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MSU goes to the Mall Saturday

By Emmanuel Okorie
Comm 281

MSU at the Mall is right around the corner, coming up Saturday, April 5, from noon to 3 p.m. at J. C. Penney Court in Dakota Square Mall. Minot State University's Marketing Office is organizing the event, held annually in the spring.

Teresa Loftesnes, director of marketing, is in charge of planning the event.

"It is an opportunity for Minot State University to bring the campus to the community," Loftesnes said. "Since it is difficult for the people to see all of the organiza-

tions on campus at once, the marketing office decided to bring all the organizations together in one spot. The idea is to enable members of the community and visitors to learn more about the university. There is always education going on during the session. It is our way of giving back to the community.

"It is a public relations event. The event isn't necessary for recruiting. It may happen, but it is more of a public relations event. We are going to the Mall to make it easy for people to learn more about us and gain interest. It is just a way to reach out and be

accessible to the public," Loftesnes said.

Community members will have the opportunity to interact with the various student organizations represented. The marketing office invited several campus organizations to participate. The organizations will have some fun activities for the community. For example, the Nursing Department will do diabetes testing, face painting and blood pressure checks.

"The Special Education Department will organize a 'Bully Project' which focuses on
See MSU at the Mall — Page 3



Photo by Katie Abrahamson

Christine Morse as Miss Julie (left) and Daniel Johnson as Jean rehearse for their upcoming performance in "Miss Julie."

Students attend Midwest Journalism Conference



Submitted Photo

MSU broadcasting majors attend the 2014 Midwest Journalism Conference in Bloomington, Minn., to learn from top professionals in the broadcasting industry through panel sessions, presentations and networking. The Broadcasting Department earned honors in TV sports play-by-play and two awards of merit for TV series. Pictured are (back row, from the left) Jesse Rostvedt, Chris Price, Aundrey Livingston Jr, Mariah Zaback, Elizabeth Hamm, Jamie Council, instructor Neil Roberts; (front row) Emily Medalen, Brigitte LaFontaine, Vanessa Bridgeford and AJ Winston.

Theatre presents special adaptation of 'Miss Julie'

By Krys Zorbaugh
Staff Writer

Minot State University Theatre Arts Program presents an adaptation of August Strindberg's "Miss Julie" April 8 through 12 in the MSU Black Box Theater at 7:30 p.m. Doors will open at 7 p.m.

This special production of Strindberg's "Miss Julie," directed by Aili Smith, MSU assistant professor of humanities, is a unique adaptation project undertaken with her father, Conrad Davidson, MSU dean of the College of Arts and Sciences.

"The main objective, or goal of our project has been, and continues to be a creation of a version of 'Miss Julie' that is faithful to the Strindberg original," Smith said. "Not a literal translation, but one worthy to be staged within a particular space at MSU."

"Strindberg's 'Miss Julie' has

been part of our dramatic literature vocabulary since the Introduction to Theatre class, in my case in 1967 and Smith in 1994," Davidson said. "In 2001, Smith saw an undergraduate capstone production of 'Miss Julie' at Wayne State University and continues to implement the play each semester in her teaching of Introduction to Theatre at MSU."

Originally written in 1888, "Miss Julie," is an example of Naturalistic Theatre. The focus behind the Naturalism movement is to create a true sense of reality using various dramatic strategies. The intent is to give the audience the sense or illusion of real life unfolding on stage.

"Since it was written, 'Miss Julie,' has been translated and adapted many times with several new versions created," Smith said.

See 'Miss Julie' — Page 3

Voices on Campus

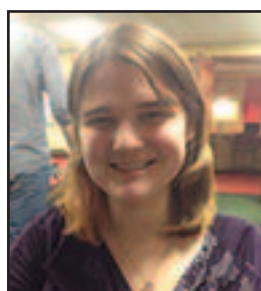
“Which campus events or activities do you like to attend?”

Skyler Niebuhr
Comm 281



Lucas Leitner
Criminal Justice

“I like to attend intramurals; it’s a good way to get involved and meet new people.”



Rachael Kelly
Psychology/Communication Disorders

“Movies and comedians! Anything I can go to with my friends.”



Ward Lamon
Broadcasting/Public Relations

“A lot of the bands and musicians. The comedians are good, too. Also the movies that haven’t come out yet.”



Emily Anderson
History

“I’m all about any event with free food.”



Casey Feldner
History

“I enjoy tailgating the most out of college. It’s a way to enjoy the outdoors and football. Without tailgating, college would be a shell of itself.”



Shelby Bowlds
Psychology

“I try to go to as many events as I can because I love being involved. Also, it’s easy when the events are lots of fun and entertaining.”

News in Brief

Veterans of U.S. Wars present monologue writing

Veterans of U.S. Wars will present work they completed in “Warrior Words,” a monologue-writing workshop offered by The Greater Grand Forks Community Theatre in four North Dakota cities. The Minot presentation is at 7 p.m. in Aleshire Theater. It is free and open to the public.

Conrad Davidson, Minot State University College of Arts and Sciences dean, taught the Minot workshop. The Minot presenters will be Mike Carswell, Claire Eide, Orlan Hall, Tim Knickerbocker, Millo Wallace and Max Zurcher.

“We expected stories about sacrifice, but there was also humor as veterans from various generations and branches of service shared their experiences,” Davidson said.

Warrior Words was open to veterans of any American war or

conflict who had an interest in creating work based on their experiences as soldiers. The workshops were funded in part by the North Dakota Humanities Council, a nonprofit, independent state partner of the National Endowment for the Humanities. Workshop writers will go to Grand Forks for a collective reading on May 22.

April 10 documentary and discussion: ‘It Was Rape’

The MSU Campus Violence Prevention Program and the Criminal Justice Club will co-sponsor a screening of Jennifer Baumgardner’s documentary, “It Was Rape,” at 6 p.m. in the MSU Beaver Dam.

Rape is wrong, illegal, reprehensible — and yet still tragically common. In this film, eight women tell their diverse personal stories of sexual assault, from a

Midwestern teenager trying alcohol for the first time to a Native American woman gradually coming to terms with her abusive childhood. Darren Dykes, Minot Police Department, and Diane Harmon, Minot’s Domestic Violence Crisis Center, will lead discussion. Complimentary snacks served. This event is free and open to the public.

NAC lecture: ‘Along the Viking Trail — From Iceland to Greenland’

Minot High School biology teacher Joe Super will present “Along the Viking Trail — From Iceland to Greenland” as part of the Northwest Art Center Lecture Series Monday, April 7, at 7 p.m. in Aleshire Theater, Hartnett Hall.

Last July, Super sailed from Reykjavik, Iceland, around the tip of Greenland aboard the National Geographic Explorer as a partici-

pant in the Grosvenor Teacher Fellow program. The program, sponsored jointly by National Geographic and Lindblad Expeditions, provides field-based professional development in geographic education for K-12 educators from the U.S., Canada and Puerto Rico.

The lecture is free and open to the public. An informal reception will follow the program.

NAC exhibit: ‘White Rabbit Memories and More’ on display April 8-30

The Northwest Art Center’s Gordon B. Olson Library Gallery presents “White Rabbit Memories and More” by Lydia Richez-Bowman, Bismarck, N.D., on display April 8-30.

The gallery is open regular library hours. For hours, call 858-3200.

Today in History

33: Jesus Christ is crucified, according to astronomers Humphreys and Waddington.

1933: First airplane flight over Mount Everest.

1948: U.S. President Harry Truman signs Marshall Plan (\$5 billion aid to 16 European countries).

1986: Amanda Bynes, American singer and actress, is born.

2013: A scientific study determines that common drugs taken for reducing cholesterol can prevent macular degeneration.

(Courtesy of Brainyhistory.com)

... 'Miss Julie'
continued from page 1

"Over the course of this project, we read 10 scripts, published between 1913 and 2013. We watched two film versions, both in Swedish and English."

Smith directs the production, set in the late 1880s. "Miss Julie" is a dark, lusty tale of control, manipulation, betrayal and the dramatic dynamics of power that exist between the classes and the sexes. Like the old adage "... while the cat is away, the mice will play," Miss Julie, (Christine Morse), the wild and capricious daughter of a Swedish count who is away visiting relatives, falls prey to her own uncensored impulses, as she sets upon the seduction of her father's valet, Jean (Daniel Johnson), while Jean's fiancé, the count's cook, Christine (Corie Burck), is asleep. When flirtation gives way to lust, and reason gives way to passion, Miss Julie finds herself perilously positioned in this dramatic tragedy set upon a Swedish Midsummer's Eve.

At the time Strindberg wrote it in 1888, the themes of "Miss Julie" were so controversial the censure banned it for being indecent before its premiere at Strindberg's Scandinavian Experimental Theatre in Denmark. "Miss Julie" is considered to be one of the most popular examples of the Naturalism Theatre Movement that was on the rise during the late 1800's. The intent of Naturalism is to

give the audience the sense or illusion of reality unfolding on the stage. Strindberg is considered to have played an important role in the emergence and development of Naturalism in theatre in Europe and his preface to "Miss Julie" is regarded by many as an important manifesto of the author's relationship and views on theatre, realism and naturalism.

"In Strindberg's preface, he says he is providing us with a new dramatic form," Smith said. "But at the same time, he states, '... In the following drama, I have not tried to do anything new - for that cannot be done - but I have tried to modernize the form in accordance with the demands which I thought the new men of a new time might be likely to make on this art ...' As director, my goal is to truly provide a naturalistic and realistic production, while maintaining a contemporary feel through the dialogue."

For tickets, contact the theater box office at 858-3172. Admission is \$6 adults and \$5 for seniors and students under 18. MSU students, faculty and staff are free with current MSU ID. This production contains language and themes that may not be suitable for all ages. Mature audiences are advised. Due to limited seating, reservations are strongly encouraged. Campus parking is unrestricted for this performance. For questions, contact Smith, 858-3865, or aili.smith@minotstateu.edu.

... MSU at the Mall
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bullying in public schools. They will provide more information to the public about it," Loftesnes said.

Other organizations participating include the athletic department, English club, biology club, criminal justice department, Student Government Association, North Dakota Center for Persons with Disabilities and many more.

This event is open to the

public. Everyone is invited to attend.

"Organizations participating will have free activities," Loftesnes said. "People can register for a chance to win great prizes like MSU centennial T-shirts, stuffed beavers and MSU gear. MSU will be celebrating its 100th birthday by giving away cupcakes while supplies last."

For more information, contact Loftesnes at 858-3062 or teresa.loftesnes@minotstateu.edu.

Student Spotlight ... Peter Gravdahl

An interview with Peter Gravdahl, A-STEP student at MSU

The following interview was published in a recent NDCPD newsletter.

by Linda Madsen

Collaborator Editor, NDCPD

The Adult-Student Transition Education Program (A-STEP) is an educational initiative to provide a transition and postsecondary education program for students with intellectual disabilities (ID) ages 18-21. With the support of peer mentors, A-STEP students have the opportunity to achieve their goals in an inclusive and supportive college environment on the Minot State University campus.

LM: Why did you decide to go to college and attend MSU/A-STEP?

PG: I graduated from high school in 2012 and wanted to get some training for a future job. My teacher recommended the A-STEP program back in the spring of 2012.

LM: How has A-STEP been beneficial for you?

PG: While at college I have to learn to support myself and be on time for class. Also, it has helped me to get along with others and make friends. I have also learned how to budget money. Academically it has helped me to be on time for classes and to stay focused on classes. These are all things that will help me move on to being an adult.

LM: What do you like best about A-STEP and MSU?

PG: The best thing about A-STEP has been that everyone is nice to me and I learn to focus on the here and now. I can focus on my successes like Special Olympics second-place trophy for bowling. There are no bullies in college and it is a very supportive environment. People here actually listen to what I want to do and let me choose my goals instead of others choosing what my goals should be.

LM: Tell me about some of the classes you have or are taking.

PG: Right now I am taking racket sports, piano class, history of pop and rock music, and business class, and math 102. In the business class we talk about how the business world oper-



Gravdahl

ates in the US. In the spring I will take a piano class to hopefully join the MSU jazz band one day, I am taking Intro. to Special Education 101, and a creative writing class. I have liked all of my professors.

LM: Tell me about some of your current employment and what you like about it.

PG: Right now I am a ticket taker at the MSU sporting events such as football and basketball games. I also work as an office assistant filing, scanning and shredding documents for MSU Enrollment Services office. The A-STEP mentors help me to get used to the job and help me to talk about what is appropriate and what's not while working.

LM: What is your goal when you complete A-STEP in the spring? Or what is your employment goal for the future?

PG: I want to work as a behavioral consultant for students with special needs someday. After I complete A-STEP I would also like to continue taking classes at MSU for more training to learn about helping out students with special needs. I could help them to understand how to deal with problems. I could help students speak up for themselves and learn how to be an advocate.

LM: Would you recommend A-STEP to other students with disabilities and why?

PG: I would recommend A-STEP as an early stage of support for the student who wants to attend college.

LM: What do you like to do when you are not working or going to classes?

PG: I work on homework in the evenings and participate in a campus bible study group, I hang out with friends I have made, I go for walks in the dome, go to the mall, go shopping, and

I like to watch my collection of DVDs.

LM: What else would you like to tell us about your experiences with A-STEP?

PG: A-STEP helps students get ready for the adult world. I like that through A-STEP we use person centered planning to help me set goals. I think this is a great thing for other a-STEP students along with the peer mentors. A-STEP is a positive experience for students who maybe did not have a positive experience in high school.

The A-STEP program focuses on the development of academic skills in the individual student's areas of interest; career skills and integrated work experiences that lead to meaningful employment; social relationships and building friendships; and independent living skills and self-determination.

A-STEP students receive support in all settings from staff and mentors to enhance their academic, social and employment success. Peer mentors enhance students' academic, social and employment successes by providing tutoring, mentoring and job coaching in all environments. These supports are faded as the student gains skills in each environment in order to foster independence.

For more information about A-STEP or becoming a peer mentor, contact Amy Armstrong at 858-3578, or email amy.armstrong@minotstateu.edu. Or visit www.ndcpd.org/astep.



On Movies



'300: Rise of an Empire'

by Alex Nelson
Staff Writer

Most of us have heard of the legendary battle where 300 Spartans fought against a much larger enemy. The recent version was the 2007 film, "300," based on the graphic novel by Frank Miller. Seven years later, a sequel, "300: Rise of an Empire," stars Sullivan Stapleton, Eva Green, Lena Headey, Hans Matheson, Jack O'Connell, Callan Mulvey, David Wenham and Rodrigo Santoro. It is directed by Noam Murro and rated "R" for strong language, strong violence and strong sexual

content.

Xerxes (Santoro), the king of Persia, has declared war on Greece. Many Greeks are afraid of this powerful enemy who not only has a strong army, but a strong navy led by Artemisia (Green). She was originally from Greece, but after a tragedy caused by Greece struck her life, she was adopted by a Persian warrior and since then has sworn vengeance against all of Greece.

Thermopylae (Stapleton), a general from Athens, managed to get a decent-sized navy himself that is considered weak by Persia. With his right-hand man, Aesyklos (Matheson), and his friend, Scyllas (Mulvey), and his son, Calisto (O'Connell),

Thermopylae plans to fight the Persian fleet.

He also learns from the Queen of Sparta, Gorgo (Headey), and Spartan warrior Dilios (Wenham) that King Leonidas is planning to face a large Persian force with only 300 Spartans. This only inspires Thermopylae to complete his goal to fight and defeat Persia and to free Greece from their wrath. The stage is set with Thermopylae and his small, but strong-willed Greek group versus Artemisia and her large and powerful Persian fleet.

It took me a while to see this film and I am glad that I did see it. One thing I have learned about historical movies is that not all the facts are going to be present. I

could tell not everything that happened in this film was accurate. Then again, this version is based more on retelling of the battle by Frank Miller's graphic novel. Die-hard history fans might not enjoy this movie that much. The battle scenes, in my opinion, were good; they felt similar to the fight scenes from the previous "300" film.

Some could also argue it has the same type violence used in the film, "Sin City," another graphic novel by Frank Miller, which wouldn't surprise me. While I had no issue with this style, some might argue the comic book style animation in the film ruins these scenes.

The story takes place before, during and after the film "300."

Therefore, I believe it would help if people would see "300" first before they watch "300: Rise of an Empire," as it might help explain a few details.

I was impressed with the acting from both Sullivan Stapleton and Eve Green. Stapleton, while he is no Gerard Butler, does a good job playing the main character. While his forces lack the skill of the Spartans, he makes up for it with military tactics. Green likewise is impressive as the main villain as, while the character Xerxes from the previous film had to rely on his ego and the mass numbers in his army, Artemisia, on the other hand, is a military strategist and is ruthless.

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The Vent

A pirate's life for me

by Frankie Jean-Pierre
Staff Writer

Pirate! The very word carries a stigma that brings us back to the past where thoughts of eye patches, wooden legs, old ships, cannons, murder, theft, black beards and scallywags come to mind. While all these things are general stereotypes, they've held some truth at one point or another. However, there's a side to the pirate's life that is often overlooked. The stigma I mentioned is marked by the long list of murder,

theft and general piracy, but was life so bad?

Although piracy had its drawbacks, like being wanted by the governments (mainly England and Spain during the early colonization of the Caribbean), possibly dying in battle or just from poor sanitation, it had an abundance of positives to it. Piracy was a good way to achieve fame and fortune at the time. There's no doubt about the dangers, but it was always the wealth that led average profiteers, merchants, former naval officers and sailors to set out on their own.

Not all who did had intentions of becoming pirates, though. Many just set out to be merchants or to be sailors on trips between the Caribbean and Europe as a way of earning money, much like how people have flocked to North Dakota to find wealth working in the oil business. Some of the most renowned pirates in history had humble beginnings and were nothing more than sailors or merchants.

Yet despite the possibility of great wealth, I believe the best thing about the life of a pirate is the freedom. As the captain of

your own ship, you can be surrounded by comrades, friends and family on what is not only your ship, but your means of transportation and home. As a pirate you were free to sail the oceans wherever you wanted; you didn't have to pay taxes; you could hunt for your own food if you wished or just dock in a city somewhere. You could resupply and be on your way traveling unabated to wherever you wanted to see and experience different cultures and not have to worry about the threats of our modern world and the red tape of security.

Everything was more open and free. Every day could be a new adventure with new beginnings always on the horizon. The freedom that was there for the taking is a freedom that has become almost legend in today's world.

That's why if I was to choose a life to live or a time period to go back to I would pick the age when pirates roamed the Caribbean, bound only by their morals, wealth and desire to be free. It is those things that make a pirate's life for me.

Red & Green

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Not Just Paranoia



My thoughts on UFOs

by Bryan Lynch
Staff Writer

Do UFOs (Unidentified Flying Objects) exist? I think they might. Many people would think that I'm crazy, but there are thousands of people that report UFO sightings. Are they all liars? I don't think so.

Sure, there are a lot of people that lie about things just to get

themselves on TV, but I do believe that there are people who have been abducted by aliens or have seen aliens. I've also heard some fascinating theories over the years about where aliens come from as well, mostly on the radio show "Coast to Coast AM."

One of my favorite theories about aliens is the one that argues that aliens come from deep in our oceans. I love the idea of aliens living in the ocean for some reason.

I'm also frightened by the idea

of aliens, too, though. Thinking of strangers that can abduct you at night while you are sleeping and do experiments on you is scary.

At the end of the day, maybe the fun part about UFOs is wondering whether or not they exist and debating with people whether or not they exist. It's also fun to wonder why UFOs aren't reported on more by the mainstream media.

Is the government hiding information about aliens from us? Hopefully, someday we'll find out.

Hypnotist Chris Jones puts students into stupor



Photo by Upile Maliro

MSU students react to the commands of hypnotist Chris Jones (not pictured). Not every student who participated did so voluntarily, but were called "volunteers" nonetheless.

... 300
continued from page 4

I also liked how both lead characters in this film despised and respected one another. Despised due to Artemisia's desire to destroy all of Greece and Thermopylae's goal to protect it. Respected due to their admiration of each other's style in strategy and military history.

I like this complex relationship between these two opponents, which made the film enjoyable for

me. It also was interesting to see Lena Heady and David Wenham reprising their roles from the previous film, though I was disappointed that Gerard Butler, who played the Spartan King Leonidas, does not appear in this film except for a flashback scene.

Overall I enjoyed the movie. I am still debating if the first film or this one is better. Some would argue that the original is the best one, while others could argue that the sequel does it better. Whatever

the case, I believe both films are worth a watch, especially if you're a fan of Frank Miller's work or like action films of this kind. If you're a history fan, you might not like either film as both tend to stray from history quite a bit and, as stated earlier, these are based on the works of Frank Miller.

I personally would rate "300: Rise of an Empire" 4 out of 5 Beavers.

Stress in the college student

Ashley Fedorenko is a nursing student in Mary Smith's Nursing 473 class.

by Ashley Fedorenko
Nursing 473

How do you know when stress is "too much" stress? Because of the damaging effects of stress, it is important to know your limit. The amount of stress varies from student to student. College can be an exciting, yet stressful time, whether you are an incoming freshman or an outgoing senior. Stress is a normal physical response to events that may make you feel threatened or upset your balance in some way. According to the Health Central, 85 percent of college students report feeling stressed in their daily lives, and much of the stress comes from concerns with school performance, work performance, money issues and relationship issues.

Stress can be caused by a variety of factors including moving away from home, renting an apartment for the first time, greater academic demands, paying for college tuition, difficulty securing a job after graduation and relationship difficulties.

Other causes of stress can stem from not being organized, poor eating habits and poor time management.

Not being organized as a freshman may result in the student not knowing what assignment is due or when, and as a senior being unorganized may result in forgetting to turn in graduation applications on the deadline. As a college student, you are taking on the role of a responsible adult and that often causes stress in students.

With all the unhealthy junk food college students consume during their first year on campus, stress levels often increase. Many students are not aware that sticking to a healthy diet can reduce stress levels and reduce the possibility of packing on the pounds during the first year of college.

Poor time management is often one of the biggest factors that increases stress in the college student. Students can reduce stress by planning out day-to-day activities. Even though making a schedule sounds time consuming, in the long run it will greatly reduce

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Wednesday Night Alive!

Wednesday Nights
Administration 158
8:30 p.m.
(worship and Bible study)

Sponsored by Lutheran Campus Ministry

A Lutheran ministry on campus, not just a ministry to Lutherans

kari.williamson@minotstateu.edu

Facebook Lutheran Campus Ministry-MSU

Toga, toga, toga ...



Photo by Marina Carrillo

Greek Life members (from the left) Arianna Hackett (Beta Theta), Ashton Gerard (Sigma Delta pledge), Casey Feldner (Mu Sigma Tau), Breanna Benson (Sigma Delta), Kevin Gilgallon (Mu Sigma Tau) and Kacy Price (Sigma Delta) celebrate at a Toga Dance at the Grand Hotel.



Photo by Marina Carrillo

Ashish Acharya and Katherine Loveless take a break from the dance floor at the Toga Dance. MSU-Life hosted the event last week.

... Stress continued from page 5

the amount of stress a student faces.

Contrary to popular belief, stress doesn't always have to look stressful. One of the most harmful things about stress is that it can sneak up on a person. Oftentimes, individuals get used to it and it becomes a part of their normal lives. Stress can present itself as one of the many common responses to everyday life such as anger, agitation, withdrawal, depression or anxiety.

Signs and symptoms of stress include: inability to concentrate, poor judgment, racing thoughts, eating more or less, sleeping too much or too little, procrastinating or neglecting responsibilities, aches/pains, chest pain, rapid heartbeat, dizziness, frequent colds, short temper, moodiness, agitation, inability to relax and a sense of feeling overwhelmed. Keep in mind that these symptoms can also be signs of a medical issue and need further evaluation by a primary health care provider to determine whether or not these symptoms are stress-related.

As young healthy adults, college students don't expect to have any medical problems, but untreated stress can lead to some serious medical issues. Long-term exposure to stress, also known as chronic stress, can lead to many serious health problems and affect almost every body system. Health issues that result from untreated chronic stress include: pain of any kind, weight problems, depression, skin conditions (acne), heart disease, digestive problems and sleep problems.

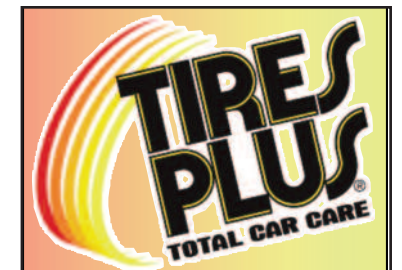
Factors that influence stress tolerance levels include: a strong support network (friends and families are great buffers against everyday stressors), strong sense of self control (being confident and continuing through challenges) and having a positive attitude and outlook on life.

Although at times it may seem like it, dealing with stress is not impossible. As a college student, you are juggling many roles and managing stress is just one of the

roles you perform every day. Managing stress is about taking charge of your life and the challenges of everyday life. There are numerous options available to help you cope and manage stress.

Learn to manage stress by following the "4 As" which include: Avoid unnecessary stress (learn to say no); Alter the situation (if you can't avoid a situation, attempt to change it); Adapt to the stressor (if you can't change the stressor itself, try changing yourself) and Accept the things you cannot change (sometimes you just have to let things go). Other ways of coping and managing stress include: setting aside time for relaxation, getting enough sleep, eating healthy and exercising regularly.

Following these simple steps will put you on your way to a stress-free lifestyle. You will be able to enjoy your friends and family and enjoy being a college student, which is one of the best things in life!



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EEO/AAV

Student Spotlight ...

Ward Lamon

School-spirited, music-savvy broadcaster

By Paola Montenegro
Comm 281

Ward Lamon, a senior majoring in public relations, is very active at Minot State University. Some of his involvements include SGA Director of Marketing, music columnist for the Red & Green, music DJ and a promoter on the side.

This semester, Lamon and Communications Arts student, Christopher Capp started a news segment called "Ward on the Street." The broadcast airs on KMSU Channel 19's "Inside Out" every Thursday at 5 p.m.

"Ward on the Street" has kind of taken shape to be sort of a news-inspired segment," Lamon said. "It kind of takes a satirical spin on news in a different sort of way."

— Ward Lamon

MSU broadcasting students have the opportunity to do various broadcasting activities to try to get real hands-on experience in the field.

"Christopher Capp and myself wanted to make our own segment, but we wanted to go about it in a comedic sort of way. So we definitely slip a little bit of humor and kind of take a lighter approach to some activities on campus here," Lamon said.

Lamon and Capp keep up to date with campus happenings and try to communicate that through their segments. One of the segments, for instance, was on

campus squirrels. Lamon was interested in hearing people's first-hand testimonials with squirrel encounters.

"We found out a lot about people's encounters with squirrels that we didn't have any idea of. We were actually learning in real time as we were doing the segment," he said.

Neil Roberts, communication arts associate professor, commented on the new segment.

"It brings a slice of life to our cast every week," he said, "and they work hard finding new and different angles of things that are going on, and yeah, it's a breath of fresh air."

Lamon and Capp are planning more "Ward on the Street" segments. To give the reader a sneak peak, a future segment will be a spin-off of Discovery Channel's "Cash Cab." Instead of driving around in a cab, Lamon and Capp will drive around in a cart.

"We will ask some trivia-like questions and be picking people up at the spur of the moment and giving them rides to their classes. We're excited," Lamon said.

He said the season's finale will require a lot of cameras and will be a lot of fun to produce and record.

Check out "Ward on the Street" on Facebook at www.facebook.com/WardontheStreet.



"Ward on the Street" has kind of taken shape to be sort of a news-inspired segment. It kind of takes a satirical spin on news in a different sort of way."

MSCOPE begins dance lessons next week

by Skyler Niebuhr
Comm 281

Minot State students have the opportunity to take dance lessons every Tuesday this month in Swain Pedagogy Lab at 7 p.m.

Andrew Torgerson, math education student, will teach the classes on April 8, 15, 22 and 29.

The lessons cost \$40 for four weeks or \$15 per class. Students who attended the February lessons pay \$20.

Torgerson said he will teach a variety of dances such as swing, salsa and waltz.

"We will basically take a poll of the people in the class on what

they want to learn," he said.

"It was a lot of fun," Layne Pflieger said of the February lessons.

Students interested in learning how to dance should contact Terry Eckmann, physical education coordinator, 858-3155, or terry.eckmann@minotstateu.edu.



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Student Government Association minutes

From the Feb. 24, 2014, meeting

The meeting was called to order at 7:02 p.m.

Roll was taken.

Absent:

Excused: Codi Thomas, Phillip Streccius, and Danielle Bates

Minutes from the February 10, 2014, meeting were reviewed. President Josh Sandy asked if there were any additions or corrections to the minutes. Skyler Niebuhr and Josh Sandy had corrections. With the new corrections the minutes were approved.

Officer Reports

Secretary Alex Buchholz had nothing to report

Co-Directors of Intramurals Luke Leitner and Casey Feldner reported that the floor hockey tournament is tomorrow at 2pm. Also both bowling and basketball are about halfway through. Also volleyball will start after Spring Break.

Director of State Affairs Emily Anderson reported that we hosted NDSA this weekend and it went amazing. Thanks to everyone who attended. Also, elections for positions within NDSA are coming up. Brooke Domonoske, Chelsea Geis, Zachary Niebuhr and Roger Herrman were all nominated for various positions.

Director of Marketing Ward Lamon reported that everyone has been doing a great job with the old posters and that the Toga Dance is in the near future, start preparing. The 26th will be the women's basketball playoff game and hockey nations in early March

Director of Media Relations Anzley Harmon reported that NDSA had media coverage and was a great success. Also there is a new SGA Scoop out.

Co-Directors of Entertainment Nikki Egge and Marley Kotylak reported on the upcoming MSU:Life events (See Announcements).

Vice President of Finance Kelsey MacNaughton reported that Student Government has \$2,825.29, Student Activities has \$38,610.37,

and Intramurals has \$2,366.64. She also ordered the new senators' jackets.

President Josh Sandy reported on the status of sustainability officer hiring process and that the campus WIFI will be receiving an upgrade. Also there will be an athletic marketing candidate in the SGA office on Wednesday at 2pm to talk with students. Director interviews are tomorrow with the announcements before Thursday. Measure 3, (regarding whether or not to keep the State Board of Higher Education) our SGA will need to formulate an opinion on this issue. Furthermore, Thursday the SBHE will be holding the first interview of the three presidential candidates at 8:10am in the Westlie room with the president being announced around noon. Lastly, we invited other campuses to be involved in our Power of 100 projects.

Adviser Leon Perzinski was absent.

Adviser Aaron Hughes reported that Staff Senate has challenged SGA to a Volunteer Hour Challenge. Also the graphic standards have changed to include how your signature on external emails must look.

Adviser Dr. Jenkins was absent. Faculty Senate Representative Dr. Josh Girard was absent.

Staff Senate Representative Linda Benson reported that State Staff met with Interim Chancellor Skogen as a guest speaker. Also, at the next meeting the Interim Chancellor will report on his six goals.

Committee Reports

Brooke Domonoske reported on IAC, which introduced the budget. Also the constitution and bylaws were amended and sent to general assembly for approval.

Nikki Egge reported on MSU: Life Committee which discussed events previous and the reactions from the crowd. Also discussed was movie choices and upcoming events. Talked about possibly having jackets for MSU:Life.

Nikki Egge reported on Student Rights which met to discuss one request; Quorum was not reached.

Brooke Domonoske reported on Faculty Senate who approved courses from the Gen Ed committee.

Haley Heiser reported on General Education Committee which met three times since the last SGA meeting. In total the committee has approved about 193 courses under the Gen Ed curriculum in those past three meetings.

Kaitlyn Dahlberg reported on Food Services which discussed more food options. They are trying to move flatbreads upstairs but are dealing with electrical issues. Waffle makers are fixed. Discussed better ways to serve the students; athletes who take late night classes after practice don't get time to eat.

Chelsea Geis reported on Student Academic Affairs - NSDA which discussed what schools did for the Statewide Day of Service and what to do for next year. Schools are having problems with access to state fleet vehicles. Universities don't know what is happening with healthcare.

Emily Anderson reported on General Assembly - NDSA which discussed last month's meeting the first held at MSU since 2007. Dr. Fuller and Senator Karen Krebsbach spoke to the General Assembly. Main topic was amendments but a decision could not be made so the job was charged to the Constitution and by-laws committee. Students were nominated for positions and elections will take place at the March meeting.

Unfinished Business

Honor stoles might be red with a paisley pattern along with our organization name. The standard to be eligible for an honor stole is 3.0 GPA or higher.

New Business

SGA Description activity.

Tyler Flatland moved to recess for three minutes without objections. Without objections motion passed.

Academic Advising reform was discussed with further questions to be explored. Those on the committee agreed upon the shorter but more accurate instrument.

Pathways Updates, revisions and opinions by school Presidents are now being accepted. We are concentrating on 10 major things that we believe we improve on within Pathways. The 10 improvable changes will be available to read in the SGA office. Zachary Niebuhr moved to refer all Pathways discussion to a committee appointed by the chair. Brooke Domonoske, Chelsea Geis, Marley Kotylak, Josh Sandy, Laura Bakke, Zach Niebuhr, and Emily Anderson were placed on the committee. Motion passed.

Announcements

NDSA

March 28-29/Lake Region.

MSU:LIFE

Feb 27/Magician Dan Martin/8 p.m.

March 5/Karaoke/noon.

March 5/Frozen /9 p.m.

March 12/Safe Spring Break/noon.

INTRAMURALS

Feb 25/Floor Hockey.

April 19/Battleship.

Volleyball to start after Spring Break

Tess Foley encouraged everyone to be active within their college by being part of important internal

discussions and talk to their Deans
Laura Bakke reminded everyone that there will be a Science Symposium in Cyril Moore tomorrow, all are welcome to come watch cool science demos

Sigma Delta is doing a Power of 100 event called Socks of Love, which will give hygiene and other products to the men's shelter

CETL is doing a competition where the employees who raises the most and the least money will be pied in the face.

Next meeting: March 10, 2014.

Adjournment

Without any further business President Josh Sandy adjourned the meeting at 8:06.

Respectfully Submitted,
Alex Buchholz
SGA Secretary

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Baseball team (back row, from the left) assistant coach Patrick Arnston, Tyler Stevenson, Lane Biggs, Jesse Goertzen, Jeff Irving, Brock McCashland, Chris Fishcer, Ricco Walker, Nolan Axten, Doug Rolfson, Matt Davis, Trevor Gust, head coach Brock Wepler; (middle row) AJ Begay, Connor Moughtin, Micah Holmen, James Kary, Brad Rolff, Jamin Heller, Matthew Schneider, Andrew Roach, James Mensing, Keith Ailes, Josh Larsen; (front row) Cameron Johnson, Austin Zorn, Conner Oliver, Sean Arbaut, Austin Berntson, Alec Grothe, Caleb Fornshell, Paul Vogelsang, CJ Lyte, Nick Hammerl and Wyatt Moore.

Beavers power their way to split versus USF

by Jamin Heller
Staff Writer

After hitting just two home runs all of last season, it's certainly understandable if you don't believe the following statistic.

17 games. 14 home runs. More than good enough to lead the entire NSIC in round trippers.

The Minot State baseball team used the power of the long ball to help split their conference opening series last weekend versus the University of Sioux Falls. Five different Beavers combined to hit a total of eight dingers over the four-game set.

The offense took a while to get warmed up, however, as Minot was shut down by Cougar starter Derek Fischer in game one on Friday. The Beavers managed just two hits against the righty in a 5-0 loss. MSU starter Josh Larsen took the tough luck loss, allowing seven hits and four earned runs over 4.2 innings of work. Offensively, Sean Arbaut and Tyler Stevenson were the only Beavers to collect hits.

The bats suddenly came alive

in game two, as Minot cruised to an 8-2 victory. Senior third baseman AJ Begay set the tone early by crushing a three-run home run with two out in the first inning. It was all the run support that starter Brock McCashland would need, as the junior southpaw struck out three and surrendered just one run on three hits over seven innings of work. Arbaut also decided to dabble in a little long ball, knocking a two-run shot of his own.

Head coach Brock Wepler raved about McCashland's performance after the game, especially about the adjustments the lefty made after the third inning.

"Brock had a heck of a game," Wepler told MSU Sports Information. "After the third inning, he really settled into a groove on the mound. Starting in the fourth, he was working at a quicker pace and he pitched with a ton of confidence. It was exciting to see."

The Beavers continued the long ball theme in game three on Saturday, crushing five taters en

route to an unexpectedly nail-biting 8-7 victory. Conner Oliver led the way with a pair of solo shots, including an absolute laser beam off the scoreboard. Arbaut, Paul Vogelsang and Nick Hammerl also knocked balls out of the park, with Hammerl's ninth-inning solo shot proving to be the difference in the game. Overall the Beavers collected 13 hits, with Vogelsang and Andrew Roach picking up three apiece.

Minot led by as much as 7-3 in the eighth inning and nearly let the lead slip away, surrendering two runs in both the eighth and ninth innings. Austin Zorn played the role of hero, coming in and nailing down the final two outs of the ninth. His save secured a victory for sophomore pitcher Jesse Goertzen, who pitched effectively over six innings of work, allowing just three runs on five hits.

Minot was unable to complete the Saturday sweep, dropping game four by a 7-5 margin. The Beavers fell down 7-0 by the fourth inning, but to their credit scrapped all game and nearly

came back, leaving the tying run at the plate in the ninth.

See Baseball— Page 10

Hockey players earn awards

The Minot State University men's club hockey team held its awards banquet last week.

The honorees as voted by the coaches and players are: Most Valuable Player, Wyatt Waselenchuk; Best Defenseman, Mitchell Peeke; Best Forward, Michael Jordan; Most Improved Player, Bob Pond; Rookie of the Year, Jeremy Johnson and Player's Player, Mitchell Peeke.

Will Kinsman earned the Caley Cox Memorial Award. This award goes to the player who demonstrates a sincere dedication and love for the game of hockey, and displays a great intensity and spirit while playing.

The hockey team (24-7-4) had a successful season. They competed at the American College Hockey Association Division 1 National Championships, losing to No. 1 Arizona State in quarter-final play.

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Softball on 3-game winning streak

by Vanessa Christiuk
Staff Writer

The Minot State University Beaver softball team was back in conference action this past weekend with a road trip to South West Minnesota State University and University of Sioux Falls. After dropping two games to UMary on Wednesday, it was a crucial weekend for the Beavers. They needed to win at least three of the four games to break even



and set their sights on the conference tournament.

With 16 teams in the conference, only the top 10 make it to the tournament. On a cold, soggy Saturday afternoon, after much delay while the grounds crew worked on the diamond, the Beavers split with the Mustangs, losing the first game, 6-1. The bats perked up in the second game as Minot State outscored the Mustangs, 6-3.

The next day in Sioux Falls, the bats stayed hot as the Beavers swept the Cougars. Mindy

Lorimor pitched a shutout and the squad came out on top, 3-0.

Completing the second game of the day in six innings, the Beavers outscored the Cougars, 10-1.

Next Beaver action occurs at home on the turf of Herb Parker Stadium with three upcoming double headers – Thursday, April 3, at 1 and 3 p.m., against Bemidji State University; Saturday against Winona State, also at 1 and 3 p.m., continuing into Sunday against Upper Iowa University at 11 a.m. and 1 p.m., weather permitting.

... Baseball
continued from page 9

Sophomore Austin Berntson displayed a little rust in his return from injury, surrendering six earned runs in 3.2 innings of work. The Beaver's bullpen of Jamin Heller, Alec Grothe and Chris Fischer kept Minot within striking distance with four plus innings of scoreless relief, and Begay made things very interesting after blasting a two-run homer in the eighth to draw the

Beavers within three. A ninth inning rally fell just short, however, leaving Minot with a 2-2 record in conference play.

Weather permitting, the Beavers are set to open their 2014 home schedule this Friday and Saturday with a four-game series against perennial NSIC power St. Cloud State. Please check www.msubeavers.com for updated game times and location.

Golf finishes 3rd at Augustana

by Jamin Heller
Staff Writer

The Minot State men's golf team shot a two-round total of 625 last weekend en route to placing third at the NSIC Augustana College Quarry Oaks Collegiate.

Kowan O'Keefe, a junior from Blind Bay, British Columbia, finished in second place overall after shooting a spectacular two-round total of 148 (70-78). He had been the clubhouse leader after the first round, but was caught by a strong second round performance from Devin Holmes of St. Cloud State.

Casey Gleich and Nick Liebel also had strong tournaments for

Minot State, with both finishing tied for 13th overall after shooting 157s. Cody Duchscherer finished with a strong second round 79 to salvage a tie for 36th place, shooting 166 overall.

Minot State head coach Randy Westby said Monday's second round was made much more difficult by the presence of 40 mph winds. While happy with the third place finish, he is expecting an even better finish next weekend.

"Kowan finished second overall and had a good tournament," Westby told MSU sports information. "Nick, Cody and Casey all

finished with good scores. Karson [O'Keefe] will be back next week [after missing the tournament due to injury], so we expect our first win of the season."

Minot continues its series of spring tournaments Sunday and Monday, traveling to the Upper Iowa University Invite.

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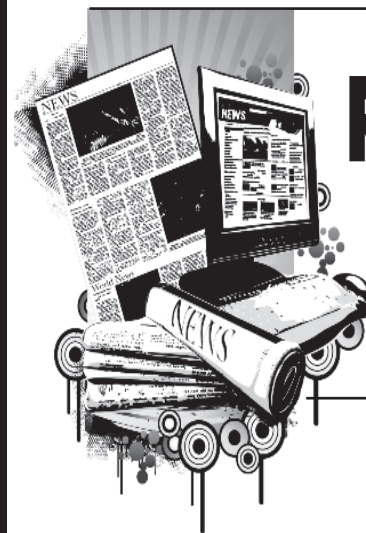
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