

MINOT STATE UNIVERSITY

Red & Green

Volume 97, Number 16 March 3, 2016
Minot, N.D. 58701 minotstateu.edu/redgreen

Inside This Issue:

- Should you be worried about Zika?, Page 6
- Help make sleeping mats for homeless, Page 7
- Financial aid priority deadline approaching, Page 7
- Wrestling competes at Super Regionals, Page 9

Students win big at Karaoke in the Dam



MSU students (from the left) Phil De Luca and Brittany Johnson win 32-inch LG TV's for the raffle draw at Karaoke. MSU Life sponsored the event last week in the Beaver Dam.

Photo by Jerusalem Tukura

Governor orders cuts

MSU must return \$1.9 million

By Courtney Holman
Editor

Last month, Gov. Jack Dalrymple announced a 4.05 percent budget reduction to virtually all North Dakota state agencies. The reduction is necessary because of a \$1.1 billion shortfall in the 2015-17 state biennium budget due to a drop in oil drilling and slumping crude prices.

The 4.05 percent cut requires Minot State University to return just under \$2 million from its current general fund budget appropriation.



According to an Shirley email to campus faculty and staff, MSU President Shirley said N.D. Chancellor Mark R. Hagerott asked Shirley to ensure that MSU's reduction plans did not consider any cuts to essential student services. Shirley believes the MSU budget plan lives up to that.

"Part of the framework we were asked to work under from Chancellor Hagerott was to protect essential student services," Shirley said. "At the end of the day, we're trying to absolutely minimize the impact to those essential student services."

The largest cut is by freezing seven open faculty positions. The administration has worked closely with the deans from the College of Business, the College of Arts and Sciences and the College of Education and Health

See Plan — Page 6

News in Brief

Book talk today at noon

MSU's University Diversity Committee invites everyone to a talk to discuss the book, "The Absolutely True Diary of a Part-Time Indian," by Sherman Alexie. UDC members Evelyn Klimpel and Annette Mennem and faculty member Ron Fischer will lead the discussion. This event takes place today at noon in the Conference Center, third floor of the Student Center. It is free and open to everyone.

Pledge to end use of the R-word

MSU students are invited to join the social movement, Spread the Word to End the Word, to end the use of the R-word in everyday language and medical language by signing a pledge.

Students in the Leadership in Special Education class (SPED 379) and Minot's Second Story will sponsor a pledge-signing booth today, March 3, from 9 a.m. to 2 p.m. in the Student Center, second floor hallway.

The student club, Special Olympics College at Minot State University, will host a pledge-signing booth Thursday and Friday from 11 a.m. to 1 p.m. on the first floor of Old Main.

History students to host Scan Day Saturday

The MSU Department of History and the Minot Public Library are partnering to offer Scan Day on Saturday for the purpose of digitizing history materials brought in by the public. The Minot Public Library, 516 2nd Ave. SW, will host the session from 10 a.m. to 4 p.m. Everyone is invited to bring in a wide range of items, including photographs, letters, diaries, scrapbooks, home movies and other artifacts related to family and community history.

Choirs concert March 8

The MSU Choir, under the direction of Ken Bowles, and the

MSU Singers directed by Jennifer McQuade, voice instructor, will perform Tuesday at 7:30 p.m. in Ann Nicole Nelson Hall, Old Main. Admission is free.

Strategic planning open forums March 9 and 10

All MSU students, faculty and staff are invited to attend one of two campus forums for information on MSU's Strategic Planning in regards to SWOT Analysis and Strategic Goals. These open forums will also provide updates on the progress of the planning process. The forums are Wednesday, March 9, at noon and Thursday, March 10, at 8 a.m. in the Conference Center, third floor, Student Center.

Busch to present student recital March 9

Ashley Busch will present her senior broadcasting and communication arts recital, "Developing Media Literacy: A College Workshop," Wednesday at 3 p.m. in Aleshire Theater. Busch will discuss media literacy and how she created a workshop for MSU students to improve these essential skills. The recital is free and open to all.

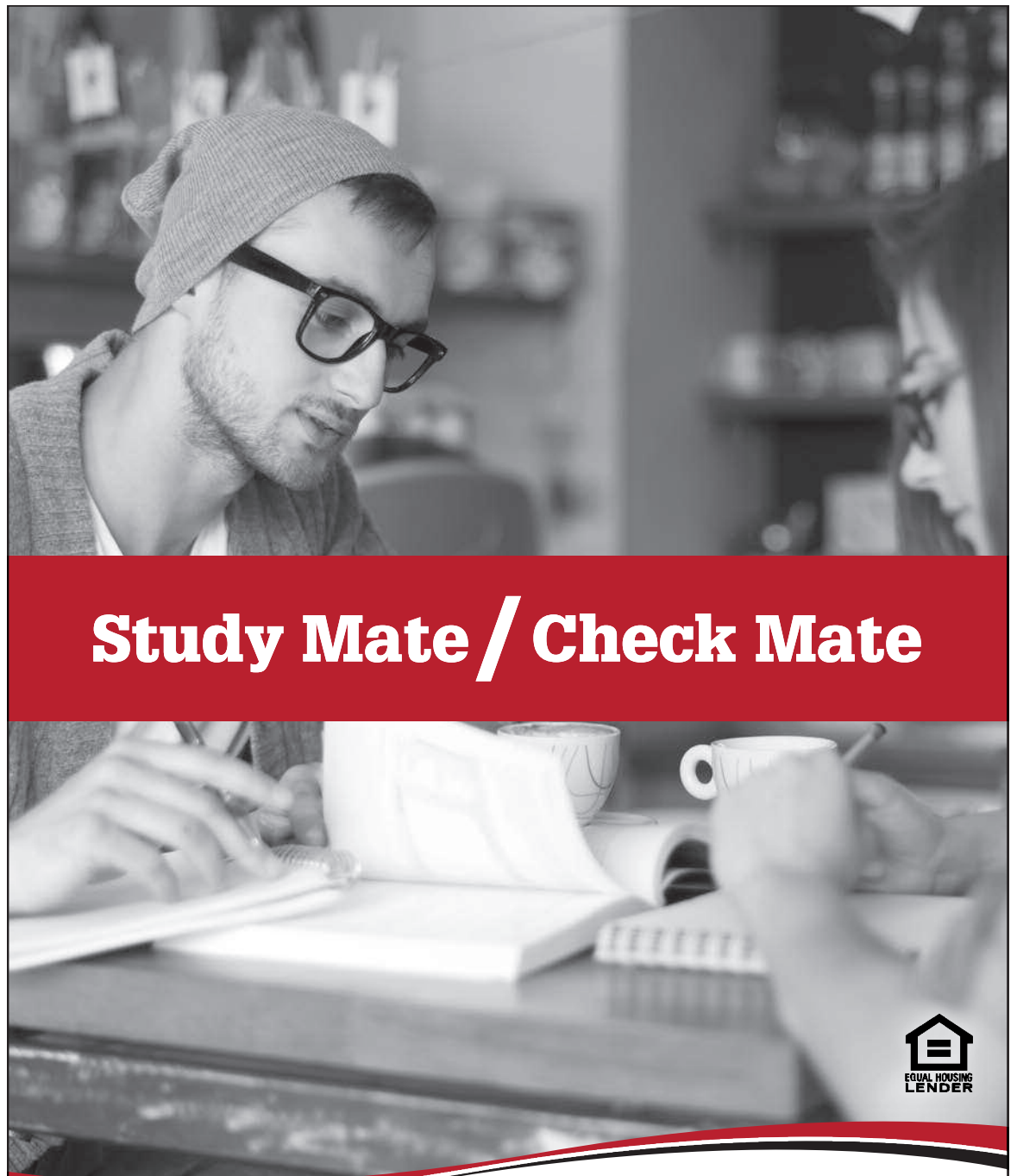
Blood Drive on campus March 9

The Beta Theta Sorority is working with United Blood Services to bring a blood drive to campus Wednesday from 10 a.m. to 2 p.m. Everyone is welcome to donate. Email chelsea.geis@my.minotstateu.edu to book a time slot.

Percussion Ensemble and Tuba and Euphonium Quartet to perform March 9

Students in Minot State University's Percussion Ensemble

See News — Page 3



Study Mate / Check Mate



live first

A First International Bank & Trust checking account has the perks you need for all expenses, including all-night study sessions.

Open an account today!
www.firstintlbank.com/checkmate

- ✓ Mobile App & Online Banking
- ✓ Mobile Check Deposit
- ✓ Person to Person (P2P) payments

Voices on Campus

"How are you preparing for midterms?"

By Kaleiah Murchison
Comm 281



Alex Del Rio
Nursing

"Catching up on sleep, avoiding social media and Netflix, and studying 'til my brain hurts. Maybe throw in a few mental breakdowns and a bit of procrastination in the mix too. Haven't decided yet."



Ariel Koh En Chze
Broadcasting

"Just reading the text books, making notes and studying the study guides provided."



Alex Osvoid
Business Management

"I study my notes and look over quizzes, and I've also been spending three hours a day in the library."



Hannah Davis
Communications

"Just going over old tests, checking answers, getting a better understanding, and going over old notes and things I didn't understand the first time. Also, I've been meeting with my professors and asking a bunch of questions."



Jay Pratt
Psychology

"I'm going to the library three times a week and studying."



Kelsie Kite
History Education

"I'm trying to get ahead in classes, so the midterms don't seem as hard."

... News
continued from page 2

and Tuba and Euphonium Quartet will perform Wednesday in Ann Nicole Nelson Hall, Old Main. Come and support fellow students. Admission is free.

Faculty art on display through March 31

Minot State University's Northwest Art Center will host the MSU Art Faculty's Biennial Art Exhibition in Hartnett Hall Gallery through March 31. The exhibit features the works of several faculty members.

The gallery is open Monday through Friday, 8 a.m. to 4:30 p.m., and by special arrangement. It is closed on holidays. The exhibit is free and open to the public.

CORRECTION

In the Feb. 25 issue, the Voices on Campus byline should have read by Nanako Sato.



**100% TUITION ASSISTANCE • STUDENT LOAN REPAYMENT
AFFORDABLE HEALTH, LIFE & DENTAL INSURANCE
SERVE YOUR COMMUNITY, STATE & COUNTRY**

**Go GUARD while YOU
get YOUR DEGREE!**

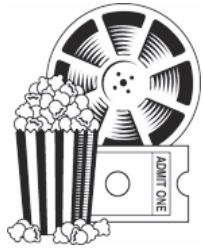
The National Guard can help make your college degree a reality. Serve your Community, State & Country, get valuable skills training, affordable health, life & dental insurance, and graduate debt free!

Call or Text!

**SFC Jory Stevenson @ 701-340-6376
SGT Brandon Carrigan @ 701-340-0636**

**NORTH DAKOTA
NATIONAL GUARD**
NATIONALGUARD.com





On Movies



'Creed'

By Alex Nelson
Staff Writer

A wise man once said, "It ain't about how hard you hit, it's about how hard you can get hit and keep moving forward."

"Creed" stars Michael B. Jordan, Sylvester Stallone, Tessa Thompson, Tony Bellew, Graham MacTavish and Phylicia Rashad. It is directed by Ryan Coogler and rated PG-13 for language and intense fight scenes.

Adonis Creed (Jordan), son of the famed Apollo Creed, wishes to become a boxer himself, but is afraid to be viewed as the shadow

of his father. Adonis' mother, Mary Ann (Rashad), also doesn't want him to suffer the same fate as his father. Finding no-one will train him, Adonis travels to Philadelphia to meet with Rocky Balboa (Stallone) to ask his father's rival and friend if he will train him.

Rocky is hesitant to train the young Creed, but in the end relents. Adonis trains hard under Rocky's instructions and gains skill and a friend, Bianca (Thompson), an aspiring song writer.

Soon opportunity comes knocking as Adonis is offered by trainer Tommy Holiday (MacTavish) to fight the Lineal World Light Heavyweight Champion, "Pretty" Ricky Conlan (Bellew), who has

never lost a match in his career. With everything on the line, Adonis will give it all he's got against the reigning champion.

I wasn't able to see a movie at the theater this week, but I was able to see "Creed" at the Aleshire Theater on Monday. This is the second time I have seen the film and it is still good.

I will not lie, I felt a bit nervous when I saw the trailer for the first time. I enjoyed the Rocky films and the concept was interesting, but sometimes spin-offs don't turn out that great. I am glad to say, however, that this one has lived up to its expectations. The acting is very well done, and Jordan and Stallone really work well together in their scenes.

One very noticeable theme in the movie is about fathers and sons, which you can see with the scenes featuring Rocky and Adonis. The film itself has some interesting homages and themes from the previous "Rocky" movies that fans would recognize and, at the same time, would intrigue new fans of the genre and series. The boxing scenes were also done very well and interesting to watch.

I didn't have any certain issues with this movie, but I did wish we could have a few more scenes featuring Conlon, Adonis's main opponent. With the exceptions of the final fight and a few scenes giving us an idea who he was and what his personality was like, we don't see him that much. In the

fight, he does prove that he is a formidable opponent as he is like a mixture of past "Rocky" opponents Apollo Creed, Clubber Lang and Ivan Drago. I should note that the movie would be easier to watch if you had watched the previous "Rocky" films to understand what the characters are talking about and what is going on.

Overall, this movie was very well made as Michael B. Jordan and Sylvester Stallone work well together and their interaction on screen is worth the watch. While the film at the moment is not available to watch, hopefully you will give it a try when it comes out to rent.

I personally rate "Creed" 5 out of 5 Beavers.



International Celebrations

International Women's Day March 8

By Alina Kireeva
Staff Writer

The world celebrates numerous holidays every day and marks significant events and problems to draw the attention of the international community. Many celebrations throughout history were connected to natural events like solstices and equinoxes, harvest time and lunar cycles; however, more modern holidays are developed from ideas and solidarity with one or another globally important issue. International

Women's Day is one of those holidays.

As obscure as it is for most of the Western hemisphere, it is an official holiday in 28 countries, four of which have this as a day off only for women. It is also widely celebrated in eight other countries, but is not considered a public holiday.

The purpose of International Women's Day is to celebrate not only the incredible virtue of womanhood, but also equality in work, education and social status. The holiday takes its origin at the

times of the rising feminist movements in the beginning of the 20th century in North America. The premise of the first Women's Day became the 1908 strike of garment workers in New York, demanding improvement of working conditions.

A year later, on Feb. 28, the American Socialist Party recognized it as a first National Women's Day in honor of the 1908 strike. Meanwhile, in 1910, Western Europe experienced similar developments. Socialist International established the first

International Women's Day at a conference in Copenhagen, with the approval of more than 100 women members from 17 countries.

The first three women were also elected to the Finnish parliament that year. The Copenhagen initiative was followed by International Women's Day recognition in Germany, Austria, Denmark and Switzerland. The day was marked with rallies where women demanded the right to vote and to hold public office, to work and to have voca-

tional training, as well as protesting against discrimination in the workplace.

German activist and Social Democrat, Clara Zetkin, proposed in 1911 the establishment of Women's Day on March 8, in order to give women the opportunity to voice their demands and enforce equality (German History Documents and Images). In 1913-1914, Women's Day served in protesting World War I. Women in Russia observed their first Women's Day on the last Sunday

See Women's Day — Page 5

Red & Green

152 Administration Building
Minot State University
500 University Ave. W
Minot, ND 58707

Phone: 858-3354

E-mail: redgreen@minotstate.edu

ONLINE: www.minotstate.edu/redgreen

Adviser: Frank McCahill

EDITOR

Courtney Holman

ASSISTANT EDITOR

Rachel Alfaro

ONLINE EDITOR

Josh Jones

SPORTS EDITOR

Jerusalem Tukura

CIRCULATION

Josh Jones

Letter Policy: Letters to the editor must bear the writer's name, e-mail address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Thursday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstate.edu.

Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

Red & Green is printed at Minot Daily News, Minot, N.D.

... Women's Day continued from page 4

of February, which in 1914 had fallen on March 8 in the Gregorian Calendar. Meanwhile in Western Europe, around that day many other rallies and strikes took place where women protested the World War.

Despite the efforts of European activists, women gained the right to vote in Germany, Russia and other countries only after World War I. For years, International Women's Day carried a socialistic character, especially in the Soviet Union. However, over the years, it has transformed into a universal appreciation and celebration of womanhood, equality and respect.

It is incredible to think that today, 119 years after the first recognition of Women's Day, the issues and demands of women still persist in many countries. In 1975, the United Nations established March 8 as an International Women's Day and official UN holiday. Two years later, the UN General Assembly adopted a resolution that proclaimed "a United Nations Day for Women's Rights and International Peace to be observed on any day of the year by Member States, in accordance with their historical and national traditions." (UN Women Watch).

Every year, the United Nations has a theme for Women's Day and this year it is Planet 50-50 by 2030: Step It Up for Gender Equality. It makes a special emphasis on the UN Women's Step it Up initiative which focuses on gender equality as a part of the Sustainable Development Program. The program proclaims: "The achievement of full human potential and of sustainable development is not possible if one half of humanity continues to be denied its full human rights and opportunities." (UN Women Watch).

Absolutely in every celebrating country, the holiday attributes a very delicate flare, emphasizing feminine nature and showering ladies with attention and, often, flowers. In countries of the post-Soviet block and some eastern European countries, flowers are an irreplaceable appendage of

Women's Day. Age, appearance, language, titles and backgrounds do not matter on that day. It is a holiday of mothers, wives, daughters, sisters, friends and simply beautiful women in their diversity and life choices.

In Russia, a common phrase is that it may rain on March 8, because it is women's happy tears and unhappy, too, for everything they have endured in life. This topic was especially relevant in Eastern Europe after World War II, as it became the first major conflict where women played a significant role both in armed forces and in the reserve. The world sought peace and was especially glad to dive into a simple celebration not affected by politics. That is what International Women's Day was and still is about, recognizing the pure nature of humanity and emphasizing the importance of sustainable development worldwide through improving women's rights and gender equality.

Next Tuesday, take a minute to let your favorite ladies know how much you appreciate their role in your life and make them smile. Happy International Women's Day!

References:

UN Women Watch International Women's Day History: <http://womenwatch.unwomen.org/international-womens-day-history>

German History Documents and Images, Give us Women's Suffrage: http://germanhistorydocs.ghi-dc.org/sub_image.cfm?image_id=1651

Holidays and Observances Around the World: <http://www.timeanddate.com/holidays/>.

MI MEXICO
AUTHENTIC MEXICAN FOOD

701-858-0777
301 40th Ave SW #101
Minot, ND 58701

"Best Authentic Restaurant In Town"
READER'S CHOICE
AWARD WINNER

MIDN
Readers' Choice

Practice mindfulness

By Carl Michael Clarito
Senior Nursing Student

Adapting to a new education or social environment can be stressful to most college students. To alleviate some of the stress that a college student can experience, he or she should consider practicing mindfulness.

Mindfulness is a meditation technique developed by Dr. Jon Kabat-Zinn. According to Dr. Kabat-Zinn, "Mindfulness is awareness that arises through paying attention, on purpose, in the present moment, non-judgmentally."

Mindfulness involves awareness of the present moment with open-minded thoughts and emotions. It involves taking time to observe and experience the present moment. One may practice mindfulness through a simple meditation technique. For example, one may take a moment to pause and observe one's breathing, thoughts, emotions and environment. Benefits of practicing mindfulness include reducing personal stress, developing positive emotions, eliminating environmental distractions, building a sense of compassion and enhancing inter-personal relationships.

To practice mindfulness, one must start by taking a moment to observe his or her breathing. Focus on the physi-

cal sensation of each breath as it enters and leaves the body. Keep open-minded thoughts and emotions to experience the present moment. Take this chance to observe the environment. One may continue to practice mindfulness for as long as he or she desires. Some may practice mindfulness in one minute then resume current activities, or one may choose to meditate with mindfulness for a prolonged period of time.

The use of mindfulness can be applied in a variety of settings such as during a conversation, studying in school, driving to work or waking up in the morning. While conversing, it is good to take a moment to clear one's thoughts and focus on the message that is being conveyed. When a student is stressed from studying, he or she may take short breaks to clear his or her mind, focus on the present moment and analyze emotions. When one is traveling to work, take time to examine the environment and enjoy what the present moment has to offer. And, when waking up in the morning, take the time to relax and mentally prepare oneself for the upcoming day.

By properly incorporating

mindfulness into one's day-to-day activities, one can appreciate the present moment with positive emotions and a clear mentality.

References:

Ask an expert: What is mindfulness and why should you try it? (2016). Retrieved from <http://www.buzzfeed.com/aetna/ask-an-expert-what-is-mindfulness-and-why-should-you-try-it#.yg7N3d78n>

Gregoire, C. (2014). 13 Things mindful people do differently every day. Retrieved from http://www.huffingtonpost.com/2014/04/30/habits-mindful-people_n_5186510.html

Mindfulness for dummies. (n.d.). Retrieved from <http://www.dummies.com/how-to/content/mindfulness-for-dummies-cheat-sheet-uk-edition.html>

Misra, R., & Castillo, L. G. (2004). Academic stress among college students: Comparison of American and international students. *International Journal of Stress Management*, 11(2), 132-148.

What is mindfulness? (n.d.). Retrieved from <http://greater-good.berkeley.edu/topic/mindfulness/definition>.

JACK & JILL went
UP NORTH HILL
TO BUY ALE
a pail of ale ...

Liquor Store
Everyday
Low Prices!

THE
LANDING
BAR & BOTTLE SHOP
MINOT, ND

BAR & BOTTLESHOP
2015 N. Broadway

Must be 21 to enter

... Plan
continued from page 1

Sciences to spread out the frozen positions across campus.

"The [frozen positions] will probably have little impact on the students on a day-to-day basis," Shirley said. "We may have to have the full-time faculty take on an extra section or two, teach some overload. There might be some slightly larger class sizes, as well, but I think that will be more the exception, not the rule. The reality is, there will be more overload where our current faculty have the opportunity to teach more, and some adjuncts, part-time professors may be teaching."

In addition, two staff positions will be frozen and two staff positions eliminated.

Reduction Plan

Reduction in MSU's extraordinary repair funds	-\$400,000
Net savings through freezing of seven open faculty lines	-\$435,194
Reorganization within Center for Extended Learning	-\$100,000
Freezing of an open line in the Library and an open line in the Dome	-\$108,716
Elimination of a facilities position and an Academic Affairs staff position	-\$95,944
Savings from modification to ATB 3 percent salary increase for FY2017	-\$216,434
Seven percent reduction in operating budgets	-\$280,000
Moving an MSU Advancement position from appropriated to local funds	-\$54,974
Savings in salary breakage from open positions/replacements	-\$226,965
Savings from early retirements (estimate amount)	-\$73,566
Total budget reduction	-\$1,991,793

The second largest reduction is in the extraordinary repair funds. Extraordinary repairs funds take care of

"We're trying to absolutely minimize the impact to essential student services."

— President Steven Shirley

deferred maintenance. This consists of bigger repairs usually done over the summer, and can include anything from roof repair to adding more efficient windows or replacing carpet across the campus.

Outlined below are specifics of MSU's reduction plan.

Should you be worried about Zika virus?

By Tanielle Brost
MSU Student Health Center

What is it?

The Zika virus is a virus that is transmitted by mosquitoes. Most people do not show any signs or symptoms of the virus while others report mild fever, rash, muscle aches or headaches. These symptoms typically begin two to seven days after being bitten by an infected mosquito. The Zika virus has been shown to cause microcephaly (a potentially fatal congenital brain condition) in newborns whose mothers contracted the virus during pregnancy.

How is it spread?

The Zika virus is mainly spread through mosquito bites, but has also been transmitted through unprotected sexual contact and blood. During the first week of infection, Zika virus can be found in blood and passed to another mosquito through mosquito bites. An infected mosquito can then spread the virus to other people. As of now, the Zika virus has been known to be transmitted sexually from an infected man to his sexual partners. It is not known how long the virus is present in the semen, but the CDC states that the virus can be present in semen longer than blood. The best ways to protect yourself from this virus are abstinence or to use protection. According to the CDC, as of February 17, 2016, 82 travel-associated Zika virus cases have been reported in the U.S. However, there are no locally associated Zika cases reported

in the U.S.

Treatment

Currently, there is no vaccine or specialized treatment for the Zika virus. Treatment instead focuses on managing the symptoms, for example acetaminophen (Tylenol) and ibuprofen (Advil) for headaches, muscle pain, or fever.

Prevention

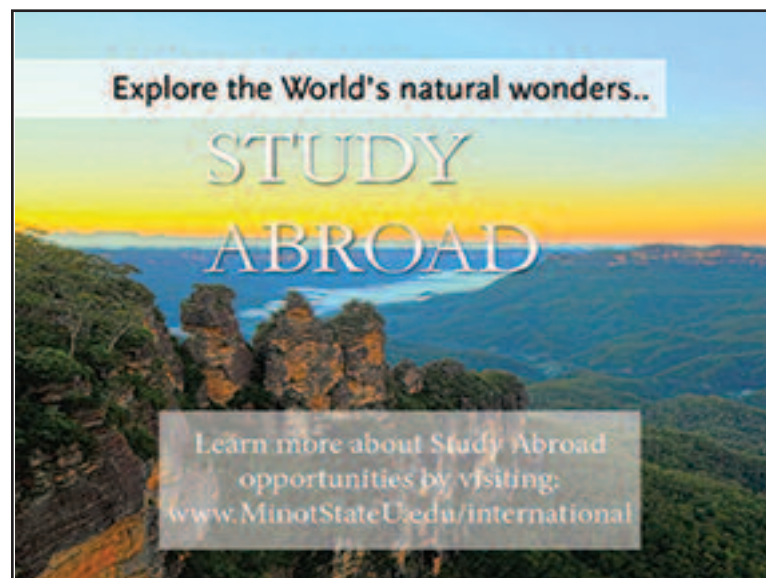
The CDC currently recommends that all pregnant women avoid travel to areas where there is an outbreak of the Zika virus. If you are planning to travel to an area where there is a known outbreak of the Zika virus, take precautions. The precautions are focused on protection from infected mosquitoes. These include using insect repellent containing DEET (as specified on the label), wearing clothing that covers as much of the body as possible, and sleeping with mosquito nets over the bed. For a more detailed list of measures to protect yourself against infected mosquitos, the PDF below lists preventative measures for those traveling to areas of known Zika outbreaks.

http://www.cdc.gov/chikungunya/pdfs/fs_mosquito_bite_prevention_travelers.pdf.

Travel Information

Zika virus has been known to circulate in Africa, the Americas, Asia and the Pacific islands.

For information about locations of current Zika outbreaks, visit: <http://wwwnc.cdc.gov/travel/page/zika-information>.



Explore the World's natural wonders..

STUDY ABROAD

Learn more about Study Abroad opportunities by visiting:
www.MinotStateU.edu/international



It's about the *grand* dining you'll love.

Steaks, Seafood, Pasta - and Mouthwatering Views.

Our restaurant offers Minot's largest steak selection, classic American heartland fare, plus fresh twists on Italian cuisine. Our award-winning Four Star Chef cooks up ever-changing delicious specials, so visit often for fresh tastes.

1505 N Broadway • Minot, ND 58703
701.838.7746 • 800.735.4493 • PrimoMinot.com

Primo
RESTAURANT

MSU Veterans Club receive donated TV



Submitted Photo
Minot's Apathy Original Motorcycle Club members Adam Ritchie (left) and Jory Stevenson (third from left) present a big screen television to MSU students Elizabeth Owen, James Tucci and Amanda Papp. The motorcycle club, with the help of the Veterans Warrior Foundation and Minot's Pacific Sound, donated the TV to the Minot State University Veterans Club for use in the veteran student lounge at MSU.

Financial aid priority deadline approaching

Completing the Free Application for Federal Student Aid (FAFSA) is the first step toward getting federal aid for college or graduate school. Students can start preparing for the Fall 2016 semester by filing their FAFSA now for the 2016-2017 school year. Completing and submitting the FAFSA is free and quick.

The FAFSA determines eligibility for only one academic year, therefore, students must apply for financial aid every year. Even if a student only received loans the previous academic year, the FAFSA should be filed every year. The federal need analysis formula is complex enough that even a simple change in circumstances may have a big impact on eligibility for need-based financial aid. For example, an increase in the number of children in college

may significantly reduce a family's expected family contribution (EFC), which would increase eligibility for financial aid.

For the fall 2016 or spring 2017 semesters, students returning to Minot State University should complete and submit the 2016-2017 FAFSA online at www.fafsa.gov. Enter the MSU school code, 002994, on your FAFSA to have your information sent to MSU. Submit your FAFSA by April 8 in order for the MSU Financial Aid Office to receive your FAFSA results by the priority funding deadline of April 15. Students meeting the priority funding deadline will be considered for all federal student aid programs including the Federal Pell Grant, Direct Loan, Work Study, Perkins Loan, and Supplemental Education Opportunity Grant programs. Applications received after the priority deadline will be accepted, but funding may be limited to

the Federal Pell Grant and Federal Direct Loan programs.

To log in and sign a FAFSA electronically, students will use their Federal Student Aid (FSA) Username and Password. If a parent signature is needed on the FAFSA, the parent must apply for their own FSA Username and Password. The FSA ID, a username and password, replaced the Federal Student Aid PIN. If a student or parent has not yet created an FSA ID, this can be completed online at www.fsaed.gov. The FSA User ID is used to submit the FAFSA and to access all Federal Student Aid websites.

In the "finance" portion of the FAFSA, the IRS Data Retrieval Tool (DRT) should be used, if possible, to transfer data from a student and/or parent federal income tax return to the FAFSA. Using the DRT will ensure accuracy and pos-

See FAFSA— Page 10

An evening about fracking

By Gemma Biasetto
Comm 281

Fracking has become a large part of North Dakota and its history-in-the-making.

A reading coinciding with the release of "Fracture: Essays, Poems, and Stories on Fracking in America" will take place at 7 p.m. Monday in the conference room on the third floor of the Minot State University Student Center.

Guest speakers will discuss the process from firsthand experience, in stories and poetry.

The presentation is free and

open to the public, with refreshments after the reading. The MSU Bookstore will have copies for purchase after the event.

"Fracture" is the March Midwest Independent Booksellers Association's pick of the month.

The Minot State University College of Arts and Sciences, Division of Humanities and the Office of the Vice President for Academic Affairs, along with the North Dakota Humanities Council are hosting this Visiting Writers Series event.

Help make sleeping mats for homeless

All students, faculty and staff are invited to help weave plastic-bag sleeping mats for the homeless Wednesday from 10 a.m. to 2 p.m. in the Beaver Dam. Supplies will be provided for everyone attending.

The mats will be sent to area homeless assistance providers.

Minot State University's Veterans Club, POWER Center, Greek Life and Native American Center, along with the Minot Air Force Base, sponsor the event.



For more information, contact Andy Heitkamp, MSU Veterans Center director, at andy.heitkamp@minotstateu.edu.

'My Life as a Dog' to be shown in Aleshire Theater

By Nanako Sato
Staff Writer

The next presentation in the monthly International Film Series, "My Life as a Dog," is a film from Sweden with English subtitles. It will be screened Monday at 6:30 p.m. in Aleshire Theater.

Scott Sigel, assistant professor of Spanish, is the director of the series.

"Our purpose is to highlight outstanding films from around

the world," he said, "and provide an opportunity for the MSU campus and Minot community to discuss issues affecting different cultures."

A buffet with appetizers and hot chocolate at 6 p.m. in the lobby of Aleshire Theater will precede the screening. The event is free and open to the public.

The Northern Lights International Film Series is supported by the North Dakota Humanities Council and Minot State University.

Baseball has rough start to the season

By Isaac Hunt
Sports Writer

The Minot State University baseball team opened its season with a 1-7 record after games against College of Idaho, Saint Martin's and Dixie State.

Despite their first road trip ending in an 0-4 record against the College of Idaho, the Beavers' head Coach Brock Wepler still had a good outlook on the season.

"I told the guys two weeks ago and told them again today that we are going to make the conference tournament," Wepler said. "It doesn't matter how we get there. It's important that the guys stay up and stay confident, and that we learn from some of the things we didn't do

very well. It's important to take some of the positives, but we have to learn from things we struggled with, as well."

In the second road trip of the season, Minot State played three times against Saint Martin's and once against the No. 12 team in the country, Dixie State. The Beavers were able to win one of those neutral-site games with a 26-8 routing of Saint Martin's.

Lane Biggs (So.) pitched the winning game for MSU. The team's offense scored 26 runs off 23 hits. Minot State now has a total of 99 hits through eight games, which leads the conference, despite recording no hits in one of its games.

Biggs leads the team with a team-

low 5.73 era and nine strike outs. Other statistical leaders include Jordan Schulz (OF, Jr.) who has 15 hits, 11 RBIs and two HRs, picking up where he left off last season.

Connor Oliver (OF, Sr.) and Kyle Williamson (OF, So.) lead the team with .452 batting averages, while freshman Celestino Rodriguez (1B) proves himself with 10 hits, including three doubles and two home-runs.

Minot State will travel to Arizona to compete in six games at the 2016 Tucson Invitational March 16. Notable opponents include NSIC member Northern State and North Dakota-based Valley City State.

Beavers go cold in second half, fall in NSIC first round

(MSU Sports Information) — Minot State University couldn't buy a bucket late in the second half.

The Beavers battled No. 3 seed Winona State back and forth much of the way, but the Warriors pulled away over the final eight minutes.

WSU outscored MSU 55-37 in the second half to post a 94-75 win in the first round of the 2016 NSIC/Sanford Health Men's Basketball Tournament Wednesday in Winona, Minn.

Minot State (15-14 overall) took its final lead, 47-45, on a layup by Dominique McDonald (Sr., G.) with 17:31 to play in the second half. It was still just a one-possession game with 9:34 to play as Tyler Rudolph (So., F) hit a pair of free throws to cut the Warriors' lead to 66-63.

But it was all Winona State after that.

The Warriors (15-12) held Minot State without a field goal for 5 minutes, 26 seconds during a span and outscored the Beavers 16-8 during a stretch midway through the second half to take a 77-67 lead with just 5:59 to play. The Beavers couldn't cut it below an eight-point lead from there.

In stark contrast, in a Minot State win in January during the regular season, the Warriors shot 55.7 com-

pared to just 34.9 for Minot State. MSU was outscored 33-12 on 3-pointers as MSU was held to just 4 of 20 shooting from beyond the arc.

Kyle Bauman led all scorers, hitting 11 of 15 shots from the field to finish with 25 points. He added eight rebounds and two blocks in the win for WSU. Isaiah Gray went six for nine from the field and eight for nine from the free throw line to finish with 21.

Rudolph finished his excellent

sophomore season with 16 points, eight rebounds and a blocked shot to pace the Beavers. Nathan Mertens (Jr., G) added 12 points and four rebounds, while Chris Davis (Sr., G.) scored 11 and added five rebounds for the Beavers.

McDonald finished with eight points and ended his career with 1,049 points, good for 14th all-time on the Beavers' scoring list. He also finished with 396 assists, 300 rebounds and 106 steals.

Season comes to an end for hoopsters

(MSU Sports Information) — Minot State University gave up big runs at the start of each half in the first round of the NSIC/Sanford Health Women's Basketball Tournament Wednesday in Sioux Falls last week.

The Beavers rallied from the slow start in the first half, but didn't have an answer for the second one.

Augustana University outscored Minot State, 30-19, in the third quarter to break open a close game and pull away for a 96-75 win.

"I'm very proud of our effort tonight," MSU head coach Sheila Green Gerding said. "Their fire power was just a bit too much to overcome. We left it all on the court, and played our hearts out."

Minot State, which finished the season at 11-18 overall, trailed by 13 points in the first quarter, but went on a run late in the quarter to trail by just four, 26-22, after one quarter.

It stayed close throughout the second quarter, as well, as MSU continued to lock down Augie on defense after the big early spurt. MSU got it to as few as three as Kori Eurich (Jr., G) knocked down a 3 on the Beavers' first possession

in the second half.

But the Vikings (22-7) took off from there. Augie outscored MSU 28-11 over the next nine minutes to take a 70-50 lead with just over a minute to go in the third quarter.

Augustana University had five players in double figures as Nichole Kerkhoff scored 18 points and Logan O'Farrell added 17. Sydney Rome finished with a double-double as she scored 12 points and added 10 rebounds in the win.

MSU got 21 points from red-shirt freshman Kari Clements (G, Trevor) to go along with three rebounds and an assist.

The Beavers' trio of seniors, Sarah Lester (F.), Savana Kingsbury (F.) and Amanda Sansaver (G.) finished strong as they combined for 24 points, 24 rebounds and 12 assists. Lester finished with 16 points and added seven rebounds, Kingsbury pulled down a game-high 13 rebounds to go along with eight points and eight assists and Sansaver dished out three assists and four rebounds in their final games with MSU.

"Sarah had a terrific first half and Kari had a great game," Green Gerding added. "Savana was very good defensively and on the board. We attacked and played well."

Who's the Smartest? Student!
EVERY MONDAY
Trivia @ 7pm w/prizes
Karaoke @ 9pm

THE LANDING
BAR & BOTTLE SHOP
MINOT, ND

BAR & BOTTLESHOP
2015 N. Broadway

Liquor Store
Everyday
Low Prices!

Must be 21
to enter

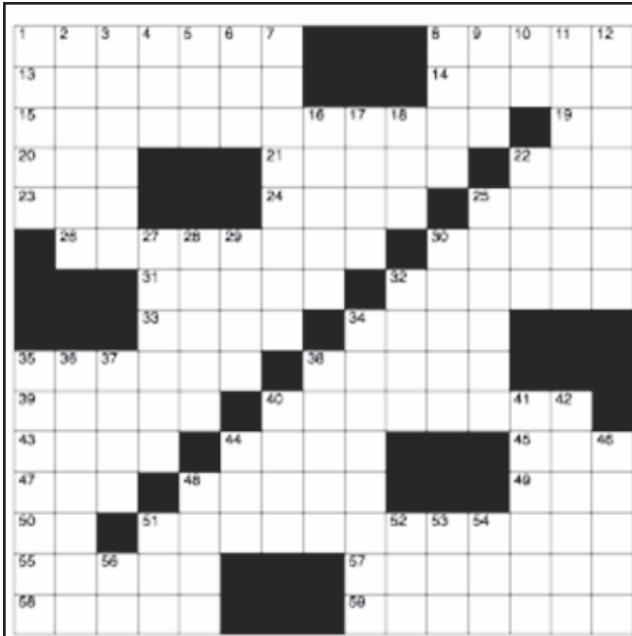
MARCHING BAND WORD SEARCH

WORDS

- ACCENT
- AERIAL
- ALIGNMENT
- ATTENTION
- BACKWARDS
- BAND
- BASS
- BATON
- BATTERY
- BLOCK
- BUGLE
- CADENCE
- CARRIAGE
- COLOR GUARD
- COMMAND
- CORPS
- COVER
- CYMBALS
- DIAGONALS
- DOUBLE TIME
- DRESS
- DRUM
- EASE
- EXECUTION
- FIELD SHOW
- FILES
- FLANK
- ICTUS
- MARCHING
- RANKS
- REST
- SNARE
- STEP
- TEMPO
- TENOR
- TWIRL

T E N O R C F A S T X O T E M P O T D P
D M V I E U W C D D P B T W V B C V R C
V A E R I A L C R B E U P M A O T E G S
S G M Y E R R E A H Y O R T V F S W L G
P S D P A A T N W E Y M T E D T K A E U
A K A R S N M T K G D E R K P W N T M C
R T D B E K N K C N R I C E N O N V O K
C U T R W S E K A Y G O T I G O R X C N
O E K E E C M C B O L S F A I E S Y O A
D E E F N S A E N B X I I T E A P K R L
I M L C R T S R A E E D U G M H X I P F
H L R P D S I L R L D C D S I G E K S G
Y C E O S E I O D I E A B S T S G O B U
E O B Y K G P S N X A P C K E L N B R F
H M M A N O H L E G I G P U L A I U I S
K M M M T O S S E L I F E O B B H G B I
C A E R W O C I X S U T C I U M C L D P
F N D V Y G N F U S N A R E O Y R E R C
T D E V K C O L O R G U A R D C A W U S
L L R I W T T X K P R O D N A B M O M A

Find the words hidden vertically, horizontally & diagonally throughout the puzzle.



CLUES ACROSS

- 1. Sold at a higher price
- 8. Instill fear
- 13. Can be domesticated
- 14. Obed and ____
- 15. Make too simple
- 19. Plutonium
- 20. Necessary for breathing
- 21. Make happy
- 22. Mythological bird
- 23. A baglike structure in a plant or animal
- 24. Put on ____
- 25. Type of dough
- 26. Blushed
- 30. Celestial object
- 31. Point ____ National Seashore
- 32. Purplish red
- 33. Towards the mouth or oral region
- 34. Portuguese musical genre
- 35. Steals
- 38. Acts insincerely
- 39. City in Belarus
- 40. Anticipates
- 43. Paris airport
- 44. Deal with
- 45. No (Scottish)
- 47. Opens lock
- 48. Central parts
- 49. Sheep disease
- 50. Indicates position
- 51. Doing many things at once
- 55. Khoikhoi peoples
- 57. Informal alliance between countries
- 58. Long poems
- 59. The state of being poorly illuminated.

CLUES DOWN

- 1. Portico
- 2. Delicacy
- 3. Punish with an arbitrary penalty
- 4. Household god (Roman)
- 5. Public television station
- 6. ____ Lilly, drug company
- 7. Degraded
- 8. Free from danger
- 9. Low bank or reef of coral
- 10. Exclamation of surprise
- 11. Lies down in rest
- 12. Give an education to
- 16. Provides
- 17. Fat from a pig
- 18. Belonging to a thing
- 22. Branches of a bone
- 25. Having a cheerless aspect or disposition
- 27. Edema (archaic)
- 28. Bo __, "10"
- 29. Unfledged or nestling hawk
- 30. Surrenders
- 32. Type of dessert
- 34. Planted with trees
- 35. Washington town
- 36. Listen in
- 37. Inwardly
- 38. Chinese province
- 40. Garrison
- 41. Converts thermal energy to mechanical work
- 42. Holy people
- 44. Lowest point between two peaks
- 46. Boundaries
- 48. Utter obscenities
- 51. ____ and cheese
- 52. Member of the cuckoo family
- 53. Type of microscope
- 54. ____ and Barbie
- 56. Michigan.

Polak places at Super Regionals

By Isaac Hunt
Sports Writer

The Minot State University wrestling team competed in the NCAA Division II Super Regional for the Central Region Saturday in Sioux Falls, S.D. Of the eight wrestlers who competed for the Beavers, two moved on to the second day of competition.

Marcus Polak (157, Sr.) placed sixth in the region with two wins earned on the first day, including a pin in his first match. On the second day, he didn't see as much success, as he suffered two losses from fellow NSIC opponents, including a disqualification in the final match in his career as a Beaver.

Mitchell Eull (HWT, Jr.) split his

two matches on the first day after he was awarded a bye. Eull only competed in one match on day two, losing in a 5-2 decision to Coltyn Pease of McKendree University.

Sophomores Tanner Crissler (141,) and Cody Haugen (149,) each also earned wins on day one with Haugen recording a pin in his second match of the day. Neither competed in the second day.

This marks the third year in a row a Beaver has placed in the top six at the Super Region 3 tournament, with Eull placing sixth last season.

This concludes the wrestling season for the team. Minot State finished 4-14 this year in duals, including a 2-4 home record under first-year head coach Evan Forde.

Softball wins 3 of 4 games over weekend

By Vanessa Christiuk
Sports Writer

The Minot State University Beaver softball team improved their record to 6-3 this past weekend in St Cloud, Minn.

In the first game Saturday, the Beavers faced Concordia St. Paul. A good start had the Beavers with a 2-0 lead. The Golden Bears battled back and took the lead 3-2. It wasn't until the top of the 7th that the Beavers could string a few hits together. With a three-run rally, the Beavers managed to come out with a 5-3 win.

The second game in the bubble was against Minnesota Crookston. A hot start had Rachel Burdette driving in two runs and then later coming in to score. With a three-run lead heading into the third, Crookston answered back with two runs. They then added two more later in the 6th.

Down 4-3 going into the 5th, Jordan Grant walked on to lead the inning. She then proceeded to steal second, move to third on an error and then, in epic fashion, she stole home as well, tying the game at 4. Ashley Hill put the icing on the cake with a hard-hit home run as the Beavers won, 5-4.

Back in the bubble on Sunday, the Beavers faced Bemidji State. The bats were stale until Sarah Nicks got the only hit for the Beavers late in the game. Bemidji won, 5-0.

The fourth game of the weekend had the Beavers facing Crookston once again. In six innings, the Beavers racked up 13 hits, scoring 14 runs and

See Softball — Page 10

Clements named to NSIC All-Freshman team

(MSU Sports Information) — Minot State University women's basketball player Kari Clements was named to the Northern Sun Intercollegiate Conference All-Freshman team last week.



Clements

Clements, a redshirt-freshman from Trevor, Wis., had a successful season on both the offensive and defensive sides of the ball coming off the bench for the Beavers. Averaging 9.4 points, 2.3 rebounds and 1.4 assists in her first season she ranked in the top five in each category on the team.

She led the team in three-point field goals made with 32 and steals with 50. Her 50 steals tied for fifth most in the conference and were the most by any freshman.

Clements played in all 29 games, making one start and will step on the court next season having averaged the second-most minutes from any returning player with 19.7 this year.

Rudolph named All-NSIC

(MSU Sports Information) — Minot State University sophomore Tyler Rudolph was named to the Northern Sun Intercollegiate Conference Men's Basketball All-Conference team last week.



Rudolph

This is the first All-NSIC honor for Rudolph, who was named to the 10-member second team, and marked the second year in a row the Beavers had a player named to the conference team. Everett Robinson was named All-NSIC last season.

Rudolph was outstanding in his sophomore season, leading the team with a 17.5 points per game scoring average, good for ninth in the NSIC, and was second in the league in rebounding at 8.7 per outing.

His 12 double doubles lead the league and tied him for 15th in all of NCAA Division II. Rudolph paced the conference in offensive rebounds with 91, which ranked him 30th in DII, while shooting 83.8 percent from the free throw line and 49.5 percent from the field.



PUZZLE SOLUTION



Photo by Vanessa Christiuk

Ashley Hill hits a home run against Minnesota Crookston. The Beavers won, 5-4.

... Softball continued from page 9

keeping Crookston to a measly four. Lauren Cowden contributed a homerun and four RBIs. Daniela

Carbajal also had two hits and drove in four.

The Beavers next see the field in Clermont, Fla. during spring break.

... FAFSA continued from page 7
sibly avoid being selected for verification.

The Financial Aid Award Notices for returning students will be available on Campus

Connection in early June.

For more information, please contact the MSU Financial Aid Office at 1-800-777-0750, 701-858-3375 or financialaid@minot-stateu.edu.

Faith United Methodist Church
5900 Hwy 83 North • Minot, ND 58703
838-1540 Debra Ball-Kilbourne, Pastor
www.faithumcminot.com

Sunday School 10:00 am Sunday Worship 11:00 am
Wednesday Activities @ 5:15 pm



PAID POSITIONS

2016-17 SCHOOL YEAR

Editor & Assist. Editor
coordinate, delegate, design and do layout

Sports Editor
coordinate, delegate and write

Online Editor
Internet and social media

Circulation Manager
deliver papers on campus

Reporters & Photographers
news and sports reporters and opinion writers

Apply Now!

GET MORE INFO &
PICK UP APPLICATION

Red & Green newspaper
152 Administration Bldg.

Deadline April 1, 2016

PORK LOVER'S SANDWICH

\$3.29

FOOD for thought

BUCKSHOTS

1st floor, Student Center • 10:30 A.M. to 2 P.M., M-F

Minot State Dining
For weekly rotation & menus

RED & GREEN STUDENT NEWSPAPER

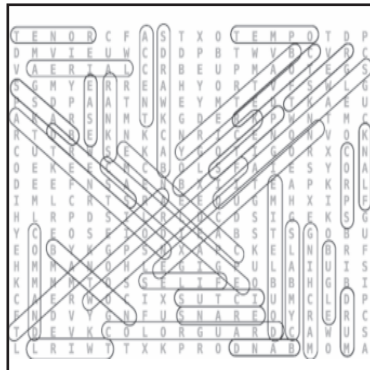
NOTICES

MSU students returning fall 2016 should file the 2016-2017 Free Application for Federal Student Aid, FAFSA, by April 8 in order for MSU to receive results by the priority funding deadline of April 15. Use FAFSA's official website, www.fafsa.gov, to submit your application electronically. Applications received after the April 15 deadline will still be accepted. For more information, please contact the MSU Financial Aid Office at 701-858-3375.

STUDENT GOVERNMENT ASSOCIATION. (SGA) meets Mondays, March 7, 21; April 4, 18 and May 2, Westlie Room, third floor, Student Center, at 7 p.m. Meetings are open to all students.

RED & GREEN**Publication Dates**

March 2016	April 2016
S M T W T F S	S M T W T F S
1 2 3 4 5	1 2
6 7 8 9 10 11 12	3 4 5 6 7 8 9
13 14 15 16 17 18 19	10 11 12 13 14 15 16
20 21 22 23 24 25 26	17 18 19 20 21 22 23
27 28 29 30 31	24 25 26 27 28 29 30

**NOW HIRING****KMSU**

Music Director

Personnel Director

TV Personnel Director

Multimedia Manager

Promotions/Sales Manager

See HH 123 for details

INSIDE/OUT**MSU's News & Feature Show**

Thursdays, live at 5 P.M., CHANNEL 19
Shown again Fridays at 2 P.M.

Produced by MSU Broadcasting students

The Minot Daily News

has routes available!

Small Neighborhood Routes, open in various areas of Minot that are great for college students!

- Early mornings
- Earn your own money
- Save \$\$ for college!

701-857-1910

Don't wait, Call **TODAY!**

301 4th St SE • Minot, ND

Accident (minor)
 Allergy
 Athlete's Foot
 Backache
 Broken Bone
 Burn (minor)
 Cold
 Cough
 Diarrhea
 Earache
 Eye Infection
 Fever (moderate)
 Foreign Body
 Flu
 Headache
 Ingrown Toenail
 Insect Sting
 Nausea
 Neck Spasms
 Poison Ivy/Oak
 Rash
 Runny Nose
 Sinus Infection
 Sore Throat
 Sprained Ankle
 Strained Muscle
 Upset Stomach
 Vomiting
 Wart

From **A** to **Z**

Our Convenient Care Clinic has you covered.

Roxann Brown, FNP-C



Joe Smothers, DO

Carla Pease, AGPCNP-BC

www.trinityhealth.org

TRINITY HEALTH
 Convenient Care Clinic

Mon-Fri 9 am to 6 pm
 Sat-Sun 12 pm to 6 pm

Health Center – Medical Arts
 400 E. Burdick Expy. • Minot

857-7817



Job Opportunities from Trinity Health

CNA: Provide direct quality nursing care to patients under the supervision of the RN-LPN on duty and direction of the Nurse Manager. Must have current North Dakota CNA certificate. Full Time, Part-Time, and Limited Part-Time positions available at Trinity Hospital, Trinity Clinics and Trinity Nursing Home. **HIRING BONUS AVAILABLE** to qualifying applicants.

DIETARY AIDE: Assist in the food service to residents, portioning food, and table setting at Trinity Nursing Home. Will also assist in cleaning related duties and dishwashing. **HIRING BONUS AVAILABLE** to qualifying applicants. Limited Part-Time positions available with flexible hours.

CPU TECH: Performs duties such as decontamination, preparation of items for sterilization (by steam, ETO, and gas plasma), distribute items to Nursing Care area, monitor the sterilization and decontamination process, and store and distribute sterile supplies. **HIRING BONUS AVAILABLE** to qualifying applicants. Full Time positions available.

HOUSEKEEPER: Perform general housekeeping duties in areas such as patient rooms, bathrooms, corridors, etc. Will have direct contact with patients, the general public and staff while providing a clean and sanitary environment throughout all areas of Trinity Health. **HIRING BONUS AVAILABLE** to qualifying applicants.

To see more listings or to apply, visit www.trinityhealth.org

Trinity Health is an EEO/AA/Disabled Individuals/Veteran Employer