Red & Green

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Volume 96, Number 18 March 26, 2015 Minot, N.D. 58701 minotstateu.edu/redgreen



Submitted photo

Norwegian Ambassador H.E. Kare R. Aas interacts with students through the computer. Aas will speak will MSU students via Skype on April 1 at 1 p.m. in Aleshire Theater.

Exciting opportunity planned for students to interact with Norwegian Ambassador

By Kalyn Dewitt Comm 281

The Minot State University Office of International Programs will present the Virtual Ambassador Program, Wednesday, April 1, at 1 p.m. in the Aleshire Theater, Hartnett Hall. This new program, sponsored by the Royal Norwegian Embassy in Washington D.C., invites university students to interact live with the Norwegian Ambassador, H.E. Kare R. Aas.

Libby Claerbout, director of International Programs at MSU, has been the main contact in setting up the event at Minot State.

"This program is a great way for our students to learn from an expert about how global issues are effecting a country to which we, as part of the Minot community, have a lot of historical ties and current connections," Claerbout said.

Ambassador Aas will focus on four main topics that are high priorities in Norway.

He will discuss the changes taking place in the Arctic and how these changes are presenting challenges and opportunities.

Another topic will be the importance of girls' education.

He will discuss international security, focusing on Norway's part in ensuring that NATO remains a viable, effective and relevant alliance.

As will also speak of peace and reconciliation efforts around the world.

The ambassador will give a brief presentation via webcam, after which he will

See Ambassador - Page 2

Bone marrow drive at MSU



Photo by Courtney Holman

MSU student Crystal Williams (left) fills out a form during the bone marrow drive as biology major Sarah Bogenrief (right) explains the process. The MSU Biology Department, Club Biology and biology students teamed up with Delete Blood Cancer, an organization leading the fight to eradicate blood cancer, to host a bone marrow drive earlier this month. According to Heidi Super, MSU biology professor, there are currently not enough potential donors, and only half of those who need a donor will find a suitable match. For questions about stem cell donation and getting registered, or making a donation, go to www.deletebloodcancer.org.

... Ambassador continued from page 1

open a dialogue with the students, allowing them to ask questions about the information he has given.

"During the questionanswer session, students will have the opportunity to get an interdisciplinary perspective on the topics being presented," Claerbout said.

MSU President Steven Shirley and his wife were hosts to Aas during the Høstfest last October, at which time Shirley learned of the Virtual Ambassador Program.

Aas has served as the Norwegian Ambassador to the United States in Washington, D.C. since September 2013. Before that he served as Political Director to the Ministry of Foreign Affairs in Oslo, as well as Ambassador to the Islamic Republic of Afghanistan. His former work as Director General for the Department for Security Policy and the High North, coupled with his chairmanships in various international organizations working toward peacekeeping operations, nuclear disarmament and non-proliferation have given the Ambassador the opportunity to collect an abundant amount of valuable knowledge that he now shares with university students.

the Norwegian Since Embassy launched the Virtual Ambassador Program in the fall of 2014, many schools across the country have participated in it including the University of Alabama, University of North Dakota, Augustana College, University of Wisconsin and American College of Norway.

Claerbout said Minot State will definitely consider doing it again in the future if there is a high level of interest and strong attendance.

All Minot State students are invited to attend the virtual session.

News in Brief

Free skate for MSU students at Maysa Arena tonight

MSU students are invited to skate for free at the Maysa Arena tonight from 8 to 10:30 p.m. Student I.D. is required to participate. M-Life sponsors the event. Check out M-Life on Facebook at www.facebook.com/msu.life.

M-Life presents comedy variety show tomorrow

Get ready to laugh through two comedy/variety shows by John Cassidy and Jonathan Burns on March 27 at 8 p.m. in Aleshire Theater. This event is free to all students with a current MSU ID. M-Life sponsors the event. Check M-Life out on Facebook at www.facebook.com/msu.life.

MSU choirs concert set for Monday

MSU's Concert Choir and Women's Chorus will perform March 30 at 7:30 p.m. in Ann Nicole Nelson Hall. Kenneth Bowles directs the concert choir, and Lukas Graf directs the women's chorus. Admission is free.

Ceramics open studio

A clay open studio with Linda Olson, chair, MSU Division of Humanities, will be held Tuesday, March 31, from 6 to 9 p.m., Pioneer Hall, back door. Faculty will work with participants depending on their needs to learn and grow in clay. The price is \$20 for adults, \$10 for Minot State University students, faculty and staff and \$5 for children. Children must be accompanied by an adult. The proceeds from the open studio directly fund scholarships for ceramics students. Please RSVP with Linda Olson at linda.a.olson@minotstateu.edu indicating interest, so that instructors can prepare and arrange for additional helpers if needed, but walk-ins are welcome.

NAC: Library Gallery presents 'Americas 2013: All Media Best of Show'

The Northwest Art Center's Gordon B. Olson Library Gallery presents "Americas 2013: All Media Best of Show," paintings and sculptures by Thomas Stephens of Greeley, Colo., on display through April 16. The gallery is open regular library hours.

13 22

CLUES ACROSS

- 1. Cycles/second
- 4. Fit for cultivation
- 10. Saami
- 12. Perceived scent
- 13. Liberal rights organization
- 14. Female flying fighters
- 15. Durham school
- 16. Ancient Scand. poet
- 18. Charitable performances 20. Siddhartha author Hermann
- 21. Letter destination
- 22. P.S. Buck's Pulitzer
- 25. Feel regret
- 26. Initials of $e = MC^2$ author
- 27. From a distance
- 29. Cronies

- 31. Forty
- 32. Printing speed measurement
- 33. Nutty spread
- 40. White seedless grape
- 41. Hillsides
- 43. Inflammation of a bursa
- 44. Artery
- 45. Nail polish brand 46. A routine that is hard to escape
- 47. Indigo plant
- 48. Owners
- 50. Animal fluids
- 51. Mustelid in its white winter coat
- 52. Communist

Today in History

- 1804: Territory of Orleans organized in Louisiana Purchase.
- **1863:** Voters in West Virginia approve gradual emancipation of slaves.
- **1930:** Congress appropriates \$50,000 for Inter-American highway.
- 1937: Spinach growers of Crystal City, Texas, erect statue of Popeye.
- 1951: USAF flag approved.
- 1970: 500th nuclear explosion since 1945 announced by the U.S.
- 1991: Fuel pipe explodes under 58th Street and Lexington Ave., NYC.

- 2013: Days after a new U.S.-South Korea military pact, North Korea issues new threats to strike targets in Hawaii, Guam, South Korea and the U.S. mainland.
- **2014:** A second dwarf planet is discovered between the Oort cloud and the Kuiper belt, an area previously considered a no-man's land; the planet, 2012 VP-113, measures about 280 miles across; the first, Sedna, was discovered in 2003.

(Courtesy of Brainyhistory.com)

CLUES DOWN

- 1. Come into conflict
- 2. A collection of things wrapped together
- 3. Bath spatter
- 4. Gunsmoke actress Blake
- 5. Direct to a source
- 6. Cartoonist Capp
- 7. Somewhat blue
- 8. 40 weekday periods 9. El Dorado High School (abbr.)
- 11. Heartbeat
- 12. Brit. rutabaga
- 17. Angle (abbr.)
- 18. Said as a greeting or wish
- 19. Festivals
- 23. Rita ____, singer 24. Belonging to us 27. Skating jumps

- 28. Building at 175 5th Ave.
- 29. Parts per billion (abbr.)
- 30. Atomic mass unit
- 32. Old Spanish currency (abbr.)
- 33. Insistence on traditional correctness
- 34. PBS wildlife show
- 35. Measuring blocks
- 36. Don't know when yet
- 37. Ancient city from which St. Paul first sailed
- 38. Breadwinner
- 39. Go to bed
- 40. Highest in degree or quality
- 42. Tossed, potato or waldorf
- 43. The trunk of a tree
- 49. Yes in Spanish

Answer, page 11

Lutheran Campus Ministry visits San Diego and Mexico during break



Submitted Photo

Students with Lutheran Campus Ministry pose for a picture in San Diego, Calif., during Spring Break. The group went to San Diego and Mexico to learn more about immigration and border issues between Mexico and the United States. Pictured are (back row, from the left) Marina Carrillo Prieto, Kayla Buck and trip guides Nate Maxwell-Doherty and Chris Malison; (middle row, from the left) Jessica Caudill, Jacob Tatro, Kayla Scholes, Karen Langemo, Jerusha Henehan, Adam Barden and Else Nelson; (front row, from the left) Pastor Christoph Schmidt, Haili Duchscherer, Mason Schmidt and Molly Haagenson.

Student Ebola research teams to present at today's Math Talk

Minot State University students Breanne Hatfield, a mathematics, chemistry and biology major, and Erica Mojica, a biology major, present "Understanding Ebola through Susceptible-Exposed-Infectious-Removed (SEIR) Model" at this month's Math Talk March 26 at 5 p.m. in Model 330. This is the joint work of Hatfield, Mojica, Hriday Thakkar, Michael Gudejko, Johannah Mayhew, Kowan O'Keefe, Suzannah Miller and Samuel Olson.

Following their presentation, Chloe Ondracek, a mathematics major, and Spencer Bell, a mathematics and computer science major, will present "Maximum Covering Location Problem - Curbing the Ebola outbreak in Sierra Leone." This is the joint work of Ondracek, Bell, Jordan Torgunrud, Nil Khattari, Scott Macleod, Gudejko, Thakkar and Ashish Acharaya.

The talk is free and open to everyone.





On Movies



by Alex Nelson Staff Writer

If you had a robot that had consciousness, what would you do make it help you commit crimes?

"Chappie" stars Sharlto Copley, Dev Patel, Yolandi Visser, Watkins Tudor Jones, Jose Pablo Cantillo, Hugh Jackman and Sigourney Weaver. It is directed by Neill Blomkamp and is rated "R" for strong language, violence and brief nudity.

In Johannesburg, South Africa, crime is at an all-time high. To the best they can about the world solve this problem, the weapons he lives in. However, there are company, Tetravaal, led by those who wish to destroy

'Chappie'

Michelle Bradley (Weaver) and her engineers, Deon Wilson (Patel) and Vincent Moore (Jackman), issue special robots that are built to fight crime. Deon is also working on an A.I program that deals with consciousness, and plans to test this on one of the robots. with it? Teach it poetry and art, or However, things become complicated as he is kidnapped by gangsters Ninja (Jones), Yolandi (Visser) and Amerika (Cantillo).

> Deon manages to convince them to let him test the A.I. and, in the process, Chappie (Copley) is born. Chappie is confused about his surroundings and what he is, but he soon becomes friends with these four humans who teach him

Chappie as they see him as a threat to his plans. Now Chappie has to find out who he is while trying to help his new family at the

Blomkamp, who is known for his work in "District 9," returns to give us "Chappie." I should state that the acting from the cast was done very well, especially from Sharlto Copley as the title charac-

One of the themes that the film explores is, "What is the level of consciousness?" We see how Chappie learns from the different people he meets and in the process learns a variety of good and bad habits. Several of the film's elements reminded me of the 80's movies such as "ET" and "Short Circuit," where a non-human being befriended a group of people. There is even a callback to the film series "Robocop," with the police robots and such.

Despite having plot elements that bring a childlike presence into the film, it is not a movie for children as there is a lot of swearing and even violent scenes are present. Some viewers may have a sense of mood whiplash, as there is a mixture of calm, funny moments and violent action scenes. I had no problem with this, yet there are a few people who might have an issue with it.

I should also mention that some of the trailers are misleading, making it feel as if the robots are going to take over the world and Chappie has to save us. This is not the case, but the movie is still

fun to watch. One aspect I enjoyed in it which is similar to "District 9" is that one of the main characters is a non-human and the main antagonist is human. Most movies I have seen show that the humans are always good and there is always an evil alien or evil robot. This film shows us the opposite where "Chappie," the robot, is practically a child who is trying to understand his surroundings and the main antagonist is a human who doesn't care about who he harms as long as he gets what he

Overall, while the movie is not as good as Blomkamp's "District 9," I still find "Chappie" just as enjoyable to watch. I personally rate "Chappie" 4 out of 5 Beavers.



Simple microwaveable foods

Mac and cheese

By Dayna Vanhouwe Staff Writer

This is a much simpler recipe to follow, is less expensive compared to having to buy multiple boxes of instant mac and cheese and is much healthier without all of the added preservatives. Best of all, you get to use REAL cheese! This recipe is great for a personal serv-

ing or you can get your friends together and all make some and have a movie night! Whatever you choose to do, this is simple and fast, and cheese can make any gathering an entertaining night.

To complete this simple recipe you need:

Ingredients:

1 microwaveable mug 1/3 cup of pasta

½ cup of water

1/4 cup of milk (your choice of the type of white milk)

½ cup of shredded cheddar cheese

How to:

- 1. Combine pasta and water in a bowl or microwaveable mug.
- 2. Microwave on HIGH for two minutes, take out and stir. The water is likely to overflow a little bit while heating up; this is OK.

Just make sure to clean it up. (If you do not want it to overflow, prepare this in a bowl.)

3. Repeat step two for at least two to four more minutes. Stir at each two-minute interval so the pasta does not stick to the bottom of the mug or bowl. The water should be almost completely absorbed and the pasta will be cooked through. If it needs more time to cook it is alright to add a little bit more water and microwave for another minute.

- 4. Remove the mug or bowl from microwave - CAUTION: it will be hot - set down and stir in the milk and cheese.
- 5. Microwave for another minute, remove from microwave, stir thoroughly and ENJOY!

The recipe was taken from http://vittlesandbits.blogspot.com.

Red & Green

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Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body.

Red & Green is printed at Minot Daily News, Minot, N.D.

Dangers of prescription drug abuse in college students

By Jennifer Chevalier MSU senior Nursing student

College is a time for self-discovery and independence, but also a time for immense stress and dangerous experimentation. It is no secret that prescription drug abuse has become a national issue with nearly 20 percent of the population reporting abuse of prescription drugs. Furthermore, prescription drugs and over-the-counter drugs are the most commonly abused substance after marijuana for individuals over the age of 14 in the United States.

The problem is also increasing on college campuses with 36.8 percent of a recent sample of college students reporting using prescription drugs for non-medical purposes. The question becomes — why are college students abusing prescription drugs and what can be done to prevent it?

Firstly, one must understand what qualifies as abuse. The National Institute on Drug Abuse in 2014 recognized abuse as drugs taken for reasons, ways, or amounts not intended by the physician or taken by any individual to whom the drug was not prescribed. Brandt, Taverna, and Hallock (2014), confirm that college students most often obtain prescription drugs from friends.

The most commonly abused drugs fall into three separate categories: pain relievers, tranquilizers and stimulants. Pain relievers include opioid pain medications including Vicodin and Oxycontin. Tranquilizers include medications commonly used to relieve anxiety including Valium and Xanax. Finally, stimulants include drugs most commonly used to treat Attention Deficit Hyperactivity Disorder (ADHD) and include Adderall and Ritalin.

Reasons for using these substances vary depending on the classification of the drug. Pain relievers were most often used socializing and partying, with 80 percent of reported users mixing opioids with marijuana and 76 percent of reported users mixing opioids with alcohol. The most common methods of

ingestion included swallowing and snorting.

Tranquilizers were most often associated with self-medication of illness such as anxiety, but also associated to a lesser extent with socializing and partying, with users reporting mixing tranquilizers with substances such as marijuana and alcohol.

Stimulants, on the other hand, were overwhelmingly used for studying, but nearly half of users, 46 percent, reported mixing the drugs with either marijuana or alcohol.

So why is the abuse of these drugs such a big deal? First, all of these drugs place the user at high risk for addiction, especially since the users are not under the supervision of a physician. Specifically, opioids can slow breathing to dangerous levels and actually cause the individual to stop

breathing altogether.

Tranquilizers have a similar affect and can also cause serious withdrawal symptoms including seizures after prolonged use and attempted cessation. Misuse of stimulants can lead to irregular heart rhythms and seizures. Furthermore, mixing these drugs with other substances can increase the likelihood of side effects and complications including drug overdose and death.

Finally, drug abuse impacts families, friends and the community as a whole. The drug abuser damages personal relationships and requires additional community resources.

What can you do? Firstly, recognize the symptoms of prescription drug abuse including: personality changes, sudden financial difficulties, social withdrawal, poor work performance and poor physical health. If you believe someone is

abusing drugs, get them help by contacting the National Council on Alcoholism and Drug Dependence for resources in your area.

Finally, do not contribute to the problem. Never share prescription drugs with anyone, even family members, and participate in National Drug Take Back Days that occur annually for safe disposal of prescription drugs.

Still, not everyone falls victim to the perils of prescription drugs. The most common reason for not utilizing prescription drugs is lack of interest, followed by risk to physical health and risk to mental health.

It is important to understand the problem and the solutions are not simple; however, by recognizing how to spot potential misuse and the dangers of prescription drug abuse, college students can empower themselves and prevent becom-

ing a victim.

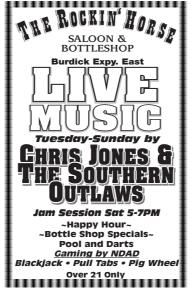
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Geology Spring Break road trip



Photo by Rachelle Adams

MSU students Rachelle Adams (left) and Jordan Torgunrud pose at the entrance of Yellowstone National Park in Montana. During Spring Break, science professor Kathryn Kilroy took students from her Geology 290 class on a trip through eight states to experience the diverse geologic features the Midwest hosts. The class visited many national parks, including Yellowstone, Zion and Arches.





Photo by Rachelle Adams

MSU students (from the left) Chigozie Anaukwu, Victor Abonyi and Aderoluwa Ademiluyi stand beneath a calcite formation in the Lehuman Caves in Nevada. The trip was part of their regional geology class course.





 $\begin{array}{c} \text{Meetings every other Thursday} \\ \textit{6pm in Swain Hall, Room 107} \end{array}$

email us with ANY questions studentsforlife@minotstateu.edu facebook.com/msuforlife

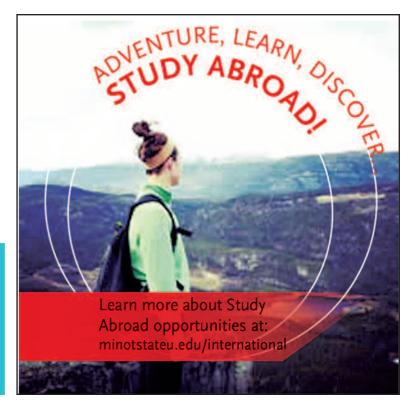


Photo courtesy of MSU Sports Information

Jared Young watches his hit soar in a recent game.

Baseball went 1-3 last weekend

Kurt Miller Sports Writer

Late inning heroics were the story of the day as the Minot State University baseball team began Northern Sun Intercollegiate Conference play Saturday, March 21, against Wayne State.

The Beavers fell in the first game of the day, 4-1, on a walk-off home run, but rebounded in the second game as freshman Jared Young (UTL/P) hit a two-run double in the ninth inning, breaking the deadlock and ultimately giving the Beavers a 6-4 win.

In the first game of the day, both teams struggled to get their bats going as they combined for just 11 hits.

Senior pitcher Josh Larsen gave the Beavers a strong outing on the mound, going 5 2/3 innings and giving up just one unearned run. Young led the way offensively in the first game going 2-for-4.

While the Beavers recorded six hits in the second game of

the day, the same amount as they recorded in the first game, the team was more efficient, scoring six runs.

Austin Zorn (Sr., P/INF) threw a complete game, giving up three earned runs on eight hits, while striking out two on his way to his second win of the season.

After going down 2-1 through three innings, Minot State took its first lead of the game, scoring three runs in the fifth.

Wayne State got two runs back in the bottom of the sixth setting up the dramatic finish in the ninth inning.

Kyle Williamson (Fr., OF) went 2-for-3 from the lead-off spot for the Beavers, with two doubles and two runs scored. Young's two RBIs in the seventh inning were the most on the team.

With those results, the Beavers moved to 4-9 overall and 1-1 in the NSIC.

Minot State was unable to come away with a win in two

games Sunday afternoon.

Defense played a big part in the losses on Sunday. The Beavers committed four errors in the first game as they fell to the Wildcats, 10-4. They committed three errors in the second game, a 14-2 loss.

"We have to play better defense," Minot State head coach Brock Weppler said.

Jesse Goertzen (Jr., P/INF) got the start for the Beavers in the first game Sunday and was only able to make it through 3 2/3 innings. He finished his outing giving up five runs, none of the runs earned.

The Beavers jumped out to a 2-0 lead in the second inning, but their only lead of the game was short lived. The Wildcats scored three runs of their own in the bottom half of the inning, and went on to score seven more runs before the Beavers added two runs in the sixth inning, when the game was already out of reach.

Similar to the first game of **See Baseball — Page 8**





O'Keefes pace Minot State to tie for second

(MSU Sports Information) — Minot State University's Karson O'Keefe (So., Creston, British Columbia) cut five strokes off his first-day total to move up to a tie for fifth place overall and joined his brother Kowan O'Keefe (Sr., Creston, British Columbia) in the top 5 to help MSU finish in a tie for second overall at the Minot State/Minnesota Crookston Spring Invite March 17 played at the Las Vegas Paiute Resort.

Kowan O'Keefe finished three strokes off his first round, hitting a 5-over-par 77 in the final round. good for a 151 two-day total and a fourth-place finish. Karson O'Keefe tied with Casey Anderson and Mike Oberg of Minnesota State and Jesse Roscoe





Kowan O'Keefe Karson O'Keefe

from Minnesota Crookston, all with 153s.

"We had a good tournament overall. The scores were some good, some bad, but that's golf this time of year," head coach Randy Westby said. "I'm happy with where we are at. We need to continue to improve and work on things to get ready for the conference meet, but we are coming along."

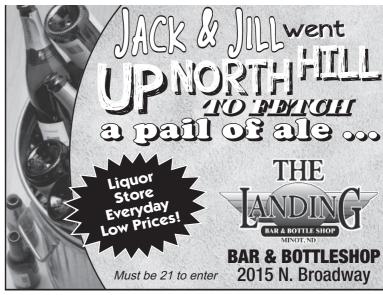
Minnesota State won the team event with a solid 589 two-day

Minot State tied with the University of Sioux Falls for second as both teams shot 628s for the tournament.

Chiweshe Shadreck Harare, Zimbabwe) and Nicholas Liebel (Sr., Watford City, N.D.) both finished in the top 20 as Chiweshe was 18th overall with a 164 and Liebel - who was six strokes better in round two - finished tied for 20th with a 166.

Minot State is back on the links at the Augustana College / Concordia-St. Paul Spring Invite in Omaha, Neb., March 28-29.





Women golfers make huge jump on day 2 at Fort Hays invite

(MSU Sports Information) Minot State University finished with a 375 - a whopping 40 strokes fewer than day 1 – to finish with a 790 overall, taking 11th place at the Fort Hays State Spring Thaw played in Mesa, Ariz., March 17.

The Beavers came into the final round 10 strokes behind Ft. Lewis University, but made up that ground and more. MSU closed to within 45 strokes of Lincoln for 10th place overall.

All the teams in the tournament were chasing Minnesota State, however, as the Mavericks pulled away from the pack with a 313 on the final day for a 636 overall and a 14-stroke cushion over Lindenwood University.

MSU's Kayla Palzcewski (Jr., Bowman, N.D.) made a huge turnaround from round one to the final round, cutting 19 strokes off her first-day total. She went from a 108 to an 89 to finish with a 197 overall score and 62nd place.

Kayla Barke (So., Williston, N.D.) and Samantha Cottingham (So., Underwood, N.D.) also made huge jumps from their first-round scores to their second

round for the Beavers. Barke, who finished in 53rd as MSU's highest finisher, dropped nine strokes from day 1 to shoot an 88 in the final round. Cottingham finished in 68th place, going from a 112 to a 102. MSU's fourth golfer, Jade Teske Westhope, N.D.) also finished better in round two as she shot a 96 to follow up a 98 in the first round.

The Beavers have a lengthy break before their next tournament as MSU is off until April 6 when the Beavers travel to the South Dakota Mines Invite.

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Red & Green newspaper

... Baseball continued from page 7

the day, MSU was the first team to put a run on the scoreboard, getting out to a 1-0 lead. They held that lead until the third inning.

A pair of five-run innings for the Wildcats in the third and fourth innings doomed the another run in the fifth.

Nicholas Hammerl (Sr., 2B/SS) and Jordan Schulz (So., OF) each recorded two hits for the Beavers in Sunday's first game.

Williamson was the only Beaver to record multiple hits in the second game. He ended the game with two hits and his day with two extra-base hits. The losses move Minot State's record to 4-11 overall and 1-3 in the NSIC.

Next weekend, the Beavers Beavers despite their tacking on travel to Marshall, Minn. for a four-game series with Southwest Minnesota State whom they split with earlier this season.

Earlier in the month, the team

went 3-5 in Arizona on its annual Spring Break trip at the Tucson Invitational Games. The Beavers defeated Southwest Minnesota State University, 10-3, Dakota Wesleyan University (S.D.), 21-6, and Dakota State University (S.D.), 8-5. MSU lost to Concordia University, St. Paul, 8-9. Southwest Minnesota University, 3-9, Simpson College, 8-13, Concordia University, St. Paul, 9-13, and St. Cloud State University, 2-13.

Sports

Dailey finishes 13th in the nation

(MSU Sports Information) — Minot State University's Sienna

Dailey (Sr., S p r i n t s , Glasgow, Mont.) moved up from No. 16 ranked to run the 13th fastest time at the NCAA Division



II Indoor Track & **Dailey**F i e l d
Championships March 13 in
Birmingham, Ala.

Her time of 56.99 seconds sat just outside the top 8 needed to qualify for Saturday's finals, but was a solid race against the nation's best.

"Sienna did a super job," MSU head coach Stu Melby said. "She went out and gave her all. She has a lot to be proud of. She represented the team, Minot State and all of her supporters well."

Dailey, who finished third in her heat, said there were some nerves considering who she was racing, but used that to help her push forward for a solid run in her first NCAA DII nationals.

"It was more insane than I could have imagined," she said. "You see the names on the lists, but when you see them standing right next to you about to run the same race, that's really something else. It was super intimidating, but in a good way. The whole atmosphere was just incredible."

The Beavers begin the outdoor season Saturday at Black Hills State Spring Invite.

Lorimor named NSIC Pitcher of the Week

(MSU Sports Information)
MSU's Mindy
Lorimor (Sr., P,
Thurman, Iowa)
has been named
the Northern
S u n
Intercollegiate
Conference



Lorimor

Softball Pitcher of the Week the

league announced Monday.

It is the second award for Lorimor this season as she becomes the first pitcher in the NSIC to earn the award twice.

In two appearances, Lorimor was lights out in the circle, lowering her season earned run average to 1.69 as she gave up just one run in 14 innings pitched. She shut out Augustana College and topped Wayne State (Mich.) for a 2-0 record. She worked a complete game, scattering just six hits while striking out six in a 7-0 win over the No. 24 ranked Vikings. Lorimor followed that up with a seven-hitter, allowing just a single run and five strikeouts in a 5-1 win over Wayne State.

MSU will not renew Ersland's contract

(MSU Sports Information) — Minot State University Athletics announced it will not renew the con-

tract of head wresting coach Robin Ersland for the 2015-16 season.

The announcement ends Ersland's five-year run at MSU where he was the only wrestling coach in the school's brief time in NCAA Division II. He was 18-49 in duals during his five seasons with the Beavers including a 5-14 mark in 2014-15.

"I want to thank Robin for what he has done bringing the program back and getting Minot State reestablished in the wrestling community," Rick Hedberg, MSU athletic director, said. "It was a difficult process not only bringing wrestling back after a 20-year hiatus, but doing so in the tough Northern Sun Intercollegiate Conference. We feel it is time to move the program in a different direction."

The Beavers hired Ersland in 2010 to start the program that had been cut in 1990.

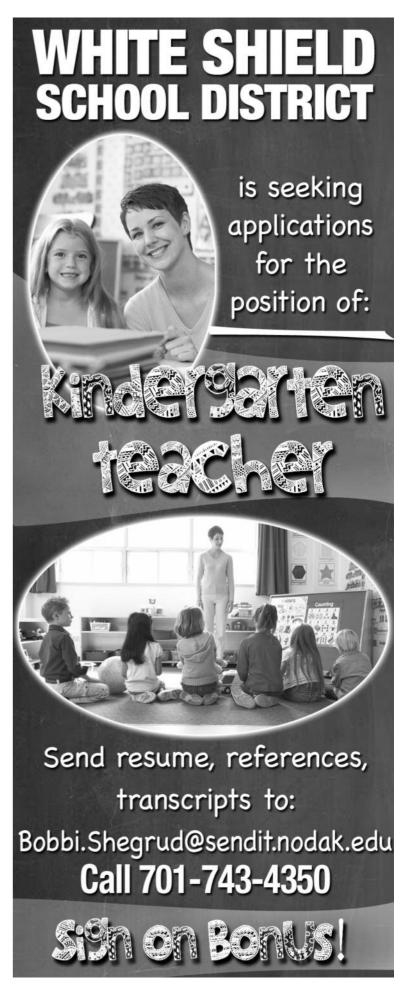
Hedberg indicated a national search for a new coach will begin immediately.

Warehouse Order Selector

Pepsi of Minot is looking for employees to work in our fast-paced, busy warehouse! Full time and part time positions available; must be able to work evenings; \$13.50 to \$17 per hour depending on experience. Requirements: must have a clean driving record, pass drug test, physical functional capacity test, and able to lift 50 pounds.

Apply in person at 1725 20th Ave SE Minot.



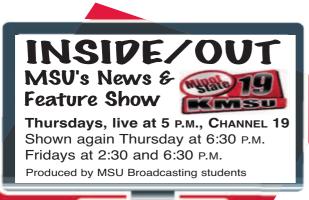


Talent/variety show slated for inauguration celebration

Calling all MSU students, faculty and staff: Are you a musician, dancer, thespian or poet? Do you have a talent to share? As part of a week of events to celebrate the inauguration of MSU's new president, Dr. Steven Shirley, a talent/variety show will be held Wednesday, April 15, at 7 p.m. in Ann Nicole Nelson Hall.

If you would like to participate, contact DeVera Bowles, Faculty Senate president, by Thursday, April 2, at 5 p.m. through email at devera.bowles@minotstateu.edu.

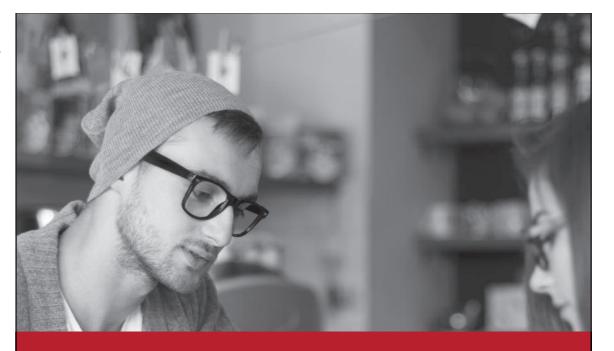
Acts should be limited to five to eight minutes, with the understanding that some may perform in front of the closed curtain while setup for the next act is happening.



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See HH 123 for details. Applications due April 10.



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Minot, ND 58702

or email: <u>averon@kxnet.com</u>
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NOTICES

MSU students returning fall 2015 should file the Free Application for Federal Student Aid, FAFSA, by April 8 in order for MSU to receive results by the priority funding deadline of April 15. Use FAFSA's official website, www.fafsa.ed.gov. Applications received after the April 15 deadline will still be accepted. For more information, please contact the MSU Financial Aid Office at 701-858-3375.

OPEN SWIMMING for students
Monday through Friday, 7–8:30 p.m.;
Mondays, noon to 1 p.m.;
Thursdays, 6:15–7:30 a.m.
Student Center pool.
Must show MSU ID. Closed holidays.

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Job Opportunities at Trinity Health

To see more listings or to apply, visit www.trinityhealth.org

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Greet patients, schedule appointments, answer telephone calls and collect payments. Must have excellent customer relation skills and previous experience using computerized systems for information storage and retrieval. Full and Part-Time positions available.

CNA

Provide direct quality nursing care to patients under the supervision of the RN-LPN on duty and direction of the Nurse Manager. Must have current North Dakota CNA certificate. Full Time, Part-Time, and Limited Part-Time positions available. HIRING BONUS AVAILABLE to qualifying applicants.

HOUSEKEEPER

Perform general housekeeping duties within patient rooms, bathrooms, public areas and corridors to provide a clean and sanitary environment throughout all areas of Trinity Health. Full Time positions available. HIRING BONUS AVAILABLE to qualifying applicants.

COURIER

Responsible for pickup and delivery of supplies and correspondence in a timely manner while working with company personnel.

Applicant must have valid Driver's License and a clear driving record. Experience in a healthcare environment is preferred but not required.

BIOMED TECH

Ensure the continued electrical safety of all patient and non-patient equipment. 1 year experience in Electronic or Biomedical Technology Repair required, experience in a hospital setting preferred. Full Time and Limited Part-Time positions available.

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