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Volume 96, Number 20 April 16, 2015

Minot, N.D. 58701 minotstateu.edu/redgreen



Submitted photo

Joshua Snyder and Emily Taylor rehearse a scene for the upcoming performance of "Circle Mirror Transformation," while Casey Feldner and Krys Zorbaugh look on. The play begins Tuesday at 7:30 p.m. in Aleshire Theater and runs through April 25.

Theatre to present 'Circle Mirror Transformation' April 21-25

By **Zac DeMers**
 Staff Writer

The Minot State University Theatre Department will present its spring mainstage production, "Circle Mirror Transformation," 7:30 p.m., Tuesday through Saturday, April 21-25. All performances are in the Aleshire Theater of Hartnett Hall on the MSU campus. The house will open at 7 p.m.

The play is the 2010 Obie Award winner for Best New American Play. Annie Baker

wrote the play, which takes place in the fictional town of Shirley, Vermont. The play's plot involves four characters taking a six-week summer course at a local community center. One character serves as the eccentric teacher. In total, there are five characters.

There is no intermission.

Kevin Neuharth, associate professor of communication arts at MSU, directs "Circle Mirror Transformation." He explained the significance of the play's title.

"It is actually a crazy dramat-

ics game, so kind of like a drama game—just to kind of loosen up—to become more comfortable with each other and to become more comfortable with yourself physically and vocally," Neuharth said. "One person does an action and a sound. It kind of goes in a circle as the action and the sound gets transformed by each individual."

There will be an opportunity for some audience members to watch the action of the play close up as Neuharth said there will be

some seating on stage. There will also be traditional audience seating. Neuharth said he wanted an intimate style of staging because of the nature of everyday life. People constantly run into people and meet new people.

Joshua Snyder, a theatre major and lighting designer for the production, plays "Schultz." He described his character as a 48-year-old divorced carpenter. He explained a challenge involved in the production.

See Transformation — Page 7

Inauguration activities continue

Everyone invited to Friday's installation; classes canceled

Activities continue on campus as Minot State University celebrates the inauguration of Steven W. Shirley, MSU's 11th president.

President Shirley will participate in the diversity tapestry weaving today at 1 p.m. in the Multicultural Center, lower level of the Student Center. The creation of the tapestry is to represent diversity on campus. Students, faculty and staff are encouraged to participate in the tapestry today from noon to 2 p.m. in the Multicultural Center and from 2 to 4 p.m. in the Student Wellness Center, and tomorrow from 1 to 5 p.m. in McFarland Lobby, Old Main.

Minot State invites all students to attend the inauguration ceremony Friday at 2 p.m. in Ann Nicole Nelson Hall. In order for students to attend, there will be no Friday afternoon classes. Following the ceremony, everyone is invited to a reception in McFarland Lobby, Old Main.

There will be tailgating with free food at Saturday's baseball doubleheader. The Beavers take on Northern State at 1:30 p.m. at Corbett Field. President Shirley will throw out the opening pitch.

Also on Saturday, Shirley will throw out the first pitch of the second game of a doubleheader at 1 p.m. when the softball team plays Concordia University St. Paul at Minot's South Hill Complex.

Tailgating continues Sunday at noon when the softball team plays Mankato State at Minot's South Hill Complex.

Student Social Work Organization at its best

By Vanessa Bridgeford
Comm 281

The Minot State University Student Social Work Organization (SSWO) is one of MSU's most important organizations. The strength in this organization lies within its membership; members develop lasting friendships and professional connections through active participation.

The organization works hard to enhance the professional growth of the students and their development by creating and maintaining high professional and social standards.

Susan Peterson is the MSU Social Work Program Director.

"The Student Social Work Organization was developed because we want our students involved in not only the academic

part of the program, but also the service component, which is part of our code of ethics," she said.

She explained that the SSWO gives the students the opportunity to meet other social workers, clarifying that students do not have to be part of Minot State University Social Work program in order to be part of the SSWO.

"We want a place for our students to be able to provide service and a place for them to meet one another and develop relationships," Peterson said.

The Minot State Social Work Program has sites in Fargo, Bismarck and Dickenson.

"We are working on developing a relationship with Williston," she said, while explaining that each site has its own social work organization, but they try to do joint

activities.

"All the sites work on homeless awareness and hunger awareness," Peterson said. "Our students are very involved in our community."

Last year the SSWO did Hands Across North Dakota, collecting mittens and hats for kids.

"That was one main project that all sites worked on," Peterson said.

Every November in Minot, the SSWO puts together its Freezin' for a Reason event. Students stand out in Town & Country Shopping Center for several hours collecting food and monetary donations for those in need in this area. It is in its 13th year and keeps growing, as students try to raise awareness of the problem of homelessness in northwest North Dakota.

The students also put on a pro-

fessional symposium based on relevant social work topics.

"We get nursing, psychologist, social workers, anyone in the helping field," Peterson said of the guest speakers and participants.

The student members have been in charge of organizing the next symposium, which will take place April 30.

"It is significant to have a student-led symposium," Peterson said.

Some other activities include Lunch and Learn, which Peterson believes to be a great opportunity for students to connect with the community.

"Not only do they learn more first hand from someone that is practicing, but they also have that community connection which is fabulous," Peterson said. "Our stu-

dents are the best, absolutely the best, they work so hard. They decide what they are going to do, what focus they have, how they are going to do it, and Dionne Spooner is their guidance, but it is really them"

The National Association of Social Work recognized the organization's 20 students for their hard work and compassion for others with an award on Social Advocacy Day last month.

"The energy, the enthusiasm, the commitment and dedication that our students have ... I have not seen that level of commitment with many organizations," Peterson said.

News in Brief

Arabic Club to show movie tonight

Minot State's Arabic Club is showing the movie, "Wadjda," tonight at 6 p.m. in Hartnett 327. There will be a Q&A session following the screening, and Saudi members of the club will be present to answer questions. Everyone welcome.

The movie trailer is available at www.youtube.com/watch?v=3koi gluYOH0&feature=youtu.be.

Bake Sale in Memorial and Old Main on April 21

There will be a fundraising bake sale for Project Ignite Light on Tuesday, April 21, from 10 a.m. to 2 p.m. Project Ignite Light provides children with important items when examined by their local advocacy center or hospital for physical abuse, sexual abuse or neglect. Students in Jolene Haffner's American Sign Language classes sponsor the bake sale

M-Life presents stand-up and knockout on April 21

Comedian Adam Grabowski and hypnotist Chris Jones, Chicago's No. 1 comedy and hypnosis show, are a dynamic duo of live entertainment! Join MSU-Life for some stand-up comedy and some knockout entertainment April 21 at 7 p.m. in Ann Nicole Nelson Hall. This event is free to all students with a current MSU ID.

Takuma Abe's senior art show on display

Minot State University senior art student Takuma Abe will present his capstone exhibition, "Weirdos," April 22 through May 6 in the Gordon B. Olson Library Gallery. The opening reception is April 22 at 7 p.m. The exhibition will feature hand-painted prints and drawings. The exhibit and reception are free and open to the public. Originally from

Tokushima, Japan, Abe came to the United States to improve his English, but soon discovered he had a strong passion for art. His exhibit portrays bizarre characters based on his imagination and personal experience.

Turtle Medicine workshop on campus April 23

The North Dakota Center for Persons with Disabilities invites all MSU students, faculty and staff to attend a Turtle Medicine workshop April 23 at 9:30 a.m. or 1 p.m. in Memorial 236.

Dr. Tami Jollie-Trottier, Licensed Clinical Psychologist, will introduce "turtling," a self-care technique that can help individuals focus on personal care, limitations and awareness. Turtle Medicine will provide information on traditional turtle teachings through story-telling, symbolism and art, and Native mental health and well-being.

Toga dance party on April 23

It is time to prepare your togas! The 2015 Toga dance is set for April 23 at Minot's Sleep Inn & Suites from 10 p.m. to 1 a.m. Togas encouraged, but not required.

MSU students are invited to bring one non-MSU guest for a \$5 fee.

Minot State's Mu Sigma Tau Fraternity and MSU's Beta Theta Sorority and Sigma Delta Sorority sponsor the event.

MSU Juried Student Art Show on display in Hartnett Gallery

The Northwest Art Center's Hartnett Hall Gallery presents the Minot State University Juried Student Art Show on display through May 7. Greg Walter, Dickinson, is the juror. The gallery is open Monday through Friday, 8 a.m. to 4:30 p.m. and by special arrangement.

Today in History

1789: George Washington heads for first presidential inauguration.

1866: Nitroglycerine at Wells Fargo and Co. office explodes.

1900: U.S. Post Office issues first books of postage stamps.

1945: U.S. troops enter Nuremberg, Germany, during WW II.

1959: New York Yankees unveil their first message scoreboard.

1964: Geraldine Mock of the U.S. is first woman to fly solo around the world.

1987: Howard Stern and Infinity Broadcasting are warned by FCC.

(Courtesy of Brainyhistory.com)

Inauguration tapestry weaving



Photo by Courtney Holman

SGA President Alex Buchholz weaves a strip of cloth into the diversity tapestry. Minot State University students, faculty, staff and groups are invited to participate in the creation of a tapestry that represents the diverse backgrounds, cultures and other exceptional aspects of the campus community. The intent is to collaboratively construct a visual representation of the ways a community is made more vibrant through each member's contributions, as each of the individual fabrics is woven together. Weaving continues today from noon to 2 p.m. in the Multicultural Center, from 2 to 4 p.m. in the Student Wellness Center, and tomorrow from 1 to 5 p.m. in McFarland Lobby, Old Main.

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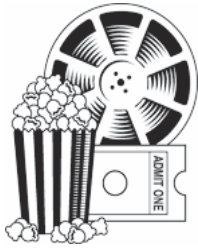
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On Movies



'Furious 7'

by Alex Nelson
Staff Writer

"Furious 7" stars Vin Diesel, Paul Walker, Michelle Rodriguez, Dwayne Johnson, Tyrese Gibson, Jordana Brewster, Chris "Ludacris" Bridges, Nathalie Emmanuel, Kurt Russell and Jason Statham. It is directed by James Wan and rated PG-13 for language, violence and sexual themes.

After retiring from crime, Dom (Diesel), Brian (Walker), Mia (Brewster), Letty (Rodriguez), Roman (Gibson) and Tej (Bridges) try to enjoy this new peaceful life. However, this peaceful life is not to last as they are being hunted by an

unknown enemy. Agent Hobbs (Johnson) tells Dom that the person after them is Deckard Shaw (Statham), an ex-Special Forces assassin who wants revenge on Dom and his family since they were responsible for the demise of Shaw's younger brother. To protect themselves, they must work with new allies such as a skilled hacker known as Ramsey (Emmanuel) and a secret government agent known as Mr. Nobody (Russell). Shaw, however, is no pushover; he will do anything to gain his vengeance.

Now Dom, Brian, Letty and the rest of the crew will come together for one last ride. In some way it feels as if it was yesterday when "The Fast and the Furious" first came in 2001, and this is the seventh.

The acting in this film to me was

good and Statham is a good villain, but it felt that he wasn't in it that much. Every scene he was in told you that something is about to go down and they definitely do. I remember reading how they used CGI and a few stand-ins for Paul Walker's character. With the exception of maybe one or two scenes, I honestly couldn't tell that CGI or a stand-in was used at all.

I should point out that it might be a good idea to watch at least a few or all of the previous six films as the movie makes references to them. It may also help some viewers to understand what is going on during this particular film. There is a lot of action, perhaps even more in this one compared to the previous films. With the fight scenes and crazy stunts, it was as if they were

trying to go all out in this one. I enjoyed the action scenes in the movie and there were some crazy stunts that make you wish they could be done in real life.

Some viewers might have a hard time with the multiple and crazy action scenes. This is understandable, as with the first three films they had dealt with more about the topic of illegal street racing. Films four to six can be viewed as heist movies that feature cars and racers. This movie also could be viewed as the final, the one that closes the book on everything and therefore deserves the big boom.

Of course, I am not sure if this is true or not, but honestly I don't think the makers of this series can top this one. One thing I did admire about this movie was how it was

dedicated to Paul Walker, who passed away in 2013 in a car accident. I was afraid that the film was going to have something terrible happen to the character Walker had that would feel disrespectful to the deceased actor. My fears were put aside as this movie did it in a way that was respectable and even emotional for some. This final movie was probably one of the best films in his career.

Overall, viewers who do not care for heavy stunts and action sequences might not enjoy the movie. Those who are fans of the series and action fans will most likely enjoy the movie. I enjoyed the film for its action sequences and the respect for Paul Walker.

I personally rate "Furious 7" 4 out of 5 Beavers.



Simple microwaveable foods



Single serve brownie

By Dayna Vanhouwe
Staff Writer

We all get those cravings sometimes, right? You want chocolate, but not an entire tray full of delicious chocolate delights. At the same time, attempting to continue eating healthy seems like somewhat of an impossibility. Not when it comes to this brownie! It is a single serving that is more than

capable of satisfying that craving while still eating healthy. The recipe below is gluten free, grain free, refined sugar free, low fat, vegan and, best of all, delicious in a mug! To create this wonderful recipe in a mug look below.

Ingredients:

3 tbsp unsweetened cocoa powder
¼ cup unsweetened applesauce
¼ tsp baking powder
1 pinch of salt
1 tsp of vanilla

1 tsp - 1 tbsp of maple syrup (depending on how sweet you like things. If you like it a little bit sweeter, add a little bit more)

How to Prepare:

1. Combine all ingredients in a microwaveable- safe large mug (or bowl if preferred) and stir together until smooth or combined well.

2. Place container in microwave and cook for 1 minute.

3. After 1 minute check to see if brownie is cooked all the way through. You can do this by putting a fork, knife or tooth pick down the middle and pulling it back out slowly to see if there is any batter coming out.

4. If there is batter sticking to the fork, knife, or tooth pick, place the brownie in the mug or bowl back into the microwave for 30-second intervals until cooked all the way through.

5. CAUTION: The mug or bowl

will be hot when coming out of the microwave. It would be a good idea to let it sit for a minute to let the container cool off.

6. Can serve warm or let sit until completely cooled.

HINT: It's really good to serve warm with ice cream with caramel or chocolate sauce if you have any!

The recipe was taken from www.southerninlaw.com/2013/03/healthy-single-serve-brownie-recipe.html.

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Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

Red & Green is printed at Minot Daily News, Minot, N.D.

Students on Who's Who list

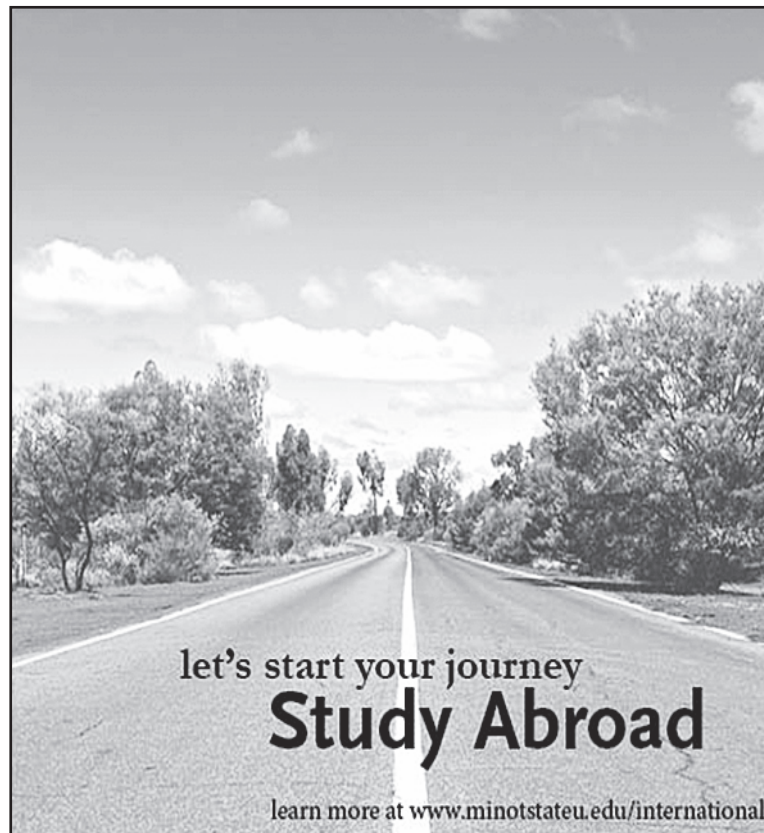
Minot State will honor students who have been selected to Who's Who Among Students in American Universities and Colleges at an award ceremony and luncheon April 22 at noon in the Conference Center.

This year, 35 juniors and seniors were selected for inclusion in the 2015 edition. A campus nomination committee and editors of the annual directory chose the students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

The honorees are Cortnee Adacsi, communication disorders; DelRay Audet, art education; Melissa Bell, chemistry; Danielle Bolinske, graphic design; Samantha Christman, criminal justice; Carl Clarito, nursing; Jesse Crosby, addiction studies; Alison Cygan, corporate fitness; Joshua Dueck, special education and physical education; Nicole Egge, elementary education; Lindsey Eliassen, addiction studies; Stacy Fournier, marketing, international business and management; Chloe Froehlich, communication disorders; Abigail Graves, elementary education; Brady Gudgel, music education; Jamie Harris, nursing; Hannah Harvey,

elementary education and special education; Dalton Houghton, corporate fitness; Mary Lukasik, nursing; Jamie MacFarlane, physical education and corporate fitness; Emily Mark, communication disorders; Johannah Mayhew, chemistry and mathematics; Elizabeth Meyer, computer science and mathematics; Suzannah Miller, music and chemistry; Connor Moughtin, physical education and corporate fitness; Alexandra Nychuk, ath-

letic training; Carrie Richardson-Ozuna, social work; Liva Rovig, business education; Amanda Sansaver, corporate fitness; Kayla Scholes, elementary education; Robert Schwartz, history; Jacques Stanley, management information systems; Taylor Teske, history education; Alyssa Wagner, communication disorders; and Kelsey Walz, elementary education and special education.



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Vocal hygiene for future professionals

Students in the MSU Communication Disorders master's degree program submitted the following article. The paper was written for the class, CD 532: Voice and Resonance Disorders, taught by Lisa Roteliuk.

By Julia Bogenrief, Janna Doyle and Julia Lakoduk

As of 2005, approximately 10 percent of the United States workforce would be categorized as "heavy occupational voice users" (Nelson, 2005). This workforce includes professionals such as preachers, social workers, aerobics instructors, lawyers, teachers, radio/television broadcasters, singers, and actors (Ng, Bailey, & Lippert, 2005). The country's 3.3 million elementary and secondary school teachers represent the largest group of professionals who use their voice as a primary tool of trade (Nelson, 2005). Voice disorders (i.e., hoarse/rough voice, losing your voice, breathy voice, strained voice, etc.) adversely affect job performance and attendance; 11 percent of teachers report a current voice disorder and 58 percent experience a voice disorder during their career (Nelson, 2005). Implementing vocal hygiene habits can help prevent voice disorders in those in professions who use their voice frequently and create awareness about vocally abusive behaviors.

What is vocal hygiene? The term vocal hygiene refers to strategies used to preserve the vocal folds (e.g., vocal cords), contributing to a healthier voice and preventing vocal abuse and/or misuse (Sapienza & Ruddy, 2013). Vocal abuse is normal vocal behaviors used in excess, leading to change or damage to the voice (e.g., excessive loudness or coughing) (Sapienza & Ruddy, 2013). Vocal misuse is abnormal vocal behaviors that result in stress or injury (e.g., excess tension while speaking) (Sapienza & Ruddy, 2013). Many common behaviors present in professionals may damage the vocal mechanism and exacerbate problems associated with a voice disorder (Sapienza & Ruddy,

2013).

Staying hydrated improves vocal fold function as it helps to reduce friction during vibration of the vocal folds. Vocal folds may become dehydrated by breathing dry air, breathing with an open mouth, smoking, and certain drying medications. Limiting caffeinated beverages and drinking approximately six to eight, 8oz glasses of water per day can improve hydration.

Throat clearing is another vocally abusive behavior that causes excessive wear and tear on the vocal folds. Swallowing hard or sipping on water may suppress a throat clear. To safely clear the throat without distressing the vocal folds, use a silent throat clear such as "huh" or gently clear the throat. Additional behaviors to avoid that irritate the voice include: alcohol and tobacco use, stress and allergens, not getting enough sleep, and talking too loudly. Staying at a healthy weight and avoiding shouting and screaming are ways to take care of the voice. (Sapienza & Ruddy, 2013).

April 16 is World Voice Day, which aims to create awareness and educate the public about vocal health. If you would like to become more aware about vocal issues regarding your future profession, take a look at the following websites:

- ncvs.org (The National Center for Voice

and Speech conducts research, educates vocologists, distributes information about voice and speech, and provides referral services.)

- canadianvoicecarefdn.com (The Canadian Voice Care Foundation specializes in public information and education regarding prevention, diagnosis, and treatment of disorders of the human voice.)

- www.facebook.com/pages/Taking-Care-of-Your-Voice/689803381128042?pnref=lhc (A Facebook page dedicated to vocal hygiene.)

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Bingo with the president



Photo by Jerusalem Tukura
President Steven Shirley calls out numbers at Bingo night for students. MSU-Life sponsored the event Monday in the Beaver Dam.

MDN Readers' Choice

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... Transformation
continued from page 1

"Trying to figure out the character's emotions and all the stuff he goes through and what moments are changing for that character," Snyder described as one of the more difficult aspects he has encountered with his character.

Neuharth described further challenges the actors have encountered.

"I think one of the biggest challenges in the play is it takes place over a six-week period. There is a class every week. What we don't see is what happens to these characters between the weeks,"

Neuharth said. "We know that they are impacted by the world outside: we hear little snippets of that, but for the actors, that's one of the things they have to discover - what's going on from the time we left this class until the time we come back to class again."

Snyder described how audi-

ence members can feel a connection with the characters.

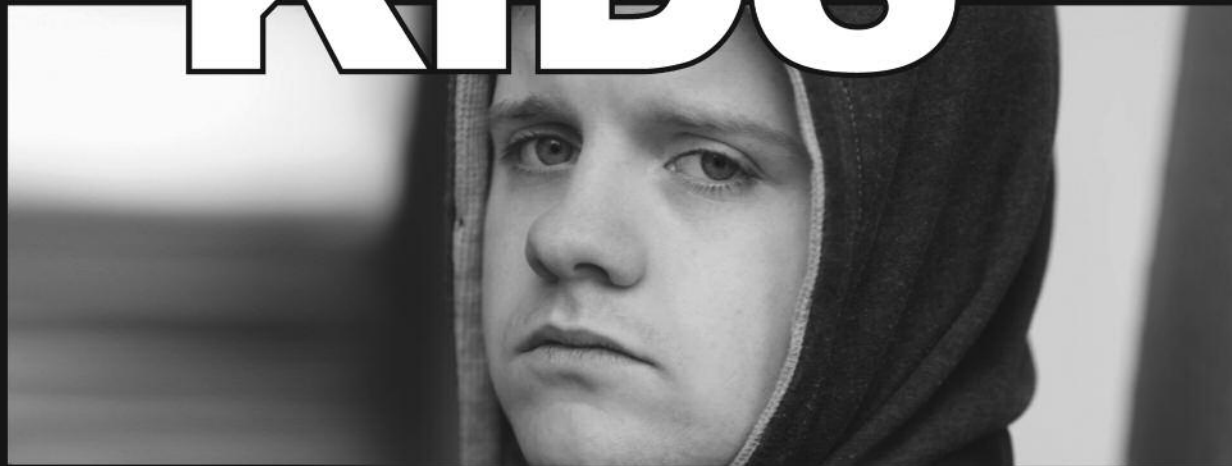
"Like Kevin said, it's very real. It strikes some real interest," Snyder said. "I think a lot of the characters are relatable to a lot of people."

Other cast members are Krys Zorbaugh, Casey Feldner, Emily

Taylor and Annika Kraft. Megan Wolf is stage manager.

Ticket prices are \$6 for adults, \$5 for seniors and students. All MSU faculty, staff and students are free with a current MSU ID. For more information or to reserve tickets, call 858-3172.

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Annual research poster session held



Photo by Courtney Holman
Laurie Dimler, assistant professor of nursing, discusses a study on the implementation of preventive oral health interventions in rural areas with junior Elizabeth Young. The MSU Faculty Research Committee sponsored the event.



Photo by Courtney Holman
Jacob Sowers, assistant professor of geography, (left) discuss changes to Minot's sense of place due to the oil boom with MSU President Steven Shirley. MSU students, faculty and staff showcased their research and scholarly work from the past year at the annual poster session last week in the Student Center.

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Photo by Vanessa Christiuk

Alyssa Cornejo fields a bunt against Southwest Minnesota State University on April 4.

Softball 5-12 in conference play through last weekend

By Vanessa Christiuk
Sports Writer

After coming off a strong win against the University of Mary, where the balls were flying off the bats, the Minot State softball team hit the road on March 28 to take on Wayne State in Nebraska. The bats seemed to cool off, as the Beavers couldn't string the hits together, and ended up dropping the first of four games that weekend, 7-1.

The second game of the day proved to be a better fight, as the Beavers managed to rack up five runs, but were outscored by Wayne State, 6-5.

Unfortunately, the losing streak continued into the next day when the Beavers took on Augustana College in Sioux Falls. Minot was outscored 9-0 in the first game. The second game was a battle at the plate, with both teams racking up eight runs, leading to extra innings. The Beavers ended

up on the losing side of the scoreboard, 9-8.

Looking to salvage their season, the Beavers prepared for a six-game home stand. On March 31, the Beavers hosted the Golden Eagles of the University of Minnesota, Crookston. Appearing as their usual selves, Minot put a hefty amount of runs on the board, ending both games early due to the eight-run rule, with scores of 10-2 and 11-0.

On April 3, with the University of Sioux Falls in town, the Beavers tried to extend their win streak. However, they did not come out on top after game one, losing 9-6. The second game of the day seemed to cause some smiles, however, as the Beavers outscored the Cougars, 6-2.

Next on the schedule was Southwest Minnesota State University April 4. Again, the Beavers couldn't get a hold on game one, and it ended with a

final score of 7-3 for the SMSU Mustangs. Ending the weekend on a strong note, Minot managed to bounce back and take game two of the day, 5-0.

On April 8, the Beavers played Northern State in Aberdeen, S.D. The Wolves defeated the Beavers, 1-3 and 3-4.

The softball team traveled to Upper Iowa University April 11, losing 4-6 and 3-7. The next day, the Beavers lost to Winona State University, 3-4 and 3-4.

The Beavers were at home Tuesday playing MSU Moorhead. Results were not known at press time.

The Beavers are at home Saturday against Concordia University at 1 p.m.; Sunday against Minnesota State University Mankato at noon; and April 22 against Bemidji State University at 2 p.m. All games are doubleheaders.

Football preview

Spring game and press box tours set for May 2

(MSU Sports Information) - After going through a transition year in 2014, the level of optimism surrounding Minot State football is high heading into the first full spring under head coach Tyler Hughes.

The 2014 Beavers finished their season with a 1-10



Hughes

overall record, but a recruiting class of 43 players — including seven mid-season transfers — and a desire to get better this offseason from the returners brings a new level of excitement to not only the spring season but 2015 as a whole.

"Nobody wants to feel the way that we felt last year ever again," Hughes said. "I certainly don't. In terms of our offseason, we've had a great strength and conditioning program. Our kids have really had to commit themselves to lift hard and to be pushed."

The Minot State offense returns a large majority of its skill position players heading into the spring season including Zac Cunha at quarterback and Jarvis Mustipher at running back. Cunha has passed for 6,200 yards in his career while Mustipher has rushed for 1,138.

Senior Porter Sturm is the Beavers' leading returning wide receiver as he's collected 1,514 receiving yards in his career.

Bryson, an all-conference selection, headlines the returners for the Beavers on defense after an outstanding first year with Minot State. Senior Casey Weinmann returns to the linebacking core after missing nearly all of 2104 with a leg injury. Weinmann led the MSU defense in tackles in 2012 (83) and recorded the second-most in 2013 (82).

Bryce Broome and Michael

Jenkins bring veteran experience to the secondary. Broome tied James for the team lead in interceptions last season, including a 55-yard return for a touchdown, and Jenkins recorded 55 tackles.

Mental toughness, confidence, discipline and accountability are the four areas Hughes emphasized this offseason and he hopes the team continues to improve in these areas throughout the spring season.

According to senior Marcel Brinson and sophomore Logan Gunderson, the team is more than ready to get back out on the field.

"We've had a great offseason with all of the coaches and they've had a great plan for us," Gunderson said. "We've been able to buy into the program now because we've had the same coaches for awhile. It's been fun having coaches that you know are going to stay and are putting their time in as well."

"I definitely think we're more ready than last season," Brinson said. "Everyone's more fired up, everyone's improving in the weight room, everyone's body fat composition is going down. We're all getting quicker and faster. Everyone just wants to get on the field already."

The Beavers began spring practice April 8 and have scrimmages planned for Saturdays, April 18 & 25, from 9 a.m. to noon.

The end of the spring season will be capped off with the team's Spring Game scheduled for 6 p.m. on May 2 at Herb Parker Stadium. The football team, in conjunction with the athletic department as a whole, will unveil the new press box at Herb Parker with tours beginning at 4 p.m. and a football clinic on the field for youth also beginning at 4 p.m.

For the 2015 fall schedule, visit msubeavers.com.

Kowan O'Keefe continues strong, runner-up at NSIC Championships

O'Keefe finishes in tie for second at UIU Invite

(MSU Sports Information) - Minot State University's Kowan O'Keefe shot a 2-over-par 74 in the final round of the Upper Iowa Spring Invite, moving up to a tie for second overall April 4.



Kowan O'Keefe

O'Keefe came into the second and final round in a tie for fourth after a 77 in the first round, but shot the day's second-best score. He tied Tyler Koivisto of St. Cloud State with 151s, while Koivisto had the day's top round, shooting a 2-under-par 70.



Karson O'Keefe

The duo of O'Keefe and Koivisto couldn't quite catch Augustana College's Tyler Jensvold, who was steady with a pair of 74s. He finished with a 148 for medalist honors.

O'Keefe helped the Beavers shoot 13 strokes better on day 2, but MSU couldn't move up the

leaderboard in the second round, settling for seventh place overall. MSU shot a 314 in the second round and a 641 overall. They were one better than Winona State, who carded a 311 on day 2 and a 642 overall. MSU was just a stroke out of sixth as the University of Sioux Falls finished with a 640.

St. Cloud State and Augustana College tied for the team titles, posting 618s.

Karson O'Keefe (So.) finished second on the Beavers and in a tie for 20th overall with a 159. Nicholas Liebel (Sr.) fell back to 34th overall with an 83 in round 2 and a 163 overall.

O'Keefe runner-up at NSIC Conference Championships

(MSU Sports Information) - Minot State University senior Kowan O'Keefe just wanted to move into a position to have a shot in the final round.

He certainly accomplished that Saturday.

O'Keefe moved up from 10th overall to second with an even-par 71 good for a 219 over three rounds at the Northern Sun Intercollegiate Conference Championship at Quarry Oaks

Golf Club. Most importantly for O'Keefe, he is just two strokes behind leader Mitch Holm of Winona State.

The 71 was the second best round of the day as Talon Eich of the University of Sioux Falls shot a 2-under 69 and made up three strokes on Holm and eight on Tyler Jensvold of Augustana College. Jensvold and Holm were tied for the lead after the first two rounds played at The Jewell in the fall.

O'Keefe was joined by his brother Karson O'Keefe with solid third rounds. Karson O'Keefe also moved up with a 3-over-par 74 and is tied for 13th place with four other golfers.

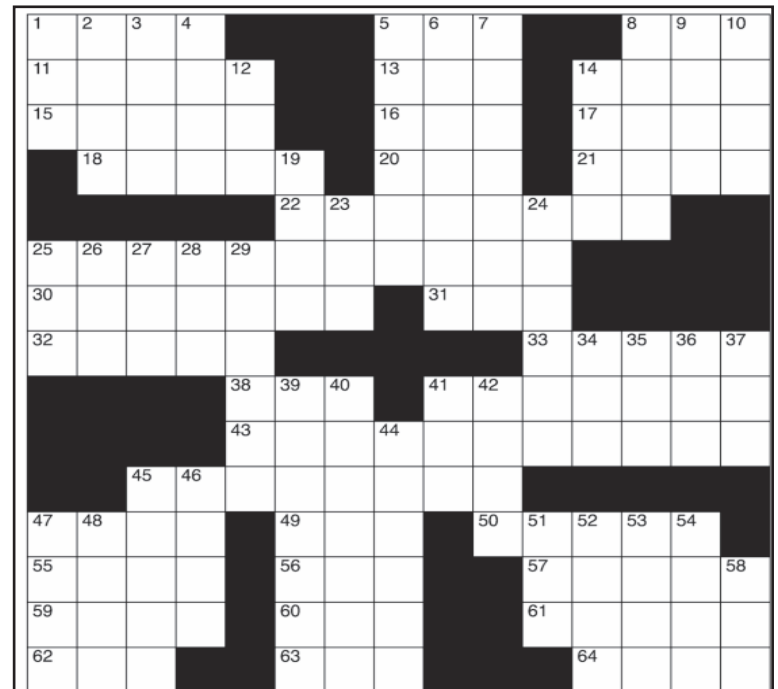
"We got great rounds out of Kowan and Karson," head coach Randy Westby said.

The O'Keefes helped Minot State to a solid 306 as a team - the sixth best round of the day.

For the final round, Kowan O'Keefe fired a 3-over-par 74 to finish with a 293 overall and a second place finish at the 2014-15 NSIC Men's Golf Championship Sunday at Quarry Oaks Golf Club.

O'Keefe made up one stroke on Mitch Holm of Winona State, the

See Men's Golf— Page 11



CW154210

CLUES ACROSS

1. Harsh grating sound
5. American Resource Bureau (abbr.)
8. Fiddler crabs
11. Mex. soccer goalie Guillermo
13. After B
14. Jai __, sport
15. Brief ad or notice
16. Certified public accountant
17. Vexation
18. Rough gemstone
20. Annual grass of Europe and N Africa
21. Metal cooking vessels
22. Suspiciousness
25. "Purple Haze" musician
30. In a way, built up
31. Runner used for gliding over snow
32. In a way, initiated
33. Was inclined
38. Divides evenly into
41. Born early
43. The Ocean State
45. Rifle blades
47. Whale ship captain
49. Scientific workplace
50. Fill with high spirits
55. Ancient kingdom near Dead Sea
56. 7th Greek letter
57. Peoples of the Middle East
59. Height x width
60. A way to drench
61. Artificial waterway
62. Possessed
63. Turns into noun
64. Capital of Yemen

CLUES DOWN

1. Take by force
2. Liberal rights organization
3. Avoid and stay away from deliberately
4. Meat from a pig (alt. sp.)
5. Harmoniousness
6. Fixes
7. A member of the Beat Generation
8. Arm bones
9. Abel's brother (Bible)
10. Small Island (British)
12. __ Dhabi, Arabian capital
14. Egyptian cobras
19. Overly precious (British)
23. Not or
24. Foreigners
25. Stab
26. Frost a cake
27. Microgram
28. George's brother composer
29. Famished
34. Snakelike fish
35. Doctors' group
36. Anais ____, author
37. CNN's founder
39. Bad water disease
40. Given
41. Favorite
42. Lift
44. Discuss opposing points
45. Bleated
46. Swedish rock group
47. Indian housemaid
48. Israeli dance
51. Insect secretion used in shellac
52. Macaws
53. Source of the Blue Nile
54. Abba __, Israeli politician
58. Patti Hearst's captors

Answers, page 12

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Baseball team goes 2-6 at home

By Kurt Miller
Sports Writer

Minot State held its home opening series at Corbett Field against the Upper Iowa Peacocks on April 3 and 4 in a series the two teams ultimately split.

Minot State took games one and two on Friday, April 3, but the Beavers were unable to take the series as the Peacocks took both games on Saturday, April 4.

This past weekend the Beavers welcomed the Augustana Vikings to Corbett Field for a four-game series.

The visiting Vikings took the first two games of the series with a 23-6 win in game one and an 8-5 win in game two.

Defense was the biggest story in the first game of the day as the Beavers recorded seven errors and the Vikings scored seven unearned runs.

"I think our guys just came out a little bit with the wrong mindset," Brock Weppler, MSU head coach, said. "We've got to be confident in each other and we've got to compete, and I think that first game we just weren't confident."

Augustana took advantage of the MSU mishaps early as they scored six runs in the second inning and seven runs in the third inning to put the game out of reach.

Despite dropping game two 8-5, the Beavers seemed to play with a different level of urgency, much in part due to the performance of starting pitcher Mark LaCroix (Jr.). LaCroix, who earned his first start of the season Saturday afternoon, finished his day throwing 5 2/3 while giving up three earned runs. He recorded four consecutive scoreless innings from the second through the fifth.

"The one thing you know with Mark is he's going to go out there and compete," Weppler said. "Nobody wants it more than him—he's going to give you everything he has. That's all we ask from our guys."

The Beavers jumped out to an early 3-1 lead in the first inning

with one swing of the bat from Jordan Schulz (So., OF). Schulz's three-run home run to left field was his sixth of the season.

After Augustana tied the game up in the top of the sixth, the Beavers took the lead right back in the bottom half as Kyle Williamson (Fr., OF) drew a bases-loaded walk.

Heading to the eighth inning, MSU held a 5-4 lead, but that's the last lead they saw in game two. A two-run home run and two RBI singles in the eighth gave the Vikings an 8-5 lead and that's all they needed.

Schulz led the way offensively for MSU going 3-for-8 with four RBIs. Keith Ailes (Jr., OF) ended his day going 3-for-6 with two runs scored.

Coming into Sunday's final two games, the Beavers hoped to salvage a split with the Vikings, but the Beavers came up empty-handed as Augie took the final two games from MSU.

"We've got to get to the point where we can play Augustana or St. Cloud — whatever it is, mindset — and not be beat before we step on the field," coach Weppler said. "We've got to be able to compete with those teams. We've shown we can compete with the others; we've got to be able to do it here, too, if we think we're one of those teams."

The Beavers fell in game one, 6-5, and fell in game two, 15-4.

Despite being credited with the loss in game one, Austin Berntson (Jr., P/OF) did well for the Beavers on the mound. Berntson went seven strong innings for the Beavers, striking out 10, but fell victim to the long ball four times, which ultimately turned the tables in favor of the Vikings.

Augustana took the lead in the top of the third on a two-run home run, but Minot State came right back as Schulz knocked a double down the right field line with the bases loaded, giving the Beavers a 3-2 lead.

Schulz was at it again in the

fifth inning as he singled up the middle driving in Nicholas Hammerl (Sr., SS/2B) to give the Beavers a 5-3 lead, but a pair of home runs from Bryce Berg and Alex Beals in the top of the sixth put the Vikings ahead for good in game one.

The Beavers got off to a slow start in game two, but the same can't be said for the Vikings. MSU did not record its first hit of the game until the bottom of the fourth when Paul Vogelsang (So., C) drove a home run to left field, but the game was already out of reach at that point. Augustana scored two runs in both the second and third innings and tacked on seven more in the top of the fourth as they broke out an early 11-0 lead.

After Augustana added four more runs in the next four innings, Kyle Williamson (Fr., OF) gave the Beavers their final two runs of the game as he drilled a home run to left field and drove in Austin Zorn (Sr., P/INF) who recorded a single earlier in the eighth inning.

With the losses, Minot State falls to 8-9 overall and 5-11 in the Northern Sun. The Vikings improve to 19-12 overall and 10-6 in the conference.

Minot State traveled to Bemidji State for an important midweek series yesterday. Results were not known at press time.

The Beavers are home with Northern State University Saturday at 1:30 p.m. and Sunday at noon.

... Men's Golf continued from page 10

tournament leader coming into the final round, but Holm's 75 held off O'Keefe by a single stroke for the individual title. O'Keefe had to fend off a hard charging golfer as well to take second as Andrew Benson of Bemidji State finished with a 1-under-par 70 in the final round to take third.

"Kowan came up just short," MSU head coach Randy Westby said. "He will go down in Beaver history as one of the best players to attend Minot State."

For the tournament, O'Keefe shot three 74s and one 71. He helped MSU finish the team tournament strong as the Beavers carded an even 300 in the final round, the third lowest score on the day. Minot State, however, did not move up in the team race as the Beavers finished ninth (1,227), five strokes behind Concordia-St. Paul.

"We had three players in the top 17. It was a good day overall and a good tournament," Westby

said. "The team had the third best round of the day."

Minnesota State won the team title with an 1,196, two shots better than the University of Sioux Falls. The Mavericks shot two strokes better than USF in the final round, 295-297, the two teams to score better than the Beavers on Sunday. Winona was third while St. Cloud State fell to fourth.

Karson O'Keefe tied for 13th overall, finishing with a 304 overall and a 78 in the final round. Nicholas Liebel shot MSU's best final round with a 70, and ended in a tie for 17th overall with a 305. Jersey Kelly finished his first NSIC Championship in a tie for 39th with a 347.

"Nick shot the second best round of the day," Westby said. "We have a good foundation coming back for next year."

The Beavers finish the spring season with the Concordia University, St. Paul Golden Bear Invite next week in St. Paul, Minn.

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1	8	3	2	7	9	6	5	4
2	6	1	9	8	7	5	4	3
3	4	9	1	6	5	8	7	2
7	5	8	4	2	3	9	6	1
5	3	7	6	1	8	4	2	9
8	1	2	5	9	4	7	3	6
4	9	6	7	3	2	1	8	5

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Track and field teams continue to do well

Flatland, Schmidt win titles at Vance Butler Invite

(MSU Sports Information) – Minot State University's Tyler Flatland (Sr., Hurdles) and Cody Schmidt (Jr., Javelin) each won titles at the 2015 Vance Butler Memorial Invitational April 3 in Sioux Falls, S.D.

Flatland ran away from the field to power to the title in the men's 400-meter hurdles, winning by just over a second in a time of 54.91 seconds. It was the second individual title for the senior in two meets as he won the 400 hurdles at the Black Hills State Spring Invite last week.

Schmidt edged teammate Phillip Streccius and fell just a fraction of a meter short for a provisional qualifying mark in his second outdoor meet. Schmidt won with a toss of 58.32 meters, just .02 meters short of the NCAA Division II Provisional mark of 58.34. He was just .9 meters ahead of Streccius, who threw a season high 58.23. Both tosses were just over 191-feet.

The event was jam-packed with some of the top teams in the Northern Sun Intercollegiate Conference, as nearly all of the teams from the NSIC were at the event, along with some area NCAA DII and NAIA teams.

On the women's side, Eric Clark (Jr., Mid-Distance) continued to have a solid start to her outdoor season as she finished third in the women's 800-meters. She ran a 2:22.71, four seconds under her time last week at BHSU.

The javelin proved to be a solid event for the women's team as well as Kayla Lewis (Fr., Javelin) was third with a toss of 34.29

meters. She was .20 meters behind second and about 2.0 meters behind the eventual winner, Halee Biel of Northern State.

Alison Windish (Jr., Distance,), Sienna Dailey (Sr., Sprints) and DelRay Audet (Jr., Hurdles) all finished with top 10 places. Windish was fourth in the women's 5,000-meters with an 18:59.95. Dailey had a pair of sixth-place finishes in the 200 and 400. She ran a 25.88 in the 200 and a 59.99 in the 400. Dijah Silva (Jr., Sprints) was 13th (26.39) and 18th (1:04.40) in the two events. Audet sprinted to seventh place in the women's 400 hurdles with a 1:08.58. Audet was 12th (16:08) in the women's 100 hurdles, just behind teammate Mary Roy (So., Sprints/Jumps), who was 12th (15.86).

For the men, Kaleb Kirby (Fr., Pole Vault,), Chigozie Anaukwu (So., Sprints), Tyler Bates (So., Sprints), Joel Cartwright (Jr., Distance) and Wayne Peters (Jr., Sprints) all finished 10th or better.

Kirby cleared 4.40 meters in the men's pole vault for fifth overall. Anaukwu was eighth in the 100

with 11.11 and 14th overall in the 200 at 22.77. Bates was eighth in the 400 with a 51.45 and 11th in the 200 (22.49). Cartwright was clocked at 15:56.20 for 10th in the 5,000 and Peters was 10th in the 110 hurdles, finishing with a 16.01.

Throwers thrive in windy conditions at Marauder Open

(MSU Sports Information) – Minot State University's throwing crew battled through a stiff wind to have a solid outing at the University of Mary Marauder Open Sunday at the Bismarck Community Bowl.

Despite 25-35 miles per hour winds, the team put together a title – Phillip Streccius' (Sr., Javelin) 190-foot-3 toss in the javelin – and multiple personal and season bests.

"The weather was a tough thing for everyone today," MSU head coach Stu Melby said. "We have been real consistent in our marks and that usually means if we can get some decent weather, the times and the marks will take off. There were a lot of good things today

See Track and Field — Page 13

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... Track and Field
continued from page 12
 despite the wind."

The Beavers finished with 10 personal bests and added 13 season bests in difficult conditions. Melby was pleased with how steady his team was Sunday despite fighting cool temps and a steady wind.

"I thought a lot of the kids stepped up today compared to even our last meet at Sioux Falls," he said. "It's been 10 days now since we have competed and we had to juggle the time off with the holiday. We have been making some progress in practice and maybe some of that hasn't necessarily carried over to the meets. But today, despite the conditions, we did a nice job."

Streccius and Cody Schmidt (Jr., Javelin) went 1-2 in the men's javelin as Schmidt trailed Streccius by four feet for a runner up finish. Kayla Lewis (Fr., Throws) paced the women's side with a second place finish in the women's javelin,

finishing with a 122-3.

Kira Gilbreath (Fr., Throws) was sixth in the shot put with a 38-5½ and placed 17th in the hammer throw (109-4). Shayla Christensen (Fr., Throws) took seventh in the shot with a 37-10½ and was 11th in the disc (110-3). Brilee McWilliams (Jr., Throws) was 12th in the hammer (121-9) and 13th in the disc (100-1). Christensen moved into seventh all time with a PR in the hammer and had a season best in the shot.

Tanner Gust (Fr., Throws) finished sixth in the discus (120-1) and seventh in the hammer throw (134-2), while Kevin Hodges (Fr., Throws) was seventh in the hammer (129-3) and ninth in the disc (112-10). Both Gust and Hodges earned PRs in the discus with

Hodges hammer throw a major jump that has him seventh all time.

"Kevin and Tanner both had good days," Melby said. "They had some good throws in both events. Kira had a great day, big improvement for her and Shayla had another improvement in both the hammer and the discus."

Minot State running track crew did just fine as well as Sienna Dailey (Sr., Sprints) captured an individual title in the women's 400-meter dash, winning with a time of 58.82 seconds and Tyler Flatland (Sr., Hurdles) won the men's 400-meter hurdles with a 53.96, fighting off Jared Michel of the University of North Dakota and Jose Chorro of Dickinson State.

"Tyler had a season best in the hurdles," Melby said. "We had

some runners take advantage of the wind as well. Overall there was some good things on the track. We are excited and will keep on progressing. If you are battling in a race, that's a good sign, that's something we can see. We can work on racing and placing and that usually means we will have a good time or distance."

MSU's women's relay teams won their respective races as the 4x100 team of Silva, Dailey, Breanne Sherlock (Jr., Hurdles) and Mary Roy (So., Sprints/Jumps) defeated Dickinson State with a 49.67, while Silva, Audet, Sherlock and Dailey topped DSU in the 4x400 finishing with a 4:09.97.

Audet had a busy, yet productive day, adding a second-place

finish in the 400 hurdles (1:06.87) and was fourth in the 100 hurdles (15.70). Dailey finished in fourth in the women's 200 with a 25.68 and Windish was fourth in the 1,500 (5:15.62) and fifth in the 3,000 (11:09.72).

Tyler Bates was second overall in the men's 400 and took fourth in the 200, leading a group of seven straight MSU placewinners in the 200. Wayne Peters (Jr., Sprints) ran a PR time of 15.74 in the men's 110 hurdles to take third, while Kirby was third in the pole vault with a jump of 14-feet-4¼.

Minot State will split into two groups this weekend. One group will travel to the Mt. SAC Relays in Walnut, Calif., Thursday-Saturday, and a second team will travel to Dickinson for the Blue Hawk

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Women's golf takes 4th, Foster ties for 5th in spring debut

(MSU Sports Information) — Minot State University junior Danielle Foster shot back-to-back solid rounds in her first tournament of the spring to take fifth place at the South Dakota Mines Invitational, April 7.



Foster

The two-day tournament was shortened to one day, but still finished with 36 holes. Teams played the first round in the morning and came back for a second 18 to finish off the invite.

"Danielle's short game was on today," head coach Whitney Aberle said. "The team had a mental and physical challenge with playing 36 holes and played exceptionally well with that huge challenge. I couldn't be happier with how we played."

Foster was brilliant in the first round, opening with a 40 on the front nine and following that up

with a 43 for a first-round, 11-over-par 83 to sit in second place overall heading into the second round.

In the second round, Foster ended with an 89, tying Morgan Stacks of Colorado Christian with a 172 total for the tournament.

The Beavers took fourth overall in team scoring. MSU hit a 358 in the opening round and followed that up with a 379. Minot State trailed eventual winner Colorado Christian 47 strokes over the two rounds. CCU finished with a 690, carding a solid 333 in the final round. MSU slipped to fourth after coming into the final round in third as Black Hills State cut 24 strokes off its first round score to top the Beavers by one stroke.

Foster wasn't the only MSU player to hit well as sophomore Kayla Barke shot a 91-95 for a 186 to tie for 15th overall.

The Beavers will compete Saturday and Sunday at the Augustana College invite in Sioux Falls.

Volleyball coach stepping down

(MSU Sports Information) — After four seasons at Minot State University, head volleyball coach Travis Ward decided to step down from coaching to pursue other business opportunities, the university announced Thursday.

"I want to thank Travis for his service to MSU. He definitely elevated our volleyball program in an extremely tough conference," MSU Athletic Director Rick Hedberg said. "(Northern Sun) volleyball is the top league in all of Division II and he moved our program up in the standings each year."

Ward will continue with the Beavers until May 1, but a national search to find MSU's seventh head volleyball coach in school history will begin immediately.

"I will miss the Minot community," Ward said. "I am proud of

the kids and the commitment they made. It was fun to watch them grow and they built a solid foundation for the future."

He finished his career at MSU at 47-76, helping the Beavers transition from NAIA to NCAA DII and move from 15th in the NSIC in the program's first season to 10th this past season. MSU won a season-high eight games in the NSIC this past year.

Ward was 18-16 in his first year with MSU during the Beavers independent season in 2011. MSU won six games in its first season in the NSIC, 12 in 2013 and 11 this past season. During his three seasons in the NSIC, the Beavers faced 22 ranked opponents.



Ward



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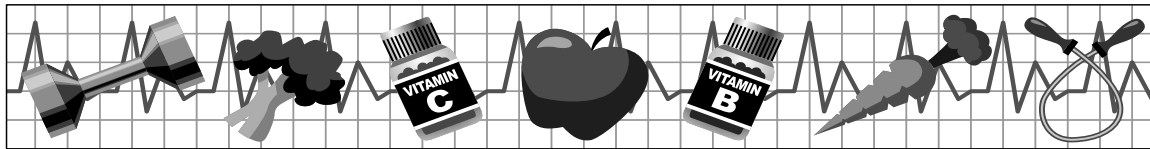
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