



Shangela and local drag queens put on a spectacular performance



Photo by Ton Yamashita

Shangela lip syncs and dances as Beyonce in a drag performance last week in Ann Nicole Nelson Hall.



Photo by Ton Yamashita

Shangela and local drag queens, Raven Knight and Kara Fiyera, thank the audience as the performance ends. MSU Life sponsored the event.

Step UP! program training comes to MSU

By Jerusalem Tukura
Editor

Unity is an important factor which should exist on any university campus. The Step UP! program training aims to instill

this quality in Minot State University students, faculty and staff. All are invited to attend the two-hour webinar training on Tuesday, March 14, in the
See Step UP! — Page 5

Seasonal dome pushed to fall '17

By Dan Fagan
Staff Writer

The seasonal air-supported multisport dome originally scheduled for completion in November 2016, has hit further delays.

The \$1.9 million dome, funded by private donors and a local community fund grant, will allow for

MSU sports teams to practice in the winter months. The facility will host sports tournaments and be open to the public, including walkers, joggers and golfers who wish to use the driving range.

Construction for the dome was completed in the fall, and the final stage of completion involves a

canvas that is currently being manufactured by Yeadon, an international company that specializes in air-supported domes.

"The delay is in the manufacturing of the fabric," Rick Hedberg, vice president for advancement, said.

See Seasonal Dome — Page 2

Voices on Campus

“What would you do if you were invisible for a day?”

By Ton Yamashita
Assistant Editor



Adedayo Adeleke
Biology

“If I am invisible for a day, I would definitely get all the money I can, as much as I can by disappearing and re-appearing. And basically, that’s what I’m gonna do and become the richest man in the world.”



David Urvig
English Education

“If I were invisible for a day, I would probably get a bunch of blankets and pillows, find a nice quiet corner and sleep the entire day.”



Jerusalem Tukura
Psychology

“If I’m invisible for a day, I would sneak onto an airplane, go to Paris and go on a shopping spree.”



Joslyn Martin
Nursing

“If I were to be invisible for one day, I would probably go into a professor’s office to look at the exam before I have to take it, so I can be prepared for it.”



Urosa Khalid
Medical Laboratory
Science

“I would like to get and collect fruits and vegetables because I have super power. And I will provide to the poor and needy.”



Ziad Kadry
Computer Science

“If I was invisible for a day, I would probably steal all the final’s questions for this semester, and I would probably go to some bank just to steal a whole bunch of money.”

News in Brief

Woodwind Studio students present recital

On Friday, Minot State University’s woodwind studio students will perform in Ann Nicole Nelson Hall, Old Main, at 7:30 p.m. James Fusik, MSU music instructor, will direct. The event is free and open to the public.

Northern Lights International Film Series shows “Cuckoo”

The Northern Lights International Film Series at Minot State continues Monday with a screening of the Russian film, “Cuckoo,” which takes place during World War II. The movie will be shown March 6 in Aleshire Theater at 6:30 p.m., preceded by a social and appetizer buffet at 6 p.m. There will be a door prize drawing for a gift card to a local restaurant sup-

porter of the film series. Admission is free, and it is open to the public..

2017-18 Student Government Association elections Wednesday

On March 8, Minot State University Student Government Association will hold officer elections for the 2017–18 Student Government Association in the Beaver Dam from 10 a.m. to 2 p.m. Positions open are for president, vice president of finance, vice president of internal affairs, vice president of student outreach, and vice president of state affairs. Senator positions to be filled are College of Arts and Sciences, College of Business, College of Education and Health Science, and General Studies. MSU ID required to vote and for free food. For more information, stop by the SGA Office or email sga@minotstateu.edu.

Gallery reception and lecture for the Driesbach and Kaericher exhibits

Minot State University’s Northwest Art Center will host a public reception in Hartnett Hall for the David Driesbach and John Kaericher art exhibits March 9 from 6:30 to 8 p.m. The exhibits are on display in the three galleries. In conjunction with the reception, Ryan Stander, MSU art instructor, and students will discuss the art of Driesbach and Kaericher at 7 p.m. in Aleshire Theater.

Comedian to perform on campus March 21

Comedian Eric O’Shea will entertain students March 21 at 7 p.m. in Ann Nicole Nelson Hall. MSU Life sponsors the event. It is free and open to the public.

... Seasonal Dome continued from page 1

The unexpected delay forced sports teams to reschedule and, in some cases, cancel games. However, a contingency plan was executed to address further scheduling problems.

“All of our head coaches have worked together to most efficiently and effectively use the Dome to meet the needs of all of our teams,” Andy Carter, athletic director, said. “We lost several home games in softball, which is unfortunate. However, we have

been able to mitigate these by finding opportunities to travel to other sites which have indoor opportunities.”

The new completion date is now set for November 2017.

“Although the delay is disappointing, we continue to be excited about the outstanding opportunities this new facility will provide for our campus and our community,” Carter said in a Jan. 31 public release from Michael Linnell, MSU assistant athletic director.

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Fettig

Photo by Jerusalem Tukura

Whooping cough on campus

By Katie Wiggett
Comm 281

The winter and early spring months are a prime time to get sick with everything from the common cold to the flu. Who would have guessed that pertussis, otherwise known as whooping cough, would be going around as well? Surprisingly, some Minot State University students have been hit by this mysterious, yet highly contagious, respiratory disease.

Many assume that only babies get whooping cough, due to their lower immune systems, but adults are just as susceptible. This disease is also known as the 100-day cough, but it can be prolonged. And it can seem to come on in an instant. Melissa Fettig, Student Health Center director on campus, spoke about this respiratory disease and how to treat it.

"When we have small gaps in immunizations, or if people are not up to date on their immunizations, it kind of creeps in and, unfortunately, the vaccine is good, but it's not perfect. It is now known that with adolescents and adults, the pertussis portion of the vaccine does wane over time," Fettig said.

According to the director, when the virus is brought into a close-knit community, it can spread eas-

ily from person to person through coughs and sneezes of infected persons. Adults and adolescents should receive at least one dose of Tdap vaccine to protect themselves from pertussis. Tdap is a combination vaccine that protects

See Whooping Cough— Page 4

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Between the Lines

A remedy for America's drinking problem

By Dan Fagan
Staff Writer

For decades, health officials and college administrators have tried to solve the problem of binge drinking on college campuses.

According to the National Institute on Alcohol Abuse and Alcoholism, 60 percent of college students age 18-22 drank alcohol in the past month, and two out of three of them engaged in binge drinking during that same period. Binge drinking is loosely defined as the consumption of four to five servings of alcohol in a two-hour time frame.

American colleges are often havens of party culture with densely populated networks of young adults, many of whom are away from home for the first time and learning to socialize in a brand new environment.

Parties are a nice way to meet new people, hang out with friends and unwind after putting in a long week of studying and class work. The unfortunate reality is these parties can become dangerous when individuals throw caution to the wind.

Young adults are just beginning to learn their limits when thrust into the sometimes extreme, nature, of college parties. This may explain the binge-drinking phenomenon. Students are trying to figure out their rela-

tionship to alcohol in a chaotic environment instead of in a controlled one.

For a brief time, I lived in France and was amazed to find that binge drinking was not a problem of such significance as it is in the U.S. I decided to ask my host family and friends why this was. The overwhelming consensus among the French was that drinking in moderation is woven into the fabric of their culture. The drinking age in France, as well as most other countries, is 18 but many of my French friends began drinking earlier than that with their families. They were introduced to alcohol in the controlled environment of their home with their family modeling the responsible way alcohol is to be consumed. This is in stark contrast to the introduction many American college students experience when they go to their first party.

There are no simple solutions to out-of-control college drinking. It seems to be beyond the remedy of a singular policy, such as alcohol-free campuses or ticketing minors for being intoxicated. Lowering the drinking age will not solve America's drinking problem, but a radical rethinking of how alcohol is viewed and consumed may offer some answers.

... Whooping Cough continued from page 3

against three potentially life-threatening bacterial diseases: tetanus, diphtheria and pertussis (whooping cough).

Fettig stressed that everyone should get the Tdap, and pregnant women should get the shot during the last trimester of each pregnancy, as well.

"The reason is so when the baby is born, not only does it protect the mother, but so the antibodies can be passed onto the baby," Fettig said.

She listed some facts about whooping cough. A person must be exposed to someone that already has the virus to get the virus. It can take five to 21 days after being exposed to experience symptoms, which include a fever, sneezing, sore and watery eyes, runny nose, feeling fatigued or weak, and eventually coughing spells that can be so violent they can cause vomiting.

Pertussis can also mimic the flu in the first stages of whooping cough. The next big stage would be a cough that doesn't go away, and/or is so violent that the patient has to gasp for air. For adolescents or adults, the cough may or may not have the classic "whoop" sound. With this virus being specified as the 100-day cough, it can

take it weeks to months to diminish.

"We don't want to cause panic, but we do want people to be more aware of the symptoms," Fettig said. "With awareness, you can get in to see a medical provider sooner and can treat the virus faster with an antibiotic, usually given for five days. This treatment will make the person less likely to be contagious, not necessarily stopping the cough, but it can limit it and make the patient feel better."

Brileigh Boyce, an MSU junior majoring in broadcasting, was recently affected by pertussis.

"At first, I thought I just had the flu," Boyce said. "I had a terrible headache that wouldn't go away and I felt nauseous. I had chills the entire day; I was hot and cold at the same time. I could barely eat and I felt so fatigued and weak. It wasn't until the second day that I started coughing."

After being quarantined for five days because of the illness, Boyce strongly suggests everyone get their shot for whooping cough and get to the doctor as soon as they experience symptoms.

"After already being off the antibiotics for almost a week now, I am still suffering," she said.

Fettig urges everyone that experiences symptoms or suspects they have the illness to contact the

Student Health Center located in the lower level of Lura Manor on campus.

"You can be seen by our provider and receive the antibiotic treatment, if needed," Fettig said.

The school will help to set up accommodations to help those who have been affected by the virus. With the student's consent, Student Health can notify instructors through Starfish that the student is excluded; no medical information is given. Also, with consent, SHC can notify coaches, housing office, Sudexo, and Disabilities Services if special accommodations are needed.

The shot costs \$60. Most students can either pay that out of pocket or bill their insurance. The health center also has a state-supplied vaccine for \$15 for students without insurance.

"We can keep this contained with compliance and with the recommendations given, such as getting on the antibiotic with five days' exclusion," Fettig said.

She also recommends a way for students to keep their immune system healthy and be less likely to get sick.

"Make sure to always wash your hands, drink lots of fluids, get adequate amounts of sleep, and keep up a good diet and exercise," Fettig said.

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Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

Red & Green is printed at Minot Daily News, Minot, N.D.

MSU staff member, Karen Elliott, writes and self-publishes poetry book

By Mia Lupo
Comm 281

Karen Elliott, Minot State University Teacher Advisement and Field Placement Program assistant and member of MSU's Gay Straight Alliance club, wrote and self-published her book of poems, "No Boundaries," in November 2016.

"Since the election I've become a bit of a late-blooming activist," Elliott said, "and I decided that I should put my money where my



Photo by Jerusalem Tukura

Karen Elliott shows off her book, "No Boundaries." The book is a collection of poems she has written throughout her life.

mouth is."

She has joined various Democratic groups as well as become an ally to the LGBTQ community.

"I want to get involved, I want to help, and I want to fight back," Elliott said.

She plans to donate February's proceeds to MSU's GSA club. The club seeks to raise money to print

T-shirts, as well as put on a Trivia Night during mid-to-late April, which will be open to the campus and Minot community. The club's officers will decide how to utilize Elliott's proceeds.

Elliott's book consists of poems she has written throughout her life. From poems about her son's deployment in Iraq to poems

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Here or there? U.S. or Japan?

By Nanako Sato
Comm 281

I currently am a senior majoring in communication arts at Minot State University. MSU is a long way from home for me. I grew up in Yokohama in Japan. I chose to leave home to further my education in the United States because I wanted to change myself and face new and challenging experiences.

After I came here, I realized the Japanese educational system offers insufficient discipline compared to institutions in the United States.

Here are a few examples about why the Japanese educational system is insufficient. The exam determines the success or failure of a student in Japan. If prospec-

tive students fail an exam, they cannot enter the school of their choice. In addition, the English program needs to be more intensified for the students if the students are to have a brighter future and be better prepared for the global market. Even though students are taught English in Japan, it is not enough to prepare Japanese students to succeed.

I have been in the United States three years. I will graduate with a bachelor's degree in communication this May. As part of my graduation requirements, I must present a senior recital. For this I will display and discuss my personal blog that I have been working on throughout my time going to school in the U.S.

In my blog, titled "Cultural

Diversity," I mainly discuss myself including my history and my basic information. I also discuss different cultures in terms of languages, ethics, customs, etc. and Japanese culture.

In my blog and in my recital, I will also discuss reformation of the Japanese educational system based on my experiences in Japan and in the United States. I believe that the education system in Japan needs to be fixed sooner than later to address the issues.

My senior recital is scheduled for March 8 at 3 p.m. in Aleshire Theater, located on the first floor of Hartnett Hall. It is free and open to everyone. I encourage all MSU students and faculty to attend.

... Step UP! continued from page 1

Conference Center, third floor of the Student Center.

The Step UP! training will show that in order to achieve unity, people have to be aware of when to get involved in situations in order to create a sense of community and responsibility for one another. It specifically targets the elimination of the bystander effect. The bystander effect occurs when people feel concerned about a situation and think they should intervene, but do not for various reasons such as: expecting someone else to intervene, not knowing what to say or how to say it, or simply thinking they can't provide any meaningful help.

MSU Wellness Specialist Karina Stander explained.

"It's a bit of the train-the-trainer," she said, "so it's going to train those that come to try and hopefully spread that information on campus on how to be a much more interactive and positive bystander. We're kind of eliminating the bystander concept and becoming active members of our community."

Most people have been guilty of the bystander effect at some point in their lives, but that's nothing to beat oneself up about because most people are not equipped with the skills to handle those situations. Fortunately, the Step UP! training will teach the Minot State community how to develop those skills.

"On a university campus, it's always a challenge for administrators, whether faculty or staff,

and even students in general, to try and create positive change," Stander said. "When you get a lot of people together, unfortunately, you'll at times start to see some negative behaviors that come out. People want to help but they don't always know how to help. And so a lot of times, we just become bystanders and just watch, and we don't know what to say or how to say it, and sometimes we don't even actually recognize that there might be a problem."

Stander believes that the program will educate students and faculty on how to identify such problems and how to address them.

Becky Bell, University of Arizona associate athletics director and founder of Step UP!, will teach the training via webinar. The lecture will be tailored especially for MSU and is open to all students, faculty and staff. The program doesn't target any specific group as anyone can learn from it.

"My hope is that people will leave and implement the message in their areas," Stander said.

"Once we see who's interested, who comes, who's attending, then we can start to figure out how to best apply it and to best continue to move forward with it on our campus."

RSVP to Stander via her email, karina.stander@minotstateu.edu, any time before the program. Short notices may not be provided handouts at the events but are very much welcome to attend. For more information about the program, visit stepupprogram.org.

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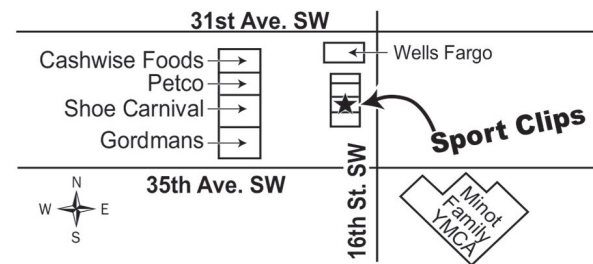
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Photo by Jerusalem Tukura

MSU senior and Writing Center tutor Cameron Malzer (left), helps sophomore biology major Faith Babadi with her writing project.

Writing Center offers services to MSU students

By Nanako Sato
Comm 281

The Minot State University MSU Writing Center, located on the lower level of the Gordon B. Olson Library, helps students become better writers.

Patti Kurtz, English instructor and Writing Center director, explained that tutors look at thesis statements, introductions, conclusions, punctuation, grammar, citation formatting and sentence structure for any type of student's assignments.

The writing center began with a Bush Grant in the early 2000s. Ron Fischer, an English instructor, and Frank McCahill, a communication arts instructor, started the center, originally located in a very small room on the third floor of the Administration Building.

"The Writing Center started so that students would have a resource to help them with their writing at any stage of the writing process," Kurtz said. "We believe that student tutors can help serve as a second 'reader' for student papers, and

offer valuable feedback and engage students in dialogue about their writing."

Current tutors at the writing center have a variety of perspectives.

Susan Brooks, who graduated from MSU with majors in English and history, has been a tutor at the writing center for more than eight years.

"The most important thing about being a tutor is to help people," Brooks said. "And the highlight of every moment is when you see a person's face light up when you've seen a person struggling."

The center not only helps students become better writers, but the program also helps tutors develop their own writing skills.

Brooks cited her own experience.

"Since I have started working at the writing center, my writing abilities have improved on a dramatic scale. And I have been able to expand my personal vocabulary. My colleagues have noticed this benefit as well, not just me."

The writing center also utilizes a website called Online Writing Lab Purdue, which has a wealth of information ranging from writing styles to producing a good introduction and conclusion statement to formatting a thesis.

"My initial awareness of the existence of the writing center came about when I was starting out as an English major," Brook said. "It was for a British Literature class. Since that time, I utilized the services of the writing center."

Erin Bliss, an English education

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MSU's Green Gerding stepping down

(MSU Sports Information) — Longtime Minot State University head women's basketball coach Sheila Green Gerding



Green Gerding

announced Monday she is stepping down from her position with the university to spend more time with family.

The announcement ends Green Gerding's 22-year career at Minot State. She is the school's all-time leader in wins with 360.

"Twenty five years ago being a college coach was all I thought about," Green Gerding said. "Fifteen years ago I didn't think I wanted kids because of how time consuming college coaching was. Today, I am ready to move in a dif-

ferent direction because I want to be there for my family."

Minot State set nearly every team and individual record during her career. She became the MSU career-wins leader during the 2002-03 season and reached 350 wins last season. The 2010-11 team set a school record for wins in a season with 22. In all, she had 15 winnings seasons, reaching 20 wins five times, and double figures in wins in all but one season. She finishes her career at 360-283.

During her 22 years as head coach, she mentored 11 All-Americans, six All-Region players and 31 All-Conference players, including Carly Boag, Kendra Meyer and Jenn Sundahl, who were all named either league Player of the Year, Most Valuable Player or Most Valuable Senior.

MSU will begin a nationwide search for Green Gerding's replacement immediately.

Softball collects 3 wins at MSU Invite

By Taylor Rizzari
Sports Writer

The Minot State softball team cracked 14 hits in their 7-1 win against Minnesota State University Crookston, with four of its players collecting multiple hits, and nine players having at least one in the game. The Beavers' offense began with senior Rachel Burdette's RBI double, which was immediately followed by junior catcher Tori Zimmermann's two-run home run. Crookston's only one was scored in the first inning, with their bats staying quiet throughout the rest of the game.

Minot State senior Clarissa Ramirez collected her first win of the year in the circle, pitching six innings, allowing only five hits, while freshman Emma Casey threw a near-perfect seventh with two strikeouts. Sophomore Lauren Cowden, juniors Kyla Larson and Ashley Hill and freshman Skyla Neubauer all joined Burdette in smacking doubles. Cowden, Burdette, Hill and Zimmermann all contributed RBI's for the Beavers.

The Beavers were shut out for the first time this season losing, 1-0, to Black Hills State University (S.D.) in the second game of the day. Senior Jenn Spencer threw a tough game against the Jackets, striking out four and only giving up three hits. She gave up one run in the first inning that would prove costly as the Beavers' bats fell silent.

Minot had its chances to score key runs, but stranded five runners, including two in scoring position. Cowden, Zimmermann and Neubauer all collected a hit apiece for the Beavers.

On day two of the MSU Invite, the Beavers collected 14 runs between two games, giving their pitching staff plenty of run support. Minot got revenge against Black Hills State in its first game of the day, beating the Jackets, 8-1. The Beavers eliminated any thoughts about the previous day's 1-0 loss, and quickly had a six-run lead in the first inning, with slugger Neubauer driving in four and hitting her first career home run and

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Photo by Jerusalem Tukura

MSU freshman Keegan Berry pins down a Minnesota State University Moorhead opponent in the last home dual of the season in the Dome. Berry won his match, 7-2. The Beavers lost to Moorhead, 17-18.

Wrestling finishes 15th at regionals

(MSU Sports Information) — Minot State University's Michael Rangel and Jered Sublet both earned first-round wins but the Beavers had just Cody Haugen still alive after the first day of the 2017 NCAA Division II Super Region 3 Tournament Friday held at MSU Moorhead.

Haugen was a tough-luck 1-0 loser in the first round against Minnesota State's Daniel Close. After a bye in the first round of the wrestle-back, he came back from a 2-0 deficit to defeat Ronald Gentile of Lindenwood, 4-3, to keep alive at 149 pounds.

In his consolation bout Saturday, Haugen fell behind and could just earn a one-point escape, falling 5-1 against Cortez

Arredondo of Southwest Minnesota State.

Rangel started the tournament off on a strong note for Minot State as he earned a major decision, 13-2, over Jared Goldsmith of MSUM in the first round at 125 pounds. He lost his quarterfinal bout to Brett Velasquez of St. Cloud State by major decision and fell, 5-2, against McKendree University's Marcus Povlick to end the day at 1-2.

Sublet also carried momentum into the quarterfinals as he topped Lawyer Morgan-Beckum of Drury University, 6-3, in the first round. He also fell in the quarterfinals by technical fall, losing 19-4 to Darren Wynn of McKendree and fell, 5-3, to

Lindenwood's Derek Heil to end his tournament.

MSU's only other win in the first two rounds came from Briley Crissler. After Crissler dropped his opening-round bout at 197 to Dillon Archer of Lindenwood, he stormed back to defeat Grant Sparks of Central Missouri, winning, 7-2. Crissler's run in the wrestle-backs came to an end as he lost by technical fall against Matt Blome of Minnesota State, 17-0.

The Beavers finished in 15th place overall at the tournament with 4.5 points.

St. Cloud State won the team event with 147 points, 26 better than McKendree University.

Hockey has 18 home-game winning streak

By Ashley Hill
Sports Writer

The Minot State University men's hockey team has been strong going into their last few games of the regular season. They played nine games in February and walked away with seven wins. The Beavers came away with two wins Feb. 3 and 4,

defeating Williston State, 5-4 and 5-3.

On Feb. 10 and 11, they traveled to Michigan to take on the University of Michigan-Dearborn Wolverines for a two-game series. Night one, the Beavers came out with a 3-2 win. Night two was a tough loss. After coming back from a 6-3 deficit, Minot State

couldn't quite hold on in the shootout, losing that game, 7-6.

Minot State got the win on St. Valentine's Day, besting Dakota College at Bottineau, 5-4.

The Beavers got the sweep over the Midland University Warriors Feb. 17 and 18. Game one ended in a 9-1 win for the

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Men end season with a close one

MSU falls to USF, 77-80, in first-round NSIC tournament

By Jerusalem Tukura
Editor

Minot State had an outstanding first-round home game for the most part in the Northern Sun/Sandord Health's Men's Basketball Tournament last week. The team earned home-court advantage by winning their games against University of Minnesota Crookston, 75-73, in overtime Feb. 17, and Bemidji State University, 86-69, Feb. 18.

Also, University of Minnesota Crookston knocked off University of Mary, and the Beavers held the tie breaker with Mary, giving the Beavers the fourth seed in the NSIC North. They hosted University of Sioux Fall, No. 5 in the South Division.

Despite their energetic start with Nathan Mertens (Sr., G.) and Stevan Jovanovic (Jr., F.) getting the game rolling at the beginning of the first half, MSU still fell to USF, 77-80.

"My mind was set for defense," Jovanovic said. "On offense, I didn't expect to get the ball that much, but it was open for me, so I just played hard."

Sioux Falls gained their first lead halfway through the first half, bringing the score to 12-14. From this point on, MSU was unable to regain the lead, with the first half ending at 31-37.

Finally, a key play in the third quarter by Luis Ricci Maia (Jr., G.) brought the score to a 46-46 tie as he made a successful layup and drew a foul. Things start-



Photo by Jerusalem Tukura
MSU junior Tyler Rudolph (No. 24) protects the ball as he dribbles in the key during the first-round of the NSIC tournament.

ed looking up at this point, but with every possession Sioux Falls gained, MSU fell behind, especially due to three-pointers that created a struggle for the Beavers to keep up. Sioux Falls had a three-point field goal shooting percentage of 42; MSU had a percentage of 28.

"Once you've set your game plan," men's head coach Matt Murken said, "or your plan for whatever you're attacking in life, you gotta really stick to that game plan. You can make adjustments along the way, but there are things coming in that game plan that you have to stick with. For us, it was

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Cundiff 6th, Warwick-Jones 8th at NSIC Indoor

(MSU Sports Information) — Minot State University's Alex Cundiff and Jana Warrick-Jones both earned points for the Beavers during the final day of the 2017 Northern Sun Intercollegiate Conference Indoor Championships Saturday at Minnesota State's Myers Field House in Mankato.

Cundiff was sixth in the men's 400-meters, earning another personal best as he ran 50.71 seconds, while Warrick-Jones was eighth in the women's 800, racing to a time of 2:20.02. Cundiff scored three points, while Warrick-Jones collected a point for her effort.



Cundiff



Warwick-Jones

"They both did a super job," MSU head coach Stu Melby said. "We had another day of good efforts. There are some of them a little disappointed with their times or whatever, but we did well. We will focus on outdoor now. We are making good progress."

The final of the men's 400 proved to a fast event as Cundiff finished just under 20 one hundredths of a second faster than the preliminaries, but took the same position he came into the finals. He turned in a 50.99 in qualifying and cut that to 50.71. The top five all recorded sub 50-second times.

"Alex did a really good job running another PR today — a good job tactically," Melby said. "He was sitting in eighth at about the 250 mark and moved up to get sixth. He ran a good race."

MSU will move on to the outdoor season starting in April.

Women fall in first-round basketball tournament action

(MSU Sports Information) — MSU's women's basketball team finished regular season play with two solid road games, but couldn't get a win on the trip. Minot State lost to University of Minnesota Crookston, 86-70, and fell in a shootout, 90-84, to Bemidji State University, where the BSU team made 27 of 27 free throws.

In tournament action, MSU outscored Augustana University 27-18 in the fourth quarter but couldn't complete the comeback, as the Beavers fell, 70-61, in the first round of the NSIC/Sanford Health Women's Basketball Tournament last week in Sioux Falls.

The Beavers, the No. 8 seed in the NSIC North, pushed the NSIC South Division's top seed early and late in the game, but dug too big of a hole during the middle. The Vikings led by as many as 27 before MSU attempted a furious comeback.

... Softball continued from page 8

grand slam. First baseman Hill finished the game with two RBI's, while Cowden collected two hits and drove in a run for the Beavers. Spencer only gave up one unearned run in the top of the first and pitched the rest of the game seamlessly, leading to the Beavers' victory.

In the finale of the Minot State Invite, the Beavers defeated MSU-Moorhead, 6-2. Once again, the Beavers jumped out to an early lead against the Dragons, leading by three after the first inning. Both Burdette and Hill collected home runs, while Neubauer and Zimmermann both collected doubles. Burdette was 3-3 with three runs scored; Neubauer, Grant, and Zimmermann all collected two hits apiece in the win. Ramirez gave up only two hits and no runs to get the win and even her record at 2-2.

MSU's next games are against Montana State University-Billings March 26 at noon and 2 p.m. on home turf at Herb Parker Stadium.

... Hockey continued from page 8

Beavers. Game two was closer, but Minot State still came out with a 4-2 win.

The Minot State women's hockey team also took on Midland University and got the sweep, beating the Warriors, 5-1, in game one and, 3-2, in game two. The women's hockey team awaits the Nationals Rankings to see if they will be going to Nationals for their 2016-2017 season.

The men's team went up against Jamestown in their second-to-last regular season weekend. Game one ended in a tough loss for the Beavers as the Jimmies won, 4-1. Minot State was out for revenge in game two and shut out the Jimmies, 2-0.

The Beavers have two games left in the regular season before

they head to Nationals, both against Williston State. The March 3 match-up is at home in the Maysa arena at 7 p.m., and the March 4 contest is at Williston State, also at 7 p.m.

The Beavers head into ACHA Nationals as the No. 1 seed. Last year, they also went in as the No. 1 seed, but lost in the second round to Iowa State, who made it to the National Championship game, then lost to Lindenwood University, 2-0.

"Going into the national tournament No. 1 certainly feels good, but in the end doesn't mean anything," Captain Eric Bollefer said. "Four wins is what it takes to be a champion, and that's what we are trying to do."

The National tournament starts March 9 in Columbus, Ohio.



Photo by Jerusalem Tukura

MSU senior Nathan Mertens (No. 14) takes a jump shot in the key during the first round of the NSIC playoffs. The University of Sioux Falls won, 77-80.

... Basketball continued from page 9

rebounding and locating a couple of shooters, and we broke down on those one or two too many times."

With 26 seconds left to play, Maia once again brought the score to a tie, 77-77, with two good free throws. Unfortunately, USF made a three-pointer with 2.8 seconds left. Maia's three-point attempt at the buzzer failed.

The loss brought the men's basketball season to an end as well as the careers of Mertens and Jovanovic.

"Nate (Mertens) has had a phenomenal career," Murken said. "He played a great game tonight in his last game. He leads every play and he's been really important to our program."

Mertens finished with 16 points, seven assists, and one rebound. Jovanovic finished with

12 points and two rebounds.

"This is my last season. I'm not coming back next year. I graduate in May and after school, I'm going back to Europe (to Serbia) for summer and I'm going pro," Jovanovic said. "I'd like to play back in Europe. That's my plan so we'll see what's going to happen."

Tyler Rudolph (Jr., F.) had a great night. He played the entire 40 minutes, scoring 21 total points and getting seven rebounds, earning him seventh place in all-time scoring. Among Rudolph's other achievements, he also made First Team All-NSIC.

"It's definitely not the way we want to go out," Rudolph said. "It was a great basketball game. We just didn't make a few key plays down the stretch."

Maia finished with 16 points, four assists, two rebounds, and two steals.



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Rudolph named First-Team All-NSIC

(MSU Sports Information) — MSU's junior Tyler Rudolph was named to the 2016-17 Northern Sun Intercollegiate Conference Men's Basketball All-Conference team for the second straight season.



Rudolph

Rudolph, who was named to the second team last year, was named All-NSIC First Team in 2016-17, making him the first men's player to be named to the prestigious 10-player squad. It's the third straight season.

In 2016-17, Rudolph continued his ascent up the MSU all-time lists, moving into seventh place in scoring (1,357) and second place in rebounds (690).

He averaged 21.1 points per game and 10 rebounds per outing, leading the Beavers in both categories. He also finished with 47 assists and 32 blocked shots. Rudolph led the NSIC in rebounds with 291 and double-doubles with 14, was second in field goals (238) and third in points per game (21.1). He is ranked in the top 15 nationally in rebounds (8th), points (10th) and double-doubles (11th).

... Elliott continued from page 5

about the changing seasons, Elliott covers a wide array of her memories, relationships and ideas.

"I don't expect to become a millionaire," Elliott said, instead seeking to share her experiences and impact others through her work.

Elliott decided to self-publish her book for timely reasons.

"I did not want to sit around for five or 10 years submitting to publisher after publisher. I thought 'to-heck with it, I'm just going to do it myself.' Though I didn't really do it myself," Elliott said.

A number of people helped her put the book together, including beta readers (non-professional editors), an editor, a cover designer and an interior designer.

"There are a lot of people involved in putting a quality book together," the author said.

"You don't have to like poetry to enjoy this," Elliott said in regard to the book's approachability "It's an easy read."

Copies of the book may be purchased on Amazon.com by searching for "No Boundaries" by Karen Sanderson. A few copies are also available in the MSU Bookstore.

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... Writing continued from page 7

major, values services that the writing center offers.

"Being a tutor in the writing center is really great practice for when I become a teacher because I'm majoring in English education. It's a great practice for one who wants to work with students in the future," Bliss said.

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Any MSU student with a 3.0 GPA can be a tutor after completing English 110 and 120. Prospective tutors must also take English 318, Writing Tutor Training, a 1 credit course which trains students in tutoring strategies. Once they have completed this class, they may tutor at the center as long as they are enrolled at Minot State.

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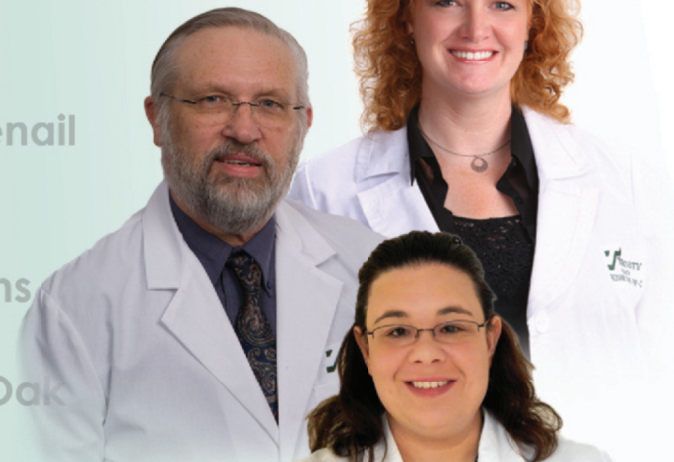
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