



Minot State
UNIVERSITY

INSIDE

Public Information Office

A NEWSLETTER FOR EMPLOYEES AND FRIENDS OF MINOT STATE UNIVERSITY



June 13, 2012

PIO update

June 22 will observe a moment in history many Minotors are likely to never forget. Some moments are like that; cataclysmic tears in the daily fabric that leave defining “before” and “after” scars. Ask any Baby Boomer where they were when JFK was shot, and watch their eyes glaze as they recall their exact whereabouts that very day decades ago. Mention last summer’s city sirens that belted “Get Out Now!” and feel your neck hairs rise, as your throat tightens, your stomach drops and your heart breaks all over again. Fifty years ago or one, things will be forever changed.

English novelist George Eliot wrote the strongest principle of growth lies in the human choice, and she was right. On June 23, enjoy the festivities in Oak Park and the Scandinavian Heritage Park, as we honor the struggles of the past year, and celebrate the collective choice to advance toward something greater than we can imagine.

— Susan Ness,
public information director

NEXT ISSUE

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‘Lucky Stiff’ opens Summer Theatre

Minot State University Summer Theatre's calendar begins with the musical "Lucky Stiff," which runs through Sunday (June 17). The show is directed by Kevin Neuharth, artistic director, and all performances begin at 8:30 p.m.

Based on the novel “The Man Who Broke The Bank At Monte Carlo,” this musical story revolves around an unassuming English shoe salesman, Harry Witherspoon, who is forced to take the embalmed body of his recently murdered Atlantic City uncle, Anthony Hendon, on a vacation to Monte Carlo. Should he succeed in passing his late uncle off as alive, Witherspoon stands to inherit \$6 million. If not, the money goes to Uncle Tony's favorite charity, the Universal Dog Home of Brooklyn. Zany characters and clever songs make “Lucky Stiff” a crowd pleaser for all ages.

Season 47's other scheduled productions include “Love, Sex and the I.R.S.,” a comedy farce, June 23-27; “Breaking Up is Hard to Do,” a musical, July 7-11; and the musical “Crazy for You,” July 19-24.

Ticket prices are \$10 for deck seating; \$8 for adults; \$7 for seniors and high school students; \$5 for children ages 12 and under; \$3 for MSU faculty, staff and summer students.

To make reservations, call the box office at 858-3228. Please note, the reservation line is not part of the university extension system, so individuals must dial the entire number.



MSU hosting Flag Day ceremony

Minot State University Veterans Center will host the Minot American Legion Post 26 to perform a flag ceremony to properly dispose of unserviceable flags. The ceremony is scheduled on Flag Day (June 14) in front of Old Main, 11 a.m. The United States Flag Code states: "The flag, when it is in such condition that it is no longer a fitting emblem for display, should be destroyed in a dignified way, preferably by burning."

In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day, and in August 1949, National Flag Day was established by an Act of Congress. Flag Day is a day for all Americans to celebrate and show respect for the flag, its designers and makers. Our flag is representative of our independence and our unity as a nation — one nation, under God, indivisible. Many people have died protecting it. It even stands proudly on the surface of the moon. National Flag Day gives Americans an opportunity to pay tribute to their flag, the ideals it stands for and the sacrifices made to preserve them.

Everyone is welcome to attend the ceremony and show respect for the flag.

For more information, contact david.klassy@minotstateu.edu.



DCM brings chamber music lovers together

The Dakota Chamber Music is commemorating its 16th season through Sunday (June 17). The institute brings professional artists together with talented and motivated students and adults for intensive study and performance.

Minot State University's resident trio, Luminus, forms the core of the 2012 DCM faculty. Erik Anderson, cello; Jon Rumney, violin; and Dianna Anderson, piano; comprise the trio.

Generally, chamber music includes any music performed by a small number of performers with one performer to a part. The word "chamber" indicates the music be performed in a small room, often a private salon with an intimate atmosphere. However, by definition, it usually does not include solo instrument performances.

The DCM faculty concert will be Thursday (June 14) in Ann Nicole Nelson Hall at 7:30 p.m. Luminus will be joined by guest faculty Tim Nelson, Sean Neukom and Andrew Smith. Tickets for the faculty concert are \$10 for adults and \$5 for students and can be purchased at the door.

The student and adult ensembles will perform the annual Gordon B. Olson Library concert Friday (June 15) at 11 a.m. Then all participating ensembles will present a final concert of music they have worked on during the institute Sunday (June 17) in Nelson Hall at 1 p.m. The library and final concerts are free and open to the public.

Nelson is currently the orchestra teacher at South High School in Fargo, principal violist with the Fargo-Moorhead Symphony, violist with the FM Symphony's 8th Street Quartet and an adjunct viola instructor at Minnesota State University, Moorhead.

Neukom, an MSU alumnus who lives in Pittsburgh, is a musician and composer. His live performances and compositions educate about the significance of classical music in today's society and the importance of music programs in school systems.

Smith, associate professor of music at the University of Nevada-Las Vegas, performs regularly as a cellist of UNLV's The Cerberus Trio. He joined the Las Vegas Philharmonic as principal cellist in 2008.

Each year, DCM draws more than 50 musicians, high school through adult, from around the region to study and perform chamber music. It is by audition only and is coordinated by the MSU Division of Music. Saxophone, bassoon, clarinet, French horn, oboe and flute auditions were added this year. Erik Anderson is the current administrator.

For further information, contact Erik Anderson at 858-3576 or erik.anderson@minotstateu.edu or visit www.minotstateu.edu/dcm.



Dianna Anderson, Jon Rumney and Erik Anderson

Piehl's 'Cowboy Stuff' displayed through August

Walter Piehl, art professor and international artist, brings his artistic works to the Hotel Donaldson in downtown Fargo through the end of August. He will showcase his works from the "Cowboy Stuff" collection, with all works for sale.

Piehl describes "Cowboy Stuff" as mostly still-life art depicting boots and saddles incorporated over old maps, resulting in a colorful collage of cowboy accoutrements.

Piehl is widely recognized as one of North Dakota's senior painters and as the artist who singularly pioneered the contemporary cowboy art movement.



COWBOY STUFF



Left to right: Wade Regier, Jay Altringer, Rick Hedberg, Greg Fjeld.

MSU hosts seventh annual golf tour in area communities

Minot State University alumni and friends are invited to participate in the seventh annual “Friend-Raising Golf Tour.” The summer tour will stop in six cities: Rugby on Thursday (June 14), Stanley on Tuesday (June 19), Bottineau on July 3, Garrison on July 17 and Kenmare on Aug. 2. The tour visited Velva June 5. MSU will recognize area students receiving 2012-13 scholarships at each event. These dates are subject to change.

The motto for the tour is “Golf One or Golf Them All.” The format for each tour stop will be a four-person, 9-hole scramble. Registration will begin at 4:30 p.m., with a shotgun start at 5 p.m. A social will immediately follow completion of golf. Non-golfers are welcome to attend.

“We have great relationships with alumni and friends of MSU in every community where we golf,” said Janna McKechnie, director of alumni relations and annual giving. “Each community is so hospitable, and we look forward to another great golf tour!”

Golfers are responsible for their own green fees and cart rentals. Meals and refreshments will be provided by the course, and purchase is optional.

Transportation from Minot State to each course will be available at no charge. Reservations for transportation and meals are requested one week before the date of each outing.

Prizes and T-shirts will be awarded at each event. The “Friend-Raising Golf Tour” is sponsored by MSU Alumni Association, Advancement Office, Athletic Department and the Marketing Office. Call the MSU Advancement Office with questions or to register at 858-3234 or 701-800-777-0750, ext. 3234, or visit the website, www.minotstateu.edu/alumni.

New staff aboard

Minot State University would like to welcome two new employees, Holly Hassler and Stacy Wold.

Hassler is the administrative assistant for the Athletic Department. She holds a bachelor’s degree in communication from the University of Mary.

Wold is a custodian with the Office of Facilities Management.



Hassler

MSU held energy education seminar for secondary school students

Minot State University hosted “Experience in Education for North Dakota Secondary School Students,” a summer seminar for next fall’s high school juniors and seniors, June 4-8. With North Dakota’s abundance of natural resources, such as wind, coal and oil, students learned from energy-industry experts.

“This unique five-day immersion into the energy industry gave high school participants insight to approach career decisions as confident candidates by providing a solid foundation in the fundamentals of the oil, gas and energy industry,” said Tolu Oni, finance instructor, one of the two MSU presenters. “They left motivated after gaining teamwork, presentation and writing skills.”

Associate Professor Frank Moseley also brought a wealth of experience from the energy profession to the classroom. With over 25 years of experience in the oil fields, he holds a doctorate degree in mineral economics with a major in business strategy and finance. Moseley founded a private international oil-service company. He shared his multinational energy experiences with the students.

Morning sessions were spent with experts from significant companies in the energy field. In the afternoons, participants took interactive trips to the oil field, wind turbines and other energy sites.



Mark your calendars

- Aug. 13-14 — New faculty orientation
 - Aug. 15 — President’s Convocation.
 - Aug. 15 — MSU Fall Kickoff.
 - Aug. 16 — Move-In Day.
 - Sept. 15 — Homecoming parade and football game
- Additional details will be forthcoming.



Left to right: Heather Golly, Casey Seltvedt and Courtenay Burckhard assess a student-athlete's injuries.

MSU graduates charter class of athletic trainers

Athletes often share a common bond: love of the game and discipline to persevere. Three former student-athletes completed this journey in May, graduating as athletic trainers from Minot State University, representing the program's inaugural class.

Five years ago, assistant professor Heather Golly became the program director of a new athletic training education program and created a curriculum designed to meet accreditation requirements and recruit students. The program grew in popularity, and admission today is fiercely competitive.

"I started out studying corporate fitness," Seltvedt recalls. "Then I talked to Dr. Golly about the athletic training program, did some research and realized 'Wow! That's what I want to do.'"

Courtenay Burckhard played volleyball at Williston State College and followed Coach Johnna Torr to MSU.

"I followed Johnna to MSU and originally thought I'd study pre-physical therapy within the realm of sports management," Burckhard said. "After looking into the athletic training program, I decided to stick around." Both Seltvedt and Burckhard decided to study athletic training and corporate fitness.

Carrie Eder came to MSU to study generals before pursuing her degree in dietetics.

"I originally thought I'd spend two years at MSU, then head to Fargo to study dietetics," Eder said. "I saw the athletic training program in the undergraduate catalog and after talking to Heather Golly, — she was so informative and passionate — I decided I was more interested in sports management than nutrition."

This spring, the Commission on Accreditation of Athletic Training Education reviewed MSU's athletic training education program and will notify MSU late summer regarding its accreditation status. Until then, the women are unable to sit for the Board of Certification exam or work as athletic trainers.

Seltvedt would like to return to Harvey and become an

athletic trainer in area schools. Someday, she wants to operate an athletic rehabilitation clinic and work with a team of physical therapists, chiropractors and massage therapists on injury recovery.

Burckhard prefers working with sports teams, especially hockey.

"I didn't know much about hockey before my clinical rotations," Burckhard said. "Now I am a crazy fan. The games are fast paced, high intensity and you see a lot of injuries. A good AT has to be knowledgeable in their craft and able to respond immediately."

Eder would like to contract with Williston State College or the public schools to work with student-athletes.

"I really enjoy working with student-athletes. You always see something different," Eder said. "An athletic trainer has to be at practices and games — it's a lot of work, but I couldn't be in an office for the rest of my life."

MSU nursing honor society initiated 10

Omicron Tau Chapter of Sigma Theta Tau International, Nursing Honor Society held its annual induction ceremony April 19. Jill Fuller, a former Minot State University nursing faculty, presented the keynote address "What scholars can do." Fuller, an alumna, is president and chief executive officer of Prairie Lakes Health System in Watertown, S.D.

The following new inductees will graduate in December: Sharon Dickman, Juan Quesad and Marlee Wunderlich, Minot; and LanaLee Lambrecht, Minot Air Force Base. Inductee Christopher Gordon, Minot, graduated in May. Heidi Terrell, Spring, Texas, is a student in the RN to BSN Program through MSU.



The community nurse leaders inducted included Nicola Roed, MSU Department of Nursing chair; Rachel Hmidan, Trinity Homes; Thomas Seabolt, Alicia Rossow and Jennifer Shaw, Trinity Mental Health.

Sigma Theta Tau, an international society of scholars, focuses on world health through a global community of nurses who lead in using knowledge, service and learning. Eligibility requires students to have completed half of their education program and be academically ranked in the upper one third of their class. Community nurse leaders are obligated to make excellent contributions to the field of nursing.

For more information, contact Marita Hoffart, MSU adjunct nursing faculty, at maritia.hoffart@minotstateu.edu.

Wellness works

Fitness basics

Starting a fitness program may be one of the best things anyone can do for their health. After all, physical activity can reduce risk of chronic disease, improve balance and coordination, help with weight loss — even boost self-esteem. And the benefits are there, regardless of age, sex or physical ability.

The Department of Health and Human Services recommends that healthy adults include aerobic exercise and strength training in their fitness plans, specifically:

- At least 150 minutes of moderate aerobic activity — or 75 minutes of vigorous aerobic activity — a week
- Strength training exercises at least twice a week

Regular exercise can help control weight, reduce risk of heart disease and strengthen bones and muscles. But if someone has not exercised for some time and has health concerns, the person may want to talk to a doctor before starting a new fitness routine.

When designing a personal fitness program, individuals should consider their fitness goals. They should think about their fitness likes and dislikes and note personal barriers to fitness. Then consider practical strategies for keeping a fitness program on track.

Starting a fitness program is an important decision, but it doesn't have to be an overwhelming one. By planning carefully and pacing themselves, people can make fitness a healthy habit that lasts a lifetime.

Announcements

MSU participates in Apple Recycling Program

Minot State University will again participate in the Apple Recycling Program. In preparation for the August deadline, Information Technology Central and facilities management staff are available to pick up unusable electronic equipment, such as computers, monitors, televisions and printers. All e-waste items must have a completed “Change of Inventory” form attached and be MSU-owned. No personal e-waste is allowed under this free program. The recycling process, which includes palletizing and shrink-wrapping all scrap items, will continue through the spring and summer months.

Please contact the Help Desk at 858-4444 to request a pick-up. Thank you for your continued support and participation.

— *Cathy Horvath, information technology director*

Northwest Art Center lecture series topics or speakers sought

The Northwest Art Center is currently scheduling speakers for the 2012-13 lecture series. Faculty and staff members who have research they would like to present to the public or suggestions for potential speakers can contact 858-3264 or nac@minotstateu.edu.

— *Avis Veikley, Northwest Art Center director*

In the galleries

June 16-27 — “Pillars,” senior exhibit by art students Kelsey Mehrer and Alicia Brandt, Library Gallery.

July 11-Aug. 9 — “From My Head to Your Eyes,” capstone mixed-media exhibition by art student Courtney Halverson, Hartnett Gallery.

The opening reception for “From My Head to Your Eyes” is July 14, Hartnett Gallery, 6:30-8 p.m.

Faculty and staff achievements

The Office of Public Information proudly shares the many accomplishments of faculty and staff with the campus community in every issue.

Bev Alex, administrative assistant for the Athletic Department, was installed June 9 as treasurer of the Dakota State (North and South Dakota) Auxiliary of the Fraternal Order of Eagles. **Linda Benson**, public information specialist, chaired the Head Injury Hi Soaring Eagle Ranch Charity Committee. **Melanie Moore**, testing coordinator and administrative assistant for the Student Development Center, served as junior past president during the organization’s convention June 6-9 in Dickinson.

Tom Alexander, North Dakota Medicaid Infrastructure Grant project director, was recently elected chair of the North Dakota Disabilities Advocacy Consortium and Minot Housing Authority boards of directors. He was also re-elected chair of the Housing Alliance of North Dakota board.

Amy Armstrong, Darren Seifert and Vicki Troftgruben, North Dakota Center for Persons with Disabilities, received degrees from Minot State University in May. Armstrong completed a Master of Education with a major in special education. Seifert earned a Bachelor of Science in mathematics, while Troftgruben holds a Master of Science in management.

Lindsey Benson, Merri Jo Connole, Dale Gehring, Kathy Nelson and Laurie Weber, financial aid; **Tiffany Fylling**, POWER Center; **Pam Hopkins**, Veterans Center; **Kelly Lichtenberger**, math and computer science; and **George Withus**, Information Technology Central; helped with College Goal Sunday.

Lynda Bertsch, Mikhail Bobylev, Ann Bougard, DeVera Bowles, Penny Brandt, Jancy Brisson, Mallory Brodal, Karen Brunner Wright, Melissa Cantone, Linda Cresap, Tiffany Fylling, Shan Haarsager, Korie Huettl, Dick Jenkins, Julie Keller, Deb Kinzell, Roger Kluck, Lenore Koczon, Sue Krebsbach, Gerri Kuna, Teresa Loftesnes, Heather Martin, Annette Mennem, Crystal Michels, Jolina Miller, Kathy Nelson, Cassie Neuharth, Cari Olson, Lynda Opp, Scott Peterson and other facilities management staff, **Linda Pettersen, Diane Pierson, Jana Schultz, Celeste Simmons, Erica Sundahl, Connie Teets, Laurie Weber, Darla Weigel, Deb Wentz and Amy Woodbeck** assisted with the commencement ceremony.

Sarah Carr, Great Plains Autism Spectrum Disorders

Treatment Program research associate, spoke April 26 at a seminar sponsored by Oliver Mercer Autism Spectrum Connections in Hazen.

Merri Jo Connole, financial aid counselor, provided information about saving for college and financial aid at the Minot Public Schools Community Learning Center annual spring picnic and open house at Washington Elementary School. CLC operates after-school enrichment programs at Minot elementary schools.

Donna Weishaar, Minot Infant Development Program secretary, coordinated NDCPD soup days, where NDCPD staff and other campus members paid \$2 and ate soup. The \$568.66 raised went to community initiatives, such as the MSU Flood Family Fund, the Souris Valley Humane Society, the Domestic Violence walkathon, the Salvation Army, the Minot Zoological Society and MSU's Ilza's Angels Relay for Life team for the American Cancer Society.

Hilory Liccini, GPAST Program project director, was recently appointed to the North Dakota Individuals with Disabilities Education Act Advisory Committee. This advisory committee's purpose is to advise the state superintendent

of public instruction in collaboration with the state director of special education how to promote educational opportunities and services for children with disabilities and their families.

Narayan Thapa, assistant mathematics professor, was appointed as a reviewer of "American Journal of Fluid Dynamics," a peer-reviewed journal. His research paper, "Optimal Parameters for Klein-Gordon Equation with Neumann Boundary Condition," was published in International Journal of Pure and Applied Mathematics-IJPAM, Volume 77, No. 2 2012, 255-268. Another research paper, "Optimal Parameters for Klein-Gordon Equation with Neumann Boundary Condition" is accepted for presentation at the Mathematical Association of America Math Fest 2012 in Madison, Wis., Aug. 1-4.

Mark Timbrook, Office of Instructional Technology design specialist, adjunct history faculty member and author, and Leah Ronholdt, history student, presented "Written in Stone and Treading on Sacred Ground" at the 2012 Preservation North Dakota Conference in Wishek. The presentations focused on the preparation for and completion of a cultural resource survey on a historic cemetery.

Minot State University mission: Minot State University is first and foremost dedicated to the success of all students: their growth and development as educated citizens, their confidence, and their life-long devotion to the common good and the welfare of others.

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