

## Regional Community Resource Guide

### Addiction Treatment, Medication, Psychological Testing & Therapy Providers

Agency	Address	Phone	Services
	All locations are in Minot, unless otherwise noted		Services & providers subject to change without notice
ADAPT	2001 8 <sup>th</sup> Avenue SE, Suite A <a href="http://adaptincnd.com/minot-office/">http://adaptincnd.com/minot-office/</a>	701-858-9026	Parenting classes, Grief Groups, Domestic Violence & Addiction Services
Bob Hayes Addiction Services	1809 South Broadway, Suite G	701-838-1422	Addiction Services
Bright Path Pediatric Therapy • Sommer Mosser MS, OTR/L	600 22 <sup>nd</sup> Avenue NW, Suite 2 <a href="mailto:sommer.brightpath@gmail.com">sommer.brightpath@gmail.com</a>	701-721-1200	Occupational Therapy Also located in the suite: Colleen Hermanson, Speech Language Therapy
Charlene Bruley PHD, LICSW	308 2 <sup>nd</sup> Avenue SW	701-838-4632	Therapy
Cheryl Vaudt, LICSW	24 North Main Street, Suite H <a href="https://www.cherylvaudt.com">https://www.cherylvaudt.com</a>	701-858-1756	Therapy (EMDR)
Child & Adolescent Psychological Services • Dr. Stacy Slaughter, PsyD Clinical Psychologist	1809 South Broadway, Suite Z	701-721-0480 701-838-3576 (Fax)	Treatment of emotional, behavioral & mental health disorder in children, adolescents & families. Therapies provides: CBT, TF-CBT, Play, Behavioral, Supportive & Person Centered
Community Medical Services	300 30 <sup>th</sup> Avenue NW, Suite D <a href="http://communitymedicalservices.org">http://communitymedicalservices.org</a>	701-858-1801	Addiction Treatment – Outpatient Services Methadone Treatment Center
Cornerstone	1705 4 <sup>th</sup> Avenue NW <a href="http://www.eatonandassoc.com/cornerstone-addiction-services">http://www.eatonandassoc.com/cornerstone-addiction-services</a>	701-839-0474	Anger Management & Addiction Services
CAPH – Child & Adolescent Partial Hospitalization (Trinity)	420 3 <sup>rd</sup> Street SE <a href="http://www.trinityhealth.org/behavioralhealth_svs">http://www.trinityhealth.org/behavioralhealth_svs</a>	701-857-2717	Day treatment for youth with serious emotional & behavioral issues. Monday-Friday for 4-6 weeks.
Dakota Family Services • Dr. Martinsen, MD, MSW Psychiatrist • Dr. Meryl Willert, Ph.D. Psychologist • Tammy Uleberg, FNP • Dr. Katie Nylander • Christie Wilkie, LICSW	6301 19 <sup>th</sup> Avenue NW <a href="http://dakotafamilyservices.org">http://dakotafamilyservices.org</a>	701-837-6508	Therapy, Medication & Psychological Evaluations (including TOVA testing)
Dr. L Mark Bell • Mark Bell, Psychiatrist • Zane Zulegar, CNS	601 18 <sup>th</sup> Avenue SE	701-852-8798	Medication management
Eaton and Associates • Timothy Eaton, PhD Clinical Psychologist • Dr. Deon Mehring, PhD Clinical Psychologist • Mary Solberg, LICSW Therapist • Melissa Flood, LICSW Therapist • Linda Berdahl, M.S, LAC Addiction Counselor	1705 4 <sup>th</sup> Avenue NW <a href="http://www.eatonandassoc.com">http://www.eatonandassoc.com</a>	701-839-0474	Therapy, Medication, Psychological Evaluation, ADHD Testing and Addiction Counseling
Goodman Addiction Services	1809 South Broadway, Suite S	701-839-0474	Addiction Services <b>**Open Access time M-TH 8am-10am</b>

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If you have suggestions or revisions, please contact Michelle Irmen at 701-595-0775 or [michelle.irmen@ndmdec.com](mailto:michelle.irmen@ndmdec.com).

Updated by Michelle Irmen @ Mid-Dakota Education Cooperative (MDEC), 01/05/2018

Heather Kippen, LICSW	24 North Main Street, Suite G	701-839-3909	Therapy
Julie Rickert, PsyD, UND Center for Family Medicine	1201 11 <sup>th</sup> Avenue SW <a href="http://www.med.und.edu/orgs/center-for-family-medicine-minot/">http://www.med.und.edu/orgs/center-for-family-medicine-minot/</a>	701-858-6700	Psychological Evaluations, Therapy
Laura Siercks, LICSW	1809 South Broadway, Suite Z	701-263-1298	Therapy
Lutheran Social Services	1905 2 <sup>nd</sup> Street SE, Suite 1B <a href="http://www.lssnd.org/">http://www.lssnd.org/</a>	701-838-7800	Gamblers choice, Adoption option & pregnancy counseling, In home family based therapy, Child care aware referrals, Domestic Violence group for offenders
Minot Center for Pediatric Therapy	2201 36 <sup>th</sup> Avenue SW, Suite B <a href="http://www.minotcpt.com">www.minotcpt.com</a>	701-837-9801	Occupational Therapy (OT), Speech Therapy
North Central Human Service Center (NCHSC) Therapy • John Butgereit, Supervisor • Jennifer Getz • Joni Heine • Virginia Dohms  <u>Psych Evals</u> • Paulette Aasen  <u>Medications</u> • Dr. Thomas Eick • Dr. Jallen  <u>Partnership Staff</u> • Shannon Ostrom, Supervisor • Kayla Beck • Annika Drouin • Briana Eman • Pam Faulhaber • Kristen McKinzie • Rebecca Rose  <u>TIP Staff</u> • Heather Erickson-Wold, Sup • Rebecca Rose	1015 South Broadway, Suite 18 <a href="http://www.nd.gov/dhs/locations/regionalhsc/northcentral/">http://www.nd.gov/dhs/locations/regionalhsc/northcentral/</a>  <b>NCHSC Open Access Clinic</b> (In order to get an initial appointment for Therapy or Addiction Services, a person must first come in through the open access clinic.) <b>Monday – Thursday from 8-10:30</b>	701-857-8500 This # is also used for 24 hour Mental Health Assistance	Therapy, Medication, Psychological Testing, Addiction Treatment (day treatment & individual services), Development Disabilities Program Management, SMI (serious mental illness) Case Management, Partnership Program, TIP (Transition to Independence Program), Aging Services, Kay's Place <u>Groups</u> • STARS – Skills to Achieve Regulation & Success • CBT – Cognitive Behavioral Therapy • DBT – Dialectical Behavioral Therapy • SPARCS – Structured Psychotherapy for Adolescents Responding to Chronic Stress • Turning Points – Nonviolence Curriculum for Women <b>**Sliding fee scale**</b>
Northern Plains Children's Advocacy Center • Heather Kippen, LICSW • Tricia Baldwin	20 1st Street SW, Suite #202 <a href="http://www.northernplainscac.org">http://www.northernplainscac.org</a>	701-852-0836	Forensic Interviewing, Family Advocacy, Support Groups (for caregivers of victims), Therapy
Northland Health Center • Laura Larson, MS, LPCC • Missy Gartner, MS, LPCC • Jenny Hills, LICSW • Rochelle Nyberg, MS, LICSW	1600 2 <sup>nd</sup> Avenue SW, Suite 19 <a href="http://www.northlandchc.org">http://www.northlandchc.org</a>	701-852-4600	Therapy and Medication <b>**Sliding fee scale**</b>
PATH	1425 21 <sup>st</sup> Avenue NW, Suite A <a href="https://www.pathinc.org/">https://www.pathinc.org/</a>	701-839-8887	Treatment foster care, Family Support Program, Transition and Assessment Program (TAP), Adults Adopting Special Kids (AASK)
Pospishil and Associates • Charles Pospishil, LICSW • Erin Thuner, LICSW • Brenna Thompson, LCSW	1425 21 <sup>st</sup> Avenue NW, Suite C (Erin & Charles) 600 22 <sup>nd</sup> Avenue NW, Suite 2 (Brenna)	701-858-0888 (Charles & Erin) 701-818-7727 (Brenna)	Therapy
Prairie Therapy • Kelly Drevecky	3120 4 <sup>th</sup> Avenue NW <a href="http://www.prairietherapy.com">www.prairietherapy.com</a>	701-839-1311	Occupational Therapy (OT) & Physical Therapy (PT) Pediatric outpatient clinic that works extensively with Autism Spectrum,

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			Sensory Processing, Developmental Intervention, Neurodevelopmental Technique, Feeding, & other functional skills development.
Premiere Physical Therapy	1715 South Broadway <a href="http://premierphysicaltherapynd.com/">http://premierphysicaltherapynd.com/</a>	701-837-8441	Occupational Therapy (OT) & Physical Therapy (PT)
Psychological Services PC	600 22 <sup>nd</sup> Avenue NW	701-852-9113	Therapy, Psychological Evaluations
Red Door Pediatric Therapy	601 18 <sup>th</sup> Avenue SE, Suite #201	701-852-4230	Occupational Therapy (OT), Speech & Language Therapy • Ages 18 months to 16 years old
Serenity Health Solutions • April Warren, NP-C • Lacey Corneliusen, LICSW	315 Main Street South, Suite 315	701-838-1558	Medication, individual & family therapy
Tammy Ness, LICSW	24 North Main Street	701-839-0151	Therapy
The Burckhard Clinic	315 Main Street South, Suite 315	701-852-5876	Therapy
Tom Clark PhD, MFT	2116 4 <sup>th</sup> Avenue NW	701-838-2442	Therapy, Psychological Evaluations
Trinity Addiction Services	407 3 <sup>rd</sup> Street SE <a href="http://www.trinityhealth.org/behavioralhealth_svs">http://www.trinityhealth.org/behavioralhealth_svs</a>	701-857-2480	Addiction Services
Trinity Health - Occupational Therapy	101 3 <sup>rd</sup> Avenue SW, Health Center West <a href="http://trinityhealth.org/therapy_occ">http://trinityhealth.org/therapy_occ</a>	701-858-5286	Occupational Therapy (OT)
Trinity Riverside Therapists • Bruce Andersen (Ages 14+) • Denise Roerick (Ages 18+) • Denice Wanner (Ages 12 & under) • Jean Frueh (ages 18+) • Lea Johnson (Ages 11+) • Leigh Szczur (Ages 14+) • Liz Larsen (ages 5+) Psychologists • Shana Guilbert (Age 18 & under) Medication Providers • Deidre Richards (13 & under) • Kiley Andreas (Ages 18+) • Mike Dallolio (Ages 18+) • Sheryl Volk (Ages 12+) • Sue Dugan (Ages 18+) • Tonya Anderson (all ages)	1900 8 <sup>th</sup> Avenue SE <a href="http://trinityhealth.org/behavioralhealth">http://trinityhealth.org/behavioralhealth</a>	701-857-5998 Main Desk  701-857-3069 Sonya Anderson, Intake Coordinator	Therapy, Psychological Evaluations, Medication, Parenting classes & Social Skills Groups
Upward Living Inc • Dr. Bob Edwards	312 3 <sup>rd</sup> Street SW	701-852-1170	Therapy (Individual, family and group)
Village Family Service Center • Angele' Curtis, MS, LPC • Kelley Halter, MA, LPC • Kimberly Massine, BA • Lindsey Krueger, MSW, LCSW • Maggie Bohannon, MS, LAPC • Manhattan Jehlicka, MSW, LCSW • Kerste DeCoteau-Wittmayer, MS LAPC	20 1 <sup>st</sup> Street SW, Suite #250 <a href="https://www.thevillagefamily.org/home">https://www.thevillagefamily.org/home</a>	701-852-3328	In-home Family Therapy, Counseling, Family Group Decision Making and Supervised Parenting Time & Child Exchange (see community services section for more info)

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# Community Services

Catholic Family Services	216 South Broadway, Suite 103 – <a href="http://www.catholiccharitiesnd.org">http://www.catholiccharitiesnd.org</a>	701-852-2854	Pregnancy, Parenting & Adopting Program, Counseling, Guardianship, Disaster Response
Community Action	2020 8 <sup>th</sup> Avenue SE – <a href="http://www.capnd.org">www.capnd.org</a>	701-839-7221	<b>Self Sufficiency</b> Self- Reliance, Rep Payee, Budgeting, Shelter Plus Care, ND Cares, Emergency Prescription Assistance, Income Tax Assistance, Individual Development Account (matching funds to help pay for college, start a new business, or 1 <sup>st</sup> time home purchase - \$2:\$1 match – income restrictions apply)  <b>Housing Programs</b> Housing Counseling, Rent & Mortgage Assistance, Home Rehabilitation, Security Deposit Assistance  <b>Emergency Programs</b> Energy Share, Food Pantries, Supportive Services for Veteran Families, Holiday Activities, Weatherization, Emergency Furnace & Water Heater Repair/ Replacement
Companions for Children	308 2 <sup>nd</sup> Avenue SW – <a href="http://www.cfcminot.org">www.cfcminot.org</a>	701-838-5784	Youth Mentoring Program
Dakota Hope Clinic	315 Main Street S, Suite 205 <a href="http://www.dakotahope.org/">http://www.dakotahope.org/</a>	701-852-4673  <b>24 hour Hotline 800-712-4357</b>	Pregnancy medical services (including pregnancy testing & limited ultrasound exams), counseling & education regarding pregnancy & parenting options, prenatal care, parenting & sexual integrity classes, programs to help earn diapers & other necessities. Hotline for pregnancy or sexual health issues.
Developmental Disabilities Regional Office	North Central Human Service Center 1015 S Broadway Suite #18	701-857-8500 701-857-8555 (fax) 701-857-8666 (TTY) 888-470-6968 (Toll Free)	Developmental Disabilities services provide support and training to individuals & families in order to maximize community & family inclusion, independence, & self-sufficiency; to prevent institutionalization; & to enable institutionalized individuals to return to the community. Contact Toni Candrian for new referrals.
Division of Juvenile Services (DJS) • Sydney Hove 857-7720 • Admin Assistant 857-7688 • Tanya Howell 857-7691 • Jessica Wald 328-3936 • Sherri McKittrick 857-7763	1425 21 <sup>st</sup> Avenue NW, Suite B <a href="http://www.nd.gov/docr/juvenile/Community%20Services/offices/ncdjs.html">http://www.nd.gov/docr/juvenile/Community%20Services/offices/ncdjs.html</a>	701-857-7688	Dept of Corrections DJS North Central Division
Domestic Violence Crisis Center (DVCC)	3900 11 <sup>th</sup> Avenue SE <a href="http://www.courage4change.org">http://www.courage4change.org</a>	701-852-2258  Rape Crisis Line <b>857-2500</b>  24 hour DV Crisis Line <b>701-857-2200</b>	Safe home, Advocacy & assistance with obtaining a protection order, Transitional Living Program, Crisis Counseling, Information & Referrals <b>Groups:</b> • Children's Support Group (Ages 4-17) – Thursdays 5-6pm • Sexual Assault Survivors' Group – Mondays 4-5:30pm • Support group for women who have experienced Domestic Violence – Tuesdays (2 groups) 10am-12pm & 6-8pm

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First District Health Unit	801 11 <sup>th</sup> Avenue SW – <a href="http://www.fdu.org">www.fdu.org</a>	701-852-1376	STD Testing, Family Planning, High Priority Infants, Immunizations, Health Tracks, Optimal Pregnancy Outcome Program, School Health, Tobacco Prevention, WIC
First Link	P.O. Box 477, Fargo, ND 58107-0447 <a href="http://myfirstlink.org/">http://myfirstlink.org/</a>	<b>211</b> 24 hr helpline	FirstLink assists people to identify, access & make effective use of community & volunteer resources 24 hours a day.
Lutheran Social Services	1905 2 <sup>nd</sup> Street SE, Suite #1B <a href="http://www.lssnd.org/">http://www.lssnd.org/</a>	701-838-7800	Gamblers choice, Senior companion program, Adoption option & pregnancy counseling, Attendant care, In home family based therapy, Child care aware referrals, Violence free program
Men's Winter Refuge	1112 43 <sup>rd</sup> Street SE <a href="http://www.menswinterrefuge.com">http://www.menswinterrefuge.com</a>	701-822-2585	Homeless Shelter for Men – must meet requirements (Nov-April only, from 7:30pm-7am)
Minot Homeless Coalition	105 1 <sup>st</sup> Street SE <a href="http://minotareahomelesscoalition.com">http://minotareahomelesscoalition.com</a>	701-852-6300	Rent or Deposit Assistance, Utility Assistance, Transportation Assistance, Medication Assistance, Identification Assistance, Emergency shelter assistance on rare occasions (they do <b>NOT</b> have a shelter)
Minot Infant Development	Minot State University 500 University Ave. W Minot, ND 58707 <a href="http://www.ndcpd.org/midp/">http://www.ndcpd.org/midp/</a>	701-858-3054  701-858-3483 (fax)  800-233-1737	The Minot Infant Development Program serves infants & children, birth-3yrs, who have or are suspected to have a developmental delay in the areas of learning, speech and language, audiology, fine and gross motor skills, nutrition, or social development. There is no cost to the family for any services offered. The program serves children residing in Bottineau, Burke, McHenry, Mountrail, Pierce, Renville, and Ward counties. Services offered in the areas of evaluation, consultation and parent training.  For more information contact Dianne Bossert, Program Director <a href="mailto:Dianne.bossert@minotstateu.edu">Dianne.bossert@minotstateu.edu</a>
Northland Health Centers	1600 2 <sup>nd</sup> Avenue SW, Suite #19 <a href="http://www.northlandchc.org">http://www.northlandchc.org</a>	701-852-4600	Dental, medical and mental health services <b>**Sliding fee scale**</b>
Salvation Army	315 Western Avenue <a href="http://salvationarmynorth.org/community/minot/">http://salvationarmynorth.org/community/minot/</a>	701-838-8925	Food pantry, Rent & Utilities assistance, Transportation assistance, Prescription assistance, Clothing vouchers, Back to school backpacks with school supplies, Winter coats, Thanksgiving food baskets, Christmas food baskets and toys, Men's & Women's ministries and Youth ministries
St. Vincent De' Paul	Located in St. Leo's Church 218 1 <sup>st</sup> Street SE <a href="http://svdpminot.com/">http://svdpminot.com/</a>	701-833-1269	<ul style="list-style-type: none"> <li>• Food, rent, utilities and other basic needs.</li> <li>• Transportation, including bus vouchers</li> <li>• Emergency Food Pantry</li> </ul>
Suicide Prevention Line	<a href="http://www.ndhealth.gov/suicideprevention">http://www.ndhealth.gov/suicideprevention</a>	800-273-8255	After a suicide toolkit: <a href="http://www.sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkitforSchools.pdf">http://www.sprc.org/sites/default/files/migrate/library/AfteraSuicideToolkitforSchools.pdf</a>
Trinity St Joseph – 3C	407 3 <sup>rd</sup> Street SE <a href="http://www.trinityhealth.org/behavioralhealth_svs">http://www.trinityhealth.org/behavioralhealth_svs</a>	701-857-2360	Inpatient Psychiatric Hospital, 3 <sup>rd</sup> floor
Village Family Service Center	20 1 <sup>st</sup> Street SW, Suite #250 <a href="https://www.thevillagefamily.org/home">https://www.thevillagefamily.org/home</a>	701-852-3328	Therapy, Intensive In Home Therapy, Safe Exchange and Visitation Center
Ward County Juvenile Court • Scott Hopwood – Director • Kristi Chole – Supervisor • Sean Anderson – Court Officer • Justin Beahm – Court Officer • Bill McGrath – Court Officer	225 3 <sup>rd</sup> Street SE – in the Ward County Court House	701-857-6650	Juvenile Court and Probation  Fax #: 857-6664

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## Food and Clothing Pantries

Agency	Address <small>All locations are in Minot, unless otherwise noted</small>	Phone	Services <small>Verify services offered by contacting provider, as they are subject to change.</small>
Glenburn Food Pantry	<b>Glenburn</b>	263-5620	Food Pantry <ul style="list-style-type: none"> <li>• 4<sup>th</sup> Thursday of the month, 4-5pm</li> </ul> Contact person – Jody Spokley
Kenmare Food Pantry	49303 Highway 52 N, <b>Kenmare</b> (West entrance of Creative Industries)	385-4528	Food Pantry <ul style="list-style-type: none"> <li>• 2<sup>nd</sup> Monday of the month, 11am</li> </ul> Contact person - Jane
Our Lady of Grace Church Food Pantry	715 16 <sup>th</sup> Avenue SW	852-3002	Food Pantry (sign up at Community Action) <ul style="list-style-type: none"> <li>• Mon, Tues, Thu &amp; Fri 1-4pm</li> </ul>
Peace Lutheran Church Food Pantry	521 Davis Street, <b>Burlington</b>	852-3880	Food Pantry <ul style="list-style-type: none"> <li>• First Monday of the month 7-8pm</li> </ul>
Salvation Army	315 Western Avenue <a href="http://salvationarmynorth.org/community/minot/">http://salvationarmynorth.org/ community/minot/</a>	838-8925	Food and clothing pantry <ul style="list-style-type: none"> <li>• Monday – Friday 10am-Noon &amp; 1-3pm</li> </ul>
The Lord's Cupboard	1525 W Burdick Expressway <a href="http://www.thewelcometableminot.org/food-pantry.html">http://www.thewelcometable minot.org/food-pantry.html</a>	839-1990	Food Pantry serving Ward County Residents <ul style="list-style-type: none"> <li>• Monday 10am-1pm</li> <li>• Wednesday 1-4pm</li> <li>• Friday 2-5pm</li> </ul>
Velva Food Pantry	Oak Valley Lutheran Church 400 North Main Street, <b>Velva</b> <a href="http://velvand.com/?p=1463">http://velvand.com/?p=1463</a>	500-9877	Contact Whitney  Open the last Tuesday of the month at 6pm.

## Soup Kitchens

Sunday 11:30am - 12:30pm	Seventh Day Adventist	10 17 <sup>th</sup> Avenue SW
Monday 11:00am - 12:30pm	Faith United Methodist serving at Congregational United Church	430 North Broadway
Tuesday 11:00am – 12:30pm	Christ Lutheran Church	502 17 <sup>th</sup> Street NW
Wednesday 11:30am – 12:30	Immanuel Baptist Church	1615 2 <sup>nd</sup> Street SE
Wednesday <b>5:00 – 6:30pm</b>	First Presbyterian Church	1000 3 <sup>rd</sup> Street NE
Thursday 11:30am – 12:30pm	All Saints Episcopal Church	301 South Main Street
Friday 11:30am – 12:30pm	First Lutheran Church	120 5 <sup>th</sup> Avenue NW
Saturday 9:30am – 10:30am	Congregational United Church	430 North Broadway

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