

Red & Green

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Minot State University, Minot, N.D. 58701

www.minotstateu.edu/redgreen/



Photo by Jesse Kelly

Peg Morris and Jhondarr Lopez rehearse a scene from "Hay Fever" in Aleshire Theater. Performances begin tonight and run through Saturday at 7:30 p.m. and again on Sunday at 2 p.m.

Catch 'Hay Fever' tonight

By Cassandra Neuharth
Staff Writer

The Minot State University Theatre Arts Department springs yet another play into action this weekend. "Hay Fever" brings the Bliss family and various guests together for a weekend of fun.

"There is not a lot of conflict; it is sort of a chaotic mess," Aili Smith, director

and theater instructor said.

"Hay Fever" takes place in the Bliss family home in the English countryside. The family consists of Judith, the mother, an absent-minded retired actress; David, the father, a preoccupied novelist working on his latest book; and the grown children, brother and sister, Simon and Sorel.

The cast includes Peg

Morris, Grant Johnson, Heather Schneibel, Brett Olson, Jazmine Wolff, Daniel Johnson, Katie Langemo, Jhondarr Lopez and Ashley Nilsen.

"They have worked hard practicing their British accents," Smith said, "to get them perfect for the performances this weekend."

This is Smith's second play

See Fever — Page 6

Women's Heritage Month about 'voices'

Anthony Anderson
Staff Writer

All through March, Minot State University will celebrate Women's Heritage Month.

The MSU Women's Heritage Committee has planned a number of activities to highlight the 2010 theme, "Women's Voices," and increase participation.

"What we try to do in this month is bring people into contact with some of the things women say and do that may not have been seen in the past," Bethany Andreasen, Women's Heritage Committee chair, said.

To kick off the events, on Tuesday, Marita Hoffart presented a Brown Bag Book Talk. Hoffart, an MSU nursing instructor, discussed the book, "Dance of the Spirit: The Seven Steps of Women's Spirituality," by Maria Harris.

On Thursday, March 4, organizers invite women to participate in "Women Talking Together: a Consciousness-Raising Workshop" from 12:30 p.m. to 2 p.m. in the Conference Center, third floor Student Center. This session will explore the differences and joint similarities between all women, across different generations and social loca-

tions.

On Monday, March 8, author and musician Debra Marquart will present "The Horizontal World: Bridging History" at 6:30 p.m. in Aleshire Theater. Marquart, an English instructor in the MFA Program at Iowa State University will read from her memoirs, "The Horizontal World: Growing Up Wild in the Middle of Nowhere," which tells her story of growing up in Napoleon, N.D. Marquart will also discuss her current book project and visit about her experiences as an author, musician and English instructor.

On Thursday, March 11, "Many Voices: Celebrating Womyn's Music" will begin at 7 p.m. in the Beaver Dam. This concert highlights "music by women, for women and about women," particularly the styles derived from or influenced by the lesbian and feminist movements of the 1960s. It will feature local performers and an open-mic period.

On Wednesday, March 24, Alyce Spotted Bear and Jennifer Young Bear will present a Northwest Art Center Lecture, "Life Lessons: Indigenous Women,"

See Voices — Page 3

KMSU to hold 'Idol' contests

By Kendra Klimpel
Comm 281

The Minot State University Broadcasting Department will hold its own version of "American Idol" in the Beaver Dam at 6 p.m. Wednesday. Students may sign up then and pick a song to perform.

Students will be judged on their performances by a panel of judges, and by the audience in the final round.

"Beaver Idol" will consist of three rounds, starting with preliminaries on March 3 and March 24. The top three contestants will then move on to the final round on April 7.

"We have had karaoke contests in the past, and I'm excited to do it again," Tascha Hager, a manager in the broadcasting department said.

"Between the six managers, we brainstormed activities during our weekly meetings and we all thought that this would be a great idea, because we have had success in the past. Last year's karaoke contest had an excellent crowd and we hope to have the same for this."

All three rounds will air live on KMSU Channel 19 at 6:30 p.m. on each of the three dates. The top three winners of the preliminary rounds will receive MP3 players, while the prizes for the final round include a Netbook, a mini laptop, and a Flip digital video recorder.

All students are encouraged to participate or come and support their friends.

Workshop for job seekers

The Students in Free Enterprise (SIFE) and Phi Beta Lambda (PBL) at Minot State University will host a résumé writing and interviewing workshop Tuesday, March 2.

The workshop will take place in the Audubon and Missouri rooms on the third floor of the Student Center, from 7 to 8:30 p.m.

Participants need to bring a résumé outline as instructors will discuss formatting, ver-

biage and context. Employers will share their expertise, present tips and help participants practice interview skills.

"This workshop is a great opportunity to see the new changes in résumé writing and interviewing," Ron Weinmann, SIFE adviser and Sharon Reynolds, PBL adviser, said.

For more information, contact Weinmann at 858-3294.

Piper Jones

Anthony Anderson
Staff Writer

Keeping busy isn't hard for Piper Jones. This Minot State University freshman has enough on her plate to keep her active all the time, and that's just the way she likes it.

Jones is from Minot, and is a graduate of Our Redeemer's Christian School. Academically, she stays active with a double major in broadcasting and English and a minor in French.

She has been interested in public affairs, but has little desire in being on camera.

"I don't really want to be in front of the camera," she said. "I want to work behind it."

After graduating, Jones hopes to put her two majors to use in a career as a political speechwriter.

Until then, she is determined to stay engaged and well-rounded, both on campus and off. She is very active within her church, and is currently employed with the Our Redeemer's children's programs.

Jones recently portrayed Angie, one of the lead characters in "I'll be Home for Christmas," a holiday musi-



"I don't really want to be in front of the camera. I want to work behind it."

—Piper Jones

cal performance Our Redeemer's presented.

"My character was tone deaf, so I got to sing very loudly and off-key. That was a lot of fun," she said.

In real life, Jones is anything but tone deaf.

"I've been in choir since the dawn of time. I also play the oboe, guitar, and piano, but none of them as well as I would like."

The freshman plays mostly by ear, saying she has "no aptitude for reading music," and can usually pick up a piece just by listening to it. Jones claims this skill parlays well into her love of languages.

"Actually, listening to a language spoken in everyday life, getting a feel for it, is so much better than class-

room work," she said. She is currently studying both French and Arabic, and plans to travel to France someday.

On top of music and languages, Jones is a frequent traveler.

"My family and I, we just to get in the car and go, and see where it takes us. We've ended up spending the night in some very strange places doing that," she said.

In spite of all her studies, activities and commitments, Jones still has her own personal pastimes including running, baking, and rock-climbing in the Black Hills.

"I wish there was more time for them," she said.



Student Government Association Senator of the Month

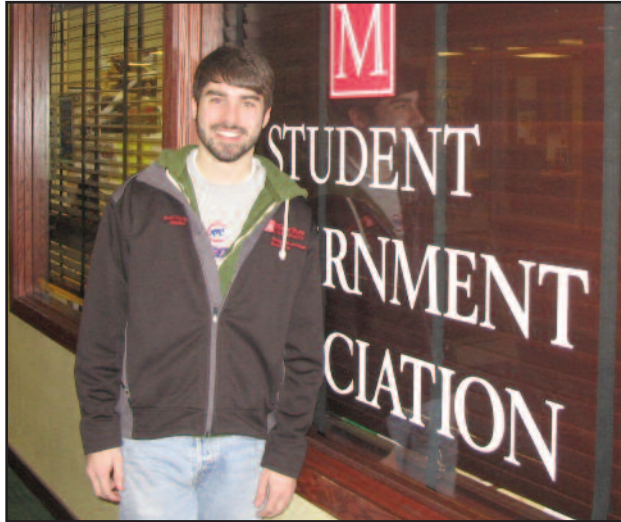
Meet Derek Van Dyke

Kevin Mehrer
Comm 281

The Minot State University Student Government Association (SGA) named Derek Van Dyke its Senator of the Month for December/January. Van Dyke is a broadcasting major from Mandan, N. D.

"I became involved with SGA because I wanted to make a difference on the campus," Van Dyke said. "I have made many great friends, and SGA is a perfect way to give back to Minot State University."

Van Dyke is a very busy student. He is the weather personality on KMSU's Inside/Out, the campus news station on Channel 19 on Thursdays at 5 p.m. He also serves as the residence hall direc-



Derek Van Dyke poses outside the SGA office.

tor in McCulloch Hall, and is active in the student broadcasting club, Media Ink.

The energetic senior is not only

involved on campus, but also contributes to the Minot community by giving reports to the Minot Chamber of Commerce for the MSU student government.

The SGA is the Minot State students' voice on campus issues. Van Dyke said all students can run for office as senators for their respective colleges.

Along with the SGA, he invites all students to their meetings every other Monday of the month at 7 p.m. in the Student Center.

... Voices
continued from page 1

Indigenous Storytelling," at 7 p.m. in Aleshire Theater. Spotted Bear, an Indian Studies instructor at Fort Berthold Community College and Young Bear, a champion jingle dress dancer, will speak about the historical methods of storytelling and cultural tradition of indigenous people, and their applications in modern life.

On Tuesday, March 30, Women's Heritage Month will conclude with a student poster session and competition. Organizers encourage all MSU students to enter a poster into the competition, focusing on the theme of women's heritage. The poster exhibition will run from 10 a.m. to 3 p.m. in the Student Center Atrium, with an awards presentation at 1 p.m. Judges will award \$50 prizes for Best Design, Best Content, Best Overall and People's Choice. Interested students should contact Johnna Westby at 858-4245 or johnna.westby@minotstateu.edu for more information.

Those interested may view 2009 posters at the Olson Library.

Books, also, will be on display at the library throughout Women's Heritage Month.

For more information, visit www.minotstateu.edu/women/.

All events are free and open to the public.

First Lutheran Church - ELCA
120 3rd Ave. NW • 838-1823
Sunday Worship.....8:00 am (First Board)
Sunday Worship.....9:30 am (First Board)
Sunday School & Bible Study.....9:30 am
Sunday Worship.....10:30 am (Outgoing group)
Wednesday Supper.....5:00 pm
Wednesday School & Outgoing.....6:00 pm
Friday Evening Supper.....7:00 pm
Prayer Kiosk in Hallway • Prayers at 10:30 am & 11:00 am
Email: [firstlutheran@firstlutheran.org](mailto:info@firstlutheran.org)

Come Worship With Us
Christ Lutheran Church
502 17th St. NW • 838-0746
christlutheranminn.com
Sat. Worship.....5:00 p.m.
Sun. Worship.....8:30 & 10:45 am
Big Communion at 10:45 am!

Augustana Lutheran Church - ELCA
321 University Ave. West • 838-9563
Sunday Worship.....8:00 am & 10:30 am
Education Hall.....9:00 am

Weight Management Club
8:30 a.m., Mondays
March 1, 15, 29,
April 12, 26 and May 3
Jones Room, Student Center
OPEN TO ALL MSU STUDENTS, STAFF & FACULTY

BLOOD PRESSURE SCREENING
9-10 a.m., Mondays
March 1, 29,
April 12, 26 and May 3.
Student Center Atrium

INSIDE/OUT
MSU's News and Feature Show
Thursdays, live at 5 P.M.
shown again at 6:30 P.M.
Fridays at 2:30 & 6:30 P.M.
KMSU TV Channel 19
Produced by MSU Broadcasting students

Letters

Dear Red and Green Staff,

My name is Kim Bennett. I'm majoring in English education for my second degree. I was recently diagnosed with a condition called fibromyalgia, a fairly complicated condition that basically means I hurt a lot at completely random times, because the chemicals needed to communicate to my brain about what level of pain I'm in are lower than normal, so my brain thinks I'm hurting when I really shouldn't be, and when I do hurt, it's more than I should be.

A few weeks ago, I was having a pretty bad backache during a class. On my way to my next class, my back and leg began to hurt so much that I could not physically walk anymore, which is pretty terrifying to realize. I asked two women to help me, and they called to the clinic on campus and got me a chair.

I also want to thank both of them very much for their assistance, which is one reason I'm writing in to you. The other is because, even though the ladies called down to the clinic, I was pretty shocked to learn that they did not have a wheelchair on hand for situations like this. At my previous college, which had

thousands less students, we had at least two in case someone needed it. One of my friends used one after she had surgery on her knee to get to a class that was far away.

I would think, especially here where the temperature gets dangerously low, that MSU would have one as well. I was informed that in most cases an ambulance would be called if a student was too far away, but that seems silly to me, that they would expect a student to sit out in the cold having just injured themselves and wait for an ambulance. Or to call an ambulance for something that is not life-threatening. That actually seems like a misuse of an ambulance. Not only do I find that bad health-wise, but it is also rather embarrassing to have to sit and explain to everyone that walks past why you're sitting there.

I managed to make it into a doorway and sit there for over an hour until my husband could get there, and even just sitting in the doorway I was pretty cold and somewhat panicked. Bottom line, I hope MSU realizes that getting a wheelchair or two would be beneficial for everyone.

Kim Bennett
English education

Suicide prevention and the college student

Know the warning signs before it's too late

Tina Barron

Senior Nursing Student

Suicide is the second leading cause of death among college students (18-24 yrs. old), with the first leading cause being accidents and homicide.

The American College Health Association-National College Health Assessment (ACHA-NCHA) conducted a study in 2005 of a group of students that thought about suicide. It had 11 percent females and 9 percent males.

As college students, we are subjected to many changes that occur in our lives such as: new stressors, relationships, peer pressure, being homesick, homework overload and depression. When one becomes overwhelmed with the complexity of transition and stress, suicide becomes a pleasurable realistic ideation.

Kevin Caruso,

founder and executive director of Suicide.org, posts an online forum on suicide prevention, awareness and support at <http://www.suicide.org>.

According to www.suicide.org, suicide is most commonly caused by "untreated depression." Although it is common for people to have suicidal thoughts, you should seek professional treatment immediately.

College students have many reasons for suicidal thoughts. The most common causes among college students are: death of someone close, divorce or a relationship breakup, terminal illness, mental illness, emotional/physical pain, victimization, hopelessness, physical/mental/emotional abuse and drug and alcohol abuse.

The risk of suicide can be prevented through careful observation of

warning signs; however, many people that complete suicide show no warning signs at all. Though the signs of suicide may be subtle, the potential for completed or attempted suicide should not be ignored and must be taken seriously.

Suicide warning signs to observe are: extreme sadness or depression, withdrawal from friends and hobbies, hopelessness, low self esteem/motivation, drug or alcohol abuse, change of eating/sleeping habits, poor work/school performance, writing a will, talking about death and reckless activities.

If you or anyone you know is depressed or expresses any of the signs listed above, there are many resources to assist you.

At Minot State University the Student **See Suicide — Page 5**

Red & Green

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Letter Policy: Letters to the editor must bear the writer's name, address and telephone number. Students must include year in school and major. Only letters from students, faculty or staff will be published. We will not print unsigned letters, and we reserve the right to edit all letters for factors such as clarity, punctuation, spelling and length. We reserve the right to refuse to print letters we consider libelous, superfluous or ridiculous. Please submit all letters before noon on the Friday prior to publication. Students are limited to four letters for publication per semester. Letters may be e-mailed to redgreen@minotstateu.edu.

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MSU Odd Jobs for Students

Salamander Caretaker

Hannah Rude
Assitant Editor

A federal grant called the ND INBRE grant has allowed MSU biology instructor Christopher Beachy to employ students in an odd job, to act as salamander care-takers for his research project.

The grant pays for a study at Minot State University about the role of cadmium in physical development. Students conduct tests on salamanders to answer, among other questions, what dosage levels are toxic to them and how low doses affect their gene expression.

"If they get exposed to cadmium, they might express all of these stress-response genes and not express the development genes," Beachy said.

He said the caretaker job is easy to do.

"With anybody off the street, I can bring them in the lab and say, 'Take the salamander out, dump the water out, put new water in, put the salamander back in.' That's all there is to it. What students end up doing a lot is either going out and catching salamanders or growing salamanders in the lab."

The student salamander caretaker's first responsibility is either catching specimens or growing them from mail-order eggs. When "growing" salamanders, students feed and change the water every 12 hours. The newly hatched salamanders are too small to eat the diet of worms and crickets that the adult salamanders eat. Instead, they grow up on a diet of brine shrimp. Brine shrimp are salt-water creatures while the salamanders are a fresh-water species. These tiny brine shrimp can only stand fresh water for about 12 hours. After that they die and caretakers need to

clean them out and replace them with new shrimp for the developing salamanders.

Besides their cleaning and salamander growing duties, students must care for a specific group of salamanders and ask a research question about development. Students then observe the salamanders' development to answer that question while caring for the creatures.

According to Beachy, salamanders are an excellent choice of species for this experiment.

"Their responses to stresses are in many ways the same as ours. There are genes in salamanders that are stress response genes that are the same in humans. Their development is very similar. It is regulated by the same hormones and by the same organs. When we can look at their development and we can say, 'Alright it's the same as humans, but way more sensitive to environmental problems.' That way we can pick up on environmental problems before they become significant for humans," he said

Beachy first became interested in salamanders as a junior undergrad. For his required undergraduate research project he wanted to work on animal behavior, but the only professor available was working with salamanders.

"I was hooked after that," Beachy said. "It's been all about salamanders since 1985."

The biology instructor came to MSU in 1998 after teaching for four years at Clarke College in Iowa. Before Clarke College, Beachy and his wife moved from North Carolina to take a one-year position at Jamestown College.

Beachy said they had reservations about

See Salamander — Page 12



Health kits for Haiti



Photo by Bryce Berginski

Students assist Kari Williamson of Lutheran Campus Ministry (far right) in assembling health care kits on Monday in the Student Center. The kits, which contain basic health and hygiene items, were sent off to Haiti after they were packaged.

**... Suicide
continued from page 4**

Health and Development Center on campus provides counseling for individuals (i.e. students) that are having thoughts of suicide. Find help at <http://www.minotstateu.edu/counseling/>.

Another protective measure that can be taken is to have the person contract for safety by agreeing to a No Harm contract. Also, listen to the person and their thoughts; be forward and ask the person if they feel suicidal; call 9-1-1 or the emergency department and wait for help to arrive.

Suggestions provided on Caruso's Web site are that the best advice one can give in a situation to one who is contemplating suicide is no advice. And never keep it a secret. Just listen actively and be nonjudgmental, and if there

are weapons involved or within reach, remove them from the environment.

As a senior nursing student currently employed as a CNA (Certified Nurse Assistant) at St. Joseph's Mental Health Unit, I have worked with patients admitted for suicide ideation and unsuccessful attempts within this age group right here in Minot.

You're probably saying to yourself right now, "I would never do anything like that," but so did those patients, and the reality of it is that no one is exempt from what they do not know. As I have mentioned earlier, suicidal statements should always be taken seriously.

There is no excuse for ignoring a cry for help, no matter how silent it might be.

Protect those you know from suicide; speak out on behalf of survival.

Davidson, Watson partner for 'squeaky' lecture

Anthony Anderson
Staff Writer

Minot State University's Conrad Davidson and Rick Watson will discuss the play, "Johnny Squeaky: Anatomy of an Opera," in Aleshire Theater Wednesday at 7 p.m. The presentation is part of the Northwest Art Center lecture series.

Davidson, dean of arts and sciences, originally wrote the play as a parody of a 20th century Italian opera, "Gianni Schicchi." Asked to update the words while retaining the music, Davidson did so, satirically renaming it "Johnny Squeaky." The Western Plains Opera Company performed the resulting parody.

Davidson later removed the music and rewrote the work as a one-act play, which Des Lacs-Burlington High School performed. A drama service published the work. Davidson then began to collaborate with Rick Watson, humanities instructor, to write original music for the play.

"The result was about a 45-minute musical, which just doesn't work. I toyed with the plot, added some new scenes, and gave Rick some ideas for songs, until we got the length right," Davidson said. "So, it went from an opera, to a parody of an opera, to a one-act play, to a 45-minute musical, to what I hope is a full-length musical comedy.



Davidson



Watson

We've got the story, we've got the songs, but we are still working on getting it

arranged."

"The play is about a rich man who dies, and leaves his fortune to causes his family finds 'less than deserving,'" Davidson said. "Before word gets out he has died, the family hires Johnny Squeaky to impersonate the man and rewrite the will to leave his money to them. However, Johnny alters the will to leave the man's whole estate to 'his

See Squeaky — Page 7



Photo by Jesse Kelly

Heather Schneibel, Peg Morris and Brett Olson rehearse a scene from "Hay Fever." The play is director Aili Smith's second on the MSU campus.

... Fever continued from page 1

as director on the MSU campus, and she could not be more excited.

"It's a wonderful team from actors to designers to production," she said.

This is not the first time the MSU campus has seen "Hay Fever." The MSU actors presented the play, "Private Lives," based on a similar plot, in 1995. An interesting fact is that the piano appearing on-stage during "Hay

Fever" this weekend was also on the stage of "Private Lives" in 1995.

Catch "Hay Fever" tonight until Saturday at 7:30 p.m., and Sunday at 2 p.m. in Harnett Hall's Aleshire Theater. For reservations call 858-3172. Admission is \$6 for adults, \$5 for seniors and students and free with MSU ID for MSU students, faculty and staff.

For further information on "Hay Fever" contact Smith at 858-3865 or aili.smith@minotstateu.edu.



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DATES

July 5-23 at
Minot State University,
State Historical Society of North
Dakota in Bismarck, and historic
Fort James, South Dakota

FOR DETAILS CONTACT

Mark Timbrook,
Memorial Hall, Room 122
or call 858-3832.

www.minotstateu.edu



... Squeaky
continued from page 6

very good friend, Johnny Squeaky.' The family's hands are tied. They can't expose Johnny's deception without revealing their own unscrupulous activities," Davidson said.

"It's about the true meaning of family and family values ... and a lot of other things are in there, too. It's got death, tragedy, love, prairie dogs, bowling and family feuds. It's a love story, it's a tragedy, and it's a self-help book. It's a celebration of rural heritage in America. It could happen anywhere from North Dakota to West Texas," Watson said.

During the presentation, Davidson will speak about the history of the play and the creative processes behind it, and Watson will perform some of the songs.

"Hopefully, we'll have some members in the audience who will be willing to get up on stage and act out a key scene or two," Davidson said.

The event is free and open to the public.

CORRECTION

In a Brown Bag Book Talk story that ran Feb. 18, Jane laPlante was incorrectly listed as Susan LaPlante. Attendees may bring their lunch but dessert is no longer provided. Comments and remarks were incorrectly attributed to Susan Podrygula and laPlante in the article. The Red & Green regrets the error.

C.L. Lindsay returns to Minot State

Joe Davis
Staff Writer

Your Facebook page may not be as secure as you think. A guest speaker at Minot State University will prove that by sharing private information at a presentation at 8 p.m. Thursday, Feb. 25, in Ann Nicole Nelson Hall.

C.L. Lindsay, popular student rights advocate, will discuss the dangers of social networking sites. Using humorous depictions of action figures and photos of unsuspecting audience members, Lindsay shows how Facebook and MySpace posts can damage students' future employment opportunities and even warrant discipli-

nary legal actions. He will show that college students often are not aware of how accessible their online information may be, even when their social networking page is set up to be private.

Lindsay is the author of "The College Student's Guide to the Law: Get a Grade Changed, Keep Your Stuff Private, Throw a Police-Free Party, and More!" He also founded the Coalition for Student & Academic Rights (CO-STAR), an organization that assists college students with legal problems for free.

Ann Rivera, MSU Student Activities, said Lindsay visited the campus last April, but

the student turnout was not large.

"However," she said, "the students who attended got a lot out of it, so we invited him

to return."

The presentation is free and open to the public. Students can receive mentorship credit for attending.



**You could win
one of 10 hooded sweatshirts
from the MSU Bookstore!!**

**Students - go to your
my.minotstateu.edu e-mail
to complete the
"MSU Student Health Assessment."
Survey ends March 1**

By taking the survey, you'll be entered into the drawing to win, plus you will be helping MSU provide health and wellness education that is better suited for your needs.

**AMERICAN COLLEGE HEALTH ASSOCIATION
NATIONAL COLLEGE HEALTH ASSESSMENT**

**MSU STUDENT HEALTH CENTER
LURA MANOR (SOUTH ENTRANCE) 858-3371**

THE SHACK — BOOK DISCUSSION GROUP



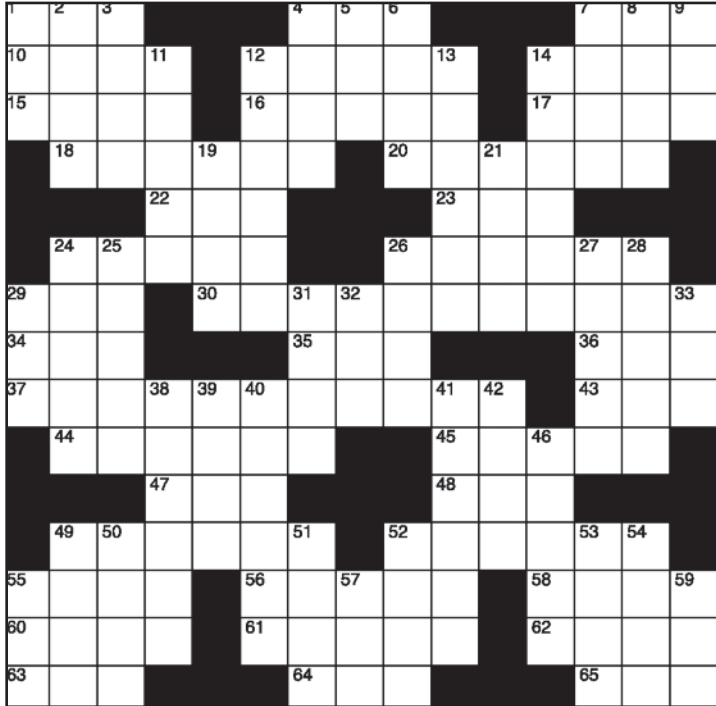
Join Lutheran Campus Ministry as we gather to discuss the book "The Shack" by William P. Young. "The Shack" is a book that brings up great questions about faith and life. You need not have read the book to attend the first gathering.

Bring your own copy of "The Shack" and come for great discussion and treats.

**Monday evenings starting March 1, 7:30 p.m.
Agustana Lutheran Church
(across from Lura Manor)**

Sponsored by Lutheran Campus Ministry, 839-3949

Crossword puzzle



CLUES ACROSS

1. Business tycoon Turner
4. Cost per thousand
7. Digested
10. Expression of sorrow
12. Chases away
14. Away from wind
15. High, low or rip
16. Indian drum instrument
17. Auld ___syne
18. Arranged by size
20. Filled with fear
22. Make a mistake
23. Atmosphere
24. Clear wrap
26. About a bromegrass
29. Game where "you're it"
30. 3rd Monday in April
34. Health insurance organization
35. Tear
36. ___ Dhabi, UAE capital

37. Killjoy
43. Command right
44. A long noosed rope used to catch animals
45. Klaipeda
47. ___omb: assuredness
48. A sheep's cry
49. In a way, hosted
52. Baby walk
55. Suffix expressing capacity
56. Edible lily bulbs
58. Swiss river
60. Buddies
61. Spanish appetizers
62. Missing soldiers
63. Point midway between NE and E
64. National security department
65. Reciprocal of a sine

CLUES DOWN

1. Make lacework
2. Ancient Olympic Site
3. Construction groove
4. African nation
5. Letter box
6. Ocean sunfish
7. Jai ____, sport
8. Be inclined
9. Records brain currents
11. More dried-up
12. Tern genus
13. Urban definition of "cool"
14. Signals warning of danger
19. Sandy golf hazard
21. Wild disturbance
24. Language of Sulu islands
25. Ancient Athenian marketplace
26. British Institute of Professional Photography (abbr.)
27. Saying
28. An identifying marker
29. Thrust horse power (abbr.)
31. A gait faster than a walk
32. ___ de Janeiro
33. Cantonese dialect
38. Scarcely detectable amounts
39. Expression of surprise
40. Most fair
41. A way to imprint
42. Make sense of writing
46. A woman of refinement
49. Abba ____, Israeli politician
50. Young woman (French)
51. Not alive
52. More terrestrial frog
53. Worldly rather than spiritual
54. Amounts of time
55. Copy another's behavior
57. Central mail bureau
59. Top left corner key

SUDOKU

			4				8	3
		7	8	5				
9			1					
3					6			
				9		1		
2	6		5					4
		2						
	1	9				4	6	7
		4				3		2

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

2	6	3	5	1	9	4	7	8
7	9	3	8	2	6	1	5	4
4	6	7	4	8	5	1	3	9
1	9	7	4	8	5	3	1	6
2	6	8	5	3	1	9	7	4
7	4	5	2	6	8	1	3	9
3	6	1	7	4	6	5	2	8
9	8	3	1	6	7	2	4	5
4	2	7	8	5	3	6	1	9
1	5	6	4	2	9	7	8	3

ANSWER:

PUZZLE SOLUTION

T	E	D			C	P	M			A	T	E					
A	L	A	S		S	H	O	O	S		A	L	E	E			
T	I	D	E		T	A	B	L	A		L	A	N	G			
		S	O	R	T	E	D			A	F	R	A	I	D		
				E	R	R				A	I	R					
		S	A	R	A	N				B	R	O	M	A	L		
T	A	G			P	A	T	R	O	I	T	S	D	A	Y		
H	M	O					R	I	P				A	B	U		
P	A	R	T	Y	P	O	O	P	E	R			G	E	E		
		L	A	R	I	A	T				M	E	M	E	L		
				A	P	L					B	A	A				
		E	M	C	E	E	D				T	O	D	D	L	E	
A	B	L	E			S	E	G	O	S			A	A	R	E	
P	A	L	S			T	A	P	A	S			M	I	A	S	
E	N	E						D	O	D					C	S	C

Lady Beavers dominate Clippers



Senior Sam Medcalf (center) drives to the hoop during last week's home game in the Dome. MSU played the Briercrest College Clippers in nonconference play.

Photo by Jesse Kelly



Lauren Safranski (No. 45) guards a Clipper during last week's game in the Dome. The Beavers won, 100-38.

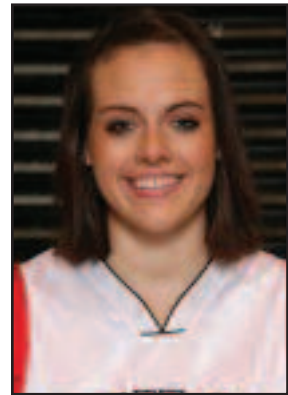
Photo by Jesse Kelly

Mack surpasses thousand mark

(MSU Sports Information Office) — Minot State University senior MacKenzie Mack wasted little time with her quest to score 1,000 career points on the road playing Black Hills State University.

Mack, who came into the game with 984 points, hit for 17 points in the first half to become just the eighth MSU player to reach the milestone.

Mack was named the Dakota Athletic Conference Women's Basketball Player of the Week for the third time this season.



Mack

Men, women in DAC basketball tournament

Both the men's and women's basketball teams played last night in quarterfinal games of the Dakota Athletic Conference tournament.

Because of print deadlines, the Red & Green was unable to provide results of those games in today's paper. Results will be in the March 4 issue.

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Sexual assault on campus

Men and women increasing education to prevent sex crimes

(Student Health 101) — In the past, sexual violence education was directed at pointing out the negative behavior of men committing sexual assault, even though the majority of men have never committed a sexual crime. Programs now are beginning to change. These new programs help teach men the basics about sexual assault and consent, but more importantly how to break the cycle of sexual assault at college by confronting stereotypes, speaking out and education.

“There are a lot of men out there who are not committing sexual assault, but they’re not standing up to sexual assault either,” Joseph Vess, director of training and technical assistance for “Men Can Stop Rape” said. “We approach men as potential allies for preventing sexual assault rather than as possible perpetrators of sexual assault.”

“Men Can Stop Rape” teaches men to speak up when they see unacceptable behavior from their peers, such as when a friend is about to go home with an intoxicated woman.

“It might seem negative at the time, but you’re actually helping two people in terms of preventing a man from possibly doing something really stupid that could affect the rest of his life, and for the woman, who is about to have a really terrible experience,” Vess said.

This trend toward getting men involved is truly a national one. Diane Dahm ran a program as part of the Pennsylvania Coalition Against Rape last year called “Men Can Stop Violence.”

“From my own perspective, 10 years ago when I was in college, there were no men at all in the programs; it was unheard of,” Dahm said. “Now when I go to colleges, I see a lot of them have a ‘men against sexual violence’ group.”

These groups often advise guys to talk to women honestly and openly about their expectations on a date or in a relationship, be aware of treatment toward women and to challenge stereotypes and sexist behavior from others.

“We’re just reaching out to men and making sure they’re involved in our outreach programs,” Dahm explains.

Knowledge Makes a Difference.

One out of four college-aged women will be the victim of attempted or completed rape by the time she graduates, according to a 2000 study by the Department of Justice. While two-thirds of victims in the study reported telling another person, fewer than 5 percent of completed and attempted rapes were ever reported to police. In a Student Health 101 survey of 1,000+ college students, 54 percent said that sexual assaults were a problem at their campus and 46 percent knew someone who had been sexually assaulted. Here’s what college men can do to help.

Know What Sexual Assault Is And Who Is Doing It.

Not knowing or not understanding what defines a sexual assault is a common problem, Michelle Issadore, assistant director of the women’s center at Lehigh University in

Bethlehem, Pa., said.

“People don’t know their state’s definition, they don’t know their school’s definition, and more importantly than that, they might not just understand personally what that means for the person that they’re with,” Issadore said. “Do you really want to be committing a crime against another person when you don’t want to be or mean to be?”

Students can find out their own state’s laws by calling a local or national crisis center, but sexual assault is generally defined as unwanted sexual contact through physical force, threats, or intimidation. Sexual assault also includes sexual contact with someone unable to give consent, such as an intoxicated or incapacitated person.

Surprisingly, most sexual assaults are not at the hands of strangers, but by people the victim already knows. According to a Department of Justice survey, about 9 in 10 of sexually victimized college women were assaulted by people they knew – boyfriends, classmates, friends, acquaintances, and coworkers.

Know What Consent Means.

“Silence does not mean consent,” Betsy Cracco, assistant director of counseling and mental health services at University of Connecticut in Storrs, said. She is the former violence against women prevention program coordinator.

“‘No’ means ‘no,’ but you really need to have heard ‘yes’ or have gotten a clear, actively given, verbal or non-verbal ‘yes’ before you proceed with

sexual contact.”

Cracco said consent may be especially unclear when alcohol or drugs are involved, because someone who is intoxicated or incapacitated, voluntarily or involuntarily, cannot give consent. In the same Student Health 101 survey, 66 percent of respondents said they knew someone who had been taken advantage of after consuming too much alcohol and 57 percent said they had heard of incidents involving date-rape drugs on or near campus. Having a sip of alcohol would not rule out consent, but when alcohol is involved, it is better to err on the side of caution.

“A common reaction is for someone to freeze up and not participate, which signifies a lack of consent,” Issadore says. “Giggling when someone is nervous could be a signal of a lack of consent. Consent to one

sex act does not mean consent to sexual intercourse.”

Change Campus Climate.

Cracco says changing the campus climate and the way people talk, think and act about issues of equality, gender, sexism and patriarchy is essential to stop sexual assaults from occurring.

According to Issadore, identifying and challenging people who use offensive terms, hold misogynistic views, or act inappropriately, will move us away from a culture that normalizes and legitimizes sexual assault and misconduct.

“The language we use, sort of the locker room talk, exists on a continuum where violence against women is at the other end,” Issadore said. “Part of becoming an educated person and becoming an adult is learning in college that it’s not OK to do that.”

Did you know?

(Metro Services) — Many people equate sleeping disorders to insomnia, or having trouble getting to or staying asleep. However, sleep disorders are varied and far-reaching.

One division of sleep disorders is parasomnia, or undesired effects that come with sleep. This includes sleep walking, sleep eating, talking in sleep, or confused arousal, or when a person doesn’t know where he or she is upon being awakened.

Generally these disorders occur during the first third of sleep, or during the slow-wave cycle during sleep. Individuals who exhibit parasomnias may be aggressive during these times or engage in inappropriate behavior. They may say or do something that seems offensive. There is the potential of injury to the individual himself or a bed partner.

Sleepwalking is a common parasomnia for children and generally resolves itself by the teen years. If a sleeping disorder is disrupting a person’s life, he or she should speak with a doctor.

... Salamander
continued from page 5

his choice before the move.

"We said, 'Well we can take anything for one year.' Then we moved to Jamestown and said, 'Wow! North Dakota's cool.' When I was in Iowa, we were always looking for a job back in the Dakotas."

This "odd job" is not limited to biology or science majors. The position is open to anyone who is interested. Students can set their own hours and earn from \$12-\$14 an hour.

Beachy describes the students that best fit the position.

"They're independent," he said, "self-motivated, and not afraid to get muddy or wet."

To further entice students Beachy tells them, "This is a great department, the best department to work in on campus. All of the professors are lively and actively engaged in their business and, as a result, all of the students are, too."

Anyone interested in the research project or this odd job can contact Beachy in his office on second floor of Cyril Moore Science Center. For more information, log on to Beachy's Web site at minotstateu.edu/biology/beachy_01.shtml.



Chris Beachy, biology instructor, puts one of many salamanders back into a cooler. Students serve as salamander caretakers in this on-campus odd job.

Photo by Hannah Rude

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