Red & Green

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MSU attends theater festival



Photo by Koh En Chze (Ariel) Several Minot State University students pose for a picture at the annual Kennedy Center American College Theater Festival. The event took place last month at Normandale Community College in Bloomington, Minn. Workshops cover everything from movement to swashbuckling, stage fighting, play writing, dialects, directing, competitive and professional acting auditions, performances, devised theater, set crew and lighting team challenges.



Photo courtesy of MSU Public Information Office MSU faculty Mellissa Spelchen, Erik Anderson and Andy Bertsch perform together.

Community Rocks concert set for Saturday

Don't miss this year's Community Rocks 2016 concert Saturday at the Grand Hotel in

Minot, with a classic rock orchestra p e r f o r m i n g favorites from the '60s to the present, featuring rock favorites by the Rolling Stones, Aerosmith, Styx, Heart, Metallica,

Heart, Metallica, Cold Play and many others.

Erik M. Anderson, a junior in Minot State University's music program, arranged many of the songs for the orchestra. Several will feature Melissa Spelchen, criminal justice assistant professor and interim Honors director, on vocals.

"Community Rocks is a highenergy event," Anderson said. "It's been very exciting to put together. I grew up a huge rock 'n' roll fan, and this is such a great outlet for me to channel that passion in the arrangements I've done."

The evening begins at 6 p.m. with a social and silent auction, followed by the first music set at 7 p.m. A cash bar will be available throughout the event. Open seating is available in two areas: reserved seats (all center rows) are \$60, while general admission seats are \$45. Tickets are available at Budget Music and Video in downtown Minot and at Jacobsen Music on 31st Ave. S.W., Minot. The event is open to all ages.

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Proceeds from the concert will provide instruments, supplies and instruction necessary to begin the Minot String Academy. The Academy will be dedicated to providing one-on-one lessons and string orchestra experiences to low-income children, beginning in the first grade. Organizers' goal is that this early start will provide social and academic benefits, as well as create future leaders of the

See Concert – Page 2

Auditions set for Summer Theatre's Season 51

By Krys Zorbaugh Staff Writer

Auditions for Minot State University's Summer Theatre's Season 51 will be held in the Aleshire Theater in Hartnett Hall, Feb. 12, 5 to 7 p.m. and Feb. 13, 2 to 4 p.m.

The four possible productions for Season 51 include, "Clue, The Musical," "Middle of Nowhere," "Mid-Life Crisis the Musical," "Schoolhouse Rock," "Noises Off" and "Pippin."

In addition to cold readings, actors should come prepared with 32 bars from any Broadway show tune and a one-minute comic monologue. Actors are advised to come dressed for movement during their audition.

Audition DVDs are accepted and must showcase vocal, acting and movement capabilities. The deadline for DVD submissions is Feb. 12. Cast lists will be posted on Feb. 27. Rehearsals for productions begin May 21.

The MSU Amphitheater, set in the grass-lined hillside north of the campus, is the home of the Summer Theatre Company.

For more information, contact Carlen Gilseth, assistant professor of communication arts, at 858-3178 or carlen.gilseth@minotstateu.edu.



News in Brief

Suits and Sneakers challenge today

Help Minot State University athletics join the American Cancer Society in bringing awareness to the fight against cancer through the Suits and Sneakers Challenge. MSU campus members will trade their dress shoes for sneakers to bring awareness to the fight.

Collect donations and wear sneakers to work Feb. 4. In addition to raising money to fight cancer, wearing sneakers acts as a simple reminder to live a healthy and active lifestyle. This is an opportunity to inspire hope by raising funds and awareness to help those facing the disease.

Special American Cancer Society donation buckets will be located in the Dome, Student Success Center, the Center for Engaged Teaching and Learning, the Swain Hall training room, Beaver Creek Cafe, the Wellness Center and the MSU Bookstore.

Minot State asks everyone to collect workplace donations and bring them to Saturday's basketball games when the Beavers take on MSU-Mankato during the Coaches vs. Cancer games at 4 and 6 p.m. For more information, contact Josh Sandy at joshua.sandy@minotstateu.edu.

Celebrate Mardi Gras with Sodexo on Tuesdav

The New Orleans carnival comes to Minot State University Dining Hall this year with lots of food and celebration. Mardi Gras draws millions of fun seekers to New Orleans every year for masked balls, colorful parades and great food.

Sodexo invites everyone to join them for the best of southern food and lots of fun at its Mardi Gras Celebration Feb. 9 from 11 a.m. to 1:30 p.m. This event is open to the public. Cost is \$9.50 per person, or one card swipe for students with a meal plan. All are welcome.

For more information, contact Patrick Friley at patrick.friley@sodexo.com.

Carlen Gilseth to present on Bertolt Brecht Tuesday

The Northwest Art Center's lecture series continues with "The Theater of Bertolt Brecht" presented by Carlen Gilseth, assistant professor of communication arts. This event will be in Aleshire Theater at 7 p.m. on Feb. 9.

Bertolt Brecht, the German dramatist, is often misunderstood, especially in theatrical practice. East German papers and documents that have recently been uncovered shed new light on Brecht's vision of a politicized, interventionist theater. Come hear how Gilseth plans to use this new evidence in his production of "The Chalk Circle" in April at MSU.

The lecture is free and open to the public. An informal reception with refreshments will follow the program. This project is supported in part by a grant from the North Dakota Council on the Arts, which receives funding from the state legislature and the National Endowment for the Arts. For more information, contact NAC Director Avis Veikley at nac@minotstateu.edu.

... Concert

continued from page 1

Minot Public Schools orchestra program.

Co-founded by MSU professors Erik Anderson and Andy Bertsch, Community Rocks exemplifies local initiative and talent coming together to benefit the community. The orchestra, which plays favorites from the '60s to the present, consists of local string, brass and wind players, plus trap set and electric bass.



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Today in History 1847: First U.S. telegraph is co-

1865: The Hawaiian Board of

Education is formed.

1932: The third Winter Olympic

Games open in Lake

Placid, New York.

substance produced

1974: Chimpanzee Nim Chimsky signs his first word, at two

1998: Bill Gates gets a pie thrown

2014: U.S. Treasury Secretary

because the U.S

trillion soon.

government debt is

expected to hit \$17.2

in his face in Brussels,

Jacob Lew urges Congress

to increase the debt ceiling,

synthetically (radium E).

1936: The first radioactive

months.

Belgium.

established in Maryland.

3 ways to quickly pay down college debt

By Metro Creative

Student loan debt is a big concern for today's newly minted college graduates. According to an analysis of government data by Edvisors.com, a website that provides financial information about college to students and parents, the average student in the class of 2015 will graduate with more than \$35,000 in student debt. That figure is roughly \$2,000 more than the class of 2014 graduates faced upon receiving their degrees.

With such substantial debts, it's no wonder many college graduates find themselves looking for ways to pay down that debt as quickly as possible once they leave campus life behind. Paying down college debt may seem daunting at first, but the following are some ways for recent grads to get out from under that debt sooner rather than later.

1. Pay more than you owe.

The best way to reduce the principal on student loans quickly is to pay more than you owe each month. Once the repayment grace period ends, grads will see what their monthly student loan payment is. Paying more than that amount each month can drastically reduce your repayment period, and you will pay considerably less in interest over the life of the loan. For example, a graduate who owes \$25,000 and pays six percent interest annually for 10 years will pay roughly \$278 per month to eliminate that loan in exactly 120 months. Over those 120 months, grads will have paid more than \$8,300 in interest in addition to their \$25,000 principal. However, grads who pay an additional \$50 per month will pay their loans off nearly two years earlier and pay nearly \$2,000 less in interest over the life of the repayment.

2. Arrange for automatic

deposits into a repayment fund.

One of the more difficult parts of repaying student loans for recent grads is setting aside enough money to pay them off. Upon landing their first professional jobs, new grads are often making more money than they've ever earned in the past, and many have no idea how to manage their newfound financial windfalls. In

Spring

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For more information visit: w.MinotStateU.edu/international

addition to making your monthly payments via your everyday checking account, arrange for automatic deposits into a savings account you will exclusively use

to repay your student loans so you are not tempted to spend that money on more frivolous pursuits. You won't miss the money if **See Debt – Page 5**

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Study Abroad applications are due

February 15th, 2016



Tuesday, Feb. 9, 5:30 - 7 P.M. Christ Lutheran Church 502 17th St. NW, Minot

Join us for fellowship and food including pancakes, sausage, fruit and a variety of toppings. All proceeds to benefit Lutheran Campus Ministry's Spring Break trip to Chicago.



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On Movies



by Alex Nelson Staff Writer

Hello readers, I hope many of "Sisters, you enjoyed the Christmas break "Daddy' and the New Year. For those of you just beginning your college education, I hope the experience will be a good one. New

2016 semester greetings

some of the films that came out during the previous weeks. "The Forrest," 2 out of 5 Beavers, "Point Break," 3 out of 5 Beavers, "Sisters," 3 out of 5 Beavers, "Daddy's Home," 3 out of 5 Beavers and finally, "Star Wars the Force Awakens," 5 out of 5 Beavers.

od one. New movies such as "Kung Fu First, a quick mini review for Panda 3," "The Finest Hours" and "Jane's Got A Gun" are only a few of the new releases coming out this semester.

On Feb. 12, Ryan Reynolds, as the merc with the mouth, comes to town in "Deadpool," based on the Marvel comic book character, and is rated "R." Also, Feb. 12, Ben Stiller and Owen Wilson star as male models who must save the world in "Zoolander 2," rated PG-13.

On March 4, Ginnifer Goodwin and Jason Bateman team up as Rabbit, Judy Hopps, and Fox, Nick Wilde, in Disney's "Zootopia," rated PG.

On March 18, fans of the "Divergent" series will once again see Shailene Woodley and Theo James as rebels Tris and Four in "Divergent: Allegiant," rated PG-13.

On March 25, it is Ben Affleck vs Henry Cavill in "Batman vs Superman: Dawn of Justice," rated PG-13.

These are only a few of the many films that are coming soon to the theater in Minot. Stay alert for future reviews, and I hope that you have a good semester. See you at the movies.

Tips for adult students returning to school

By Metro Creative

Adults return to school for a variety of reasons. Some might be spurred by a desire to pursue a new career, while others might go back to school to learn more about their existing field and improve their career prospects. While their reasons for returning to school may differ, many adults find themselves battling some nerves as they begin the process of going back to the classroom.

Feelings of doubt are common among adults returning to school. But there are steps all adult students can take to reduce their anxiety and make the most of the often-exciting experience of going back to school.

•Start slow. Unlike more traditional college students, adults returning to school tend to have significant responsibilities, including families and careers. Juggling work and family is difficult on its own, but doing so along with college coursework is even harder. Adult students returning to school after a long layoff would be wise to take things slowly at first, so they and their families can gradually adjust to their new schedules. Many schools now offer online courses, which can be especially beneficial for working professionals.

•Have a plan. Many adults only return to school when they know exactly what they want to study or which courses they need to take to complete a degree or earn a certificate. If you have not already mapped out such a plan, do so before enrolling in any classes. The cost of a college education has no doubt increased considerably since you last stepped foot on campus, so you don't want to be signing up for costly classes that will not help you accomplish what you hope to accomplish by returning to school.

•Research your options. Just because you are an adult returning to school does not mean you are ineligible for scholarships or other forms of financial aid. The United States Department of Labor maintains a scholarship search engine at www.careerinfonet.org where students of all ages and academic levels can search for scholarships, grants and other financial aid opportunities to determine if they are eligible for some help paying for tuition. In addition, adults returning to school may want to discuss their plans with their employers, especially if they are looking to continue working in their current fields. Employers may have programs in place to subsidize employees looking to continue their education.

•Don't be discouraged. Many

adults mulling a return to school are hesitant to do so because they feel as if they will be the only older students in classrooms filled with millennials. However, the National Center for Education Statistics predicts a 14 percent increase in enrollment of students 25 and older between 2011 and 2021, suggesting that adults going back to school are unlikely to be the only **See Adults – Page 5**



Red & Green

152 Administration Building Minot State University 500 University Ave. W Minot, ND 58707 Phone: 858-3354 E-mail: redgreen@minotstateu.edu ONLINE: www.minotstateu.edu/redgreen Adviser: Frank McCahill EDITOR Courtney Holman ASSISTANT EDITOR Rachel Alfaro ONLINE EDITOR Josh Jones SPORTS EDITOR Jerusalem Tukura CIRCULATION Josh Jones **Letter Policy:** Letters to the editor must bear the writer's name, e-mail address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Thursday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstateu.edu.

Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

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How college students can eat healthy

By Metro Creative

If asked to reflect on their college years, many graduates likely would not recall healthy eating habits. College students are often pressed for time and short on funds, so a nutritious diet is often sacrificed for the sake of convenience and cost.

But a healthy diet can help college students handle the stresses of college life more effectively. The following are a handful of easy ways college students can improve their diets' nutritional value without breaking the bank.

•Eat breakfast. College students tend to stay up late and sleep in, but sleeping in at the expense of a healthy breakfast can impact performance in the classroom and make students more likely to overeat later in the day. A bowl of cereal with some fresh fruit is not an especially expensive breakfast, but it can help college students start their day off on an energetic and healthy note.

*•Snack healthy. Many students find snacks are an integral part of hours-long study sessions. But trips to the vending machine

continued from page 4

on a college campus.

graybeards in their classrooms. Returning to college as an adult

can be both exciting and over-

whelming. But adults need not be nervous about returning to the

classroom, even if it has been quite

some time since they last stepped

Faith United

... Adults

for candy bars or potato chips won't add much nutritional value to your diet. Instead of being at the mercy of vending machines, bring healthy snacks along during study sessions. Fresh fruit, raw vegetables, Greek yogurt and whole wheat crackers are just a few snacks that pack a more-nutritious punch than traditional vending machine fare. Healthy snacks also tend to provide more energy, making it easier to endure latenight study sessions.

•Make pizza healthier. Pizza is a staple of many college students' diets, so it's likely unrealistic for them to quit pizza cold turkey, especially since there are ways to make pizza healthier. When ordering a pizza, college students can request their pizza be prepared with whole wheat dough, which is healthier than traditional pizza dough. In addition, ask for less cheese and more tomato sauce. Such alterations are simple and healthy without sacrificing taste.

•Scale back on sugar. Sugar can cause weight gain without providing much in the way of nutrition. College students can cut back on their sugar intake by avoiding sugary beverages, including soda and drinks, like sweetened iced tea or lemonade.

College is also when many young men and women first start drinking coffee, which some people prefer to take with sugar. But students looking to keep weight off and reduce their sugar intake can choose to drink their coffee black or with just light cream or fat-free milk to ensure their morning cup of joe is not contributing to a bigger waistline.

•Drink more water. The symptoms of dehydration mimic those of hunger, and college students might turn to snacks when all they really need is a glass of water. If you find yourself snacking shortly after eating a meal, then you might just need to drink more water.

Few college students prioritize healthy eating habits. But these are some inexpensive ways for onthe-go students to enjoy healthy diets.

... Debt

continued from page 3

you never get used to having it, and you will celebrate the day the balance in your student loan savings account matches the payoff amount on your student loan balance.

3. Make plans.

Failure to make a plan is one way to miss the opportunity to pay off your college debt as quickly as possible. Make specific financial goals, such as owning your own home in 'X' amount of years or saving money for postgraduate tuition. Having specific goals and plans in place can provide the motivation you need to pay down college debt sooner rather than later.

Student loan debt intimidates many recent graduates. But those who stay disciplined can repay their loans quickly and regain some financial freedom as a result.



1x1 B&W

2016-17 MSU SCHOLARSHIP APPLICATION

Undergraduate scholarships available. Application deadline is Feb. 15. Apply online, MinotStateU.edu/finaid/scholarships.shtml If you have questions, call MSU Financial Aid Office, 701-858-3375



News

MSU's New Music Ensemble to perform Tuesday

Minot State University New Music Ensemble is Tuesday, Feb. 9, at 7:30 p.m. in Ann Nicole Nelson Hall.

The student ensemble focuses on music written from the late 20th century into modern time. The first concert of the semester will focus on the abstract works of John Cage, Karlheinz Stockhausen and Morton

The inaugural concert of the Feldman, who each individually used controlled-chance procedures to frame their musical universe. Each composer was largely responsible for challenging and changing the very definitions of art music and listening, and the concert is intended to inform both the performers and the audience.

The concert will include detailed

KCACTF awards



all selections, and it promises to be intellectually enlightening and emotionally moving for all This is the first of three planned

performances for the New Music Ensemble this semester, with each to focus on a new aesthetic trend in the modern period.



Photo by Koh En Chze (Ariel) MSU senior Krys Zorbaugh's second-place poster design for "A Midsummer Night's Dream" is displayed.



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Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put vour sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Level: Intermediate

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Sports





Photo by Vanessa Christiuk

Photo by Vanessa Christiuk

MSU senior Bob Pond controls the puck during Saturday's game against Midland. MSU won, 4-3, in a shootout. MSU's Sam Briscoe tries to outskate his opponent during Saturday's game against Midland at the MAYSA.

MSU defeats Midland twice, 8-2 and 4-3

By Keith Ailes Sports Writer

The Minot State University hockey team has been on a roll the month of January. MSU headed to the neutral site of Crosby, N.D. earlier this week to take on Williston State in the annual Crosby Cup. The Beavers' offense put up an impressive 11 total goals on the Tetons, with seven of them being in the second period alone. MSU would seal the deal 11-4 over Williston.

Moving on to this weekend, the number-three ranked Minot State Beavers took on the Midland Warriors, the team that gave the Beavers their first loss of the season back in November. The Beavers began the first period on a roll in game one with goals from Lyndon Lipinski, Brett McNevin and Bob Pond. MSU went into the second with a 3-1 lead and the offense continued with Dylan Johnson and Bryce Lipinski putting the Beavers up 5-2, and it didn't stop there. Minot continued to dominate the puck and took home the win, 8-2, with goals in the third from Cole Olson, Jeremy Johnson and Brett Nespor.

Moving on to game two of the weekend, MSU began the game in the first period with goals from Cole Olson and Sam Briscoe, yet Midland answered back at the end of the period making the score 2-1. The third period started off hot with Brett Nespor finding the back of the net, giving the Beavers a 3-1 lead. The Warriors again answered back towards the end of the second, making it 3-2 going into the final period. With under 10 minutes on the clock, Midland tied the game up on a power play, sending the game into overtime.

In overtime, with both teams

offering up multiple shots on goal, none would find the net, taking the game into a shootout. MSU's Holden Kurtz made the save and Dylan Johnson finished the job in the shootout, giving the Beavers a 4-3 win.

MSU hockey will be back on the ice Saturday taking on Williston State, with the puck drop at 5 p.m.

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Sports

Red & Green

Women's hockey battles Midland



Fanny Grimstad controls the puck in a game with Midland. MSU lost both games to Midland last weekend.



Photo by Vanessa Christiuk MSU junior Ashley Bjork takes the puck up the ice in a game against Midland. MSU lost both games.



CLUES ACROSS

- 1. Soybean paste
- 5. Unit of time
- 8. Watering holes Joint
- 14. Certified public accountant
- 15 Mater, one's school
- 16. Resells tickets
- 18. Batter's objective
- 19. Past participle of lie
- 20. State of Islands
- 21. Fed
- 22. Cause cell destruction
- 23. Daily Show host
- 26. Diagrammed
- 30. Cat sounds
- 31. Most sorry
- 32. Do wrong
- 33. Coral reef and lagoon island
- 34. That (Middle English)

CLUES DOWN

- 1. Korean War TV show
- 2. South American Indian
- 3. Cape at tip of Denmark 4. A podrida cooking pot
- 5. Russian sourgrass soup
- 6. Perfect example
- 7. Supplier
- 8. Unhealthy looking
- 9. Spanish beaches
- 10. Am. follower of the
- Mennonite Bishop Amman
- 11. Well-balanced 13. Outer surface cells
- 17. Fathers
- 24. Sun up in New York
- 25. Dweller above the Mason-
 - Dixon
- 26. Young women's association
- 27. Tell on
- 28. Bustle 29. Poundal

- 39. Electrically charged atom
- 42. Nassau is the capital
- 44. Frogs, toads, tree toads
- 46. Marjoram
- 47. Where the Donald lives in NYC
- 49. Whale ship captain 50. A way to emit sound
- 51. Comparable
- 56. Isodor __, American
- Nobel physicist 57. Businesswoman
- 58. A way to split up
- 59. Solo Operatic piece
- 60. No (Scottish)
- 61. In a way, tears
- 62. Bridge breadth
- 63. Single Lens Reflex
- 64. Thou ____ protest too much
- 35. An ugly, old woman
- 36. Doctors' group
- 37. Ling, Chinese mountain range
- 38. Volcanic mountain in Japan
- 40. Leaves parentless
- 41. Existing in or produced by nature 42. Inclination
- 43. Extents
- 44. Peninsula between the Red Sea
- and the Persian Gulf
- 45. Language of Nile
- 47. Twyla , US dancer
- 48. Card game
- 49. River in Turkey to the Caspian Sea
- 52. Scored 100%
- 53. Tonight's former host

- - 54. and ends
 - 55. Notable exploit

Silva

Madungwe

Beavers off to a great start

Audet breaks school record in 60-meter hurdles

(MSU Sports Information) — 5 titlists highlight indoor opener at Bemidji

Minot State University had five individual champions and multiple runners-up as the Beavers made their 2016 Indoor Track & Field debut Saturday, Jan. 16, at the Bemidji State Super 8 Open.

Four of the five individual champions came from the MSU women's program. Erin Winterton (Fr.) had a successful debut to her collegiate career with a title in the women's 60-meter dash with an 8.37 seconds finish. Dijah Silva (Sr.) paced the pack in the women's 200-meters finishing at 27.54 seconds, DelRay Audet (Sr.) won the 60-meter hurdles with a time of 9.61 and Kira Gilbreath (So.) was crowned champion in the shot put with a throw of 39feet-91/4. The individual champion on the men's side was Farai Madungwe (Sr.) in the triple jump with 45-feet-1.

Personal bests and school record broken at SDSU

14 personal bests, two event champions and one broken school record made the South Dakota State Jim Emmerich Invitational on Jan. 22, and second indoor event for the MSU track and field team, a success.

Clarence Hardy (Fr.) and Kaleb Kirby (So.) won the men's long jump and men's pole vault, respectively. Hardy won his event with a personal best 6.50-meter jump while Kirby won with a mark of 4.40 meters. Another young competitor finishing high was sophomore Randii Widmer who placed second in the women's triple jump with a 10.10meter mark.

"Randii has never done indoor," Melby said. "Last year she competed in outdoor, but she wasn't ready for indoor. Her personal best last year was 10.13 and now she jumped 10.10. She was really consistent and kept getting better with each jump she had today."



Audet



Winterton

Melby was pleased with Widmer and the other underclassmen, pointing out that several of them had broken their personal records after buying into the program. Several upperclassmen broke their personal records, as well, including senior Audet, who broke the school record in the 60meter hurdles with a time of 9.34. Beavers claim three titles at **Cobber Duals**

Minot State had two individual event winners and another champion relay team at the Concordia College Cobber Duals Saturday.

Pacing the men's team was Kirby (So.) who captured his second title in three indoor events in the pole vault, and the MSU 4x200meter relay team of Tyler Bates (Jr., sprints), Chiti Nkhuwa (Fr., sprints), Dylan Harvey (Jr., hur-



Huether



Kirby

in the 800-meters. Huether finished at 2:30.79.

dles) and Madungwe. The women's team also had an event winner as Samantha Huether (Jr.) captured her first title of the season

Kirby cleared 14-feet-61/4 to take the title by just under six inches. He won the pole vault last week at the South Dakota State D2 Invite with a 4.40-meter effort and bested that Saturday with a 4.43-meter leap.

MSU's 4x200 relay team topped fellow Northern Sun competitor Northern State by a little more than a second to win in the finals. MSU raced to a 1 minute, 33.52 second time.

Saturday, the Beavers travel to the Ted Nelson Classic at Minnesota State.



Baseball season to begin Friday

By Isaac Hunt Sports Writer

The Minot State University baseball team will begin its season this tomorrow in a four-game stint against the College of Idaho. The Beavers will look to improve upon their 11-34 record and 14th place finish from 2015.

With 14 players returning and 16 players new to the team the Beavers will look to both sets of players for help this season.

Two standouts from last season, who were named Minot State's 2016 Players to Watch, are Jordan Schulz (OF, Jr.) and Austin Bernston (LHP, Sr.).

Schulz started 44 games for the Beavers last season in his debut season. He hit a team-high 14 homeruns, which ranked fourth in the NSIC. With a batting average of .295 he scored 41 runs and batted in another 45. Schulz drew a team-high 26 walks and stole 12 bases on 16 attempts.

Berntson played in 38 games and made 10 starts as a pitcher. The lefty won two games and struck out a team-high 46 batters. When facing other pitchers, Berntson had a batting average of .322 tallying a total of 14 runs and 20 RBIs.

The Beavers retain the majority of their batting from last season with returners accounting for 58 percent of all runs and 67 percent

of their RBIs. They also bring back 57 percent of their extra-base hits, including 78 percent of their home runs.

Minot State will need more help in their pitching as it is losing players that contributed over half of its wins and strikeouts.

With seven college transfers, seven incoming freshmen and two freshmen that redshirted last season MSU will receive help on both ends. Four of the seven college transfers are pitchers, while two of the incoming freshmen and one redshirt will be eligible to take the mound as well this season.

The Beavers also brought in some hometown help with University of North Dakota transfer Hunter Oothoudt (UTL, So.) who competed for the Fighting Hawks tennis team before coming to back to Minot.

MSU will compete in its first game on Feb. 5 at the College of Idaho. The game's starting time is still to be appointed.

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Sports

Grapplers defeat Jamestown, succumb to No. 2 St. Cloud

By Isaac Hunt Sports Writer

With a total of four forfeits, the Minot State University wrestling team only competed in six matches against Jamestown. All six, however, were competitive and entertaining for the packed crowd at the MSU Dome last week.

Despite a quick pin and two matches where zeroes sat on one side of the score board, each match was aggressive.

"We did a nice job even in a couple of those losses," head Coach Evan Forde said. "They had a national finalist in their lineup, and we battled him tough. I was pretty happy with all six of our matches."

The evening started out with three forfeits at the 197, heavyweight and 125 classes, putting the Beavers up 12-6 before the first match. After a loss and another forfeit, the score sat at 18-10 before Cody Haugen pinned his opponent in the 149 matchup in a time of 1:49.

"One thing we've really been stressing is that we give up a lot more pins than we get, so it was great to come out on top in that regard," Forde said. "Cody's not a guy that gets a ton of pins, so it was great to see him go out and get that."

Winning three of the last four matches, the Beavers came out on top, 33-14, for the first time after a seven-match slide.

"We needed a win," Forde said. "We were on a little bit of a losing streak there for a while, and we needed a confidence builder. It was good that we wrestled with intensity and went out to take care of business."

It was a different story Friday evening when the Beavers took on No. 2 St. Cloud State and were shut out, 50-0.

After forfeiting their first two matches, the Beavers started the competition at the 141 class with Tanner Crissler (So.) dropping a competitive 4-2 match. Two points were awarded to the Huskies due to a total of four cautions issued to Crissler throughout the three periods.

In the next match, a 6-0 loss in the 149 class, Haugen also competed well, with neither wrestler scoring until an escape was awarded in the second period.

The following five matches, St. Cloud State collected 26 points as they earned two pins, one major decision and two technical falls.

The Beavers ended the dual as they began, with a forfeit in the heavyweight class resulting in the 50-0 final.

Minot State will compete again at Augustana tomorrow and at Southwest Minnesota State the following day. The dual against Augustana is scheduled for 7 p.m. while the contest against SMSU will begin at 3 p.m.



Photo by Jerusalem Tukura

MSU freshman Mason Courtright is in complete control of Jamestown's Matthew Hernandez. Courtright defeated Hernandez, 8-6, in overtime. Minot State won the dual, 33-14.



Red & Green

NOTICES

The Coup, MSU's art and literary magazine, is accepting student work. Email entries by 4 p.m., Feb. 19, to thecoup@minotstateu.edu. Literature must be in file types DOX or PDF, with 1,800 word limit, and art submissions in file types JPEG or PDF, with a max of 1728x2304 ppi.

STUDENT GOVERNMENT ASSOCIATION. (SGA) meets Mondays, Feb. 8, 29; March 7, 21; April 4, 18 and May 2, in the Westlie Room, third floor, Student Center, at 7 p.m. Meetings are open to all students.

The 2016-17 MSU FINANCIAL AID SCHOLARSHIP APPLICATION is available. Scholarships are based on academic achievements, financial need and other criteria as defined by the donors. Application deadline is Feb. 15. Apply online, MinotStateU.edu/finaid/scholarships.shtml. For more information, call MSU Financial Aid Office, 701-858-3375.





SERVICES OFFERED

MSU STUDENT HEALTH CENTER is here to serve you. It is open M-F and located in the basement of Lura Manor. Call for an appointment at 858-3371.

The MATH CLINIC provides free assistance for students enrolled in Math 102, 103, 104 and 240 only. Students in other courses must see their instructor for assistance. All sessions will be held in room 212 Model Hall unless otherwise indicated. For times, visit www.minotstateu.edu/mathcs/clinic.shtml.

MSU WRITING CENTER. The Writing Center is a free service for MSU students. Student tutors are ready to help you with your writing. Located in lower level of Olson Library. For more information and to make an appointment, go to minotstateu.edu/writingcenter.

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Job Opportunities from Trinity Health

DIETARY AIDE: Assist in the food service to residents, portioning food, and table setting at Trinity Homes. Will also assist in cleaning related duties and dishwashing. HIRING BONUS AVAILABLE to qualifying applicants. Limited Part-Time positions available with flexible hours.

CPU TECH: Performs duties such as decontamination, preparation of items for sterilization (by steam, ETO, and gas plasma), distribute items to Nursing Care area, monitor the sterilization and decontamination process, and store and distribute sterile supplies. HIRING BONUS AVAILABLE to qualifying applicants. Full Time positions available.

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To see more listings or to apply, visit www.trinityhealth.org

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