



Photo by Cassie Neuharth

Brett Olson as the boy (left) and Brittany Armstrong as the rabbit rehearse for their upcoming performance of "The Velveteen Rabbit." The play begins tonight at 7:30 p.m. in Aleshire Theater. The story involves a stuffed rabbit on its quest to become real through the love of the boy, its owner

'The Velveteen Rabbit' debuts tonight

(MSU Public Information Office) — The Minot State University Campus Players' production of "The Velveteen Rabbit," directed by Peggy Morris, a student from Garrison, will run tonight through Saturday, Dec. 9-11, at 7:30 p.m., and Sunday, Dec. 12, at 2 p.m. in the Aleshire Theater,

Hartnett Hall.

Tickets are \$6 for adults and \$5 for students, children and senior citizens. MSU IDs will not be accepted for admission, as this production is a fundraiser for Campus Players. Receive \$1 off the admission price by bringing a nonperishable food item for local food pantries.

'Freezin' for a Reason'



Photo by Max Patzner

MSU students, along with friends and family members, spend the day collecting non-perishable food and monetary donations for area food pantries. The annual "Freezin' for a Reason" food drive to raise homeless awareness in North Dakota was a success, as seen here at Town and Country Center's parking lot in Minot on Nov. 17. The MSU Student Social Work Organization sponsored the drive.

NDCPD receives grant

Bryce Berginski
Staff Writer

A new, federally funded addition to Minot State University's campus has emerged, one that also works with the community.

The Great Plains Center for Community Research and Service has an initial funding of \$950,000. Paul Markel, MSU psychology instructor, and

Neil Scharpe, North Dakota Center for Persons with Disabilities research associate, are sharing the position of co-directors.

The GPCCRS primarily functions in four ways. It will: help the community identify and articulate problems and challenges it faces; create teams of community leaders and MSU students and faculty

to research and investigate problems; serve to engage students in an active role in developing, delivering and carrying out solutions in the community; and share, distribute and publicize information about solutions as they grow and develop. Its goals are to better the community, and to understand and

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WANTED: Host families

(The Language Company-Minot) — The English as a Second Language program at Minot State University, needs “homestay” families for international students. The students come from various countries around the world - China, Taiwan, Saudi Arabia, Ivory Coast, South Korea, etc. They stay here an average of four to five months and wish to experience American life while studying English.

The student needs a private bedroom, but can share bathroom and living spaces. Students need transportation to and from the MSU campus for class. Classes are

Monday through Thursday from 9 a.m. to 3:15 p.m., and Friday from 9 a.m. to noon.

The office is open from 8 a.m. to 5 p.m. Monday through Friday, and MSU buildings are open much earlier and stay open later in case students need to be dropped off earlier or picked up later.

To help cover the cost of transportation and housing, homestay families receive \$600 every four weeks.

If interested or for more information, contact Bonnie Carrera, director of The Language Company-Minot, 858-4561 or bonnie.carrera@minotstateu.edu.

... Grant
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enhance learning at MSU.

“We want to involve students and faculty in all aspects,” Scharpe said.

The center comes as a tangible result of Vision 2013, which MSU President David Fuller introduced in 2006. Fuller imagined a center that would not only change how students learn and perceive place, but would also bring MSU students and faculty together with the community to achieve goals and solve real-world problems.

“It’s a win-win situation,” Markel said.

As co-directors, Markel and Scharpe work on different aspects of the center. Scharpe establishes networks, communications and connections throughout the region and the community to help define and solve issues. Markel focuses on the faculty



and student development and research into a response to a problem. Their research, rather than assuming each knows the problems and answers, is a meaningful collaboration not done in isolation.

The GPCCRS is currently working on a project with the Minot Commission on Aging. This task will involve the formation of a needs assessment, a feasibility study for a new senior citizens’ center and a strategic plan for the long term.

The GPCCRS is located in Memorial Hall. Both co-directors have offices there; other staff developments are also underway.

Contact Scharpe at 858-3596 or Markel at 858-4296 for more information.

Textbook rental program coming to MSU

(MSU Bookstore) — Beginning January 2011, Minot State University Bookstore will give students a new lease on their sometimes budget-focused, hectic lives by offering a new, multi-channel textbook rental program designed to deliver maximum savings and convenience.

This innovative textbook rental program will allow students to rent their textbooks for less than 50 percent of the cost of purchasing a new printed textbook. Plus, as an added convenience, students will be able to rent their books either in the store or from the store’s website: <http://minotstateu.bncollege.com>. While not every textbook is included in the rental program, more than 100 titles are available to rent this spring.

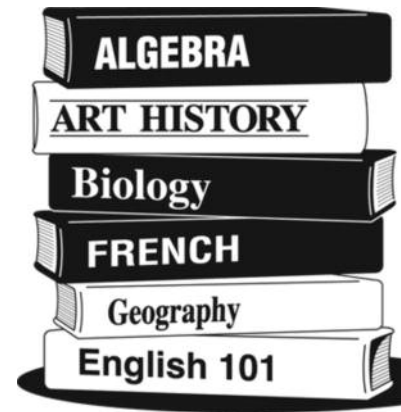
This decision to offer a textbook rental program was a joint decision made by the Minot State University administration and Barnes & Noble College Booksellers.

“We are committed to providing students with the widest range of content options and price points available,” Ann Fraley, vice president at Barnes & Noble College Booksellers, said. “Whether students are interested in new books, used, digital, unbundled, or now rentals, they know they can find what they want at the Minot State University Bookstore.”

Other program features include:

Students can pay the rental fees using any form of tender currently accepted by the bookstore (excluding PayPal) – including student financial aid and campus debit cards. (Note: For security purposes, a valid credit card must also be provided regardless of the tender used for the rental fee.)

Students can highlight or mark the rented books just as they would if they purchased a book and planned to sell it back to the bookstore.



Students can convert their rental to a purchase during the first two weeks of class.

The rental period is for the duration of the term/semester. Books are due back by the last day of finals. Students can return books in person or mail them to the bookstore.

Courtesy e-mails will go out as the end of the term/semester approaches reminding students to return their books. Books not returned (or returned in unusable condition) will be subject to replacement and processing fees.

Sororities forming at Minot State

Emily Anderson
Staff Writer

In the 1980’s, part of Minot State University was lost when the fraternities and sororities closed down due to too few members and lack of funds. There is a movement now to bring the Greek life back.

The Mu Sigma Tau has succeeded in coming back to life with nine actives and 10 pledges. Organizers say it is well on its way back to the top.

Encouraged by this success, Ann Rivera, student activities coordinator, is on a mission to bring back the sororities as well.

Delta Zeta and Tri Sigma are two of the sororities looking to open a new chapter at Minot State.

“In order for MSU to be colonized,” Rivera said, “we need 34 women to pledge this year. From here, we just keep sending out the word we are here on campus.”

Part of sending out the word informing students what the Greek life is really about is inviting speakers to explain it to students, like Cassie Gerhardt, program director for student involvement from the University of North Dakota.

“When people think of the

Greek life, they either think of what they have seen in movies such as “Animal House,” “The House Bunny” or “Old School,” Gerhardt said. “But these are not real. In fact, I have heard it said that any Chapters that did act like this were shut down by the end of the movie.”

“What the Greek life is really about is brotherhood, scholarship, leadership, philanthropy, alumni and then social interaction,” Gerhardt said.

Teri Black and Linda Benson are two ladies familiar with the Greek life. Both Black and

See Sororites — Page 3



Photo by Bekka Ryan

The MSU Jazz Ensemble rehearses for its performance tonight at 7:30 p.m. in Ann Nicole Nelson Hall. The concert is free and open to the public.

Jazzin' it up!

Bekka Ryan
Staff Writer

Minot State University's Division of Music announces its end-of-semester Jazz Ensemble Concert. The 20-member group will perform tonight at 7:30 p.m. in Ann Nicole Nelson Hall, Old Main.

For this performance the group will share seven pieces which have become what some of the group describe as "unbelievable," due to the intense practices leading up to the performance. According to Adam Estes, music instructor and director, the group became more connected to the style of jazz and formed bonds with each other through these works. He said the group has seen much improvement in overall style

and technique over the semester.

The ensemble has worked hard all semester at breaking in Estes, the newest member to the music division's teaching staff.

"Dr. Estes is the bomb," sophomore Aaron Cummings, trombone player, said.

Different teachers employ very different styles. In this case, a perfect match exists between Estes and jazz. During a brief interview, "Lonestar Estes" said he loves directing the jazz band.

"I am able to share a bit of myself, and my love, with my students," he said.

The group meets for fifty minutes on Tuesdays and Thursdays.

"It's truly amazing what

we are able to do with such a short period of time," Estes said.

"Through the jazz ensemble, my improvisational skills have improved greatly," music major Alyson Gross said. "I'm no longer afraid to improv in front of the group."

"Through jazz, a world of music and style is bared," senior Jennifer Brenna said. "It has opened the door to new musical possibilities for me."

Thinking of dusting off your high school saxophone? How about imitating America's funny man Will Ferrell with some jazz flute? Contact Estes, 858-3193, about joining the MSU Jazz Ensemble for the 2011 Spring Semester.

... Sororities continued from page 2

Benson are alumni from the Beta Zeta sorority that closed down in 1986.

"We used to do all kinds of things on campus," Benson said. "We did Meals on

Wheels, we gave tours to incoming freshman like the Student Ambassadors do now and we were the waitresses for what is now the Renaissance Dinner."

"I had low self-esteem in high school," Black said of why she was attracted to the

Greek life. "So when I found all of these people giving me support, I felt this real togetherness. It made me feel like I was part of something bigger."

For more information, contact Rivera, ann.rivera@minotstateu.edu.



TLC-Minot

The English as a Second Language Program

The English as a Second Language Program at Minot State University is in need of homestay families for international students for an average 4-5 month stay. Transportation to and from school and private bedroom needed, can share bathroom and living space. To cover costs, host families receive \$600 every four weeks.



For more information, call Bonnie Carrera, TLC-Minot, 858-4561 or bonnie.carrera@minotstateu.edu.

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Tech Talk

A column by Tanner Larson

Top five games of the year

With the snow falling, cold air blowing and cars freezing up, it can only mean one thing: winter is finally here, and so closes another year in the gaming industry. Triple-A titles have been released every month, it seems, and it was really hard to keep up with them all this year. With so many games out this year, it's hard to narrow this list down to only five. However, there were some games that stuck out above the others, even a sleeper or two were noteworthy.

Honorable Mentions:

"Deadly Premonition" (Xbox 360, PS3 [PS3 Japan only])

This game was so awful that it was just that good. Now you might be wondering, "How can that be?" The graphics were on-par for the GameCube at best, the controls were impossibly stiff, the music was cheerful and uplifting, and the story is ripped right out of "Twin Peaks," ABC's hit '90s mystery thriller. The game is a joke in itself so much that it ironically gained a cult following amongst gamers.

"Call of Duty: Black Ops" (Multi-Platform)

And here's the biggest one of them all. How can a game like "Call of Duty" not be in the top five? I have but one word for you: Treyarch. Treyarch is like the little brother of Infinity Ward, who just wanted to be like them when they grew up. But in all honesty, the sequel to "World at War" is not bad.

I commend Treyarch for doing a much better job than IW, filling up plot holes for sequel transitioning. It's worth your time, but sadly it ends up just short of the stick.

#5 - "Super Mario Galaxy 2" (Wii)

Looks like the ol' plumber is up to his old tricks again, innovating on simplicity and going back to basics. This was released in a "black-hole-month," meaning it would probably end up being forgotten by most. The game, however, sticks out not because of the red-capped hero, but because of the style it adds on from the previous game. I mean, if I were a kid again seeing this in 1996, Mario in space would have still been a massive hit.

#4 - "God of War III" (PS3)

Kratos is back and looking for revenge upon his father, Zeus, and is in search of Pandora's Box. Yes, this is more of the same "beat-em-up" simplicity, but Santa Monica Studios does a fantastic job delivering the game in an overall stance. The story seems as if it is actual Greek mythology; even though it's just a made-up story around ... mythology. But the game is easy to learn and pick up, and that's the main reason why it's on this list.

#3 - "Kirby's Epic Yarn" (Wii)

Kirby makes his triumphant return to consoles after his last release back in 2003 with "Kirby's Air Ride" for the Nintendo GameCube. The gameplay is above average, but one of the reasons why it's so



high on the list is because of its artistic style. The game itself is short, yet satisfying, but the artistic value of the game is well worth it being on the list of the best of 2010.

#2 - "Halo: Reach" (Xbox 360)

Bungie's swan song in the series before handing it off to 343 Industries goes back to where the series began, only with upgrades. To say that this is the best entry in the Halo series is an understatement. This is the best first-person-shooter available on the market. The multiplayer is fantastic, the story touches on how the war with the Covenant was escalated, and the mechanics and various different controls make this the number two game of the year.

What's number one you ask?

#1 - "Mass Effect 2" (Xbox 360, PC)

For a game that was released in January to still stick out above and beyond the rest of the pack is quite an achievement in itself. The story within the series is second to none, the combat system is superb, and, quite frankly, this is the most fun I have ever had with a single-player game. BioWare and EA have done a wonderful job of outdoing themselves with this entry and I look forward to seeing what they bring to the table with "Mass Effect 3."

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Drumming their way to PASIC

Bekka Ryan
Staff Writer

What do you get when you combine four drummers, one very enthusiastic teacher and two-26 hour train rides? An awesomely unforgettable trip to PASIC, the Percussive Arts Society International Conference!

Minot State University instructor Avis Veikley accompanied four students, Justin Goatz, Bekka Ryan, Ethan Holte and Karen Langamo, to the 2010 conference held Nov. 10-13 in Indianapolis, Ind.

PASIC is an annual gathering of Percussive Artists from around the globe. The Percussive Arts Society sponsors this annual event which this year drew more than 5,000 percussionists and industry leaders to the Indiana Convention center.

"My favorite part of PASIC was convincing a few guys that Jackalopes are real," MSU student Justin Goatz joked. "In all seriousness, I loved seeing professional percussionists, people that live their dream every day."

MSU's representatives learned about music from different cultures around the world. With attendants from Asia, Australia, Europe, North America and South America, the conference was truly an international experience. The students learned even more about Europe's percussive styles from another PASIC attendee who stayed at the

same bed and breakfast with the group.

"This trip re-introduced me to why I love music!" Bekka Ryan said. "Being surrounded by so many people who all shared such an intense connection with music showed me that, by continuing through music, I will never have to 'work' a day in my life."

PASIC itself was comprised of lectures, labs and concerts held, attended and performed by percussion enthusiasts. The conference covered all forms of today's percussive arts.

"I never realized the world of percussion was so big," one conference attendee said.

The Minot State group split up and attended different lessons per their individual interests. Students attended lectures from ones by Samuel Torres, a traditional Cuban conga player and Jeff Queen, a marching percussive idol, to Jason McGerr, a former music teacher turned rock star (he is the drummer for Death Cab for Cutie).

The MSU drummers also got a taste of the city through multiple forms of public transit: train, bus, taxi and leg-work. This experience, the first time for some students, helped educate the "small town" Minot group on what it is like to live in a big city.

A grant provided by MSU's Center for Excellence in Teaching & Learning (CETL) made this trip possible. Instructor Avis Veikley com-

pleted and submitted the grant then used the funds to finance the MSU students' attendance at the conference. In conjunction with receiving this grant, those students will put on a workshop for local high school percussion students.

After an educational saturation such as three days of total immersion in music, the MSU students said they experienced a re-invigoration of their shared passion for music. They extended a warm and heartfelt thank you to MSU's CETL for providing the funds for this experience. Because of that help, these students not only walked away with a Kalimba (a traditional thumb piano) to annoy their roommates, but also with an unforgettable shared experience of music.



Submitted Photo

Minot State University percussionists (top, from the left) Ethan Holte, Avis Veikley, music instructor, Justin Goatz, (bottom, from the left) Bekka Ryan and Karen Langamo pose for a picture during PASIC.

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Dodge ball tournament raises money to benefit cancer patients

mily Anderson
Staff Writer

A Dodge Ball Cancer Benefit in Minot State University's Swain Hall Nov. 30 raised more than \$900 for a general fund that goes toward transport and treatment of local cancer patients.

The idea started in MSU instructor Heidi Super's cancer biology class. The course aims to incorporate learning about how cancer affects the body and how to help real people who suffer from cancer. Super said the ideal way to help would be to cure cancer; the next best thing is to help cover the cost of treatment.

Twenty teams of six people paid \$5 per person to partici-

pate. Men's club hockey players made up four teams. About 40 MSU students, faculty and staff also paid to join "virtual" teams, helping the benefit without actually getting into the action. Team ESPN 8 was the big winner.

Why a dodge ball fundraiser?

"We looked up events other people had held," Amber Kroke, senior and biology major, said, "and one of them was a 'protect-your-ball dodge ball tournament,' and we thought it sounded like fun."

Other organizations involved in the benefit included club biology, the MSU Department of Biology, Trinity
See Dodge Ball — Page 8



Elias Metzgian (right) celebrates as Marcus Wilson (left) and Yannick Nkuni (center) of "Reducing Agents" look on. The team took second place during the Nov. 30 Dodgeball Cancer Benefit.

Photo by Max Patzner

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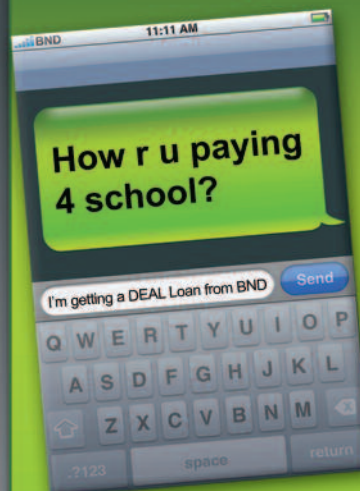


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Auction success

Cassie Neuharth
Editor

The Minot State University KMSU Auction on Dec. 2 turned out to be a success again this year. It finished out the evening, or should I say, morning, after having raised more than \$16,000.

The 2010 beneficiary receiving 10 percent of the proceeds is Minot's 2nd Story, a social club for adults with developmental disabilities. Alayne Oakland, executive director and two members of 2nd Story made an appearance for an interview before the night began.

The pre-show began at 5 p.m. with interviews from many of the business members that donated to the auction

"We are very proud of what we accomplished this year with the auction," senior Mary Christian, KMSU auction co-coordinator said. "This was our most successful year so far. Everything went as planned, and the experience is unforgettable.

Items auctioned off included five car starters donated by Cartiva, two tickets on Allegiant to Las Vegas, many hotel packages to choose from and MSU athletics tickets in every package. The final package of the night was a Kingsman gas fireplace donated by North Central Service of Minot.

The members of the communications special events planning class that put on the auction tried something new on the bidding for the fireplace. The bids were intended



to go to kmsu19@yahoo.com. However, the Yahoo website was not working due to some technical difficulties, so bids had to be taken via phone call.

The night's talent consisted of Christian, junior Derek Hackett, senior Quita Hines, senior Eric Manlove, senior Adam Pozgay and junior Juan Vadell, all current students in the MSU broadcasting program. They appeared decked out in formal attire from Fiancée, a bridal, prom and gift shop located in downtown Minot.

The students who worked the auction agreed the night was spectacular, even with all the craziness behind the scenes that did not show up on Channel 19.

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Keith Bear demonstrates Native American flute

Anthony Anderson
Staff Writer

Minot State University played host to a special demonstration of Native American flute music recently.

Keith Bear conducted the demonstration. Bear, also known as O'Mashi Ryu Ta, meaning "Bright Light that Waves in the Northern Sky," or "Northern Lights," is a Mandan-Hidatsa storyteller, flute maker, and musician who hails from Forth Berthold, N. D.

He performed the demonstration for a group visiting from China as guests of the Hess Corporation, who wanted to learn more about North Dakota. Organizers asked Bear to speak to the delegation to acquaint them with Native American culture.

Bear also spoke about the history of native peoples in North Dakota, focusing on the culture of the Mandan.

"They were the center of commerce and medicine in North Dakota," Bear said.

He highlighted the different aspects of Native American culture with various songs on several flutes including the "Meadowlark," a song mimicking the singing of the birds of the prairie, and the "Courtship Song," which recounts the tra-



Keith Bear plays his flute during a visit to MSU Dec. 2.

Photo by Anthony Anderson

ditions of courtship as performed by the Native tribes.

Bear makes all of his flutes by hand in the traditional manner, without using modern power tools or measurements. Each one is a hand-crafted work of art with a unique sound and style.

Bear has also appeared at the

Smithsonian Folklife festival, the Kennedy Center, the International Storytellers Festival in Wales, U.K., and has soloed with the National Symphony and the St. Paul Chamber Orchestra.

Learn more about the artist and his work online at www.keithbear.net.

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Photo by Max Patzner

Freshman Josh Dueck throws a ball during the Dodge Ball Cancer Benefit Nov. 30 in Swain Hall. About 40 Minot State University students, faculty and staff members paid to join “virtual” dodge ball teams. The virtual teams were able to contribute without actually getting smacked with a ball. The benefit raised \$901 to help defer expenses for Minot area cancer patients.

... Dodge ball
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Health and Cancer Care Center and Minot area Merchants.

The cancer biology class will not be offered next year, but club biology may take over

and make the tournament an annual event.

“I believe people had a lot of fun,” Kroke said. “It was competitive, but everyone seemed to enjoy themselves. I’m very pleased with all of the people who jumped right in to help for a good cause.”

Club holds winter clothing drive

(MSU Public Information) — The Minot State University Psychology and Addiction Studies Club is holding a winter clothes drive for the Salvation Army through Dec. 10. Students, faculty and staff may donate old or new coats, mittens, hats, gloves, scarves or boots by placing them in large marked boxes located in the Student Center, Memorial Hall, Old Main or Cyril Moore Hall. For more information, contact Kelsey Eaton, MSU student, at kelsey.eaton@my.minotstateu.edu.



Photo by Jesse Kelly

Minot State Club Hockey players Dan Lamb (No. 19) and Cam McGeough (No. 39) fight for a puck on the boards against a Dakota College at Bottineau player Dec. 3 at the All Seasons Arena. The Beavers won, 3-2. MSU has an impressive 15-2-1 overall record, and remains 14-0-1 in ACHA play. Catch the Beavers on the ice at their next home game Saturday against the North Dakota State University Bison, 7:30 p.m. in the All Seasons Arena.

Attention MSU.
If your club or organization has an upcoming event and you would like an article about it in the Red & Green, contact us at Room 304, Student Center or 858-3354.



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If you have any questions, please contact the Alumni Office at 858-3234.



Junior guard Jonas Pollard (No. 22) hangs from the rim after dunking the ball during the Beavers' game Dec. 5 against Brandon University at the MSU Dome. Catch the Beavers again tomorrow in the Dome as they take on Montana Tech at 7 p.m.

Photo by Jesse Kelly



Photo by Jesse Kelly

Senior guard Whitney Loftesnes (No. 30) runs past a Brandon University player during the Lady Beavers' home game Dec. 5. The MSU women stole the court, winning, 108-40.

Second half propels Beavers

Eric Manlove
Sports Writer

It was a much-needed win for the Minot State men's basketball team Sunday in the MSU Dome. The Beavers beat Brandon (Manitoba) University, 96-72. MSU was in a five-game slump, and used the home court advantage to get back to winning ways.

"The kids play to win," MSU head coach Peter Stewart said. "We don't win a crown for tonight, but it was a step in the right direction."

The win was impressive, but what was more was how the Beavers accomplished it. MSU out-rebounded the Bobcats 46-35 and forced 23 turnovers.

"We were plus 11 on the boards and took some charges," Stewart said. "We attempted at least three

(charges) and got some loose balls."

Minot State held a double-digit lead much of the first half, but the Bobcats cut it to nine by the break. The Beavers then came out and got things going as Gary Heitkamp two-handed a dunk and MSU never looked back, outscoring Brandon by 15 in the second.

Anthony Enriquez's 19 points led five MSU players in scoring in double figures as Bojan Janjic added 16 points and seven rebounds, Nathaniel Packineau hit for 14, Kal Bay added 11 points and six rebounds for the Beavers and, off the bench, Shawn Storeseth chipped in 12.

Minot State (3-6, 0-2 DAC) plays at home again tomorrow night at the MSU Dome when the Beavers host Montana Tech. MSU topped the Orediggers by 5 in Butte last month.

Beavers route Bobcats

Eric Manlove
Sports Writer

The Minot State women's basketball team played their third game in four days on Sunday at the MSU Dome. The Beavers started slow against Brandon (Manitoba) University.

"We looked really tired to start out, and tried too hard to get the ball inside," MSU head coach Sheila Green Gerding said. "We were trying to force some things that weren't there. We were trying too hard to get everyone involved. We just needed to play our games."

That sluggishness didn't last as MSU topped the Bobcats, 108-40. Despite having a stretch in the first half of six minutes without connecting on a field goal, the Lady Beavers opened up a comfortable 44-19 lead by halftime.

"We have struggled with some things offensively and it was good to play a game and get some game situations to run your stuff instead of just practice," Green Gerding said.

Run the Beavers did, and effectively, while shooting 57 percent in the game. Minot State's Carly Boag's game high 25 points led off the bench; Katie Hardy dropped in 15 to aid the Beavers in their biggest offensive output of the season, adding 64 in the second half for a 108.

MSU was good on the offensive end, and also on the boards and defense, holding Brandon to just 25 percent shooting for the game. The Beavers forced 31 turnovers, including 25 steals. Christina Boag led the charge on the glass, finishing with 11, while Sacarra Molina paced the play with six points, six assists and five steals.

The Beavers (6-2, 1-1 DAC) travel to Alaska today for games on Friday and Saturday against Alaska-Anchorage and Alaska-Fairbanks. MSU plays one final home game in 2010, hosting the University of Montana-Western on Dec. 16. The game starts at 6 p.m. in the MSU Dome. MSU beat the Bulldogs earlier this season, 72-61.

Danna becomes MSU's first soccer All-American

(MSU Sports Information) — Minot State University junior Marianna Danna (D) made history Monday as she was named to the 2010 NAIA Women's Soccer All-American team.

Danna earned an honorable mention team spot in her first season with the Beavers. It marks the first NAIA women's soccer All-American honor for the school as MSU was in its inaugural season.



Danna

Danna, a defense standout for the Beavers, helped MSU to a 9-7-3 overall record and an appearance in the NAIA Unaffiliated Group Tournament. With Danna on the defensive line, MSU gave up just 16 goals in 19 games. She also scored a goal and added an assist on three shots on goal in 2010 for the Beavers.

Aide earns All-Northwest Region honors

(MSU Sports Information) — Minot State University sophomore Abbey Aide was named to the 2010 NAIA American Volleyball Coaches Association All-Northwest Region Monday.

In 2010, Aide led the team and the DAC in assists with 1,008, averaging nine assists per set. She was 58th in the country in total assists and 60th in the country in assists per set. She also finished the season with 36 kills and 20 aces for MSU.

Aide was named the DAC Setter of the Year and first-team All-DAC earlier in the year. Nicole Graybeal of Lewis-Clark State University was named the Northwest Region Player of the Year.



Aide

MSU earns 'twin' awards

(MSU Sports Information) — Minot State University's Breyette Schall and Courtney Schall, sophomores, finished 15th and 16th respectively to earn the Beavers' first

All-American honors since 2006 at the 2010 NAIA Cross Country National Championship Nov. 20 at Fort Vancouver National Historic Site, Vancouver, Wash.

"It was a good day for us," MSU head coach Stu Melby said. "(The women's race) was pretty exciting. Only Minot State and Azusa (Pacific) had two runners in the top 16, so that was pretty good for us."

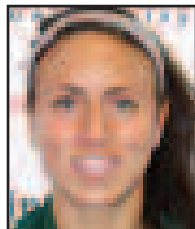
For the men, MSU freshman Carlos Hernandez placed 204th out of 326 total runners in his first national meet. He was the MSU men's team's only qualifier.

The Schalls also gave MSU two NAIA All-Americans in the same race since the 2006 race where Genevieve Binsfeld won the national title and teammate Phoebe Garcia placed 27th overall. Both Breyette and Courtney finished with identical 18:20s. The finish at the top was tight, according to Melby.

"Both Breyette and Courtney finished the closest they have come all year to Katie (Jamestown College's Katie Conlon), who finished eighth," he said. "There were just seven seconds between Katie in eighth and Breyette."



Breyette Schall



Courtney Schall

In the pack, the twins were just inside the top 50, after the first loop and

near the top 30 with 700 meters left. Late in the race, the two made up ground.

"I yelled to them at the first loop and yelled again late in the race," Melby said. "They got going and kept it up after the first loop. Down the stretch, there were 10-12 girls tightly packed, but the end was just like the soccer complex in Minot where we train. They were able to remember some of that training and took off."

This was Breyette's second trip to the meet and Courtney's first at nationals.

This was also the first national meet for Hernandez.

"He told me he went out too fast," Melby said. "He was a little tired, you could tell, but he did a good job finishing. He was 10th overall for (Dakota Athletic Conference) runners, so he moved up (from 12th at the DAC meet two weeks ago). It was muddy again this year, so he had to overcome that."



Hernandez



Photo by Jesse Kelly

Freshman wrestler Jon Wilson pins a University of Regina wrestler during a meet Dec. 2 at the MSU Dome. The Beavers host Minnesota State University-Moorhead Feb. 8 at 7 p.m.

Beavers make quick work of Regina

(MSU Sports Information) — Minot State University senior Kellen Zietz set the tone right out of the gates, pinning his opponent, John Pauliuk of the University of Regina, in one minute of the opening match at 125 pounds. MSU's runaway win was on.

The Beavers got four pins and three forfeits to rout the University of Regina, 47-6, in nonconference college wrestling Thursday at the MSU Dome.

"It's hard to tell sometimes if you accomplished anything in a blowout," MSU head coach Robin Ersland said. "But I thought we got some things done. My dad always said if you can put one in the left hand side, it was a pretty good night."

The meet was held simultaneously with a high school dual between Minot High School and Williston High School, giving fans a double feature.

"I thought it was a good crowd, a nice night overall," Ersland said. "The high school fans got a chance to see some college matches, and we'll get to

see some high school matches. It is good exposure for us."

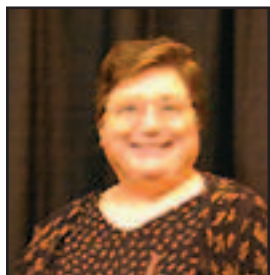
Zietz's quick work at 125 was quite a bit different than both freshmen Hunter Field's fall at 165 and Luke Michaelson's at 184. Field battled Matthew Fedler for much of the match before getting the upper hand at 2:45 of the first period. Michaelson was more in control at 184, but led just 6-1 when he got the fall over John Lendvov at 1:53 of the second period.

"Hunter just needed to realize that he had one move and needed to learn to not get caught in it," Ersland said of Field.

The Beavers also got a pin from junior Ryan Kamrowski at 197 – his first match of the season, as he nursed an injury for much of the first half. He pinned Gerald Munguia-Vargas at 2:41 of the first period.

"It was nice to see Ryan get a match in," Ersland said. "You know, I like the fact that we worked hard and wrestled hard. You can only wrestle who shows up and we worked hard and got things done."

Student's attention to class and lab assignments averts family tragedy



**Guest Columnist
Marie Mohler
Department of Nursing**

The students were intently listening to class on Tuesday and participating in lab on Wednesday and Thursday. They knew that they needed to know how to assess the thorax and lungs and how to identify various lung sounds. This information was not only needed to pass the unit and the final exams in the Nursing Health Assessment Class, but the students also knew that this information was vital to give safe competent care to their patients. LanaLee was among the students who were intently listening to the breath sounds presented in lab. She was able to identify many of the unknown breath sounds. However, she did not know that this assignment would shortly turn into a family crisis.

When I arrived for class the following week, LanaLee was waiting for me and asked if she could see me. Before she even entered my office, she asked if she could have a hug. This was a request which was easy to grant.

As I hugged her, she began to sob bitterly. Among her sob, I heard the jagged words, "Thank you for being a good teacher. Thank you for being a good teacher." My mind immediately went to, oh no, we are going to lose a good student to a family transfer. But I realized I was thinking in the wrong direction, when the next jagged words were. "He is okay. He is fine now." There were more heartfelt sobs and more jagged words. "I wouldn't have known if we didn't have the class, but he is OK now." As I waited to hear the rest of the story more details began to emerge. "I would have just told him to take a cough drop and wait to see what would happen, but he is okay now." Slowly through the sobs LanaLee's story was told.

LanaLee and her family had gone to Minneapolis over the weekend. At about 2:30 a.m., her nine-year-old son, Brett, woke her up because he was having trouble breathing. She immediately recognized the signs of respiratory distress that were discussed in class on Tuesday. He was using his accessory muscles (neck muscles) to help him breathe. And she also noticed that he was flaring his nostrils to help him get in more air. Then she recognized the breathing pattern called stridor that she had heard in lab

on Wednesday. Stridor is a high pitched harsh sound she heard when her son took a breath. It is a sign of upper airway obstruction (something blocking the airway) or that the trachea is swelling. She rushed him to the emergency room arriving about 2:40 a.m. He was diagnosed with croup (Laryngotracheobronchiti). This is inflammation and obstruction of the larynx, trachea, and major bronchi. Although this is usually seen in younger children, it is not uncommon in a nine-year-old child. 85 percent of the cases of croup are caused by viruses. Brett's throat had narrowed so that there was only a small strip down the center. Brett is "okay now" because LanaLee recognized this medical emergency and received prompt, aggressive treatment. The doctors and nurses at the emergency room were impressed with LanaLee's knowledge about respiratory assessment and allowed her to listen to her son's lungs and view his assessments. Both of LanaLee's children wanted her to listen to their lungs and identify their lung sounds after they had arrived home. I can hear Brett saying, "Thanks, Mom for paying attention in class and doing your assignments."

This story was told with permission.

MSU organizations volunteer with 'Feed My Starving Children' event



Submitted Photo

A group of students from the MSU Social Work Organization gather to volunteer their time to package meals for malnourished children Nov. 20 at the Minot Municipal Auditorium. The event was organized by "Feed My Starving Children," a non-profit Christian organization committed to feeding starving children around the world. The Minot State baseball team also donated its time. Half of the baseball team worked the morning shift, and the other half worked the afternoon shift.



Submitted Photo

Volunteers from Lutheran Campus Ministry and MSU Student Government Association line up after packaging food consisting of rice, soy, dehydrated vegetables and vitamins into vacuum-sealed bags. The meals are designed to provide complete nutrition, needing only boiling water.