



*SGA President Lindsey Nelson cuts the ribbon to commemorate the Student Wellness Center opening.*

## MSU Student Wellness Center commemorates grand opening

After 10 years of planning, Minot State University students cut the ceremonial ribbon Aug. 23 to mark a new era, featuring a state-of-the-art fitness facility. Speakers included Student Government Association President Lindsey Nelson, MSU President David Fuller, U.S. Sen. John Hoeven, Gov. Jack Dalrymple, State Board of Higher Education member Terry Hjelmsstad and 2007-08 SGA President Wade Regier.

## Volunteers inspire hope

As part of the Sept. 11 remembrance, Stars of Hope will bring national attention to the flood-impacted Souris River Valley.

Thursday (Sept. 6) at 2 p.m., the National 9/11 Flag, which flew over the World Trade Center wreckage site, will arrive by motorcade at Minot State University's Old Main for unfurling and public viewing. Destroyed in the attack and stitched back together by disaster survivors, the flag contains pieces of retired American flags from all 50 states and exemplifies the American people's resilience. The community is invited to attend and to wear patriotic colors. Police



*Undertaking a service project for the flooded North Dakota Prevent Child Abuse agency, SSWO students placed 1,000 pinwheels in Oak Park Sept. 4. The pinwheels represent 1,000 North Dakota children born annually to abusive families.*

## Sept. 5, 2012

### PIO update

Right now, student enthusiasm on campus is palpable. Last week, hurrying to a noon meeting, I mourned a culinary low — lunch was to be Cheetos and a coke. But as I passed through the student Club Fair on my journey across campus, the energy was so pervasive that I was buoyed by the exchange and found myself smiling, despite lunch. Things have been (happily) fast forward since.

Next week (already!) is MSU Homecoming. Wednesday (Sept. 12), MSU hosts the Community Block Party from 5 to 8 p.m. on the Old Main lawn and will have inflatables for the kids, Buckshot Beaver photo ops, games, a musical instrument petting zoo, live music and free food. Load the family van and join us!

Saturday (Sept. 15) the MSU Homecoming Parade starts at 10:30 a.m. and promises to entertain all ages! Also on Saturday, you can watch MSU soccer (11 a.m.), football vs. the University of Sioux Falls (2:30 p.m.) or volleyball (7 p.m.)

For a full Homecoming schedule, go to [www.minotstateu.edu](http://www.minotstateu.edu).

See you there!

— Susan Ness,  
public information director

### NEXT ISSUE

Publications Date: Wednesday, Sept. 19  
Submissions Due: noon, Sept. 12  
Administration, second floor  
Voice: 858-3298 • Fax: 858-4481  
[linda.benson@minotstateu.edu](mailto:linda.benson@minotstateu.edu)  
[www.minotstateu.edu/inside](http://www.minotstateu.edu/inside)

and fire fighters will later escort the flag to the Bottineau Fire Department. The flag tour's goal is to display the historic flag in all the states before putting it on permanent display at the Trade Center Memorial.

MSU will sponsor a community Stars of Hope paint tent Thursday (Sept. 6) on the Old Main lawn, 2:30-7 p.m.

The documentary, "New York Says Thank You," will be shown Thursday (Sept. 6) in Ann Nicole Nelson Hall at 3 p.m. and in Aleshire Theater at 7 p.m. Viewers are asked to bring a food item for the area's food pantries.

Friday (Sept. 7), Minot elementary school students, Minot Boy Scouts and Joplin, Mo., volunteers will paint wooden Stars of Hope to be planted in the valley and Oak Park.

Friday (Sept. 7) and Tuesday (Sept. 11), MSU students, faculty and staff are encouraged to volunteer within the community as part of Days of Service.

To view the updated schedule for MSU Days of Service, visit [www.minotstateu.edu/news](http://www.minotstateu.edu/news).

MSU volunteers can help rebuild the valley by contacting Beth Odahlen, Center for Engaged Teaching and Learning director, at [beth.odahlen@minotstateu.edu](mailto:beth.odahlen@minotstateu.edu).

## Arabic Club advocates understanding

Minot State University's new Arabic Club hopes to promote better understanding of the Muslim community with a cultural event on the 11th anniversary of the Sept. 11, 2001 attacks. The program will be in the MSU Multicultural Center from 3 to 4:30 p.m.

Islam Farag, a Fulbright language teaching assistant from Egypt, and Dr. Badi Alakech, a Minot pathologist and the Minot Mosque leader, will speak briefly about the impact of 9-11 on U.S.-Muslim relations. The Arabic 101 class will prepare Egyptian food.

## Eckmann opens Brown Bag Book Talks with 'Brain Rules'

Terry Eckmann, professor of teacher education and human performance, will discuss "Brain Rules: 12 Principles for Surviving at Work, Home and School" by John Medina Tuesday (Sept. 11) in this academic year's first Brown Bag Book Talk.

People need not read the featured book ahead of time and are encouraged to bring a sack lunch. The book talks, sponsored by the Gordon B. Olson Library, begin at noon and conclude in time for 1 p.m. classes. All are held in the lower level of the library in Group Study Room 2.

## Homecoming 2012: 'MSU DII: The Greatest Show on Turf'

Minot State University Homecoming Week centers on the theme "MSU DII: The Greatest Show on Turf." It officially kicks off Sunday (Sept. 9) and runs through Sept. 15.

"Having a part in such a significant event has been a wonderful opportunity," said Callie Cook, Minot, Homecoming co-coordinator. "I am looking forward to a great turnout from students as well as the community for 'The Greatest Show on Turf.'"

Liz Voss from Loomis, Calif., also coordinates Homecoming activities.

Homecoming begins Sunday (Sept. 9) with the MSU Academic Hall of Fame banquet in the Conference Center at 5 p.m. Inductees are Robert Holmen, mathematics, and Joseph Alme, music.

Monday (Sept. 10), Homecoming candidates will be introduced, and they will campaign.

Tuesday and Wednesday (Sept. 11-12) features student voting for Homecoming King and Queen from 11 a.m. to 2 p.m. in the Quad with musical performances at noon.

For the entire community, Sept. 12 offers the annual MSU Community Block Party, 5-8 p.m., on the lawn in front of Old Main. The Block Party is free and open to the public and is co-sponsored this year by the Minot Young Professional Network. The Block Party will include campus tours, appearances from MSU Beaver student athletes, carnival games with prizes, inflated slides, root beer floats, face painting, a Corvette Club and Dakota Cruisers classic car display, and music by MSU bands. A free dinner will be served by Augustana Lutheran Church.

The Beaver 5K Fun Run/Walk is at 6 p.m. with registration beginning at 4:30 p.m. or by calling Stu Melby, head cross country/track and field coach, at 858-3268. The race is a fundraiser for athletic teams.

Coronation will be on the lawn in front of Old Main at 7:30 p.m.

The traditional Homecoming community bonfire will be ablaze in the Dome's north parking lot at 8 p.m. The campus and community are welcome to support all the student athletes participating in fall sports by cheering on the Beavers and showing school spirit.





For MSU students, Sept. 13 brings music and free food in the Quad, 11 a.m.-2 p.m. The Homecoming Dance at the Grand International will run 10 p.m. to 1 a.m.

To honor donors to the university, the MSU Development Foundation will host a President's Club Luncheon Sept. 13. In the evening, the MSU Alumni Association's Golden Awards banquet will be held in the MSU Conference Center, 6 p.m. The Golden Awards banquet is a night of tribute to the university's most honored alumni and friends. Paul Soderberg and Ray Giacolatti are the 2012 Golden Award recipients, while Kristi Berg will receive the Young Alumni Achievement Award.

Sept. 14 events for students include a caricature artist, music and food in the Quad, 11 a.m.-2 p.m. The Wiley Wilson Memorial cross country race begins at 4:30 p.m. at Wildwood Golf Course in Burlington. The Homecoming Alumni Reunion, open to all MSU alumni and friends of the university, will convene at 7 p.m. at the Holiday Inn-Riverside. This year, special reunion groups include the Tri Sigma Sorority and the '91-'95 football teams.

Homecoming reaches its apex Sept. 15 with the Homecoming Parade at 10:30 a.m. The parade route begins by Thompson Larson Funeral Home, travels Main Street, Central Avenue, Broadway, north over the viaduct to 11th Avenue and to its final destination in the Dome parking lot. A tailgate party will follow in the east lot of the Dome.

In soccer, MSU battles the University of Sioux Falls at Herb Parker Stadium, 11 a.m. The MSU Beavers face off against USF in football at Herb Parker Stadium, 2:30 p.m. During halftime, the Homecoming Royalty, the MSU Marching Band and the '91-'94 football teams will be introduced. At 7 p.m., the MSU Volleyball Team plays the University of Minnesota-Crookston in the Dome.

Most activities are free with MSU student and staff identification. Guests may be charged a nominal fee.

For more information, visit the Homecoming Week website, [www.minotstateu.edu/alumni/homecoming](http://www.minotstateu.edu/alumni/homecoming), or call student activities at 858-3987, advancement at 858-3399 or athletics at 858-3041.

## Beckman discusses energy impact

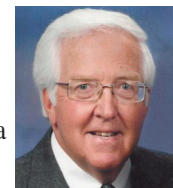
Joanne Beckman, North Dakota energy-impact symposium coordinator, will present "N.D. Energy Development Impact" Sept. 18 as a Northwest Art Center lecture. The presentation is in Aleshire Theater at 7 p.m.

A question-and-answer period and informal reception will follow.

For more information about NAC activities, call 858-3264 or visit its website, [www.minotstateu.edu/nac](http://www.minotstateu.edu/nac).

## MSU Academic Hall of Fame to induct two

Minot State University is honoring two inductees, Robert Holmen, mathematics, and Joseph Alme, music, into its Academic Hall of Fame. They will be recognized Sunday (Sept. 9), 5 p.m., at a banquet in the Conference Center, third floor Student Center. The MSU Faculty Senate chose these individuals from faculty and community nominations to represent a range of outstanding career achievements by MSU alumni.



*Holmen*

MSU students, faculty and staff and community members can also interact with the inductees during Homecoming Week, Sept. 9-15, at events scheduled by participating departments and the Academic Hall of Fame Committee.

Holmen came full circle at Minot State, when he returned to his alma mater in 1963 to begin his 37-year mathematics career. He earned his Bachelor of Science degree in mathematics at then Minot State Teachers College in 1959 and completed a Master of Arts degree in mathematics at the University of Illinois, Urbana, in 1963. Holmen made significant contributions to his field, his students, the department, MSU and hundreds of secondary mathematics teachers. His accomplishments include his outstanding teaching, his close relationship with area mathematics teachers, his service as the Department of Mathematics chair for 25 years, his founding of the Math Track Meet for grades 7-12 and his guiding hand in the development of the Master of Arts in Teaching: mathematics program.



*Alme*

Alme, who joined the music faculty in 2007, left an indelible mark on the Northern Plains' musical landscape, with a 44-year career in music education that encompassed classroom experience as well as administration of the renowned International Music Camp, Dunseith, for 23 years. The music camp brought specialized arts instruction to thousands of students. A lasting legacy of his administration is the Alme International Arts Center at the Peace Gardens. As a music educator and band director, he launched many young musicians' careers. He received a Bachelor of Science in Education from MSU and a Master in Music Education from the University of Northern Colorado, Greeley. His students continue to participate in music as educators, performers and dedicated amateurs. His most recent accomplishment was the re-establishment of the MSU Beaver Marching Band.

Community members and MSU students, faculty and staff and students can obtain banquet tickets by contacting Amy Woodbeck, professional and community education coordinator, at 858-3989 or [amy.woodbeck@minotstateu.edu](mailto:amy.woodbeck@minotstateu.edu). Banquet tickets are \$27 for adults and \$20 for students.

For questions, contact Eric Furuseth, associate English professor and MSU Academic Hall of Fame Committee chair, at 858-3369 or [eric.furuseth@minotstateu.edu](mailto:eric.furuseth@minotstateu.edu).



## Estes returns from Scotland

Adam Estes, Minot State University assistant professor of woodwinds, recently returned from St. Andrews, Scotland, where his chamber ensemble, the Assembly Quartet, presented at the World Saxophone Congress XVI. The quartet's program included "Prodigal Child" by John Fitz Rogers and the world premiere of "Mic Check, a commissioned work by Simon Fink. The prestigious event drew over 1,500 saxophone enthusiasts from all over the world.

The Assembly Quartet is dedicated to educating communities through chamber music. Through performances, clinics and master classes, the ensemble presents a wide variety of musical styles with the highest standards of artistic integrity. For more information on this ensemble, visit <http://www.assemblyquartet.com>.

## New faculty and staff aboard

Minot State University would like to welcome eight new employees, **Ashley Blake, Mary Ann Fetzer, Barbara Johnson, Susan Peterson, LaTosha Pinckney, Amy Roberts, Aubrey Stevens** and **Ely Vargas**.

**Blake**, Registrar's Office administrative assistant, previously worked at The Computer Store in Minot. In July, she married Bobby. She enjoys reading, studying genealogy and scrapbooking.



*Blake*



*Fetzer*

**Fetzer** is a custodian in the Administration Building. She grew up in Mott.

**Johnson**, special education instructor, possesses over 20 years of experience in the special education field. She is a published author, inspirational speaker and co-founder of a camp for children and families affected by



*Johnson*

HIV/AIDS. She was previously an adjunct faculty member. She completed a bachelor's degree in speech-language pathology at MSU and a master's degree in early childhood special education from the University of Colorado, Denver. She and her husband, David, have three children with special needs.



*Peterson*

**Peterson**, assistant social work professor, directs the social work program. She previously taught at Minnesota State University, Moorhead, where she completed her bachelor's degree in social work. She holds a master's degree in social work from the University of Minnesota, Twin Cities. She is a board member for the North Dakota Human Rights Coalition. A mother of two, Peterson, has two grandchildren.



*Pinckney*

**Pinckney**, Center for Extended Learning credit coordinator, is returning to MSU. In the past, she was the Center for Engaged Teaching and Learning tutor/mentor coordinator. She holds a bachelor's degree in psychology and a master's degree in student personnel services from the University of South Carolina, Columbia. She and her husband, Keon, have four children. She enjoys writing, reading and going to the movies with her family.



*Roberts*

**Roberts**, nursing instructor, was previously an adjunct faculty member. An alumna, she has a Bachelor of Science in Nursing from MSU and a master's degree in nursing with education specialization from UND. She and her husband Neil have two children.



*Stevens*

**Stevens**, Office of Enrollment Services office manager, moved to Minot from Utah. She earned an associate degree from Dixie State College, St. George, Utah, and a bachelor's degree from Utah Valley University, Orem. Her husband, Cordell, works in the energy industry, and the couple loves being outdoors skiing, snowboarding, rock climbing or hiking.

**Vargas** is a teacher education instructor in the College of Education and Health Sciences.

## MSU's Futurepalooza grows

Futurepalooza, an annual signature event, showcases professionals and post-secondary schools highlighting career and educational opportunities for high school students. Minot State University will host Futurepalooza Sept. 18 in the Dome. Exciting presentations and informational booths will be free and open to students, parents and community members from 9:15 a.m. to noon.

"Futurepalooza could be one of the most important events students attend this year," said Kevin Harmon, assistant vice president for enrollment management. "We have experts from a wide variety of career fields and every North Dakota higher



education institution in the same place, at the same time!”

Laura Entzel, coordinator, Student Loans of North Dakota, is the keynote speaker. A round table session will have 40 presenters.

“We have 40 professionals from 16 career clusters, who will sit down for three 18-minute sessions with the students,” said Derek Van Dyke, admissions counselor and Futurepalooza organizer. “They will talk about their education backgrounds and the steps they took to achieve success in their professions.”

Post-secondary schools from across the region will also exhibit at the event. These include 38 colleges, universities, institutes or academies from North Dakota, Minnesota, South Dakota, Manitoba, Montana, Nebraska and Wyoming.

Organizers expect Futurepalooza to be even bigger than last year, with more than 600 students from 18 area schools planning to attend.

For questions, contact Van Dyke at 858-3351 or [derek.vandyke@minotstateu.edu](mailto:derek.vandyke@minotstateu.edu).

## **Native Andean instruments analyzed as part of Hispanic Heritage Month**

To commemorate Hispanic Heritage Month, Oscar Rios Pohirieth, a professional musician, will give a presentation and two workshops Sept. 19 at Minot State University. Pohirieth analyzes the history, development and playing techniques of various Native Andean instruments such as the zampoñas (Andean pan pipes), the auena (a recorder-like flute) and the bombo (drum from African influence). Through this process, he hopes to create curiosity, cooperation and collaboration for exploring new music and culture.

MSU Spanish Club is sponsoring the presentation and workshops, which are all open and free to the public. The presentation will be in Ann Nicole Nelson Hall at 7 p.m. The workshops are in Hartnett 329 at noon and 2 p.m.

For questions, contact Paul Cristofaro, assistant Spanish professor, at 858-4048 or [paul.cristofaro@minotstateu.edu](mailto:paul.cristofaro@minotstateu.edu).

## **Wellness works**

### **Weight management combats obesity**

The prevalence for obesity has increased markedly for both adults and children over the past few years.

North Dakota was named the 21st most obese state in the country, according to the eighth annual “F as in Fat: How Obesity Threatens America's Future 2011,” a report from the Trust for America's Health and the Robert Wood Johnson Foundation. The adult obesity rate is 28 percent — 64.7

percent of North Dakota adults are either overweight or obese in comparison with the national rate of 63.7 percent.

Whether an individual is trying to lose weight or gain weight, the Weight Management Club could be an answer. Its fall kick-off meeting is Sept. 12 in the Souris Room at 8:30 a.m. The MSU Wellness Club meets every other Wednesday morning for 30 minutes to offer strategies for success and group support with focus on long-term success towards a healthy weight. This year's discussion topics will include assessing readiness for weight loss, strategies for success, energy density and weight loss and emotional eating.

To join, contact Caren Barnett, Student Health Center director, at 858-3371 or [caren.barnett@minotstateu.edu](mailto:caren.barnett@minotstateu.edu).

For questions, contact Caren Barnett, Student Health Center director, at 858-3371.

## **Announcements**

### **Self-defense workshop for women offered**

The Student Success Center and POWER Center are sponsoring “A Self-Defense Workshop for Women” Thursday (Sept. 6) at 7 p.m., located in the Swain Hall Pedagogy Lab. Richard Seklecki, associate criminal justice professor, will lead this workshop. Wear athletic/tennis shoes and loose clothing. Please sign up with a partner; register with SSC at 858-3362.

This workshop will help women develop body language to avoid being a victim and build self-confidence. Learn simple, effective self-defense techniques. Self-defense can be a key survival skill in an emergency situation. Knowing a few simple principles and moves will allow women to handle themselves in moments of panic and stress. Be prepared!

— *Ann Bougard, SSC administrative secretary*

### **Native American Center hosting open house**

Minot State University's Native American Center is hosting an open house Monday (Sept. 10) from 8 a.m. to 4 p.m. Visit the center to learn what is new, exciting and happening and enjoy refreshments. For questions, contact 858-3365 or [annette.mennem@minotstateu.edu](mailto:annette.mennem@minotstateu.edu).

— *Annette Mennem, Native American Center director*

### **In the galleries**

Sept. 5-6 — Print exhibit by artist Angela Young, of Tempe, Ariz., Library Gallery.

Sept. 5-26 — “Americas 2012: All Media,” a national juried competition with juror Travis Head, Hartnett Gallery.

Public receptions for both exhibits are Thursday (Sept. 6) from 6:30 to 8 p.m.

## Faculty and staff achievements

*The Office of Public Information proudly shares the many accomplishments of faculty and staff with the campus community in every issue.*

MSU faculty and staff **Alan Ekblad, Patti Fedje, Diann Hanson, Jennifer Hefter, Deb Jensen, Evelyn Klimpel, Patti Kurtz, Mary Mercer, James Ondracek, Long Pham, Young Son, Deb Townsend** and **Johnna Westby** successfully completed “Blackboard Learn Familiarization Development”

with the Office of Instructional Technology in preparation of moving to the new campus LMS in January 2013.

**Roger Kluck**, assistant vice president for facilities management, will receive an Eagle Award from the Minot Area Chamber of Commerce Tuesday (Sept. 11). The program recognizes Minot area employees who display excellence in customer service.

**Lori Willoughby**, business information technology professor, will preside over the International Association for Computer Information Systems’ 52nd annual international conference. The conference is Oct. 3-6 in Myrtle Beach, S.C.

**Minot State University mission:** Minot State University is first and foremost dedicated to the success of all students: their growth and development as educated citizens, their confidence, and their life-long devotion to the common good and the welfare of others.

Non-Profit Org  
U.S. Postage  
**PAID**  
Permit No. 13  
Minot, ND 58701

Public Information Office  
500 UNIVERSITY AVE W  
MINOT, ND 58707

Minot State  
UNIVERSITY

