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Red & Green

MINOT STATE UNIVERSITY

MSU's Homecoming court poses on the steps of Old Main Saturday at the Community Block Party. Pictured are (from the left) center: King Gary Heitkamp and Queen Tiffany Jaeger, back row: Camilla Keller, Jared Schumeier, Sarah White, Sarah Tucker, Sarah Johnston, Lindsey Nelson, Phillip Streccius, Courtney Johnson, Andrew Torgerson, Jorden Brown, Samantha Gores, Jamie Council, Roy Whyte, Karen Niewoehner, Alex Baker, Ward Lamon, Kylie Gamas, Rachelle Brown, Nicole Love and Hanna Borner.



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September 26, 2013

Minot, N.D. 58701



FAR LEFT: Buckshot the Beaver, Minot State's mascot, high-fives a young boy at the Block Party. The event included campus club activities, free food, birthday cupcakes and Homecoming coronation. Photo by Courtney Holman

Photo by Chelsea Geis

LEFT: Homecoming court member Jared Schumier helps a child play Plinko at the MSU Community **Block Party** Saturday. Photo by Chelsea Geis

Great Plains Symposium Oct. 11-12

Minot State University will host a Great Plains Symposium Oct. 11 and 12. The conference will feature Great Plains writer and humorist, Ian Frazier.

Frazier is best known for his 1989 non-fiction history, "Great Plains," his acclaimed 2010 best-selling opus, "Travels in Siberia" and as a writer and humorist for "The New Yorker." His other published works include "The Fish's Eye," "On the Rez," "Family," "Coyote v. Acme" and "Dating Your Mom."

Frazier will speak Oct. 11 at 7 p. m. in Old Main's Ann Nicole Nelson Hall.

Other symposium features include a presentation by Raymond Screws Oct. 11 at 9:30 a.m. in Nelson Hall. Screws, an independent scholar, will present "Standing on 'One Leg:' Immigrants on the Great Plains."

Bethany Andreasen, MSU history professor, will present "The Digital Minot Project and the History of Minot State" at 10:45 a.m. in Nelson Hall. Andreasen and MSU student interns will present their research on the university's history. Andreasen and students will also present "Memories of Minot State" at a noon lunch and roundtable discussion at noon in the Conference Center, third floor of the Student Center.

Christine Ogren, associate professor of Education Policy and Leadership Studies, University of Iowa, will present "State Normal Schools and the Expansion of Educational Opportunity: Minot State's Origins in a National Context." Her presentation is at 1:15 p.m. in Nelson Hall.

Authors Mark Timbrook and Jonathan Wagner will discuss their book, "When Dreams Come True: A Centennial History of Minot State University, 1913-2013" at 2:30 p.m. in

See Symposium — Page 10



Voices on Campus

"What was your favorite part of NOTSTOCK?" Upile Maliro

Staff Writer



Carly Swanson Criminal Justice "The artwork was really cool, especially the pottery. The station setup was cool, too."



Michelle Holman English "Wordstock was amazing! I enjoyed the spoken word performer Sam Cook. I also screen printed five shirts and a sports bra, then made a ceramic bowl. "



Ward Lamon Broadcasting "I caught a few of the bands playing in the Dam. I enjoyed hearing them play."

S



Melody Hanson **English Education** "I made a T-shirt and tote bag!"



Kelsey MacNaughton Accounting, Marketing and International Business "I went to Jessica Christie's printing workshop. It was really interesting and a good learning experience."



Leif Larson Geology "I learned that it is not easy to make a print. It was fun, though."

MSU Parade

The MSU Centennial Celebration Homecoming Parade line-up begins at 10:30 a.m. Saturday. It starts downtown by Thompson-Larson Funeral Home, travels east to Main Street, north to Central Avenue, west to Broadway, north over the viaduct to 11th Avenue and west to its final destination in the Minot State University Dome parking lot.

Tailgating Sept. 28

Everyone is invited to food and tailgating at 11:30 a.m. before the Homecoming game Saturday in Lot L east of the MSU Dome after the parade.

MSU Centennial Celebration photo

Show your Beaver Pride by wearing RED and participate in the Centennial Celebration group photo as hundreds of fans, alumni, friends and the Minot community gather on MSU's new turf.

The historic group photo will take place at halftime of the MSU football game Saturday at Herb Parker Stadium. Gametiime is 1:30 p.m. Picture orders will be available at www.minotstateu.edu/100.

Karaoke + free food

Keep calm and karaoke on in the Beaver Dam, along with the chance to win great prizes. This event is on Wednesday, Oct. 2, from 11 a.m. to 2 p.m. and is free to all students with a current MSU ID. Sponsored by MSU Life.

Goldfish giveaway Oct. 2

Whether you're homesick or not, a goldfish makes great company. Join us to decorate your own fish bowl! Fish starter kits provided. The event Wednesday, Oct. 2, at 8 p.m., is free to all students with a current MSU ID. Sponsored by MSU Life.

Weight Management

Weight Management Club pro-

along with tips and motivation for successful weight loss. The event,

News in Brief

motes healthy lifestyle choices from 3:30 to 4 p.m. Tuesday, Oct. 1, in the Student Health Center, is open to all MSU students, faculty

and staff. For more information, contact Caren Barnett at caren.barnett@minotstateu.edu or



MSU Student Council for Exceptional Children and the Optimist Club of Minot

31st Annual Community Halloween Party MSU Dome · Thursday, Oct. 31 · 5-8 p.m.

MSU student organizations, businesses, service clubs, civic organizations, friends and neighbors are all requested to sponsor a booth, which involves decorating the booth and handing out treats on Halloween.

If you would like to sponsor a booth, please return the form below by Friday, Oct. 18. If you have any questions, call Melanie (858-4233 or 240-2579) or Lisa (858-3374).

Thank you for providing our youth with a Happy Halloween, and God Bless America!

Please mail to Melanie Moore	Yes, we will sponsor a booth
tudent Health & Development Center	Organization
Minot State University or email	Contact Person Phone
melanie.moore@minotstateu.edu	Email

Professor authors book '101 Brain Boosters'

by Avman AlOasem Staff Writer

Terry Eckmann, Minot State University professor of teacher education and human performance, recently

authored and published her first book, "101 Brain Boosters," that covers a very important, but rarely discussed, topic: health.



brain Eckmann

Eckmann contends that lifestyle choices can have a positive or negative effect on aging. While we still unfortunately don't have control over aging, she said we still can stimulate and exercise our brains to live longer and better.

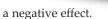
Eckmann believes maintaining brain health can be very beneficial and yield noticeable benefits. Among others, it can contribute to better focus and better sleep and lessen the chances of Alzheimer's and dementia.

She said people can do little things that can make a positive difference in maintaining and improving better brain health. Just like muscles, the brain can also be exercised; and if not regularly exercised, its efficiency might be affected.

In her book, Eckmann explains how physical exercise, brain stimulation, stress management, spirituality, socialization, learning style and nutrition play major roles in keeping the brain healthy and efficient.

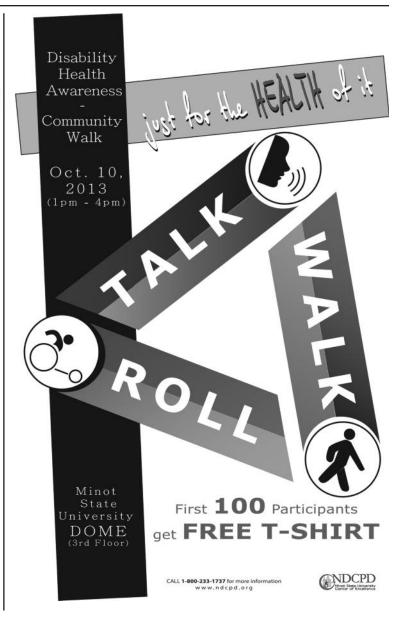
TERRY ECKMANN, PH.D. Many students now play video games. Surprisingly, Eckmann does

not consider them all harmful to the human brain. She thinks some strategy video games actually contribute to brain stimulation and enhance its ability in strategic thinking. She warned that too much video gaming, however, can lead to isolation, Which can have a negative impact on brain health. Violent video games can also have



Watching too much television can be a negative as well. Getting up and doing activity every 15 to 20 minutes can help keep the brain more engaged.

"101 Brain Boosters" is available for purchase from MSU Bookstore, Main Street Books, Amazon, and other retailers.



MSU Academic Hall of Fame honors Baldridge

Ç7

Minot University State announces the induction of Kim Baldridge, professor of theoretical chemistry at the University of Zurich, into its Academic Hall of Fame for 2013.

MSU will honor Baldridge at a banquet Sunday, Sept. 29, at 5 p.m. in the Conference Center, third floor, Student Center. Community members as well as MSU students, faculty and staff are welcome to attend.

Baldridge will speak at the banquet about her start at MSU and the opportunities along her career path.

Baldridge graduated from MSU in 1982 with majors in chemistry and mathematics. She holds a master's degree in mathematics and a doctorate in theoretical chemistry from North Dakota State University.

In addition to being a faculty member, Baldridge is founder and director of the Grid Computing Competence Center, which fosters research, education, infrastructure and usage of distributed computing at UZM. She has authored or co-authored numerous articles, two books and 17 book chapters.

Banquet tickets are \$27 for

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adults and \$20 for students. For tickets. contact Amv Woodbeck at 701-858-3989 or amy.woodbeck@minotstateu.edu.





by Alex Nelson Staff Writer

There have been many mobster films over the years, but I am not sure any of them were like this one. "The Family," directed by Luc Besson and produced by Martin Scorsese, stars Robert DeNiro, Michelle Pfeiffer, Dianna Argon, John D'Leo and Tommy Lee Jones. It has an "R" rating for violence, strong language and brief nudity.

Former mob boss Giovanni Maznoni (DeNiro) was once on top of the world. However, due to some unfortunate events, he snitches on the mob and enters the witness protection program along

'The Family'

with his family. They are under the supervision of Stansfield (Jones) an FBI agent assigned to make sure the family is safe and, more importantly, to make sure they don't cause any trouble.

Giovanni is now Fred Blake and his family, which includes his wife Maggie (Pfeiffer), daughter Belle (Argon), his son Warren (D'Leo) and the family dog, live in a small French town near the Normandy region. They are told they must be discreet and try not to draw attention to themselves. This is easier said than done as this family is used to its crime-like traditions. Soon enough, this little town gets a piece of those traditions.

While they try to adjust to their surroundings, those back home haven't forgiven Giovanni and will make sure that he and his family are dead. But assassins sent to take care of the job learn this family is not to be messed with.

I will admit I was not exactly thrilled when I saw the movie's trailer, but a relative of mine wished to see it with me. After viewing it, I believe it is actually pretty good.

The story unfolds in different view-points from the family members as they all have their own sets of problems and situations. The father is trying to get used to life without being a mob boss and his wife is trying to be part of something new and forget her old life in America. Their children also try to adjust to life in a school that has different customs than theirs, while they try to bring their own skills and talents as children brought up in the mob.

"The Family," to me, felt like a

dark comedy and not an action film, though there are scenes in the movie where people get beat up or injured. Near the end of the film, we do get a small shoot-out scene, but anyone who is a diehard action fan might be disappointed.

The acting was good. I thought DeNiro and Pfeiffer really made this movie interesting. I never heard of D'Leo or Argon before this film. They actually do a good job as the teenagers. I did have some problems, though, wondering if this was supposed to be a comedy or a drama but, as stated, to me it felt like a dark comedy.

I noticed that parts of this movie take place in France, but many of the French people are able to speak to the American family members in English. In one particular scene, DeNiro and

Jones attend a meeting of the town's French residents, where the host is speaking English as opposed to French. I guess makers of the film did this to make it easier for the audience.

The movie isn't exactly perfect, as some parts in it sound questionable or strange to me. Even the ending (no spoiler), while it was good, left me with some unanswered questions. While the plot and story-telling could have been better the cast, in my opinion, helps make up for it.

The movie isn't as good as "The Godfather," but I did enjoy it for what is was. I personally rate "The Family" 3 out of 5 Beavers. (P.S. Keep your eyes open for a DeNiro/Scorsese reference in the movie.)



by Bryan Lynch Staff Writer

An editorial in the Sept. 16, 2013 issue of the Minot Daily News makes it appear as though there is little we can do to protect our privacy in the wake of the whole NSA spying scare that happened recently. On the contrary, I am of the opinion that a few sim-

Not Just Paranoia Online privacy (and privacy In general) can be resurrected

ple measures can be taken to fight this loss of privacy that we, the citizens of the United States of America, are presently suffering.

The editorial by Froma Harrop titled, "Online privacy is gone," seems to argue that we can't do much about technology taking our privacy away, and it actually ignores a few of the obvious steps we can take to reclaim some of our privacy.

Harrop mentions businesses and the government spying on us via our cell phones and computers as being relatively unavoidable. This is where I beg to differ.

First of all, we can minimize our use of cell phones and computers. Instead of using email and social media for everything, we can occasionally write letters.

For shopping, we can see what companies still issue paper catalogs, and use money orders to avoid directly giving out personal information on the Internet.

As for online privacy, we can

use search engines that advertise a certain amount of confidentiality. Two examples of such search engines are https://duckduckgo.com and https://www.startpage.com.

I agree with Harrop when she basically said that we can't turn back the clock on technology or completely get away from its surveillance, but not doing what we can to protect our privacy right now in this moment is something we may be sorry for later. That is why I think that we shouldn't just accept this new "Orwellian" way of life we're being introduced to.

We must fight it on a personal level with how we choose to communicate, what information we choose to give out and how we use the Internet.

While we can't escape the New World Order all in one shot, we should do what we can with the tools we, the citizens, have at hand to at least alleviate the problem.

Red & Green

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Letter Policy: Letters to the editor must bear the writer's name, e-mail address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Thursday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstateu.edu.

Views expressed by this publication are not necessarily those of the university, its administration, faculty or student body. Red & Green is printed at Minot Daily News, Minot, N.D.

Opinion

Make yourself involved

by Jamie Council Staff Writer

A new school year has begun. It's only been a couple weeks, and I'm already barely keeping my head above water trying to channel the waves of classes, jobs, sports, an internship, clubs and above all, trying to keep my sanity. Free time is a luxury I have to use wisely if I want any form of a social life. Sound all too familiar? If not, this will most likely apply to you at some point during your college career. As a senior, I feel I can help students police their time here at Minot State University.

Get involved! This seems like the last thing you want to do, but it is an experience that stays with you long after your days at MSU are over. Being around friends with a common goal or mutual feelings creates a sense of unity and belonging that makes those bad times seem a little less miserable. MSU has gone through great lengths to ensure an enriching environment for students.

Now You Know

Sports events are a great way to let off some steam. Getting together with friends, painting faces, blowing vuvuzelas, cheering, yelling, screaming and letting loose are what make sports events so unique. Plus, a little school spirit never hurt anyone!

Minot State is an NCAA Division II institution with roughly 4,000 students enrolled. By the numbers, the ratio of athletes to non-athletes is remarkably higher than other schools. As a Beaver, I think we should take pride in this, and that's not just because I am an athlete, although an injured one at that. Remaining competitive at a small school in Minot, N.D. of all places is no easy task.

It's also a unique environment in that athletes are just like any other students, but with different recreational obligations. At other schools, athletes stay among athletes. It's almost like a hierarchy of students where athletes sit on their high horse. Minot's smalltown feel breaks those barriers to where students aren't just cheering on the athletic representatives of their school. They are cheering on their friends.

Another way students should get involved is through campus events. I understand some students just want to get off campus sometimes, but going to on-campus events allows students to meet fellow classmates and network. Creating relationships among involved students allows students to get the low-down on "off campus events" or making plans for the weekend. Minot may not offer much, but what is does offer is only made better with company. From a movie night to a house party, the culture MSU has created is truly special.

The MSU athletic department and MSU Life are just two organizations on campus that bring students together. As a fellow student, I understand college is not easy, but no one ever said it would be. Making mistakes is all part of the process, but my advice as a senior looking back at my time at MSU is GET INVOLVED. You'll never regret it. For the current DOME SCHEDULE call 858-4333

For Olson Library hours, call 858-3200



Red & Green

News

Red & Green



Photo by Courtney Holman Margaret Sherve, assistant English professor, poses for a picture with a stuffed beaver at the MSU Community Block Party on Saturday.

Homecoming

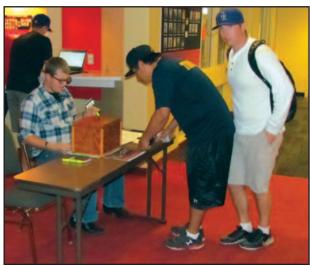


Photo by Ayman Alqasem Casey Feldner, co-director of SGA intramurals, verifies students' IDs before they vote for the Homecoming King and Queen. Elections were held last week in the Student Center.

HOMECOMING WEEK

HOMECOMING MU SIG GOLF SOURIS VALLEY PARKING LOT BETWEEN **GOLF COURSE 10AM** MEMORIAL & OLD MAIN 10-11:55PM HOMECOMING HOMECOMING HOMECOMING football game TAILGAITING DOWN BROADWAY LOT L (NEXT TO DOME) **HERB PARKER** 10:30 AM 11:30 AM 1:30PM THIS EVENT IS Pree 01 858 398

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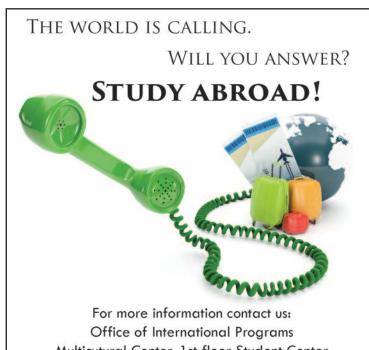


News

Red Squad vs. Green Squad dodgeball



Sam Benson, red team, gets ready to throw the ball at the opposing green team Sunday in Swain Hall. Benson helped his team win the first round of the tournament. MSU-Life sponsored the event.



Multicutural Center, 1st floor Student Center www.minotstateu.edu/international



What were you doing when you were 22?

When Subway owner Troy Bartsch was just 22 years old, he got his first business loan from First Western Bank and Trust. "When I think back on it now, I wonder what bank would give a business loan to a 22 year old kid?" He smiles, "First Western did. They believed in me." Today Troy owns 10 Subways in Minot and Bismarck and employs over 100 people. Says Troy, "I tell people all the time that you can bank anywhere, but you can bank on First Western!" Stop in today and let us show you how you can bank on us.









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Sports



Photo courtesy of MSU Hockey homepage

MSU goalie Wyatt Waselenchuk, No. 37, focuses during Saturday's match against Briercrest.

Beavers sweep Clippers in 4-game series

By Jamie Council Staff Writer

The Minot State University men's hockey team moved to 4-0 on the season after a sweep of Briercrest in the two-weekend series. The Beavers sealed the sweep in the final game of the series Saturday with a comfortable 4-0 victory in front of a home crowd at the Maysa Arena. Minot got the win in the home opener Friday night with a 2-0 win.

Friday night's triumph came as somewhat of a shocker after both teams combined for 21 goals the previous weekend with MSU's 9-4 and 6-2 victories in Briercrest.

"You know, it wasn't our best game," junior captain Michael Jordan said, "but we found a way to win. It builds a lot of character for us."

The first goal of Friday night's game didn't come until seven minutes into the third period when Jordan found the net on a low cross-net shot that found its way past the Briercrest goalie. Junior Logan Herauf and senior Jared McIntosh tallied assists.

Junior transfer Chasen Dobranski gave the Beavers a little bit of insurance with the second goal of the match with just under three minutes left in the game. Junior transfer Dwight Lee got the assist. Dobranski and Lee played together previously for the Williston State Tetons, so the chemistry of these line mates has been long in the making.

"I owe a lot of credit to my line mate, Dwight Lee," Dobranski said. "He's assisted all my goals so far. Without him, I'm not putting pucks in the back of the net, so a lot of credit goes to him and the rest of the guys on my team."

Saturday's 4-0 win that sealed the sweep started out slow as well with the first score coming with six minutes left in the second period. Herauf netted the goal with Jordan on the assist. Two more goals tallied within the next two minutes increased the Beavers' lead to 3-0 heading into the third period. Sophomore Bob Pond scored his first home goal and second goal in his career as a Beaver, assisted by sophomore Will Kinsman.

"I hope this is the start of something good this year," Pond said of his early-season goal.

McIntosh scored with a little more than 1:30 left in the second period. Jordan and junior Brad Olynyk tallied assists.

Kinsman got a goal of his own seven minutes into the third period giving Minot a 4-0 lead, which is where the game ended. Freshman Alex Murray-Landry was credited with the assist.

"We definitely have some talent," head coach Wade Regier said, "but [this series] shows us we still have a lot of work to do."

The Beavers have an off week for Homecoming festivities, but are back in home action Friday, Oct. 4, against Central Oklahoma. UCO is ranked 14th in the ACHA. The Beavers knocked them out of contention for the national title last year. The puck drops at 7:30 p.m. at the Maysa.

For more information about the team and/ or program, visit the Beaver's website at msubeavershockey.com.



Photo by Tricia Rosatti

MSU volleyball players (from the left) Ashley Heavenor, Emily Byrne, Alexis Boutin, Tarah Dabovich and Jen Dixon battle the MSU-Moorhead Dragons in Thursday's match in the Dome. The Beavers won, 3-2.

MSU wins NSIC opener

(MSU Sport Information) — Minot State University's volleyball team kicked off its Northern Sun Intercollegiate Conference opener with a thrilling 3-2 victory Thursday night in the Dome.

The Beavers (5-5 overall, 1-0 NSIC) defeated the Minnesota State University-Moorhead Dragons (7-2 overall, 0-1 NSIC) in five sets, 25-19, 25-15, 25-23, 26-24, 16-14.

In 2012, it took Minot State 12 attempts to win its first NSIC match. But in 2013, it's a different team with a different attack that allowed the Beavers to pick up NSIC win number one on the first try.

"Honestly, it's just so nice to be healthy this season," head coach Travis Ward said. "Last year our main focus was just trying to stay healthy. This year we have a group of kids that really believe in what we are doing. We have depth and that is going to help us tremendously moving forward."

In the first two matches, Minot State rolled over the Dragons as the Beavers hit .273 and .276 compared to MSU-M hitting .128 and .094. The Beavers continued to look strong in the third set, building a 23-19 advantage. It was then that MSU-Moorhead turned things around and rallied six straight points to take set three 25-23.

"We've been in the situation before," senior outside hitter Jen Dixon said. "We've been up and should've been winning in three sets; we've taken it to five sets. We learn from it, we stay calm, we stay focused and we knew we could get the

job done."

The Dragons took another close set in the fourth despite hitting just .089 on 45 attempts from the floor. Minot State committed a match-high seven errors in set four to keep MSU-M out of reach.

In the decisive fifth set, the balanced attack of Dixon, Mallory Sall and Lauren Dunkle, who each had three kills in set five, allowed the Beavers to prevail.

For the match, Dixon led MISU with 19 kills while Dunkle and Sall had 16 kills apiece. Setter Emily Byrne dished out a season-high 55 assists in the win.

"They left the deep corner open for me," Dixon said. "I was constantly aiming for hands and I just kept trying to keep it in play. It worked out well and it got me a bunch of kills. Our whole offense really did a good job. They left some open areas and we were able to find them."

Defensively for Minot State, five different players recorded double-digit digs, led by freshman Alexis Boutin. Dixon also had 20 digs, making her one kill shy of her first career 20-20 game. The Beavers also recorded four solo blocks and an impressive 20 assisted blocks, the most blocks in a match since 2009.

The Beavers traveled to Aberdeen S.D. Saturday and fell to Northern State University, 0-3.

On Tuesday, Minot State hosted in-state rival University of Mary. Results were not known at press time.

Sports

visit

Feature Show

Thursdays, live at 5 P.M.

shown again at 6:30 P.M.

Fridays at 2:30 & 6:30 P.M.

KMSU TV Channel 19

symposium

and ... Symposium continued from page 1 Nelson Hall. Jerome Tweton, University of North Dakota professor emeritus of history, will present "The North Dakota Experience" Oct. 12 at 9:30 a.m. in Aleshire Theater, Hartnett Hall.

Also on Oct. 12 at 10:45 a.m., a panel will discuss the future of North Dakota. Panel members are Alisa Dahl, area director for the Minot Area Office of USDA Rural Development, Katie Haarsager, community relations adviser for Enbridge Pipelines North Dakota and David Fuller, MSU president.

At 12:30 p.m. there is a panel discussion with Minot State alumni and retired faculty and staff.

Minot Symphony Orchestra Music Director Scott Seaton will share his expertise during a special noon luncheon Oct. 12 that will pique listener interest about the world of symphonic music and MSO's special performance at 7:30 p.m. that night.

The North Dakota Humanities Council and the MSU Board of Regents co-sponsored the event.

Cost of the symposium is free. Lunch is \$10 each day. Registration deadline is Monday, Sept. 30. Registration is encouraged but not required to attend the presentations, however registration is required to attend the lunches. For more information

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For more info, call or stop in the

858-3371, lower level Lura Manor

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Featuring Great Plains writer and humorist

Ian Frazier

Pre-register by Monday, September 30!

Symposium is free with lunch available for \$10 both Friday and Saturday.

Go to WWW.minotstateu.edu/100 for a detailed schedule and to register.

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Photo of Ian Frazier by Sigrid Estrada





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COOK: Trinity Hospital-St.Joseph's has an immediate opening for a Cook in the Nutrition Services department. Position is Full Time, Days/Evenings. Applicant will be prepare food according to the menu and production sheets using portion control and will present an appetizing, attractive product following department standards. HIRING BONUS available to qualifying applicants. Reference job #29991.

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