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Safe sex during Spring Break

By Red & Green Staff
and Kellie Sink
Comm 281

Spring Break gives students an opportunity to take a week off from the stresses of school.

Karena Saltzgeber and Erica Reardon, certified nurse midwives at Trinity Hospital in Minot want students to know the importance of practicing safe sex especially ahead of Spring Break.

"We know that Spring Break typically means more alcohol, and judgement can become impaired, so make sure you're with people and you have someone responsible with you so you don't make poor decisions that you don't want to make," Reardon said. "If you're sexually active at all, you should have some form of birth control, and birth control is different than pre-

"There are so many teens that are scared to even say the word 'sex,' but they're having it. We put them on birth control and they think they don't have to use condoms, but we tell them, 'condoms 100 percent of the time.' Your vagina is moist and hot, so it's a breeding ground for bacteria," Saltzgeber said.

"Ages 15-24 make up a quarter of sexually active people but 50 percent of positive sexually transmitted diseases in the last year," Reardon said. "Some of them you can take medication for, chlamydia and gonorrhea, and it will go away. However, because gonorrhea is so prevalent, certain strands are becoming resistant to antibiotics. So, if we are preventing ourselves

from letting it happen, it will be less resistant.



venting sexually transmitted diseases.

If you're with one partner, and that partner was with two partners, you're with that partner, their two partners, and anyone they were with. It really does spiral out."

Having a conversation with your partner about sex can help ensure safe sex.

HSV, HPV, HIV, they don't go away. They're always in your system. HSV and HPV are both common. When you have another partner, and you're a responsible person, you're going to say before you have sex, 'I could pass this to you.' You've got to think about the future. Are you going to feel comfortable saying that to your next

See Safe Sex — Page 4



Photo by Aylin Ergin

Masks created by brain injury survivors are on display in Memorial Hall. The masks represent how the survivors' brain injuries makes them feel. Each mask was provided with a caption in which more information about the individual was revealed. Information included name, where they are from, and an explanation of the mask.

Brain Injury Awareness Month in March

By Aylin Ergin
Comm 281

The Minot State communication disorders department is hosting a mask display as part of the National Brain Injury Awareness Month.

"The goal of the Brain Injury Awareness Month is to raise awareness for prevention and to also raise some awareness about the needs of individuals with brain injury," Robyn Walker, assistant professor of communication disorders, said.

The masks on display were used for guided-therapy activities survivors underwent with

their therapists. Each survivor created the masks differently to show how it feels to have a brain injury or, more precisely, the emotions they feel.

"Some of them are strokes, some of them are traumatic brain injuries. The captions underneath the masks describe what kind of brain injury they have and how life changed after their brain injury including challenges that they had," Walker explained.

It is important for students to be aware of brain injury because brain injury happens on the inside; one cannot see it from the

outside.

"So many people with brain injury look normal but a lot of these masks depict what is happening to them underneath," Walker explained. "Students are highly susceptible to getting a brain injury — it's not just old people. Sports activities and everyday life of a student can cause this."

Students can help others with brain injuries by advocating that people get services following concussion or brain injury.

The masks are on display in Memorial Hall through March 14.

News in Brief

Minot Symphony Orchestra salutes the Wild West

The Minot Symphony Orchestra will venture through beloved western music in "The Wild, Wild West" concert Saturday.

The MSO will feature works by Aaron Copland, John Barry, Richard Markowitz, and Elmer Bernstein.

The MSO selected MSU senior Erik M. Anderson as its winner of the Young Composers Competition. The



Anderson

symphony will debut Anderson's original work, "Prologue."

The concert begins at 7:30 p.m. with a preconcert lecture, Music in 3D, at 6:30 p.m. Tickets range from \$10 to \$30. MSU students, faculty and staff are admitted free with current MSU ID.

Registration for currently enrolled students begins March 20

Summer and fall registration for classes begins Tuesday, March 20, on Campus Connection. Students must meet with their adviser before registering.

MSU making plans to assist students in recovery

By Mykal Drosdal
Comm 281

Last year, North Dakota Gov. Doug Burgum and First Lady Kathryn Burgum hosted an addiction summit called Recovery Reinvented. The focus of the summit was to bring people together in an attempt to eliminate the shame and stigma of addiction and to reinvent recovery in North Dakota.

A few Minot State employees including Kevin Harmon, vice president for student affairs, attended the summit to learn how universities around the country address the needs of students recovering from addiction.

"Here at Minot State, we're always looking at situations that can improve our university, so I found it quite interesting to listen to experts on programs they have designed at other campuses that combine different ways of doing business," Harmon said.

After attending the summit, Harmon and other MSU attendees

got to work on constructing a safe place for addicts in recovery at Minot State. Vicki Michels, department chair and professor of addiction studies at MSU, also attended the summit and has a goal to create a sober-dedicated residence hall for recovering students.

"One of the things we've been talking about for a while is to find out what to do for our students in recovery and how we can support them," Michels said. "Our larger plan, if there's enough interest, is to have a sober residence hall that can be set aside for students in recovery."

"We want to offer a supportive and positive culture on our campus where it's OK to admit being an addict," Harmon said. "It's OK that they have a place on campus where they can go to and hang out with likeminded people or even people struggling with addiction and them wanting to talk to someone about it. We want people to have that ability on our campus."

It's not just he or she: understanding gender

By Mia Lupo
Comm 281

The concept of gender is far more complex than most people understand according to Jay Gaare, MSU freshman and vice president of PRISM (formerly Gay Straight Alliance), who goes by the pronoun they.

"I think it's important for one to be able to look at their gender identity and expression without bias. Do you express yourself based on what you personally enjoy or based on the gender roles taught to you? Are you limiting yourself based on your gender? Step back and analyze what you're doing. If you're settling for clothes, products, or other ways of expressing yourself that don't make you happy, what's the point?" Gaare said.

Last month Annette Mennem, Native American Cultural Center director and diversity council co-chair, along with members of PRISM, hosted an "Understanding Gender" workshop on campus. The idea for this workshop came from a need of gender inclusivity in the North Dakota University System.

"This past summer we (the state diversity council) had a retreat and one of the topics (discussed) had to do with proper pronouns for individuals asking for identification that basically doesn't exist on the application process," Mennem said. "That's how this (the "Understanding Gender" workshop) all came about."

Mennem explained the importance of a student's first interaction with MSU (during the application process) being one of inclusivity and supportiveness with how students identify in their gender. Instead of the options for "sex" being only male and female on the application, a third option has been proposed to

the state diversity council that reads "other" where students can fill in how they might identify differently.

The need for this workshop was also brought to Mennem's attention following instances in the last couple years at MSU.

"Two years ago, I got a phone call from a potential student who was asking what our non-binary policy was. In all reality we did-

they will be able to find other students who have requested gender-inclusive housing and select a roommate through those avenues. At that point, they will be able to select a room or suite. Students that are wanting to live in a gender-inclusive environment don't have to disclose (their gender identity)."

According to McCall, students who decide to live in gender-

"What we're doing is allowing for students to have more access to housing that they feel most comfortable living in."

– Devin McCall, director of student life and housing

n't have anything at that point, now we do," Mennem said. "Last year when we had our student-satisfaction survey, there was a lot of stuff that came out of there that made me, as a diversity co-chair, take notice. 'Why don't our students feel that inclusion?'" Mennem said.

The non-binary policy Mennem referred to is actually a policy exclusive to gender-inclusive housing according to Devin McCall, director of student life and housing. This policy will be implemented in the Fall of 2018 in Lura Manor and will serve students who are transgender, non-binary, questioning their gender identity, who are not comfortable with a same-sex roommate, or do not want a same-sex roommate.

"What we're doing is allowing for students to have more access to housing that they feel most comfortable living in," McCall said. "The general process that we're working on finalizing is that students who wish to live in a gender-inclusive assignment will complete a gender-inclusive application via their Campus Connection. Then through that,

inclusive housing will hold responsibility in creating an open environment to people of differing identities.

"This is something that this office has been pushing for for several years and we're happy that we finally have the approval to do it," McCall said. "We're demonstrating that, as an institution, we are open and inclusive of anybody that wants to attend Minot State. That's really the hope of this policy. We're hoping for a successful implementation next fall."

According to Gaare, LGBTQ awareness at Minot State is not commonplace.

"Not everyone realizes how prevalent LGBTQ students are. Even if they're not out or visible they still exist, so we still have to be aware of the struggles that they come with and how to accommodate and understand those who aren't the same as us," Gaare said.

According to Gaare, future workshops will improve on how they interact with the attendees. PRISM members plan on imple-

See Gender — Page 3

Voices on Campus

“If money wasn’t a consideration, what would your ideal plan for Spring Break look like?”



Annie Bachmeier
General Studies

“Over Spring Break, if money was not an issue, I would travel to Europe and explore all its art museums.”



Barbara Marques
International Business

“I would love to travel to a beautiful island.”



Ayaka Ohi
Marketing

“I would probably go to Hawaii because I’ve never been there. I know it’s super popular to go there, but I want to go to Kauai island where not many people are around and where you can experience all the nature.”



Jordan Pasley
Addiction Studies

“I would go to Dubai where I could buy expensive clothes, try delicious food, and stay in expensive hotels.”



Swapnil Talekar
Management Information System

“I would travel to Europe and go to Florence, Italy, to look at the architecture.”



Tu Tong
Marketing

“If money was not a factor, I would buy a ticket and travel back to Vietnam to my family. I would buy a cruise for the whole family to travel to Thailand and enjoy the beaches, have good food, and a fun time.”

... Gender continued from page 2

menting a question box so that attendees can submit anonymous questions during the workshop and have them answered at the end. PRISM members want to have the ability to address questions kindly from those who feel uncomfortable in their lack of knowledge on this subject.

“It’s good for people to learn how to learn and how to ask questions without being afraid of the answer — being able to be vulnerable and understand that you don’t know much and that’s OK because you can’t know everything,” Gaare said.

Gaare hopes Minot State will move forward with their openness to gender diversity.

“Minot is a pretty safe campus compared to bigger cities and other campuses, but it also doesn’t have a lot of resources that would make it accepting. It’s not unsafe, but it’s also not what I would call an environment that feels safe and inviting. We simply need more awareness, more groups, and more involvement,” Gaare said

“I want the dialogue to continue,” Mennem said. “What I really want them (attendees of the workshop) to take away is the begin-

ning of the conversation that could lead into something with more inclusion and more understanding.”

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R&G Editorial

This editorial may not necessarily reflect the views of MSU.

International Women's Day

Today, in 1975, the United Nations began celebrating International Women's Day. It was created as an opportunity to celebrate women and their achievements in all sectors, despite the unfavorable conditions that made it difficult for them to attain those accomplishments.

Here are a few women who made history that you may not have heard about.

- Ada Lovelace (1815-1852): She was the first computer programmer in history. She described how codes should be created, but her article was not given much attention until the 1950s.

- Cecilia Payne (1900-1979): At the age of 25, she discovered what the sun is made of, but was never given credit.

- Edmonia Lewis (c. 1844-1907): She was the first woman of African-American and Native American descent to become a professional and internationally recognized artist. Her area of expertise was sculpting.

- Coretta Scott King (1927-2006): She abandoned her career in music to become an activist. After the death of her husband, Martin Luther King Jr., she headed the Civil Rights Movement.

- Mary Edwards Walker (1832-1919): She was the first female physician in the U.S. Army and the only woman to receive the Medal of Honor for being courageous in service and enduring time as a prisoner of war.

The achievements of women are not restricted to the arts and sciences. Living daily as a woman, in a man's world, is an achievement in itself. After all, in the 21st century, we are still battling some basic rights for women having to do with wages, violence, and health — issues that we should be well beyond.

Tracking student activity fees

By Red & Green Staff
and Calli Delsman
Comm 281

Student fees at Minot State University are used to support a variety of events on campus from the club hockey games to karaoke in the Beaver Dam — even the Red & Green newspaper is funded by student fees. Many MSU students don't realize what their student fees fund. When students use the Wellness Center or attend an MSU Life event, some of the money from student fees is being used.

According to the Minot State University Student Handbook, "Every semester, each student who registers at Minot State is required to

pay an Activity Fee, Technology Fee, Connect ND Fee, and NDSA Fee."

In the 2017-18 academic year, each full-time student each semester paid \$578.21 in Activity Fees — separated into the University Fee, which includes funding for the Wellness Center, Student Health, and Athletics, and the Student Government Association Activity Fee, which funds specific student activities.

"Part of what you pay in your fees, that gets tacked onto your tuition, is a student activity fee," Aaron Richard, Student Government Association (SGA) president, said.

Of that activity fee, \$7 per full-time student goes into the club funding account from which campus

clubs can request funding each semester.

In order for clubs to receive funding from the SGA club funding account, club representatives are required to attend an informational workshop each semester.

"Each club attends to learn how to create a proposal and fill out all the paperwork to turn into the Club Student Organization committee (CSO)," Richard said.

Clubs then submit a proposal for funding that must be used in the semester distributed. Each club has its own account in the business office where the money is held, and they can only access the amount they

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partner? Because you should; you would want your partner to say it to you."

According to Reardon, men can carry STDs without showing symptoms, so both health professionals encourage the use of condoms in all sexual encounters.

"If you're using condoms, even while on birth control, it still only protects you from 80 percent of all STDs" Saltzgeber said.

"If you're using latex, make sure you're only using water-based lubrication. Make sure, whether you're male or female, that you know how to put a condom on. That still only reduces the risk — it doesn't mean you're not going to get sexually transmitted diseases — there's skin

around the areas," Reardon added.

Saltzgeber and Reardon also stressed the importance of protection during oral sex.

"There's a huge increase in throat gonorrhea. That's something we've been adding when it comes to screening and swabs. Herpes, that's viral, you can't always see a breakout, so if you're having oral sex, you can get it that way. HSV1 is cold sores, but you can get them in your genital area as well and be passing it that way," Reardon said.

"We have people come in our office and say they aren't having sex and we ask them to define what sex means to them; sex is any kind of penetration — vaginal, anal, oral — they can get it from females too, it doesn't matter the partner. It's not just vaginal sex and anal sex; oral sex

is sex, too," Saltzgeber stated.

Saltzgeber and Reardon want everyone to know the importance of having an open relationship with healthcare providers and a healthy relationship with sex.

"Once a patient comes to us, we develop a really good relationship, we are constantly talking; we're not here to judge. We're here to tell people this is the best way to prevent. We want you to be safe and healthy and ready and to give you the tools to do that," Reardon said. "If you're having sex, you should be having it for two reasons; because it feels good or to have babies. A lot of times, depending on age, it doesn't feel good because you're feeling pressured; you shouldn't feel pressured to have sex."

Red & Green

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Views expressed by this publication are not necessarily those of the university, its administration, faculty, or student body.

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WWI centennial memorial at MSU

By Katie Ingerson
Comm 281

Later this year, a memorial to honor the men and women of the State Normal School at Minot who fought in and supported the efforts of World War I will go up on Minot State's campus.

The memorial will honor two students from the State Normal School, Pvt. Henry Finn and Pvt. Fred Otis Cooper, who were killed in battle.

"This is the 100th anniversary of the war, and students, faculty, and staff of then Minot Normal School found it very important to mark the passing of these two young men who gave their lives for the country," Joseph Jastrzembski, a professor of history and member of the North Dakota World War I Centennial Commission, said. "We want to make sure that their memory is not forgotten as it has been. It has dropped out of MSU's historical memory, and so the 100th anniversary is a wonderful opportunity to bring it back to the forefront."

The memorial will consist of two elm trees honoring Finn and Cooper and an engraved granite bench dedicated to all the other men and women from the school.

After the war, the State Normal School classes of 1918 and 1919 dedicated a memorial of two elm trees to Finn and Cooper, but one of the trees has since been taken down for safety reasons. The other still stands outside of Old Main unmarked. In addition, a tablet that was dedicated hangs in Memorial Hall.

Jastrzembski hopes to have a rededication ceremony with the memorial on Memorial Day of this year. The location of the planned memorial is undetermined, but Jastrzembski hopes that students and organizations on campus can get involved and have a say in where the memorial ultimately ends up.

"I'm issuing a request that the student organizations and students of MSU can show some support to this task and maybe give. Any amount would help," Jastrzembski said.

People wishing to donate can do so at MinotStateU.edu/give by designating WWI Memorial Fund from the dropdown menu. The goal is to raise \$3,000. Currently, \$700 has been raised through private donations and fundraising efforts by the League of Social Sciences.



Submitted Photo

Pictured in this photo from circa 1930s are the two trees planted by the State Normal School classes of 1918 and 1919. The students dedicated the trees to classmates Pvt. Henry Finn and Pvt. Fred Otis Cooper, both who were killed in battle in WWI.

Criminal justice offers 3 new minors

By Katie Moore
Comm 281

Fall 2018 will have a lot in store for the criminal justice department with three new minors: police management and investigations, law and legal studies, and offenders, risk assessment, and corrections. With these three minors, students can tailor their career to what they are most passionate about.

"These were minors that the faculty had been looking at for a couple of years that really identi-

fied skill sets that our students were asking for," Gary Rabe, chair and professor of criminal justice, said. "We thought we could enhance our curriculum, but also employers were really demanding of the new employees, so it was an opportunity to develop these minors in the three primary core areas that make up the criminal justice system."

Police management and investigations minor will consist of classes that will best suit the career path in federal, state, and

local law enforcement or policing a more comprehensive study or interview and investigation, use of force, and police administration and management.

Law and legal studies will consist of classes for students who want to pursue a law degree or a career in the legal system with a focused study of the legal system through the study of law, legal procedure, courts and legal systems, legal theory, and field placement/internship.

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Illusionist Kid Ace entertains MSU



Photo by Charles Wollschlager

Illusionist Kid Ace (left) amazes crowd member Alfred Rathburn as he succeeds in not only repairing a crushed Coke can with his mind, but also refilling and resealing it with fresh Coke. MSU Life sponsored the event last week in the Beaver Dam.

... **Activity Fees**
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have available.

Later, the CSO and SGA review the proposals and then allocate the funds.

"Some requests are given a cap, but all proposals are discussed individually," Richard said.

According to Leon Perzinski, SGA adviser, club proposal requests often exceed available funding.

In addition to the SGA club funding account, the SGA Activity Fee goes toward other groups.

"Other groups receive fees too, like KMSU, men's club hockey,

and theatre arts," Richard said.

KMSU collected \$3.25 from each student, men's club hockey collected \$22.50, theatre arts collected \$2.61, and this newspaper (student publications) collected \$12.08 in the 2017-18 academic year per semester per full-time student.

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MSU celebrates Black History Month with live music and poetry



Photo by Jerusalem Tukura

MSU alumnus Joe Davis (left) recites poetry alongside backup singer and former student Aaron Livingston. Former student Aundrey Livingston (not pictured) also performed on the piano. The trio performed various songs as part of Black History Celebration on campus last week. The MSU Diversity Council sponsored the event.



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Sports Editorial

This editorial may not necessarily reflect the views of MSU.

Fun in the bubble

The air-supported dome, colloquially known as the "bubble," has been up for a couple months and has had the opportunity to be used for a few sporting events; however, the bubble is available for events and community usage as well. I decided to take my family up to the dome on Friday morning, and we had a great time. The air was comfortable, and my kids were happy to be able to run around protected from the wind. They were finally able to burn off pent up energy from being cooped up due to cold weather.

Saturdays and Sundays are reserved for events, with Minot Junior Golf and Public Golf occurring on Sunday evenings. The dome can even be reserved, for a price, for parties and other events; batting cages can also be rented.

Members of the community can use the dome during open hours for any activities — my family opted for a leisurely walk. There were some people jogging as well, taking advantage of the lack of ice.

Considering that winter has seemed to drag on this year, the air-supported dome is a great asset to the community. It truly is a great way to keep the entire family active when the sidewalks outside are too treacherous to traverse.

The dome is open to the public Monday through Friday from 9 a.m. to 2 p.m.

Softball team ready for 2018 run

By Taylor Rizzari
Comm 281

The Minot State softball team began play in early February, competing in five games in Las Vegas. The Beavers then played the remaining weekends of February under the air-supported dome at Herb Parker Stadium, posting an impressive record so far, including defeating nationally-ranked Humboldt State. The team jumped up from 11th to fourth in the NSIC standings.

"These are the first games for many of these teams coming into

the bubble, so us having already played close to 15 games this season before March is incredible," Dave Kivett, head softball coach, said.

According to Kivett, the team is showing improvement statistically and also with their work ethic in practice and off the field.

"The kids have been doing what we have asked them to do, getting more confident each week, playing better each week, and taking steps up the ladder," Kivett said.

Minimizing mistakes is something that the MSU softball team is looking to improve on this year. Last season the Beavers racked up 64 errors as a team. This year, the coaching staff has been working hard to decrease that number.

Another factor in question this



Kivett



Mendez



Patrick

year is pitching. After losing senior pitcher Jennifer Spencer last year, coach Kivett was forced to search for new arms to add to his staff. So far, the duo who share the mound — junior transfers Laura Mendez and Kylie Patrick — have provided Kivett with success.

"We are starting to figure each other out, in terms of trying to decide when to use them and that sort of thing," Kivett said.

Mendez has become more confident since she began the tough transition from a small junior college to a Division II softball program.

"This is my first time without my family, and it is also a harder level softball wise, jumping two divisions," Mendez said. "My teammates have made the transition very easy on me. They made me feel very welcome, and I feel comfortable with the defense I have behind me."

Mendez also expressed her gratitude toward the high scoring offense the Beaver lineup provides.

The team will compete next in the Hyvee Classic in St. Joseph Mo., March 16-18.

INSIDE/OUT

MSU's News & Feature Show



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Beavers dominate senior night



Photo by Breanna Wieler

Junior Reese Forman controls the puck against University of Jamestown at the Maysa Arena. The Beavers won, 4-0. The Beavers, ranked No. 1 in American Collegiate Hockey Association Division I, will compete in the national tournament in Columbus, Ohio, tomorrow.



Photo by Breanna Wieler

Junior Vanessa Grimstad skates against North Dakota State University in the Maysa Arena. The Beavers won, 3-0. The women, ranked second in the west, begin play March 14 in the American Collegiate Hockey Association Division II Tournament in Columbus, Ohio.

Mitchell Eull moves on to NCAA Championships

Minot State senior Mitchell Eull, ranked No. 6 in the latest NCAA Division II Wrestling Coaches Association individual rankings, is headed to the NCAA Championships.

Eull moved up from No. 8 to No. 6 after claiming the heavy-weight championship at the NCAA Super Region 3 Tournament.

Eull, now 29-4 on the season, will compete at the NCAA Division II Championships March 9-10.

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Beavers head to national tournament

Men advance as No. 1 seed

The Minot State University men's hockey team is headed to the 2018 American Collegiate Hockey Association Men's Division I National Championships. The Beavers, ranked No. 1 for the third year in a row, will play the winner of No. 16 Arizona and No. 17 Missouri State.

Game time is Friday at 7 p.m. at the Ice House in Columbus, Ohio

Women advance to nationals

The women, No. 2 out of the west, begin tournament play in the 2018 American Collegiate Hockey Association Women's Division II National Championships Wednesday, March 14, in Columbus, Ohio.

The tournament is a 12-team, pool-play format with the top teams from each of the four pools advancing to the single elimination semifinals.

Game one for the Beavers is March 14 against University of Buffalo at 12:15 p.m.

Game two is against Liberty University March 15 at 12:15 p.m.

Game three for the women is March 16 at 12:15 p.m. against Montclair State University.



Photo by Breanna Wieler
Junior Reese Forman looks for an opening against Colorado State University. The men, ranked No. 1, begin play Friday in the ACHA National Tournament.



Photo by Breanna Wieler
Senior Cassidy McGee poses on the ice for senior night. The women played their last home game against NDSU last month. The Beavers defeated NDSU, 3-0 and 4-0. The women begin ACHA tournament play March 14.



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... **Criminal Justice**
continued from page 5

Offenders, risk assessment and corrections will consist of classes tailored to students who wish to pursue careers in probation, parole, and corrections. Through the courses, there will be an understanding of offender risk assessment, practices and policies in probation or parole, and community and institutional corrections.

All three of these 21-credit minors were made to help prepare the students for careers in which they choose to follow and will

consist of hands-on work in and outside of the classroom to develop the particular skill set that certain employers are looking for.

"We have the most comprehensive criminal justice curriculum than anywhere in the region; certainly in North Dakota, we are way ahead of everyone. The number of courses, the course selections, the types of courses and being in depth, and the expertise of our faculty is unrivaled," Rabe

said.

If students are unsure where they want their career path to lead, they don't have to decide right away. Each class will go in depth into that certain career field and introductory courses will help guide the students.

"If students are interested in this, we spend some time just talking about what they'd like to do. Then we can narrow it down. There are hundreds of career pro-


fessions within the criminal justice system, so we will visit with students and try to figure out where their interests are and point them in the right direction," Rabe said.

Red & Green
Publication Dates

March 2018	April 2018
S M T W T F S	S M T W T F S
4 5 6 7 8 9 10	1 2 3 4 5 6 7
11 12 13 14 15 16 17	8 9 10 11 12 13 14
18 19 20 21 22 23 24	15 16 17 18 19 20 21
25 26 27 28 29 30 31	22 23 24 25 26 27 28
	29 30

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