19 restrictions on public gatherings.

“Most of our events are social, rather than educational, but those who take on leadership roles learn how to program, lead meetings, advertise, and run events,” said Ryan Stander, associate professor of fine arts and advisor of the Art Club. “Art Club, and all clubs for that matter, are important social opportunities, especially after COVID. We’ve become nervous about being around others and clubs provide a point of connection and community for like-minded folks. Art Club is open to all those interested in art so it’s a good opportunity to meet others who enjoy what you enjoy.”

From his short time as the advisor of the club, Stander states that some of the highlights of activities that club has done is visit Minneapolis to see museums and galleries, create films, and support students in their work and the local community. Stander also adds that members learn leadership skills from participating in the club that can be applied in the future.

“Clubs change from year to year based on who is in them and who is in leadership,” said Stander. “Since COVID started, we’ve met only a

handful of times so we are working our way back to life. With our shared interest in art, our events often revolve around that and food. Often the events focus on the social aspect of connecting and unplugging with your classmates. Sometimes we just get together to work on our projects and eat pizza. Sometimes we have meals, sometimes we do bonfires.”

Stander believes that it is important to have a club like the Art Club for students to get together and socialize with each other outside of the classroom.

“We are all busy — faculty and students — and the Art Club can provide events for us to get together outside of the classroom and destress,” said Stander. “Art Club is open to anyone and if you love, or maybe even just like, art, you are welcome to hang out. We have big hopes of working toward a trip in post-COVID times, but for now we are just excited for small monthly gatherings.”

All the events that the Art Club hosts are planned at the beginning of the month and are advertised on the club’s Instagram page or on posters on campus. To learn more about the Art Club, students can reach the club president, Grace Walker, through email at artclub@minotstateu.edu or direct messaging Instagram @msuartclub. Some other important members of the club include the art directors who help plan events: Carly Johnson, AJ Gorthy, and Ashley Chabot.



Submitted photo

Art Club gathering at their first meeting

RG Editorial

Kylie Koontz
Editor

“Coraline”

Any Tim Burton movie is a must for Halloween, but “Coraline” takes number one. “Coraline” is an uncanny story. Something about the alternate world rubs the watcher the wrong way.

One of Burton’s strengths is the score of the movie. Not only do the button for eyes and uncanny movements of the claymation characters make the movie inherently eerie, but the music changes from when Coraline is living her normal life to when she is in her alternate life, making the watcher feel as if something

is wrong. Though “Coraline” seems like a children’s movie, I do not recommend watching it with your siblings or young children. I have 20-year-old friends who refuse to watch it.

“Scream”

Nothing better than a classic for Halloween. “Scream” will always be a go to for many. The 1996 slasher film features a teenage girl a year after her mother is killed. She and her friends begin to be terrorized by a new killer, by using horror films as part of a

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*This editorial may not reflect the views of Minot State University.

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International student feature: Ana Gonzalez Baumuelier

Jane Wunderlich
Social media director

Occasionally, you come across a student here at Minot State University that is gung-ho for their education and love every aspect of it. Ana Gonzalez Baumuelier is one of those students. A junior from Monterrey, Mexico, she is the prime definition of a determined and passionate student. What she’s studying just adds to the beauty and uniqueness about her, which is criminal justice.

Ever since she was little, she’s had a fascination with criminal justice and knew she was going to pursue that one day no matter what it took. Baumuelier has worked hard her whole life to get to where she is.

“I’m a big believer in doing the things that align with where you want to go,” she said.

Being very involved in extra-curricular activities throughout her high school years, she picked up foundational leadership and communication skills that have rolled over into the person she is and will help her be the best she can be in her career field.

Her dreams about education in the U.S. have been fully supported by her

parents throughout the entire process.

“They were very supportive and made sure I had everything I needed to be successful in what I wanted to do. I’m very grateful for that,” she said.

One of four siblings, Baumuelier is the first to experience college in America. There are lots of benefits, considering her mom was born here, so she and her siblings have dual citizenship between the United States and Mexico.

With how passionate she is about her education and the direction she’s going, it came as no surprise when she shared how intentional she was about which university she wanted to attend.

“The easy answer for choosing MSU would be the affordable tuition, but I would not have come if there wasn’t a successful criminal justice program,” she said.

Baumuelier even went a step further and went through each class description and read about them to know what she was getting into, and her response to each course was, “I can’t wait to take this class. They look so exciting!”

Not only does she love the courses she is taking, but she loves the people here at Minot State.

“They’re so open and willing to learn. It made it easier coming as an

international student to here because they were all so welcoming,” she said. “I believe every person you don’t know knows something you don’t know.”

Which leads her to try and learn something from every person that she meets.

Although there are challenges when coming to a new country for school, like understanding the subculture and how certain things are done, Baumuelier tries to look at everything as a learning opportunity rather than a challenge. She even enjoys the cold weather — imagine that!

With the intriguing goal of becoming a criminal investigator, she hopes to work here in the U.S. once she graduates next fall.

“I’d like to move to a bigger city, maybe on the east coast, and work there. I couldn’t imagine going back home and doing what I want to do there,” she said.

Something she shares with other international students is, “don’t forget where you come from. Don’t let that be washed off. You can keep all those good things you came here with and share them with others. I believe we have a lot more similarities than differences.”



Ana Gonzalez Baumuelier.

Photo by Liela Koguchi

Voice your opinions about cancel culture

Defining the term and discussing its merits, ambiguities, consequences, and examples, among other things

Hussein Abulamzi
Staff writer

Campus and Community Dialogues invites MSU students and Minot residents — as a live audience — to gather in communal spirit and discuss cancel culture on Nov. 3 in the Northwest Art Center Gallery from 7-9:30 p.m.

The event features Alexandra Deufel, biology professor, as host; also, it features two panelists: Jonah

Lantto, host and owner of the Good Talk Network, and Jynette Larshus, associate professor of sociology. In addition, Robert Kibler, Division of World Languages and Cultural Studies chair, organizes the event, and this year, Samuel Stinson, English assistant professor, fields the social media questions. Audience members can join the discussion live online or in person. The event includes refreshments as well.

Campus and Community Dialogues

defines its premise as “the societal need to discuss in civil fashion topics about which we tend to hold strong and impassioned opinions,” promoting a civil platform to reach a generative discussion between host, audience, and panelists. For this dialogue’s discussion, the topic revolves around defining the term cancel culture and discussing its ambiguities, controversies, merits, implications, and consequences.

The greater relevance of this

discussion, Stinson says, lies in how “corporations get such an influential role in determining the topics we talk about. What conversations does Facebook allow? What gets removed and what doesn’t? When it comes to cancel culture, they can label things as germane.”

However, this discusses merely one aspect of cancel culture, and the event lives on the generative audience, i.e., the event’s purpose. They should bring

their perspectives and share them to illuminate the communal elevations such discussion brings about.

Describing how this event enriches the MSU students and Minot residents and gives back to their communities, Kibler says, “the campus community dialogue promotes civic and civil engagement between people who think very differently. When you enter the

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Students participate in educational decisions

Praise Okunbor
Staff writer

Active participation of students in higher education decision making has been a trend for many years. The Minot State Student Government Association (SGA) and the North Dakota Student Association (NDSA) are two groups that facilitate this. Both associations are centered on student leadership, representation, and sharing students’ opinions.

The SGA meets twice a month and during these meetings’ committee reports, students’ concerns and updates about upcoming student activities are shared.

“We (the SGA) sit in committees and advocate for students to make

sure the students are heard and if the general population is unhappy, we make sure we address their concerns,” Maggie Anderson said. Anderson is the vice president of internal affairs and has been a part of SGA for three years.

The NDSA represents the 11 institutions in the North Dakota University System, including Minot State. The NDSA General Assembly meets once every month receiving student representatives from across North Dakota.

Ann Godwin is the vice president of state affairs in the SGA and Minot State head delegate to the NDSA.

“If there are common concerns among students in various institutions, their delegates bring the attention

of the body (NDSA) to it,” Godwin explained.

These concerns generally end in resolutions that serve as recommendations to colleges.

Apart from the opportunity to advocate for peers, students gain leadership and professional experience.

“It (NDSA) has exposed me to a more formal legislative structure: the Robert’s Rules, drawing of resolutions, and having to create and dissolve tax forces,” Godwin said.

The NDSA has opportunities to share ideas and concerns with members of the legislative representatives of North Dakota. A few of their achievements in past years include the initiation of the green bandana project, where students

tie a green bandana around their back packs to show that they are someone that any student can confide in if they are experiencing mental health issues.

They also started and incentive

for all vaccinated students to upload their vaccination cards to their student health portal for all schools in the

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Photo submitted by SGA
2021-22 members of the Student Government Association.

Take Back the Night event

Kylie Koontz
Editor

College campuses are no stranger to domestic violence and sexual assault.

Health Research Funding states that 25% of female students experience sexual assault on their college campus, and 32% of students report dating violence while at college. Healing Abuse Working for

Change (HAWC) states that one in four women and one in seven men will experience domestic violence in their lifetimes. While sexual assault and abuse is a widespread problem among many large college campuses, even small ones like Minot State University have an abundance of survivors among their students.

For survivors of domestic abuse and sexual assault, the

nighttime can make people feel isolated, alone, and often bring back trauma.

That is why Minot State University’s Title IX office and the campus Criminal Justice Club partnered with the Domestic Violence Crisis Center to host Take Back the Night, a domestic abuse and



Photo by Liela Kogichi
Edna Sailor, who was the speaker this night, talking to one of the audience members.

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Breast cancer awareness

Caitlyn Bertsch
Nursing student

Breast cancer is a disease that affects one in eight women, with 63% of cases being diagnosed too late, giving women a minuscule five year survival rate (National Breast Cancer Foundation, 2020).

As college students, we often feel as though we are invincible and that our youth will protect us from disease and illness. Although breast cancer is not a common occurrence to women in their 20s, it can still happen, so for that reason, it is very important to know the signs and

symptoms on what to watch out for.

Breast cancer has numerous signs and symptoms, but the most common include nipple tenderness, thickening at or near the breast, a change in skin texture or growth of pores on the breast, a lump in the breast, and much more (National Breast Cancer Foundation, 2020). The breast may also begin producing a clear or bloody discharge. Thankfully, self-examination can be completed to assess the breast tissue for any of these changes. The image on the right displays how to complete a breast

self-exam.

Breast cancer is a highly prevalent form of cancer found in one out of every eight women (National Breast Cancer Foundation, 2020).

By continuing to educate women on the signs and symptoms of breast cancer along with how to perform a self-exam, the incidence of women diagnosed with cancer can significantly decrease. It is important to pay attention to your body and watch for changes and asymmetry to detect these signs of disease.

Nobody is invincible when it comes to breast cancer.

Spooktacular events

Mason Collins
COMM 281

Halloween spirit is in the air, and Minot is breathing deep. Events are happening all across town, so be sure not to miss out. Here is the roundup:

1. Some say that college students are too old for costumes, but that doesn't mean they can't win best dressed. The High Air Ground Trampoline Park is hosting a Trunk or Treat event from 5 to 7 p.m. on Thursday, Oct. 28. Entry for the event is \$5 per family and cash prizes will be awarded for the best dressed trunk. To register, call 701-837-5897. Deck out the trunk of your car with its own Halloween costume and compete to see who has the best dressed car.
2. For the adults looking for some fun, get a "bite" to eat at East End's vampire-themed party: Carpe Noctem. The monster bash starts at 8 p.m. on Friday, Oct. 29 at 400 Central Ave.

3. For a frighteningly good time, the Dark Acres Haunted House is open for ages 12 and up on Friday, Oct. 29 and Saturday, Oct. 30 from dusk until 11 p.m. for \$15 per person. This is a must see for any fan of the scarier side of Halloween, though it is a bit of a drive. The event is taking place at 5735 137 Ave Northwest in Williston.
4. A yearly tradition is coming back with a bang (or maybe a BOO!) after an unfortunate cancellation in 2020. The Roosevelt Park Zoo is hosting "Boo at the Zoo" on Saturday, Oct. 30 from 10 a.m. to 1 p.m. This event is fun for the whole family, so go wild! Tickets are \$3 dollars for the general public, \$2 for members, and children under 2 years old get in free. Show up and show off costumes, hang out with the animals, and grab some candy

5. They mystery of how to have a good time this Halloween is not the only question on people's minds on Saturday, Oct. 30. A better question to ask is "Who dunnit?" The MSU English Club is hosting an interactive murder mystery in Aleshire Theater on Oct. 30. There will be three different showings, at 6 p.m. 7:30 p.m., and 9 p.m. Costume masks are a welcome surprise, but face masks will be required for the audience.
6. The Drop Zone is hosting a Hallow's Eve Party on the night of Oct. 30. The party starts at 8 p.m. and features karaoke, an open bar, and even a costume contest. So, get out there and have some fun. Not too much fun though, don't want anyone to have to call your mummy!

Be sure to get out there and have some fun if you have some time to kill this Halloween, as Minot rolls out the festivities.

BREAST SELF-EXAM (BSE) 101

5 Simple Steps to Performing a Complete, Reliable BSE

About **1 in 8 women** in the U.S. will develop invasive breast cancer in her lifetime¹ & **40%** of diagnosed breast cancers are detected by women who feel a lump²

That's why regular clinical exams are crucial, but performing breast self-exams (BSEs) at least once a month is just as important.

Not sure how to give yourself a BSE?
Don't worry—you're not alone. Many women aren't familiar with how, when and how often to do it. But good news... it's easier than you think and this guide shows you exactly what to do.

- 1 Look at your breasts in the mirror.**
Visually examine your breasts with your shoulders straight and your hands on your hips. If you see any of the following changes, bring them to your doctor's attention:
 - ☐ Unusual size, shape or color
 - ☐ Dimpling, puckering, or bulging of the skin
 - ☐ Redness, soreness, rash, swelling or scaling on the skin of the breast, areola or nipple. (Some women may detect ridges or pitting resembling the skin of an orange.)
- 2 Raise your arms and look for the same changes.**
- 3 Check your nipples for signs of fluid.**
Look for signs of:
 - ☐ Watery discharge
 - ☐ Milky discharge (for women who breastfeeding this should not cause alarm)
 - ☐ Yellow fluid
 - ☐ Blood
- 4 Feel your breasts while lying down.**
 - > Examine your breast with the opposite hand. Use your finger pads together and move in a circular motion, about the size of a quarter.
 - > Cover the entire breast from top to bottom, side to side — from your collarbone to the top of your abdomen, and from your armpit to your cleavage.
 - > Be sure to use both light and firm pressure to examine all breast tissue. Start light for tissue just under the skin. When you've reached the deep tissue, you should be able to feel down to your ribcage.
- 5 Feel your breasts while standing or sitting in the shower.**
Consider repeating the exam as described in Step 4 while in the shower. Many women find it easier to detect abnormalities in their breasts when their skin is wet and slippery.

What to do if you detect potential symptoms
Don't be alarmed. Do tell your doctor. Most of these symptoms are not due to cancer, but it's essential to have them examined. Allowing your doctor to assess any symptoms you find is the key to early detection of breast cancer.

Anthem

Photo via breastcancersite.com

How to give a self-breast exam.

Justice for Jelani Day

Divine Daminabo
Staff writer

It has been widely reported that Jelani Day, a 25-year-old graduate student at Illinois State University, went missing on Aug. 25, 2021. According to Fox 32 Chicago, he was last seen the day before at a dispensary in Bloomington, Illinois at 9 a.m. and two days later his car was found in a wooded area an hour north in the town of Peru. It was reported by the Washington Post that the clothes he was wearing were in the back seat. The Day family offered a \$25,000 cash reward for any information that could aid the case, but no one came forward with any information.

Originally from Danville, Illinois, Day had two brothers and two sisters. He always stayed connected with his family, the Days said on social media, so when they didn't hear from him, they began to suspect something was wrong.

Prior to being a graduate student at Illinois State University, Day was a track & field athlete at Alabama Agricultural and Mechanical University in Huntsville Alabama from 2014 to 2015. He graduated from the same university at the top of his class with a bachelor's in

speech pathology in 2018.

Day had just started pursuing his graduate degree, aspiring to be a doctor in 2021, and was progressing even amid the COVID-19 pandemic.

On Sept. 4, a body was found floating in the Illinois River and was suspected to be Day. On Sept. 23, 20 days after the body was found, the coroner of LaSalle County confirmed it to be Day. The news of his death was devastating for his family, members of Illinois State University, and the larger community of Illinois, including groups and individuals in the public who got involved in the search, and celebrities such as actress and producer Viola Davis and singer Lizzo, who both used their platforms to spread awareness of his disappearance.

When Day went missing, the search was slow, but thanks to his mother's tenacity, he was found. Carmen Bolden Day went as far as to getting the FBI involved, but according to Fox 32 Chicago, it seems like the FBI is looking at the death of Day as a possible suicide.

As of Oct. 24, there has not been any accessible information about substantial evidence to validate the speculation of

the cause of death being suicide, but the authorities are still working on this case.

"He was a vibrant spirit, a vibrant soul. None of this makes sense. It's definitely a homicide," said Seve Day, one of Day's brothers, during an interview on Black News Channel.

Several days after Day was laid to rest, the Chicago Sun Times revealed graphic details about his corpse. The paper stated that the Day family and their attorney, Hallie Bezner, revealed that

his body was found without eyeballs. The Sun Times also stated that the family's private pathologist could not find several organs including the liver and spleen.

When this report went public, it got a lot of social media reactions, leading people to question what really happened to Day. This went on for just a few days until Carmen Bolden Day made a public statement on a Facebook post saying: "No organs were missing. I do not want to stray off

from the facts. There were contradicting facts from the first preliminary autopsy compared to the second independent autopsy, but this is not a case of organ harvesting. However, my son did not put himself in a river. My son was murdered, and my goal and purpose are to find out what happened and hold those responsible accountable."

As of now, the authorities are still investigating the possible homicide.



Jelani Day.

Photo via blackenterprise.com

RG Editorial

Minot State Athletics' game of weight room musical chairs

Philip Green
Sports editor

COVID-19 threw a wrench into how Minot State athletics trained its athletes. Due to social distancing, the old weight room was not big enough to house training sessions for large groups of athletes or teams. This led to a mad scramble to move the weight room to a larger space.

Initially, the weight room was moved out onto the first floor of the Dome surrounding the basketball court. Which worked fine when fall sports were canceled and no seating for volleyball games was needed; however, when winter sports were a go, the weight room had to be moved to allow fans to come watch the basketball teams. This forced the weight room up to the third floor of the Dome.

It was a much larger space that worked super well for training, but with the State B basketball tournament being held in the Dome, the weight room had to be moved again to inside the Bubble for two weeks. This unfortunately put some wear and tear on the end zone turf of Herb Parker Stadium.

Following State B, the weight room was moved back up to the third floor, where it remains. The current location of the weight room is great in terms of size and offering a great opportunity for athletes to maximize their trainings, but there are some negatives. The first being the weight room sits right above all the athletic offices, which has to be very distracting for all the athletics staff. Secondly,

the community having open access to walk the track surrounding the third floor has resulted in several of those walkers complaining about the weight room. Lastly, every time the State B tournament returns to Minot, the weight room will have to be moved back out to the Bubble.

It's time Minot State Athletics look into a more permanent location for the weight room. It is not sustainable to have to move the weight room for two weeks every spring just for the State B basketball tournament. Building a new weight room location would also take away the distractions of having the weight room above the athletic offices.

Obviously, it won't be cheap to build a new weight room, but I think there are ways that could help financially. Head of Human Performance Caleb Heilman owns a private strength and conditioning gym in Minot where he trains local athletes. If Minot State builds a new weight room, they could also lease the space to Heilman's Performance and allow Heilman to run his private business out of the space. This allows the university to bring money by leasing the space. Leasing the space won't pay for the weight room alone, but it will help. This is a yearly income the university could be earning all while offering a better strength and conditioning option for the athletes on campus.

*This editorial may not reflect the views of Minot State University.

Minot State soccer October recap

Noe Garcia
COMM 281

The Minot State women's soccer team dominated the pitch over Homecoming weekend. Minot State faced off against the Northern State Wolves on Oct. 8 to start off the action.

Sofia Lewis scored early in the first half to put the Beavers up 1-0 against the Wolves. After the half, Chole Allan scored her sixth goal of the season to make the score 2-0. The Wolves were unable to answer back thanks to goalkeeper Maddie Kindred recording six saves on the night.

The Beavers finished up the

weekend with a win against Minnesota State Moorhead. The Beavers dominated defensively, only allowing one shot on goal. The two teams battled back and forth until a late penalty inside the box led to Daisy de Boer scoring a free kick to put the Beavers ahead 1-0. After 30 shots taken by the Beavers, that one goal was all they needed to secure the win.

"It felt great to score my first goal after being close a few times already. The fact the penalty kick was important to the team in order to win the game, made it even more special," said de Boer.

The Beavers took to the road on

Oct. 15 to face off against Augustana University. Augustana handed the Beavers their first loss in the NSIC and snapped their nine-game winning streak. The Beavers went down 4-0 to the Vikings.

On Oct. 17, Minot State went to Wayne State to take on the Wildcats at home. Minot State went on to tie for the first time this year with no goals scored. Despite nine shots on goal the Wildcats' defense prevailed.

The Minot State Beavers will return home to Herb Parker Field on Oct. 31 at 12 p.m. to take on Bemidji State University. Tickets available at the door.



Daisy de Boer's late game free kick gave the Beavers a 1-0 win over Minnesota State University Moorhead on Homecoming weekend. MSU will be back home at Herb Parker Stadium on Halloween to take on Bemidji State at 12 p.m.

Picture via MSU Soccer's Twitter

Beavers come up just short in multiple October matchups

Kaiden Cardoso
COMM 281

Prior to this past weekend's football game, the last few weeks have not been kind to the Minot State Beavers. With recent losses to Minnesota State Moorhead and Northern State University, any hopes of a conference title are slipping away.

Oct. 9 was a rainy war with Moorhead State. The Beavers trailed 29 to 3 at halftime but rattled off 14 in the fourth quarter, while the defense kept Moorhead State scoreless in the second half. But all of this was too little too late, losing 29-17.

"The difference in the game is a pick-six and a blocked punt for a touchdown," Minot State coach Mike Aldrich said. "And we tried to kick a field goal and our holder dropped it, it was a wet ball; so, our special teams stuff was where the difference was made."

The Beavers air attack was clicking even in the rain. Quarterback Dawson Mcleary threw for 298 yards and a touchdown. Receiver Payton Lamoureaux hauled in six receptions for 120 yards and a score.

Although the Beavers would take the lead in the final three minutes of the third quarter in Aberdeen, South Dakota on Oct. 16, the Beavers would allow 13 points in the fourth quarter and trail at Northern State by one with seconds left. Ali Mohamed set up a 38-yard field goal for a chance to get in the win column for the first time this year, but a blocked field goal quickly turned the game into a nightmare as Northern recovered and ran out the clock. Mohamed set a school record with 35 carries, gaining 215 yards while tying

another school record with four touchdowns

The offensive output in the last month has been extremely impressive and the Beavers

were poised for victory. This past weekend, the Beavers played Upper Iowa on Oct. 23 and grabbed their first win, 17 to 14, to beat the Peacocks.

Catch the Beavers at home this weekend against Minnesota Duluth on Oct. 30 at 1 p.m. They will play University of Mary in Bismarck on Nov.

6, and their final game against Concordia University-St. Paul will be at home on Saturday, Nov. 13 at 11 a.m.

MINOT STATE

TOUCHDOWN

ALI MOHAMED

RUSHING TD



MINOT STATE

BEAVERS

AT NORTHERN STATE

BUILD THE DAM



Beaver fans tuning into Minot State's away matchup against Northern State University saw this graphic on Twitter several times throughout the game. Running back Ali Mohamed ran for four rushing touchdowns and over 200 yards. Mohammad tied the Beaver record for rushing touchdowns in a game.

Picture via MSU Football's Twitter

Beaver hockey sweeps Liberty to start of their season

Jordan Rodriguez
COMM 281

Minot State men's hockey started their season off 4-0. On Oct. 15 and 16, students packed the Maysa Arena to watch the Beavers host the #3 Liberty University Flames.

On Oct. 15, the MSU Beavers took the lead in the first period on a goal from Jared Hamm, assisted by Nick Doyle, and didn't give up the lead for the remainder of the

game. Landyn Cochrane added a second goal for the Beavers with three minutes left in the first period. Minot State would go into the first intermission with a 2-1 lead.

The Beavers entered into the second period guns blazing, scoring four goals in five minutes from Connor Navrot, Davis Sheldon, Wayde Johanneson, and Reid Arnold. Liberty would add on one goal, making the score 6-2 at the end of the

second period.

A Minot State shot would not reach the back of the net for the rest of the game. Instead, Liberty would score two goals in the third period to wrap up the scoring. When the clock reached zeros at the end of the third period, Minot State would come out victorious by a score of 6-4.

Liberty University kicked off the action on Oct. 16 with a goal in the first period. The

Beavers headed into the locker room down 1-0 after the first period. Once again, Minot State would put up staggering numbers in the second period, scoring four goals from Jordan Robertson, Carter Barley, Hamm, and Sheldon. Liberty would add another goal to make the score 4-2 at the end of the second period.

However, that would be the last time the Flames would score. Minot State would cap

the scoring in the third period as Jake Bestul would light the lamp. At the end of the game, the score was 5-2, making the Beavers 2-0 on the weekend.

The Minot State men's hockey team is back in action Nov. 5 at 7:30 p.m. and Nov. 6 at 8 p.m. as they take on the University of Illinois at the Pepsi Rink at Maysa Arena in Minot.



Photos by Liela Koguchi

On the left, Beaver goal celebrations were in full effect during opening weekend at the Maysa, as Minot State tallied 11 goals against Liberty University on the weekend. On the right, Landyn Cochrane was one of many Beavers to put the puck in the back of the net helping kick off a Minot State 4-0 start to the season.

culture

...continued from page 5

space, you've signed an implicit or tacit contract to not get outrageous with your opinions and to be fair to the voices of others. This is the primary job in university: bringing people together and thoughtful dialogue over important topics. Likewise, it serves as a bridge between the university in the community because the issues we address are equally important to both."

Some questions that should pique your interests, which the event potentially covers, include these: Does cancel culture, in how it plays into our lives, warrant pushback? Do big corporations prioritize profit over perspective to a harmful extent? In canceling individuals for certain behaviors, do you merely avoid fruitful talk about their actions? How do we set the parameters for acceptable discourse?

SGA

...continued from page 5

NDUS.

Anderson is a junior majoring in communication sciences and disorders and being a part of the SGA has helped her improve certain skills.

"Being a student and sitting in committee meetings with faculty and staff who have experience can be really intimidating," Anderson said. She explained the experience has made her more assertive.

The SGA has over 15 students serving as officers and senators, and students are welcome to attend the meetings. The officers of the SGA are elected by the students and serve annual terms. SGA is a great way to build your resume while becoming involved and learning life long skills. If you're interested in becoming a part of SGA email them at SGA@MinotStateU.edu

night

...continued from page 5

sexual assault prevention walk, earlier this month.

"Take Back the Night symbolizes and teaches that even through great loss, we have the ability to grow and there is always the potential for something new," said Title IX Coordinator Lisa Dooley, who helped put together Take Back the Night.

The walk took place Thursday, Oct. 14 in the Beaver Dam and approximately 25-30 faculty and students attended.

MSU alumna Edna Sailor, author of "Alfalfa Girl: The Path from Childhood Molestation to Soul," was the speaker this year. She spoke about her experience with sexual assault and how she used her trauma to create her book. She spoke of her abuse and how that affected her while growing up. Sailor sold copies and offered autographs of her book at the event. Music was also provided by local artists Guy and A Girl and Bearscat Bakehouse provided doughnuts for the event.

This year's Take Back the Night theme was #Every1KnowsSome1. It was meant to highlight how common domestic abuse is and that it is more than physical violence.

Take Back the Night is a night where survivors of sexual assault or domestic violence come together in unity and have a chance to heal. Survivors talk with one another and are given an opportunity to share their stories or concerns with

the group. Anyone could join the walk to show that they stand in solidarity with the survivors, letting them know that they are seen and heard and that they are supported by other students and staff at Minot State.

"Having Edna Sailor as a guest speaker and a survivor for sexual assault means a lot to the community as it is such a hard topic to talk about openly and even more so to a big group of people," said a student and survivor who attended the event. "I related to a lot of things that she said, specifically when she said, 'I couldn't trust anyone anymore.' For me, having her speak about her book and her personal experiences meant that I am not alone, and that there will always be someone who will want to listen to your story and help you in any way they can, to make sure you are okay."

"That is why having the Take Back the Night event was so crucial, to spread awareness, and to let people know that they are not alone."

If you need to talk to someone or report domestic abuse or sexual assault, please visit www.minotstateu.edu/title9/ or talk to a counselor on campus at the student health office in the lower level of Lura Manor. To set up an appointment, walk in or call 701-858-3371.

editorial

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deadly game. Slasher films are big during Halloween but if you can't handle gore, I do not recommend "Scream," the amount of blood in this movie is concerning.

"Hocus Pocus"

"Hocus Pocus" is another classic, though much different than "Scream." A curious boy moves to Salem, where he struggles to fit in before awakening a trio of diabolical witches that were executed in the 17th century. The three witches are hell bent on achieving immortality and to do so must suck life out of children. The 1993 movie did not do well in the box office at first but now is played every year on Hallmark's Halloween countdown.

"Halloween"

This is another classic slasher film. Though not my personal favorite, I could not leave out "Halloween." The 1978 film features a killer, Michael Myers, who escapes from a mental hospital 15 years after murdering his sister on Halloween night in 1963 and returns to the small town of Haddonfield, Illinois to kill again.

Again, if you cannot handle blood, any slasher movie, including this one, is NOT for you.

"The Conjuring"

"The Conjuring," though not really a Halloween movie, is one of the best horror movies. "The Conjuring" franchise has grossed a combined \$2.1 billion against a combined budget of \$178 million, becoming the second highest-grossing horror franchise. So really any movie in the franchise it a solid choice.

Based on the true events of Ed and Loraine Warren's life, these movies have instilled fear into many hearts. The most recent movie, "The Devil Made Me Do It," was trending on social media after people took videos of themselves before and after the movie. The after videos were hilariously shocking as they showed those who had watched the movie leaving the theaters scared and sleeping with the lights on. You can add my friends and I to that list. My lights were definitely on that night.

If you're struggling to find movies to watch for Halloween, take a look at the movies on this list, I am sure they won't disappoint. Everything from Tim Burton to 1970s slasher films, Halloween calls for an abundance of scary movies. Watch at your own risk or you may end up like me and sleeping with the lights on this Halloween.

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